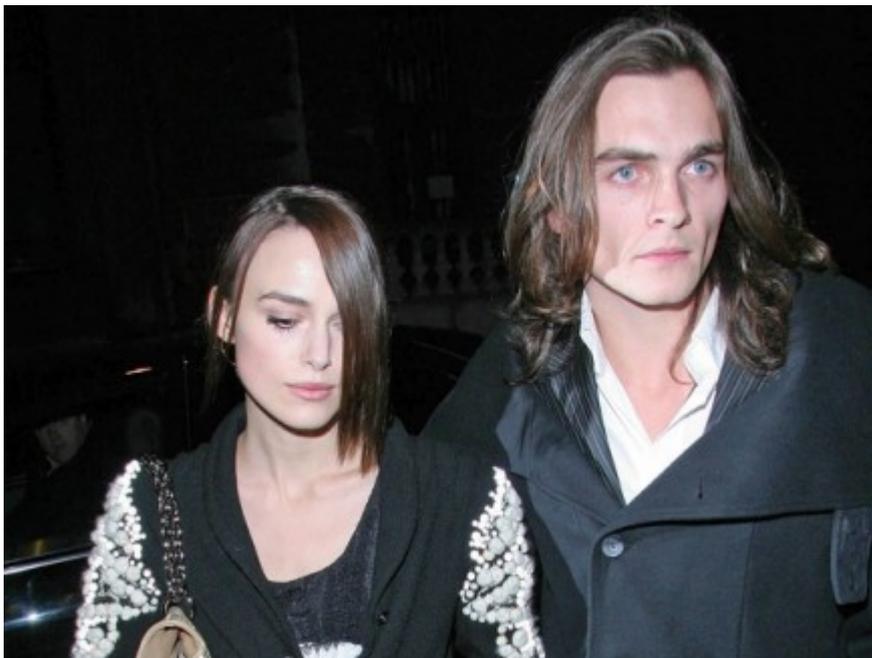


# Keira Knightley and Longtime Boyfriend Rupert Friend Break Up



An off-screen romance that bloomed during the filming of *Pride & Prejudice* has fizzled out. According to *People*, Keira Knightley and Rupert Friend broke up under the radar months ago due to distance and career factors. Knightley's father, Will Knightley, said, "They were together for quite a long time, and it is always hard breaking up. She's focused on her work." Here's hoping a few films and some new co-stars will help heal Knightley's broken heart!

**How do you know when you should pick your career over love, or vice versa?**

**Cupid's Advice:**

Many attest to the notion that you can have your career and love life, too. But is it really true? Cupid has some tips:

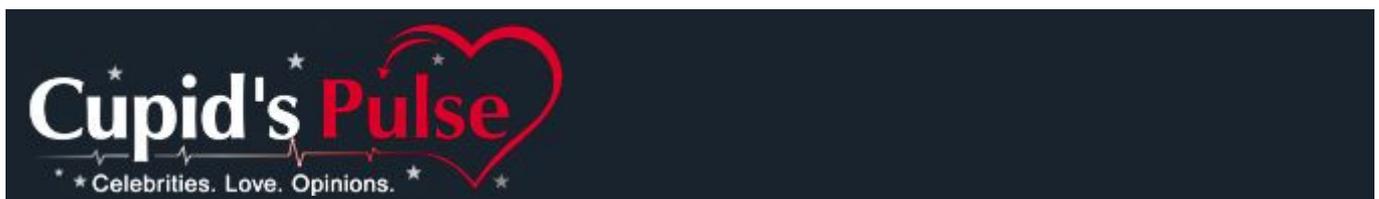
**1. Sacrifice:** When you find yourself making sacrifice after sacrifice, at the expense of your own happiness, it's time to prioritize. Relationships are about compromise, so you shouldn't feel like you're letting go of opportunities for your future, whether it be wedding bells or job promotions.

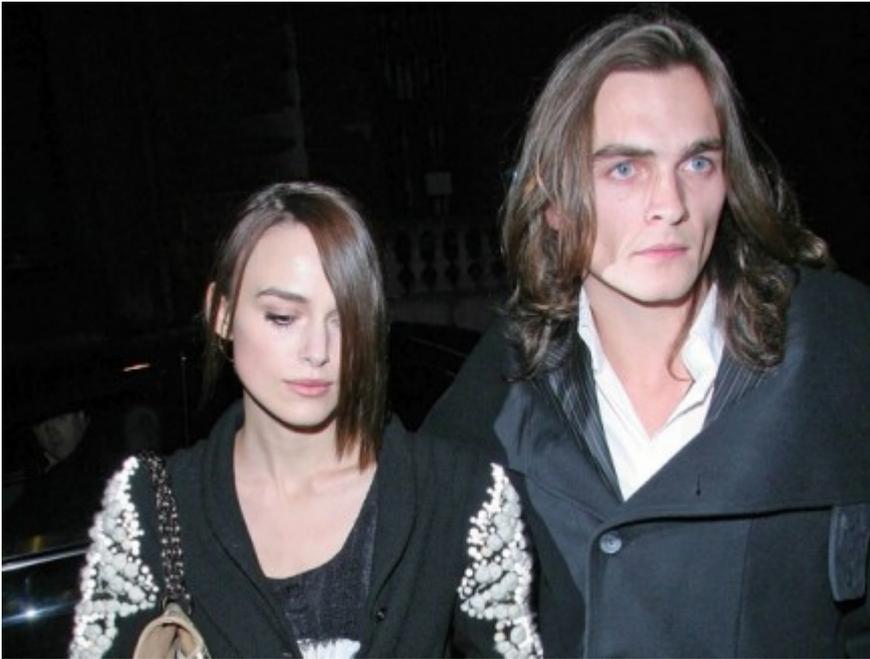
**2. Gut feeling:** If you start feeling your relationship fizzle because you're tackling more projects at work, ask yourself if you're being fair to your partner. On the other hand, if your work life is suffering due to your relationship, it might be time to scale back on that "quality time" you're spending with your partner.

**3. Goals:** Setting goals is always a smart idea! Not only are you motivating yourself, but you can also learn a lot about what you're looking for in life. Determine how much you value a relationship in your life versus how much you strive for a career. Perhaps come up with a ratio.

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## 'Sister, Sister' Star Tia Mowry and Actor Husband Cory Hardrict Are Expecting





Former *Sister*,

*Sister* star Tia Mowry and her actor husband Cory Hardict are expecting their first child this July, *People* reports. The expecting couple got married in 2008 in Santa Barbara, California. Mowry is currently on BET's *The Game*. A source close to the couple says, "This is something that they've wanted for a long time and they're thrilled." The pregnancy will be documented on a show for the Style Network.

### **What should you think about before having a child?**

#### **Cupid's Advice:**

Bringing home a baby is one of the most exciting new chapters a relationship can take on. But before you and your partner decide to add on to your family, sit down and consider just what all goes into raising a child:

**1. Cost:** Not only are babies expensive, but the pregnancy and birth is as well. New clothes for your growing belly and a new room to furnish are two other factors, so there's a lot of preparation that goes into those nine months leading up to the birth.

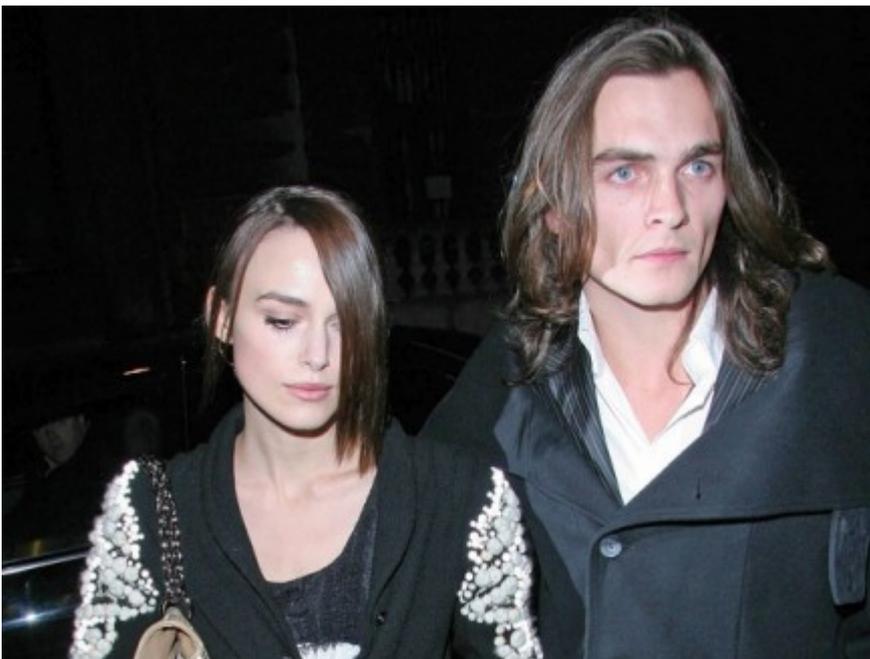
**2. New roles:** After your maternity leaves ends, decide who will be the breadwinner and who will be the caretaker.

Decide whether daycare is an option. Sometimes it is more convenient for the father to become a stay-at-home dad. Find out how he feels about that.

**3. Values and morals:** You and your husband may connect on every level and feel like you've discussed every topic there is, but bringing a child into the world will bring out a whole new slew of conversation starters. Come to a consensus about what values you will raise your children.

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## Jersey Shore's Sammie and Ronnie: Officially Over?



It's official!

*Jersey Shore* couple Sammie "Sweetheart" Giancola and Ronnie Ortiz-Magro have split up, according to Entertainment

Tonight. After dating on-and-off for three seasons of the hit reality show, the pair have ended their relationship for good.

The pair first connected on the first season of *Jersey Shore*, which was then followed by a second season picturing Ortiz-Magro in questionable scenes with other women. That said, Giancola told *People* that her on-again-off-again boyfriend is “an all-around good guy” despite their tumultuous relationship.

## **Are on-again-off-again relationships healthy?**

### **Cupid’s Advice:**

The path to love can often be tough, and every relationship requires commitment and hard work. Cupid has ways to tell if your relationship is in need of a health check:

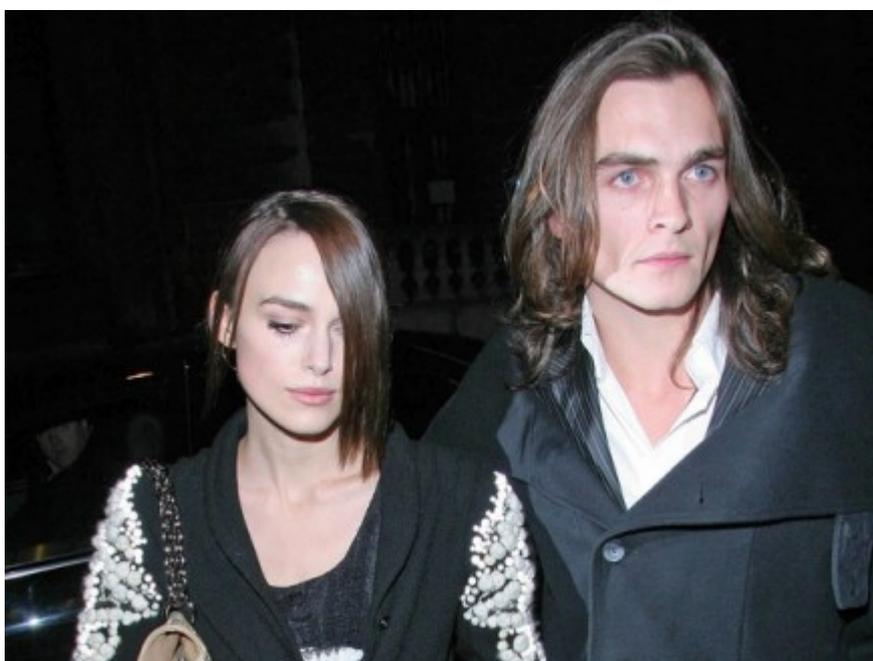
**1. Reason for staying:** Figure out what’s making you stick around. If you truly care for the person and want to make things work, maybe going back to an ex isn’t always the wrong decision. But if you’re only going back to him because you’re scared of change and don’t think you can do better, don’t do it!

**2. Feeling of responsibility:** Obligation is never a good reason to be with someone. Past feelings of guilt or just a feeling that you “should” be dating someone for a particular reason isn’t something that a relationship should be based on. If you get back with an ex, make sure it’s simply because you see a future with him.

**3. Resolving issues:** In order for your relationship to survive, resolve the issue that drives you both apart before getting back together. If neither of you want to change your ways, maybe it’s time to move on and start over with someone else.

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# Spotted: Zac Efron and Vanessa Hudgens Together



Can separation actually bring people closer together? It looks like that may be the case for ex-celebrity couple Zac Efron and Vanessa Hudgens. According to *People*, the pair were “constantly touching and kissing each other” at Friday evening’s SHG’S Eden Hollywood opening. Efron and Hudgens announced their split in December, but appeared to be more than friends on the dance floor. “Vanessa was bopping around with her arms up while Zac had his hands all over her,” the source says. “Vanessa had a smile on from ear to ear and the two were inseparable after that.”

**How can you hang out with an ex after a public breakup?**

## Cupid's Advice:

When you and your ex make your breakup public, any contact you have from then on becomes the talk of the day. If you had a public breakup but want to continue to hang out, Cupid has some tips:

**1. Be honest:** If you don't want the rumors to start, be up front. The best way to avoid talk is to tell your friends honestly that you and your ex are starting to hang out again, and it's nothing more than that. The more you tell them, the less they have to make up.

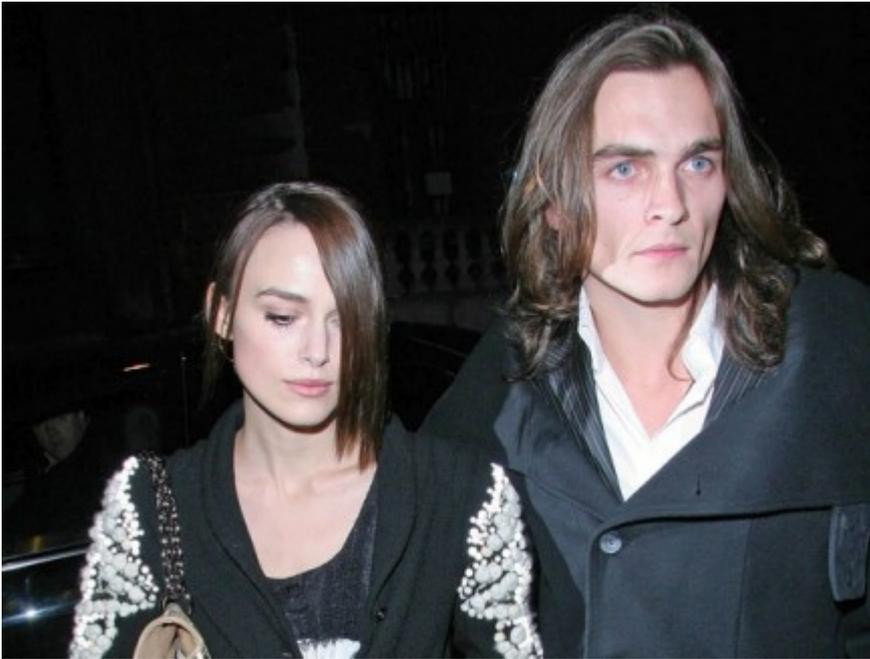
**2. Stay out of the limelight:** For some people, it's easier to go with the low key approach and risk the rumors than to face their friends. If telling those close is too much pressure, keep it to yourself as long as possible.

**3. Return to spotlight:** The best way to start fresh with your ex is to make your make-up just as public as your breakup. Invite your friends when you hang out with your ex. That way you can avoid the stress of secrets and put all rumors to a halt.

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# Denise Richards and Nikki Sixx Split





Even though sources say they were never more than casually dating, actress Denise Richards and rocker Nikki Sixx have decided to call it quits, according to *UsMagazine.com*. Charlie Sheen's former flame started quietly dating Sixx, the Motley Crue bassist, in December. Although a source originally said of the couple, "They have a lot in common and are taking things slowly," one of Richards' insiders insists, "It's crazy how this is being made out to be some big breakup. They were never exclusive or serious to begin with! I could count on my hand how many times they went out. They decided to try it and she was not interested."

**If you're not interested in someone, how do you tactfully let him know?**

### **Cupid's Advice:**

We've all been there. There's someone who's interested in pursuing something with you, but you're just not feeling it. Cupid has some ways to let someone know he's not "the one" in the least brutal way possible:

**1. Make it clear it's not his fault:** As you're explaining that you just don't see a future with this person, make it clear that it's nothing he's done specifically. It doesn't always

have to be a drama-filled declaration. Sometimes there's just no spark.

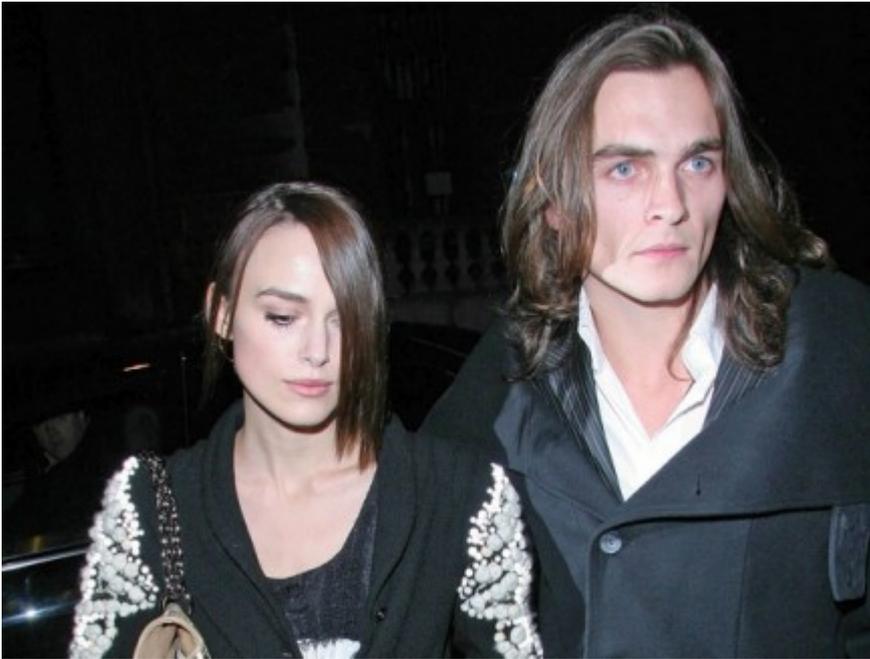
**2. Be humble:** There's no room for being a diva in this type of situation. The worst thing you can do is leave him with a feeling that you think you're better than him. In most cases, you're *not* better than him. You're just different people.

**3. Let him down gently:** Don't just walk up to him, say your piece, and leave. If he's interested in discussing why you feel the way that you do, be understanding of that and answer his questions. If you were in his position, wouldn't you want the same courtesy?

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## Kelly Osbourne Says She is Head Over Heels for Ex-Fiance, Luke Worrall





Despite a recent rant about ex Luke Worrall over Twitter, Kelly Osbourne tells the British version of *Cosmopolitan* that she's still not over her former fiancé. According to *People*, Kelly Osbourne says that she has not been with anyone since splitting from Luke Worrall six months ago. "I think we need to spend time working on ourselves, but it doesn't erase the fact that I'm head over heels in love with him... I haven't been with anyone since Luke."

### **How do you get over your ex?**

#### **Cupid's Advice:**

Sometimes when we can't get over someone, we use anger to cover up our leftover feelings. Here are some tips on how to stop getting mad and start getting over him:

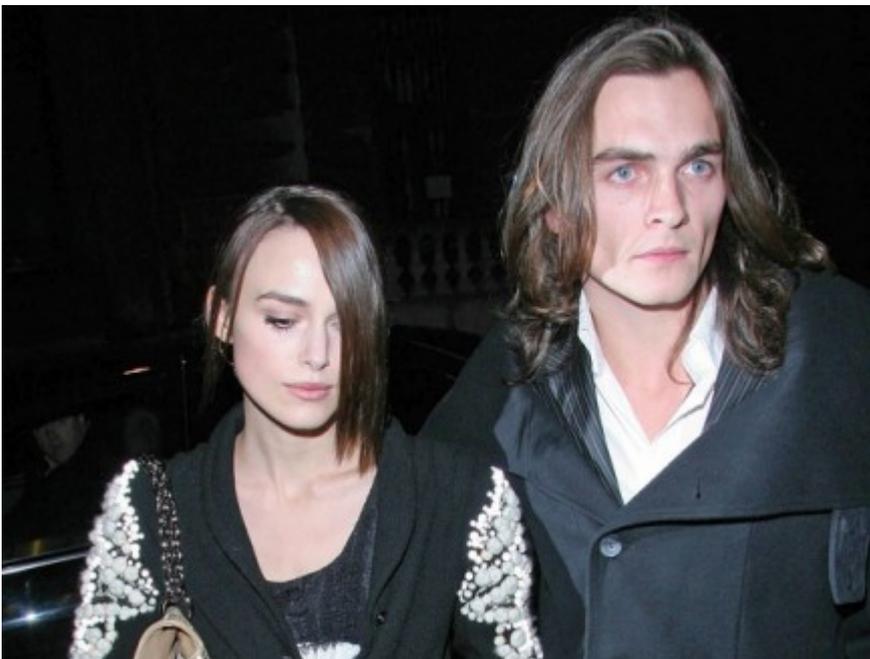
**1. Stop communication:** Delete your ex from your phone, don't answer his e-mails and refrain from checking up on him on Facebook. A clean break is almost always the best bet.

**2. Rebound:** While you should avoid getting in another serious relationship too soon after a breakup, get back out there and date around. It'll give you the confidence you need to start over.

**3. Lean on friends:** Don't expect to get over your ex alone. Complain, cry and forget about him with the help of your friends.

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## Black Swan Star Mila Kunis and Boyfriend Macaulay Culkin Split After 8 Years



After eight years together, Mila Kunis and Macaulay Culkin have decided to amicably end their relationship. According to *UsMagazine.com*, the couple went their separate ways months ago, but decided to keep it quiet while Kunis, 27, promoted *Black Swan*. The actress has never made her fear of settling down a secret. She even admitted to *Blackbook* in 2009 that although she

doesn't believe in marriage, she does want to have children someday. "I will have children," Kunis said. "I'm too selfish to have them now, but when I do, I don't feel like I need to be married. I need to have a person in my life who will care for me and my children – nothing else."

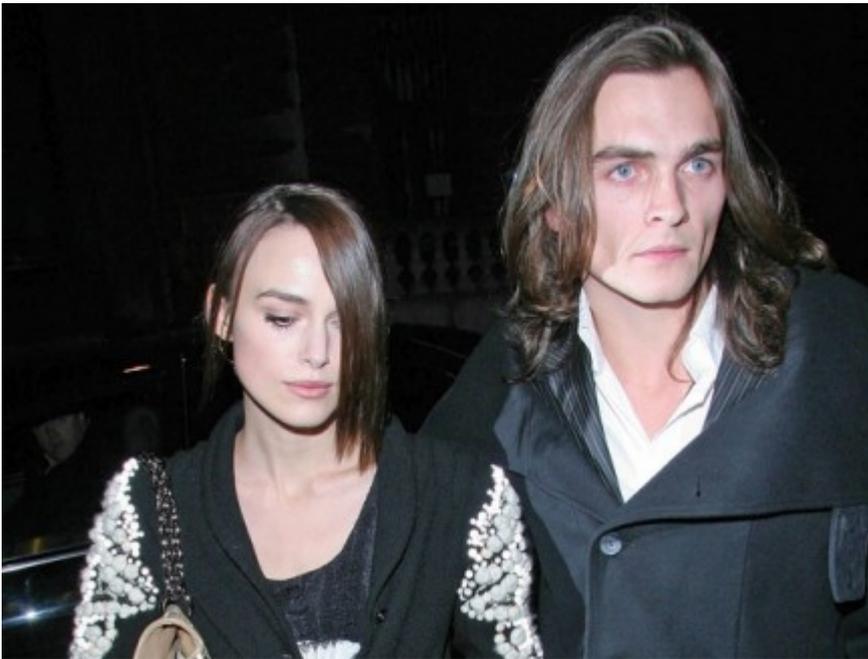
## **What are things to consider about your partner before you have kids?**

### Cupid's Advice:

Having children is one of the most important decisions you and your partner will have to make together. Cupid has some things to consider about your partner before you decide to reproduce:

- 1. Happiness:** Having a child is a lifelong commitment, and you have to be sure that your partner is content with his life and what he's achieved before you make the decision to alter both of your lives.
  - 2. Career:** Not only does having a child require a lot of money, but it also requires a lot of time. Both of these factors heavily depend on your partner's career.
  - 3. Wants in life:** Sometimes the pressure of feeling like you're *supposed* to do something in life can make you forget what you truly want. Make sure that you both want children for the right reasons.
-

# LeAnn Rimes and Eddie Cibrian Barred from New Year's Eve A-List Party



What's a celebrity couple to do when they're barred from attending a birthday bash? They just attend a party thrown in their honor to ring in the New Year of course! LeAnn Rimes and Eddie Cibrian found themselves missing from the guest list for a party hosted by the ex-boyfriend of Cibrian's ex, Brandi Glanville. According to E! Online, "They tried to get on the list, but he said no because of his allegiance to Eddie's ex-wife." It's time for Plan B! The newly engaged couple spent the night at Pink Kitty nightclub in Cabo.

**What are ways to overcome animosity from ex partners?**

**Cupid's Advice:**

Going separate ways is unfortunately not always a pleasant experience, but don't let the past keep you from moving forward. Cupid has a few tips on overcoming ill will from an ex:

**1. Take the higher road:** In the words of Sandra Bullock, "Whoever established the high road and how high it should be should be fired." Yet Bullock still maintains grace and poise by refusing to allow her ex to bring her down – as should you!

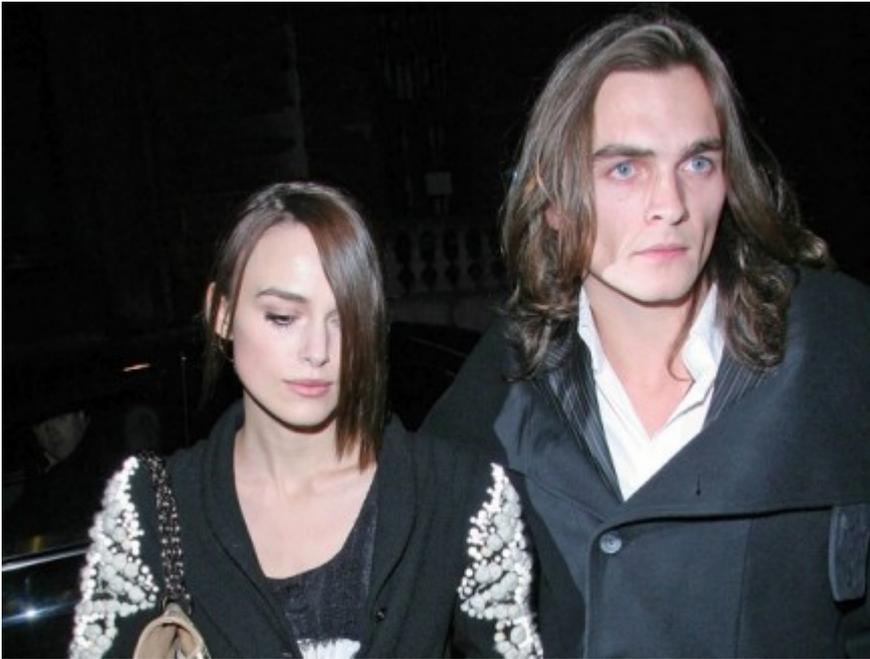
**2. Let it go:** Holding a grudge requires retaining a lot of negativity. Instead, focus not only forgiving your ex partner, but yourself as well. Move on.

**3. Settle your differences:** Forgiveness goes a long way, especially when you can both come forward and apologize for the past. Everyone makes mistakes!

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## Scarlett Johansson and Ryan Reynolds Get Together for Friendly Meal





Who says you can't be friends with your ex? Recently divorced Ryan Reynolds and Scarlett Johansson announced right after their split that they wanted to remain kind with each other. Well, they stayed true to that commitment last Friday! The ex-celebrity couple was seen sharing a "friendly meal" at Blue Ribbon in New York, and sources tell [People](#) that they were "smiling and laughing the whole time." The pair grew apart because of their demanding schedules, but they're not giving up on friendship! **To what degree should you remain friendly with your ex-partner?**

### **Cupid's Advice:**

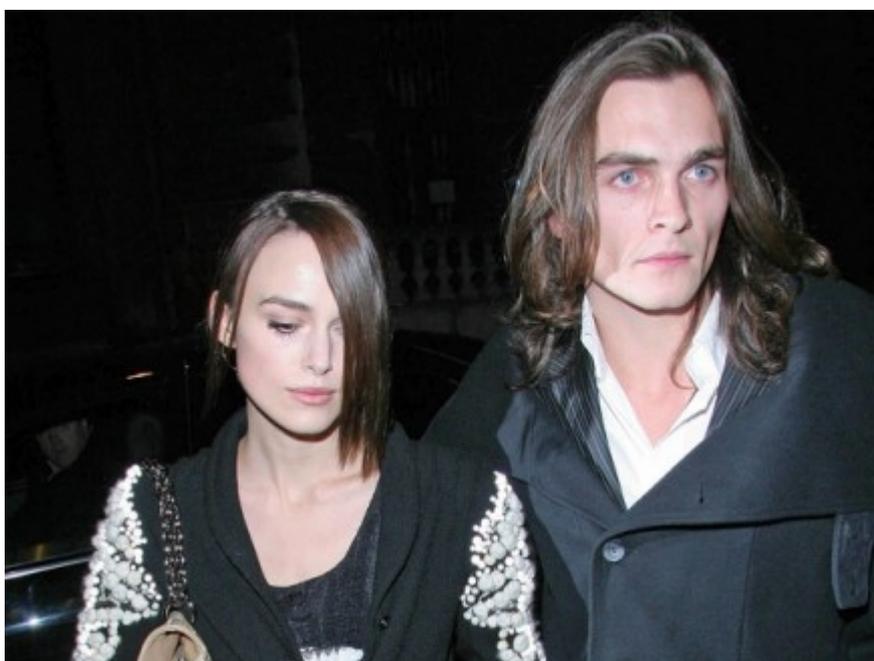
Ryan Reynolds and Scarlett Johansson are proof that you can remain friendly with your ex-partner. The question is, how friendly is too friendly? Cupid has some guidelines to follow:

- 1. Drop the pet names:** Some couples find it hard to get out of the habit of using pet names. Don't make this mistake! If you must use them after a breakup, try "bud" or "pal."
- 2. Keep gossip to a minimum:** When you're hanging out with your ex, make sure you know your boundaries when it comes to the "inside scoop" on your life. In other words, keep the details of your new love life to yourself.

**3. Don't be touchy:** When you go out with your ex for a friendly get-together, be sure to keep your distance: literally. If you're constantly hugging your past love, some past feelings are bound to make their way to the present. Try a friendly handshake as a healthy alternative!

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## Vanessa Hudgens Confirms Close Relationship with Ex, Zac Efron



Actress Vanessa Hudgens is not too distressed over her recent breakup with boyfriend of four years, Zac Efron. The actress spent Saturday night at Pure Night Club in Las Vegas, celebrating her 22nd birthday with BFFs Brittany Snow and Ashley Tisdale.

When asked about her current relationship with Efron, the young actress told [People](#), “We’re good.” **How do you stay on good terms with your ex-partner?**

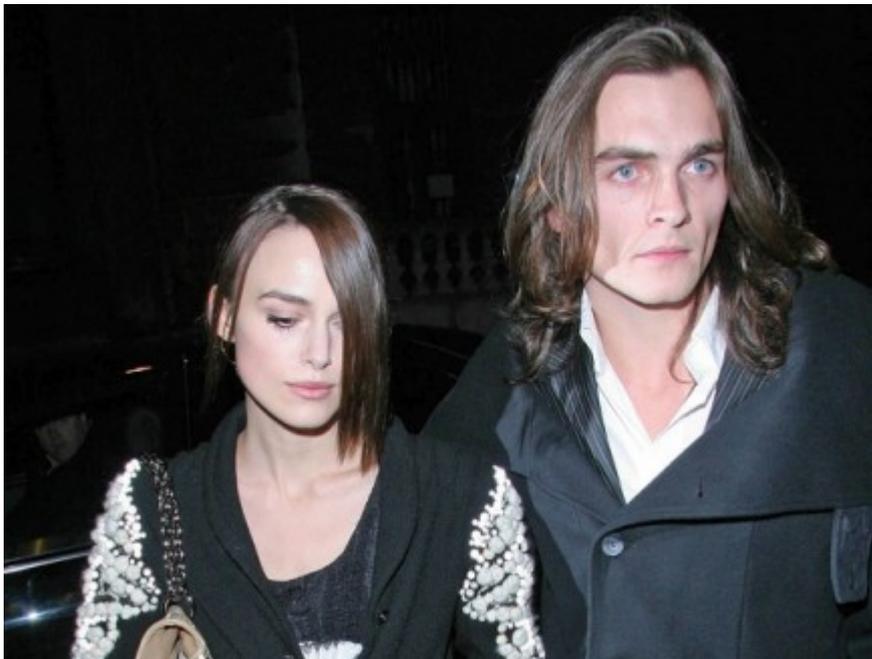
### **Cupid’s Advice:**

Staying friends with your ex after a breakup can be awkward, but it’s much healthier (and easier to move on) if the two of you can remain on good terms. Here are a few tips to help continue a friendship:

- 1. Don’t rush:** It’s best not to strike up a friendship immediately after your break up. Give each other some time and space. Start to rekindle your relationship after you’ve both had time to heal.
- 2. Date other people:** Try dating around for a bit, even if it’s nothing serious. This will help you avoid the temptation to get back together with your ex-partner. If you wish to remain close, make sure you keep it strictly platonic.
- 3. Avoid talking about the breakup:** Never bring up the past or your breakup with your ex. This conversation will only bring pain and possibly anger. It will strain your new friendship. Keep your conversations focused on the present and future.

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**Former ‘Hills’ Star Lo  
Bosworth Splits from  
Boyfriend of Two Years**



It's the end of the line for another Hollywood couple. According to [People](#), former *Hills* star Lo Bosworth and her boyfriend of two years, Scott Hochstadt, have decided to call it quits. A source close to the couple says, "They realized they are in different places in their lives. The timing was just off. The breakup is hard for both of them, but it's the most realistic thing at this point." Hochstadt and Bosworth had been living together, and Hochstadt was supposedly planning on proposing before the two decided to end things.

### **How do you know if the timing is right for a relationship?**

#### **Cupid's Advice:**

As much as you might love each other and want the relationship to work, sometimes two people are just in different places in life. Cupid has some ways to tell if the timing is right for your relationship:

**1. You have time for one another:** If you have too much going

on in your individual lives to make time for one another, it might not be the right time to be together.

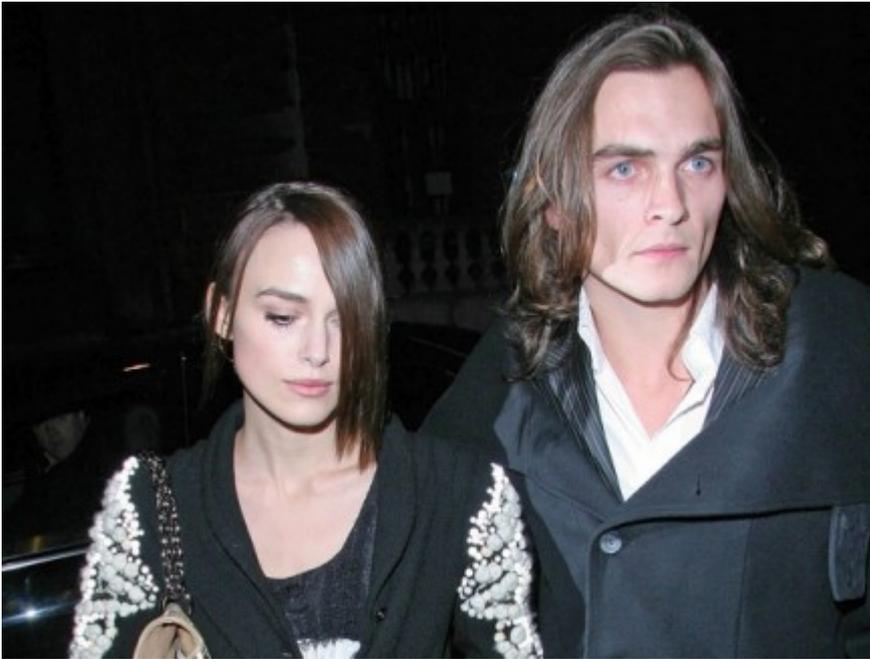
**2. You are genuinely interested in and respect what the other person is doing:** If you don't respect or appreciate the path that your significant other has chosen for his life, it might be a sign that you're going in different directions.

**3. You're constantly looking for an excuse to end things:** If every time the two of you have a problem or an argument you use it as a way out of the relationship, it might mean it's not the right time for a relationship. Only say you want to break up when you truly do.

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## Ryan Reynolds and Scarlett Johansson Split





Another prized Hollywood couple has decided to call it quits. Ryan Reynolds and Scarlett Johansson have officially separated with the intent to divorce, according to [People](#). In a joint statement they say, “After long and careful consideration on both our parts, we’ve decided to end our marriage. We entered our relationship with love, and it’s with love and kindness we leave it. While privacy isn’t expected, it’s certainly appreciated.” Although the pair were just seen out in NYC together last month, a source close to the situation says that it was Johansson who initiated the split. The two wed in 2008 in a private ceremony in Reynold’s hometown of Vancouver.

## **How do you start over after a divorce?**

### **Cupid’s Advice:**

There’s no doubt about it: divorce is devastating. Here are some tips on how to transition from living with your partner to living alone:

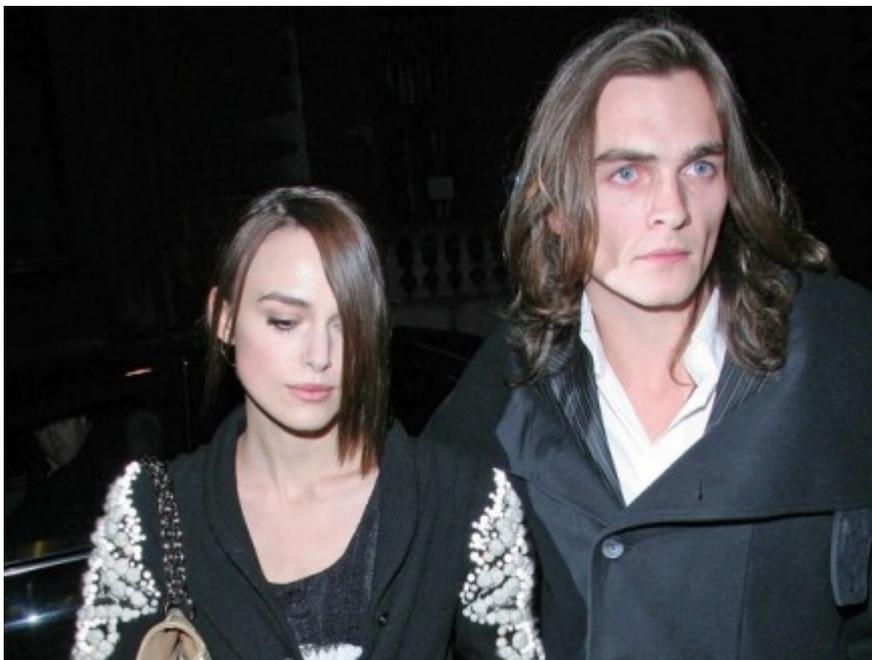
- 1. Get some “me” time:** First and foremost, take some time out for yourself before dealing with the “media” of your family and friends. Grab a close friend and head south a la ScarJo-style for some down time.

**2. Indulge in a hobby:** Spend some time doing things that make you happy before your divorce. The familiar routine will keep you sane for a little bit longer.

**3. Work it out:** Try exercise as a form of stress release. Endorphins will make you feel better, as they are natural pain and stress fighters.

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## Zac Efron and Vanessa Hudgens Split



Just like the end of the *High School Musical* saga, so ends the famous relationship that grew from it. After three years and multiple duets, Zac Efron and Vanessa Hudgens are calling it quits, according to [Us Weekly](#). A source explains, saying, “They have been together

for so long. It just ran its course. They are still talking and still friends. There's no drama. No one cheated. They just grew up." Some good things really do come to an end.

**How do you tell when a relationship's run its course?**

**Cupid's Advice:**

Sometimes, no matter how much you work at it, you can't make a relationship work. Here's how to tell when it's time to call it quits and move on:

**1. The butterflies are gone:** If you never get excited to see your partner anymore, even after you've been apart for long period of time, it may be time to move on.

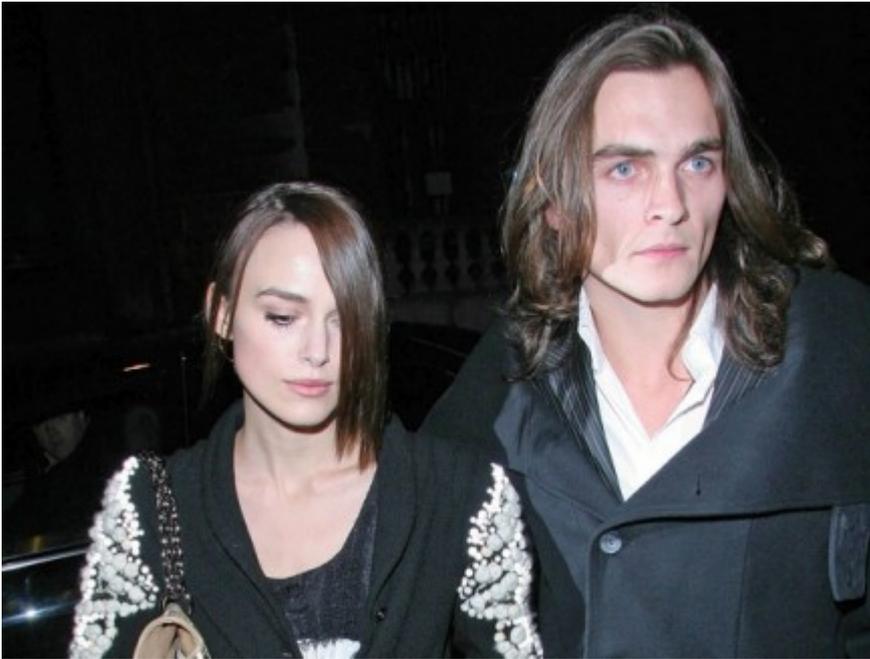
**2. You don't have anything to talk about:** If you find yourself searching for things to talk about or feel like the two of you have nothing in common anymore, then you may have outgrown each other.

**3. You can visualize a future without him:** If you can look ahead at your life and it doesn't include your current partner, it's probably a sign that it's just not meant to be.

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## **Elizabeth Hurley and Arun Nayar: Separated**





After four years, Elizabeth Hurley and Arun Nayar have decided to call it quits. The British model-actress and Indian textile heir were wed at a castle in England and then at a palace in India back in 2007. On Sunday, Hurley, 45, tweeted, "For the record, my husband Arun and I separated a few months ago." According to [Us Weekly](#), Hurley's declaration corresponded with a report claiming that she had an affair with Australian cricketer Shane Warne.

## **What are good ways to work on a rocky marriage?**

### **Cupid's Advice:**

Sometimes couples such as Elizabeth Hurley and Arun Nayar just can't get their marriage back on track, but that doesn't mean you shouldn't try. Cupid has some tips:

**1. Make time:** In order to work on problems with your special someone, you need to make time for him first. Whether it's romantic nights out or just a nice meal at home without the kids, alone time will play a big role in keep the romance alive.

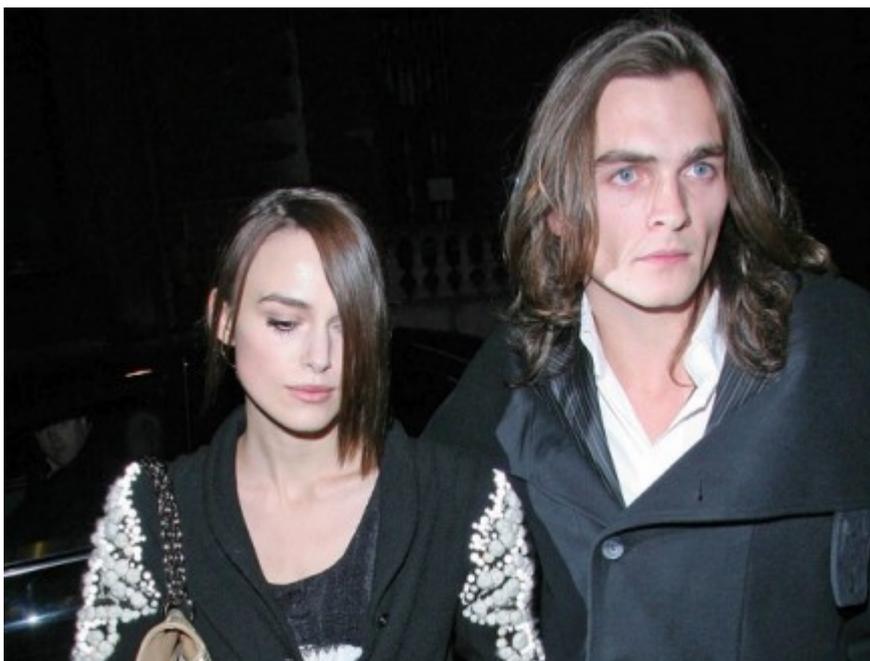
**2. Communicate:** If you feel like you and your partner are distant, work on communicating with him. Don't forget to

listen as much as you talk, because communication goes both ways.

**3. Be honest:** Above all else, make sure you are being honest with each other. Always try to be open about everything, and hide nothing. Trust is the core a great relationship.

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## Eva Longoria Parties with Pals After Divorce from Tony Parker



Eva Longoria was spotted out and about for the first time since filing for divorce from husband Tony Parker, [Us Weekly](#) reports. The

starlet was sipping champagne and chatting with friends at Hollywood hot spot Chateau Marmont over the weekend. Dressed in all black, Longoria was smiling and chatting with Jason Biggs and Kate Bosworth. Sources say she looked defeated and that, “She had a grin on her face, but every so often she would stare off into space and looked very sad and somber.”

**After a divorce, what are ways to cope?**

**Cupid’s Advice:**

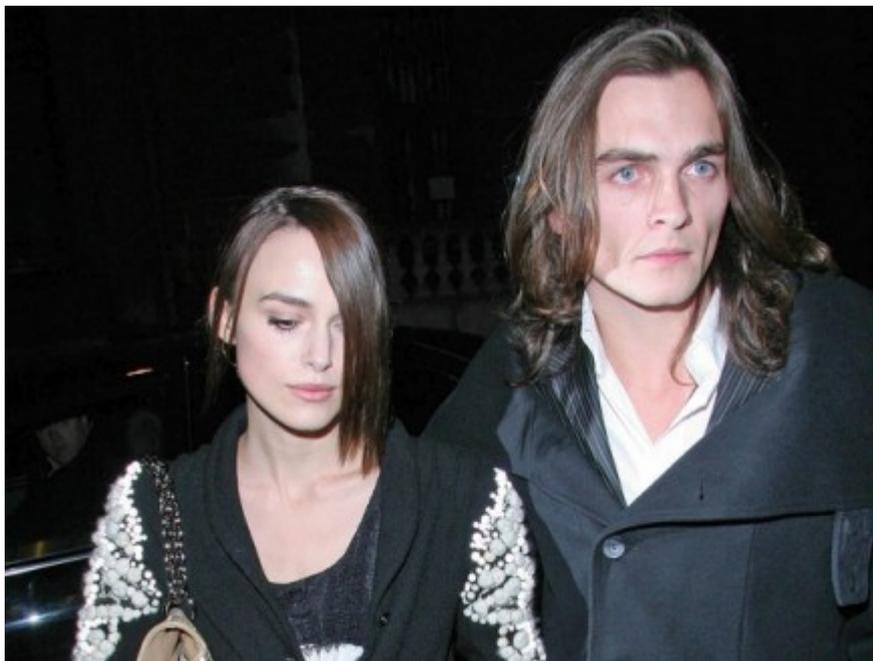
Public break-ups can be brutal, especially for celebrities. Who can forget Shannon Moakler’s notorious divorce party? Cupid has some ways to deal:

- 1. Lean on your friends:** You may feel alone, but you aren’t. Even if your friends are paired up, the BFF code means that you have support that is only a phone call away.
- 2. Take a break:** Get your mind off of your current situation by taking a much-needed vacation. Bring a friend along, or go solo to clear your head.
- 3. Celebrate with class:** Throw a break-up celebration of sorts, but keep it private and low-key. A public display of anger can come back to hurt you later in life, so it’s best not to go overboard.

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**Chelsea Handler Trashes  
Angelina Jolie for Jennifer**

# Aniston



Chelsea Handler has a mouthful of expletives ready for actress, Angelina Jolie when it comes to defending new best friend, Jennifer Aniston.

[Us Weekly](#) reported that while performing in Newark, NJ, Chelsea Handler did not hold back – even going so far as to include Angelina Jolie’s children. “She can rescue as many babies from as many countries as she wants to,” Handler said.

Does this mean the *Chelsea Lately* comedienne won’t be seeing Jolie’s newest movie, *The Tourist*?

**How can you help a friend after a breakup?**

## **Cupid’s Advice:**

Consoling and supporting your friend after a tough break-up is important. It’s a tough job, but if there’s anyone ready and willing, it should be her best friend:

**1. Be patient:** Going through a break-up is never easy. While

it may seem to be the only topic of conversation for a while, let them express how they feel – anger, guilt, remorse, and hopefully eventually, happiness. It's all part of the process of moving on.

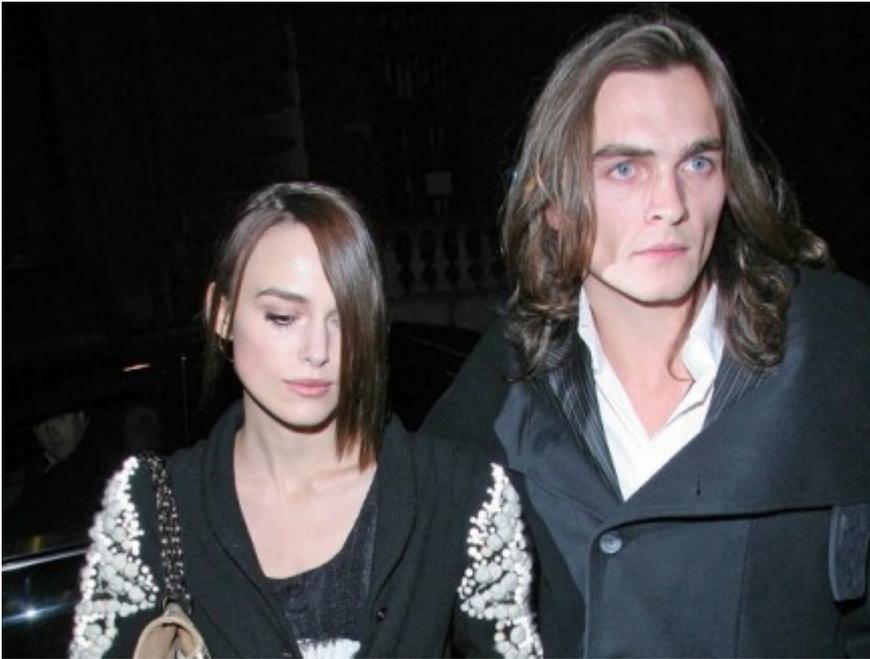
**2. Keep busy:** After your friend has gotten everything out, get her out of the house! Go out to dinner, indulge in a shopping spree, or hit the town to remind her how many opportunities await.

**3. Laugh it up:** They say laughter is the best medicine. While *Sex and the City's* Charlotte's incident in Cabo san Lucas might not be an option, put a smile back on your friend's face.

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## Neve Campbell Secretly Files for Divorce from Husband, John Light





Another celebrity couple has split! According to [Us Weekly](#), *Scream* star Neve Campbell filed for divorce from husband John Light in secret earlier this year, citing “irreconcilable differences.” The 37-year-old actress married her British actor husband, 36, in Malibu in 2007. This is the actress’ second divorce after being previously married to Canadian actor Jeff Colt.

### **How can you keep your divorce under wraps?**

#### **Cupid’s Advice:**

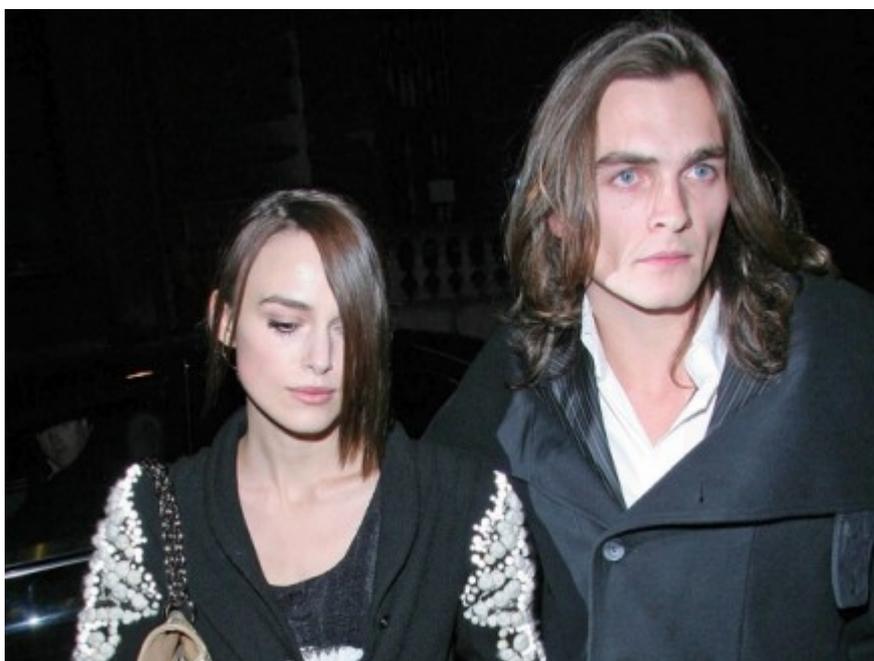
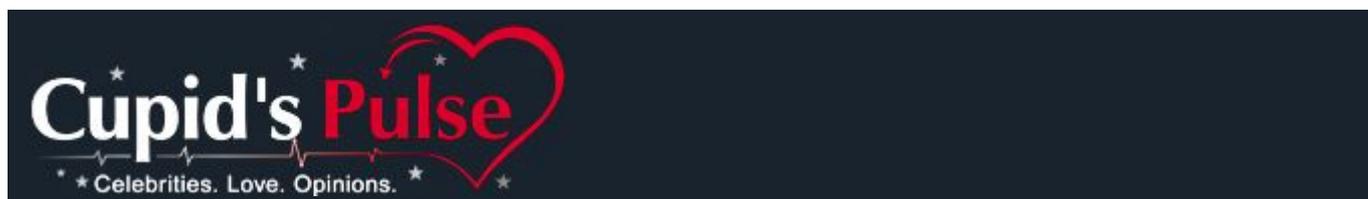
When you decide to part ways with your spouse, sometimes you just need some privacy for a little while. Here’s how to keep your divorce confidential:

- 1. Talk to your spouse:** You and your ex-partner should agree on when to go public with your divorce. Make sure you’re on the same page so that your mate doesn’t tell anyone too soon.
- 2. Don’t say the D-word:** If friends and family start noticing something has changed in your relationship, just tell them that you and your spouse are going through a difficult time, which is true.
- 3. Keep your records private:** Most people don’t realize that

divorce records are public information. If you don't want the public to be able to access your papers, file a motion to have your divorce documents impounded.

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## David Arquette Parties in Miami Following Separation from Courteney Cox



Post-separation from Courteney Cox, David Arquette hit the Miami party scene while simultaneously posting his escapades on Twitter. According to [People](#), the actor was quite the party hopper. He stayed at the Fontainebleau and made appearances at LIV nightclub and Arkadia. He even took time

out of his drinking schedule at get a tattoo of his grandfather. A source close to the actor revealed that much of this crazy behavior was a direct result of his separation from Cox. "He was dumped by his wife of 11 years. His answer to that is to go out and party and try to forget about everything and have fun."

**What are the best ways to temporarily forget about a breakup?**

### **Cupid's Advice:**

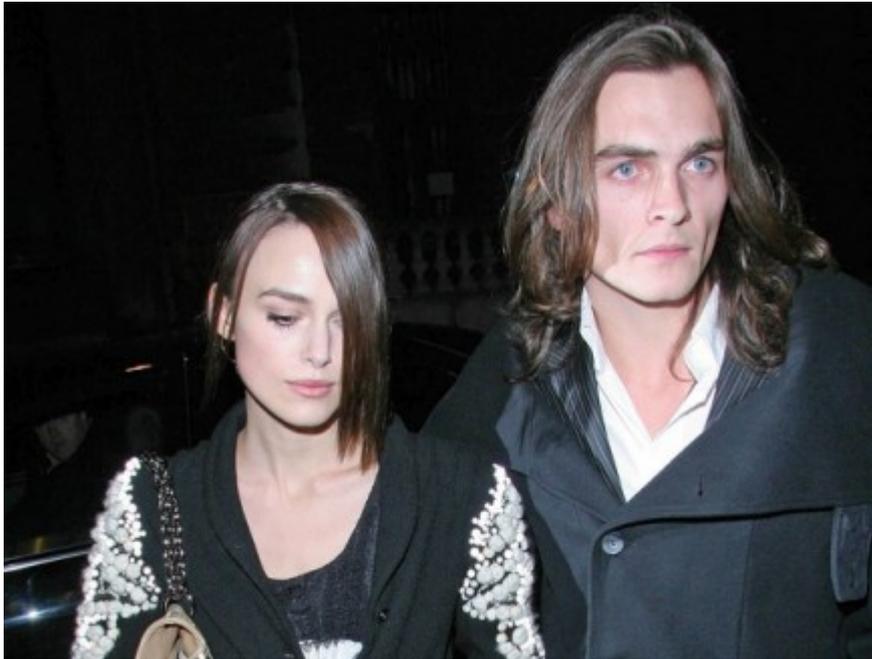
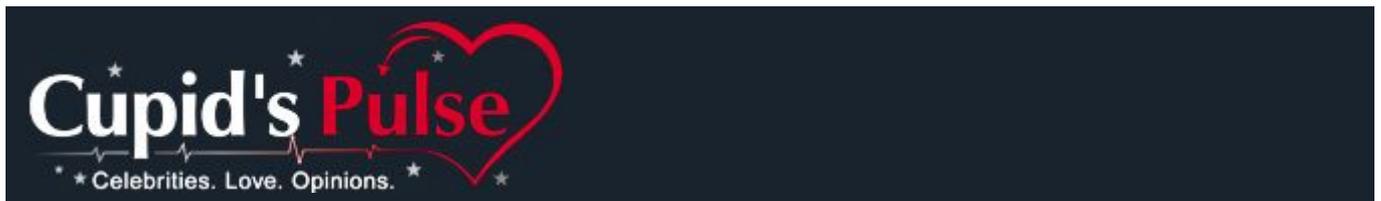
Though there is no best way to get over a broken heart, Cupid has some ideas for temporary relief:

- 1. Party responsibly:** There's nothing wrong with a night out on the town with friends after a break-up, but don't overdo it by drinking past your limit and doing something you'll regret.
- 2. Get away:** A vacation is a great way to forget about things for a while. If it's out of your budget, go to a spa or take a walk to get back in touch with nature. Anything you can do to rediscover yourself is a positive step.
- 3. Find a new hobby:** If there's an activity you've always wanted to pursue, now is a great time to look into it. Not only will it get your mind off of your break-up, but you may also make new friends!

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## **Tony Parker Responds: Files for Divorce from Wife Eva**

# Longoria in Texas



Apparently one set of divorce papers isn't enough. Just days after Eva Longoria filed for divorce from husband Tony Parker in California, Parker has counter-sued in Texas. Longoria's decision to end the couple's 3 year marriage was due to her discovery of a number of text messages between her husband and Erin Barry (wife of fellow San Antonio Spurs teammate Brent Barry).

According to [RadarOnline](#), since Longoria's filing, the only public comment Parker had to make about the split was to *People*, saying that he was aware that his wife was filing in California, while denying allegations that he had already filed in Texas.

## How do you cut out the drama in a breakup?

Cupid's Advice:

Breaking up is hard, but Cupid has some advice on how to make the split drama-free:

**1. Watch what you say:** Of course you're going to need to vent after a breakup, but make sure you're careful about what you're saying and to whom you're saying it. Once the bashing starts getting back to your ex, that's when the drama starts.

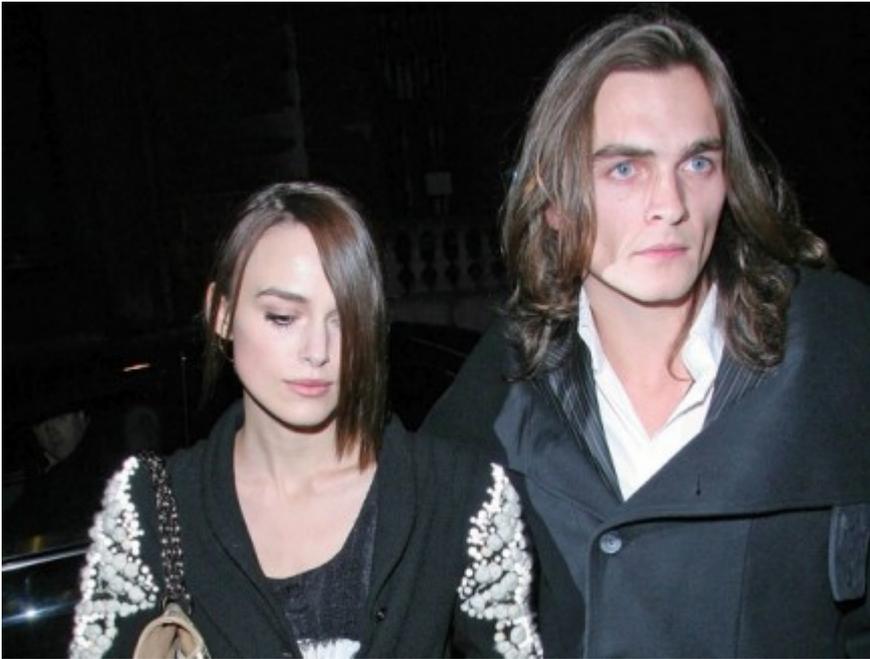
**2. Stop texting and calling:** It's hard to cut off all ties with someone who was such a big part of your life, but it's even harder to continue communicating with them. Take some time away from your ex.

**3. Deal with it:** There's a reason the two of you couldn't work it out. The faster you come to terms with the breakup, the less chance of drama there will be.

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## **Christina Aguilera Talks About Being a Single Mom After Divorce from Husband Jordan Bratman**





All Christina

Aguilera wants for her son, Max, who “is the happiest guy ever,” is “to see to it that he remains that way.” After filing for divorce on October 14<sup>th</sup> from her husband, Jordan Bratman, Aguilera looks to her own childhood for assurance when it comes to parenting. [RadarOnline](#) reports that the singer/actress was raised by a single mother as well, which “turned out fantastic.” Despite the confidence Aguilera exudes while promoting her new film *Burlesque*, she admits raising Max won’t be easy. She says, “It’s hard just being a working mom.”

**How do you regain control of your life after a divorce?**

**Cupid’s Advice:**

After a divorce, it can seem like life has spun out of control. Cupid has a few daily affirmations to keep in mind during your trying time:

**1. Forgive yourself:** Divorces are a stressful time for both parties. Allow yourself to bring closure to one chapter in your life and look forward to the beginning of new opportunities.

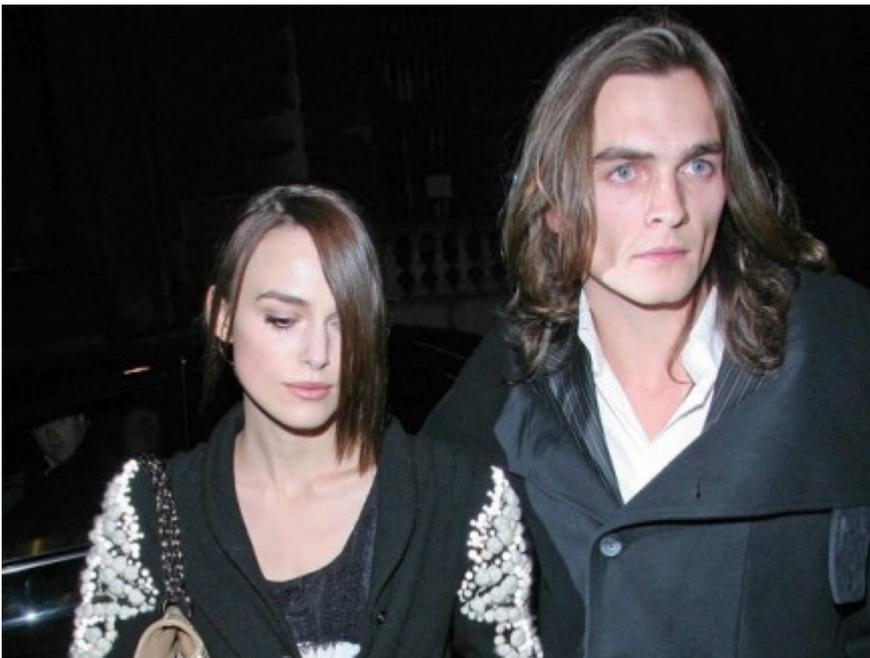
**2. Self-confidence:** There are things you can’t control, but

your mindset isn't one of them. There's nothing sexier than killer confidence.

**3. Set realistic goals:** After getting yourself back on track, set some goals for the future, whether they be career-oriented or hosting a weekly BYOB *Modern Family* night with close friends.

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## Sources Say Eva Longoria Plans to Divorce from NBA Star Husband, Tony Parker



Eva Longoria and Tony Parker are ending their three-year marriage, reports [Us Weekly](#). Parker had been exchanging personal text messages with

another woman for over a year, and Longoria found out. Sources say, "Eva is heartbroken by the betrayal...Once the trust was lost, the marriage was over." Longoria filed for divorce papers on Wednesday. Says an insider, "Eva truly thought she was going to grow old with Tony and have children with him. She's inconsolable."

## **How can you rebuild trust in a failed relationship?**

### **Cupid's Advice:**

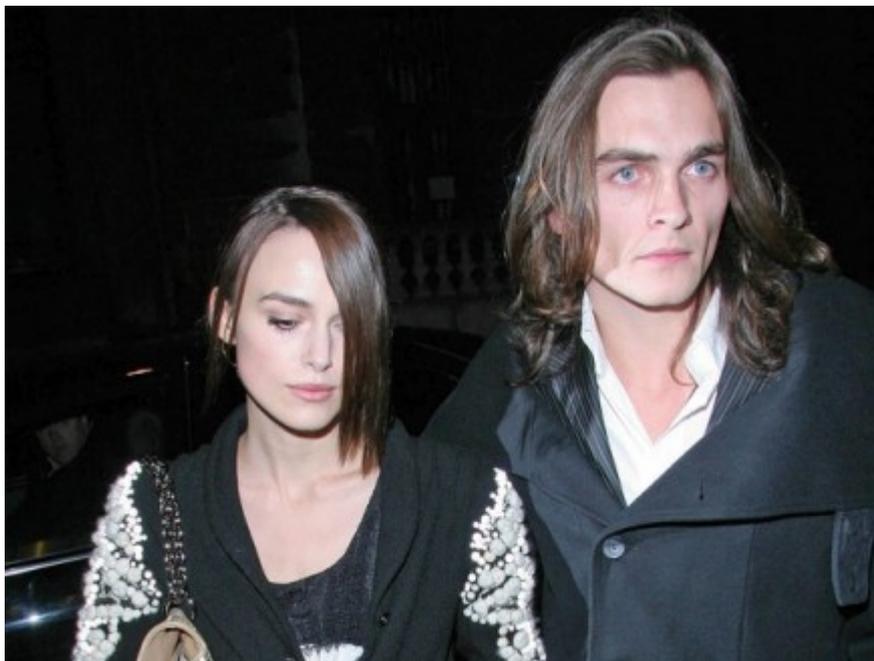
Whatever your mistake, trust is always the hardest element in a relationship to regain once it's lost. Here is some advice to help you and your boyfriend or husband reconnect:

- 1. Tell the truth:** When you've made a mistake, it's best to be completely open with your partner. At some level, they will appreciate the fact that you're telling the truth.
- 2. Ask questions:** Make sure to ask your boyfriend or husband how they're feeling. It's wrong to assume and predict emotions. In order to know how to handle the situation, make sure you fully understand your partner.
- 3. Give it time:** No problem can be cured overnight. Give your partner some time, and eventually the trust will reappear.

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## **Billy Ray Cyrus Refuses to Discuss Split from Miley**

# Cyrus' Mom, Tish



Billy Ray Cyrus won't talk about his "Achy Breaky Heart." During a radio interview on *Woody and the Wake-Up Call*, Billy Ray Cyrus walked out when Woody Johnson brought up the singer's pending divorce from Tish Cyrus. When asked about the split, Billy Ray Cyrus said, "Oh man. You know what bud? Woody Johnson. Woody Johnson. God bless America, God bless our troops. Woody Johnson, look at you." The couple, parents of actress/singer Miley Cyrus, filed divorce papers on October 26, and rumors have been flying about Tish Cyrus' alleged affair with rocker Bret Michaels.

**How do you avoid talking about intimate relationship details?**

Cupid's Advice:

While some couples may be loud and proud, you shouldn't broadcast every aspect of your relationship. Cupid has some tips on how to keep the intimacy in your relationship:

**1. Prioritize:** If you feel the need to dish about your relationship problems to a friend, pick the most important issue and confide in only one friend. Complaining about too many problems to too many people will bring on a bad reputation.

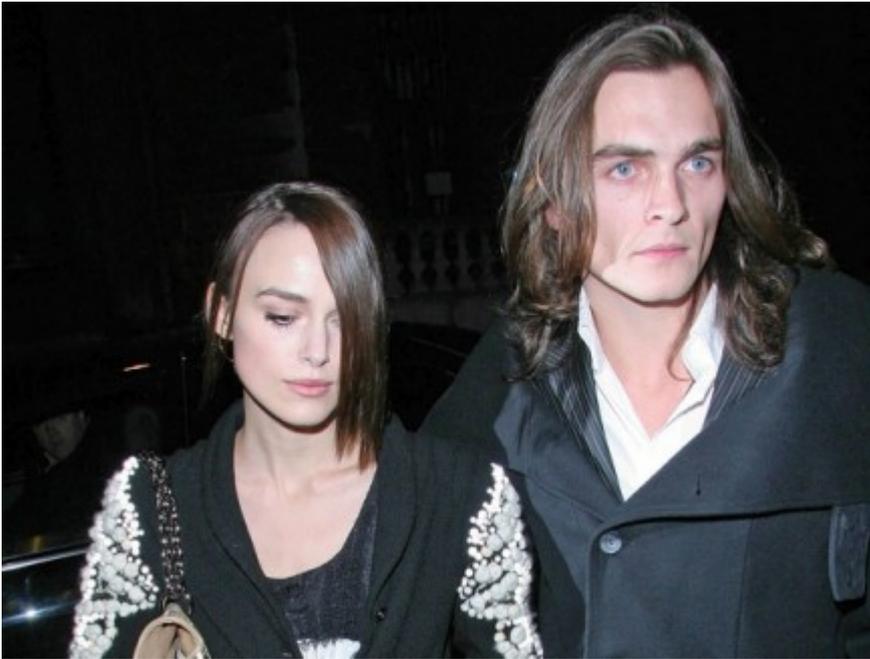
**2. Think before you speak:** If you talk about a problem with a friend, it may do more harm than good. Consider how your words will affect your partner and your relationship before you open your mouth.

**3. Be optimistic:** Bottling up feelings isn't healthy, but try to keep things in perspective by staying positive about minor spats.

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## Chris Evert Talks Divorce Recovery





After her divorce from pro golfer Greg Norman, tennis champ Chris Evert needed some time to get back on her feet. The two were married for just 15 months before separating last year. Chris Evert told [People](#), “I spent the summer in Aspen healing.” The athlete’s whirlwind romance with Greg Norman left little time for her family. “I was traveling a lot and just not around... My kids are dynamos and needed their mom,” she said, referring to her three sons from a previous marriage. “Things are back to normal, and my sons are my first priority,” she says. **How can you heal after a divorce?**

### **Cupid’s Advice:**

Divorce represents not only the breaking up of a relationship, but the end of life as you know it. Cupid has some tips on how to pick up the pieces after a divorce:

**1. Feel your pain:** Healing after a divorce doesn’t mean putting on a brave face and pretending everything’s great. Recognize that you are in pain, and don’t ignore your feelings.

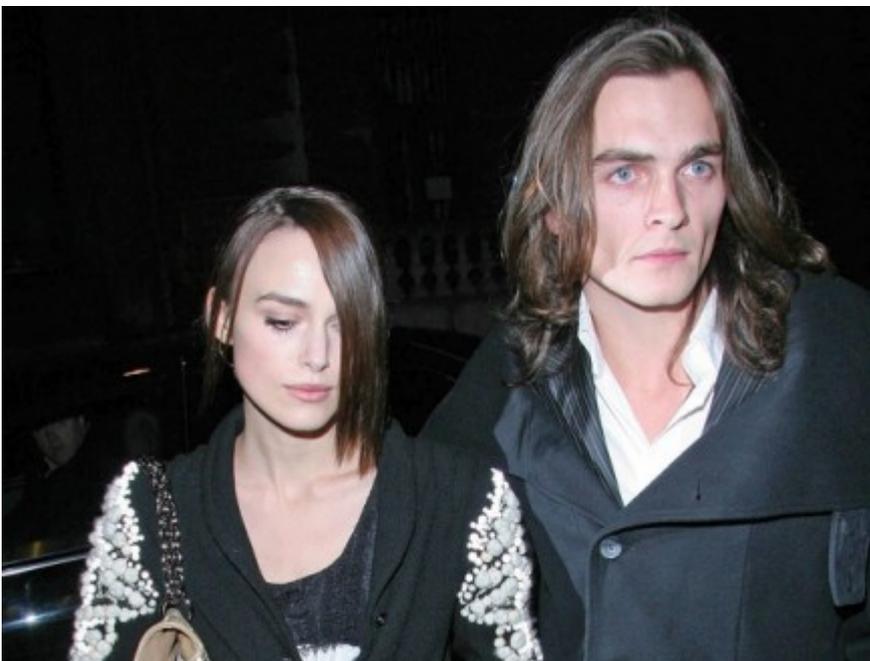
**2. Take responsibility:** Stop blaming your ex for everything that went wrong with your relationship, because it always

takes two. You can begin the healing process when you accept responsibility for your own actions.

**3. Talk to family and friends:** After her divorce, Chris Evert found comfort in spending time with her children again. Lean on friends and family after a breakup to help you cope.

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## Miley Cyrus' Mom Tish Had Affair with Bret Michaels



Could the reason for the split between Miley Cyrus' parents be due to her mom, Tish, having an affair with rocker Bret Michaels? [US Weekly](#)'s source seems to think so. The 17 year marriage between Tish and Billy Ray Cyrus is coming to an end as Billy Ray filed for divorce on October 27. Michaels was introduced to the Cyrus

family back in February when he and teen sensation Miley Cyrus released the duet "Nothing to Lose." Since then, Tish was spotted at Michaels' February 28 show in Los Angeles. Although reps for both Tish and Michaels deny that there is nothing more than a professional relationship between the two, Billy Ray is seeking joint custody for his three minor children he has with his soon-to-be ex-wife.

## **How do you handle the news of a parent's affair?**

Cupid's Advice:

Dealing with the possibility that one of your parents is having an affair is a devastating blow, no matter your age. Cupid has some advice on how to handle it:

**1. Sibling support:** If you have any brothers or sisters you can turn to, they would be your best bet for support. Families get torn apart and turned against each other when everyone begins to take sides on who's right and who's wrong. Even if you have friends who were in a similar situation, your siblings are the only ones who know exactly what you're going through. Lean on them.

**2. Know the facts:** Sit your parents down together and ask for the truth. They owe it to you as their child to tell you what's going on. You'll start to hear lots of different takes on the situation from family friends and family members themselves trying to persuade you to take one side over the other. Knowing the truth will help you disregard other rumors and come to your own conclusion.

**3. Find an outlet:** Whether it's finding a counselor or channeling your emotions through another hobby, you'll need a release from your family situation. It's normal to feel a slew of emotions, including anger toward one or both parents. Rather than taking it out by saying or doing something you may later regret, placing that energy into a hobby will help

you take your mind off of things in a healthy way.