

Rachel Bilson and Hayden Christensen Call It Quits For Good



Both the engagement and the relationship are over for Rachel Bilson and Hayden Christensen. According to UsMagazine.com, the couple just couldn't make things work. The pair met in 2007 on the set of *Jumper*. They were engaged a year later and called it off in the summer of 2010. It seems like this on and off couple may officially be on the outs.

How do you know what a relationship is truly over?

Cupid's Advice:

Sometimes relationships work and sometimes they don't. If you are in an on-and-off-again relationship that just doesn't seem to be working, the best course of action may be to move on:

1. Too much drama: If you are in a relationship where the

tears of make-ups and break-ups never seems to end, get out for your own sanity.

2. Boredom: Along with being over-dramatic, a relationship that is dead in the water can also be underwhelming. If your partner no longer excites or interests you it may be time to say, "Let's just be friends."

3. You don't trust your partner: If you're back with an ex and find that you can no longer trust them due to your painful past, don't walk ... run out of this relationship.

'Jackass' Star Chris Pontius' Wife Files for Divorce



Jackass star Chris Pontius has split with his wife of nearly seven years, Claire Nolan, reports UsMagazine.com. Nolan filed for divorce last

week in L.A. County Superior Court. The couple share no children.

If your partner files for divorce, how should you react?

Cupid's Advice:

While most people are aware if their spouse files for a divorce, there are occasions where one is caught by surprise. Here's how to handle being caught off-guard:

- 1. Confront your spouse:** Ask your spouse what made him or her file for divorce. Make sure you know and understand your partner's reasoning. Talk until you do.
- 2. Try to work out issues:** If a sudden call for a divorce has caught you off-guard, chances are that there are issues you and your spouse have not addressed. Take some time to talk about the problems at hand and see if there's any way to repair the marriage.
- 3. Contact a lawyer:** If your issues cannot be resolved, your divorce will most likely need to be settled in court. Take some time to find a good lawyer, as good lawyers can make the divorce proceedings much less painful.

Holly Madison and Boyfriend Jack Barakat Split





It looks like Holly Madison's romance with Jack Barakat is over, according to [People](#). The duo met on Twitter and continued to date under the radar until her December 31st birthday party, when they went public with their relationship. Madison didn't let the breakup get in the way of a fun weekend, however, as she seemed in a good mood while hosting a party with Brody Jenner at Chateau nightclub in Las Vegas last weekend. Despite the sad ending, Madison proved that there's more to be said for Twitter than status updates.

What are the benefits of meeting your partner online?

Cupid's Advice:

Of course meeting someone face-to-face has its own perks, but there are certain benefits to meeting your partner online as well. Cupid has a few:

1. Looks aren't as much of a factor: Sometimes people let physical attraction get in the way of getting to know someone personally. Although you may see a photo here and there, by meeting online you get to know the person before judging his or her appearance.

2. It's easier to be honest: When you're having a conversation with someone in person, it can be difficult to say what you

really mean. If your potential partner asks a difficult question, your first inclination may be to lie. When you're typing out your answers, it's simply easier to be 100% truthful.

3. You can go slow: In person, it can be easy to get caught up in the moment. If you meet online, you can take things as slowly as you need to without feeling as pressured to move forward.

After The Breakup: Should You Stay in Contact With Your Ex?



By Natalie from

Baggage Reclaim

One of the trickiest aspects of modern dating and relationships is the etiquette minefield that is keeping in

touch with your ex.

There are two important things to consider:

Are you over them?: Have you worked through the loss of the relationship, grieved your feelings good, bad, and indifferent, accepted that it's over and reached a point of not being emotionally invested?

What is your *purpose* for staying in contact?: If it's friendship pure and simple, working together or sharing kids necessitates contact, these reasons are understandable. Anything else is a hidden agenda.

Unless you were 'over' him by the time you broke up, you need space before contact.

Many people believe that the mark of a good person is one that can remain friends with an ex...even one that didn't treat them well in the relationship. As a result, often the 'dumper' pushes for contact because gaining agreement makes them feel less guilty. The 'dumpee' might push for contact so that they can be validated and try to potentially 'win' their partner back.

Those who break up pretty amicably and understand and accept why the relationship ended are often OK with letting a friendship evolve naturally. Those who want to ease their conscience or keep a foothold in case they change their mind or who are seeking validation and don't want to let go will not have the patience for space. They're afraid of their partner moving on without them.

If your motives are not purely friendship or for professional/civil reasons, evaluate what you're doing because your agenda will create expectations that your ex cannot or shouldn't meet. You're likely to seek emotional and affectionate displays that are not appropriate for a

friendship, and you may inadvertently try to control their agenda so that you don't have to let go. If you're keeping in contact in case you change your mind, you could be wreaking havoc in their lives. If you still look for things such as sex and attention from them, you are using them.

Remember if you have any other agenda beyond being friends or professional/civil, it means you're not their friend so you shouldn't be keeping in touch.

Bradley Cooper and Renee Zellweger Split



She'll be writing about this one in her diary. Reports from [RadarOnline](#) say that *Bridget Jones* star Renee Zellweger and Bradley Cooper, the star of *The Hangover* and *Limitless*, have broken up after

two years together. Neither have commented on the split, but sources have told UsMagazine.com that things ended following the release of photos which depict Cooper with another woman.

"I just don't want to talk about that," Cooper told Howard Stern while on the shock jock's radio show. Star Magazine revealed Cooper was sneaking around with Hollywood girls such as Sandra Bullock and Jessica Biel.

What are signs that you should move on from a relationship?

Cupid's Advice:

No relationship is limitless. Cupid has some signals that things have reached their breaking points:

1. No more sparks: If you can't remember why you initially became attracted to your lover, then chances are it's time to end things.

2. Feelings for someone else: An old rule of dating goes, "If you have time to cheat, you have time to break up." There's no reason to cheat when all it takes is a talk with your partner, explaining to them that you have feelings for someone else.

3. 'Happiness is a warm gun': Although not every minute of dating is fun, if you and your significant other are not generally happy, then it may be time to take a break or say goodbye for good.

Mila Kunis Denies Breaking Up

Justin Timberlake and Jessica Biel



Friends with

Benefits costars, Justin Timberlake and Mila Kunis are friends and nothing more, reports [People](#). Timberlake, who split from girlfriend of four years Jessica Biel over the weekend has been linked to his on-screen girlfriend, Kunis. Sources close to Timberlake deny that Kunis had gotten in between Timberlake and Biel, saying, "In fact, no one came between them. They decided their relationship ran its course and it was time to move on."

Is there someone else to blame for your breakup?

Cupid's Advice:

It's easy to point fingers and put the blame on someone else, especially when it comes to a breakup. It may be easier said than done, but taking an unbiased look at things may reveal some surprising facts:

1. Take a step back: Try to look at the situation with new eyes. Did someone else come between you and your partner or were you simply growing apart?

2. Give it time: It may be easier to take a few months and then re-open the situation once your emotions have settled down. Think back to how things were at the end of your relationship. You may find there's no one to blame but yourself.

3. Warning signs: You may have missed the warning signs that the end of your relationship was near, but they were definitely there. Once your excuses for his bad behavior are lifted, you may see things differently.

Justin Timberlake and Jessica Biel Split





Though there are no hard feelings, Justin Timberlake and Jessica Biel have officially split. According to [People](#), the split was mutual and the two remain friends. In spite of being seen together on Feb. 27th at the Vanity Fair post-Oscars party, they soon decided to move on. It looks like these two Hollywood hotties are now officially back on the market.

Should you go out right after a breakup?

Cupid's Advice:

Every breakup is different. Therefore, what works as the remedy for one breakup may not work for another. However, you are doing yourself a disservice if you don't give love another chance:

- 1. Try going out in a group:** When you go on a group date, there's a lot less pressure. This is perfect if you are still getting over a breakup.
- 2. Go out with someone in the same situation:** It may be a good idea to date someone who is also getting over a breakup. That way you both understand what each other is going through.
- 3. Get to know yourself:** After a split, it may be time to take up a hobby or do something you didn't have the time to do

before.

For more information on Justin Timberlake and Jessica Biel:

[Jessica Biel Enjoys a Night Out Sans Justin](#)

[Jessica Biel and Timberlake – It's Over!!!](#)

[Justin Timberlake & Jessica Biel Split: Source](#)

Ashley Olsen and Justin Bartha Split



Ashley Olsen is a single celebrity again, according to [UsMagazine.com](#). The former *Full House* star and current fashion designer split with her boyfriend of two years, actor Justin Bartha. Sources say *The Hangover* star was planning to propose to Olsen five months ago. Also, the couple was caught loft-hunting three months ago. Despite these things, one of Bartha's friends

insists the relationship is over.

How do you know when a relationship has run its course?

Cupid's Advice:

It's tough to figure out when your Facebook status should be set to "it's complicated" versus "single." Cupid has a few suggestions in figuring out which to go with:

1. There are still feelings there: If the two of you still have emotions churning, maybe you both just need some space to think things through.

2. You run in the same crowd: Think of Ross and Rachel in *Friends*. They never distanced themselves from each other and in the end, after much anticipation, they got back together. This may be a similar situation for you and your partner if you have mutual close friends.

3. There's no future: If you don't see what you have going anywhere down the road, then perhaps it's time to call it quits and start living the single life.

Pete Wenz and Ashlee Simpson: Custody Fight in the Works?





A simple divorce may be easier said than done when it comes to Ashlee Simpson and Pete Wentz, reports [People](#). The pair announced the end of their two year marriage last month when Simpson filed for divorce. Initially, the couple made a joint statment saying, "We remain friends and deeply committed and loving parents to our son Bronx, whose happiness and well-being remains our No. 1 priority." Now, Wentz has filed a divorce response in Los Angeles. Simpson had orginally filed for divorce requesting sole custody of their two-year-old son. Wentz's request seeks joint custody. Since the divorce proceedings still fairly fresh, it's difficult to say whether or not a custody battle is in the works.

Who should your kids live with after a split?

Cupid's Advice:

One of the most difficult and important decisions parents can make when going through a divorce is where the children are placed following. Cupid's got some things to consider:

1. If they're young: So much is changing in their lives right now, so it's important to keep as much the same as possible. If they don't have to change schools, don't make them. Have the children stay with the parent who can keep them in the same district.

2. If they're older: Let them choose. If both parents are capable and willing, there is no reason why the child(ren) in question can't make the decision.

3. Best of both worlds: If at all possible, file a joint custody arrangement so that both parents would live with the child(ren) at different times.

Taylor Swift and Jake Gyllenhaal Reunite at Oscars



Ex-lovers Taylor

Swift and Jake Gyllenhaal were seen having a serious conversation at an Oscars after party, according to [Digital Spy](#). A source told *People* that the duo was seen at the *Vanity Fair* after party. "It seemed a bit more serious – it certainly wasn't a 'Hi, how are you?' talk," the source said. "It seemed

like they were catching up, sorting something out.” Gyllenhaal left shortly after the talk while Swift stayed and partied with a few friends. The former duo broke things off in January.

Should you continue to resolve things after a breakup?

Cupid’s Advice:

Each relationship and breakup should be handled on a case-by-case basis. Cupid has some situations where you should attempt to resolve your major issues:

- 1. Coworkers:** Nobody likes drama in the workplace. Do your best to keep things in perspective and work out your issues off the clock.
- 2. Lots of mutual friends:** If you have a good amount of shared friends, then chances are you’ll run into each other a lot. You’ll need to at least be able to stand seeing each other in public.
- 3. A close relationship:** Chances are that if you’ve been in a long-term relationship and things ended mutually, then you two were best friends and it’s difficult to just cut that person out of your life.

Finding Love After a Breakup: Should You Jump In?



By Kelly Seal

When someone leaves us broken-hearted, our natural reaction is to find love again as quickly as possible. Unfortunately, healing a broken heart takes time and patience. It's necessary to spend some time alone so you can build your own strength and move on to a happier, healthier relationship in the future.

Like us, many celebrities move from one relationship to the next, hoping that this will ease their pain and help make the transition easier. Eva Longoria started dating Penelope Cruz's brother Eduardo shortly after her split with Tony Parker. Jake Gyllenhaal quickly started dating after breaking up with Reese Witherspoon, leaving a trail of girlfriends behind including Taylor Swift, Carey Mulligan and Jennifer Aniston. While romance creates a sense of happiness and excitement for a brief time, eventually old pain can start to resurface.

If you've recently endured a break-up, try giving yourself some time off and do the following before rushing back in to the dating pool:

Allow yourself to grieve: A break-up is a huge transition. When you've been with someone you love, it's natural to feel pain and anger. Allowing yourself to grieve over the relationship is part of letting go.

Hang with uplifting friends: We all have friends who can lift our spirits, be supportive and are just fun to be around. If you spend time around people with positive energy, it has an affect on your mood and can help lift your depression. Avoid friends who would rather complain about exes; this won't help you move on.

Do things that make you happy: Maybe you haven't been surfing in a few years, but have always enjoyed it. Or perhaps you put off taking those cooking classes because you didn't have time. Now is the perfect opportunity to do things you enjoy, and remember why you liked them in the first place.

Get to know yourself again: Sometimes, we feel so lost after a break-up we don't even know who we are without our exes. If you feel adrift, try doing something new, whether it's going to a new restaurant or paragliding on a Saturday afternoon. Trying new things lifts our spirits and puts us back in touch with the part of ourselves that is willing to take risks and grow.

When you've gone through these steps and feel like it's time to start meeting people again, go for it. Just be sure to take your time and keep living your own life. Look at dating as a chance to meet many different kinds of people, rather than a way to get back into a relationship. The right man or woman will come into your life when you're ready to move on.

'Glee' Star Dianna Agron: Terrified of Ex-Boyfriend Alex Pettyfer?



It's another messy Hollywood breakup. Sources are saying that *Glee* star Dianna Agron is "terrified" of her "psycho" ex-boyfriend, Alex Pettyfer, according to [E! Online](#). News that the couple, who were dating for less than a year, called it quits broke last week. Friends of Pettyfer calls the reports "absolute nonsense," and a source close to Agron says, "Things have definitely been intense, and Alex certainly can have *quite* the temper, but I don't think she's 'terrified' of him."

Why do breakups turn nasty?

Cupid's Advice:

Breakups are never a pleasant experience, but why is it that former couples so readily turn against each other after a

split? Cupid has some ideas:

1. Hurt feelings: The most obvious explanation is that one or both parties is extremely hurt by the split. Sometimes hurt feelings can manifest themselves as anger. With anger, comes drama.

2. Built-up issues: Sometimes during a relationship, we keep our thoughts and feelings from our partner to avoid arguments. Now that the relationship is over, it's easier to tell your former mate how you felt all that time. That said, it's not a healthy way to deal.

3. Family and friends take sides: After a breakup, friends and family are quick to support their respective side of the duo in question. Sometimes, they might be angrier about the split than you are, and it rubs off on you. Try to keep a cool head, and reassure your supporters that you'll be OK ... eventually.

Christina Aguilera's Ex Jordan Bratman Finally Moves Out





Fame and fortune will not keep you from the hardships of living in the same place as your ex after a breakup. After all, relationships end easier than leases or mortgages. Christina Aguilera's living situation has been uncomfortable, due to her ex-husband Jordan Bratman living under the same roof as her and her new man, Matt Rutler. According to [E! Online](#), Jordan Bratman has finally moved out. As Xtina's ex now sits in a snazzy bachelor pad, Matt Rutler's 2011 Ford Mustang GT still sits in the singer's driveway.

How do you decide who gets the pad after a split?

Cupid's Advice:

The best way to make an emotional split easier is to put some physical distance between you and your ex-partner. This is very difficult to do when both of your names are on the mortgage. Here are some tips on how to decide who should stay and who should leave a bit easier:

- 1. Don't uproot the children:** If children are involved, make an effort to keep them in the same place. This should be a major factor in the decision as to who stays and who must find a new place to live.
- 2. Compromise:** The person who doesn't get the house needs to

get something of equal value to their half of the property.

3. Think logically: Emotions often get in the way of these types of decisions. Always approach them fairly and logically. Keep a cool head as much as possible.

'Glee' Star Dianna Agron Splits From Alex Pettyfer



Dianna Agron is now single following her recent break-up with Alex Pettyfer, according to UsMagazine.com. The duo's split became official following Agron moving out of their shared home last week. The couple, who were set up by director D.J. Caruso while filming the movie *I am Number Four*, recently avoided speculations about an engagement being in the near future. They only dated for less than a year.

Who should move out of your shared home after a split?

Cupid's advice:

Moving in with your mate is a tough decision in and of itself. The question of who gets what is something you should unfortunately keep in the back of your mind when deciding to move in, just in case things go south. Cupid has a few things to consider when figuring out who moves out and who keeps the castle:

- 1. Financial stability:** Whoever has a better chance of paying the rent or mortgage by themselves should have the place, plain and simple.
- 2. Friends or family are a plus:** If you have friends or family to lean on until you get back up on your feet, then consider moving out. Having the extra support makes things easier.
- 3. Have a heart:** Even if things are really awkward, do your best to continue living with your partner until one of you finds a new place to stay. Kicking someone out should be reserved for the most drastic cases.

Source Says Pete Wentz Couldn't Trust Ashlee Simpson





While Ashlee Simpson and Pete Wentz's divorce announcement on February 9th may seem to have come out of the blue, UsMagazine.com reports that the couple "have been talking about splitting up forever." The couple, who share son Bronx, 2, cited no reason for the divorce, but an insider feels that Simpson's late-night partying played a large role in the split. Simpson frequently spent her time with a crew of pro skateboarders in San Clemente, California, and would often not return home until sunrise. Sources say that Wentz "started getting burnt out" by Simpson's behavior and "would constantly check in on Ashlee, and he'd have his friends call the house and her cell to make sure she said she was where she said she was going to be....He felt like he couldn't trust her."

What are some ways to know your partner is trustworthy?

Cupid's Advice:

Gauging your partner's trustworthiness is a difficult task, especially as most people are prone to suspicion. Here are a few ways to find out if your partner deserves your trust:

1. Look at past experiences: If your mate has had many relationships in the past, try figuring out why the relationships ended. While the vast majority of them probably ended due to character differences, there may have been

infidelity or arguments leading to the breakup.

2. Take note of his behavior: If you feel that your partner has some character irregularities (such as anxiety), it may be cause for concern. The varying mood swings may be a sign that your partner is keeping something from you.

3. Give the benefit of the doubt: If you feel that your partner is trustworthy, then it's probably true. There's no sense in digging for clues that don't exist. Relax, and have faith.

Ashley Simpson and Pete Wentz Have Lunch Post-Split



Proving that their split is amicable, Ashley Simpson and Pete Wentz met for lunch Monday and brought along their son, Bronx. According to a

source, being good parents is their main priority right now.

“They’re both focused on making this transition as easy as possible for him.” The duo announced last week that they would be going their separate ways, reports [People](#). Pals say that the pair simply grew apart due to marrying too young and not having enough time to spend together.

How do you cut out time from a busy schedule to spend with your partner?

Cupid’s Advice:

1. Cut out fluff: Chances are that you’re spending time doing things that aren’t important. Do you really need to soak that extra 15 minutes in the bath? In order to have time with your partner, it might be time to cut out some unnecessary activities.

2. Plan a lunch date: If you both work, you also both probably have lunch breaks. Instead of spending more time with your co-workers than you already do, plan to meet up with your significant other. Even if it’s only 45 minutes of face time, it’s worth it.

3. Do things together: Say you’re both into staying fit and work out every day. Instead of doing it separately, make it a routine to exercise together. Gym time is better than no time at all.

‘House’ Star Olivia Wilde Separates from Husband Tao

Ruspoli



House star Olivia Wilde and her husband, Italian prince Tao Ruspoli, have decided to end their marriage, reports [People](#). The couple, who eloped together when Wilde was only 18, were together for eight years. “They have been living apart for quite some time to make their relationship work,” reveals an insider.

What are ways to work on your relationship?

Cupid’s Advice:

When you hit a rocky point in your relationship, it’s important not to give up without putting in some effort first. Here are a few ways to smooth over your rough relationship:

1. Space: Try distancing yourself from your partner, so that the two of you have time to cool down and reevaluate the issues that have been plaguing your relationship. When both of you have clear heads, it’s should be safe to give the relationship another try.

2. Considerate acts: Especially when your relationship is at a low point, being considerate can make a huge difference. Try to do 'the little things,' like taking the trash out or packing a lunch for your partner. It may not seem like much, but your partner will appreciate the effort.

3. See a counselor: If the problems in your relationship are too much for you to handle, try seeing a counselor. While it can get expensive, it may be worth it in the end.

Zac Efron's Night Out Without Vanessa Hudgens



It looks like Zac Efron is finally over Vanessa Hudgens, despite a brief rumored reconciliation. [People](#) reports that Efron, 23, accompanied actress Teresa Palmer, 24, to a screening of her

movie *Take Me Home Tonight*. The twosome then continued their night out at Voyeur nightclub in West Hollywood where, “Zac chatted with Teresa for awhile,” says a source. “She leaned in close so she could hear over the music [while Zac was] smiling and slightly flirting with her.” Efron and Hudgens, 22, ended their four-year relationship in December.

How quickly should you move on after a break-up?

Cupid's Advice:

After a relationship ends, when is it healthy to start dating again? Everybody's different, but Cupid has some tips on how to know when you're ready:

- 1. Take time to recuperate:** Don't start dating again after a breakup until you've had enough time to properly heal. If you don't, you'll end up in an unhealthy rebound relationship.
- 2. Do it for yourself:** Make sure you're not jumping into a new relationship just to make your ex jealous. It's unfair to your new partner and to yourself.
- 3. Don't rush:** Take things slow with your new boyfriend or girlfriend. Think about what went wrong in your last relationship, and try not to make the same mistakes.

Taylor Swift Recovers After Split with Jake Gyllenhaal



Taylor Swift's

breakup with actor Jake Gyllenhaal has not had any lasting effects on the country crooner, reports UsMagazine.com. Swift is heading out on a worldwide tour for her new album *Speak Now* and is excited for the opportunity. "I can't wait!" revealed Swift on a Nashville radio station. "Getting back on the road is something I have been looking forward to for a really long time." Gyllenhaal, 30, broke up with Swift, 21, last month. Since the breakup, the two have briefly reunited for a dinner at Nashville restaurant Bound'ry. Though Swift was "thrown" by the date, Gyllenhaal wished "to see if there was anything still between them, if they could recapture the magic," revealed a source. "Sadly, it wasn't there."

What are ways to distract yourself from heartbreak?

Cupid's Advice:

All individuals react to breakups differently. While some immediately put the past behind them, others turn to a gallon of chocolate ice cream. Here are a few ways to distract yourself from heartache:

1. Keep busy: Try volunteering in your spare time, or pick up a part-time job. If your current job is already time-consuming, then try putting even more effort into it. Don't allow yourself too much time to mourn your past relationship.

2. Meet new people: Take a class, attend a sporting event or go to a concert. Going somewhere with a large group of people will help you socialize and make new friends, which will fill part of the void left by your ex-partner.

3. Visit family: Find an excuse to visit your parents or a sibling for the weekend. Your family will not only distract you, but they will probably help you recover because they understand you better than anyone else.

Halle Berry and Gabriel Aubry Fought Over Kim Kardashian





Although Gabriel Aubry and Kim Kardashian's recent romance fizzled soon after it began, [People](#) reports that Halle Berry was not happy to see her ex out with a reality TV star. Aubry, 35, and Kardashian, 30, took in a Lakers game and a movie in late November before calling it quits. Halle Berry, 44, who split with the French Canadian model last year, was angry about the relationship because of her daughter, according to a source close to the actress. "Halle was very upset... She just didn't want Nahla exposed to the cameras that are undoubtedly around a reality star." But Aubry had no intention of bringing someone new into his daughter's life right away. "Gabriel wanted to make sure he dated someone for six months before he introduced them to his daughter," says the source.

How soon should you bring a new partner into your child's life?

Cupid's Advice:

After a breakup, it's hard to know when to bring a new partner into your kid's life. Cupid has some tips on when and how to make the introduction:

1. Talk to your child: Give your son or daughter a chance to come to terms with his or her parents' separation. Once they

realize that Mommy and Daddy aren't together anymore, they will be more ready to accept someone new.

2. Warn your partner: Tell your new mate what your child is like so he's prepared. Giving him as much information as possible will help make the introduction go smoothly.

3. Wait until it's serious: While there's no time limit on when your child and partner are ready to meet, it's a good idea to wait at least a couple of months. Then, it's up to you to know when the relationship is serious enough to bring someone new into your child's life.

Halle Berry and Gabriel Aubry Begin Ugly Custody Fight



Award-winning actress Halle Berry and her model ex Gabriel Aubry have begun

what seems to be a brutal battle of custody over 3-year-old daughter, Nahla, [People](#) reports. Berry and Aubry, who split last year after four years together, have brought their battle public. Earlier this week, Berry released a statement voicing, “serious concerns for her daughter’s well-being while in the care of her father.” Sources close to Berry claim that Aubry became verbally abusive to her after their break-up, even using a racial slur. Still, Aubry’s friends stand by his side. One source said, “I never saw someone more dedicated to their child.”

How can you keep your child out of your custody fight?

Cupid’s Advice:

Nobody wants to be involved in a custody battle. But if you do find yourself drawing up visitation papers, make sure to keep your children calm, happy and distracted:

1. Keep them busy: Arrange for your kids to go home with a friend after school or spend the weekend with their grandparents. The more you distract your children and keep them away from the fights, the less they’ll worry.

2. Activities and clubs: After-school activities and clubs, whether it be a sports team or drama club are great outlets for children to release pent-up energy and anger. By the time their activities are done, they’re home for dinner, homework and bed.

3. Stay in check: This is you and your partner’s battle, so don’t involve your children. Even though it may be tempting to say something harsh about their mom or dad when tempers rise, don’t do it. Children take in everything, and we forget just how observant and impressionable they are.

Miranda Cosgrove Opens Up About 'the One Who Got Away'



Miranda Cosgrove

learned a hard lesson recently, heartbreaks can hit at any age. The 17-year-old *iCarly* actress revealed that she and an ex-boyfriend recently called it quits after three years, according to an interview with [Seventeen](#). "I've only had one serious boyfriend, but we dated for three years. He's the one guy I really, really liked," she said. Cosgrove added that despite the fact that she and her ex don't talk much anymore, she feels he was the one who got away from her.

How long should you fight for a relationship to work?

Cupid's Advice:

Breakups are tough, and what makes them more difficult is

knowing when to keep fighting for better times and when to end things and move on. No two relationships are the same, which makes things even more difficult. Cupid has some tips:

1. Listen to your heart: Nobody is going to be able to better explain your feelings than yourself. When going through a rough patch with your partner, remember to ask yourself if you still want to be in the relationship. If the answer is yes, fight for it. If not, move on.

2. Active communication: An open channel of communication between you and your partner is most important. Knowing what your partner is thinking can help you decide what's best for the relationship.

3. Make a choice, and stick to it: As tough as it can be, stick to your instinct. If you want to keep trying to make your relationship work, then give it 100 all you have. On the flip side, if you chose to break-up, then remember the reasons it happened. Everyone has that one person who got away, and it's better to learn from love than to never have taken the risk.

Jaime Pressly Splits with Husband Simran Singh After 16 Months





Jamie Pressly and

Simran Singh have decided to call it quits, according to UsMagazine.com. It doesn't seem to be a good year for Pressly, as she was also recently arrested on suspicion of a DUI. An insider says of the split, "It's over. I don't think they have officially filed anything yet though." The source added, "I think it comes down to she married this guy too fast. He seemed like a good guy but he is super full of himself and puts her down for everything. He picks fights with her for any little thing."

How do you avoid unnecessary arguments?

Cupid's Advice:

Every relationship has its ups and downs, but some fights are more avoidable than others. Cupid has some tips on how to avoid unnecessary arguments:

1. See the other side: It's easy to see things from your perspective. Take a minute to put yourself in your partner's shoes. Understanding is key.

2. Avoid sensitive topics: The closer we are to people, the more we know what buttons to push. If you have a particular topic that is sensitive, try to avoid it. If it's absolutely necessary, approach it with caution.

3. Ponder it first: Make sure you filter your thoughts before saying them out loud. If you're upset about something your partner did, make sure it's really worth an argument. The best way to do that is to keep it to yourself for a few hours or days. If you still think you need to bring it up, at least you know it's worth it.

Shakira and Boyfriend of 11 Years Split



It looks like Shakira and her long-time boyfriend are the newest members of the celebrity breakup club. After 11 years of dating, the Colombian singer and Antonio de la Rue have decided to call it quits. "There was no big drama, it's just one of those things where they had been together a long time and realized they were more friends and business partners than lovers," said an

insider. However, according to *UsMagazine.com*, there is hope for the two to reconcile in the future. “We view this period of separation as temporary and as a time of individual growth as we continue to be partners in our business and professional lives,” Shakira wrote. “Our friendship and understanding of one another is unwavering and indestructible.”

What do you do if the romance in your relationship is dwindling?

Cupid's Advice:

Sometimes when couples are together for a long time, they forget what made them love each other so much in the first place. Cupid has some ways to heat up a dwindling flame:

1. Surprise them: An unexpected vacation, date or even a gift is the perfect way to melt someone's heart. If your partner mentions something he loved at a store, leave it on the side of his bed the next morning ... just because.

2. Try new things: If your Friday nights are consistently TV and pizza, it's time to change it up a bit. Go to that restaurant you both always wanted to try! Who says you're all out of 'firsts'?

3. Resort to old tricks: Go back to your original courting days. Leave cute notes on the refrigerator, visit each other at work and go back to where you had your first date. Puppy love is the best kind of love!