

'The Bachelor' Winner Whitney Bischoff is Casually Dating After Celebrity Break-Up from Chris Soules



By [Katie Gray](#)

Most recent winner of *The Bachelor*, Whitney Bischoff, is dating again after her celebrity break-up from Chris Soules. The former celebrity couple split two months after the marriage proposal aired on the finale of the show. According to [UsMagazine.com](#), both claim that they are maintaining a healthy friendship.

This celebrity break-up was the talk of the town for quite a while. What are some ways to handle public

fallout after your break-up?

Cupid's Advice:

Break-ups can be the talk of the town even if you aren't a celebrity. It's like Miranda Lambert sings, "Everybody dies famous in a small town." Whether you're living in the public eye or not, it can be difficult to navigate after a break-up. Cupid has some dating advice on how to handle the public fallout:

1. Put a smile on: Although it may be difficult to wear a smile after breaking up with someone you clearly cared for, you have to do so eventually. You're going to go places that will remind you of your ex, and you're going to run into people who will know about the split. Try to embrace it all, and remember you're strong and still have many things to be happy about.

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2. Prepare what you'll say: When you go through a split, people are going to ask you about it eventually. It's a good idea to come up with what information you want to disclose to them. This way you won't be caught off guard when it happens.

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3. New routine: Sometimes it will be hard to go places that you once went with your ex, and to do things that you once did with them. However; you must still live your life. Come up with a new routine that works for you.

How have you dealt with the public fallout after a break-up? Share your stories below!

Blake Shelton and Gwen Stefani Flirt on Set of 'The Voice' After Respective Celebrity Break-Ups



By Kyanah Murphy

Well, this is an interesting duet! Sources have shared with UsMagazine.com that the flirting going on between Blake Shelton and Gwen Stefani on *The Voice* is real! The source also revealed that though they're flirtatious, the two are not a celebrity couple and they are not dating. But, never say never! It looks like these two are ready to move on after their recent [celebrity break-ups](#). Hopefully this playfulness between Shelton and Stefani wasn't a contributing factor to their celebrity divorces!

Post celebrity break-ups, it seems these two celebs are ready to move on. What are some ways to know you're ready for the dating scene after a break-up?

Cupid's Advice:

Though their celebrity break-ups were recent, it seems that Gwen Stefani and Blake Shelton are ready to move on! It can be tough moving forward post break-up and tough to even know if you're ready to get back out there and date. Cupid has some tips on helping you figure out if you're ready or not.

1. You feel indifferent towards your ex: You are no longer angry, sad, annoyed, or upset with your ex. You couldn't care less what they are doing or who they're seeing. You may be happy for your ex but you're not bothered with what's going on in their life one way or the other.

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2. You're emotionally available: If you're feeling indifferent with your ex you may also be emotionally available for a new partner. You've been healing from your loss and not lingering in the past, constantly assessing what went wrong in your relationship. You've accepted what has happened.

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3. You don't mind being single: You don't feel like you need to be with someone though the idea of being with someone sounds nice. Being with someone is not a crucial part of your

life and you don't feel like it's the end of the world that you're not with someone.

How did you realize you were ready to date again after your break up? Comment below.

Olivia Munn and Joel Kinnaman Call It Quits



By Sanetra Richards

Another couple, another breakup! Olivia Munn and Joel Kinnaman are now residents of Splitsville. According to UsMagazine.com, insider sources confirmed the split and said the two parted ways months ago. "They ended things a few months ago but both seem fine," says a source. "A lot had to do with distance. He's back filming in Toronto and she's now in L.A. for good." *The Killing* actor and *Newsroom* actress have remained friends through the breakup and are still very much fond of each

other. While promoting the reboot of *RoboCop*, Kinnaman paid the *Today Show* a visit spoke well of Munn: "She's a hoot, she's a lot of fun." Munn did the same in the May 2014 issue of *Allure*, saying, "If there was ever going to be a girl who would want her man to bring home a *RoboCop* suit, it would be me," the 33-year-old gushed. "Joel is truly fantastic in it."

How do you know when to call it quits on your relationship?

Cupid's Advice:

Every so often things take a turn (possibly for the worst) in the relationship, and you are left asking yourself if you and your partner should just separate. Although the warning signs are typically loud and clear, you may be blinded by a few other things. Cupid has some ways to help you decide when it is time to call it quits:

1. Tension and arguments: Do not refuse to see the elephant in the room. If you and your significant other just cannot seem to come to common ground and are constantly going back and forth with each other, reevaluate the relationship. Is it worth the daily headaches? This is a question you must ask yourself and your partner.

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2. Zero growth: You should be able to recognize improvement in each other and as a couple. Take into mind that you all are in it to provide encouragement and support to one another. If the relationship is stagnant and there is no hope for bettering, consider parting ways.

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3. Nonexistent romance: The kind gestures and words have vanished and your partner is not as affectionate as he or she was in the beginning, consider talking to them about it. If

they have no valid reason as to why it disappeared all of a sudden or a solution to the problem, it may be time to call it quits.

What are some signs that help to determine when to call it quits? Share your thoughts below.

Tori Spelling Is Hospitalized Amidst Marriage Troubles



By Louisa Gonzales

Tori Spelling has been hospitalized, according to UsMagazine.com. It seems the pressure on the mother of four, her marriage and the show has finally taken its toll on her. The 90210 alum, 40, has been letting the world see all her relationship problems with husband Dean McDermott, who recently was revealed to have had an affair with 28-year-old Emily Goodhand, on her Lifetime reality series *True Tori*. The

show follows the couple as they try to work on salvaging what's left of their relationship, but with Spelling shouting how her partner is never going to be, "happy with just me" it seems there is still troubles in the water for the pair.

How do you support your partner mid-split?

Cupid's Advice:

When your relationship is dissolving it can be some of the hardest points in your life. Towards the end of your romantic relationship it can be hard to not hold resentment towards your partner or to not put the blame on the failing relationship on them, or to even still show your support towards them. Cupid has some advice on how you support your partner mid-split.

1. Still be there for them: Nothing shows your support like simply being there for someone. Everyone wants someone to be there for them when they're down, need support or someone to relay on and you can still at least try and be that person. Whatever kind of relationship you have with your significant other, even if it could possibly be the end, it's still good to be able show that you care about them.

Related: [New Docu-Series Will Show Tori Spelling and Dean McDermott's Marriage Troubles](#)

2. Keep up with your communication: Being in a relationship means having someone you can talk or confide in with. Even if your relationship is currently having problems, it's still okay to talk with your partner about each other's troubles. If you keep communicating you have a better chance at staying on good terms even if you break up or possibly fixing things.

Related: [Tori Spelling and Dean Mcdermott Are Expecting Third Child](#)

3. Continue to work on things: Showing support towards someone

can come in different shapes and forms. One way you can still show your support towards your partner mid-split is to still put some effort into your relationship. Remember you are both going through a similar thing here and whether your couple status changes from in a relationship to not in a relationship, it's important to still be respectful and mindful of one another's feelings.

How would you support your partner mid-split? Share in the comments below.

Chris Martin Blames His 'Issues' for Split with Gwyneth Paltrow



By Louisa Gonzales

Chris Martin finally opens up about his split from Gwyneth

Paltrow. According to UsMagazine.com, the Coldplay singer, 37, recently sat down with BBC Radio 1's Zane Lowe to talk about his band's new album, how he feels about One Direction and even about the end of his 11-year marriage. It's been one month since news first broke about Martin's separation from Paltrow, 41, but the music artist has now revealed to Lowe in his interview part of the cause of the split falls on him. Martin told Lowe he hasn't let himself be completely "vulnerable" and open to letting love "in" and because of that it caused problems with his relationship. He continued to say he doesn't want to blame anyone else and only he can make the proper "changes" to his life.

What are some ways to work on your marriage?

Cupid's Advice:

Getting married is a life changing event. With marriage comes new joys, discoveries about yourself and your partner, but also hardships and challenges. Cupid has some advice on some way to work on your marriage:

1. Communicate more: A good relationship requires good communication. If you are having problems in your relationship or any other difficulties going on in you life, it's okay to talk with your partner about them. Don't keep things bottled up, it or make your worries grow and be that much worse when you finally do talk about them.

Related: [Gwyneth Paltrow and Chris Martin Separate](#)

2. Attend counseling: Sure, counseling isn't for everyone, but it may be good to give it a shot. Many couples don't like to admit that they need help, least of all accept or hear advice from other people. However, talking out your problems with someone may be good for your relationship, not to mention the fact it will give you the chance to hear what's on your significant other minds concerning you and the relationship.

Related: [Gwyneth Paltrow Says Chris Martin Helped with Postpartum Depression](#)

3. Remember to have fun: Relationships require work yes, but that doesn't mean you can't have fun and live a little. Make sure to make time to go out together, free of discussing your problems, and do fun things or plan to stay in for romantic evenings, it doesn't matter what you do just do something you both enjoy. It's good to be able to just enjoy your lovers company from time to time without discussing troublesome things.

What do you think are some good ways to work on your marriage? Share your tips below.