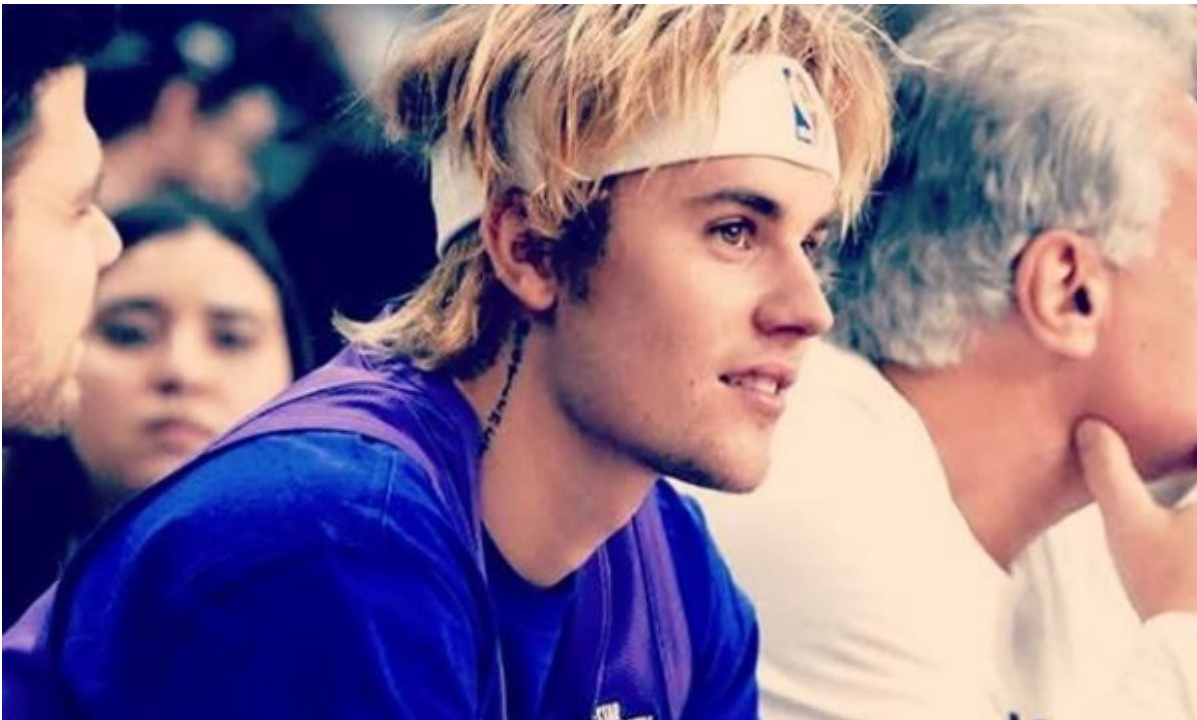


Celebrity News: Has Justin Bieber Moved On from Selena Gomez With Baskin Champion?



By

[Jessica Gomez](#)

In [celebrity news](#), [Justin Bieber](#) may have moved on from [Selena Gomez](#)! According to [EOnline.com](#), Bieber was seen with Baskin Champion on Tuesday night at the Roxy in Los Angeles. Photos show the potential [celebrity couple](#) exiting the venue and leaving in the same car. According to sources, they've actually hung out multiple times, and always seem to flirt and have fun with one another. "Justin has been hanging out with Baskin," a source said, adding that after the show Bieber and Champion went back to his house. "Justin had friends with him but they all left and Justin and Baskin were alone together for the night." We wonder what Gomez has to say about this.

Was their break an actual [celebrity break-up](#)?

In celebrity news, we're wondering if Jelena is old news. What are some ways to know you're ready to move on after a break-up?

Cupid's Advice:

Moving on from a past relationship can be hard. However, when it's done, it's done, and you have to move on. Cupid has some ideas on how to know when it's time to not look back and carry on from a former relationship:

1. There is no future with the relationship: If you no longer see a future with an ex flame, it's time to ditch them and move on. If you know this valuable piece of information, then you're just waiting for the inevitable at this point. Why waste more time on the relationship when you can spend that time moving on and actually doing things that will benefit the future you have without that person?

Related Link: [Cameron Diaz 'Has Become a New Person' with Husband Benji Madden](#)

2. The other person has moved on: If your ex has moved on, then it is probably safe to say that you should too. It may hurt to see them with someone else, but things happen for a reason. Don't let seeing them with someone else throw you into a jealous fit. Instead, take it with a grain of salt, and move on.

Related Link: [Celebrity Couple Miley Cyrus & Liam Hemsworth Go All Out for St. Patrick's Day 2018](#)

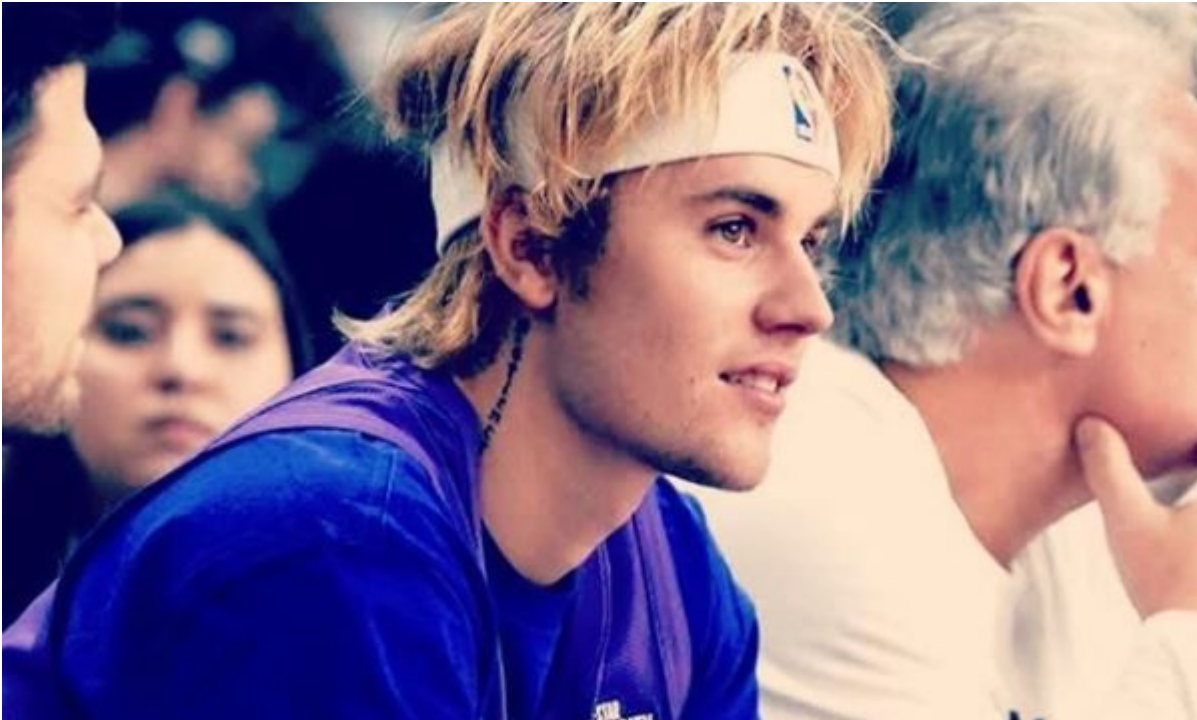
3. You're worn out: Relationships can be tiresome. However, if

you feel absolutely drained, this could be a sign that it's time to move on. You can only try so hard and oh so much. If you gave it your best shot, that's what matters. If your relationship still doesn't work after all your efforts, you may be seeing a dead end, and so it is time to carry on without your ex.

How did you know you and your ex were doomed and it was time to put a pep in your step? Share below!

Celebrity Break-Up: Donald Trump Jr. Had an Affair with Aubrey O'Day During Marriage





By

[Carly Horowitz](#)

In [latest celebrity news](#), it turns out that Donald Trump Jr. had an affair with *Celebrity Apprentice* contestant Aubrey O'Day while he was still married to his wife, Vanessa Trump. A source told [UsMagazine.com](#) that "Things started up with Aubrey and Don Jr. toward the end of the taping." This time spanned from the end of 2011 into March 2012. The affair ended at that time because Trump Jr.'s wife Vanessa allegedly found emails between the two. Vanessa and Trump Jr. had made up, but now, Vanessa has filed for a [celebrity divorce](#) on March 15.

Donald Trump Jr.'s [celebrity break-up](#) may have something to do with his infidelity. What are some signs that your partner is being unfaithful?

Cupid's Advice:

If things have just not been the same lately between you and your partner, there may be something sneaky occurring. Don't jump to conclusions, as we all have a tendency to do. But, if you notice any of these signs, sit down with your partner and have a mature conversation about the thoughts you are having. Here are some signs that indicate that your partner may be cheating:

1. Intimacy has halted: It is normal during long-time relationships that the intimacy between you two may slow down at points. If it has completely stopped and when you try to get close to your partner they back away constantly, then that is a red flag.

Related Link: [Celebrity Divorce: Vanessa Trump Files for Divorce from Donald Trump Jr.](#)

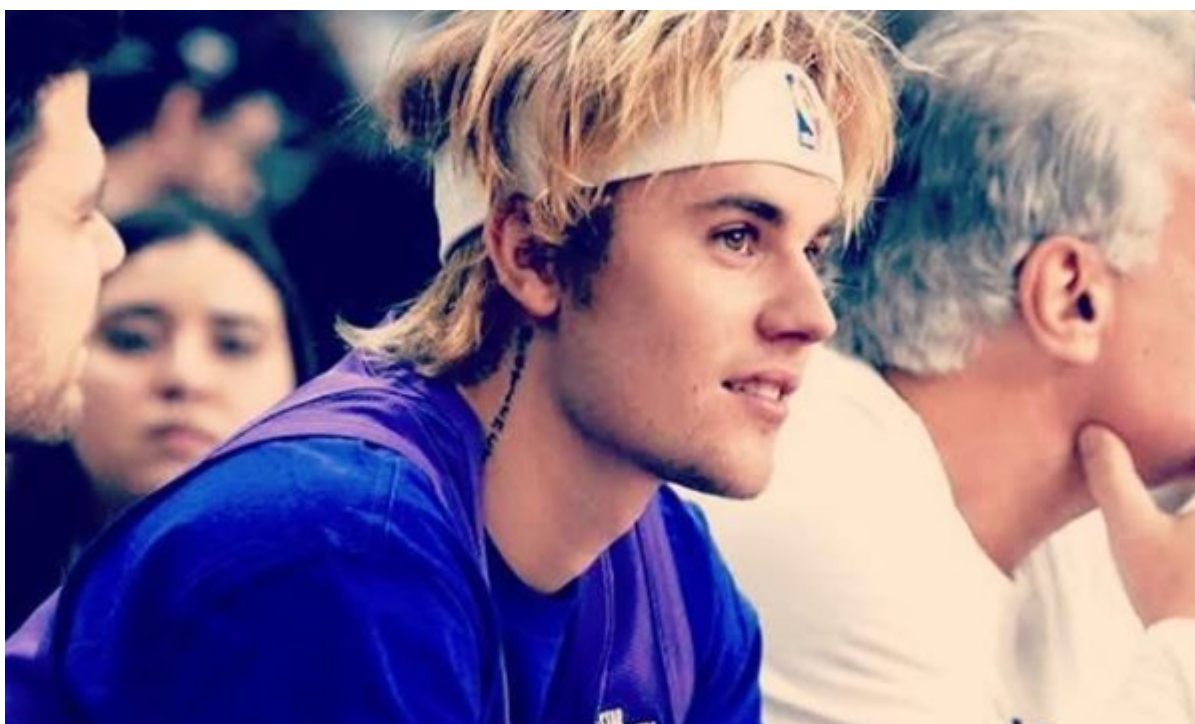
2. Constant private phone usage: If out of the blue your partner starts to use their phone a lot more often in a very private manner, then that is a little fishy. If your partner has always been a big phone user, then maybe it is normal. Ask them if they have something going on at work or another occurrence that may be causing them to use their phone instead of spending time with you.

Related Link: [Celebrity Break-Ups: Find Out Why Justin Bieber & Selena Gomez Are Taking a Break](#)

3. Excuses: You and your partner should have an honest relationship where you make time for each other because you truly want to! If lately your partner is making an array of excuses as to why they can't meet up, you may need to get to the bottom of what is truly occurring.

What are some other tell-tale signs that your partner is being unfaithful? Comment below!

Celebrity Break-Up: 'Bachelor Winter Games' Winners Ashley Iaconetti & Kevin Wendt Split



By

[Jessica Gomez](#)

In [celebrity news](#), a [celebrity break-up](#) went down! [Celebrity couple](#) Ashley Iaconetti and Kevin Wendt have split. According to [EOnline.com](#), Iaconetti confirmed that the couple broke up less than a month after the *Bachelor Winter Games* finale. The reason behind the split was recently discussed on Iaconetti's iHeartRadio podcast. She said, "It sounds a little harsh, but it's just that lack of – there's magic. We get along very well, it's just there's a little something missing and you

can't really pinpoint what it is. That's just how I feel." Wendt confirmed, saying, "I feel like that's normal and I feel like you get those connections all the time where if you take away our outside world and just put Ashley and me on an island together, we'd probably get along really well. And that's what Vermont was."

This celebrity break-up happened after a very short relationship. What are some ways to know your relationship doesn't have longevity early on?

Cupid's Advice:

For the most part, we want the relationships we enter to last. Sometimes there are signs to look out for to tell if the relationship is most likely going to hit a dead end down the line. Cupid has a few red flags to share, get ready for some [relationship advice](#):

1. Lack of trust: Trust is built overtime, but if there is no amount of trust, then the relationship will likely end soon. Trust is essential and can make or break a relationship. Consider the following: do you not trust them because of your own issues or actually because of them? Sometimes we have trouble trusting people, not because of what they do or the way they are, but because of what we've been through before them. This is something to consider before you go crazy over not trusting them, and thinking your relationship won't last. However, at the end, you need to learn to trust those who have earned it.

Related Link: [Find Out Why Justin Bieber & Selena Gomez Are Taking a Break](#)

2. You can't agree on anything: There are certain things you should be agreeing on. It's okay to have differences in opinion, but if you can't agree on things like goals and the future, then this is a red flag. There should be some similarities when it comes to the important stuff. To add on, when disagreeing on things, the situation shouldn't get out of hand. You should be able to approach and get through the conversation calmly, not always ending in a fight— so this is something else to also look out for.

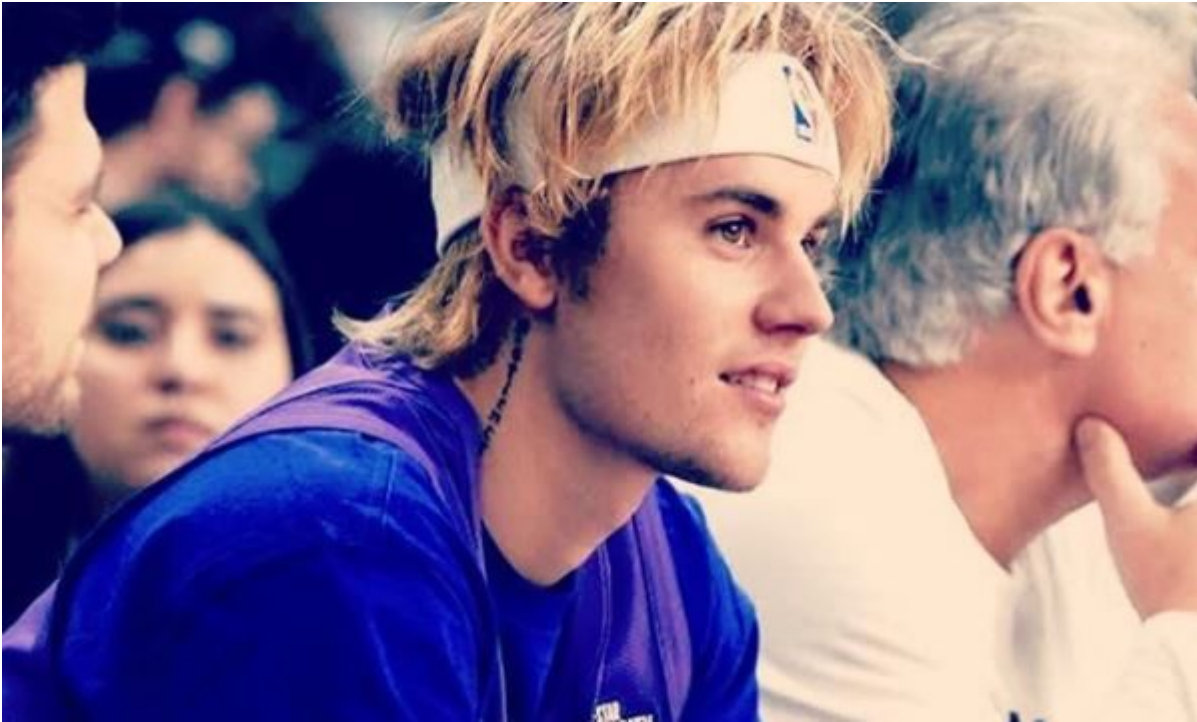
Related Link: [Vanessa Trump Files for Divorce from Donald Trump Jr](#)

3. Commitment issues: The inability to fully commit to you and the relationship is an obvious red flag. But that is not the only thing we mean when we say commitment issues. There are other things to look out for. If you notice that your partner in general has an inability to commit to things, then that's a possible red flag that you guys won't work out. In a successful relationship, we need consistency and devotion. If your partner isn't dedicated, responsible, or is unable to pull through with their obligations, then it's a definite bad sign. We need someone we can count on at the end of the day.

**What are some red flags you've seen in past relationships?
Comment below!**

Celebrity Divorce: Vanessa Trump Files for Divorce from

Donald Trump Jr.



By

[Jessica DeRubbo](#)

It looks like Vanessa and Donald Trump Jr. are calling it quits on their marriage. According to [EOnline.com](#), Vanessa filed for a [celebrity divorce](#) on Thursday in Manhattan Supreme Court. The [celebrity couple](#) have been married for 12 years and share five children. Since she filed for an uncontested proceeding, it looks like there more than likely won't be a custody battle. Donald Trump Jr. married Vanessa in 2005 at President Donald Trump's Mar-a-Lago estate in Palm Beach, FL. The President reportedly played matchmaker for the duo, as he introduced his eldest son to the model at a fashion show in 2003.

This celebrity divorce is very unfortunate for the pair's five children. What are some important factors to consider regarding your children during a split or divorce?

Cupid's Advice:

Divorces and/or splits are never fun for anyone involved, but sometimes it has the most lasting effects on kids. Cupid has some things to consider:

1. Always be open and honest with your kids: There's nothing worse than lying to your children, even if they're little white lies, because eventually the truth will come out. Sure, you don't necessarily want to air your dirty laundry about issues you have with your significant other with your kids, but try to be as straightforward as possible when letting them know about your split and the ramifications of it. They'll appreciate it in the end.

Related Link: [Celebrity Couple Predictions: Mariah Carey, Prince Harry and Donald Trump](#)

2. Do what's best for your children, not necessarily for yourself: Consider your kids and the affect your split is going to have on them in all respects. Instead of thinking about what is best for you, keep your kids at the forefront of your decisions.

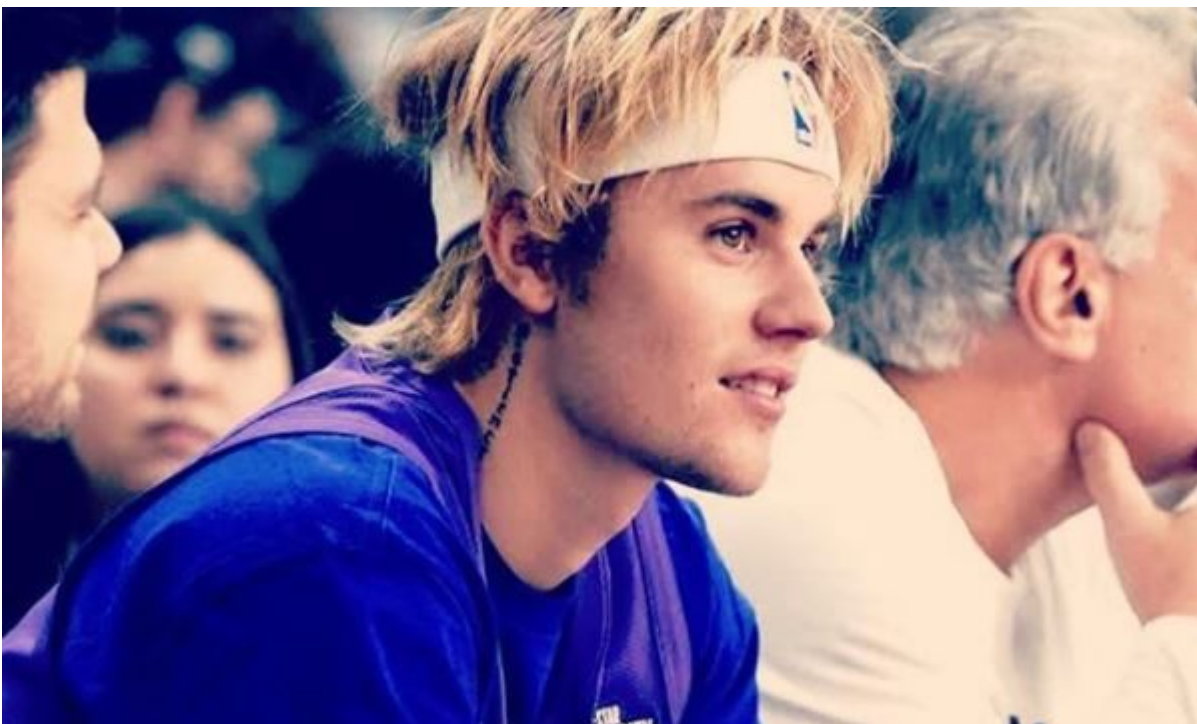
Related Link: [Helping Your Child Through a Divorce](#)

3. Listen to what your children are saying: Make sure to keep open lines of communication with your kids during this trying time. It's important that they feel they can talk to both you and your significant other and can ask any questions on their

minds.

What are some other considerations to make when it comes to kids caught up in a split or divorce? Share your thoughts below.

Celebrity Break-Ups: Find Out Why Justin Bieber & Selena Gomez Are Taking a Break



By

[Jessica Gomez](#)

In [celebrity news](#), [celebrity couple Justin Bieber](#) and [Selena Gomez](#) put their relationship on hold due to her family's

disapproval of Bieber, according to UsMagazine.com. "Selena and Justin decided to take a break mainly because of Selena's mom and her disapproval of Justin," a source said. "Justin's family loves Selena, but Selena's family has put her in a very conflicting spot because they still don't trust Justin. Selena has tried to convince her family that Justin has changed ... but her family just isn't budging right now." Because Gomez's relationship with Mommy Dearest was affected after she got back with Bieber, there is tons of pressure and negativity in the air. "It's been hard for her because she is super close with her mom. Her mom was her rock when she was having her health complications," the source added. "Justin and Selena decided to take a break to give her family some more time to heal and take in the idea of her and Justin being a couple again." As if that's not enough, Bieber "doesn't care about anyone but himself," another source said. "The second she saw it, she walked away, especially now with her health. She knows she doesn't need him." Let's see what happens in this messy situation.

This [celebrity break-up](#) is said to be sparked by Selena's mom. What are some ways to deal with a parent who doesn't like your significant other?

Cupid's Advice:

Being with and loving someone who your fam does not approve of can be stressful and just plain hard. Cupid has some [love advice](#) on things to consider and ow to deal with a parent not liking your partner:

1. Consider if your partner is worth the fight: This may sound

harsh, but if you're close to your family, you have to evaluate this. Is this person for right now or are you guys both thinking long-term? You have to assess the seriousness of your relationship before you go jumping through hoops for a person that may not be there in the not-so-distant future.

Related Link: [Celebrity News: Justin Bieber Celebrates 24th Birthday Without Selena Gomez](#)

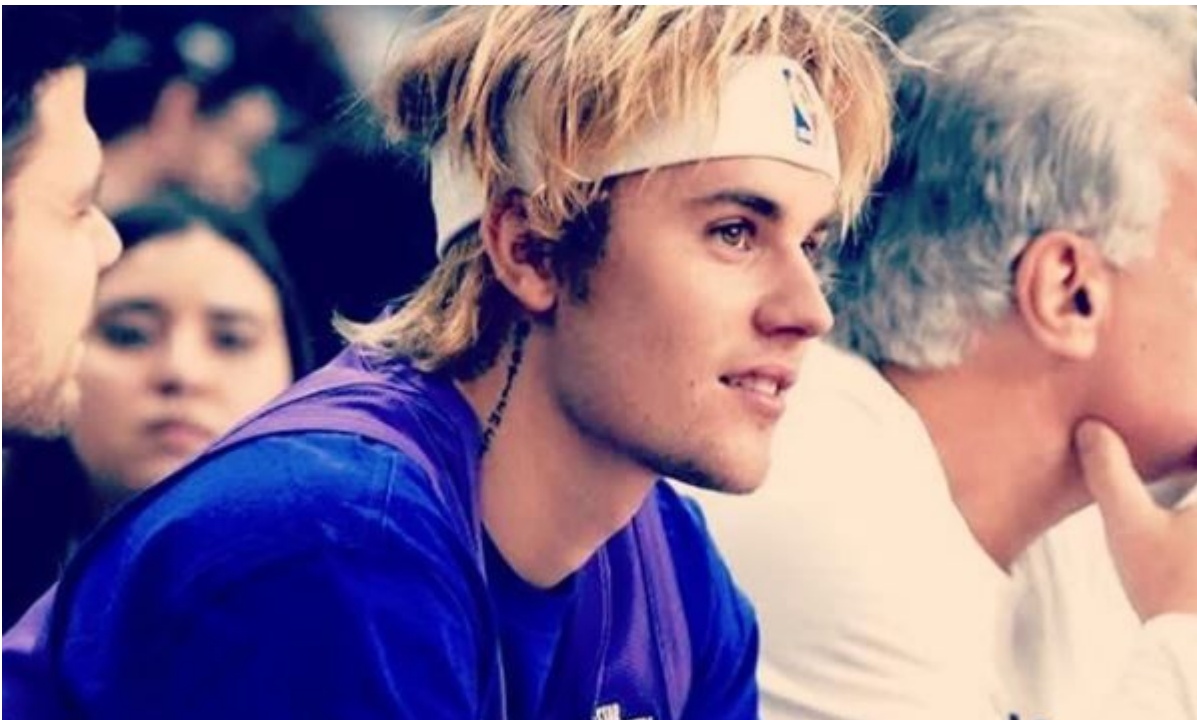
2. Communicate with your family and partner: If you're serious about your partner, then you have to talk with both parties about the situation. First talk to your fam. Express to them your feelings about the person and relationship, and don't forget to include how the disapproval is affecting you. Do the same with your partner –discuss your feelings about them and your family, along with the way their disapproval of them is affecting you and your relationship. Sometimes it will take more than communicating, but communicating constantly is important.

Related Link: [Romantic Getaway: Justin Bieber & Selena Gomez Sneak Away to Laguna Beach](#)

3. Take some time apart if needed: This may not work for everyone, but it may work for Selena Gomez and Justin Bieber, we'll see. Taking a break isn't ideal for every relationship, so you must know if it is something that is convenient and can help yours. Taking time apart may show your family that you really care about their opinions and it can even show them how you are affected by not being with your partner. This should not be taken as a sign of submission, but as a way to cope in the meantime.

Best of luck to any of you facing this issue! Share your stories below!

Celebrity Wedding: 'Bachelor' Arie Luyendyk Jr. Proposes to Lauren Burnham After Breaking Off Engagement to Becca



By

[Carly Horowitz](#)

In [celebrity news](#), after [The Bachelor](#) Arie Luyendyk Jr. had a dramatic [celebrity break-up](#) with Becca Kufirin, he didn't take very much time before embarking on what he supposedly truly wants, which is to be with Lauren Burnham. According to [UsMagazine.com](#), Luyendyk rushed to Virginia Beach after breaking off his engagement to Becca in order to ask Lauren to

take him back. Then, on the live *After the Final Rose* episode, he proposed. "I made some bad decisions, but the best decision was running back to you," Arie said to Lauren. "I truly believe are my soulmate. I'm ready to face this life with you and all that comes with it. I love you so much. I wanted to do this in front of everyone because I want to show you that I should have done this a long time ago." Lauren also reveals that she does trust Arie despite the past occurrences.

There's a [celebrity wedding](#) in the works, but not the one we thought! What are some ways to make up your mind if you're torn between dating two people?

Cupid's Advice:

The universe works in mysterious ways and sometimes two important people will come into your life all at once. It can be difficult to decide who you truly want to be with! Fortunately, Cupid has some tips on how to decide who to date:

1. Make a list: Yes, the old-fashioned pros and cons list. Sit down and deeply ponder what each of these people have to offer. How do they make you feel? Who do you get more excited to see? Do you have similar plans for the future? Take time to really think about it and you can even try to spend two consecutive days with each of them to explore the best qualities in each.

Related Link: [Celebrity News: Justin Bieber Takes Selena Gomez As His Date to His Dad's Wedding](#)

2. Stick to your instincts: Who do you feel more natural with? The best choice is the person who you can sit in silence with

and still feel comfortable because your relationship just comes naturally. Be aware of these innate aspects. Also, try not to turn to multiple people for their opinions. Only you can determine what you truly desire. Listen to your heart.

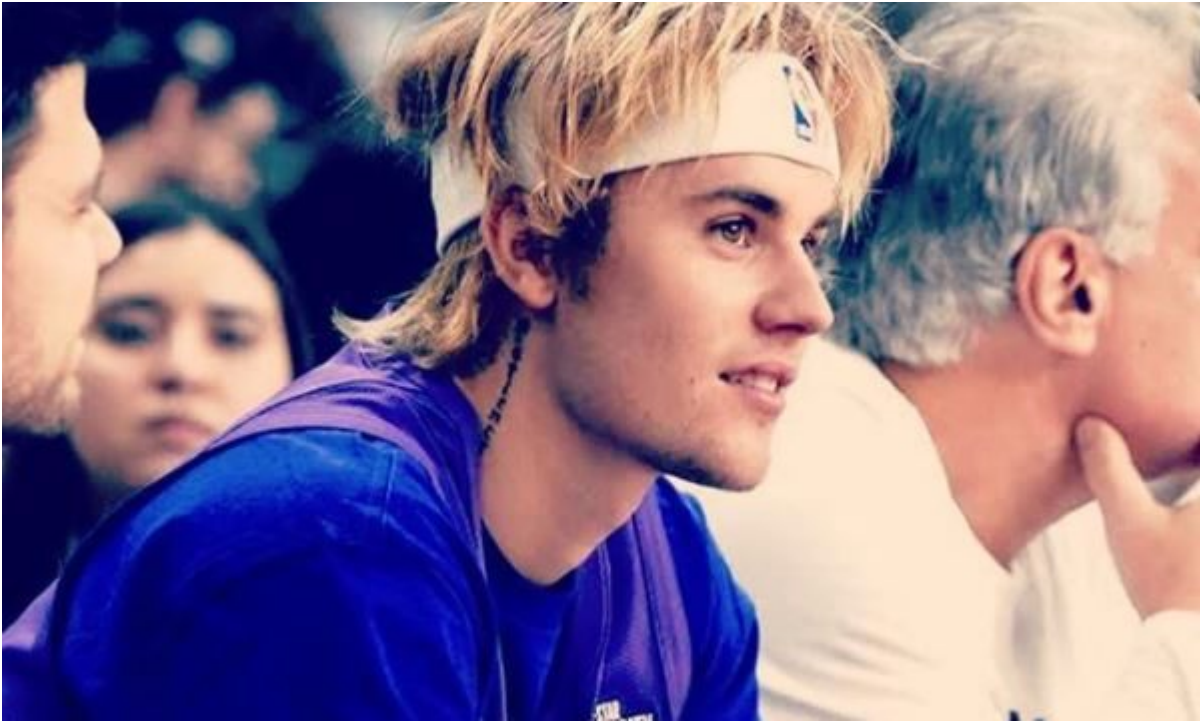
Related Link: [Celebrity News: 'The Bachelor' Arie Luyendyk Jr. Proposes In a Dramatic Finale Episode](#)

3. Don't rush: Hopefully there is not anything binding you to make a decision right away. Things take time and as long as you are not tampering with anyone's trust, it is okay to keep going as you are until you realize who is truly the best fit for you.

What are some other tips on how to make up your mind if you're torn between two people? Comment below!

Celebrity Break-Up: Did Miranda Lambert and Anderson East Split?





By

[Carly Horowitz](#)

In [latest celebrity gossip](#), rumors have been circulating about Miranda Lambert and Anderson East's [celebrity relationship](#). According to [UsMagazine.com](#), East has not posted any photos on Instagram with Lambert since November, and he hasn't liked any of her photos since December. Since these rumors have been present, the public has also noticed that East does not follow Lambert on Instagram. But, we are not sure if he ever did. It may be a large leap to judge a [celebrity break-up](#) by mere social media, but East performed on Bobby Bones' syndicated radio show on Wednesday, February 28, and sang a song about heartbreak: "If You Keep Leaving Me." We are not jumping to conclusions, but hopefully Anderson and East will comment on these [celebrity break-up rumors](#) soon!

Rumors are stirring about a potential celebrity break-up. What are some ways to decrease break-up

speculation?

Cupid's Advice:

People have a tendency to be nosy. They may begin to assume things in regards to your relationship if there are notable changes on social media, or in person. Whether these changes have any truth to them, it can be annoying to have people constantly discussing these rumors. Luckily, Cupid is here with some advice on how to decrease this talk:

1. Be honest: If you don't mind people knowing the truth, then share your break-up right after it occurs. This will stop people from formulating their own conclusions as to if you and your partner have broken up and why. Let people know about your break-up, and give them an explanation to the extent at which you feel comfortable so that further rumors don't begin to arise regarding the reasons why.

Related Link: [Celebrity Break-Up: Alicia Silverstone & Husband Christopher Jarecki Split After 20 Years](#)

2. Delete social media: After your break-up, you may want to take a break from social media anyway. Also, if you temporarily delete your social media during this time, it will decrease speculation that can form from people analyzing who you are following, who is liking your pictures, and such. Sometimes it's nice to take a break from it all.

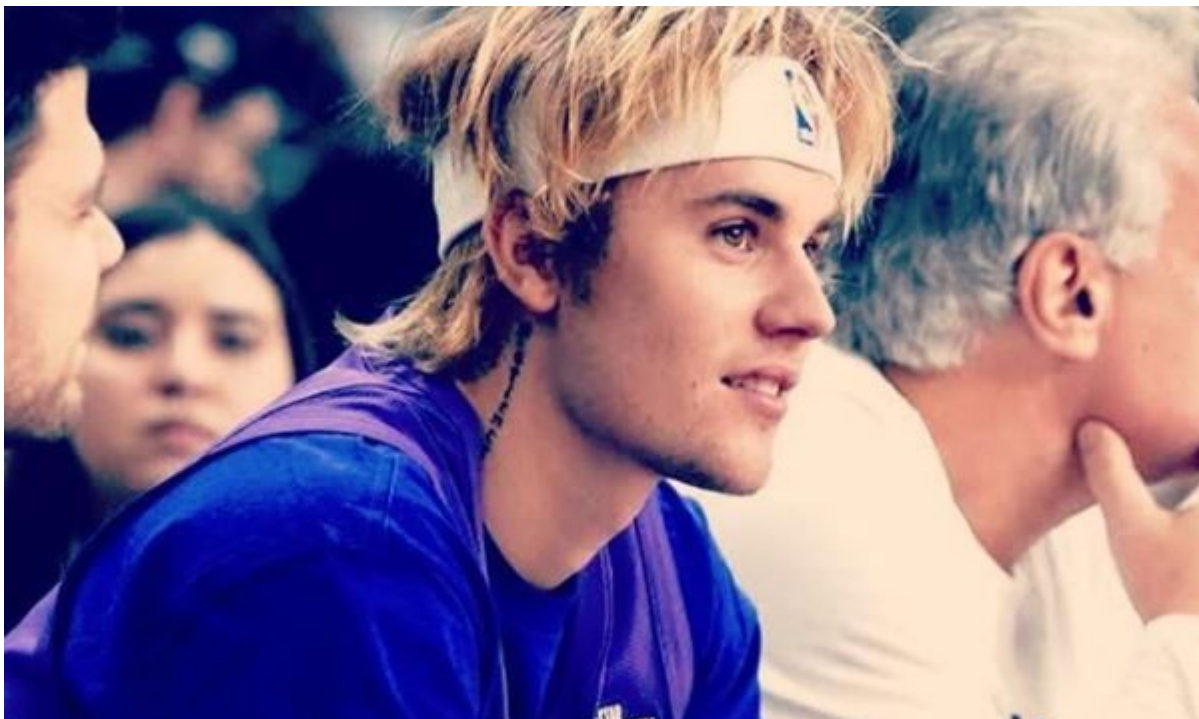
Related Link: [Celebrity Break-Up: Jennifer Aniston & Justin Theroux Announce Separation](#)

3. Be yourself: The number one reason why break-up speculation arises is because people notice changes in individual's personalities. If you and your partner actually did not break-up but you are just going through some other personal changes, let your friends and family know so that they don't assume

otherwise. If you and your partner did break-up but you don't want people to know yet, try your best to still act like yourself so speculation doesn't occur.

What are some other ways to decrease break-up rumors? Comment below!

Celebrity Break-Up: Alicia Silverstone & Husband Christopher Jarecki Split After 20 Years



By

[Carly Horowitz](#)

Actress Alicia Silverstone and singer Christopher Jarecki have split after 20 years of [celebrity marriage](#), according to [EOnline.com](#). This [celebrity break-up](#) is being handled in a very mature manner. Silverstone and Jarecki plan to co-parent their 6-year-old son Bear Blue Jarecki. Silverstone's rep said that this former [celebrity couple](#) still has love and respect for each other. Best of luck to the two in the future!

This long-time pair are calling it quits with a celebrity break-up. What are some solid reasons to separate after a long-term relationship?

Cupid's Advice:

Even if you have been with someone for a long time, sometimes you realize that you may be better off as friends. It can take a lot of time to truly get to know someone. It is not a waste if you realize that the person you have been with for so long is actually not the one for you. Cherish the moments that you did get to share together and be thankful for that wonderful time. Here are some common reasons that a pair may separate after being together for a long time:

1. Not enough in common: It takes time, and living together, to really realize how well you and your partner fit together. Sometimes it even takes raising a child together to actually find out that your relationship isn't the best suited. At first, you may have just been so in love that you did not realize the gaps in your relationship.

Related Link: [Celebrity Break-Up: Jennifer Aniston & Justin](#)

[Theroux Announce Separation](#)

2. It's just not there anymore: As sad as it is to say, sometimes people can fall out of love. That's not a bad thing though. Life happens and maybe you go through experiences that change you and make you realize some stuff that you weren't able to see before. Accept this realization and look forward to being just companions with your ex-partner.

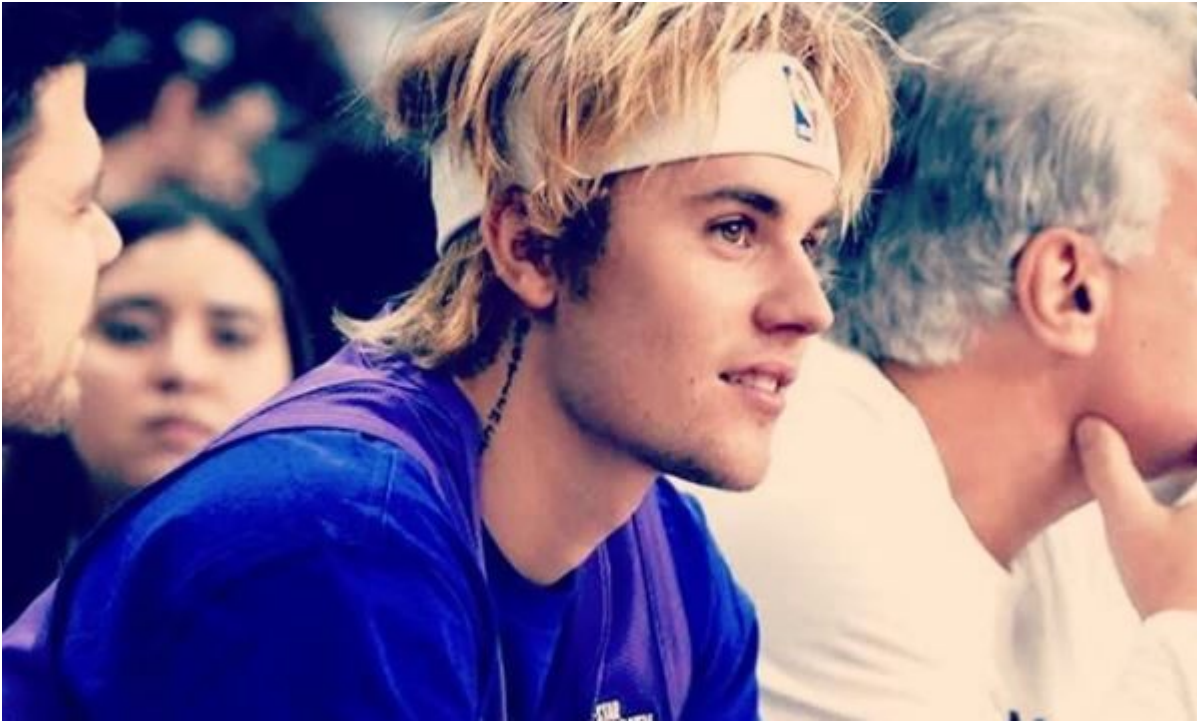
Related Link: [Celebrity Break-Up: Sarah Silverman Announces Split from Michael Sheen On His Birthday](#)

3. Lack of experience being alone: If you have been with someone for a long time, you may come to fathom that you don't know your true self anymore. It is easy to lose yourself in another person if you were not completely aware of your true being before the relationship started. It's not selfish to take the time to really get in touch with yourself outside of your long-term relationship.

What are some other reasons to end a long-term relationship? Comment below!

Celebrity Exes Demi Lovato & Wilmer Valderrama Reunite for Lunch Date





By

[Jessica Gomez](#)

In [celebrity news](#), celebrity exes Demi Lovato and Wilmer Valderrama were spotted having a lunch date at Sol Y Luna in Los Angeles, according to [UsMagazine.com](#). The former [celebrity couple](#) dated for six years, and their [celebrity break-up](#) occurred in the summer of 2016. However, Lovato and Valderrama sparked rumors last year when they were spotted together in multiple places. Could these two be reconciling their celebrity relationship or are they just good friends? We'll have to be on the look out!

These celebrity exes are either on good terms as friends or may be giving their relationship another try. What are some benefits to remaining friends with your ex?

Cupid's Advice:

Sometimes break-ups don't end badly, and in those times you may want to stay friends with your ex. Cupid has some advice on the benefits to staying friends with an ex:

1. They know you: If you guys end on a good note and stay cool with one another, then they can give you advice. The people we date get to know us in ways others don't. This comes in handy when it comes to your new relationship, because your ex can give you advice based on your past experiences and the fact that he indeed knows you in that way. Just make sure you are not dealing with a bitter or spiteful ex – you would not want to take the wrong advice.

Related Link: [Would Jennifer Aniston Get Back Together With Brad Pitt?](#)

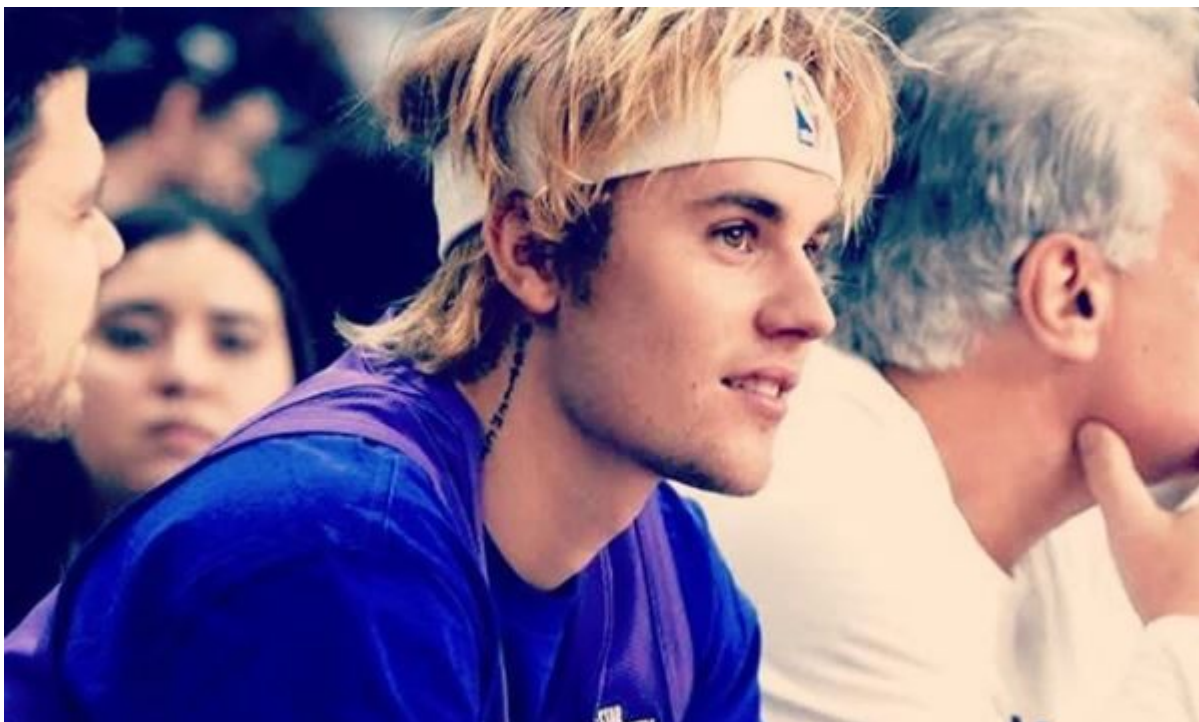
2. You've got history: It's a shame to let all that history go to waste if you are both decent people that get along well after the break-up. Just because your romantic relationship didn't work out doesn't necessarily mean that a friendship won't work. You never know – maybe you were not compatible as lovers, but you make great friends, and the history can make the friendly bond stronger.

Related Link: [Justin Theroux Found Post-Its from Brad Pitt During Jennifer Aniston Marriage](#)

3. You get closure: Becoming friends with an ex can be a path into getting over them, but only as long as you're both ready and willing to actually be friends. If you're friends, then you obviously should have let go of any resentment between the both of you. The past is in the past, and now you've got a friendship. You didn't have to lose a good person just because it didn't work out.

What are some reasons you stayed friends with your ex? Share with us below!

Celebrity Break-Up: Cheating Didn't Play a Role in Jennifer Aniston & Justin Theroux's Split



By

[Carly Horowitz](#)

The [Jennifer Aniston](#) and Justin Theroux [celebrity break-up](#) has been the [latest celebrity gossip](#) in everyone's ears the past few days. According to [UsMagazine.com](#), in order to decrease speculation, a source explained that cheating didn't play a role in the celebrity break-up between Aniston and Theroux. "The split is very mutual. They truly want each other to be

happy and wish the best for one another,” the source said. “Cheating is not the reason for the split and did not happen.” A source also said that even though cheating did not play a role in this split, distance may have.

This celebrity break-up didn't involve a cheating scandal. What are some ways to know if your partner is cheating?

Cupid's Advice:

It is definitely not beneficial to be on guard all the time about if your partner is cheating on you, but it isn't bad to be aware that it could happen. Here are some signs that may indicate that there is some infidelity occurring in your relationship:

1. Less time together: If you partner randomly begins to have less time for you, they may be spending time with someone else. Obviously if your partner just got a new job or is dealing with some occurrence, they might have less time to spend with you because of that. Talk to your partner and ask why your time together has decreased.

Related Link: [Celebrity Break-Ups: Charlie Puth Says Selena Gomez Romance Messed Him Up](#)

2. Emotional distance: You may begin to notice that something in your relationship just doesn't feel the same. You're not connecting on that emotional level anymore. That may just be because you have gotten very comfortable in your relationship, or it may indicate that the emotional energy that your partner used to put into you is now going towards someone else. Be open and bring this emotional distance to your partner's

attention.

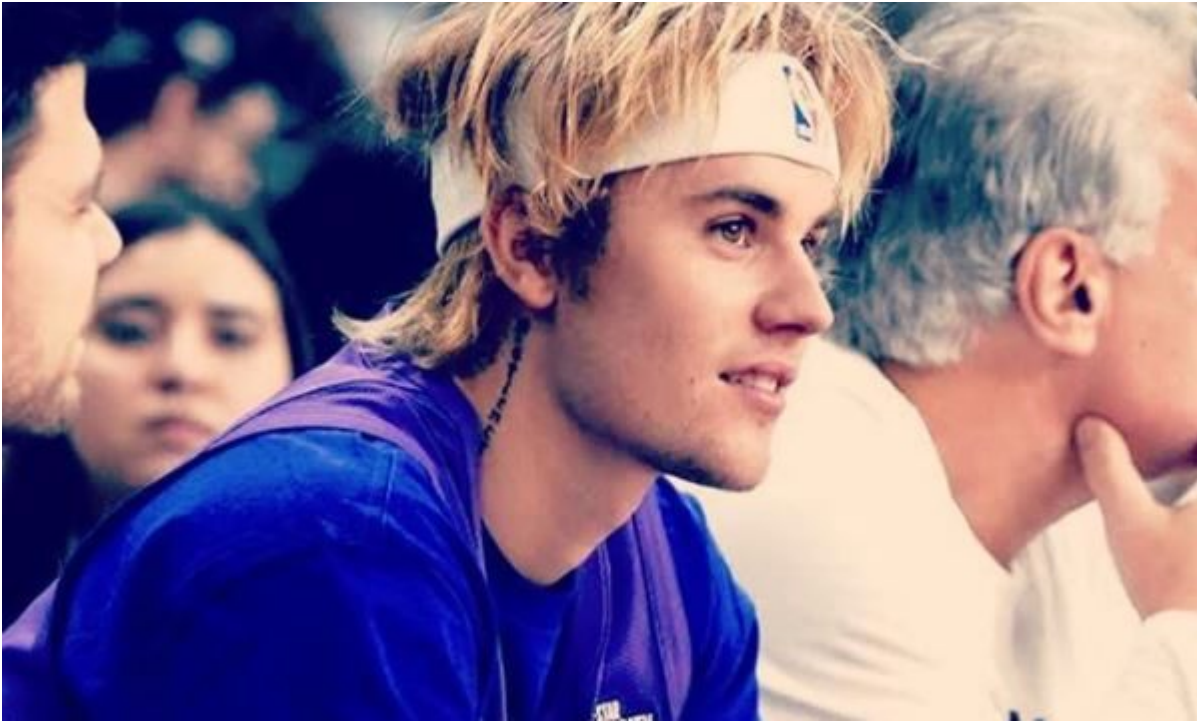
Related Link: [Are Nikki Bella & John Cena Calling Off Their Celebrity Wedding?](#)

3. They guard their phone: Your partner should be relatively open with their phones around you if they have nothing to hide. If out of the blue your partner starts making sure you cannot view their phone, that may not be a good sign. Overall, you can't be sure of anything unless you have proof and you don't want to go out searching for signs of cheating. Just live happily in your relationship and if you really do feel like something may be up, talk to your partner. Hopefully they will be honest with you.

What are some other indicators that your partner may be cheating? Comment below!

Celebrity Break-Up: Justin Theroux Found Post-Its from Brad Pitt During Jennifer Aniston Marriage





By

[Carly Horowitz](#)

In [latest celebrity news](#), Justin Theroux found post-it notes from [Jennifer Aniston's celebrity ex, Brad Pitt](#), during the time that he was together with Aniston. According to [UsMagazine.com](#), a source stated, "He stumbled upon old Post-it notes Brad had written. Sweet little Post-its like, 'You looked nice tonight' or 'Miss you already'." The source further explained that these post-it notes caused much controversy. The source goes on to say, "Jen assured him they weren't a big deal, but Justin wasn't thrilled ... Justin had moments of insecurity like that." Needless to say, details are still surfacing with regard to the Aniston-Theroux [celebrity break-up](#).

Details from this celebrity break-up are still emerging. What are some ways to keep the personal details of your relationship under

wraps post-split?

Cupid's Advice:

Personal details about your relationship are just that – personal. It can be a burden if these intimate details are being released. Post-split time is stressful in general. It doesn't need to be more stressful by details being revealed. Cupid is here with some advice on how to keep those personal details on the down-low after your break-up:

1. Be careful to whom you tell information: A relationship is usually between only two people. If you truly want to keep the details between you two, be meticulous about who you share your post-split details with. Even your best friend might not be able to keep the juicy details to themselves.

Related Link: [Celebrity Break-Up: Jennifer Aniston & Justin Theroux Announce Separation](#)

2. Get on good terms with your ex: Have a mature conversation with your ex and make sure you guys are on decent terms after your separation. Make it clear that you want to keep your information private. If you and your ex aren't on good terms, it could cause them to potentially leak information in regards to your relationship that you did not want exposed. Make sure you guys are on the same page.

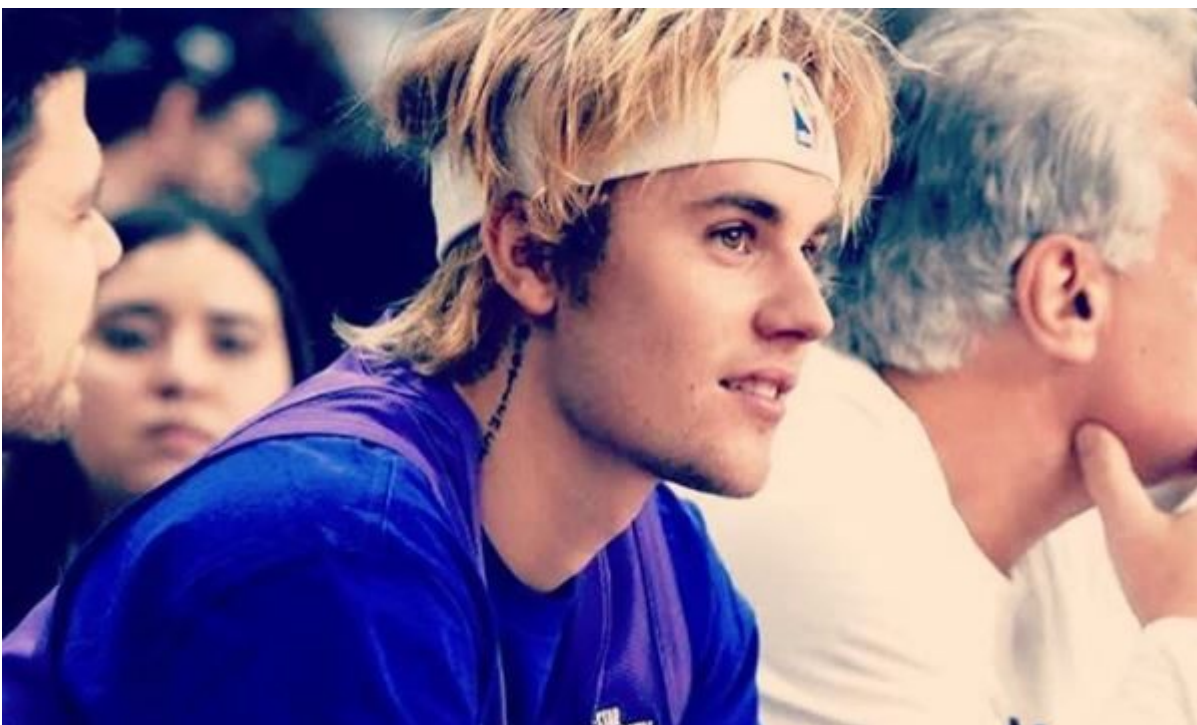
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3. Be straight forward: If you must expose information to someone post-split, be straight forward and make affirmative statements so that your words cannot be twisted and skewed. Say things like "We have moved on maturely", and just leave it at that.

How else can you keep your personal break-up details secret?

Comment below!

Celebrity Break-Up: Justin Theroux Had 'Reservations' About Marrying Jennifer Aniston



By

[Carly Horowitz](#)

In [latest celebrity news](#), it turns out that Justin Theroux did not view his [celebrity marriage](#) to [Jennifer Aniston](#) as a necessity. According to [UsMagazine.com](#), a source said, "Justin

was absolutely head over heels in love with Jen – and probably always will be – but marriage was never important to him.” The source further explains, “Marriage was always just a piece of paper to Justin, and he didn’t need it.” On the other hand, the source has the impression that Aniston contained different views- “Constant scrutiny of Jen’s personal life, including whether she would ever find her happily ever after, played a huge role in her marriage to Justin.” All in all, Aniston and Theroux seem to have enjoyed their time while it lasted, although some may argue that this lack of congruence from the start may have proved their [celebrity break-up](#) inevitable.

This celebrity break-up comes after some hesitation to get married in the first place. What are some ways to know you’re 100% ready for marriage?

Cupid’s Advice:

It is important that you and your partner are on the same page, especially when it comes to marriage. Here are some clues you can look for that can show you are ready for marriage:

1. You feel open: If the love you have for your partner leads you to a mindset of open-ness and excitement, than that is a good sign. It is great if you feel as if you would try anything or go anywhere as long as you have your partner by your side.

Related Link: [Celebrity Break-Up: Jennifer Aniston & Justin Theroux Announce Separation](#)

2. You see the world the same way: It is definitely a plus if

you and your partner have similar outlooks on life. Although, it is not an absolute necessity that you two agree on everything. Sometimes it is good to have some different views. Opposites attract! Overall, it would make for a smooth, healthy marriage if you and your partner at least had similar views on a majority of aspects.

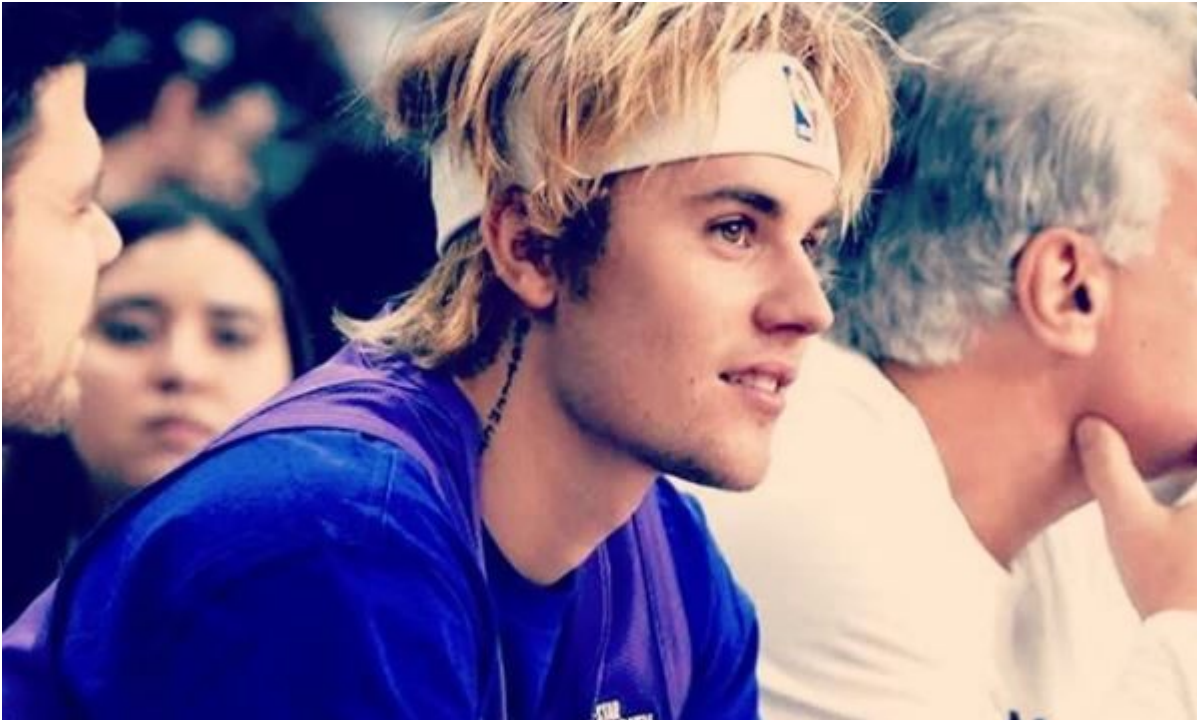
Related Link: [Celebrity News: What Reese Witherspoon Learned After Leaving an Abusive Relationship](#)

3. They bring out the best in you: The best part about marriage is that you have found someone that compliments your greatest attributes, as you do the same for them. If you love the person you are when you are with your partner, it may be time to walk down the isle!

What are some others things that can indicate you are ready for marriage? Comment below!

Celebrity Break-Up: Jennifer Aniston & Justin Theroux Announce Separation





By

[Carly Horowitz](#)

In [latest celebrity news](#), [Jennifer Aniston](#) and Justin Theroux have officially announced that they are separated. The former couple was wed secretly in August 2015. Now, this [celebrity break-up](#) was also kept until wraps until yesterday. According to [UsMagazine.com](#), the duo released a statement, saying, “In an effort to reduce any further speculation, we have decided to announce our separation. This decision was mutual and lovingly made at the end of last year.” The former [celebrity couple](#) wanted to release the truth despite false speculation. “Normally we would do this privately, but given that the gossip industry cannot resist an opportunity to speculate and invent, we wanted to convey the truth directly. Whatever else is printed about us that is not directly from us, is someone else’s fictional narrative.” Aniston and Theroux seem to have had a pretty peaceful celebrity break-up, as they also stated, “We are two best friends who have decided to part ways as a couple, but look forward to continuing our cherished friendship.”

This celebrity break-up comes after much speculation. What are some ways to keep your break-up just between you and your partner?

Cupid's Advice:

One of the worst things that can happen during a break-up is that other people get involved. Cupid has some ways to keep your split between you and your partner:

1. Don't post: In order to keep your break-up just between you and your partner, it is definitely a good idea to refrain from posting anything on social media that could cause break-up speculation. Posting nasty comments will only make you look bad.

Related Link: [Celebrity News: What Reese Witherspoon Learned After Leaving an Abusive Relationship](#)

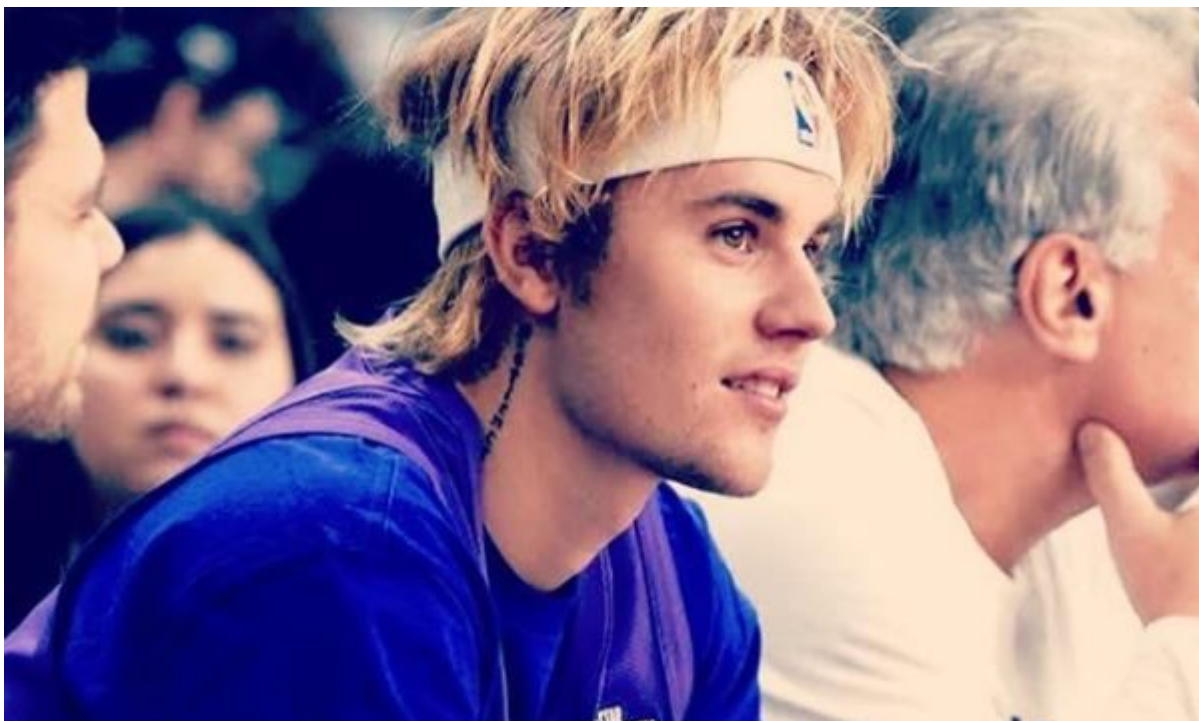
2. Stay in contact as friends: If you think it would be a healthy idea to stay friends with your ex, then go for it. This will also decrease speculation of a break-up because you and your partner will still be acquaintances.

Related Link: [Celebrity Break-Up: Sarah Silverman Announces Split from Michael Sheen On His Birthday](#)

3. Keep intimate facts to yourself: Even if the word of your break-up does get released when you were trying to keep it a secret, you can still decrease the false information that is out there by refraining from revealing intimate details regarding the break-up. You don't need to explain to anyone the reason why you broke up if you don't want you. Keep it short and simple, and just let people know that it is over, but that everything is okay.

What are some other ways to keep your break-up just between you and your partner? Comment below!

Celebrity Break-Up: Sarah Silverman Announces Split from Michael Sheen On His Birthday



By

[Carly Horowitz](#)

According to [UsMagazine.com](#), Sarah Silverman announced her [celebrity break-up](#) from Michael Sheen on his birthday without

realizing the unfortunate timing. Comedian Silverman was able to make light of the situation as she took to Twitter to reveal what she did: “The joke here is I just realized I posted our breakup tweet on his actual birthday and I can’t believe what a dick I am,” she wrote. “Can u believe it?? He said I wasn’t THOUGHTFUL. Jerk... Anyway, Happy Birthday, Michael...” This former [celebrity couple](#) dated for almost four years.

After four years, Sarah and Michael experienced a celebrity break-up. What are some ways to know it’s time to give up on a long-term relationship?

Cupid’s Advice:

Sometimes you can get so secure in a long-term relationship that it just seems easier to stay with your partner because it is comfortable. But even relationships that have lasted long may be due for a split. How do you know when? Cupid is here with some advice on how to know if your relationship may be ready for a change:

1. You only communicate when you have to: If you are in a long-term relationship, it may seem as if you already know so much about your partner. You may lose that curiosity that was fluttering in the beginning of your relationship. Therefore, you only talk to them when necessary. If you realize this is happening, you can work to change it, but if it feels too forced, that’s when you know.

Related Link: [Celebrity Break-Up: Lena Dunham & Jack Antonoff Split After 5 Years Together](#)

2. Time with each other is scarce: In relation to the point mentioned above, sometimes you can get so close to your partner that you stop going out of your way to make time for cute dates and just special time together in general. Again, you can work to change this, but you need to make sure that your partner is in on it, too. Be open and communicative, and make the effort if you feel as if your relationship is worth saving.

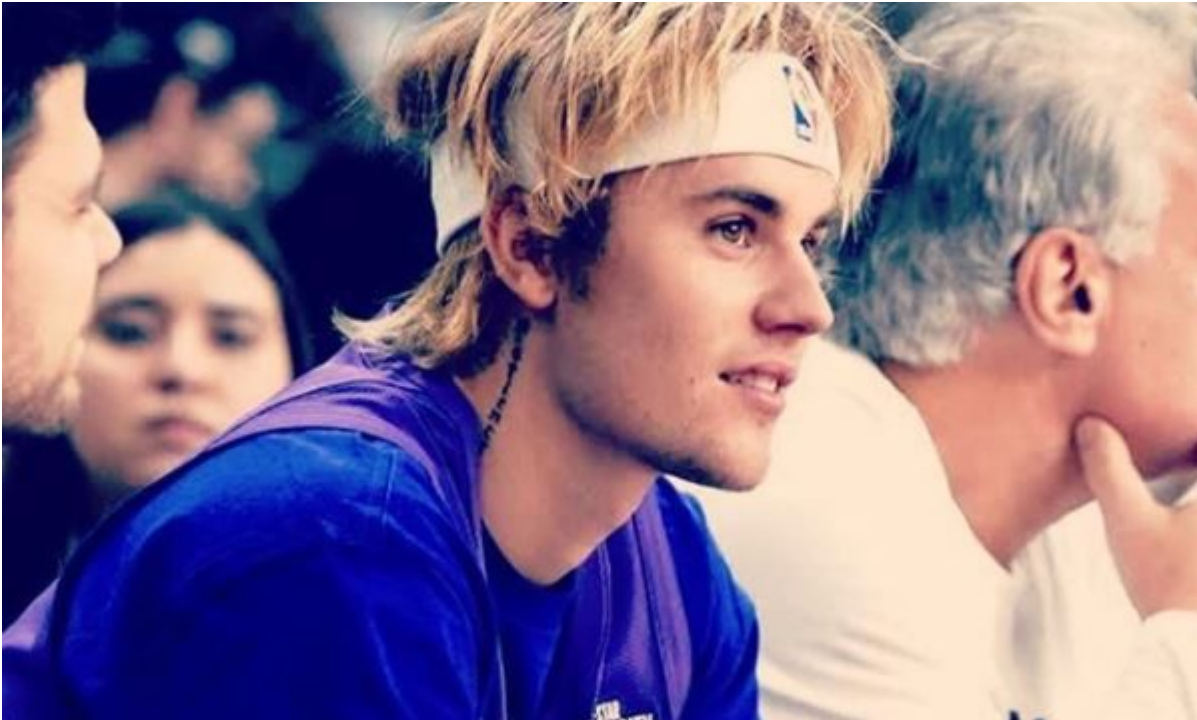
Related Link: [Celebrity Break-Up: How Jennifer Lawrence & Darren Aronofsky's Age Difference Led to Their Split](#)

3. You're just not happy: It is painful when you really do love your partner but you are just not happy in your relationship anymore. It takes maturity to realize this. If you discern that you are simply not happy anymore, bring it up to your partner and see if they are on board for making changes in your relationship. Although, sometimes the best change of all is to take time for yourself and realize your true capabilities outside of this long-term relationship.

How do you know when it's time to end a long-term relationship? Comment below!

Celebrity Break-Ups: Jennifer Meyer Says Tobey Maguire Is the 'Greatest Ex-Husband'





By

[Carly Horowitz](#)

In [latest celebrity news](#), Jennifer Meyer classifies her [celebrity ex](#) Tobey Maguire as her “best friend”. According to [UsMagazine.com](#), this [celebrity break-up](#) worked out as well as can be expected, as the couple really put their children first. After being together for nine years and having two children together, daughter Ruby, 11, and son Otis, 9, Meyer and Maguire have seemingly cracked the code to healthy celebrity break-ups.

This celebrity break-up didn't leave any hard feelings. What are some ways to build a friendship with your ex after a break-up?

Cupid's Advice:

It takes a good amount of maturity and open-mindedness to be able to co-exist with your ex in a healthy manner without any hard feelings. It's so important to make it work for your

kids, and getting along helps with the process. Even if you don't share children together, it is still possible to build a friendship with your ex after a break-up. Cupid has some advice:

1. Don't doubt the break-up: If you are going to commit to being friends with your ex, then that is exactly what you have to do. Get it through your mind that this is no longer a person that you look at in a romantic way. They are your friend. With that said, you both may need some mourning time before you begin to form a friendship. Allow that time for yourselves before forcing things. Once you do venture down the path of friendship, try not to get so close that you begin to doubt that you broke-up in the first place. If it is meant to be, it will be, and you can make that judgement call along the way. That being said, try to stick to just being friends again at first.

Related Link: [Celebrity Break-Up? Nina Dobrev & Glen Powell Taking Time Apart Amid Busy Schedules](#)

2. Accept the new relationship: Don't go into the friendship with your ex with the same expectations that you had when you were in a relationship with them. It is going to be different. You won't spend as much time together and the way you interact is going to be altered. Don't get hung up on the past and long for that relationship. Rather, embrace this new pleasant friendship that you have formed.

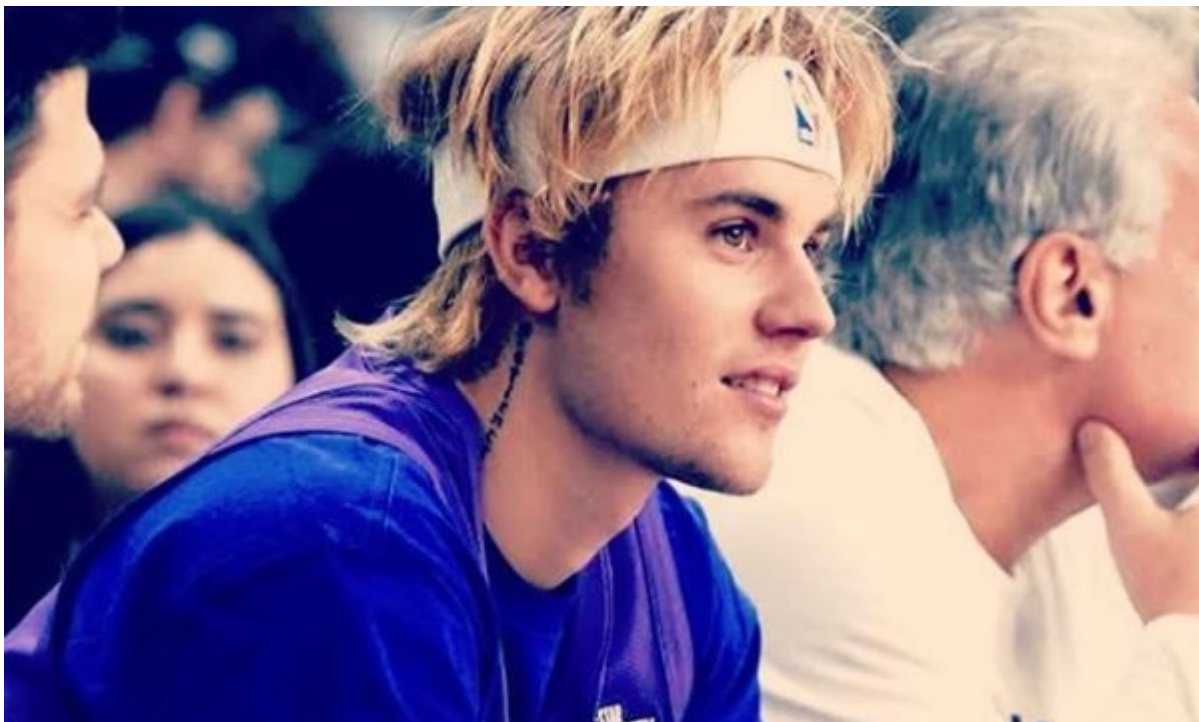
Related Link: [Celebrity Break-Up: Jennifer Hudson's Ex David Otunga Will Fight for Primary Custody of Their Son Post-Split](#)

3. Go into it with a positive attitude: This is the key for everything. If you keep your mind focused on the fact that you are excited to have this healthy new friendship with your ex, then that is what will occur. If you litter your mind with doubt that this won't work out or you feed into the disapproving thoughts of others, you will become consumed with

looking for a reason to make it not work. Stay positive!

How have you made efforts to build a friendship with your ex?
Comment below!

Celebrity Break-Up: 'Vanderpump Rules' Star Sheana Marie & Robert Valletta 'Kind of Broke Up'



By

[Ashleigh Underwood](#)

[Celebrity couple](#) Sheana Marie and Robert Valletta are in the

midst of a [celebrity break-up](#)...or are they? According to [UsMagazine.com](#) the couple announced their split via an Instagram comment section. A fan asked Valletta where his “beautiful girlfriend” was, and Valletta responded with “sadly we broke up, we are still amazing friends and we adore each other. We will see what happens.” However, it seems as though the the pair are still on, since they have been on several dates since then. While this [celebrity relationship](#) is in a tricky spot, they continue to have hopes of working things out and are still planning a future together.

There may have been a celebrity break-up in Hollywood, but we're not quite sure. What are some reasons to avoid being wishy washy about your relationship?

Cupid's Advice:

Not knowing what you want or where you want to be in your relationship can cause a lot of issues within yourself and your relationship. Here are a few more reasons to avoid being wishy washy in your relationship:

1. It can be confusing: If you are on the fence about your relationship, your partner could easily get confused. If there are at a certain level in the relationship that you're not at yet, they may not understand what is going on. They may begin to wonder if you are as committed as they are or if you really want to be with them. It is best to make up your mind about them and communicate it clearly.

Related Link: [Marriage Advice from Celebrity Couples Who Stay Together](#)

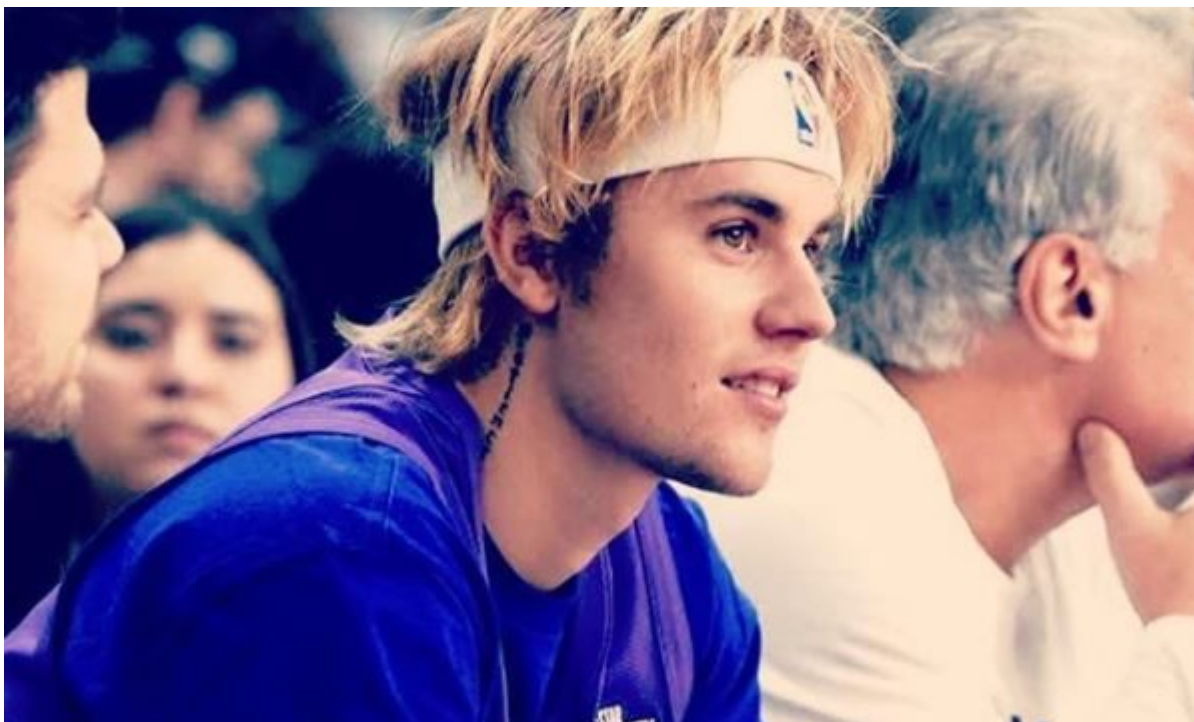
2. Feelings are at risk: If your partner feels that you both are on the same page when it comes to your romance but you are really several steps behind them, their entire world will apart when they figure it out. When you are wishy washy about your relationship, you are easily leading on your partner unless you make it clear that you are unsure. This way, they will not be blind sided by your feelings and they can adjust their expectations in the relationship.

Related Link: [Dating Advice for Dealing with the Break-Up Blues](#)

3. You might settle: Sometimes, when we are unsure about something, we settle with what we have instead of making a hard choice. If this happens in a relationship, you will regret always. Instead of being comfortable with your indifference, make the decision. If you think that this relationship is the one you want, go for it. If you can't see yourself with your partner in the future, end it now.

How do you make up your mind about a relationship? Comment below!

**Celebrity Break-Up:
'Bachelor' Nick Viall
Addresses Being Single After
Split from Vanessa Grimaldi**



By

[Ashleigh Underwood](#)

As much as we wish it weren't true, *The Bachelor* doesn't always end with a fairy tale. Sadly, such is the case for [celebrity couple](#) Nick Viall and Vanessa Grimaldi. After being engaged for several months, the couple announced their split in August and embraced single life. In a recent [celebrity interview](#), Viall finally opened up about being single. According to [UsMagazine.com](#), Viall said, "It's never fun, right? I don't know. Being single kind of sucks. But what can you do?"

This celebrity break-up talk has us feeling bad for this *Bachelor*. What are some ways to embrace the single

Life after a split?

Cupid's Pulse:

Break-ups are always tough and can be hard to handle. While there is no magic cure to the pain of heartbreak, here are a few ways to embrace single life:

1. Focus on you: There is no better time to spoil yourself and learn about who you are, than when you are single. When you become single, you are flooded with a large amount of free time. This can be overwhelming and disheartening if you don't know how to fill that time. So, instead, spend this time trying new things and learning about yourself.

Related Link: [Celebrity Break-Up: Nick Viall Says He Still Loves Vanessa Grimaldi Post-Split](#)

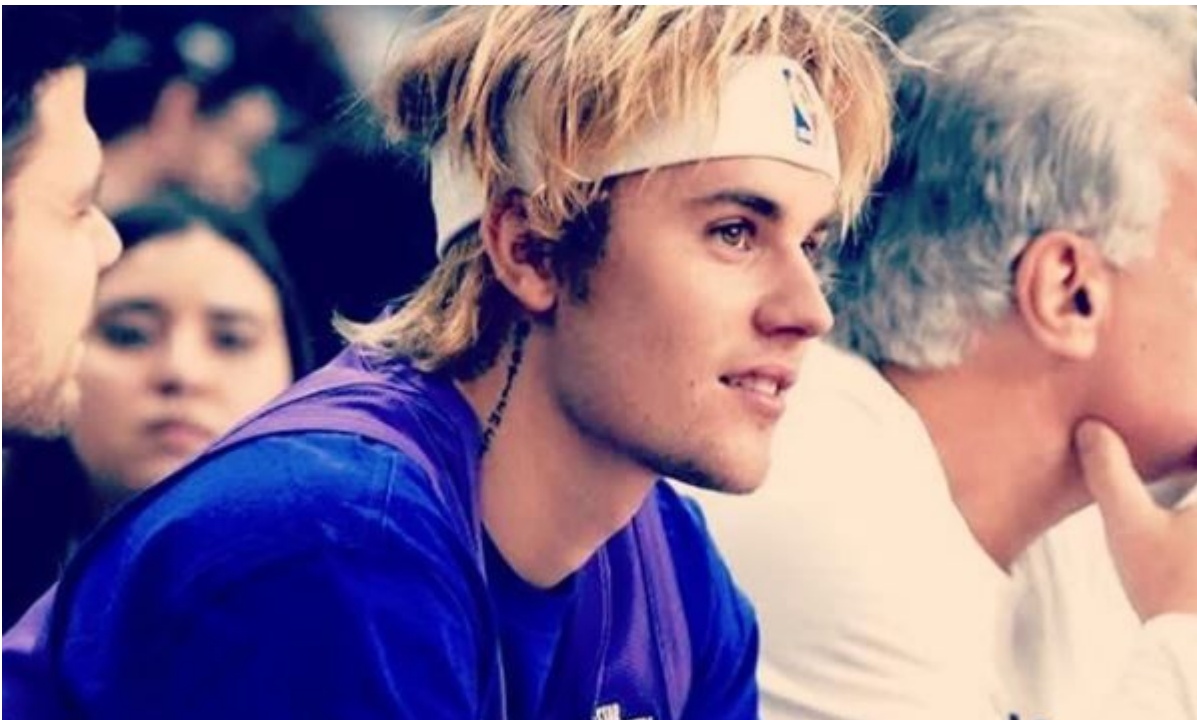
2. Be with your friends: Being in a relationship sometimes means that you have less time to be with your friends. When you are single though, you have endless time to be with your friends and catch up. They are the ones who will carry you through this break up and stand by your side no matter what. So, take this time to be with your squad and live it up.

Related Link: [Single Celebrity: Bachelor's Ashley Iaconetti Isn't Interested in "Random Dates"](#)

3. Travel: What better way to move on from a break-up than to travel the world. Take some days off of work and live it up in a new town, new country, new scenery. Any place you go will be uplifting to your soul and will help you embrace single life even more.

How did you embrace single life? Comment below!

Celebrity Break-Up: Anna Faris Is 'Fantastic' Amid Chris Pratt Divorce, Says Allison Janney



By

[Melissa Lee](#)

It's been a couple of weeks since Anna Faris and Chris Pratt shocked Hollywood with their [celebrity break-up](#), but it seems as though Faris is doing fine despite the [celebrity divorce](#) proceedings. Faris' co-star Allison Janney revealed to [UsMagazine.com](#) that Faris is "fantastic" and extremely professional when coming into work. "It's good to have things

like work to hang on when you're going through a difficult time," says Janney. Faris and Janney presented an award at the 69th Primetime Emmy Awards this past Sunday, and while Pratt did not make an appearance, he told photographers that he thinks she did a great job. Kudos to these exes for staying civil during such a difficult time!

It looks like Anna Faris is keeping it together amid her divorce! What are some ways to stay strong during a split?

Cupid's Advice:

Splits can get messy and difficult, but Anna Faris seems to be handling hers quite well. If you find yourself struggling to stay strong during a break-up, check out Cupid's tips:

1. Try to make it positive: We know it's easier said than done, but try looking at the break-up in the most positive way possible. Even though it can be *super* sucky, remind yourself that relationships tend to be learning experiences. Sometimes they don't work out or you two aren't meant to be, and that's totally okay. Commend yourself for getting this far and keep it moving.

Related Link: [Celebrity Break-Up: 'Bachelor in Paradise' Star Amanda Stanton Opens Up About Her Split from Robby Hayes](#)

2. Stay civil: Instead of bad-mouthing your ex and possibly starting drama regarding the former relationship, try your best to stay civil with them. Faris and Pratt seem to be doing a great job doing this, especially since they have a child together. If you make an effort to be civil with your ex-lover, you'll start to feel less angry with them. It'll be a gradual process, but totally worth it in the end.

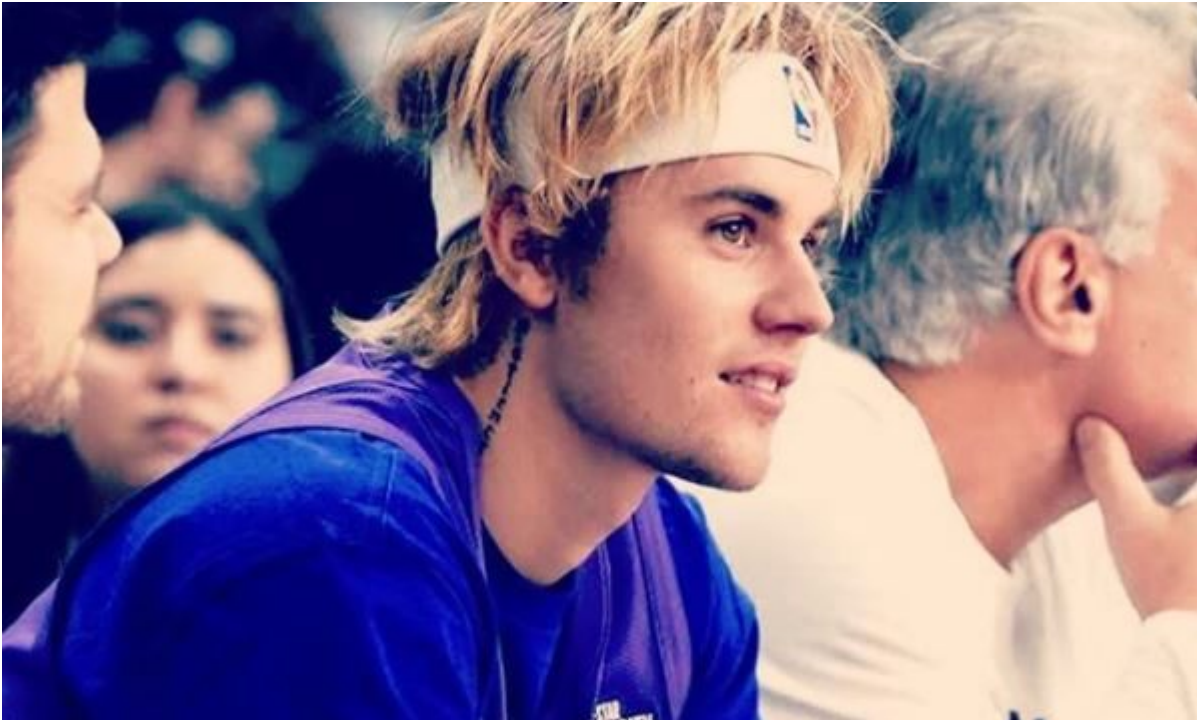
Related Link: [Celebrity Divorce: Fergie and Josh Duhamel Call It Quits](#)

3. Focus on yourself: Take this time to do activities that will make you feel stronger, whether it be physically or mentally. Head to the gym and begin a healthier lifestyle, or take up yoga or meditation. Regardless of what will make *you* feel like a more positive human being, try out this tip to ensure staying strong during this tough time.

What is your advice for staying strong during a split? Leave your thoughts below.

Celebrity Break-Up: Sarah Hyland Said Summer 'Sucked' Post-Split from Dominic Sherwood





By

[Melissa Lee](#)

Sarah Hyland recently posted a rather aggressive summer goodbye on her Instagram after dealing with a tough [celebrity break-up](#) this season. Hyland captioned her picture, “goodbye summer! You’ve sucked”, making sure to add a few middle finger emojis. Hyland and her former boyfriend, Dominic Sherwood, split after two years of dating. Despite the break-up, [UsMagazine.com](#) says that the exes will continue to stay friends and will always respect one another.

This celebrity break-up left a bad taste in Sarah Hyland’s mouth. What are some ways to get over your break-up enough to enjoy what life brings your way?

Cupid’s Advice:

Break-ups are never easy, and Sarah Hyland can easily attest

for that. Even though it's important to go through the stages of a break-up, there comes a point where you need to move forward with your life. Check out some of Cupid's tips on finally getting over your ex:

1. Focus on yourself: Take a page out of Khloe Kardashian's book and use the break-up as a way to completely focus on yourself. Head to the gym and get fit, or start a new hobby that you've been meaning to get to. Either way, by doing things for yourself that positively impact your physical or mental state, you'll slowly start to feel so much better.

Related Link: [Celebrity Couple News: Chloe Green Denies Engagement to 'Hot Felon' Jeremy Meeks](#)

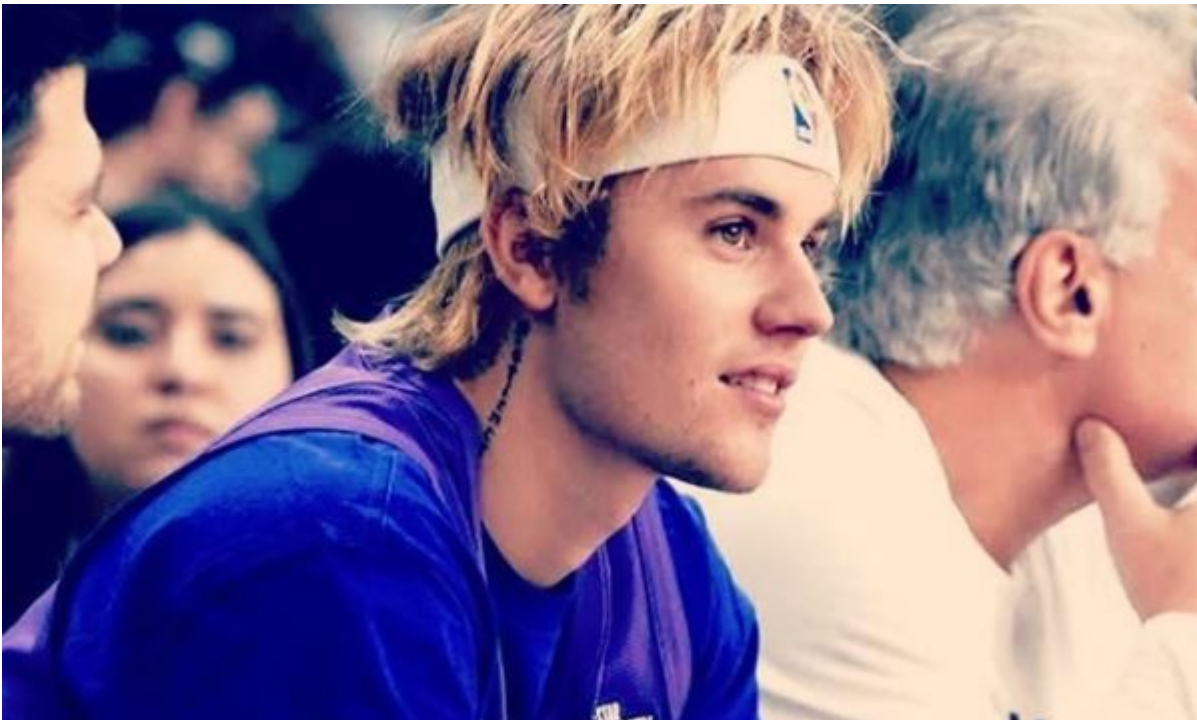
2. Get back out there: Although it may be hard to do at first, the best way to completely move on from a relationship is to start meeting new people. It doesn't necessarily mean you need to date anyone or commit to anything, but by pushing yourself to meet other people for a potential romantic interest, it can be a great tool for moving on.

Related Link: [Celebrity Wedding: Sarah Michelle Gellar & Freddie Prinze Jr. Celebrate 15th Anniversary](#)

3. Don't be hard on yourself: The most important thing to remember is that you should never be too hard on yourself during the process. Break-ups are difficult for every party involved, so don't get upset if it takes you a little bit longer. By taking the time you need, you will move on when you're ready, and it'll make your next relationship that much better.

What are some of your tips for moving on from a break-up? Leave your thoughts below.

Celebrity Break-Up: Nick Viall Says He Still Loves Vanessa Grimaldi Post-Split



By

[Melissa Lee](#)

It seems like there's always drama in *Bachelor Nation*, and this week is no exception. After season 21 *Bachelor* Nick Viall and Vanessa Grimaldi announced their split last week, Viall broke his silence regarding the situation. "I still love her very much. I'm not afraid to say that," Viall admitted at the Wrangler by Peter Max line debut party. According to UsMagazine.com, he wants to stay friends with Grimaldi, despite the difficulty of the separation.

This celebrity break-up really wasn't that shocking. What are some ways to know you're not a good match with someone?

Cupid's Advice:

Heartbreak is real, but it comes as a result of realizing the person you're dating just isn't for you. If you're wondering whether or not your partner is a good match, check out some of Cupid's advice below:

1. Differences and similarities: Although they say opposites attract, there is such a thing as *too many differences*. If it gets to a point where you realize that the differences between you two are starting to take a toll on your relationship (and result in frequent arguments), it might be a sign that you're not the best match. Differences in morals, attitudes, and personalities can be an on-going conflict in relationships, so make sure to pay attention.

Related Link: [Single Celebrity: Bachelor's Ashley Iaconetti Isn't Interested in 'Random Dates'](#)

2. Comfort level: Ideally, you would like to feel completely comfortable around your significant other, right? But... what if this isn't the case, and you can't imagine yourself ever getting particularly comfortable around them? This would be a cause for concern. Your partner should be someone that never judges you, so if you feel like this isn't the case, it may be something you need to think about.

Related Link: [Celebrity Couple News: George & Amal Clooney Enjoy Date Night in Lake Como](#)

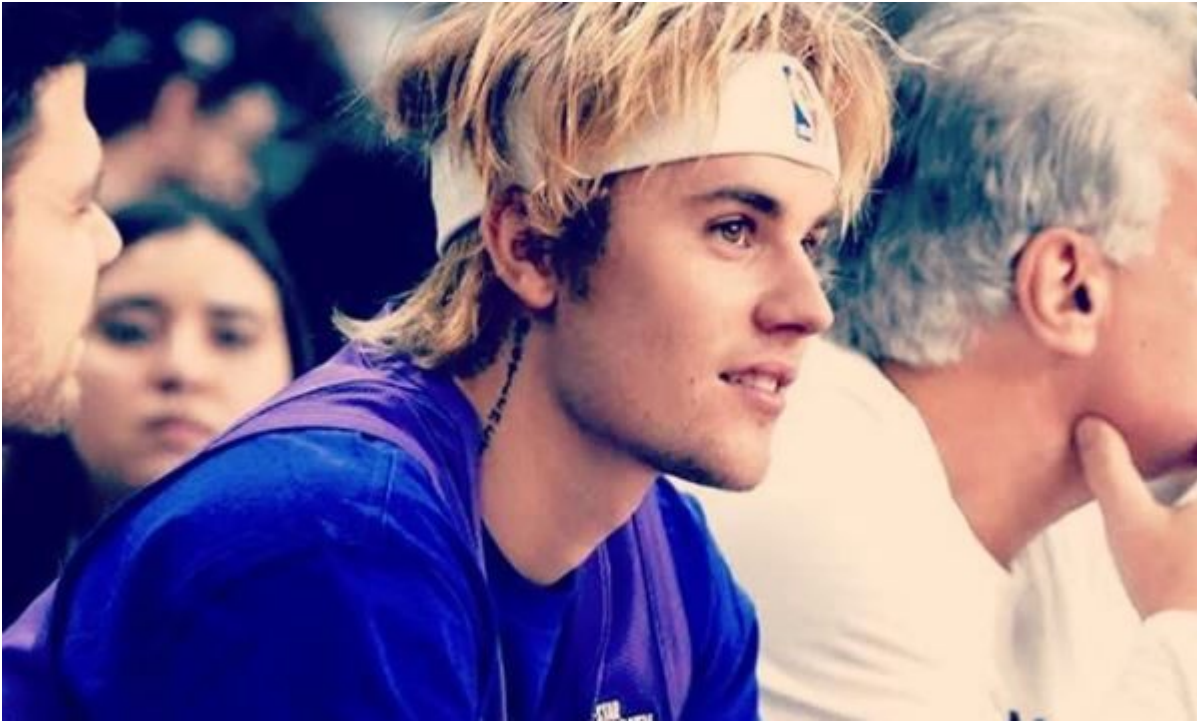
3. Think forward: Do you see yourself having a future with

this person? If you are dating seriously, it's important to think forward about whether or not you think things will last. If they have qualities that you personally don't want in a longterm partner, this could be a sign that you two aren't a great match. Although it's fun to casually date as well, you need to keep in mind what you would like to get out of the relationship.

How do you know someone you're dating isn't a good match for you? Leave your thoughts below.

Celebrity Breakup: 'The Bachelor' Couple Nick Viall and Vanessa Grimaldi Call Off Wedding Engagement





By [Ma](#)

[rissa Donovan](#)

Bad news for those rooting for Nick Viall and Vanessa Grimaldi to get married soon. The celebrity couple has split up! According to [EOnline.com](#), [The Bachelor](#) couple shared a joint statement on their [celebrity break-up](#) and there's a great amount of heartbreak for the both of them. Before their split, the [Reality TV](#) stars were determined to not let the *Bachelor* curse effect their relationship. We hope the two can find love again and maybe star on [Bachelor in Paradise](#) in the future.

This [celebrity news](#) is upsetting to hear! What are some benefits of sharing your break up news with your ex vs. doing it alone.

Cupid's Advice:

Telling people that your relationship has ended is upsetting. Depending how the relationship ended, you might find yourself

able to break the news with your former partner. Here are the perks of sharing your break up news with your ex compared to doing it alone:

1. You've ended on good terms: There's a good chance you ended your relationship on good terms if your ex is willing to spread the news about your split. Most exes are too hurt to come together to share bad news about their former relationship. It's a good sign that they want what's best for the both of you.

Related Link: [Celebrity News: 'Bachelor' Stars Nick Viall & Vanessa Grimaldi Attend 2017 MTV Movie Awards](#)

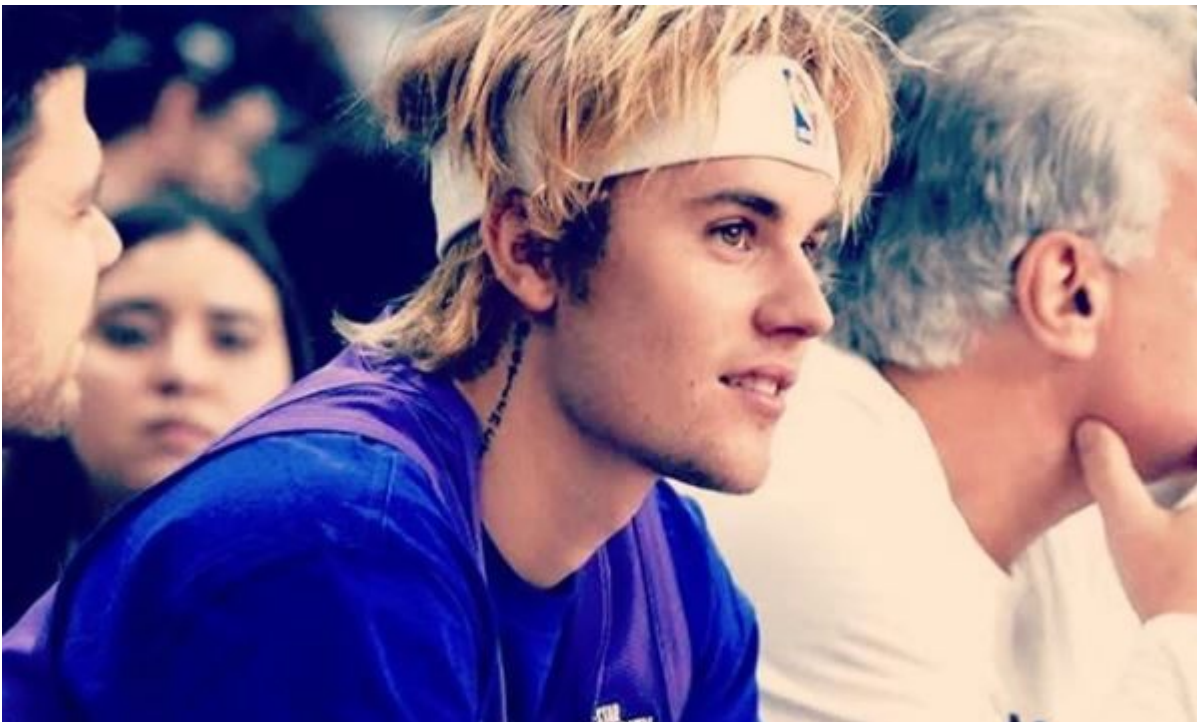
2. You can be civil from now on: Ending things together will allow you to be civil in the future, instead of being spiteful or sad about the break up. You do not have to be best friends with your ex, but it's good that you can move on from the relationship without any emotional bruises.

Related Link: [Celebrity Wedding: 'Bachelor' Alum Nick Viall Explains Why He and Vanessa Aren't Planning a Televised Wedding](#)

3. People will respect how you both handled it: It's a sign of maturity that you can both stay strong and help each other work toward a new beginning by ending things together. People may ask if there's a chance you may get back together. That's another discussion you can have if you both change your mind about breaking up.

What do you think the future holds for these two celebrities? Let us know in the comments!

Celebrity News: Allison Janney Reveals How Anna Faris Is Handling Split from Chris Pratt



By [Ma](#)

[rissa Donovan](#)

Anna Fari's co-star Allison Janney recently shared how Fari has been doing on set of *Mom* since her [celebrity break-up](#) from Chris Pratt. According to [EOnline.com](#), Janney believes that Fari has been a trooper through her split and has remained professional while working. Janney is also close with Pratt and was sad to hear the news when the former [celebrity couple](#) called it quits. The newly [single celebrity](#) has kept a smile on her face and continues to work hard. We hope Fari and Pratt can continue staying strong!

This [celebrity news](#) has us happy for Anna Faris. What are some ways to cope in the workplace after a very recent break-up?

Cupid's Advice:

Moving on after a break-up is not a cake walk, especially when you have to continue working. Here are some [relationship tips](#) for how to cope in the workplace after your most recent split:

1. Take on new projects: Some may say taking on new projects after a break-up might be risky since you might not be in the best state of mind. It's actually a good start to channel all your anger and sadness into something positive. You may even find yourself impressing your boss or co-workers.

Related Link: [Celebrity Break-Up: Anna Faris Opens Up About Split from Chris Pratt](#)

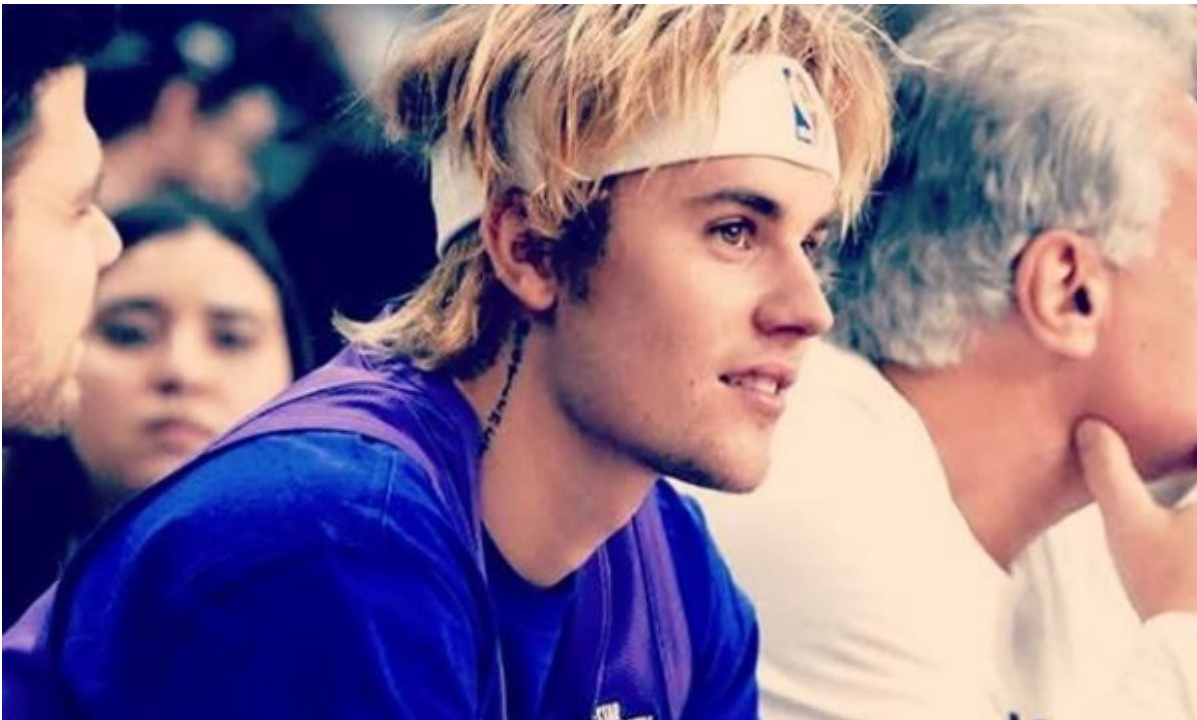
2. Socialize more during lunch breaks: Put yourself out there during lunch breaks! Socializing will help relax your post break-up anxiety and keep you from dwelling on old feelings. You might end up becoming closer with your co-workers, plus it will help your networking abilities!

Related Link: [Celebrity Break-Up News: Anna Faris and Chris Pratt Split After 8 Years](#)

3. Organize your workplace: Clean up your office space or work site as a therapeutic way to cope with your current emotions. Break-up are great for starting over and your work space could probably use a make over as well!

How can you cope in the workplace after a break up? Let our readers know in the comments!

Celebrity Break-Up: Anna Faris Opens Up About Split from Chris Pratt



By

[Melissa Lee](#)

Earlier in the week, former Hollywood [celebrity couple](#) Anna Faris and Chris Pratt announced that they were separating from one another. Though the news was revealed via social media, Faris finally broke her silence after opening up on her podcast, *Unqualified*. She offered relationship advice to one heartbroken listener, eventually hinting at her own situation with Pratt. [People.com](#) reported that Faris found herself feeling lost in relationships, explaining that one should

always know their worth and independence.

This celebrity break-up has left Hollywood shocked and sad. What are some factors to consider when it comes to independence in a relationship?

Cupid's Advice:

After eight years of marriage, coming to terms with divorce must have been a hard pill to swallow for both Anna and Chris. It seems like a lot of the issues stemmed from Anna's struggle to understand her independence in the relationship. If this situation sounds familiar to you, head below to read some of Cupid's tips:

1. Try not to lose yourself: In serious relationships, it can become increasingly difficult not to lose sight of the person you are at heart. At times, we may find ourselves changing our likes and dislikes (among other things) simply due to our partner. While there's nothing wrong with change, you should always remember who you are. You should know your boundaries, in addition to knowing when you've changed *too* much. At the end of the day, you should always recognize the person you are.

Related Link: [Celebrity News: 'Bachelor in Paradise' Stars Carly Waddell & Evan Bass Discuss Surprise Pregnancy](#)

2. Do things on your own: Going out to eat, trips to the super market, and walks in the park are always fun to do with your sweetheart, but that doesn't mean you should do *everything* with them. If you are constantly performing tasks and going places with your partner – and find yourself having

difficulty doing the same things by yourself – you may be losing your independence as a human being. While it's enjoyable to have company when doing mundane tasks, you should still be taking the time to embrace your independence by doing things on your own as well.

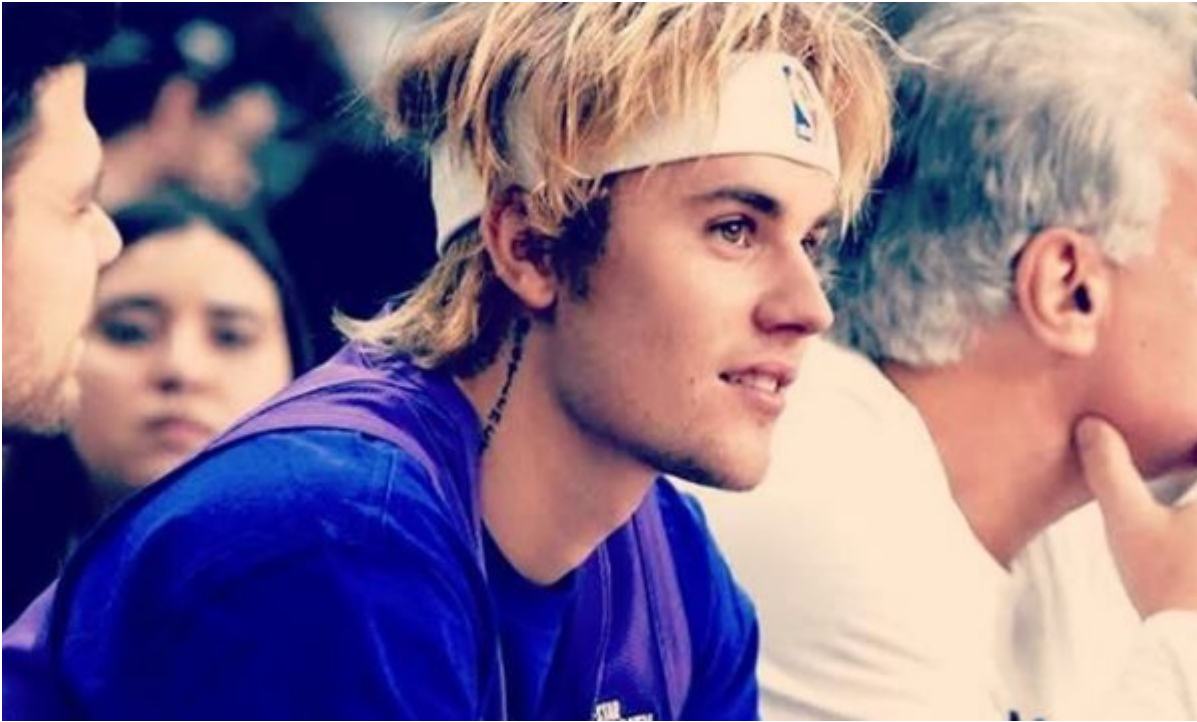
Related Link: [Celebrity Break-Up: 'Flip or Flop' Star Christina El Moussa Officially Files for Divorce from Tarek](#)

3. Never stop working on yourself: A common misconception is that it's harder to grow as a person when you are in a relationship. This can be true at times, but that's usually because you're not putting the work in. Regardless of the relationship you find yourself in, you should never stop working on yourself. You should always take the time to do beneficial things for yourself, along with putting yourself first every now and then.

What are some of your tips for keeping your independence when in a relationship? Leave your thoughts below.

Celebrity Exes: Josh Murray Is 'Thankful' Ex Amanda Stanton Is Dating Robby Hayes





By

[Melissa Lee](#)

In *Bachelor Nation* news, Josh Murray claims that he's unbothered by his ex Amanda Stanton's current romance with *Bachelor In Paradise* co-star Robby Hayes. Stanton and Murray were engaged before their [celebrity break-up](#) in December 2016 after a string of events that caused the relationship to become toxic and unhealthy. According to [UsMagazine.com](#), Murray moved on awhile ago. "I'm dating, I'm doing a lot of things, and I wish them nothing but the best."

Josh Murray isn't jealous his celebrity ex is dating someone new; quite the opposite! What are some ways to deal with your ex moving on with someone new?

Cupid's Advice:

Break-ups are already tough enough, but things can get even harder when your ex has officially moved on. If you have found yourself in a similar situation, check out some of Cupid's advice to get you through it:

1. Accept it: It's harsh, but the first thing you have to do is accept the fact that your former lover has moved on. Understand that this is most likely for the best so you can do the exact same thing. Use this as an opportunity to rid yourself of any lingering feelings, and move forward with your own life.

Related Link: [Celebrity Couple News: 'Bachelor In Paradise' Star Amanda Stanton Opens Up About Dating Robby Hayes](#)

2. Focus on yourself: While it may be difficult to ignore the thoughts surrounding your ex's new relationship, use it as fuel to work on yourself. Give yourself a makeover, change your hair, or do something you've always wanted to do. Tasks like this can slowly contribute to better self esteem, and you'll feel great about all the things you've done for yourself instead of focusing on the negative.

Related Link: [Celebrity News: 'Bachelorette' Alum Dean Unglert Discusses Why Rachel Lindsay Doesn't Want Peter Kraus To Be 'The Bachelor'](#)

3. Meet new people: Lastly, do the same exact thing your ex is doing – move on! If you're not ready to start going on dates and looking for a new relationship, take small steps by meeting new people and just having fun. There's no pressure to start a brand new relationship (in fact, you should only go at the pace you're comfortable with), but there's nothing wrong with embracing your new found single life.

How do you deal with you ex moving on? Share your thoughts below.