

Celebrity News: How Blake Shelton's Divorce Led Him to True Love



By

Rhodesia Williams

In [celebrity news](#), Blake Shelton found love after his [celebrity divorce](#). According to *EOnline.com*, Shelton went through a [celebrity break up](#) with wife, Miranda Lambert. While going through his divorce, fellow *The Voice* castmate, Gwen Stefani, approached him to let him know that she was also going through a tough time. Not too long after that, Stefani officially broke up with her husband of 13 years. At first, the [celebrity couple](#) say they didn't think anything of their support chats, however, that quickly changed. Before the couple realized it, they were dating. Although it was tough in the beginning, the new [celebrity couple](#) were able to get past

the challenges and enjoy each other.

In celebrity news, Blake Shelton moved on from devastation to true love. What are some ways to know you've found true love?

Cupid's Advice:

Falling in love is one of the most exciting yet nerve wracking things after a heartbreak. Besides coming down with constant cases of "the butterflies", Cupid has some advice on knowing if you've found true love:

1. You're glowing: Are the people around you noticing you with a particular glow? Glowing is good; sometimes we can't help it but people can tell when you are genuinely happy. From your attitude, the way you are beginning to carrying yourself, and that constant smile, you can't help it. While it seems embarrassing when people bring it up, own your glow!

Related Link: [Date Idea: Take a Trip Down Memory Lane](#)

2. Your missing piece: Do you feel like you've found the missing piece to your puzzle? Do you feel like your days are getting easier with your partner in your life? This is surely a sign that you have found love. When everything starts to make sense and naturally flow together, there is no other feeling like it. It's like a sigh of relief or a breath of fresh air. It seems like life has gotten easier and you're not hating it.

Related Link: [Dating Advice: 5 Signs He's Falling for You!](#)

3. For the better: Of course you're happy that you have found someone but is this person for the better? How does this

person add to your life? While it is exciting to be in love, remember, the person you fall in love with needs to add to your life in some way. Maybe you can't go a day without speaking to them or you can't sleep without saying goodnight. Needing your love's presence is natural and a true sign of falling in love.

**What are some ways you can tell that you have found true love?
Share below**

Celebrity Break-Up: Jillian Michaels & Heidi Rhoades Split After 9 Years Together





By

Rhodesia Williams

In celebrity news, [celebrity couple](#) Jillian Michaels and Heidi Rhoades have called it quits. According to *UsMagazine.com*, the [celebrity relationship](#) has come to an end after nine years. Although the two share two children together, the couple expressed that the [celebrity break up](#) was mutual. “We’ve found we’re better as friends and parents living apart than staying together.”

This celebrity break-up comes after a long-term relationship. How do you decide whether to call it quits on a long-term relationship?

Cupid's Advice:

Sometimes it's hard breaking up, especially when you have been together for a very long time. As hard as it can be, you have to do what is best for the relationship. You can't let time play a factor in this decision. Cupid has some advice on how

to decide if you should call it quits on a long-term relationship:

1. Foundation: Without a strong foundation, your relationship won't be able to weather any storm. Coming up with a decision like ending a long-term relationship is hard, but an excellent point to start is at the core. Do you and your partner have the basics down? Just in case you aren't sure what the basics are, we are talking about trust, communication, understanding, and compatibility. When there are problems, it usually stems from one of those components. Think about it.

Related Link: [Relationship Advice: How to Stay Confident in a Long-Term Relationship](#)

2. Future: Think about your future. Granted, we never know what can happen in the future, but knowing your partner, you can take a pretty good guess. Have you come to an understanding about the things you both want? Children? Marriage? Housing? Pets? You have to think about all of the things that you want. Coming together and discussing the future will help, but if ultimately you are having difficulty coming to an understanding, then maybe you have to rethink your future with your partner.

Related Link: [Expert Dating Advice: Beware of These Kinds of Relationships](#)

3. Feelings: You may have a strong foundation, but your feelings do matter. If you have a gut feeling about something or something just doesn't feel right, maybe you should hold off. The saying, "what's done in the dark will always come to the light" couldn't be more true. Listen to your intuition! While we aren't talking about cold feet, there may be something lingering that is bothering you. Pay attention, and give it time. When the feelings are right, you won't have to second guess anything.

How would you decide if it's time to call it quits? Share

below.

Jack Osbourne on Celebrity Divorce from Wife Lisa: 'It Is What It Is'



By [Ha](#)

[ley Lerner](#)

In [celebrity news](#), Jack Osbourne has opened up about his [celebrity divorce](#) from wife of six years, Lisa Osbourne. The youngest Osbourne child told *UsMagazine.com* that "Things are going good. We're trucking along and it is what it is." Osbourne announced that he and his wife were splitting back in

May in an Instagram post. In the post, he said him and his wife “tried everything we could for many years to make this work” and that they were “disappointed but feel confident that we will continue to grow our relationship as co-parents and best friends.”

This celebrity divorce comes after six years of marriage. What are some tell-tale signs that your relationship may not be able to withstand the test of time?

Cupid's Advice:

Everybody wants to know if their relationship is going to last the long run. Cupid has some signs that signal a relationship won't be long lasting:

1. Poor communication: If you're fighting with your partner all the time and can't seem to communicate effectively, then your relationship might not be durable through the years. Sure, every couple has the occasional fight, but constant bickering is not okay. You should be able to communicate your problems maturely and be able to talk through your issues with your beau.

Related Link: [Jack Osbourne Announces Engagement and Soon-to-Be Fatherhood](#)

2. Your lifestyles don't match: Sometimes, no matter how hard two people try in a relationship, logistically it just can't work. If you and your partner never have time to see each other because of conflicting schedules, keeping a relationship up for many years might not be possible. Even if you two may love each other, sometimes your lifestyles aren't the best fit

together.

Related Link: [Jack Osbourne Admits His Baby-to-Be Wasn't Planned](#)

3. Lack of trust: A good relationship is built on trust. If you're constantly doubting your partner's actions and think they might often lie to you, it's clear the relationship won't have much longevity. You shouldn't have to worry about who your love is texting or where they've been the night before.

Do you know any more signs that signal your relationship may not withstand the test of time? Comment below!

Kendra Wilkinson Shares the Pain of Packing Up Her Things Amid Celebrity Divorce





By [Ha](#)

[ley Lerner](#)

In [celebrity break-up news](#), Kendra Wilkinson documented the pain of packing up things amid her [celebrity divorce](#) from husband Hank Baskett. The former *Playboy* model wrote on her Instagram story on Monday, "I'm starting to box up and my heart can't hurt any more. I need prayers n strength today. I worked so hard for my home," along with a picture of an empty cardboard box. The reality star also shared a photo of her framed family portraits of her children, Hank IV and Alijah Mary, with the caption, "My pride and joy wall is coming down." According to *People.com*, Wilkinson filed for divorce from Baskett in April, citing irreconcilable differences. The 32-year-old star is requesting joint legal and physical custody of her and Baskett's two children and is seeking to restore her maiden name, Wilkinson. In a separate Instagram post on Monday, the mother of two wrote, "I'm doing the best I can in my life with the cards I've been dealt and I will continue to do that. I'm hurt because the world I thought was promised to me forever is now coming to an end."

This celebrity divorce hasn't been an easy one for Kendra Wilkinson. What are some ways to ease the pain of the divorce process?

Cupid's Advice:

Moving on after a divorce is hard. Cupid has some tips to make it easier:

1. Separate your belongings: Just like Wilkinson, it's important to quickly separate spaces and belongings after a divorce. If you don't do it right away, you'll have to deal with the pain of it later on. Keeping yourself busy with the process of deciding who gets what is a great way to distract yourself from the pain of your divorce and keep things practical.

Related Link: [Newly Single Celebrity Kendra Wilkinson Is 'Excited to Start Dating Post-Divorce from Hank Baskett](#)

2. Focus on yourself: After a divorce, it's best you spend some time alone and put yourself first. Take time to focus on your mental and physical health. Whether it's through therapy, doing activities you love or even implementing a new skin care routine, your attention should be on yourself.

Related Link: [Celebrity News: Kendra Wilkinson Asks Fans for Dating Advice After Split From Hank Baskett](#)

3. Spend time with family and friends: The best people to help you go through a tough divorce are the people you're closest to. In your difficult time, call upon your loved ones to be there for you and help take your mind off all the drama with your ex.

Have any more tips to make the divorce process easier? Comment them below!

Celebrity Break-Ups: Nikki Bella Reveals the Moment She Knew She Couldn't Marry John Cena



By [Ha](#)

[ley Lerner](#)

In recent [celebrity news](#), Nikki Bella revealed on Sunday's episode of *Total Bellas* the moment she realized she could not

marry John Cena. According to *UsMagazine.com*, the pair called off their engagement after six years together in April. Cena and Bella were supposed to tie the knot in Mexico on May 5, but have since been spotted together in San Diego. On Bella's reality show, she divulged that wedding dress shopping something "didn't feel right" and she felt "overwhelmed" by her engagement party. "I honestly feel like I'm about to have an anxiety attack," The *Total Divas* star said. "I just feel like I'm on this roller coaster of emotions and I feel like I'm going to explode. It's just all too much for me." Bella explained that her apprehension was because she realized she wanted to have children, but she knew Cena did not. "I just know deep down I want a baby," Bella said. But, it seems Cena might have changed his stance on parenthood in an attempt to win his ex-fiance back after this [celebrity break-up](#). The actor appeared on the *Today* show earlier this month and said he still loves Bella and "would love to have a family with Nicole." Cena said, "I love her. I want to be with her. I want to make her my wife. I want to be the father of her children. I just want us to work."

Nikki Bella shed some more light on her celebrity break-up from John Cena. What are some ways to know your relationship won't stand the test of time?

Cupid's Advice:

It's difficult when the future of your relationship is uncertain. Cupid has some signs that your relationship is on its way out:

- 1. How you resolve conflict:** The way you and your partner

fight is honestly a great way of seeing how the rest of your relationship will pan out. To start, you shouldn't be dating someone who you're always fighting with. But, when the inevitable fights do occur, it's important that you and your beau manage the conflict with maturity and respect. If all your fights remain unresolved, your relationship won't survive for long.

Related Link: [Celebrity Break-Ups: Nikki Bella & John Cena Call It Quits & End Engagement](#)

2. You want different things: Just like Bella and Cena, having different major desires in life is a big reason many relationships fail. If you and your partner have totally conflicting career paths, interests and life aspirations, then maybe it's time to end your coupling soon.

Related Link: [Celebrity News: Nikki Bella Is Still 'Spending Nights' with John Cena at His Home](#)

3. Lack of passion: For a relationship to last the long run, there has to be a true spark between both people. If you love your partner, but there isn't spectacular chemistry, then it might be time to let them go. Eventually, that lack of passion could cause conflict in the future.

Have any more ways to realize your relationship won't make it far? Comment them below!

Celebrity News: The Weeknd Scrapped an 'Upbeat' and

'Beautiful' Album After Selena Gomez Break-Up



By

Rhodesia Williams

In [celebrity news](#), The Weeknd tossed an entire album and produced *My Dear Melancholy* after split with [Selena Gomez](#). According to *UsMagazine.com*, the [celebrity couple](#) broke up in October after 10 months of dating. Although The Weeknd had the previous album completely finished, the [celebrity break up](#) caused him to scrap it and produce his new six track EP. *My Dear Melancholy* was his way of expressing himself through his rough time. "He's been in the studio pretty much nonstop," a source said. The Weeknd said, "You want to get it out. It's like you close a chapter."

This celebrity news shows that The Weeknd was very affected by his break-up from Selena Gomez. What are some ways to cope with a sudden painful split?

Cupid's Advice:

Break ups can be tough, especially if they're sudden. Cupid has some advice on how to cope with a sudden painful split:

1. Talk it out: Sometimes you have to talk it out of your system. Expressing yourself and talking to other just may be what you need to ease the pain.

Related Links: [Relationship Advice: How to Heal a Broken Heart](#)

2. Keep yourself busy: It helps to keep yourself busy after a sudden break up. Sitting at home will have your mind wandering. Keeping yourself busy keeps your mind occupied for the most part. When you finally have those down times, thinking of the break up won't be so bad.

Related Links: [Dating Advice Video: Dating After Heartbreak](#)

3. Give it time: Your gut instinct is to reach out to the other person but sometimes that's not always the best thing to do. Give the situation time. Maybe a mixture of different things resulted the break up, but, have faith. Give it some time and then reach out. And, no, 5 minutes is not enough time.

Do you have any ways you cope with a break up? Share your thoughts below.

Rob Kardashian Shows Support for Celebrity Ex Rita Ora During 'Girls' Controversy



By [Ha](#)

[ley Lerner](#)

In recent [celebrity news](#), Rob Kardashian showed support for [celebrity ex](#) Rita Ora in light of the controversy regarding her new song 'Girls', a collaboration with Cardi B, Bebe Rexha and Charli XCX. The song was criticized by artists Hayley Kiyoko and Kehlani as being harmful to the LGBTQ+ community. Monday on Twitter, Ora explained the song, writing, "'Girls' was written to represent my truth and is an accurate account of a very real and honest experience in my life. I have had

romantic relationships with women and men throughout my life and this is my personal journey. I am sorry how I expressed myself in my song has hurt anyone.” Kardashian, Ora’s ex-boyfriend, retweeted her message with six praise hand emojis. According to *EOnline.com*, Ora and Kardashian had a dramatic [celebrity break-up](#), but it seems the two have since moved on and are on friendly terms.

Rob Kardashian has his celebrity ex’s back during this drama. What are some ways to stay on good terms with your ex post-breakup?

Cupid’s Advice:

It shows great maturity to support your ex after a break-up. Cupid has some tips on how to keep things amicable post-split:

1. Open communication: While your first instinct after a break-up might be to block your ex on every outlet of social media while ceasing any interactions, it’s sometimes better to keep the channel of communication open. Don’t be afraid to contact your ex to tie up loose ends. Just because you aren’t in a relationship anymore doesn’t mean your ex doesn’t have to be in your life!

Related Link: [Expert Dating Advice: How to Handle Heartbreak](#)

2. Keep a safe distance: Communication is important, but on the other hand, you don’t want to be too friendly with your ex. What’s the point of breaking up if you’re still talking every day? Make sure to give each other some space for a few weeks post-breakup to let your wounds heal.

Related Link: [Dating Advice Q&A: Should I Remain Friends with My Ex Online?](#)

3. Don't get tempted by drama: It's possible you might have some hard feelings about your ex after your split. Instead of keeping up old grudges over what went wrong in the relationship, let it go! Make sure you avoid participating in the gossip cycle about your ex. Don't worry about who your ex is dating or doing, focus on you.

What are some other tips for staying on good terms with your ex after a split? Comment your thoughts below!

Celebrity Exes: 'The Bachelor' Star Lauren Bushnell Says She Hasn't Spoken to Ex Ben Higgins Recently





By

Rhodesia Williams

In [celebrity news](#), *The Bachelor* star Ben Higgins, 30, and fiancé Lauren Bushnell, 30, ended their engagement last May, and they haven't talked much since. Bushnell spoke to *UsMagazine.com* while attending a FabFitFun event in West Hollywood. When asked about the [celebrity break-up](#), Bushnell responded saying the split was difficult since the two "are in the same circle and same world." That being said, she admitted that she has only spoken to him to congratulate him on the launch of his new coffee company, Generous.

These celebrity exes split up amicably, but they aren't necessarily on speaking terms. What are some benefits to a clean break after a split?

Cupid's Advice:

There's something to be said for a clean break after a break-up. Cupid has some reasons to consider:

1. Piece of mind: Although you may miss your ex, a clean break often helps to heal faster. Those miserable, "should've, could've, would've" thoughts won't hound you for as long, and you can start to move on. No headaches are always a plus.

Related Link: [Relationship Advice: How to Heal a Broken Heart](#)

2. Breathe: Whether it was a mutual split or not, you can now relax and breathe. You will have more "me" time. Spend this time "catching your breath" and give your mind, heart, and body a rest.

Related Link: [Relationship Advice: How to Stay True to Yourself](#)

3. Rearrange: Now that you are newly single and will have more time on your hands, mix things up! Sign up for that yoga class you've thought about, but didn't have time for. You can now rearrange things in your life, and the best part is, you can start whenever you're ready!

What are some other benefits of a clean break up? Share your thoughts below.

Celebrity Break-Ups: Ronnie Magro-Ortiz & Ex Jen Harley Are 'Peaceful Now' After

Explosive Split



By

Rhodesia Williams

In [celebrity news](#), *Jersey Shore*'s Ronnie Magro-Ortiz and his ex Jen Harley are keeping things on the quieter side after a surreal break up the end of last month, according to [EOnline.com](#). Unfortunately, many witnessed the heated fight the two had on Harley's Instagram Live feed. As you can imagine after the vicious social media battle the celebrity couple had, they called it quits. Magro-Ortiz eventually apologized for the fight saying, "I acted out of my gut and not rationally. I should've never acted in such a manor."

This celebrity break-up was

anything but drama-free, but Ronnie and Jen are finally losing their hot heads. What are some ways to keep a break-up civil?

Cupid's Advice:

Unfortunately, this celebrity couple couldn't keep their break up peaceful. Cupid has some advice:

1. Communication: Talk to each other! Instead of Ronnie and Jen talking things out, they took to social media. Sit down and have a civil conversation; take turns speaking and listen to each other. Be sure to leave out the hurtful comments and statements.

Related Link: [Relationship Advice: How to Navigate a Separation](#)

2. Stay off social media: A relationship, for the most part, only involves you and your significant other. Do not bring your arguments and issues to social media. We will all remember what happen with Ron and Jen. Someone once told me, "never tell your friends what your significant other does, because, when you are over it and move one, they will remember." Sounds about right.

Related Link: [Relationship Advice: Getting Over a Grudge](#)

3. Compromise: Even if you don't agree with breaking up, remember that you both contributed to the relationship. To keep things calm, listen and come up with a solution that you are both happy with.

What are some other ways to keep the drama out of your break-up? Share your thoughts below.

Celebrity Break-Ups: Evan & Staci Felker Were Trying to Have a Baby Before He Met Miranda Lambert



By

[Carly Horowitz](#)

In [latest celebrity news](#), Evan Felker went on tour with Miranda Lambert and never returned home to his wife, Staci Felker. According to [UsMagazine.com](#), Evan did not come home and did not answer Staci's calls. Then, she found out that Evan had filed for a [celebrity divorce](#) on February 16 from the local newspaper. Yet, we now have information that a source

recently revealed the two were trying to have a baby right before he left to go on tour. Evan started dating Lambert in February while he was still married to his wife and while she was still dating [Blake Shelton](#). This relationship formed between Lambert and Evan effected many people!

This [celebrity break-up](#) is anything but a clean break. What are some ways to make sure your split lacks drama?

Cupid's Advice:

Clearly this situation at hand is very sticky. No one would want to be involved in something like that. Here are some tips on how to make sure your break-up isn't as crazy as this:

1. Be open and honest: If you are having feelings of doubt, tell your partner before it gets to a bad point. Hopefully your partner will understand and you two will be able to work from there. Before you break-up, make sure you say everything you have to say so that you two can go on with the rest of your lives drama-free.

Related Link: [Celebrity News: Blake Shelton Allegedly Throws Shade at Ex Miranda Lambert Via Twitter](#)

2. Remember that you are in control: If information keeps popping up after you and your partner break-up, remember that it is up to you if you wish to have it affect you or not. You can put energy into the drama or you can decide that you are better than that.

Related Link: [Celebrity Break-Up: Did Miranda Lambert and Anderson East Split?](#)

3. Try not to get other people involved: The more people that you let in on your business, the more potential there is for drama to occur. Deal with the situation with your partner and go from there.

What are some other tips on how to eliminate break-up drama? Comment below!

Celebrity News: Gigi Hadid and Zayn Malik Caught Kissing After Split



By

[Carly Horowitz](#)

Rumor has it that Gigi Hadid and Zayn Malik were spotted kissing each other in New York City on Sunday, April 29, according to [UsMagazine.com](https://www.usmagazine.com). But wait...didn't the former [celebrity couple](#) end their relationship about two months ago? Yes, they did. Now, we are not so sure what is going on in this [celebrity relationship](#). The two had their [celebrity break-up](#) on March 13 after two years of being together. Both of the stars shared some very kind words on social media in regards to their break-up at the time. They seemed to have left off on a positive note, but maybe it was too much of a positive note. It is unclear if the pair is officially back together.

This [celebrity news](#) definitely made some fans happy. How do you know if it is beneficial to go back to your ex?

Cupid's Advice:

As we all know, break-ups are hard. Sometimes they are so hard that you just wish you could get back together with your ex and bring that happiness back again. But, is that the best idea? There is no right or wrong answer, but here are some signs that it might not be too bad if you got back together with your ex:

1. Your relationship was not toxic: After you have had enough time to reflect on your past relationship, you may come to the conclusion that it was truly a wonderful time. Make sure you are not blinded by a toxic relationship and then throw yourself back into that same sticky situation. If you have a clear view that maybe it just wasn't the right time to be together with your partner but you want to try again now, then go for it.

Related Link: [Celebrity Couple News: Gigi Hadid & Zayn Malik Celebrate 2 Years Together with a Kiss](#)

2. You believe you made a mistake: If you genuinely believe that it was a mistake breaking-up with your partner, then maybe you should reach out to them and let them know that. You go through your life enjoying it but also knowing that if your ex was by your side, you would be enjoying it a little more. Maybe your mind was clouded when you were together but you can see clearly now.

Related Link: [Celebrity Couple News: Gigi Hadid and Zayn Malik Love Wearing Each Others Clothes](#)

3. You think it is worth the backlash: You need to be prepared that even though you think it may be a good idea to get back together with your ex, they may have completely moved on. Also, there is sure to be some family and friends who are going to criticize getting back together with your ex. Are these possibilities worth it for you? If you truly feel that whatever comes your way is worth it as long as there is a slim chance that you may end up back together with the love of your life then it may not be a bad idea to reach out and try again.

What are some other signs that you should get back together with your ex? Comment below!

Celebrity Break-Up: Jersey Shore's Ronnie Ortiz-Margo

Splits From Jen Harley After Baby Birth



By

[Carly Horowitz](#)

In [latest celebrity news](#), MTV's *Jersey Shore* star Ronnie Ortiz-Margo has separated from his [celebrity relationship](#) with Jen Harley. If you have been keeping up with the new series, *Jersey Shore: Family Vacation*, then you may have been expecting this. This break-up is occurring just weeks after the two welcomed their [celebrity baby](#) girl, Ariana Sky, into the world. Why did their relationship come to a close? Well, over the weekend, no one could deny the stress they were feeling from witnessing the social media fight that went down between the two. "Note to self, can't turn a natural born HOE, into a HOUSEWIFE, if you find them in the gutter then leave them in the gutter," Ronnie wrote on his Instagram story. But

then, he later apologized for that. We then saw the pair fighting vigorously on Instagram live and Jen even took a swing at Ronnie. "He apologized for everything and admitted where he had been wrong, but he also wants what's best for his daughter and he realizes this is not a healthy environment for her," an insider told EOnline.com. "They have split, but for now they are both living in his Las Vegas house. Jen will most likely be moving out."

This [celebrity break-up](#) seems to have been a long time coming. What are some ways to ease fighting for the sake of your child?

Cupid's Advice:

We can't deny that sometimes you will get into fights with your partner. But, you don't want your young children to be negatively affected by this. Cupid has some advice:

1. Stray away from social media: Whether your child is old enough to be on social media now or not, whatever you put out there will stay out there. If you are going through struggles with your partner, try your best to keep it between you two and don't impulsively post negativity.

Related Link: [Celebrity News: 'Jersey Shore' Star Ronnie Ortiz-Magro Opens Up About Serious Girlfriend](#)

2. Have a getaway: If you and your partner really need to hash things out, take a little weekend trip. Have your parents or a close friend watch over your child while you guys spend some time elsewhere to work out your differences. This way, your child won't have to experience the yelling and screaming. Sometimes, the best thing to do is have some time alone with

your partner to figure out what is best for your family as a whole.

Related Link: [Why Sam 'Sammi Sweetheart' Giancola Avoided 'Jersey Shore: Family Vacation'](#)

3. Never neglect them: Obviously you need to figure out what is best for you and your partner right now, but don't let all of that fighting take away from the love you have for your child. Remember, you did one thing right together by bringing this beautiful baby into the world and they are your first priority.

How else can you deal with fighting with your partner when you have a child together? Comment below!

Celebrity News: Ronnie Ortiz-Magro Still Loves Ex Sam 'Sammi Sweetheart' Giancola





By

[Jessica Gomez](#)

In [celebrity news](#), Ronnie Ortiz-Magro allegedly still loves his celebrity ex Sam Giancola. According to [UsMagazine.com](#), a source stated: "Ronnie still loves Sam. Everyone knows it." This news comes after Ronnie's recent [celebrity break-up](#) with Jen Harley, who is pregnant with his first child. The celebrity exes broke up over the weekend via Instagram for all to see, apparently over the lack of faithfulness in the relationship from both sides. On an episode of *Jersey Shore Reunion*, Ronnie said that he wasn't planning on marrying Harley. The reason seems to be because she just isn't Sam. Ouch! Sammi Sweetheart actually didn't go back to the *Jersey Shore* house because of Ronnie, and she is currently dating Christian Biscardi. We wonder where this whole situation is headed.

This celebrity news conveys a concept that many of are not

foreign to. How do you deal with realizing you are still in love with your ex.

Cupid's Advice:

Sometimes it takes us longer than others to fall out of love with someone. It can depend on who that ex is, how the relationship was, or how it ended. However, cupid has some [love advice](#) on how to deal with still loving your ex:

1. Analyze your feelings and the situation: Be sure of what you feel. Sometimes we think we feel one thing when in reality we actually feel another. We are only human, so we do make mistakes. Also, evaluate the situation, think with your mind and not your heart. Only because you love an ex does not mean that you should be with them, or even have them in your life for that matter. Evaluate everything carefully.

Related Link: [Celebrity Break-Up: John Cena Opens Up About Nikki Bella Split, Says 'It Sucks'](#)

2. Keep busy: Be productive. Keep yourself distracted while bettering yourself, that's the best thing you can do after all. This can also detain you from taking any decisions that you may regret later. Give your mind some time away from your ex and do what you have to do. After giving it some time, take it from there.

Related Link: [Celebrity Break-Up: Anna Faris Learns Important Lesson From Divorcing Chris Pratt](#)

3. Get closure: When the time is right that is! Don't move too quickly. Sometimes what we want is to contact an ex, just for the hell of it. If you need closure, get some. Sometimes instead of closure, things may possibly get fixed, but don't go into it with expectations. After giving yourself the

adequate amount of time and you're in a place that's as good as it's going to get for the moment, go for it.

What are some ways you dealt with realizing you still had feelings for an ex? Comment below!

Celebrity News: Blake Shelton Allegedly Throws Shade at Ex Miranda Lambert Via Twitter



By

[Jessica Gomez](#)

In [celebrity news](#), Blake Shelton is feeling a way about his [celebrity break-up](#). According to [EOnline.com](#), Shelton went on

a small rant on Twitter, one that looks to be aimed at his celebrity ex Miranda Lambert. The tweet read as follows: “Been taking the high road for a long time.. I almost gave up. But I can finally see something on the horizon up there!! Wait!! Could it be?! Yep!! It’s karma!!” Miranda has not yet responded to or spoke in respect to the tweet publicly. The former [celebrity couple](#) broke up earlier this month. Rumors circulated that it was due to Lambert cheating on Shelton with Anderson East. Ouch!

In celebrity news, Blake Shelton seemingly dissed his ex Miranda Lambert. What are some ways to fully move on from a bitter split?

Cupid’s Advice:

Fortunately, there are many ways to cope and move on from a bitter break-up. Cupid has some love advice on specific things to do to help you move forward:

1. Travel: Go somewhere new. Breathe in that different, fresh air. Experience a new culture and atmosphere, away from where all the negativity in your life dwells. Traveling is good for the mind and soul. It is a wonderful experience. Go alone or go with friends. You’re sure to have a good time when you plan properly.

Related Link: [Celebrity Break-Up: John Cena Sends Messages About the ‘Worst Day Ever’ Post-Split from Nikki Bella](#)

2. Find a hobby you love and stick to it: What better thing to get your mind off negative than to find something you love and do it often. It’s also productive, and depending on what it is, can help you in different ways. Shape your life differently by doing things that benefit you. Don’t be afraid

to experiment.

Related Link: [Why Sam 'Sammi Sweetheart' Giancola Avoided 'Jersey Shore: Family Vacation'](#)

3. Care for yourself: Eat well, exercise, stay on top of hygiene, and make sure to relax mentally and physically. Self care and self love are very important. If you feel like you don't have either, take strides into changing that, and you will see the positive change in your life unfold right before you.

What ways have you moved on from a bad split? Share below!

Celebrity Break-Up: John Cena Opens Up About Nikki Bella Split, Says 'It Sucks'





By

[Jessica Gomez](#)

In [celebrity news](#), John Cena is having a hard time with his break up from Nikki Bella. According to [UsMagazine.com](#), Cena recently said, “It sucks. ” He told *Entertainment Tonight* during CinemaCon 2018 in Las Vegas on Wednesday, “There’s no other way to say [it]. I love Nicole with all my heart, and that’s that.” The former [celebrity couple](#) split earlier this month when, according to a source, Bella called off their engagement. May these [celebrity exes](#) get through this tough break-up.

This celebrity break-up isn’t without heartache. What are some ways to cope with the loss of a close relationship?

Cupid’s Advice:

Most break-ups are not easy – they affect us in various ways. Luckily, there are ways to deal with them. Here are a few:

1. Being a break-up was the right choice: Sometimes love can blind us, but it is important to know the reason for our decisions, and that it is in fact the right one. Try your best to skip any denial stage to make it easier for yourself. Assess the situation and be sure. But don't overdo it to the point you're blaming yourself or driving yourself crazy. Just make sure that you stand strong in knowing the break-up was the right thing to do.

Related Links: [Celebrity Break-Up: Anna Faris Learns Important Lesson From Divorcing Chris Pratt](#)

2. Take care of yourself emotionally and physically: Start off by making sure to eat well and exercise. Both eating and exercising are essential to your health and make you feel better after. As for emotionally, don't overwork yourself mentally. Give yourself a break to relax. Also, if you don't want to be alone during this time, then don't be. Reach out to family and friends. It's okay to do so. Alone time is important, too, however.

Related Link: [Why Sam 'Sammi Sweetheart' Giancola Avoided 'Jersey Shore: Family Vacation'](#)

3. Think of the positive outcome: It is hard to see it during a tough time – but it is essential that you do find it. Things can look hopeless, and that can drag you into a downward spiral. It is important to find the good in all the bad situations we're in, no matter how small it may be. Just know that you are going through a hard time right now that will make you stronger in the long run. The future holds something much better. Positive thinking goes a long way.

What are ways you dealt with a painful break-up? Share below!

Celebrity Break-Up: John Cena Sends Messages About the 'Worst Day Ever' Post-Split from Nikki Bella



By

[Carly Horowitz](#)

In [latest celebrity news](#), John Cena and Nikki Bella have separated after being together for six years. Bella shared on Sunday, "While this decision was a difficult one, we continue to have a great deal of love and respect for one another. We ask that you respect our privacy during this time in our lives," via Instagram. Meanwhile, Cena has been posting quotes and memes on Instagram since then that are leading the public to believe he is alluding to his [celebrity break-up](#). On Tuesday, he posted a meme that said "Worst day ever!" He also

posted a quote from Kwame Floyd saying, "It's not what you go through that defines you; you can't help that. It's what you do AFTER you've gone through it that really tests who you are." A source shared with [EOnline.com](#) that Cena did not truly really want to get married in the first place. Also, Bella wanted to have kids and start a family while Cena did not. Clearly, this [celebrity couple](#) did not make for the best match.

In this celebrity break-up, John Cena wasn't expecting it, and he's heartbroken. What are some ways to cope with an unexpected heartbreak?

Cupid's Advice:

Even if you think you and your partner may not be the perfect match, you may not expect to break-up out of the blue. Here are some suggestions on how to cope:

1. Be kind to yourself: Try not to be too hard on yourself. Remind yourself that despite what you are feeling, it is not all your fault. It takes two to be in a relationship and there were probably aspects from both of you that led to it not working out anymore.

Related Link: [Celebrity Break-Ups: Nikki Bella & John Cena Call It Quits & End Engagement](#)

2. Keep busy: If you and your partner were together for a long time, it may be very different for you to live life without them all of the sudden. Make an effort to fill up your planner so that it leaves you less time to sit and sulk in your bed. The more you are out and about the easier it will be to move on and make this life the best it can be.

Related Link: [Are Nikki Bella & John Cena Calling Off Their Celebrity Wedding?](#)

3. Reflect: This is just another learning experience. Look at what you think you may have wanted to do differently in this relationship and make efforts to become this improved version of yourself when you are ready to embark upon another partnership. This process of self-reflection can really help to broaden your perspective and grow as a person.

What are some other ways to cope with unexpected heartbreak? Comment below!

Celebrity Break-Up: 'Vanderpump Rules' Star Jax Taylor Explains Why He Broke Up with Brittany Cartwright





By

[Carly Horowitz](#)

The emotional [celebrity break-up](#) of *Vanderpump Rules* stars Jax Taylor and Brittany Cartwright aired on Monday. Taylor owned up to his shortcomings and suggested that they split because he was not happy with himself. This break-up was filmed in August 2017 and since then, the pair has actually been trying to make their relationship work, according to [UsMagazine.com](#). On Tuesday, Taylor confirmed on Twitter that the two are indeed still a [celebrity couple](#) now and he added, "I was a mess but each day has gotten better. I'll never be perfect I know this, but I do know that I have the best partner a guy can ask for, and all I care about is being the best I can for her here on out." Taylor realized during their short split that Cartwright made him want to be a better man and he did not want to lose her. This [celebrity relationship](#) has been through many ups and down but right now they seem to be at an up!

This celebrity break-up left us

with mixed feelings. How do you know when it's time to break up with your partner?

Cupid's Advice:

There are clearly not any tell-tale signs that it is time to break-up with your partner. Jax thought it was the best idea at the time but then he realized he was wrong. Yet, there is not a right or wrong answer to anything. You can only do what feels right in your heart in the moment. But, there are some specific indications that the relationship you are in may not be the best for you right now:

1. You find yourself wanting to do other things than spend time with your partner: If you would seriously rather lay in your bed and watch Netflix alone then go out with your boo, then that may be a problem. It is understandable to want your alone time sometimes, but it should not feel like a chore to go spend time with the one you love.

Related Link: [No Celebrity Baby Here! 'Vanderpump Rules' Stars Brittany & Jax Have Pregnancy Scare](#)

2. You bicker about everything: It is okay to not agree with your partner all the time, but if it has come to a point where bickering is draining both you and your partner, you need to have a talk. Are you bickering about small things all the time because there is something big that is bothering you both deep down? Be open and honest with each other and try to get your relationship happiness back before it is too late.

Related Link: [Celebrity Divorce: 'Vanderpump Rules' Star Lala Kent's Married Boyfriend Is Officially Divorced](#)

3. You constantly think about what else is out there: Is there

someone out there who likes painting as much as I do? Do all partners snore so loud? Your loved one's traits should be endearing to you. It definitely may be time for a break-up if you constantly fantasize about if other people may be a better fit for you. Remember that everything is what you make of it. If you find yourself feeling this way but you do want to make it work, you can! You two just have to try together to get back on the right track. But if you find yourself feeling like this and it makes you realize that you really do not see a future with this person, then end it and be confident that your true love is out there and you will find them soon.

How else might you know when it's time to break-up with your partner? Comment below!

Celebrity Break-Ups: Nikki Bella & John Cena Call It Quits & End Engagement





By

[Jessica Gomez](#)

In [celebrity news](#), [celebrity couple](#) John Cena and Nikki Bella called off their engagement. According to [UsMagazine.com](#), the now celebrity exes provided them with a statement: “While this decision was a difficult one, we continue to have a great deal of love and respect for one another. We ask that you respect our privacy during this time in our lives.” Cena had stated previously that the long time couple’s relationship took a lot of work. However, we do not know the reason for their split as of yet. We wish them the best of luck.

In [celebrity break-ups](#), John Cena and Nikki Bella called it quits. What are some reasons to call off your engagement?

Cupid’s Advice:

Calling off an engagement is rough. Nevertheless, it is better to realize now that it’s not working out rather than later

after you're married. Here are some reasons why you would possibly call off your engagement:

1. You argue all the time and cannot come to an agreement:

Relationships have to consist of good communication between partners. If you argue all the time, that is something you can work through. Now, if you argue all the time and just don't resolve anything, then there is a problem. If this is the case, your issues will likely build up and continue to cause havoc in your relationship.

Related Link: [Celebrity Break-Up: Channing Tatum & Jenna Dewan Silence Rumors About Their Split](#)

2. There is no trust: There are times in a relationship where there may be a lack of trust, and many times couples work through it. However, when at the point where you're engaged, trust should be something that is prominently there. There is no reason why you should not trust the person you are going to marry.

Related Link: [Celebrity Break-Up: 'Bachelor Winter Games' Star Lesley Murphy Breaks Silence After Split from Dean Unglert](#)

3. There are things you cannot get past: If you're marriage is going to work, you need to have moved on from past mistakes your partner has made. Sometimes we remain in relationships without forgiving our partner for a past discretion. When engaged, the slate should be wiped clean in a way. You are about to start a new chapter in your lives, and if you still have past demons knocking on your door, you may already be a step toward divorce without even being married yet.

How did you or a loved one know it was time to call off your engagement? Share below!

Celebrity Break-Up: 'Bachelor Winter Games' Star Lesley Murphy Breaks Silence After Split from Dean Unglert



By

[Carly Horowitz](#)

In [latest celebrity news](#), *The Bachelor Winter Games* star Lesley Murphy and Dean Unglert have posted on their Instagram accounts in such a way that makes it seem as if they went through a [celebrity break-up](#) with each other. The former [celebrity couple](#) were spotted together at the Sundance Film Festival in January, and that's when we knew they were dating.

Yet, Murphy wrote in an Instagram caption two days ago stating, "All we need is that same energy reciprocated, and despite how open and loving you attempt to be, people can only meet you as deeply as they've met themselves. Don't be afraid to be the one that loved the most and give everything you had, because you've got to find people who love like you do and who are ready." She also goes on to state that she is "out with the old, in with the TRUE." This definitely seems like the two went through a break-up. To add to the speculation, Unglert also wrote on Instagram, "As I've gotten older, I've learned that although everyone DESERVES love, it's not something we're entitled to. Love takes work. Love is compromise. Love is earned. I still have a lot of work to do on myself, a lot to prove to myself, before I'm ready for something like that." To conclude, a source informed EOnline.com that the pair did indeed break up recently. The aspects of distance and traveling are said to have had some effect on their relationship. The two plan to continue as friends.

This *Bachelor* *Winter Games* celebrity break-up wasn't really unexpected, but Lesley had some things to say about it. What are some benefits to getting your side of a break-up story out to your family and friends?

Cupid's Advice:

When you and your partner break-up, speculation can occur. If you feel comfortable, the best thing to do is get your side of the break-up out to your family and friends. Here is why:

1. They will know the truth: You definitely want your closest friends and family to know the truth about why your break-up occurred. Fill them in on how you feel about it so that they are not left in the dust to wonder how you are doing. Your ex-partner may have a different side of the story, and that is okay. Both of you guys can expose your thoughts and feelings on the matter in order to make for a healthy, transparent split.

Related Link: [Celebrity Couple News: 'Bachelorette' Alum Dean Unglert Is 'Incredibly Happy' Since Dating Lesley Murphy](#)

2. They will support you: During this time of a break-up, it is usually beneficial to have the support of your friends and family. How are they going to know to support you if you don't let them in on what is going on? Be open with them. This will help to both get your feelings out and inform the ones closest to you.

Related Link: [Celebrity Break-Up: 'Bachelor Winter Games' Winners Ashley Iaconetti & Kevin Wendt Split](#)

3. They will try to understand: Even though no one can ever feel the exact same way you do, people can at least try to understand. By doing something like posting an Instagram post detailing your feelings, it helps for your friends and family to see where you are coming from. The more they understand, the easier it is for them to continue to love and support you.

What are some other benefits to getting your side of a break-up story out to your family and friends?

Celebrity Break-Up: Channing Tatum & Jenna Dewan Silence Rumors About Their Split



By

[Carly Horowitz](#)

In [latest celebrity news](#), [Channing Tatum](#) and Jenna Dewan Tatum have announced their separation. They released this news on Instagram stating, "Absolutely nothing has changed about how much we love one another, but love is a beautiful adventure that is taking us on different paths for now." They added, "There are no secrets nor salacious events at the root of our decision—just two best-friends realizing it's time to take some space and help each other live the most joyous, fulfilled lives as possible. We are still a family and will always be loving dedicated parents to Everly." Yet, rumors are still arising as to why the pair is splitting. Some say this

[celebrity break-up](#) was caused by flirting and drinking. A source tells [EOnline.com](#) that these rumors are not true. “We understand that everyone is super interested in speculating on their private life and that there are people who think they have an idea of the inner life of this relationship, but it’s simply not the case,” the source says. “The media is fabricating stories and none of these accusations are remotely true. Channing and Jenna released an honest and loving statement which is the only truth.” The former [celebrity couple](#) plans to continue their lives as best friends caring for their 4-year-old daughter, Everly.

There simply isn’t truth to many of the rumors about Channing and Jenna’s recent celebrity break-up. What are some ways to communicate your break-up to family and friends?

Cupid’s Advice:

Sometimes the hardest thing about breaking-up is breaking the news to your friends and family that have rooted you on all this time. Fortunately, it is your closest friends and family, so they will understand that this is the right decision for you and respect that. Here are some ways to break the break-up news:

- 1. Social media:** If the majority of your friends and family use social media on a daily basis, this may be the quickest, most efficient way to get the word out. You can do something similarly to what Channing and Jenna did and thoroughly explain that there are no hard feelings in order to decrease

the potential spreading of rumors.

Related Link: [Celebrity Break-Up: Channing Tatum & Jenna Dewan Tatum Are Still Living Together Post-Split](#)

2. Talk in person and reassure that this is for the best:

Maybe hold a small gathering with your friends and family and casually slip in the news over dinner. Be ready for some questions and criticism. Explain everything to them honestly and let them know that this is for the best and everything is going to be just fine.

Related Link: [Celebrity Break-Up: Channing Tatum & Jenna Dewan Tatum Split After 9 Years of Marriage](#)

3. Take time to tell everyone personally: If you are feeling up to it, it may be beneficial for you to take the time to call each individual person that you need to break the news to. By doing this, you will get genuine feedback and support from each person. Call your gal pals first because they will most likely be the most ready to accept the information. Then call grandma, she will be sure to give you some words of wisdom and tell you that she loves you. Try not to stress so much about breaking the news, everyone will be happy as long as they know you are on the right path to being happy as well.

What are some other ways to communicate your break-up to family and friends? Comment below!

Celebrity Break-Up: Channing Tatum & Jenna Dewan Tatum Are

Still Living Together Post-Split



By

[Carly Horowitz](#)

In [latest celebrity news](#), [Channing Tatum](#) and Jenna Dewan Tatum have announced their peaceful separation. Although, according to [UsMagazine.com](#), the two haven't been lovey dovey in a while. "They haven't been 'together' for a while. They are best friends and still support each other and go to each other's events and live in the same house," a source said. Apparently the former [celebrity couple](#) seems to be better as friends than as romantic partners at the moment, and there are no hard feelings about that.

This [celebrity break-up](#) took us all by surprise, and the duo are still co-habiting. What are some ways to decide who will move out after a split?

Cupid's Advice:

When you have been together with someone for a long time, moving out can be a very upsetting experience. You have come to a point where you are so comfortable with each other. How can you decide who is going to move out? Cupid has some words of wisdom on how to handle this situation:

1. Decide legally: You can go the simple route and whoever's name is on the lease gets to stay. Although sometimes, it is more complicated than that if both of you two have your names on it.

Related Link: [Celebrity Break-Up: Channing Tatum & Jenna Dewan Tatum Split After 9 Years of Marriage](#)

2. Get a counselor: You don't need a counselor just when you are working to try to make your relationship better, you can still use one once you two are officially apart. It doesn't hurt to have a professional help you decide where to go from here.

Related Link: [Celebrity Couple Channing Tatum & Jenna Dewan Tatum Celebrate 10th Anniversary of 'Step Up' with Epic Throwback Photo & Video](#)

3. Don't let your emotions overtake: Have a rational discussion with your ex-partner to figure out what would make the most sense to do. Try not to become too attached to the

small things. Have an open mind and realize that you now have this opportunity to either move out and start a beautiful new life in a wonderful new place, or you get to redecorate the home you are in now! Either option is an opportunity for growth.

What are some other ways to decide who will move out after a split? Comment below!

Celebrity Break-Up: Channing Tatum & Jenna Dewan Tatum Split After 9 Years of Marriage





By

[Carly Horowitz](#)

In [latest celebrity news](#), [Channing Tatum](#) and Jenna Dewan Tatum announced their separation on Instagram this past Monday. A part of the statement read, "We have lovingly chosen to separate as a couple. We fell deeply in love so many years ago and have had a magical journey together. Absolutely nothing has changed about how much we love one another, but love is a beautiful adventure that is taking us on different paths for now. There are no secrets nor salacious events at the root of our decision – just two best-friends realizing it's time to take some space and help each other live the most joyous, fulfilled lives as possible. We are still a family and will always be loving dedicated parents to Everly. We won't be commenting beyond this, and we thank you all in advance for respecting our family's privacy." According to [UsMagazine.com](#), the pair had their [celebrity wedding](#) in 2009. They also share 4-year-old daughter, Everly, but they have made it clear that they are going to make efforts so that this separation will not affect her in a negative way.

This [celebrity break-up](#) is so disappointing to us! What are some ways to work on your marriage prior to calling it quits?

Cupid's Advice:

Marriage is a lifelong commitment that must be worked on day in and day out. Sometimes it may get rocky along the way, but try not to give up! Here are some ways to work on your marriage before breaking it off:

1. Remember why you got married: You are going to need some motivation if you want to avidly work on your marriage during a rough time. Try your best to remember why you got married in the first place. Ponder the amazing assets of your partner and visualize the amazing wedding that you shared together. Maybe even try to do things that you used to do when you first started dating or when you first got married in order to ignite that spark again and become motivated for this improvement process.

Related Link: [Celebrity Couple News: Channing Tatum Recalls 'Cruel' Proposal Tactic](#)

2. Take a walk together each day: It sounds so simple yet it is so beneficial. Taking time out of each of your days to take a nice stroll around your neighborhood will give you and your partner an opportunity to discuss your feelings and further hone the bond that you have. You can talk about how your day went and then get into some serious points as to why you are needing to work on your marriage. Being in the outdoors will also help you and your partner to be more open and happy while conversing.

Related Link: [Celebrity Couple News: Jenna Dewan Tatum](#)

[Explains How She and Channing Began Dating](#)

3. Practice forgiveness: Try to open your mind and see things the way that your partner is seeing things. Now is not time for the blame game. That will only prove to be detrimental. Take responsibility for your own actions and move on from there. Keep in your mind that you are trying to improve your relationship instead of looking for reasons to end it.

What are some other ways work on your marriage before separating? Comment below!

Celebrity Break-Up: Justin Theroux Is Spotted with Aubrey Plaza Post-Split from Jennifer Aniston





By

[Jessica Gomez](#)

In [celebrity news](#), Justin Theroux was spotted with his co-star from back in the day, Aubrey Plaza. According to [People.com](#), they were photographed in New York City and went to Theroux's apartment. "They met to discuss a potential film project," a source said. As for his relationship with [Jennifer Aniston](#), the two continue to be friends after their [celebrity break-up](#).

Justin and Jennifer's celebrity break-up is fairly new, but it looks like at least one of them is moving on. What are some things to consider before moving on after a break-up or divorce?

Cupid's Advice:

Moving on after a break-up can be extremely difficult sometimes. What can be even worse is deciding whether to move

on or not. Here are somethings you should consider before moving on:

1. Why did you both break up?: Was the break-up over something not worth it or was it over something that was? Sometimes we break-up out of anger or over something that we think we cannot move past, but do. Evaluate things, make sure that the break-up happened for the right reasons and you're okay with that decision.

Related Link: [Bella Thorne & Patrick Schwarzenegger Dish on Relationship Deal Breakers](#)

2. Is there even a future with this person?: Is this person worth getting back with in the future? If you no longer see a future with an ex flame, it's time to move on. If you know this valuable piece of information, then you're on track to move on.

Related Link: [5 Things We Can Learn from Justin Bieber & Selena Gomez's Rocky Relationship](#)

3. Has the other person moved on?: If so, then it is probably safe to say that you should too. It may hurt to see them with someone else, but things happen for a reason. Don't let seeing them with someone else throw you into a jealous fit that makes you want them more. No bueno!

What things have you considered before moving on? Share with us below!

5 Things We Can Learn from

Justin Bieber & Selena Gomez's Rocky Relationship



By

Ashton Dixey

There are a lot of beautiful [celebrity couples](#) out there, but there is one in particular that we've all come to admire and treasure: [Justin Bieber](#) and [Selena Gomez](#). Society has perhaps learned more from observing their dating story than we could from reading a [relationship book](#)! Although they're currently on a break right now, that doesn't mean that we can't learn from this super cute couple.

Read on to learn more about the

five things that celebrity couple Justin Bieber and Selena Gomez taught us about relationships:

1. First loves are the hardest to get over: Justin Bieber was only 16 and Selena Gomez was 18 when they both started dating each other. Fresh faced and in love, these two went everywhere together and were spotted packing on the PDA in full swing. Fast forward eight years later (past all of the drama) and these two are still in touch trying to make things work. It seemed like Bieber never fully recovered once Gomez and him broke-up. Gomez even wrote a song about it called "The Heart Wants What It Wants." Be careful who you fall in love with for the first time because that first break-up is the toughest to recover from.

2. Learn to be okay alone: It seemed as if these two kind-of lost their balance when they had their [celebrity break-up](#). One ended up in rehab and the other was caught peeing in random wash buckets in California. Be sure you are okay with who you are as a person inside so you can move on without racking up 20 tattoos on your neck to try and burn away the pain. One month shortly after the break-up, Justin ended up driving drunk without a license, running from the cops, and even egging his neighbor's house. When you go through a break-up, don't lose touch with yourself. Now is the perfect time to rediscover the greatness within you. Stay in touch with friends and family that truly support you so you can talk through your emotions instead of acting impulsively.

Related Link: [Celebrity Break-Ups: Find Out Why Justin Bieber & Selena Gomez Are Taking a Break](#)

3. Keep a cool head after a break-up: Sometimes it feels really good to go on social media and unfollow your ex-

boyfriend or girlfriend. Or, it might be fun to go out with a random person for the night and post pictures of yourself and them kissing. Although this may relieve the pain for a bit, it is not the best idea. Bieber put fuel on the Jelena rumor fires when he unfollowed Gomez and started posting steamy pictures of himself and other girls on Instagram. There was somewhat of an Instagram war occurring between the two. Try your best to keep a cool head after you break-up and don't do anything you'll regret. If you do end up back together at some point, you don't want to do anything that might spoil the relationship for the future. Collect yourself, you got this!

4. Rebounds don't work: If you're trying to get over an ex, it can be tempting to find someone that's available and willing to jump into a relationship with you. But when your heart is still reeling from wanting to be with your ex-lover, this can be a very bad decision. Instead of facing the pain, you're pouring it into a new relationship and settling to boot. Gomez ended up dating The Weeknd for about eight months before she ended up back in Bieber's arms after a sweet bicycle trip that turned out to be an awesome [date idea](#). As much as you try to forget that person that you're still in love with, it won't be easy, and it certainly won't be fair for the person who's serving as your rebound.

Related Link: [Celebrity News: Has Justin Bieber Moved On from Selena Gomez With Baskin Champion?](#)

5. If at first you don't succeed, try try again: Throughout Bieber and Gomez's rocky relationship, it seems that Bieber had tried to win Gomez back many times. From serenading her at a hotel in Beverly Hills, to posting photos complimenting Gomez on his Instagram, he tried and tried again to win her back. After several years of trying, it worked! They got officially back together and even made it Instagram official this month. If there's anything to learn here it's that true love never dies and that if there's someone you know you're supposed to be with, it makes sense to fight for their love.

Bieber did it for Gomez and even though they are on a break right now, true love is always worth fighting for.

Ashton Dixey is a recent graduate of UVU and an avid reader of romance novels. When not spending time with her family, you can find her working on her website, [Awesome Date Ideas](#), and taking writing workshops.