

Celebrity Break-Up: 'Riverdale' Co-Stars Cole Sprouse & Lili Reinhart Split After 2 Years



By [Katie Sotack](#)

Cole Sprouse and Lili Reinhart are over. After nearly two years of dating, the [celebrity breakup](#) was confirmed by multiple sources, according to *UsMagazine.com*. The pair, who play on-screen lovers Jughead and Betty on the hit teen drama *Riverdale*, appeared friendly at the *Entertainment Weekly* Comic-Con party two days ago. Reinhart even took a joking attitude towards her ex Sprouse and costar Apa, captioning a photo from the event, "Please don't put me between these two

ever again.”

In celebrity break-up news, it's splitsville for these *Riverdale* co-stars. What are some ways to continue working with your partner after a break-up?

Cupid's Advice:

Working with a ex? Yikes, that's some tricky territory. But, fear not! Cupid's got some sneaky ways to make the situation work out:

1. Purge: The number one way to rid yourself of negative feelings is to purge them out. Grab your friends and some drinks, or see a professional therapist. Any way that you can process both the bad and the good will be better for you in the long run. Once you've felt all the feels, it'll be easier to face your ex without pining or resentment.

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2. Respect: You're at work, so keep it professional! We've all had to work with someone we're not a fan of before, so use your professional coping skills. Plenty of celebrities have been in this position before, so find a role model pair you can look up to. Like famous exes and *The Office* co-stars Mindy Kaling and BJ Novak, remember that you're both there to do a job. Who knows, the professional attitude might lead to a friendship again.

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3. Heal: With the emphasis on professionalism, it's tempting to put your mental health on the back burner. Don't. Give yourself as much room and time to heal as you need. Seeing an ex every day is difficult. Admit that to yourself. Most of us like to click "unfollow" and forget their face. So, give yourself props for dealing with this hardship, and pamper yourself a little.

How do you deal with seeing your ex? Share in the comments below!

Celebrity Break-Up: Adele & Simon Koneckis Call It Quits





By [Mara Miller](#)

In [celebrity break-up](#) news, [celebrity couple](#) Adele and Simon Koneckies have decided to call it quits after two years of marriage. They broke up eight or nine months ago, according to a source for *UsMagazine.com*. A second source said, “Their relationship evolved and they became more friends than lovers.” The [celebrity exes](#) have a six-year-old son and are committed to raising him together.

In celebrity break-up news, Adele and her husband have decided to go their separate ways. What are some ways to work on your romantic love?

Cupid’s Advice:

Unfortunately, love sometimes fades in a relationship. Cupid has advice on how to work on your romantic love to keep the spark alive:

1. Keep dating: Date nights are important when keeping your love with your partner alive. It gives you both a chance to get away from the kids for the night so you can focus on each other instead of school events, doctor appointments, or work issues.

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2. Take on a challenge together: Whether it's adopting a new puppy, tackling a sink full of dishes, or potty training a new puppy, taking on challenges with your partner encourages the both of you to learn how to work together rather than apart.

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3. Buy each other gifts: It's cheesy and it's been suggested over and over again, but buying gifts for each other really will keep the romance alive. You don't have to show affection for your partner only on holidays or special occasions like an anniversary. Let them know you love them by getting something simple like a candy bar or that coffee they've been eyeing all week!

What are some other ways to work on your romantic love? Let us know in the comments below!

Celebrity Break-Up: Lena Dunham Talks Rebound Romances

Post-Split from Jack Antonoff



By [Mara Miller](#)

In the latest [celebrity break-up](#) news, Lena Dunham opened up about her rebound romances post-split from Jack Antonoff, according to *UsMagazine.com*. Dunham recently wrote an article for *Vogue*, where she dropped the details of Jeremy (whose name has been changed), a guy who slipped into her DMs after she posted a picture of herself in plus-size panties. Dunham wrote this about meeting Jeremy: “I had missed all of this: the anxiety of constructing a new identity worth wanting, the jittery caffeine-high moments before the first kiss and an introduction to someone’s second personality, the one they have when lust is released.”

In celebrity break-up news, Lena Dunham opened up about her rebound romances after her recent split. What are some benefits to rebound flings?

Cupid's Advice:

A rebound relationship can actually be beneficial after you've gone through a tough breakup. Cupid has a list of some these benefits:

1. It helps your confidence: If you're the dumpee and you're feeling hopeless, go on a few dates. You're an awesome person—and a rebound can help you realize it, too.

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2. It's dating without a commitment: It's a *fling*. The sex without commitment can be a self-confidence booster. You can date and have fun without commitment. And if a fling turns into something more? Awesome!

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3. They keep you from going back to your ex: Breakups happen for a reason. Rebounding will keep you from thinking and wanting your ex back, especially if they have done something that isn't forgivable.

What are some of the benefits you've found to a fling after a breakup? Let us know in the comments below!

Celebrity Divorce: 'Bachelor' Star Nikki Ferrell and Husband Tyler Vanloo Split After 2 Years of Marriage



By [Courtney Shapiro](#)

In [celebrity news](#), former *Bachelor* star Nikki Ferrell has split from her husband Tyler Vanloo after two years of marriage. A source told *UsMagazine.com* that the twosome are “done” and have been “on the rocks” since their wedding. The [celebrity couple](#) tied the knot in October of 2016 in front of

family and friends. Ferrell has recently posted photos without her wedding ring.

This duo is calling it quits after only a couple years of marriage. What are some ways to work on your marriage before splitting?

Cupid's Advice:

How can you work on your marriage before splitting? Cupid has some thoughts:

1. Go to counseling: Talking to someone outside of your relationship might help to strengthen the marriage. The counselor may be able to offer advice that may not have occurred to you or your partner.

Related Link: [Celebrity Break-Up: Offset Responds After Cardi B Rejects His Grand Gesture On-Stage](#)

2. Stay focused on the issues you have at the moment: If you or your partner has a problem, make sure to talk it out with each other. Say what's on your mind but don't bring up anything that isn't necessary at the time.

Related Link: [Celebrity Break-Up: Niall Horan & Hailee Steinfeld Split](#)

3. Remember why the two of you are together: The two of you both made vows and chose to get married. Don't give up on each other so easily, and remember that the rough patch might only be temporary.

How did you work on your marriage? Share with us below!

Celebrity Break-Up: Offset Responds After Cardi B Rejects His Grand Gesture On-Stage



By [Courtney Shapiro](#)

In [celebrity news](#), Offset recently spoke up after his grand gesture to Cardi B was rejected. The Migos rapper came on stage during one of his ex-love's concerts with flowers and a giant cake that said, "Take me back Cardi." According to [EOnline.com](#), Offset begged the "Bodak Yellow" rapper to

take him back, saying, “I just wanna tell you I’m sorry, bro, in person, in front of the world. I love you. Whatever I gotta do to show you that, I’m there.” This [celebrity relationship](#) has been strained since accusations of infidelity came out against Offset.

In celebrity break-up news, no grand gesture is going to fix this relationship. What are some big ways to apologize to your partner after you’ve done something wrong?

Cupid’s Advice:

How can you apologize to your partner after you’ve done something wrong? Cupid has some ideas:

1. Verbally say “I’m sorry”: Tell your partner that you are sorry in person. Talk everything out and make sure you tell your side, but also listen to what your partner has to say. This can help you and your partner come to terms with any issues.

Related Link: [Celebrity Break-Up: Niall Horan & Hailee Steinfeld Split](#)

2. Ask for forgiveness: Truly admitting that you’re wrong and asking your partner for forgiveness can show them that the relationship is important. If you made a mistake and can move forward and admit it, the relationship will be better off.

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3. Let them know how you plan on fixing the situation: If you

open up to you partner and find a way to tell them how you plan on righting your wrongs, then the apology may be accepted easier.

How did you apologize to your partner? Let us know below!

Celebrity Break-Up: Niall Horan & Hailee Steinfeld Split



By [Courtney Shapiro](#)

In [celebrity news](#), singer Niall Horan and actress/singer

Hailee Steinfeld have called it quits. The [celebrity relationship](#) was strong over the summer, but the couple hasn't been together for a few months. The pair kept their time together on the down-low, and according to *E! Online*, a source shared that "Hailee realized she had a lot on her plate and her work schedule was insanely busy. She was gearing up for a huge press tour for her new movie," and she ultimately realized they "would be apart for mass amounts of time." Neither of them have spoken about the break-up.

In celebrity break-up news, Niall Horan and Hailee Steinfeld are no more. What are some ways to keep a busy work schedule from affecting your relationship?

Cupid's Advice:

How can you keep a busy work schedule from affecting your relationship? Cupid has some thoughts:

1. Share a calendar: You and your partner can put everything you do in a calendar or planner. It will be clear when you have plans and when you don't so you can use any extra time to plan something with each other instead of trying to randomly schedule time.

Related Link: [Celebrity Exes Brad Pitt & Angelina Jolie Reach Child Custody Agreement](#)

2. Plan a time where the two of you can spend time with each other: The two of you can plan a day during the week where you only spend time with each other. It'll give you a chance to catch up with each other as well devote your full attention to one another. The time will just be for the two of you, and

will allow you to strengthen the relationship after being so busy.

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3. Take the free time you have to show appreciation for your partner: The two of you might not be able to see each other all of the time, but you can still appreciate each other. Send messages to your partner throughout the day to let them know you're thinking about them. You could also get your partner something you know they like to show them they're important even though you are busy.

How did you keep a busy schedule from affecting your relationship? Share with us below!

Celebrity Break-Up: Find Out Why Michael Sheen & Sarah Silverman Split





By [Ivana Jarmon](#)

Michael Sheen recently opened up about his relationship with [celebrity ex](#) Sarah Silverman. In [celebrity news](#), Sheen says international politics played a huge role in his [celebrity break-up](#) with Silverman. “After the Brexit vote, and the election where Trump becomes president, we both felt in different ways we wanted to get more involved,” Sheen told *The Daily Telegraph*. “That led to her doing her show *I Love You, America*, and it led to me wanting to address the issues that I thought led some people to vote the way they did about Brexit, in the area I come from and others like it.” While the celebrity exes bonded over politics and social justice, they both knew that being together was not right for them at the time. The exes dated for nearly four years before calling it quits in December 2017, *UsMagazine.com* reports.

In this celebrity break-up news, Michael Sheen finally explains what

led to his split from Sarah Silverman. What are some ways politics can affect your relationship?

Cupid's Advice:

Some couples embrace political differences, some don't care, and others consider having similar views non-negotiable. Cupid has some ways politics can affect your relationship:

1. Political differences: Not seeing eye to eye can at times lead to an opportunity of learning and growth. Having different opinions can enrich and sometimes positively affect a relationship. But sometimes political viewpoints can easily become personal and sensitive matters. Couples have been torn apart by different political viewpoints.

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2. Believing your political view is the only correct perspective: A quick way to destroy a relationship when it comes to politics is to believe your way is the only way. Be open to your partner's perspective, because you don't have to like it, but you must agree to disagree. This goes with anything in life; you have to compromise.

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3. Inability to respect someone different view: In a relationship, you share many differences. By not respecting your partner's view, you're ignoring how they feel, which is very disrespectful. To make a relationship work, you must respect your partner's views even if you don't like them.

What are some ways politics can affect your relationship?
Share your thoughts below.

Celebrity News: 'The Bachelor' Star Tia Booth Has a New Boyfriend



By [Ivana Jarmon](#)

Tia Booth is off the market! In [celebrity news](#), Booth has found love again after having her heart broken by [celebrity ex](#) Colton Underwood. The former *Bachelor in Paradise* contestant

shared a photo of herself with Cory Cooper at a football game in Nashville. A source close to Booth tells *EOnline.com*, “Tia has been traveling back and forth to Nashville recently within the past month to visit him, and they are very happy.” The source also shares, “Tia really likes Corey, and they are enjoying getting to know each other right now.”

In celebrity news, Tia Booth is no longer single and on the market, it seems. How do you know when to become an “official” couple with someone you’ve been dating?

Cupid’s Advice:

It’s never crystal clear when exactly you should have “the talk.” Some couples slide into a committed relationship with ease and for others, it’s a bit harder. Cupid has some tips on how to tell if you’re ready to become an “official” couple with someone you’ve been dating:

1. Meet each other’s friends and family: When you’re really into someone, you won’t want to hide them. Instead, you will want to show them off. If your plans usually include socializing with their friends and co-workers, it’s a great sign that you’re headed toward an exclusive relationship.

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2. PDA: If you’re holding hands, kissing, or cuddling in public in front of family and friends, these signs of affection will show the world that you’re official.

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[Dating John Mayer](#)

3. A key to their home: If you and your partner exchange keys, that's letting you know that you have the key to your partner's heart. You're definitely in an official relationship and trust each other.

What are some ways to tell if you are ready to become an official couple with someone you've been dating? Share your thoughts below.

Celebrity News: Find Out What's Next for Julie Chen Post-Scandal





By Courtney Shapiro

In [celebrity news](#), well known co-host of *The Talk* and host of *Big Brother*, Julie Chen is in the spotlight after allegations of sexual assault and harassment came out against her husband, the CEO of CBS, Les Moonves. *E! News* reported that Chen has decided to step away from her position on the talk show, saying, “Right now I need to spend more time at home with my husband and our young son, so I’ve decided to leave *The Talk*. On the other hand, she has decided to stay on with the popular summer game show, *Big Brother*, as it is more manageable and she will be free of obligations from CBS for the next few months, since the finale airs on September 26th. At this time, Chen’s future with CBS is up in the air.

In celebrity news, Julie Chen is tasked with rebuilding her life after her husband was fired from

CBS for sexual assault allegations. What are some ways to rebuild your life after a break-up?.

Cupid's Advice:

Need some ways to rebuild your life after a break-up? Cupid has some ideas to rebuild:

1. Invest in your support network: You can't get past the break-up alone. This is the time where you will need those closest to you to support you, and be by your side. These are the people who have your best interests at heart, and only want you to heal.

Related Link: [Celebrity Break-Up: 'Bachelor in Paradise' Star Jordan Kimball Confirms Split from Jenna Cooper Amid Cheating Reports](#)

2. Start a new routine: A fresh break-up can make it difficult to continue your normal routine, so don't. Take the time for yourself, and start crafting a schedule that is best for you. Keeping yourself busy in a new schedule will give you purpose, and will keep your mind off of the break-up itself.

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3. Try incorporating healthy habits: This time is all about you. Now that you're taking care of just yourself, you can take this time to include more positive things into your life. These habits don't have to be related to exercise, and you can focus on the goals you have in your career, or life in general.

**How would you start to rebuild your life after a break up?
Tell us in the comments below.**

Celebrity News: Two Strong 'Bachelor in Paradise' Couples Abruptly Break Up



By Ivana Jarmon

In latest [celebrity news](#), *Bachelor in Paradise* [celebrity couples](#), Joe and Kendall, and Astrid and Kevin, two of the strongest couples, broke up abruptly during Monday's episode. [UsMagazine.com](#) reports that Joe and Kendall were seemingly in a good place, when he brought up engagement. Kendall freaked out and pumped the breaks on their relationship. From there things went downhill for the couple. Joe abruptly told Kendall

he was leaving after stating that he was in love with her and that Kendall was looking for excuses not to be with him. Kendall felt love, but didn't know if she was in love with him. Meanwhile, Astrid got blindsided by Kevin when he broke up with her, mentioning in previous episodes that he had bad experience in the fantasy suite, and that he felt like something was missing between them. It's not always love for couples in *Bachelor in Paradise*.

'Bachelor in Paradise' was anything but paradise for the two couples. What are some ways to cope with an unexpected break-up?

Cupid's Advice:

Unexpected break-ups at times feels like the end of the world. Cupid has some tips on how to cope a sudden break-up:

1. Take time for yourself: Sudden break-ups often leave us lost. This is the time to reflect, so take time for yourself. Ask yourself what it is you want. Figure out who you are.

Related Link: [Celebrity Couple: 'Bachelorette' Star Clay Harbor Is Dating 'Bachelor in Paradise' Star Angela Amezcu](#)

2. Examine the relationship: Let's face it! You're going to do this no matter what. So, why not really think about your relationship with this person. Go over the good, the bad and the ugly. See yourself from his or her point of view. Obsess, but don't get stuck. In other words, give yourself permission to grieve the loss of your relationship.

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3. Free yourself: In the words of Elsa, “Let it go.” It’s easier said than done. You have been going over and over what went wrong. Or, you’re wondering what you could have done differently. You will never know, and you must make peace with that. Forgive yourself, and forgive that person who broke your heart.

What are some coping tips after a sudden break up? Share your thoughts below.

Celebrity News: Ben Affleck Checks In to Rehab After Intervention with Jennifer Garner





By [Haley Lerner](#)

In [celebrity news](#), [Ben Affleck](#) checked in to rehab on August 22 after an intervention by estranged wife [Jennifer Garner](#) and a sober coach. According to *UsMagazine.com*, a source said Affleck knew he needed help and asked for it. An eyewitness at the scene of the intervention at Affleck's home in Pacific Palisades said at one point Garner came outside shaking. After the intervention, Affleck and Garner left his house in a car together, stopped at a Jack in the Box and drove to Malibu. Garner has supported Affleck through his addiction struggles even though the two split up in 2015 and filed for divorce in 2017.

In celebrity news, Ben Affleck checked into rehab with support from his family. What are some ways to support a partner

who has a substance addiction?

Cupid's Advice:

Substance addiction is a tough battle, and if your partner is going through it, it can be difficult. Cupid has some tips on how to support your partner:

1. Get them help: The most important thing you can do for your partner is to get them help for their substance addiction. Whether it's having an intervention, taking them to rehab, getting them a therapist or some other form of treatment, it is definitely necessary for them.

Related Link: [Celebrity Break Up: Jennifer Garner Wants Ben Affleck to "Work on His Health" Before Finalizing Divorce](#)

2. Be there for them: Right now, your partner needs you to be loving and supporting while they are going through a hard time. Be there to talk to them whenever they need it and make it clear you aren't going to leave them.

Related Link: [Celebrity News: Jennifer Garner 'Doesn't Want' Her Kids Around Ben Affleck's GF Lindsay Shookus](#)

3. Help them find new outlets: If your partner is out of rehab but still is in a tough place from their substance abuse, help them find new fun outlets to spend their time and enjoy life. Show them you still want life to be fun for them and take them on fun dates and outings.

Have any more tips on how to help a partner who has a substance addiction? Comment below!

Celebrity News: Find Out Why Angelina Jolie is Waging War Over Custody with Brad Pitt



By [Haley Lerner](#)

In [celebrity news](#), [Angelina Jolie](#) is waging a war over custody of her six children with [Brad Pitt](#) after their [celebrity divorce](#). In a court document filed August 7 by Jolie's legal team, Jolie claimed Pitt "has paid no meaningful child support" in the 23 months since their separation. According to *UsMagazine.com*, sources say the reason Jolie is revving up the custody battle is because, "She sees the writing on the wall: Joint custody is a done deal, and there is nothing she can do to stop it." Pitt was the subject of a child services investigation immediately following Jolie's divorce filing,

but he was cleared of any wrongdoing. Though Jolie has held primary custody of the kids, Pitt has been granted increased visitation rights. In June, Pitt was granted temporary shared custody for the summer by an L.A. judge. An insider said, "Brad is done playing doormat to Angie, hoping that would tamp down her anger. He is going to trust his lawyers and inner circle of friends to continue to be there for him – and get him joint custody of the kids."

In celebrity news, Angelina Jolie isn't going to go quietly into the night when it comes to the custody of her children. What are some ways to make a custody battle more civil?

Cupid's Advice:

Custody battles can be hard for both the parents and the children. Cupid has some tips on how to make it easier:

1. Think of your children: During a custody battle, it's important you remember the reason you are going through all of this: your children. Do your best to keep things civil to ease the pain and turmoil your kids will have to go through with their parents splitting up.

Related Link: [Celebrity News: How Brad Pitt Came Out of Split from Angelina Jolie Better Than Ever](#)

2. Open communication: Even if you may have negative feelings towards your ex, it's important you keep communication open during a custody battle. Icing each other out will only cause more tension and cause things to get uncivil.

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3. Understand each other: As much as you might want to loathe your ex and have them have zero contact with your kids, it's important you understand where they are coming from and the love they have for your children. Be understanding and respect that they deserve time with your children as well.

Have any more tips on how to make a custody battle more civil? Comment below!

Celebrity Break Up: Jennifer Garner Wants Ben Affleck to "Work on His Health" Before Finalizing Divorce





By [Haley Lerner](#)

In [celebrity break up news](#), [Jennifer Garner](#) isn't rushing to finalize her [celebrity divorce](#) from [Ben Affleck](#). According to *UsMagazine.com*, new court documents state that the couple was warned by a judge in the L.A. Superior Court that if the two can't settle their divorce case, a judge has the right to call it off. But, apparently Garner has been stalling the divorce. A source said, "Jen wanted to give Ben the time and opportunity to work on his health and sobriety. She isn't in a rush." The insider added that Garner wants Affleck to be "the best father he can be" to their three kids and "wants what's best for the kids. But, it seems Affleck is ready to move on, as he's been dating *Saturday Night Live* producer Lindsay Shookus. The source added, "Ben would have liked to have finished this and closed the books sooner." But, "Jen just isn't willing to settle the custody issues until she's 100 percent certain that he's clean."

Jennifer Garner isn't rushing to finalize her divorce with Ben Affleck because she cares about his wellbeing. What are some ways to support your ex after a break up?

Cupid's Advice:

Breaking up with an ex can be hard when they are going through a rough time. Cupid has some tips on how to support your ex after a break up:

1. Give them space: After a break up, sometimes the best thing you can do for your ex is to give them space. They need to heal from the split just like you, so giving your ex space can be good for both of you.

Related Link: [Celebrity News: Jennifer Garner 'Doesn't Want' Her Kids Around Ben Affleck's GF Lindsay Shookus](#)

2. Talk to their friends: If you don't want to be the one to directly help your ex, talk to their friends or family and let them know you think they are in need of some help. They can then take the lead and figure out how to help out.

Related Link: [Celebrity News: Jennifer Garner and Kids Visit Ben Affleck In Hawaii](#)

3. Be there for them: If you're comfortable with it, you can keep the door for conversation open with your ex. Make it clear that you want things to be platonic, but that you are also willing to be a friend to them and are there to talk them through anything they are dealing with.

Have any more ways to support an ex after a break up? Comment below!

Celebrity News: Jack Osbourne Allegedly Punches Estranged Wife's New Boyfriend



By Rhodesia Williams

In [celebrity news](#), an upset Jack Osbourne has recently gotten himself into some trouble just months after his split from wife Lisa. According to *UsMagazine.com*, Jack Osbourne has been going through a [celebrity break up](#) from his estranged wife, Lisa. Apparently, Osbourne went to talk to his wife when her boyfriend showed up. After a heated argument, Osbourne punched him. The [celebrity couple](#) say that although their [celebrity](#)

[relationship](#) is over, they will continue to co-parent and enjoy their kids.

In celebrity news, Jack Osbourne apparently isn't a fan of his estranged wife's new beau. What are some ways to handle jealousy coming from an ex moving on?

Cupid's Advice:

Moving on after a break up is always hard. Some take it better than others, so it is important to consider your ex partner's feelings. Cupid has some advice on how to handle jealousy from an ex:

1. Stay away: The easiest and safest way to handle a jealous ex is to stay away! While you don't have to hide like you're in the Witness Protection Program, keeping your distance may be best. Everyone is different, so you can't know for sure how your ex feels. Running when you see them is a bit too much but if you deliberately go looking to see your ex, just be prepared for anything that may happen. If you are seeing someone else, please heed this warning. You know what they say... "If you knock on the Devil's door, he will answer." Be smart and be safe.

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2. Respect the break up: For whatever reason, your relationship unfortunately ended. For you and your partner, it is important to respect your break up. Showing respect towards your ex could ease the tension and may help your partner to move on. Parading a new flame around too soon may egg your ex

on and cause a huge, unnecessary commotion. Keep the peace and have respect.

Related Link: [Dating Advice Q&A: Should I Remain Friends with My Ex Online?](#)

3. Stay quiet: If your ex is acting out, sometimes the best response is no response. Not every action deserves a reaction. Whether your ex is genuinely upset or purposely trying to hurt you, keep calm and continue on. Eventually, your ex will get tired of not being answered and will hopefully work on healing themselves. Silence is the loudest answer you can give.

What are some ways to handle a jealous ex? Share below.

Celebrity Break-Up: Nikki Bella & John Cena Split Again Two Months After Reconciling





By [Haley Lerner](#)

In [celebrity break up](#) news, Nikki Bella and John Cena have split again only two months after reconciling and resuming their [celebrity engagement](#). Bella told *EOnline.com* in a statement, “After I called off the engagement, we tried to work on our relationship to get back to where it was, and in order to move forward with our wedding. After much time and soul-searching alone and together, we have decided to officially part ways. I had a beautiful and loving 6-year relationship with a wonderful man. I have the utmost respect for John, but I know what is best for me.” A source said Bella is doing well and moving on with her life after the breakup. But, Cena has yet to publicly comment on the breakup. This news comes after Bella’s representative said she and Cena were “working on their relationship” after the two initially called off their engagement just over three months ago. The couple began dating in 2012 and their relationship has been documented on *Total Divas* and *Total Bellas*.

It looks like John and Nikki are experiencing a celebrity break-up yet again. What are some factors to consider before reconciling with an ex?

Cupid's Advice:

Are you feeling like you might want to reconcile with an ex? Cupid has some factors for you to consider:

1. Will it last?: Before getting back together with an ex, you want to make sure that the reconciliation will actually last. For Bella and Cena, their reunion was short-lived. Getting back together just to break up again shortly after can cause you more pain than the initial break up did. If you reunite with your ex, make sure you are completely committed to doing so and you are sure things will last for the long term.

Related Link: [On-Again! Celebrity Couple Nikki Bella & John Cena Are Back Together After Calling Off Wedding](#)

2. Have things changed?: You shouldn't get back together with someone if all the problems that made you two break up are still there. If you choose to reconcile with your ex, all former arguments should be quelled and you two need to have worked through your problems. If a past issue is still present, it's likely to cause more trouble for you further on in your relationship.

Related Link: [Celebrity Wedding: Nikki Bella Admits She's Growing 'More Apart' from John Cena Pre-Nuptials](#)

3. Are you ready?: It's important you make sure that you are emotionally ready to be in a relationship again after already

getting your heartbroken before. You need to make sure prior to reconciling with your ex that you are confident in yourself and are ready for what could happen if the relationship fails again. Don't get back with your ex if you think you won't be able to handle a potential negative outcome from it.

Have any more things to consider before getting back together with an ex? Comment below!

Celebrity News: Jennifer Garner 'Doesn't Want' Her Kids Around Ben Affleck's GF Lindsay Shookus





By Rhodesia Williams

In [celebrity news](#), Jennifer Garner says she doesn't want [Ben Affleck](#)'s new [celebrity relationship](#) anywhere near their three children. Affleck, who is now dating Lindsay Shookus, went through a public [celebrity break-up](#) with Garner in 2015. They share three children together; however, Garner has her reasons for not wanting Shookus around her children.

In celebrity news, Jennifer Garner is doing well post-split from Ben Affleck, but she doesn't want her kids around his new girlfriend. What are some ways to handle introducing your kids to your new partner?

Cupid's Advice:

Introducing your children to a new partner can be difficult. Often times, your ex may have some requests and, to keep the peace, honoring them is a good idea. Cupid has some ideas on how to introduce your new partner to your kids:

1. Who wants ice cream?: Naturally, most kids love ice cream. A good ice breaker is taking the kids and your new partner out for ice cream. It is important to have the kids in an environment where they are comfortable and feel safe. While you may think they are focused on their sundaes, they will remember the outing and it will help associate your partner with a happy memory.

Related Link: [Relationship Advice: The Pitfalls of Dating While Divorcing](#)

2. Introduce the idea: Sometimes the “what if” game helps. Slightly introducing the idea will help in finding out if your kids are okay with you having a new partner. Kids often object to their parent being with someone new because they want to see their biological parents together. Over time, suggesting that you may have a new partner will plant the seed needed and will help introduce your new partner.

Related Link: [Parenting Tip: Being a Adoptive Parent](#)

3. Make it a party: If you and your ex are on good terms, it’s a good idea for all adults involved to introduce your new partner. Your children seeing that you all are getting along and can co-exist will ease their minds. Naturally kids don’t want to see their parents apart, so when introducing a new partner, you want your kids to feel comfortable. Having your ex back you up can only help the situation.

What ways would you introduce your new partner to your children?? Share below.

Celebrity News: Wilmer Valderrama Spotted Visiting Demi Lovato One Day After Her Overdose



By [Haley Lerner](#)

In [celebrity news](#), Wilmer Valderrama was spotted visiting [celebrity ex](#) Demi Lovato at the hospital, just one day after the singer's drug overdose. According to *EOnline.com*, Valderrama's car was seen entering Cedars-Sinai Medical Center in Los Angeles, where Lovato is receiving treatment. A source

said that Valderrama stayed at the hospital for over two hours and said, "He was somber and quiet and you could tell he was in a very serious mood. He arrived and left by himself." Lovato and Wilmer dated for almost six years until breaking up in 2016, but have remained on good terms. Valderrama is the first celebrity guest to visit Lovato in the hospital after she was rushed to the hospital by ambulances from her home in Hollywood Hills on July 24 after suffering an apparent overdose. Lovato's publicist confirmed the news in a statement, but refuted tabloid claims that the singer overdosed on heroin. "Demi is awake and with her family who want to express thanks to everyone for the love, prayers and support. Some of the information being reported is incorrect and they respectfully ask for privacy and not speculation as her health and recovery is the most important thing right now."

These celebrity exes still clearly hold love for one another. What are some ways to support your ex during a trying time?

Cupid's Advice:

In difficult times, sometimes the right thing to do is to be there for your ex. Cupid has some tips on how to support them:

- 1. Show up:** Just like Valderrama did, sometimes the best thing you can do when your ex is struggling is to show up and be there for them. Just because you are no longer in a relationship doesn't mean you don't have to be supportive of them when they are going through something difficult. Just going to them to offer your support and presence is a huge help.

Related Link: [Celebrity Exes Demi Lovato & Wilmer Valderrama Haven't Ruled Out Reconciliation](#)

2. Keep it platonic: One thing to remember when supporting your ex during a trying time is to not let things go too far and end up getting romantic. Your ex is going through a lot and a past relationship is easily something they can turn to for comfort, but you could end up getting hurt in the end if it doesn't work out. Make sure to support your ex only as a friend and make your boundaries clear.

Related Link: [Celebrity Exes Demi Lovato & Wilmer Valderrama Reunite for Lunch Date](#)

3. Rally their friends: If you actually being around your ex might be too stressful for them, maybe try supporting your ex in a different way. If you still have mutual friends, contact them and let them know they should reach out to them. You can also try to organize a get together where you all can be there for him, without things being as awkward as meeting with just the two of you.

Have any more tips on how to support an ex in trying times? Comment below.

Celebrity Break-Up: Josh Duhamel & Eiza Gonzalez Split After 5 Months of Dating





By [Haley Lerner](#)

In [celebrity break-up](#) news, Josh Duhamel and Eiza Gonzalez have spit after dating for five months. A source told *UsMagazine.com* that the [celebrity couple](#) split “a couple weeks ago” because “they just drifted apart.” On July 23, Duhamel told photographers in Los Angeles that he and Gonzalez are “done,” according to the *Daily Mail*. Duhamel started dating Gonzalez less than five months after splitting from wife Fergie after being married for eight years. Duhamel and Gonzalez met in February at Jennifer Lopez’s pre-Super Bowl concert at the Minneapolis Armory.

This celebrity break-up was a result of the couple just drifting apart. What are some ways to keep your relationship strong?

Cupid’s Advice:

Looking to stay close with your partner? Cupid has some tips on how to keep your relationship strong:

1. Plan dates: If you and your partner are having trouble making time to see each other, it is important you work together to set aside time for special dates and meetings. Plan a romantic date with your beau and spend quality time with each other.

Related Link: [New Celebrity Couple: Josh Duhamel Steps Out with Eiza Gonzalez Amidst Relationship Rumors](#)

2. Talk about your feelings: If you feel like you and your partner might be drifting apart, you really should talk about it to them. You two can then process your emotions together and figure out what's causing the distance and how you can solve it as a couple.

Related Link: [Celebrity News: Fergie Says She Wanted to Stay Married to Josh Duhamel 'Forever'](#)

3. Show your love: Stay close with your partner by showing them how much you truly love them. Whether it's by complimenting them, surprising them with a gift or cooking for them, you should make it clear to your partner how much you love them.

Have any more tips on how to stay close with your partner? Comment below!

Celebrity News: How Brad Pitt

Came Out of Split from Angelina Jolie Better Than Ever



By [Haley Lerner](#)

In [celebrity news](#), [Brad Pitt](#) seems to have come out of his [celebrity break up](#) with [Angelina Jolie](#) better than ever. After his shocking split with Angelina Jolie, with her filing for divorce and requesting full custody of their six children, Pitt seemed to be in a bad place. Despite cheating allegations and custody fights, Pitt has relied on therapy, solitude and sobriety to “strip down the foundation and break out the mortar,” as the 54-year-old actor said in an interview with *GQ Style*. Pitt also said, “For me every misstep has been a step toward epiphany, understanding, some kind of joy. Yeah, the

avoidance of pain is a real mistake. It's the real missing out on life. It's those very things that shape us, those very things that offer growth, that make the world a better place, oddly enough, ironically. That make us better." According to *EOnline.com*, an insider said Pitt and Jolie have "had a pretty dramatic year and [Pitt] wants things to remain calm in the future." One source said the actor has been on a few dates, but hasn't focused on any serious relationship yet. Another insider said Pitt maintains an active social life and that "Brad spent a lot of time alone and in private looking at himself and reevaluating what was most important and who he wanted to be. Now he's in a place where he's implemented those changes and has a lot more clarity. He's come out of that dark time and is in a much better place."

In celebrity news, Brad Pitt has never been happier. What are some ways to know it's time for a change in your relationship status?

Cupid's Advice:

Sometimes, it's time for a relationship to end. Cupid has some ways to know it's time for a change:

1. You constantly fight: If you and your partner are constantly fighting, it may be time to end the relationship. You shouldn't be in a relationship where you are unhappy, so even if you really care about your partner, it might be the right thing to do to let them go.

Related Link: [Celebrity News: Brad Pitt Was 'Done Being Mr. Nice Guy' in Custody Agreement with Angelina Jolie](#)

2. You feel stuck: Even if there isn't any drama in your relationship, sometimes it can be rough when you feel a lack

of passion or interest in your partner. If you feel your relationship is only holding you back, you should consider changing your relationship status.

Related Link: [Celebrity News: Brad Pitt is Casually Dating as He Adjusts to Single Life as a Dad](#)

3. You don't have time for each other: Sometimes, two people just aren't meant to be together when it comes down to timing. If you and your partner never seem to have time to hang out or go on dates, it might be time to take a break. If you miss each other, you can always try working it out again. But, it might be best for you to take some time alone.

Know any more ways to tell that you need to change your relationship status? Comment below!

Celebrity Break-Up: Liam Payne & Cheryl Cole Split After 2 Years Together





By Rhodesia Williams

In [celebrity news](#), Liam Payne and Cheryl Cole have decided to split after two years together. According to *UsMagazine.com*, the [celebrity break up](#) comes after rumors of cheating among other things. The [celebrity couple](#) started dating in 2015. Cole says that the [celebrity relationship](#) went through its struggles but through it all they will continue to love their son, Bear, and continue to co-parent.

This celebrity break-up comes after a long-term relationship. What are some ways to know your relationship has run its course?

Cupid's Advice:

As hard as it is, sometimes the one you love just isn't the one for you. Cupid has some advice on ways to know if your relationship has run its course:

1. Unexplained anger: Are you and your partner constantly fighting? Is there unexplained tension or anger between the two of you? This is a clear indicator that there is something wrong and should be brought to each other's attention. There are clearly some issues that need to be worked out and unfortunately if the issues can't be fixed, maybe its time to say goodbye.

Related Link: [Dating Advice: Most Common Dating Mistakes](#)

2. Are you happy?: Your happiness matters! If you or your partner aren't happy then its time to break up. Staying in an unhealthy environment isn't going to make things better and can cause issues later on. Discuss things that can help boost the positivity in your relationship. If you can't seem to get it right then it's time to call it quits. Breaking up doesn't mean you don't love each other, but you guys are preserving the love you have left.

Related Link: [Dating Advice: 4 Signs Your Partner is the Right One for You](#)

3. You aren't at work: Although relationships are work, you shouldn't feel like you are at work when with your partner.

What are some other ways to know your relationship may be over? Share your thoughts below.

Celebrity Break-Up: Sam Smith & Brandon Flynn Split After

Nine Months of Dating



By [Haley Lerner](#)

In [celebrity break-up](#) news, [celebrity couple](#) Sam Smith and Brandon Flynn have split after nine months of dating. According to *UsMagazine.com*, Smith deleted all posts of Flynn on his Instagram account. The “Stay With Me” singer also shared cryptic posts on his Instagram Story on June 26, one photo reading “Love” and a screenshot of Clean Bandit and Julia Michael’s song “I Miss You.” But, the *13 Reasons Why* star still has photos of the couple on his Instagram account. The pair was first seen kissing in New York City in October 2017. Then, the two attended the 2018 Grammy Awards together this past January.

This pair just went through a celebrity break-up. What are some ways to know early on that you aren't a match with someone?

Cupid's Advice:

Want to avoid a tough break-up? Cupid has some ways to tell early on that you and someone might not work out:

1. You have nothing in common: Early on, it's easy to fall for someone because of their charm and good looks. But, it's important that when considering seriously dating someone you two actually have stuff in common. If you don't, your relationship is pretty much likely to not end well.

Related Link: [Celebrity Break-Up: Jillian Michaels & Heidi Rhoades Split After 9 Years Together](#)

2. You don't like their friends: While there are exceptions, most of the time someone's friends reflect their only personality. If you find you can't stand hanging out with your partner's friends, then the relationship probably isn't a good match.

Related Link: [Celebrity Break-Up: The Bachelorette's Luke Pell & Girlfriend Holly Allen Split Again](#)

3. Different schedules: If you and the person you're dating have totally conflicting lives and schedules, a committed relationship can be especially hard. Your lives should work well together, but if they don't, it could mean the relationship isn't a good match.

Have any more ways to tell early on if you aren't a match with someone? Comment below!

Celebrity Break-Up: The Bachelorette's Luke Pell & Girlfriend Holly Allen Split Again



By Rhodesia Williams

In [celebrity news](#), *The Bachelorette's* Luke Pell and Holly Allen are calling it quits. According to *Usmagazine.com*, this [celebrity break up](#) isn't much of a shock. The [celebrity couple](#) seem to break up to make up often. Although Pell has dated other people on and off the screen, the couple always seem to

find their way back to each other.

This isn't the first time a celebrity break-up has occurred between these two. What are some things to consider before having an on-again off-again relationship?

Cupid's Advice:

Sometimes space is needed in a relationship, but too much space can hurt your relationship. Cupid has some advice on some things to consider before having an on-again-off-again relationship:

1. Time: Having a permanent on and off relationship is never healthy. You can't spend most of your time broken up because it poses the question of why you are even together in the first place. When deciding to break up, make sure you pay attention to how much time you are spending apart. Remember, when you are apart, you are teaching each other how to live without each other. Be careful; you might end up falling in love with the single life instead of your partner.

Related Link: [Dating Advice: 4 Signs Your Partner Is the Right One for You](#)

2. Respect: If you and your partner anticipate getting back together, make sure you both respect your relationship. A break is not meant for one or both of you to be out partying and hooking up with other people. Remember, a break is because things aren't working and if you are considering getting back together, then you need to spend the time working on yourself. Sometimes space is needed, but don't do anything you will regret.

Related Link: [Dating Advice: How to Stop Self-Sabotaging in Love](#)

Compromise: Being in an on and off relationship is hard enough, but remember to work through the issues. Relationships are two sided so as you're working through things, keep in mind that sometimes you have to negotiate. While you shouldn't have to put up with disrespect or cheating, simple things like communication and quality time problems can easily be solved.

What are some things you consider when entering an on and off again relationship? Share below.

Celebrity Break-Up: 'Real Housewives of Orange County' Alum Alexis Bellino & Husband Jim Split After 13 Years of Marriage





By Rhodesia Williams

In [celebrity news](#), it looks like *Real Housewives of Orange County* stars Alexis and Jim Bellino will be going through a [celebrity divorce](#). According to *UsMagazine.com*, although the [celebrity couple](#) share three children together, the [celebrity break up](#) comes after 13 years of marriage. Based on irreconcilable differences, the pair are calling it quits.

***Real Housewives* fans are upset by this split for sure. What are some ways to work on your marriage before calling it quits?**

Cupid's Advice:

It takes hard work to get to the point of marriage and even more work to maintain it. Don't be discouraged if you are going through a rough patch. Cupid has some advice on ways to work on your marriage before calling it quits:

1. Communication: One of the easiest ways to fix your marriage is communicating. If communication is part of the problem, it will take both of you to fix it. Expressing yourselves in a calm, respectable manner will not only fix the issue, but strengthen your relationship. Maybe sitting down over dinner or going for walks will help to set the mood and tone of the conversation. Being respectful is very important, and make sure you are both listening. Nobody wants to be seen and not heard, so respect your partner and really pay attention to what is being said.

Related Link: [Relationship Advice: Don't Let Distance and Lifestyle End Your Relationship](#)

2. Take time apart: While this may sound drastic, space can help your relationship tremendously. That doesn't necessarily mean going out and dating other people, but maybe staying at a family member's house or a close friend's house for a week is a good idea. Time away will make you miss your partner, and sometimes that's what relationships need. The space will also give you time to think and regroup. That being said, don't let too much time pass. When you leave someone for a long period of time, you teach them how to live without you. If you want to work things out, agree on the terms and conditions, and take it from there.

Related Link: [Relationship Advice: How to Stay Confident in a Long-Term Relationship](#)

3. Quality time: Though it's the opposite of taking time apart, maybe the issue is that you aren't spending enough time together. While there can be various factors playing into why you aren't spending time together, it is important to come together and discuss the issue. You have worked this hard to get to marriage, so don't throw it away over something so silly. Sometimes you have to reignite the spark, so it's time to get the lighter. This is not a one-sided commitment. As a couple, you have to come together and make time for each

other. Start simple with a date night or a surprise homemade dinner; you'll be surprised how the little things can make the biggest impact.

What are some ways you would work on your marriage before calling it quits? Share below.

Celebrity Divorce: Blake Shelton Reveals He Hit 'Rock Bottom' After Split from Miranda Lambert





By Rhodesia Williams

In [celebrity news](#), [Blake Shelton](#) admits to hitting rock bottom after his [celebrity divorce](#) from Miranda Lambert. According to *UsMagazine.com*, the [celebrity couple](#) were married for four years before their [celebrity break up](#). Before Shelton and [Gwen Stefani](#) tried [celebrity dating](#), the two often checked on each other through texts and emails. Stefani was also going through a rough patch with her then husband, Gavin Rossdale. From simple texts and emails to thoughts of a possible [celebrity marriage](#), the [celebrity couple](#) are three years into their relationship. The couple made it through one of the hardest times of their lives together and are still going strong.

This celebrity divorce hit Blake Shelton hard. What are some steps you can take to recover after a tough break-up?

Cupid's Advice:

Break ups are one of the hardest things you go through in life. Through the pain, you have to find the light even if it takes some time. Cupid has some advice on how to recover after a tough break up:

1. Cry: Never ever be ashamed to cry! Man or woman, everybody has a heart and can have it broken. The best self therapy is to just let it all out. Whether it happens when you are in front of people or when you are alone, you will feel so much better. Holding back the tears won't help you because you aren't expressing how you feel. Building up emotions isn't healthy and can cause issues later.

Related Link: [Relationship Advice: Working Through Your Heartbreak](#)

2. Talk: Talking is another therapeutic way to help recover from a tough break up. Speak about what happened. It will only help ease the pain away. Say you accidentally spilled your coffee. Initially, in anger you say, "Darn! I spilled my coffee." As the day goes on, you soon lose the anger and when you explain what happened, the anger is no longer there. Speaking on what happened and repeating things somehow helps put your mind and in this case, your heart at ease.

Related Link: [Relationship Advice: I'm scared to Get Back Out There and Date!](#)

3. Go out: While we're not saying head out to the clubs or immediately sign up for speed dating, taking baby steps and enjoying yourself will help with recovery. Start small, like a movie date with friends or even by yourself. Surrounding yourself with loved ones always helps, but sometimes you just need to be alone. Dating yourself for a while is a great way to heal your broken heart. Sometimes simply taking yourself for ice cream can help.

How do you recover from a tough break up? Share below.