

Celebrity Break-Up: Julianne Hough Files for Divorce from Brooks Laich 5 Months After Split



By Carly Silva

In the latest [celebrity break-up](#) news, Julianne Hough has officially filed for divorce from [celebrity ex](#) Brooks Laich. According to *UsMagazine.com*, the pair, who tied the knot in 2017, announced their split five months before officially filing for divorce earlier this week.

In celebrity break-up news, it's officially over between Julianne Hough and Brooks Laich. How do you know when your relationship is irreparable?

Cupid's Advice:

Trying to salvage a relationship can be tricky, so it's important to know when to call it quits. If you're looking for signs that your relationship is irreparable, Cupid has some advice for you:

1. You've already tried everything: If you're trying to decide if your relationship is able to be fixed, it's important to assess what you've already tried. If you and your partner have tried to fix things for quite a long time, or even tried therapy, and you find yourself exhausted because things still aren't working, it may be time to call it quits.

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2. Your relationship has become harmful to one or both of you: Another sign that may help you know that your relationship is irreparable is if you find the relationship to be doing more harm than good to one or both of you. Once your relationship makes you and your partner unhappy often or has caused damage or harm to you, that is definitely a major sign that it may not be salvageable anymore.

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3. You no longer trust each other: Another sign of an unfixable relationship is a lack of trust. Continuing in a

relationship without trusting your partner will only cause more problems down the road, so if you have tried everything to rebuild trust, and you still can't rely on each other, your relationship may not be repairable at that point.

What are some other ways to tell that your relationship is irreparable? Start a conversation in the comments down below!

Celebrity Break-Up: Jessie J Posts About 'Unhealthy Love' After Channing Tatum Split



By Nicole Maher

In the latest [celebrity news](#), Jessie J revealed details about her relationship with Channing Tatum after their split, referring to the relationship as “unhealthy love.” According to *UsMagazine.com*, the singer made reference to her relationship with Tatum on her Instagram Story when she included a quote about avoiding relationship timelines and emphasized falling in love at any age. The [celebrity couple](#) dated on-and-off for the past two years before officially announcing their [celebrity break-up](#) earlier this year.

In celebrity break-up news, Jessie J is seemingly speaking out about her unhealthy relationship with Channing Tatum. What are some tell-tale signs that you're in an unhealthy relationship?

Cupid's Advice:

1. There's no compromise: One of the most important aspects of a relationship is the willingness to compromise. It is likely that you and your partner will not agree on everything, but when both people are willing to compromise in different ways, it allows for healthy communication and an overall healthy relationship. However, if your partner is not compromising in any way and you are constantly forced to follow their decisions, you are in an unhealthy relationship.

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2. Other areas of your life are impacted: Unhealthy

relationships can cause a great deal of stress and frustration when you are around your partner, but these feelings can also spread into other areas of your life. If you feel yourself getting frustrated with your other friends or work environment but are unsure why, it may be stemming from stress that started in your relationship.

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3. You feel worse about yourself: The person you are in a relationship with should never leave you questioning your own worth or how much they care about you. While nearly every relationship goes through a rough patch, there should never be a time where your partner makes you feel like less of a person. This willingness to put you down shows a lack of overall respect and is likely a sign of unhealthy love.

What are some other tell-tale signs you're in an unhealthy relationship? Start a conversation in the comments below.

Celebrity Break-Up: Christina Anstead Talks About Choosing Peace Over Drama After Split





By Carly Silva

In the [latest celebrity news](#), Christina Anstead chose to take the peaceful route after her [celebrity break-up](#) from Ant Anstead. According to *UsMagazine.com*, Christina took to Instagram to announce that she is choosing peace after the turbulent journey of her divorce from Ant.

In celebrity break-up news, Christina Anstead chose to take the peaceful route after her break-up from Ant Anstead. What are some ways to keep your split civil and peaceful?

Cupid's Advice:

After a break-up, it's easy to get wrapped up in the drama of an intense split, but sometimes, taking the high road will

make things a lot easier. If you're looking for ways to keep your split civil and peaceful, Cupid has some advice for you:

1. Make a conscious choice: If you want your break-up to remain civil and peaceful, the first thing to do is make a conscious choice to do so. Make the decision to be peaceful and stick to it. This intentional effort will make it easier to stay peaceful as you deal with the aftermath of a split.

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2. Stay off social media: One of the worst things you can do after a break-up is bring it to social media. Posting about your ex or your break-up only adds more chaos and drama to the situation. Try to stay off of social media after your split to avoid the temptation of getting wrapped up in the drama of your break-up.

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3. Focus on other things: The best way to stop yourself from getting caught up in the drama of your split is to take yourself away from any tempting situations. Instead of thinking about or talking to your ex, try focusing on things in your life that you love or that bring you joy. This can help distract your mind and help you achieve peace instead of constantly being upset over the break-up.

What are some other ways to keep your split civil and peaceful? Start a conversation in the comments down below!

Celebrity Break-Ups: Lenny Kravitz 'Blew It' During First Meeting with Ex Lisa Bonet



By Nicole Maher

In the latest [celebrity news](#), Lenny Kravitz's new memoir *Let Love Rule* gave fans a look into some of the hardship he has faced in the past, including making a bad first impression when meeting his [celebrity ex](#) Lisa Bonet. According to *EOnline.com*, Kravitz outlines how when first meeting Bonet, he "kind of blew it" by complimenting her hair. Kravitz explained that he was nervous, and while he did like her hair, he knew he should've said something better. Kravitz and Bonet later

went on to get married and have a daughter before announcing their [celebrity break-up](#) in 1993.

In celebrity break-up news, not all love stories have a perfect beginning, middle, and end. What do you do if you make a bad impression on your crush the first time you meet them?

Cupid's Advice:

Sometimes when we get nervous or are trying to impress someone we end up saying the wrong thing. While this may not lead to the best first impression, it doesn't mean that we completely blew our shot. If you are looking for some ways to make up for a bad first impression, Cupid has some advice for you:

1. Acknowledge and apologize: Oftentimes the easiest way to move past an awkward encounter is to simply acknowledge it happened and apologize for it. This will ensure your crush that you also thought the first impression wasn't the best so they are not left wondering if that's how you normally act. Once the air is cleared, focus on impressing them next time!

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2. Don't dwell on it: While the fact that you made a bad first impression on your crush may still be on the forefront of your mind, it is important not to dwell on this encounter. If you spend too much time focusing on what you did wrong, it can make it more difficult to show your crush your real personality moving forward. Once you've acknowledged it, just

let it go!

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3. Nail the second impression: First impressions are not last impressions. Once the air is cleared from an awkward first encounter and you have stopped dwelling on what you originally said, take every opportunity moving forward to make a better impression. Over time, your crush will forget how bad your first impression may have been and only think of the ways you have impressed them since.

What are some other ways to make up for making a bad impression on your crush the first time you meet them? Start a conversation in the comments below.

Celebrity News: Cardi B & Offset Spotted Kissing at Her Birthday Party One Month After Split





By Nicole Maher

In the latest [celebrity news](#), exes Cardi B and Offset were spotted kissing at Cardi B's birthday party one month after announcing their divorce. According to *UsMazagine.com*, the two rappers shared a series of Instagram stories and posts of each other at the party, which included them dancing together and sharing a quick kiss. The couple announced their [celebrity break-up](#) earlier this year after tying the knot in September of 2017. Since making their divorce official, Cardi B has clarified the reason for ending their relationship involved too much arguing and not any infidelity.

In celebrity news, Cardi B and Offset may be having second thoughts about their split. How do you know when your relationship is

truly over?

Cupid's Advice:

It can be hard to determine when a relationship has officially run its course, and even harder to let go when you two share a long past or children. If you are looking for ways to determine if your relationship is truly over, Cupid has some advice for you:

1. You're not yourself: It can be difficult to determine just how much a failing relationship is affecting your life. If you find yourself getting tired or irritated in situations that have nothing to do with your current relationship, the emotions can still be coming from this source of stress. Take a moment to access your current state of mind and see if relationship drama is carrying into other areas of your life.

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2. You've split many times before: Sometimes you truly need to break-up with someone to understand just how much they mean to you. In some cases, a temporary break can lead to a more solid relationship in the future. However, if you have split multiple times with your current partner, or have started taking breaks more frequently, it may be a sign that your relationship is coming to an end.

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3. You've spoken with professionals: Many people turn to relationship counselors when they are experiencing trouble with their partner to find new ways to problem-solve. If these new communication methods or techniques aren't helping to repair your relationship, it might be time to consider breaking up. Relationship counselors will also sometimes

recommend splitting from your partner if they feel your relationship is irreparable.

What are some other ways to determine if your relationship is truly over? Start a conversation in the comments below.

Celebrity Break-Up: Prince William Dumped Then-Girlfriend Kate Middleton Over the Phone



By Nicole Maher

In the latest [celebrity news](#), a new book written by Robert Lacey revealed details about a rocky past between Prince William and Kate Middleton. According to *UsMagazine.com*, Lacey wrote that Prince William and Middleton have experienced two [celebrity break-ups](#) with each other in the past, with the most recent happening over the phone. The author explains that the Prince was 25 at the time and unsure of his future with Middleton. The royal couple has now been married for nine years and share three children.

In celebrity break-ups news, a new book claims that Prince William dumped now-wife Kate Middleton over the phone when their relationship was on the rocks. If you think your relationship is over, what are some ways to break the news to your soon-to-be ex partner?

Cupid's Advice:

Ending a relationship is never fun, but sometimes it is the only way to move forward with your own life. If you are looking for some ways to break the news to your soon-to-be ex partner, Cupid has some advice for you:

1. In person: The most respectful way to end a relationship with someone else is to have a conversation in person. Whether it is a newly formed relationship that you don't see working long term, or a relationship that has lasted years, the other person still deserves to be present for the conversation. This

will allow the two of you to discuss the break-up without too much getting lost in the translation of technology.

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2. Video chat: If distance is a factor in the relationship, or you truly cannot bring yourself to meet with your soon-to-be ex in person, video chats are a good alternative. This will allow you to break to news while still being able to see their face and register their emotions. While this option isn't as good as physically meeting up with someone, it is more respectful than a phone call or text.

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3. Over the phone: As a last resort, break-ups can be done over the phone. If this is the route you chose to take when ending things with your partner, be sure to pick a time that allows for both of you to have a full conversation rather than calling while one of you is at work. While phone calls are far from the best option in terms of ending a relationship, they are still more respectful than sending a text or not telling your partner at all.

What are some other ways to break the news to your soon-to-be ex partner? Start a conversation in the comments below.

Celebrity Exes: 'Bachelor' Nation's Kendall Long Reveals

What Future Holds with Ex Joe Amabile



By Carly Silva

In the [latest celebrity news](#), *Bachelor* Nation's Kendall Long recently opened up about her split from Joe Amabile. According to *EOnline*, the [reality TV star](#), who has been promoting the upcoming launch of her new book, said she and Amabile are still good friends and that they still want the best for each other.

These celebrity exes may not see

sparks again in the future, but they're still good friends and potential confidants. What are some ways to build a lasting friendship with your ex?

Cupid's Advice:

Trying to stay friends with an ex can be tricky territory, but there are a few tips to help you do it right. If you're looking for some ways to build a lasting friendship with your ex, Cupid has some advice for you:

1. Be clear about expectations: When you first start the process of being friends with your ex, you need to be open and clear about where your friendship is going. Make sure both of your intentions are understood, and that friendship is what you both really want.

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2. Establish boundaries: It's also important to make sure both of you know where the boundaries are. Establish what types of behaviors are okay and which ones aren't. Make it clear that flirting and hooking up are off limits so that you don't fall into old habits.

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3. Learn to be happy for them: One of the biggest parts of starting a friendship with your ex is the ability to be happy for them. Make sure you're in a place where you won't be

jealous of their new love life. Try your best to accept that your relationship has ended and support them through their new endeavors.

What are some other ways to build a lasting friendship with your ex? Start a conversation in the comments down below!

Celebrity Break-Up: Sofia Richie Unfollows Scott Disick Amid Bella Banos Dating Rumors





By Nicole Maher

In the latest [celebrity news](#), Sofia Richie officially unfollowed her celebrity ex Scott Disick on social media. According to *UsMagazine.com*, Richie recently unfollowed both Disick and his other ex, Kourtney Kardashian, on Instagram after rumors of his involvement with Bella Banos began to surface. Richie and Disick first made their [celebrity relationship](#) official back in 2017 before announcing their [celebrity break-up](#) in May of this year. The couple appeared to briefly rekindle their relationship afterward, but has since split for a second time.

In celebrity break-up news, Sofia Richie unfollowed her ex Scott Disick on social media as he was spotted with a new woman. What are

some steps you can take to get over your ex?

Cupid's Advice:

No matter how amicable the situation may have been, breaking up with your partner and beginning the process of getting over them can be challenging. If you are looking for some steps to take to get over your ex, Cupid has some advice for you:

1. Remove them from your feed: It's hard to get over someone if you are constantly aware of what they're doing or who they're with. By limiting how much of the other person you see on social media, you will stop yourself from seeing anything you are not ready for. Whether it is muting, unfollowing, or blocking, there are many different options to limit your exposure to your ex.

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2. Take down your posts: While removing them from your feed is helpful, so is taking down whatever posts you have of the relationship on your account. It may not be necessary to completely delete these posts, but archiving them or setting them as private is a good way to show you're moving on. Once you start conveying to other people that you are past the relationship, you will begin to believe it yourself.

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3. Limit other forms of communication: Depending on the situation, it may not be possible to cut off all communication right away. Be sure to set boundaries between you and your ex to establish how much communication you are comfortable with. These boundaries can always be lessened or strengthened as the

situation changes.

What are some other ways to help someone get over an ex? Start a conversation in the comments below!

Celebrity Break-Up: Demi Lovato Is Feeling Relieved After Split From Max Ehrich



By Carly Silva

In the [latest celebrity news](#), Demi Lovato is feeling a sense

of relief after breaking off her engagement with Max Ehrich. The [celebrity exes](#) met in March and moved in with each other to quarantine together. Their relationship moved along quickly, and Ehrich popped the question only months after they were dating. The engagement was recently broken off, and according to *UsMagazine.com*, a spokesperson for Demi Lovato revealed that the pop singer is relieved after seeing Ehrich's "true colors."

In celebrity break-up news, Demi Lovato is relieved after her split and broken engagement from Max Ehrich. If you're feeling trapped or suffocated in a relationship, what do you do?

Cupid's Advice

Relationships can be very demanding and overwhelming sometimes. If you're feeling trapped or suffocated in a relationship and you're wondering what to do, Cupid has some advice for you:

1. Be honest: If you're having concerns about being suffocated in a relationship, the first thing to do is to be honest with your partner about it. Tell them that this type of relationship isn't working for you and that you're not happy. Your partner may be able to change their behavior and cater to your needs so that the relationship is more suitable for what you want.

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2. Set boundaries: If your partner is on board to make a change in your relationship, it's important to set boundaries. Tell them exactly what behaviors are okay and which ones aren't. Dedicate some time to having individual space and time for yourself to help with the suffocating feeling. If your partner is able to make these changes effectively, it may show that there is hope for your relationship to be less suffocating.

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3. Cut it loose: If you're able to work on a relationship with your partner, it can help with feeling less suffocated, but if you are feeling trapped in your relationship, that may mean something is seriously wrong. If you're not completely happy and for some reason feel like you can't get out of your relationship, then it is important that you cut it loose. Feeling trapped is not healthy for a relationship and will only lead to resentment.

What else can you do if you're feeling trapped or suffocated in a relationship? Start a conversation in the comments down below!

Celebrity Break-Up: Ant Anstead Asks Fans to Stop Trying to Diagnose Split from

Ex Christina



By Carly Silva

In the [latest celebrity news](#), Ant Anstead asked fans to stop leaving comments about his marriage and [celebrity break-up](#) with Christina Anstead on his Instagram account. The [celebrity exes](#), who married in late 2018, announced their split earlier this month. According to *People.com*, Ant shared a photo of the son he shares with Christina and chose to turn off comments on his post while asking for privacy and for their family.

In celebrity break-up news, there may not be more to the break-up

story between Ant and Christina after all. What are some benefits to keeping the details of your break-up private?

Cupid's Advice:

Keeping your break-up private can be beneficial in quite a few ways. If you're wondering what some of the benefits of keeping the details of your break-up private are, Cupid has some advice for you:

1. It shows respect for each other: If you choose to keep the details of your break-up private, it shows that you still want to be respectful person toward your ex. Instead of airing their dirty laundry and telling everyone exactly what happened, it is very considerate to respect the privacy of your ex and keep the details of the split between the two of you.

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2. It prevents others from casting judgment: If you are willing to tell others all the intimate details of your break-up, you also give them the power to comment or judge your choice to break-up. If you are not willing to listen to someone else's opinion or judgements on you and your ex's choice to end things, it may be best to refrain from giving all of the details out freely.

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3. It stops further harm from being done: If you continue to talk about your break-up with others or on social media, you

run the risk of making the break-up even worse. Keeping things private helps to keep the drama to a minimum and moving on in a mature way rather than gossiping about or dwelling on the break-up. It can also prevent further arguments and blow-ups between you and your ex.

What are some other benefits of keeping the details of your break-up private? Start a conversation in the comments down below!

Celebrity Break-Up: Find Out More About Demi Lovato & Max Ehrich's Messy Split





By Carly Silva

In the [latest celebrity news](#), Demi Lovato and Max Ehrich's [celebrity break-up](#) got messy after the two broke off their engagement last week. The [celebrity couple](#) went public with their relationship in May, and Ehrich quickly put a ring on it in July. According to *UsMagazine.com*, the split came after distance made their relationship complicated, and Ehrich took to Instagram to call out the former Disney star.

In celebrity break-up news, this broken engagement isn't going smoothly so far. What are some ways to keep your split as uneventful as possible?

Cupid's Advice:

Break-ups don't always end peacefully, and sometimes the drama

can get out of hand. If you are looking for ways to deescalate the drama and keep your split as uneventful as possible, Cupid has some advice for you:

1. Try not to make a scene: When you're going through a breakup, there will obviously be a lot of emotions and pain, but it's important not to blow it up too much. Try your best to maintain composure and refrain from making a scene. This will make it easier to end the relationship peacefully and move forward without some huge blow-up making the situation worse.

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2. Stay off social media: A lot of times, couples will use social media to communicate with their ex, and it can get really messy. Saying anything over social media is so public and makes matters worse. Instead of messaging, commenting, following, or unfollowing your ex on social media, try to only communicate with them in person to remove the excess drama that comes with social media.

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3. Keep it private: Another way to keep your split uneventful is to keep it as private as possible. Obviously your friends and family are going to find out about the split, but you don't necessarily have to air all of your dirty laundry to everyone in the world. Keeping the fallout of your relationship and the details of the break-up somewhat private will help to keep the drama to a minimum.

What are some other ways to keep your split as uneventful as possible? Start a conversation in the comments down below!

Celebrity Break-Up: Kristin Cavallari Says She Thought About Divorce for Two Years Before Filing



By Carly Silva

In the [latest celebrity news](#), Kristin Cavallari admitted that she thought about divorcing Jay Cutler every day for two years before actually filing. The [celebrity exes](#) were married for seven years, and have three children together. According to *UsMagazine.com*, Cavallari was open about how she knew it was

time to part ways.

In celebrity break-up news, Kristin Cavallari definitely didn't take the idea of divorce lightly, and thought about it for two years before filing. How do you know your relationship is over and not saveable?

Cupid's Advice:

Ending a relationship can be an extremely difficult decision, especially if you're not totally sure. If you're wondering how to tell if your relationship is over and not savable, Cupid has some advice for you:

1. If you've tried everything: If you and your partner have ongoing issues that you have tried to resolve but just can't, then it may be time to end the relationship. If you've tried interventions, therapy, and still keep running into the same problems, then it might not be possible to salvage the relationship anymore.

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2. If you can see yourself with someone else: Although relationships can change over the course of life, your love should still be evident to you. If you feel like your love for your partner has waned, or that you can picture yourself with someone else, it may be a sign that what you had is over.

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[Ex Christina Anstead Amid Her Split](#)

3. If you're just not happy: One of the main signs to help you decide if your relationship is really over is how your relationship makes you feel. Even when your relationship goes through hard times, your happiness should be enhanced through your relationship. If you are unhappy in your relationship for an extended period of time, it may not be worth saving

**How can you tell your relationship is over and not savable?
Start a conversation in the comments below!**

Celebrity Break-Up: Jaime King's Ex Kyle Newman Says She Emptied Bank Account in Divorce Battle





By Nicole Maher

In the latest [celebrity news](#), messy details about Jaime King and husband Kyle Newman's divorce continue to surface. According to *UsMagazine.com*, the celebrity exes tried to finalize their divorce in early June of this year, but were unable to reach an agreement. King has now reportedly cleared the couple's joint bank account and refused Newman access to their family home.

In [celebrity break-up](#) news, some not-so-pleasant details are coming out about Jaime King and Kyle Newman's divorce battle. What are some ways to keep you split amicable?

Cupid's Advice:

Break-ups are always challenging, even if they are not happening in the celebrity spotlight. If you are looking for ways to keep your break-up as cordial as possible, Cupid has some advice for you:

1. Be professional: Emotions run high during the process of breaking up, and may cause some people to act out of character. It is important to remain professional in the early stages of a break-up to prevent creating unnecessary conflict. Agreeing on dates for your ex to collect their belongings or return keys if you were living together is a good way to keep the break up harmonious.

Related link: [Celebrity Exes Kendra Wilkinson & Hank Baskett Are in a 'Really Good Spot' After Split](#)

2. Vent to a friend: The break-up is going to be one of the most prominent things on your mind during this time, and your feelings toward it could change daily. There may be times when you are upset or angry about the circumstances, and other times when you are relieved the relationship is over. Rather than confusing your ex partner, find a trusted friend that you can process your feelings with.

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3. Consider everyone involved: Even though the break-up is taking place between you and your partner, there are often other people involved such as family members and friends. While it is important to prioritize yourself in these types of situations, it also may be necessary to consider the feelings of others. By taking into account how your break-up is affecting other people, you may be able to have clearer conversations with others involved and alleviate some unnecessary tension.

What are some ways you have tried to keep a break-up amicable? Start a conversation in the comments below!

Celebrity Break-Up: Danica Patrick Shuts Down Comment About 'Failed' Relationship



By Alycia Williams

In latest [celebrity news](#), Danica Patrick addresses internet trolls when someone comments on her [celebrity break-up](#) with Aaron Rodgers. According to *EOnline.com*, someone commented on Patrick's post saying, "At 38, its over for you in the relationship world with high value men. From a failed marriage to failed dating clearly you have a problem dating." Patrick posted the comment and captioned the post "If we let what one

person thinks of us be our reality, we are doomed. Realize that what someone says to us has a lot more to do with their own wounds and reality than ours. Our reality is our decision. Still not easy but true.”

In celebrity break-up news, Danica Patrick isn't letting anyone get away with bashing her most recent relationship with Aaron Rodgers. What are some ways to keep outside comments after a split from affecting you?

Cupid's Advice:

Getting over a break-up is hard enough as it is, but with additional comments on your split just adds to the negativity. If you are looking for ways to keep negative comments after a split from affecting you, Cupid has some advice for you:

1. Address the comments: Just like Danica Patrick you can respond to the comment to keep people commenting on your situation. Whether you reply nicely or not so nicely people will eventually get the hint that you aren't interested in their remarks.

Related Link: [Celebrity Break-Up: Danica Patrick Is Doing 'Emotional Therapy' After Aaron Rodgers Split](#)

2. Ignore the comments: Although addressing the comments could be helpful, ignoring it completely could also be the right answer. By not shedding any light to what other people have to say, in time people won't say anything knowing that you won't respond.

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3. Keep a positive circle: Surround yourself with people who always have a positive attitude, who can always see the bright side of the situation. When you start allowing a lot of people to know your business, that's how you get negative comments. Keep your circle tight.

What are some other ways to keep out comments after a split from affecting you? Start a conversation the comments below!

Celebrity News: Lala Kent Says Life is a 'Mess' & Deletes Pics of Fiance Randall Emmett





By Alycia Williams

In latest [celebrity news](#), [reality TV star](#) Lala Kent posted a mysterious message about making “mistakes” on Sunday, July 26, after deleting photos of fiancé Randall Emmett from Instagram. According to *UsMagazine.com*, Kent’s message said “Dear God, it is I who has made my life a mess. I have done it, but I cannot undo it. My mistakes are mine & I will begin a searching & fearless moral inventory. I will write down my wrongs but I will also include that which is good. I pray for the strength to complete the task.” The message came after she deleted all photos with Emmett and unfollowed him from Instagram.

In celebrity news, Lala Kent and her fiancé Randall Emmett’s relationship may be on the rocks. What are some ways to use social

media to cope with a rocky relationship?

Cupid's Advice:

When any relationship is on the rocks, it's really hard to determine which way the boat will tip. Either way, you'll need to manage your rocky relationship and ride it out. If you are looking for new ways to cope with a rocky relationship via social media, Cupid has some advice for you:

1. Stay connected with friends: Social media provides an amazing way for you to stay connected to people that may actually be far away. Liking pictures, leaving comments, viewing stories, and talking in dm's is a great way to keep your mind off of your rocky relationship.

Related Link: [Celebrity Exes: Brooks Laich Steps Out Without Wedding Ring After Julianne Hough Split](#)

2. Archive photos: On social media you have the option to archive photos, which means the photos won't be seen on your page, but you'll always have the option to display them back on your page. This works best for rocky relationships because if you both work things out you can display the pictures back on your page, if it doesn't then you can delete them for good.

Related Link: [Celebrity News: Brian Austin Green Shares Cryptic Post After Wife Megan Fox is Spotted with Machine Gun Kelly](#)

3. Explore new things: Social media is not just for liking your friends picture, there is countless amount of things for you to learn and become interested in. Whether it's cooking a new recipe, learning a new workout routine, or figuring out how to do a new hairstyle. You can find it all on social media.

What are some other ways to use social media to cope with a rocky relationship? Start a conversation in the comments below!

Celebrity Break-Up: Ryan Seacrest & Shayna Taylor Split for the Third Time



By Alycia Williams

In latest [celebrity news](#), Ryan Seacrest and Shayna Taylor called it quits for the third time in the past eight years.

According to *UsMagazine.com*, the [celebrity couple](#) are remaining good friends and will always be each others' biggest supporters. They will also cherish the time they spent together as a couple. Seacrest, who is in Mexico with some friends, was spotted a few times with another woman. They've been pictured holding hands and relaxing on the beach together, very soon after his [celebrity break-up](#).

In celebrity break-up news, Ryan and Shayna called it quits, and it seems Ryan has already moved on. How do you know when you're ready to move on after a long-term relationship?

Cupid's Advice:

When you're in a relationship for a long time and things aren't going so well, it's hard to know when you should continue to work on your relationship or move on. If you are in a long-term relationship and you're not sure if you should move on, Cupid has some advice for you:

1. You've lost interest: In the beginning of the relationship, you two were inseparable. Late night phone calls, endless text conversations, and spontaneous dates were the norm, and it seemed like you would be together forever. If you've lost that same spark that you had when you first got together completely, then chances are it's not coming back.

Related Link: [Celebrity News: Josh Groban & Kat Dennings Break Up After 2 Years of Dating](#)

2. You fight constantly: Disagreements within a relationship

are perfectly normal, but if you find you and your partner fighting a lot more than usual, then it's time to take a broader scope to the relationship. If fights outweigh the good times that you have, then it's time to call it quits.

Related Link: [Celebrity Break-Up: Scott Disick & Sofia Richie Officially Break Up After 3 Years](#)

3. You avoid future plans: If you're in a long-term relationship, then planning ahead should be natural, because you see a long-term future with each other. If you find yourself not planning a future with your partner, that just means you don't see this person in your future. In that case, it's time to move on.

What are some other ways to know when you're ready to move on after a long-term relationship? Start a conversation in the comments below!

Celebrity Break-Up: Mary-Kate Olsen Officially Files for Divorce from Olivier Sarkozy





By Alycia Williams

In latest [celebrity news](#), Mary-Kate Olsen filed for a [celebrity divorce](#) from Olivier Sarkozy. According to *EOnline.com*, Olsen requested an emergency divorce filing initially. The request was denied due to the COVID-19 pandemic. After a few weeks, Olsen was finally able to file for divorce now that New York courts began allowing lawsuits and divorces to be filed online again.

In celebrity break-up news, Mary-Kate Olsen was finally able to file for divorce from her husband. What are some ways to handle the initial fall-out from a split?

Cupid's Advice:

Break-ups can be very difficult thing to process, especially

when you're married. Dealing with the those first steps of the break-up can be be really hard to navigate. If you are looking for ways to handle the initial fall-out from a split then, Cupid has some advice for you:

1. Deal with the logistics: When you're in a relationship that has lasted for a long time you both may share a lot of things. Whether it's you're belongings or you're home, you guys should decipher who's going to keep what and just come to a common ground.

Related Link: [Celebrity Break-Up: Kylie Jenner & Travis Scott Are Taking a Break](#)

2. Make a plan for friends: Couples love to hangout with other couples but, when you guys break up it's important to figure out what you're going to do about interacting with mutual friends. Break down together who will hang out with who, that way you both don't have to have an awkward moment hanging out with shared friends.

Related Link: [Celebrity Divorce: Adele Files for Divorce from Simon Konecki](#)

3. Seek help to navigate your emotions: Seeking help after a breakup can be extremely helpful. Having someone to talk to and rely on after a break-up can help you recover faster. This help doesn't even have to be professional, it can be a family member or a friend. As long as they are willing to listen to you vent about the break-up.

What are some other ways to handle the initial fall-out from a spilt? Start a conversation in the comments below!

Celebrity News: 'Friends' Star Matthew Perry Is Getting Back Into Online Dating After Molly Hurwitz Split



By Alycia Williams

In the latest [celebrity news](#), *Friends* star Matthew Perry is getting back into online dating after his [celebrity break-up](#) from Molly Hurwitz. According to *UsMagazine.com*, Perry is on the dating app Raya and is messaging girls and getting back into online dating again.

In celebrity news, Matthew Perry gets back on dating apps after his break-up with Molly Hurwitz. What are some benefits to online dating during the pandemic?

Cupid's Advice:

Dating online can be really nerve racking. There are perks to online dating during the pandemic, and Cupid has some advice for you:

1. There's already something to talk about: When talking to someone new, it can be difficult to find something to talk about, which just makes things awkward. Since new developments are happening every day with the pandemic, this can be used as something you know you have in common. You can both talk about how the pandemic is affecting you, which can lead to great conversation.

Related Link: [Relationship Advice: Susan Trombetti Talks Love & Dating Amid COVID-19](#)

2. There's more time to get to know each other: Most of us are home all day while in quarantine. This means that you have time to really get to know someone. Thanks to modern technology you can talk to someone through text, facetime, social media, or maybe even zoom. That way, by the time you both finally meet up the anticipation is built and you both are excited to see each other.

Related Link: [Dating Advice Q&A: Is It Okay to Start a Relationship via Social Media?](#)

3. There's no pressure: When dating someone new, in person you may feel pressure to have a connection with that person. When

dating online you don't have to waste your time talking to someone you're not interested in. That way you're able to find someone that you have a connection with quicker and have more time with that person.

**What are some perks to dating online during the pandemic?
Start a conversation in comments below!**

Celebrity Break-Up: Kristin Cavallari & Jay Cutler Reach Temporary Child Custody Agreement





By Ellie Rice

In the latest [celebrity news](#), Kristin Cavallari and Jay Cutler's divorce grows more complicated by the day. The pair announced their split last week after being together for over a decade. According to *EOnline.com*, Cavallari was blindsided by the divorce filings even though the pair have reportedly been having issues in recent months. They have now reached a temporary custody agreement which allows them both time with their three children. We hope these two can work it out and go their separate ways!

In celebrity break-up news, Kristin and Jay have at least agreed temporarily on how to take care of their children amid their split. What are some ways to compromise

when it comes to your kids in a relationship?

Cupid's Advice:

Once you become a parent, having to put your children's needs in front of your own is a must. If you're looking for ways to do that while maintaining a healthy relationship, Cupid has some advice for you:

1. Set up a plan: In order to keep your relationship strong while trying to parent, it's important that you are always communicating. Having open and honest lines of communication with each other will allow you to work as a team. Set up a plan to establish what is happening for the weeks or months ahead. By doing this you'll be able to see what kinds of scheduling conflicts or personal events are taking place and who needs to cover what. Organization is key! Not only will this eliminate stress, but you will feel more connected to your family unit.

Related Link: [Celebrity Parenting: Kristin Cavallari Says Jay Cutler Is the 'Stricter Parent'](#)

2. Think of your partner: If there's something coming up that your partner has really been looking forward to, be sure you are listening to them and acknowledging their desires. Make a compromise and offer to take care of the kids so they are able to do their thing. In the future, your partner will definitely offer to do the same. Even if it means that you're missing something you may have wanted, it's important to think of your relationship.

Related Link: [Relationship Advice: Does Marriage Change Your Feelings?](#)

3. Respect their decisions: Before having children, think

about some of the awesome experiences you'd like to check off your bucket list with your partner. Once children enter your life you'll be compromising a lot of time and money for years to come. Take this into consideration when family planning and try enjoying yourself for a little longer! Once you welcome children into your lives, make a plan with your partner for a vacation a few years ahead. Setting up a timeline will give you both something wonderful to look forward to with your kids.

What kinds of compromises do you make in your relationship? Start a conversation in the comments below?

Celebrity Break-Up: 'Bachelor in Paradise' Couple Kendall Long & Joe Amabile Split





By Ellie Rice

In the latest [celebrity news](#), *Bachelor in Paradise*'s beloved Grocery Store Joe Amabile and Kendall Long have split. The pair released a lengthy statement citing distance as the reason behind the breakup. According to *UsMagazine.com*, the decision was mutual as they both still hold a lot of love for each other. It's sad to see a fan favorite couple turn into [celebrity exes](#), but we hope they find love and happiness on their own journeys!

In celebrity break-up news, this *BIP* couple is no more. What are some ways to know your relationship is over and can't be fixed?

Cupid's Advice:

Acknowledging that your relationship is over can be difficult, but moving on to something healthier and happier is worth it.

Cupid has some advice for you on when to know when its really over:

1. Your mental health is suffering: If you aren't feeling like yourself anymore, and the relationship is the root cause, it's time to move on. Letting your mental health suffer for the sake of another person isn't healthy or positive. Love the life you live, with confidence and strength!

Related Link: [Celebrity Break-Up: 'Bachelor in Paradise' Couple Demi Burnett & Kristian Haggerty Split](#)

2. The spark is gone: When your relationship feels more like a friendship, then maybe it's become just that. Relationships evolve over time, sometimes deepening that initial romantic connection and other times shifting into a platonic partnership of comfortability. Recognize this shift and have an honest conversation with your partner. It's not fair to either of you, staying in a romantic relationship that you aren't 100% invested in.

Related Link: [Expert Dating Advice: How To Have Tough Talks With Your Partner](#)

3. The cons outweighs the pros: If you feel like you're fighting about minor or meaningless issues and everything has become a challenge, it's time to analyze your relationship. When you're both unhappy, it can lead to small things becoming big things. Once the bad times start to overpower the good, it's time to go.

What are some healthy ways to move on from a partner? Start a conversation in the comments below!

Celebrity Break-Up: 'Bachelor in Paradise' Couple Demi Burnett & Kristian Haggerty Split



By [Ahjané Forbes](#)

In [celebrity news](#), *Bachelor In Paradise*'s Demi Burnett announced her [celebrity break-up](#) from Kristian Haggerty this Halloween. The [celebrity exes](#) haven't posted a photo together since September 19th on their social media pages. According to *UsMagazine.com*, Burnett came out on the reality TV show and revealed that she had been dating Haggerty back home. The [reality TV star](#) wrote on Instagram, "... We will forever be proud of the impact our love story has made and we hope it has

helped others feel more accepted and confident within themselves. We hope it reminded others they aren't alone and don't need to be ashamed of who they are."

In celebrity break-up news, another 'BiP' couple has called it quits. What are some ways to announce your split to family and friends?

Cupid's Advice:

Announcing a break-up can be hard. There's never a right time or place to tell someone that you are done with your relationship. This is not something you can get perfectly right. Cupid has some advice on how to tell your family and friends that you are no longer dating your partner:

1. Break the news when you're ready: Just because you guys broke up two days ago does not mean that you have to tell the world that you guys are no longer together. Give yourself some time to come to terms with it and then tell your family and friends.

Related Link: [Celebrity News: Jenna Dewan Opens Up About Love, Divorce and Healing in New Book](#)

2. Tell them in person in an intimate setting: Talking to someone face-to-face can show you the emotions that they feel by the reaction that they give you. It's easier to open up about pressing topics and issues when you're in front of someone. Try rehearsing what you're going to say before you say it. Talking to someone about your break-up can also bring you comfort if you are sad. This will help release some of the pain that she might be feeling at this time.

Related Link: [Celebrity Divorce: Adele Files for Divorce from](#)

[Simon Konecki](#)

3. Ask for some space: You'll need some time to process all of this. Having people tell you what you should and shouldn't do is not going to make the situation better. Tell them the truth about how you feel, but ask for your privacy at this time. When you're ready to have an in depth conversation about with the situation, let them know.

What are some ways you told your family and friends that you are now single? Let us know your experiences in the comments below!

Celebrity Breakup: Teresa & Joe Giudice Talk Divorce in Interview with Andy Cohen





By [Hope Ankney](#)

In the latest [celebrity news](#), Teresa from *Real Housewives* and husband Joe Giudice held nothing back as they discussed their relationship in a tell-all interview with Andy Cohen. According to *UsMagazine.com*, the [celebrity couple](#) stated that they had talked about divorce before. Joe even admitted, "If we stay together, we stay together. If we don't, we don't. We'll see." He even went on to say that Teresa needs to find another man since she is "high maintenance."

In celebrity break-up news, things aren't looking promising for Teresa and Joe Giudice. What are some ways to decide whether to call it quits on your marriage?

Cupid's Advice:

[Celebrity breakups](#) aren't much different than ours. Even though there's fame and money, it doesn't change a lot about the dynamic when it comes to relationships. If you're on the rocks with your partner, and you don't know whether or not you should end the marriage, don't worry! Cupid has some [love advice](#) on when it might be a good idea to reevaluate your relationship:

1. No communication: The most important aspect of a relationship is the ability of both parties to be able to communicate with one another. If conversing openly and honestly with your partner has deteriorated, this might be a sign that the marriage needs to be reassessed. This is only if attempts to strengthen the communication has failed before.

Related Link: [Celebrity Couple News: Jenni 'JWoww' Farley & Zack Carpinello Are Back Together After Split](#)

2. Lack of respect: Joe dissing his wife Teresa by saying she needs to find another man that can handle her and her "high maintenance" tendencies is a very disrespectful thing to say about your partner. If you're in a marriage that shows levels of disrespect toward one another, your relationship has some layers of toxicity. Sit down and discuss why you're both saying such hateful things about one another, and if you cannot reach common ground, it might be a good idea to start packing your bags.

Related Link: [Celebrity Break-Up: 'Bachelor' Alum Tia Booth and Boyfriend Cory Cooper Split After 1 Year Together](#)

3. Low affection: This is something that can sometimes be harder to catch if both you and your partner have gotten into a routine that makes this behavior normal. If your marriage has faded into nothing, but low levels of attraction or intimacy, this may indicate a bigger issue. Try to figure out if this problem is fixable, and if it isn't, neither one of you deserves to be in a marriage that doesn't show the other

the affection they need.

What are some signs that show you might call quits on your marriage? Let us know down below!

Celebrity Break-Up: Kylie Jenner & Travis Scott Are Taking a Break



By [Meghan Khameraj](#)

In [celebrity news](#), [Kylie Jenner](#) and Travis Scott are putting their relationship on hold. According to a source for *People.com*, the [celebrity couple](#) is “taking some time but not done...They still have some trust issues but their problems have stemmed more from the stress of their lifestyles.” Jenner and Scott were last seen together at the premiere of Scott’s documentary on August 28th with their baby, Stormi Webster. Since then, Jenner has been spotted with Stormi at [Justin Bieber](#)’s wedding to Hailey Baldwin. This [celebrity breakup](#) comes at a shock for most people. Only a few months ago were rumors going around that they might take their [celebrity relationship](#) to the next level by getting engaged.

In celebrity break-up news, Kylie Jenner and Travis Scott are taking some time apart. What are some things to consider before taking a “break” from your relationship?

Cupid’s Advice:

Kylie Jenner and Travis Scott have called quits on their celebrity relationship. Jenner and Scott may get back together, but for now, they’ve decided it’s best for both of them to be apart. Cupid has some factors to consider before taking a break:

1. What you want: Consider what you actually want from the break. If you just want to hook up with new people perhaps you should actually break up with your partner. If you need time to rethink or rebalance then communicate with your partner that a break would be the best solution.

Related Link: [Celebrity Baby News: ‘RHOA’ Star Kandi Burruss Is Expecting Third Baby Via Surrogate](#)

2. What the break means: We've all seen *Friends* and no one wants to be the Ross of the breakup. Clearly communicate with your partner exactly what the break will entail. Establish if you're comfortable with each other sleeping with other people. Basically, don't do what Ross did to Rachel.

Related Link: [Celebrity Wedding: Justin Bieber & Hailey Baldwin Celebrate Upcoming Nuptials #2 with Rehearsal Dinner](#)

3. How long it will be: How long you need for the break may change as time goes on. However, you and your partner should agree on the approximate length of the break. If it exceeds six months you should consider ending the relationship.

Has taking a break worked for you before? Let us know in the comments below!

Celebrity Break-Up: Find Out Why Katie Holmes Ended Relationship with Jamie Foxx





By [Ashley Johnson](#)

In the latest [celebrity break-up](#) news, [Katie Holmes](#) officially made solidified her split from Jamie Foxx after six years, on Monday, August 19. Just four days earlier, Foxx had been spotted out with a mysterious blonde, and then not too long after was spotted with singer Sela Vave in Hollywood. According to *UsMagazine.com*, a source said, “It has been many years of him stepping out with other women. He’s disrespectful and their lives were different. His partying ways don’t fit with hers as she’s focused on raising her daughter and working.”

In celebrity break-up news, Katie Holmes had her reasons for breaking things off with “disrespectful” Jamie Foxx. What are some ways to

know your partner is respectful?

Cupid's Advice:

Break-ups can be hard, especially when it involves [Hollywood couples](#) in the spotlight. Luckily, Cupid is here to give you [relationship advice](#) on how to know if your partner is respectful, so you can avoid having relationship problems like Katie Holmes and Jamie Foxx:

1. Makes room for 'quality time': Everyone has busy lives and a multitude of responsibilities to deal with on a daily basis. However, if you and your partner can prioritize your relationship and make time for each other, that shows you two truly respect the relationship. You can tell your partner really makes an effort to spend quality time with you when they stick to important plans and don't constantly try to reschedule, or when they make an effort to show up on time for special events.

Related Link: [Celebrity News: Jennifer Garner Has Found a 'True Partner' in John Miller](#)

2. Appreciates your differences: Each and every one of us are different: we all have different personalities, pet peeves, needs, desires, etc. While it is unlikely that you and your partner are going to agree on everything or have the same exact perspective, it is important that you and your partner embrace the differences between each other. If your partner really respects you they will try to understand your way of thinking, if not completely agree with it... they may even learn something new if they are willing to appreciate the differences between you two, rather than discourage them.

Related Link: [Celebrity News: Shia Labeouf & FKA Twig's Relationship Is On Hold](#)

3. Supports your goals: Your partner should be your #1

supporter, and if they are not, maybe they are not the best person for you to share your life and dreams with. Having a support system and someone who believes in you is essential in any relationship. If your partner doesn't rain on your parade and does nothing but shower you in love and support, then they are probably a keeper.

Can you think of any other ways to know if your partner is respectful? Share them with us in the comments below!