

# 'Kendra On Top' Star Hank Baskett Set To Host Every Thing For Dads Convention



By Maria Darbenzio

Hank Baskett, star of *Kendra On Top*, will be hosting the 1st annual Every Thing For Dads convention in Sarasota, Florida, on March 15th. The event will focus on raising awareness about the need for fathers in the parenting process as well as the respect and recognition that dads deserve for their role. Recently, *Celebrity Baby Scoop* caught up with Baskett, who shared his thoughts on the upcoming convention.

"I'm extremely honored and blessed to host the first ever

Every Thing for Dads Convention in March. You look at all the dads out there in the world, and I was speechless when I found out I get to host the first one. When I told my dad, he reacted the same way,” the former wide receiver said. “My definition of success, whenever I die, is going to be based on how I was described as a husband and a father. I live my life for my family, my son, and my soon-to-be-born daughter. It’s an honor because this type of award is not one you can just buy.”

The reality star also talked about potential names for his future daughter, his relationship with wife Kendra Wilkinson, and what family means to him.

**Related Link:** [Kendra Wilkinson Talks About Her Plans for Oscar Night](#)

**CBS: How has fatherhood changed you?**

**HB:** “It gives me a feeling of joy that little Hank is learning how to kick, learning how to throw, learning how to build, and has awe in his eyes every day he does something good. It gives me so much joy whenever Kendra and I are there to share it with him. When he says to you, ‘Look, Papa, at what I built!’ and when you see how proud he is, it makes you realize that as adults, people put too much emphasis on everything we have to do during the day.”

**CBS: Do you have any names picked out for your baby girl?**

**HB:** “We’re all over the place. We’ve thrown out names like Jayden, Taylor, Addison, and Ashton. We’re trying to narrow it down, but you know little things happen while we research baby names and what not.”

**Related Link:** [Kendra Wilkinson on ‘Playboy’ Past, Motherhood and Baby No. 2](#)

**CBS: How has your relationship with Kendra evolved over the**

years? Have you fallen more in love with her during the pregnancy and motherhood?

**HB:** “Any man who looks at his wife when she is pregnant understands that it’s the most beautiful feeling. You don’t know how many times she is going to get pregnant; it might just be once. I appreciate the nine months that she was pregnant. She could be going through pain, but I just love looking at her because that’s when you really look at a woman and say, ‘You have really given me everything.’ When a woman gives you a child, she is truly giving you everything. I just grow more and more in love with her over the years. To this day, I fall in love over and over because she keeps me on my toes and I never know what to expect from her.”

*For the rest of the interview, visit [www.celebritybabyscoop.com/2014/02/26/baskett-family-complete/](http://www.celebritybabyscoop.com/2014/02/26/baskett-family-complete/)!*

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## **Cupid's Weekly Round-Up: Creating a Healthy Lifestyle With Your Partner**





By Maria Darbenzio

Leading a healthy lifestyle can keep you looking good and feeling even better. It's easier to stay on track when you have someone with you, taking the same steps as you are. We gathered these great articles from our partners to help you out on your journey:

**1. Get moving:** Being active is a great way to keep your body healthy. You and your partner will be great workout buddies and really motivate each other to do your best. There are a large number of mobile apps available to help track your progress. Check out this list of the top five free fitness apps. (GalTime.com)

**2. Set an example:** Children often look up to people who are older than them, thus influencing their attitudes about nutrition and fitness. To help your kids live a healthy lifestyle, you have to first show them that you're committed to being healthy. Plan physical activities for the whole family and make exercise a fun time to spend together. (GalTime.com)



**3. Practice moderation:** Even though you and your partner are dedicated to eating right, it's okay to revamp your date night with a bit of moderation. Try a new recipe, regardless of its calorie count, and let the good times commence. Consider this idea next time you're in the kitchen. (YourTango.com)

**4. Be inspired:** Take a look at other families that have committed to a healthier lifestyle. Autumn Calabrese, a celebrity fitness trainer, knows that your schedule can get hectic. She recently launched her 21-day fix and explains how you can involve the whole family. (CelebrityBabyScoop.com)

**5. Have a positive mental attitude:** Being healthy doesn't only mean eating right and getting enough exercise. It also means that you have to stay in a positive frame of mind, especially when it comes to your relationship. Take some time to reflect on all of the good things about your love and tell your partner to do the same. We've included this list of funny movie marriage quotes to get you and your man laughing. (YourTango.com)

**How do you keep both yourself and your relationship healthy? Let us know in the comments below!**

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## Cupid's Weekly Round-Up: Taking Time For Yourself





By Maria Darbenzio

For some couples, being together every minute of the day can be a bit much. It's okay to want some alone time; in fact, it can ultimately strengthen your relationship. If you want to take some time for yourself or just hang out with your girlfriends, look no further! We gathered these excellent articles from our partners:

**1. Host a girls' night in:** Find a time when all of your friends can get together and have a relaxing night. Throw a dinner party, sip on some wine, and maybe watch a movie. Use this chance to catch up with everyone. Get some inspiration from Candace Cameron Bure and her girls' night in. (CelebrityBabyScoop.com)

**2. Just talk:** If you're not up for a girls' night, hanging out with just one person can do a world of good. Take your best friend for coffee or grab lunch at that vegan restaurant you've both heard about. Talk about anything and everything. It can help relieve stress and boost your mood. You may even get some helpful advice! (YourTango.com)

**3. Make virtual friends:** With the amount of digital media in our day-to-day lives, it's easier than ever to make friends virtually. Having someone away from your normal routine can help you if you ever need an outside perspective on things in your life. Of course, always be cautious about who you talk to on social media sites, but never pass up the chance to make new friends. (GalTime.com)

**4. Enjoy a spa day:** You don't need to go to a fancy spa to get glowing skin. Whether you want to spend the day relaxing by yourself or trying new beauty treatments with your friends, this list will help you experience pure bliss. Check out some of these treatments and start planning your at-home spa day. (GalTime.com)

**5. Be happy:** We all want to be happy with every aspect of our lives, whether it be family, friends, or work. Don't let negativity add unwanted pressure to your life. Like Charles R. Swindoll once said, *"Life is 10 percent what happens to you and 90 percent how you react to it."* For ways to bring focus on your own personal happiness, read this article. (YourTango.com)

**What are some ways that you take time for yourself? Tell us in the comments below!**

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## Cupid's Weekly Round-Up: Last Minute Valentine's Day Ideas





By Maria Darbenzio

Valentine's Day is tomorrow. If you still haven't thought about how you'll be spending it, not to worry! From perfect date ideas to fabulous outfit suggestions, we've got you covered with these helpful articles from our partners:

**1. Gifts:** Time and time again, we hear the words, "You don't need to get me anything." Instead of buying something that only your partner will be able to use, why not pick out a gift that *both* of you can enjoy? Concert tickets or cooking classes are great ways to have fun and spend time together. For more ideas, take a look at this list. (YourTango.com)

**2. Dates:** Some people make their Valentine's Day plans weeks in advance, but there are plenty of things to do if you prefer to think about it at the last minute. You didn't get a reservation to the fancy Greek restaurant that just opened, and that's okay. Try going on a local adventure, or even just stay home and cook a new recipe together. No matter what, being there for each other is what matters most. (GalTime.com)



**3. Menu:** You decided to ditch the expensive five-course dinner and make a nice, romantic meal at home instead. Cooking Channel's Nadia G shares her recipe for panko shrimp with strawberry aioli. If your mouth is watering, click to get the recipe and wow your partner with your impressive cooking skills. (YourTango.com)

**4. Inspiration:** If you're still feeling a bit uninspired about your own personal Valentine's Day plans, take a look at what some of your favorite A-list stars will be doing this year. Browse through these celebrity couple's plans for some fun ideas. (CelebrityBabyScoop.com)

**5. Outfit:** Red is the color of love , so try to incorporate it into your outfit. It could be anything from a piece of jewelry, a dress, or even those gorgeous heels you splurged on last week. For more secrets on creating the perfect Valentine's Day outfit, this article is the place to look. (GalTime.com)

**What will you be doing this Valentine's Day? Share your plans in the comments below!**

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## **Cupid's Weekly Round-Up: Creating Love That Lasts**





By Maria Darbenzio

With Valentine's Day creeping up on us (one week away!), romance is in the air everywhere you go. Check out some of these articles from our partners to get you on the path to a love that lasts.

**1. Time to recharge:** Sometimes, things can begin to get boring in a long-term relationship. Take a moment to get the excitement back in your love life! Try making a list of places you've always wanted to go (whether it be a restaurant down the street or that resort in Cabo San Lucas) and write a couple's bucket list. For more ideas, consider these suggestions. (GalTime.com)

**2. Change is good:** It's easy to want to change things you don't like about your partner, but that can make things complicated. Instead, try changing the way you look at your significant other. A healthy relationship consists of being able to listen to your partner, give them space, and share your needs when necessary. (GalTime.com)

**3. Give love another chance:** Not everyone gets their

relationship right on the first time around, but if you're both willing to try again, it may be worth a shot. Many couples have experienced long lasting relationships after a brief breakup, so who's to say you won't? (YourTango.com)

**4. Keep the romance alive:** Gena Lee Nolin is married to former hockey star Cale Hulse. In her blog, she shares some wonderful tips on how to keep your marriage alive and well. Nolin even reveals how she'll be spending her Valentine's Day. (CelebrityBabyScoop.com)

**5. Be a good girlfriend:** In order to truly be happy with your man, you need to make sure that you're a good fit for each other. Don't force yourself to be attracted to someone just because he's available. The best way to make sure your affection is felt is by making sure you're with the right person. (YourTango.com)

**How will you ensure that your love lasts? Tell us in the comments below.**

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## **Cupid's Weekly Round-Up: Staying Warm With Family**





By Maria Darbenzio

With temperatures remaining on the low end of the thermometer, it's easy to want to stay snuggled by the fire drinking hot cocoa. Although that sounds like a pretty great way to spend your day and night, it's smart to have some other ideas to help you stay warm with your loved ones this winter. Take a look through these articles from our partners for some great suggestions:

**1. Take a trip:** If the weather is getting to you and you've just about had enough, take a break from the cold winter air. Considering how busy you are between work and family, you deserve a vacation! Try somewhere warm where you can bask in the sun while your children play in the sand. Check out these famous families that have been doing just that. (CelebrityBabyScoop.com)

**2. Be careful:** You're off to the beach and ready to spend your day soaking up the sun. Even though Valentine's Day is right around the corner, not everything has to be red. So make sure to keep your skin and eyes healthy by lathering on that sunscreen and wearing your shades. (GalTime.com)



**3. Arrange your gear:** If you can't take a trip to somewhere hot, be sure to bundle up before going outdoors. Stay organized this season by keeping all of your cold weather gear sorted neatly. The last thing you want is to be headed out the door in a rush with only one glove. (GalTime.com)

**4. Stay happy:** No matter what your plans are, spend each moment with your family in pure happiness. Let them know how much they mean to you. Taking time to have fun and get away from a hectic schedule is the perfect way to spend this winter, whether it be in your own backyard or on a sunny beach somewhere. (YourTango.com)

**5. Appreciate the little things:** Eric Micha'el Leventhal once said, "There is no greater treasure in this world than somebody who loves you as you are." Learn to fully appreciate where you are in life and celebrate your relationships. Check out some of these other awesome quotes about gratitude. (YourTango.com)

**How do you plan on staying warm for the rest of winter? Tell us in the comments below!**

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## **Cupid's Weekly Round-Up: Celebrating Your Relationship**





By Maria Darbenzio

When it comes to a relationship, you should never hide how much you love someone. After all, there are so many great ways to celebrate your romance. Check out these articles from our partners to give you some ideas:

**1. Spend a night out:** You may not be able to attend prestigious award celebrations while wearing the latest couture like the celebrities, but nothing's stopping you from dressing your best. You can host a dinner party, attend a cocktail night, or just gather a few friends for a meal at a nice restaurant. Not only should you celebrate your relationship but also the people who have helped you along the way.

**2. Look within:** Celebrations don't always need to be fancy and require reservations. Take time to look at your relationship as a couple and let your partner know how special they are to you. Remind them (and yourself) of what made you fall in love in the first place.

**3. Recreate a date:** Think about what your first date was like,

where you went and what you did. It can be easy to forget the details, so keep them fresh by recreating it. Revisit the spot where you first met or kissed, but try wearing a different outfit, styling your hair in a new way, or maybe sampling a sexy makeup look.

**4. Leave sweet notes:** It's easy to get caught up in a busy schedule. If conflicting times make it hard to sit back and relax together, take an alternative route: Slip a note into your man's briefcase before he heads for work or leave one on his nightstand. It'll let him know you haven't forgotten how much he means to you, and it's guaranteed to bring a smile to his face. Check out some of these quotes for ideas!

**5. Rekindle lost love:** Maybe you're looking to make amends with a former partner. Before moving forward, make sure the relationship is worth getting back into. After you win each other over for the second time, celebrate the relationship you have now and the progress you want to make. Don't let the past ruin your future.

**What are some ways you like to celebrate your relationship? Share your comments below!**

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**Will Arnett and Katherine Heigl Talk About Their Children and New Animated Film**



By Maria Darbenzio

Will Arnett and Katherine Heigl walked the red carpet joyfully on January 11th at the Los Angeles premiere of their new animated comedy, *The Nut Job*. This family movie follows the story of an independent squirrel named Surly, who is banished from his park and forced to live a city life. Celebrity Baby Scoop had a chance to catch up with Arnett and Heigl to discuss the movie as well as their children. Arnett is the father of two sons, Archibald William Emerson and Abel James. Heigl is the mother of two adopted daughters, Nancy Leigh and Adalaide Marie Hope.

**Tell us about work life balance. Is there such a thing when you're a parent who works?**

**Will:** "Anyone who's a parent knows that it is a balance and that you're always trying to find a way; I try to reverse



engineer it, to look at what my family demands are and what my kids need and then kind of work backwards from there, and then retro fit everything into it. I feel very blessed when you get to work on something like this that doesn't take you away from the kids. Anything that takes me away from my kids, I dislike. "

**Related Link:** [Celeb Dads Who Are Doing It Right](#)

**Did having kids impact your decision to take this role and how you played your character?**

**Katherine:** "I just really wanted to do something that I could show my kids, that we could watch together. We watch movies every night, so hopefully, we won't have to watch this one over and over again. "

**Will:** "Yeah, it did for me. I also watch a lot of these animated films, and I'm a huge fan of a lot of it. There's a lot of really good stuff out there, and it is important to me at this stage in my life to do stuff that I can share and enjoy with my kids and that they can watch. That's much more important, and now that's what I kind of want to do. "

**Related Link:** [Will Arnett and Katie Lee Dating, Kiss and Hold Hands at Dinner](#)

**Are there any animated films you remember as favorites from when you were growing up?**

**Katherine:** "*The Little Mermaid*. I have a 5 year old and a 1- $\frac{1}{2}$  year old. The little one is more of a tomboy, but the bigger one is obsessed with princesses – to the point of exhaustion. "

*To read the rest of the interview, check out [celebritybabyscoop.com](#).*

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# Cupid's Weekly Round-Up: Valentine's Day Date Ideas



By Maria Darbenzio

The holiday of romance is right around the corner, so now is the time to start making plans (that is, if you haven't done so already). Don't catch yourself off-guard with a last-minute dash for reservations. Whether you'll be spending the day with a special someone or going out for a single girls' night on the town, check out these great articles from our partners for some fun tips:

**1. Giving gifts:** Buying a gift for someone can be difficult no

matter the holiday. Although your feelings should be expressed every day of the year, Valentine's Day is perfect for sharing new and exciting components of your relationship. If you're still having trouble thinking up the perfect present, try browsing through some of these ideas.

**2. Being prepared:** As you ladies know, nothing's worse than smearing your makeup without having anything in your purse to fix the problem. Don't be caught unprepared! Keep your lipstick close by and freshen up when it begins to fade. Check out what else you should keep with you so you can stay radiant all night long.

**3. Choosing an outfit:** Sometimes, there's simply not enough hours in the day for a wardrobe change. If you need to rush from the office to the restaurant on Valentine's Day and have no time to stop home in between, find some transitional styles that can take you from that daytime outfit to the perfect date night look. You can find some fabulous pieces that will make you look glam in no time.

**4. Sorting your schedules:** Both you and your partner lead very busy lives. Make sure that your plans have been made at a time that works for both of you. The last thing you want is to have to postpone – or even cancel – your Valentine's Day date.

**5. Embracing singledom:** There's nothing wrong with spending Valentine's Day on your own. In fact, there are plenty of ways to enjoy this holiday by yourself. Use this day to treat yourself and discover new things to be passionate about. Take a look at this article for some awesome ideas!

**Do you have Valentine's Day plans yet? Share in the comments below!**

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# Cupid's Weekly Round-Up: Planning Your Big Day



By Maria Darbenzio

It's the end of the holiday season, which also means that the new year has brought engagements and weddings to plan. The road to your big day may seem like a long one, but with a few tips, you can get through the journey without any major detours. CupidsPulse.com gathered these great articles from our partners to help you along:

**1. Prioritize:** The most important part of planning a wedding is choosing a date and budget. Without knowing the timing, you'll be unable to pick out flowers, choose a color scheme, or decide whether your ceremony will be outdoors or indoors. In terms of budget, well, we all know that weddings can come



with a hefty price tag if limitations aren't set from the start.

**2. Find inspiration:** Writing your vows can be a fun opportunity to express your love in a unique way. If you are struggling with finding the right words, try some of these quotes on marriage to help move things along.

**3. Seek comfort:** What you'll be wearing under your dress can be just as crucial as the dress itself. You're going to be in your dress for the majority of the day, so comfort and functionality is what you'll want to be looking for. There are tons of options available for the bride-to-be. Do some research on what's available, and then you can try them on and get a feel for what's best for you.

**4. Talk honeymoon:** Much like the wedding, honeymoons can leave your wallet looking a little barren. Talk to your significant other about what type of honeymoon you'd both enjoy and how much you're willing to spend. If you're a little lost, check out this list of destinations for a wide range of budgets.

**5. Focus on the positive:** It's hard to stay away from news of divorce and separation of both celebrities and non-celebrities alike. Don't let the negative news get you down! Focus on your relationship and take a look at couples who are happily married. On the other hand, those who have been divorced can give you some ideas of what causes a marriage fall apart.

**What's your best tip for planning a wedding? Share below.**

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# Cupid's Weekly Round-Up: How to Be a Better Partner



By [Whitney Johnson](#)

If one of your resolutions is to be the best girlfriend you can be, we're here to help! Thanks to these great articles from our partners, you'll be off to a fantastic start.

**1. Reflect on your love:** The New Year is the perfect time to think back on the past twelve months and look forward to the future. Consider these touching quotes from well-known authors, artists, and poets. Maybe you'll even be inspired to write some sweet words of your own!

**2. Partner up:** Take a cue from *Real Housewives of New York* star Jill Zarin and join your man in supporting a cause that's

close to both of your hearts.

**3. Make him happy:** Make your partnership the best it can be by focusing on your beau and what keeps him smiling. Guys aren't so complicated – it'll be easier than you think!

**4. Fully commit to your beau:** With next week's premiere of *The Bachelor*, you'll be obsessing over what lucky lady is going to win Juan Pablo's heart before you know it. Why not focus on your own man instead and help your relationship grow even stronger?

**5. Take the next steps:** If you've been with your someone special for the past few weeks and know that he's a keeper, it may be time to take your relationship to a new level. Consider these five tips as you plan your first overnight date.

**How will you become closer to your partner this year? Tell us in the comments below.**

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## Cupid's Weekly Round-Up: Find True Love in the New Year





By [Whitney Johnson](#)

The start of a new year is like a blank slate. It's the perfect time to evaluate your goals and figure out what you want to accomplish over the next 365 days. If you're single and ready to settle down, use these great articles from our partners to open up your heart to love in 2014:

**1. Get inspired:** Thanks to these 50 romantic quotes, you'll be more than ready to find the relationship you deserve. So snuggle up with a cup of hot cocoa and get ready to be inspired! (YourTango.com)

**2. Rediscover your passion:** It's easy for romance to take a backseat during the hustle and bustle of the holiday season. Whether you're partnered up with someone who you think may be your soulmate or you're working up the courage to say hello to your crush, these four tips will help you reignite your love life. (GalTime.com)

**3. Tap into technology:** If you want to settle down in the new year, it's time to change your approach to dating. Use this foolproof advice to perfect your online dating skills and meet



the man of your dreams. (YourTango.com)

**4. Take a deep breath:** Former *Baywatch* star Gena Lee Nolin encourages us to enjoy this time of year – whether you're single, in a new relationship, or happily married with four children (like she is!). After all, "true happiness comes from within." (Celebrity Baby Scoop)

**5. Ring in the new year with someone new:** Just because you're single doesn't mean you can't have a fantastic New Year's Eve. Why not find a single guy and plan a first date for December 31st? Sparks may fly! No matter what you decide to do, reflect on the past year and set clear goals for the coming twelve months. (GalTime.com)

**How will you find true love in 2014? Tell us in the comments below!**

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## Cupid's Weekly Round-Up: Tips for Having a Fun Family Holiday





By [Whitney Johnson](#)

The holidays are meant to be spent with the ones you love most: your family. Whether you're a newlywed spending your first Christmas with your husband's family or new parents trying to survive those sleepless nights, it's important that you soak up this time together. With this thought in mind, CupidsPulse.com has pulled together these great articles from our partners, filled with the tips you need to have a fun-filled holiday with your family:

**Related Link:** [Drew Lachey Talks About Spending Time with His Family](#)

**1. Bond as a family:** It's no secret that your kids won't be little forever, so why not enjoy this time before it's gone? Take a look at these gift ideas to bring your family even closer. (GalTime.com)

**2. Show your bestie you care:** Many women find a BFF in their sister or mother, but even if you're not related to your best friend by blood, you probably still view her as family. These 37 friendship quotes will remind you how special your bestie

is. (YourTango.com)

**3. Celebrate your loved ones:** Making people feel loved and special is important all year long, not just during the holidays. Here are four ways to show your family and friends just how much you care. (GalTime.com)

**4. Embrace your inner kid:** Take a cue from Alyson Hannigan and her husband of ten years Alexis Denisof and be a kid at heart. We promise you'll enjoy the holidays even more through the eyes of a child! (CelebrityBabyScoop.com)

**Related Link:** [Make Your Holiday the Best One Yet](#)

**5. Tell your partner you love her:** With the needs of your little ones filling you and your wife's days (and often your nights), it's easy for you to feel like you're missing out on time as a couple. Use these 15 tips to make sure your actions show your sweetheart just how much you love her. (YourTango.com)

**Cupid wants to know:** How will you bond with your family during the holidays?

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## Cupid's Weekly Round-Up: Make Your Holiday the Best One Yet





By Kerri Sheehan

Snow falls in thick, icy blankets; winter attire adorns every shop window; and a sip of steaming hot chocolate instantly warms you up. All of this can only mean one thing: The holiday season is upon us! CupidsPulse.com has gathered some of our favorite articles from our partners this week to make your winter the best it can be.

**1. Laugh a little:** Nothing is better than popping in a nice comedy with your significant other on a cold winter's night and having a good laugh. These comedians will tell you just how funny love can be. (YourTango.com)

**Related Link:** [Cupid's Weekly Round-Up: Make Your Long-Term Relationship A Success](#)

**2. Cuddle up:** One of the best parts about the chilly weather is that you and your guy have all the more reason to stay indoors and snuggle with each other. Here are 47 of the cutest love quotes for that person you just want to 'mush.' (YourTango.com)



**3. Get the girls together:** Staying in isn't just for you and your man; your girlfriends want in on the fun too! See how Melissa Joan Hart and her closest gal pals celebrated the holiday season with a cute "girls only" get together. (CelebrityBabyScoop.com)

**4. Winterize your skin:** Don't stop at a girls' night when it comes to pampering yourself. The icy temperatures are sure to leave your skin screaming for thirst, so here are some ways to get your skin ready for winter. (GalTime.com)

**Related Link:** [10 Holiday Gift Ideas for That Special Someone](#)

**5. Be the best gift giver:** Now that you've given yourself a gift (or two), it's time to spread that holiday cheer! Even if you aren't a parent, there are bound to be a child or two on your shopping list. These gender-neutral gifts will have any kid wishing that Santa asked you for gifting advice. (GalTime.com)

**What's your best tip for surviving the holiday season? Share below.**

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## Cupid's Weekly Round-Up: Make Your Long-Term Relationship A Success





By Kerri Sheehan

Longtime relationships aren't for everyone, but for those who have a committed significant other, keeping the spark alive is of the utmost importance. After a few years together, it can be hard to look at your partner like the lovestruck school girl you once resembled. CupidsPulse.com has gathered some of the best tips and advice from our partners – read on to keep your relationship fresh, strong, and loving.

**1. DIY Therapy:** Any couple will agree that the seas of love aren't always easy to navigate. The best way to revamp your union is to partake in some do-it-yourself relationship therapy. This approach isn't for everyone, but give it a try; it may just work for you! (GalTime.com)

**Related Link:** [How to Listen to Your Heart and Take Back Control of Your Love Life](#)

**2. Weekly Meetings:** When you and your significant other have been together for so long, you tend to let the things that bother you simmer rather than addressing them and moving on. You can only begrudgingly wash the dishes so many times before

you feel resentment that your guy never takes his turn. Holding weekly meetings where you clear the air and talk about any issues you may have will keep you both happy. (GalTime.com)

**3. Express Yourself:** Being in love is like winning the lottery; it's exciting and wonderful, and it adds so many new opportunities to your future. However, it can be hard to put these feelings into words. Here are 50 love quotes that say what you can't. (YourTango.com)

**4. The Duggar Family:** If you're familiar with the reality show *19 Kids and Counting*, then you know that Michelle and Jim Bob Duggar celebrated their 29th wedding anniversary this past October. The mother of 19 shared her top three tips for a successful marriage. (CelebrityBabyScoop.com)

**Related Link:** [Cupid's Weekly Round-Up: Parenting and Marriage After a Second Baby](#)

**5. Expert Advice:** Every relationship is different, so it can be hard to give distinct advice without knowing the whole story. Here are the best tips and expert advice around for couples in any situation. (YourTango.com)

**What is your best advice for couples in a long-term relationship? Share your thoughts in the comments below.**

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## Cupid's Weekly Round-Up: Navigate Thanksgiving Weekend



By Kerri Sheehan

The holidays are a time for family and friends to get together and celebrate the best parts of life – so how come no one ever mentions the stress that comes with that? The instructions that came with the turkey say it needs to be basted every hour, but proper dinner conversation topics are rarely outlined. And, of course, there are tons of Black Friday promotions, but there are none that say specifically, “Grandma Margaret will love this!” CupidsPulse.com has gathered some of the best tips and advice from our partners to help you navigate your Thanksgiving weekend:

**1. Give Thanks:** Thanksgiving is about just that: giving thanks! Whether it’s your husband who helps you enjoy the simple things in life, your beautiful baby girl who will be celebrating her first Thanksgiving this year, or your employer who ensures that you have the funds to stay afloat, don’t



forget to show your gratitude for everyone who enriches your life. (CelebrityBabyScoop.com)

**Related Link:** [How Celebrity Couples Celebrate Thanksgiving](#)

**2. Easy Conversation:** You can bet that almost everyone has suffered through one or two awkward Thanksgiving dinners. This holiday is a family affair, so there will likely be those of all ages at the table. Some of your relatives may have also invited new love interests. Here are five go-to dinner conversation topics to keep talk appropriate and fun. (GalTime.com)

**3. Good Deals:** Now that you've made it through Thanksgiving Day, it's on to Black Friday! This is the ideal time to get some holiday shopping done, as many people have the day off from work and there will be some great discounts. Learning to weed through all of the promos will help you find the best deals. (GalTime.com)

**4. Family Presents:** After years of buying gifts for your entire family, you may be short on ideas of what will make their eyes widen. Really, how many times can you buy Aunt Mary a bathroom set, and how many cardigans does your mother need? Here are some unique gifts that your relatives will be sure to love. (YourTango.com)

**Related Link:** [5 Tips for Enjoying the Holiday Season](#)

**5. Gift Guide:** Nothing shows how much you care like picking out the perfect gift for your boyfriend. If you do, he'll know that you not only pay attention to what he likes but also that you listen when he talks about his love for the Tampa Bay Buccaneers over the Green Bay Packers. With all of the Black Friday deals out there, let this gifting guide help you decide which presents will make your man the happiest. (YourTango.com)

**What is your best Thanksgiving weekend advice? Share below.**

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# Sheryl Crow: My Sons “Keep Me Young”



By Jenny Schafer for Celebrity Baby Scoop

Nine-time Grammy Award-winner Sheryl Crow has teamed up with the One A Day® Women's brand and Feeding America with the Nutrition Mission to help the close to 50 million Americans who live in food insecure households.

Sheryl opens up to [Celebrity Baby Scoop](#) about raising her “real boys” Wyatt, 6, and Levi, 3. The *Strong Enough* singer, 51, chats about her sons who can be “real clowns” and love to “break out into dance.” She goes on to talk about her first

country album, *Feels Like Home*, and the joys of motherhood.

**Related Link:** [Ivanka Trump: “I Don’t Stress About Being Balanced”](#)

**CBS: Tell us about partnering with the One A Day Women’s brand and Feeding America. How did you get involved in the Nutrition Mission?**

SC: “I’m excited to team up with One A Day Women’s and Feeding America this Hunger Action Month on year two of the One A Day Women’s Nutrition Mission to help the nearly 50 million Americans that live with food insecurity. Since the start of the program, we’ve donated 4 million meals to Feeding America’s network of more than 200 food banks, which helps distribute food in communities across America. One A Day Women’s has also awarded \$100,000 in grants to local food banks to help people in local communities to continue the fight against hunger.”

**CBS: How do you balance your career and motherhood?**

SC: “I try to keep Wyatt and Levi’s lives as consistent as possible. We spend a lot of time at home and that’s my priority with work coming second. I’ve also got a great team and family who pitch in to make it all happen.”

**Related Link:** [Claire Danes Worried She’d Never “Want to Work Again” After Cyrus’ Birth](#)

**CBS: Do you believe “women having it all” is unrealistic or is it attainable?**

SC: “I think having children changes your ideas about what having it all means. I don’t feel the same way about work as I did before I had Wyatt and Levi, but I pride myself on finding balance. I love making music and I love raising my boys – I find time to make both a priority.”

For the rest of the interview, visit [www.celebritybabyscoop.com/2013/09/30/sheryl-keep-young](http://www.celebritybabyscoop.com/2013/09/30/sheryl-keep-young).

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# Kevin Jonas and Wife Danielle Are Expecting



By April Littleton

A rep for the *Married with Jonas* stars confirmed to [UsMagazine.com](http://UsMagazine.com) that the happy couple are expecting their first child together. During a chat with [E! News](http://E!News) Tuesday, July 9, the singer said, "I was overjoyed. It's been the most exciting thing in my life so far." The duo met in 2007 while



vacationing at the Bahamas and tied the knot two years later at Oheka Castle in New York's Long Island.

## **What are some ways to prepare your relationship for parenthood?**

### **Cupid's Advice:**

Expecting a child for the first time is the most amazing thing you'll ever experience, but it's also one of the scariest. Going through a pregnancy for the first time is full of the unknown. You're not sure what will happen, how it will affect your relationship or if you'll be a good parent to your child when he/she finally comes into the world. The dynamic between you and your partner will definitely change. It won't be just about you and your love anymore. Cupid has some advice:

**1. Discuss the essentials:** Before the baby comes, you should talk to your partner about how you were raised and how you would like to parent. They should also provide the same information to you. In order to prevent any future arguments on the subject, it's important for the two of you to reach some sort of common ground on parenting techniques before the due date arrives. Talk about religion, dating, traditions, holidays, etc. If you reach a point in the discussion where you don't agree on something, that's where compromise comes in.

**2. The money talk:** You and your significant other need to be financially ready in order to take care of this baby. As a couple, you will need to figure out how much money you will need to put away for the child. Will you set up a college saving account early? What about insurance before and after the baby is born? You also need to be able to cover everyday expenses like clothing, food and housing for you as well as the baby.

**3. Do your research:** Take a few first-time parenting classes

together. Make sure to leave some time to read a few baby books as well. Learning all you can about the pregnancy and about what's to come once the baby is born will relieve a lot of stress and anxiety.

How did you prepare your relationship for parenthood? Share your experience below.

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## Prince Harry Says He's 'Thrilled' About Royal Pregnancy



By Meghan Fitzgerald

[People](#) reports that Prince Harry is ecstatic to come home and be an uncle after returning from the war. Kate Middleton and Prince William are expecting their first [child](#) in July. With humor, Prince Harry stated that it is “about time” for the [love](#) birds to have a child. Although Prince Harry is ‘thrilled,’ he also explains to [Hollywood Life](#) that he doesn’t find it fair for the couple to force their [pregnancy](#) news. Harry is looking for ‘the one’ ... someone who isn’t frightened by the royalty.

**What are some ways to support your pregnant friend or relative?**

### **Cupid’s Advice:**

It is necessary to show your pregnant friends and relatives that you are there for them. No matter the circumstance, it is essential to let them know you are ready to help them out. Here are some other ways to support them:

**1. Allow them time alone:** Although your [pregnant](#) friend or relative may want you around to assist with baby showers, or do obscure food runs, or just simply be around. It is necessary to give them some time for themselves, let them take a deep breath and relax. A huge way to support them would be to set up a hot bubble bath with a cup of tea and let their emotions fade out.

**2. Help with the baby shower:** Being pregnant is not always easy. With doctors appointments, constant belly rubs, possible active work, a baby shower seems impossible. Most mothers are ecstatic to celebrate their [baby](#) on the way with a shower. To support your friend or relative, help them with the planning and organization of the shower. Help make invitations, or gather food together. You could also put together a trivia game, or find a venue for the shower. This takes a toll off

the mothers' shoulders.

**3. Offer them a foot massage:** Yes you may be opposed to this however, think of all the weight and stress that [mother](#) is putting on her feet. A foot massage would allow them to unwind, relieve some stress, and give you a few extra bonus points.

**Have ways to support? Explain below.**

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**Matthew                      and                      Camila  
McConaughey   Name   Their   Son  
Livingston**







By [Jessica DeRubbo](#)

Matthew and Camila McConaughey have officially welcomed their third child, son Livingston Alves McConaughey, according to [People](#). The baby boy was born on 12/28/12 at 7:43 a.m. On his Whosay page, Matthew wrote, "He greeted the world at 9 lbs., and 21 inches. Bless up and thank you for your well wishes."

**What are some creative ways to compromise on naming your child?**

### **Cupid's Advice:**

It can be hard to come to a mutual agreement on what to name your child, but here are some tips and tricks:

**1. Pros and cons list:** There are distinct disadvantages to naming your child certain things. For instance, perhaps the initials would not be ideal (i.e. E.E.W.). Make a list of pros and cons for your top three names, and choose the one with the most pros and least cons.

**2. Draw it out of a hat:** If it comes down to two names and you

absolutely can't make a decision, it probably means that you really love both names. So, you can't go wrong! Just choose one out of a hat and let randomness determine it.

**3. Decide on a theme:** A great way to narrow your name choices together is to choose a theme. Different categories may be traditional names, exotic names, short names, etc.

**What are some other ways to compromise on baby names? Share your ideas below.**