

Prince William and Kate Middleton Attend Church Without Prince George



By Kerri Sheehan

Royal parents Prince William and Kate Middleton ventured out this Sunday to attend their local church for a service at Crathie Kirk, Balmoral. Prince Charles, Camilla, Prince Phillip and The Queen accompanied the first time parents, but their son Prince George stayed at home with his Nanny, Jessie Webb. This is the couple's second time leaving baby behind during an outing. The first time came when they attended The Tusk Conservation Awards at The Royal Society in London on September 12th. According to UsMagazine.com, an eyewitness said that the pair, "Looked very relaxed together," during the event.

How do you know how often to leave your child with a

babysitter?

Cupid's Advice:

New parents are always hesitant about leaving their little bundle of joy for the first time. Let Cupid help you decide how often to leave your child with a babysitter:

1. For date nights: It's important to have kid-free date nights at least once or twice a month for the sake of your relationship with your partner. They will help strengthen your bond and improve your family as a whole.

2. When necessary: Sometimes life happens and you're forced to leave your child with a baby sitter even when you may not want to. This doesn't make you a bad parent. Just roll with the punches and find a sitter that you trust.

3. During special events: Not many people are fond of having a newborn attend their wedding. For special events like this it's okay to leave you child at home with a baby sitter.

How often do you leave your child with a baby sitter? Share below.

Kelly Rutherford On Her Divorce: "The One Thing I Know Is That My Kids Are

Loved and That We're Working It Out"



By [Whitney Johnson](#)

Gossip Girl fans recognize Kelly Rutherford as prim and proper socialite Lily van der Woodsen, a character who captured our hearts despite her shortcomings. You could fault Lily for a number of things but being a protective parent wasn't one of them. When speaking about her character on the show, the actress says, "It was a lot of fun. She was a very different type of mother than we're used to seeing on television."

Now, Rutherford is tackling an even more challenging role in Lifetime's *A Sister's Nightmare*, which premieres this weekend. The blonde beauty plays Jane Rydert, a police officer whose life changes drastically when her older sister Cassidy (Natasha Henstridge) shows up after being released from a psychiatric hospital. Unable to convince anyone that her sister is still dangerous, Jane must protect her niece Emily

(Peyton List), who she's been raising for the past 16 years.

Rutherford was initially attracted to the movie because it was "very different than what I had done before. It was nice to do something that was a big contrast to *Gossip Girl* and the character that I played for six years – to shake things up a little bit."

And, of course, the cast is always an important piece of any project. For this role, she reunited with one of her love interests on *Gossip Girl*, Matthew Settle. "It was wonderful to work together again," she exclaims. "Natasha and Peyton are incredible too. They made it very believable for me. It was really a lovely experience."

Ultimately, though, the ending hooked her. "There's this huge twist that you don't see coming. It made me really like the script," the Kentucky native shares. "It was really fun to play a character who ends up being totally different than you thought."

Naturally, being a parent herself – to six-year-old son Hermés and four-year-old daughter Helena – impacts the way she approaches each project. For Rutherford, her kids are always her priority. "I do my best to work around them," she explains. "It all goes by so fast that you don't have time for guilt. When I'm with my kids, I want to be totally present. And when I'm working, I want to know that my kids are attended to and happy."

Related Link: [Celebrity Couples Who Cannot Wait to Become Parents](#)

It's no surprise that motherhood has changed the single mom. "I learn something new every day. I want to be a better example for my children. It's a different type of pressure to be a good person when you have little eyes looking up at you!" she says with a laugh.

Part of being the best mother she can be is going with the flow. "As a parent, you realize that every day brings new things." This summer brought a lot of fun for the family of three. "I asked my kids what they wanted to do, and they said, 'We just want to be with you.' So that's what we did! We went to the Hamptons for a few weekends. We did everything we love to do in New York City too: go to the museums, ride scooters in the park. They took swimming and piano lessons. My daughter took ballet and French classes."

Unfortunately, Rutherford has been dealing with some more serious problems. In June, she filed for bankruptcy due to financial problems stemming from her lengthy custody battle with Daniel Giersch. Her ex-husband, who resides in Monaco, was barred from returning to the United States – which means that Rutherford must travel back and forth to see her children.

"It's not always easy, that's for sure," she says of her divorce. "The biggest thing is to stay positive when you talk about the other parent. You have to be honest; you don't want to lie, but you want to say it in a way so it doesn't have an edge. My kids really pick up on whether I'm okay emotionally. As long as I'm okay, they're okay. If I lose it, who do they have to look to for strength?"

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The actress adds, "When they have questions, I sit down and answer them. I try to be as kind and respectful of them as possible. I let them know that I don't always know either, that I'm figuring it out too. The one thing I do know is that they're loved and that we're working it out. I encourage them to just enjoy every moment, whether they're with me or their dad."

Rutherford applies this philosophy to her own life as well. After a relaxing but busy summer, she's ready to step back

into a role on primetime and is excited to be joining the cast of *Reckless*, a show premiering on CBS this fall.

Plus, she's considering expanding her work as an activist for custody issues into a book. "A few people are encouraging me, but I don't know if it's the right time yet. I'm just waiting to see how things play out." One thing's for sure: We'll be cheering for her every step of the way!

You can catch Rutherford on A Sister's Nightmare on Lifetime on Saturday, September 7th at 8 p.m. ET. You can also follow her on her personal site, <http://www.kellyrutherford.com/> or [Twitter](#) @KellyRutherford/ and www.facebook.com/thekellyrutherford?fref=ts!

VMA Performer Joey Fatone Says Understanding Is the Secret to His Strong Marriage





Interview by [Lori](#)

[Bizocco](#). Editorial by Kristin Mattern.

Joey Fatone – former N’SYNC member, *Dancing with the Stars* contestant, host, entertainer, and man of many hats – will be taking the stage tonight in a much-talked-about reunion with Justin Timberlake, JC Chasez, Lance Bass and Chris Kirkpatrick at MTV’s Video Music Awards tonight. Outside of this exciting performance, he’s stepping into the limelight with a new show for the Live Well Network, *My Family Recipe Rocks*. “It’s exciting. We actually go into people’s homes and watch normal, everyday people in everyday kitchens break down their recipes that they’ve passed down for many generations,” he shares. “I think it’s a really cool idea.” The star loves that he gets to meet so many families from different backgrounds across America who share their unique meal ideas with him.

With experience being on the Food Network as well as dabbling in cooking at home, it’s no secret that Fatone is comfortable in the kitchen. On *My Family Recipe Rocks*, he has encountered recipes that harken back to his own Italian roots and bring up memories of making his father’s sauce and meatball recipe, while other times, he comes across food he’s never made or even tried before. “In one episode, this woman makes a sauce with meatballs that was very similar to what I make – just a

few little things were different,” the star says. “And it’s also really cool to see things I’ve never seen or would have thought of, like baba ganoush.” Thanks to the show, Fatone’s had the opportunity to meet people from every walk of life and all kinds of backgrounds – from Egyptian and Middle Eastern to India to Irish and Italian.

Related Link: [Mario Batali Shares His Tips for Cooking at Home on Date Night](#)

The family man has put his newly-honed culinary skills to good use at home too. “I’ve made a lot of recipes from the show for my family. If I don’t have the recipe, I always try to figure it out and remember what it was made of.” One delicious recipe he tried out was a dish called Saucy Balls. It has ground pork and turkey made into a meatball with cream cheese and different herbs that is then wrapped in a pastry puff and drizzled with a balsamic glaze after cooking. And that’s just one of the many mouth-watering recipes that people pass on to the celebrity host!

My Family Recipe Rocks aims to bring families together over meals. “It’s fun to be creative and try to incorporate the recipes from the show at home – like every Friday night have a cooking night with the whole family,” the host comments. “I think that’s part of what’s cool about the show. It inspires people who never thought they could cook and actually feed their family.”

His wife Kelly and their two daughters, Briahna and Kloey, enjoy cooking as much as Fatone does, and together, they love making traditional family recipes as well as breaking out the cookbook and trying something new. His older daughter even made the couple salmon with dill sauce for their anniversary one year. “I’m not a salmon person at all, but I was shocked because it was really good!”

Related Link: [Simon Cowell Speaks Out On Becoming a Dad](#)

The star chalks up his strong marriage to understanding. "It's not easy. You need to be understanding," he explains. "You've got to balance your career and home life, and you have to spend time with the kids." On date nights, he and Kelly enjoy going out for Indian food or trying somewhere new. "We like to try different restaurants in our city. She'll pick a place one week, and I'll pick one another week. It's good. We enjoy trying new spots."

For him, his lovely daughters are the most amazing part of his life. Even when he was on tour with N'SYNC, he still made time for his children, and sometimes, he even brought Brihana with him when he was traveling with the group.

Looking back on his career, Fatone says, "Being a semi-finalist on *Dancing with the Stars* was fun, and performing with legends like Michael Jackson and Celine Dion was equally awesome," he recalls. "When I sit back and think about all the things that I've done, it's kind of mind-boggling. It's just been really amazing."

Be sure to tune in to watch Fatone's performance at the VMAs on MTV at 9 p.m. ET! You also can watch him showcase unique recipes from families across America on My Family Recipe Rocks! on the Live Well Network – visit livewellnetwork.com/My-Family-Recipe-Rocks/8432939 for episodes and recipes. Connect with the star at www.joeyfatone.com/ or follow him on Twitter @realjoeyfatone and facebook.com/RealJoeyFatone

Kim Kardashian and Kanye West

Bring Baby North to Funeral



By Kerri Sheehan

Since giving birth two months ago, reality star Kim Kardashian has rarely been spotted outside of her nest. However, this weekend she and her baby daddy, Kanye West stepped out with the daughter, North. The new family jetted out to Oklahoma for a somber reason, due to the death of the rapper's grandfather, Portwood Williams Sr. A source confirmed to [People](#), "That's why they weren't at [sister] Kylie's birthday." In replace of their presence at the sweet sixteen bash, the couple sent hip-hop stars, Drake and Big Sean.

What are some ways to involve your child in important family functions?

Cupid's Advice:

It's hard to decide when you should begin including your child in more adult family events. Let Cupid help you weigh your

options.

1. Start early: Depending on the type of parent you are coddling your child may seem silly to you. Therefore, involving your kids in family functions from the get go is perfectly fine.

2. Play it by year: With something as heartbreaking as a death, it may be best to leave your child at home. Kids are fragile and being exposed to death so young might not leave them with happy memories.

3. Ask them: Once your offspring gets to an age where they can make decisions, let them. If your child wants to be involved in the adult affairs of your family then there's no reason why you should shield them from that.

How would you involve your child in family functions? Share below.

'The Bachelor' Stars Jason Mesnick and Molly Malaney Share New Picture of Daughter Riley





By Kristyn Schwiep

It's hard to believe that Jason and Molly Mesnick's little girl is already four months old! *The Bachelor* celebrity couple shared an adorable picture of their celebrity baby Riley Anne in a blog post on Monday, Aug. 5. According to UsMagazine.com, Jason, 37, and Molly, 28, hosted a Country Time Lemonade Stand for the "Great American Lemonade Stand-tacular" campaign to raise money for Alex's Lemonade Stand Foundation, which helps fight childhood cancer. "Having a new baby is one of the hardest jobs in the world, but it has made us love each other so much more," the new celebrity mom explains. "We have given each other the greatest gift in the world with Riley, and for that alone, we have a stronger love than ever before."

Jason and Molly Mesnick showed off their celebrity baby Riley at a lemonade stand. How do you introduce your new child to friends and family?

Cupid's Advice:

Having a baby is such an exciting time! So what are some ways you can introduce your new child to friends and family? Take a cue from this celebrity couple and consider one of these methods:

1. Take the traditional route: Send out announcements and let your family and friends know that you're proud new parents. You can make your own card on sites like Minted.com or enlist the help of a photographer and graphic designer.

Related Link: [5 'Bachelor' and 'Bachelorette' Couples We Can Learn From](#)

2. Use Facebook: If you updated your Facebook throughout your pregnancy, the social network is the perfect way to introduce your new baby to family and friends. Update your status with a picture of your new baby and include details like your son or daughter's birthday, weight, and length.

Related Link: ['Bachelor' Couple Jason and Molly Mesnick Renew Vows in Vegas](#)

3. Make a holiday card: If you give birth towards the end of the year, a holiday card is the perfect way to introduce your baby to your loved ones and let them know that you received the greatest gift of all this year!

What are some ways you can introduce your new baby to friends and family? Share your thoughts below.

Palmer's Spokesperson Ali

Landry Chats About Making Her Family a Priority



By Kerri Sheehan

Hollywood mom Ali Landry isn't letting anything slow her down! Perhaps best known as the Doritos Girl from a 1998 Super Bowl commercial, the former Miss USA is now focused on family life. Since marrying film director Alejandro Monteverde in 2006, she's been staying busy thanks to her growing family: her six-year-old daughter Estela, two-year-old son Marcelo, and the newest edition, baby boy Valentin Francesco, who was born earlier this summer on July 11th.

So does she have any tips for other moms with young kids? Landry answers with a laugh, "No, because I wish they would give me advice!" On a more serious note, she explains, "It's tough to juggle everything because you want to do everything yourself." When it comes to adding another child into the mix, Landry believes it's important to "put your focus on your

older children because they're the ones that realize something is different. They need a little extra love."

Related Link: [Best Celebrity Moms \(Who Also Make Great Wives\)](#)

As many twosomes know, it's easy to get caught up in being parents and forget the importance of being partners. Landry and her husband, though, always make sure to find time for each other. "Life is really busy, and if we aren't good as a couple, then we aren't good for our family. We definitely make our relationship and our family a priority. We don't take that for granted."

The 39-year-old actress reveals that little getaways help keep their marriage strong. "We'll get away from the house and sleep at a hotel for a night, or we'll do a quick getaway in Mexico. It's our time," she explains. "When we're home, we're still focusing on the family and what needs to be done around the house. When we remove ourselves from that, whether it's for a date night or a short trip, we can really let go and focus on each other. We try to do that pretty often."

As important as her home life is, the television personality isn't ready to step out of the spotlight just yet. In fact, her role as a mother inspired her recent reprisal as the spokesperson for Palmer's Cocoa Butter Formula and their national ad campaign. Landry first started using Palmer's products while pregnant with her daughter. "I was looking through magazines, and there were all these ads featuring some of my celebrity mom friends who were pregnant at the time. I thought to myself, 'Oh my gosh, they look so great pregnant! How brave of them to actually show off their bellies! I should really try these products.' I started using Palmer's and really loved the results."

Related Link: [10 New Celebrity Moms](#)

The model made her debut as their spokesperson two years ago when she was pregnant with her first son. "Our whole family

uses Palmer's products, and we love them. I am ecstatic to work with them again!" It's only fitting then that her two older children joined her for the current campaign.

As an alumna of *People* magazine's 50 Most Beautiful People, Landry says she relies on Palmer's to keep her skin looking wonderful. She also notes, "I drink a lot of water and always have – you have to hydrate your body from the inside and out. I exercise too." Of course, balance is key. "I'm not super strict with my diet. If I want cake, I'll have cake, and if I want ice cream, I'll have ice cream, but for the most part, I do eat pretty healthy." This attitude makes her a great mother, a great wife – and a great role model for her fans.

For more information about Ali Landry, you can follow her on Twitter and Facebook.

Isla Fisher Vacations With Sacha Baron Cohen, Kids





By April Littleton

According to UsMagazine.com, the *Confessions of a Shopaholic* actress enjoyed some time on the beach July 29 with her husband, Sacha Baron Cohen and their two daughters. The family was seen relaxing on a boat in in Capri, Italy. Fisher wore a purple one-piece swimsuit, while her husband tended to their children, who both sported summer dress and sun hats.

What are some ways to have a fun family outing?

Cupid's Advice:

You don't have to stop having fun just because you have kids. In fact, children make outings even more fun! Going out with your family is all about enjoying each other's company and having a great time while you're doing it. You might need a little help finding some things to do that the whole gang will enjoy. Cupid has some ideas:

1. Make a splash: Kids love water parks and so do adults. Find a local water park, beach or aquarium. If you prefer to do something a little more private, you can get creative and have your own mini pool party. Your children can join in on the fun by helping you decorate and pick out their swimsuits.

2. Picnics: Some parents have a hard time getting their kids to calm down in a restaurant. Well, take the food outdoors so they can do as much running around as they'd like. You and your honey can have a little alone time, while the children play tag or hide and seek. When they finally settle down, sit down and enjoy a meal on top of your favorite blanket.

3. Go on a walk: This is a win-win for everyone. The kids will be able to blow off some energy and you and your partner can hold hands while talking about how each other's day is going. If it's a hot day, don't forget to bring the sunscreen. If you decide to go during a cooler afternoon, make sure you dress your children accordingly.

How do you make family outings fun? Comment below.

Claire Danes Worried She'd Never "Want to Work Again" After Cyrus' Birth





By April Littleton

At the Summer TCA Party in L.A., *Homeland* actress Claire Danes told UsMagazine.com she's still "figuring out" how to balance her career with motherhood. "I was in my cozy mommy bubble. I was anxious about returning to work. I had all sorts of exaggerated fears, I think the biggest one being, "Oh god, will I ever want to work again?" Danes, who has been married to Hugh Dancy since 2009, often brings her 7-month-old son to set and the first-time parents take turns being their son's primary caretaker.

When is it the right time to go back to work post-baby?

Cupid's Advice:

Figuring out when you should go back to work after having a baby is probably one of the toughest decision you'll have to make as a parent. You want to be there for your child, but you also have to be able to take care and provide for your little bundle of joy. If you're not able to be a stay-at-home parent, Cupid has some advice:

1. Finances: Staying at home with your new baby might not be an option for you, in fact, for most parents it's not a choice they have. Depending on what your partner does for a living,

one income may not be enough with an additional family member now in the mix. Add up all of your funds and see if you're able to living comfortably with just your partner's money coming in, if not, find someone you trust to look after your baby. Start off by working part-time or work from home if your job allows it.

2. Emotionally ready: It's very hard to detach yourself from your child, especially when he/she is first born. If you're just not comfortable letting someone else watch your baby for a few hours out of the day, then don't go back to work just yet. However, you're not going to know how you feel about being away from your kid if you haven't given it a chance. Don't worry, you'll miss them more than they miss you.

3. You've thought about it: Logically, you know it's the best thing for you and your family for you to go back to work. Think about how many hours you're willing to work. Maybe you and your partner can come up with a schedule where one of you is still at home with the baby. If you have thought about an arrangement that works best for the family, you're ready to go back to your 9 to 5.

When did you know it was the right time to go back to work post-baby? Share your experience below.

Charlotte Ross of 'Hit the Floor' Says, "Waiting for Mr. Right Won't Get You Anywhere"



By [Whitney Johnson](#)

Charlotte Ross has a Hollywood story meant for the big screen: she fell in love with acting at an early age and began pursuing her dream while growing up in Winnetka, Illinois. She worked at Second City and the Goodman Theatre until graduating from high school. Just a month later, she moved to Los Angeles and was quickly cast as Eve Donovan on the infamous soap opera *Days of Our Lives*, a role that later garnered her two Emmy nominations. Audiences now recognize her as Quinn Fabray's uptight mother Judy on the hit show *Glee* as well as Olivia Vincent in the summer series *Hit the Floor*.

Related Link: ['Glee' Star Cory Monteith is Found Dead in Hotel Room](#)

The popular VH1 show, which airs it's final episode of season one tonight at 9/8c, is about "a professional basketball cheerleading squad; the back stabbing that ensues to get and stay on the team; and the inner workings of the corporate side of this world." Her character was a star dancer in her younger

years and now serves as the director of the Devil Girls. As the actress explains, “Olivia’s extremely driven, expects complete professionalism and won’t settle for less than perfection at every performance. She can be a bit relentless, but she’s also like a protective mother who just wants her girls to succeed.”

“It’s a ripe background for juicy drama, and the writer and executive producer, James LaRosa, doesn’t disappoint,” she adds with a laugh. I think he was born to write this show!”

As much as she loves being on stage, Ross’s heart belongs to Max, her nine-year-old son with ex-husband Michael Goldman. The couple divorced in 2008 after four years of marriage but continue to co-parent their son. True to her optimistic personality, she chose to remain positive during this difficult time. “The truth is, we all have a good argument as to why our ex isn’t the best partner, parent or friend, but I worked really hard not to focus on the negative because I wanted what was best for my son.”

And what’s best for Max is two parents who are able to “come into each other’s houses without tension or stress. I’m beyond blessed that my son is very well-adapted to having two homes,” she candidly shares. “I enjoy it as well. I get to be fully ‘on’ when I’m with him and then ‘off’ when his father has him.”

Her advice for parents in a similar situation is simple: “Try to deal with the challenges as best as you can because it really makes a difference for your kids. They can actually learn something good from it, like how to work through tough things and treat people with respect.”

Related Link: [Solo Parenting: Reconsidering Your Ex](#)

Of course, jumping back into the dating game after divorce is never easy. The single actress says being proactive is the best way to meet someone new. “Sitting and waiting for Mr.

Right won't get you anywhere. Instead, step out of your comfort zone and normal circle of friends," she says. "And don't be afraid to be set-up! Remember that your friends know you well and know what kind of partner you want."

As shown by her diverse professional choices, stepping out of her comfort zone is nothing new to Ross. This fearless attitude extends to her personal life too; she's even training to climb Mount Kilimanjaro later this summer. The blonde, who says "nature is like a church," sees this trek as number one on her bucket list. "It's been a dream of mine for years. We all have that list of 'One day, I will...' Well, time is passing, you know?" Reflecting further on the upcoming journey, she explains, "Challenging ourselves can be very healing. This adventure is both a physical one and a spiritual one."

The actress knows firsthand the effects of living a healthy lifestyle. "I truly believe that working out and clean eating (most of the time) is the fountain of youth. I look and feel better than I did decades ago. It amazes me!" As if that's not enough reason to head to the gym, she adds, "When you sweat for an hour or so each day, daily stress doesn't take the toll that it normally would. I think everyone should make time for fitness no matter how busy their life may be."

Don't miss tonight's season finale of Hit the Floor on VH1 at 9/8c! For more information about Ross, check out her website charlotteross.com/ or follow her on Twitter @charlotteross.

Alana De La Garza Welcomes a Baby Girl



By Kerri Sheehan

Actress Alana De La Garza is bringing home a baby! The 36-year-old and husband, Michael Roberts welcomed a baby girl on July 7th. This is the couple's second child and they are ecstatic to expand their family. De La Garza dished to [People](#), "I was just overwhelmed with pure joy and love. I know it sounds cliché, but that's exactly how I felt."

How do you prepare for a baby girl over a boy?

Cupid's Advice:

There are a lot of things to take into consideration when a baby is on the way. Cupid has some tips for preparing for a baby girl:

1. Essentials: Make sure you have general items like stroller, crib, and diaper bag before you get more classified with gender specific touches. By not specifying a gender for these items you and your partner are able to use them again if you have another baby.

2. Other children: If you have other children then it's important to prepare them for the baby's arrival. No doubt they'll be helping take care of the new baby so make sure they're as ready as they can be for the newborn to arrive.

3. Final Touches: Once you've prepared for everything else then you can get into the gender more. You'll probably want girly clothes and shoes for your baby to frolic in, so make sure you're stocked up on those, as babies are messy!

How did you prepare for a baby girl? Share below.

Kevin Jonas and Wife Danielle Are Expecting





By April Littleton

A rep for the *Married with Jonas* stars confirmed to UsMagazine.com that the happy couple are expecting their first child together. During a chat with E! News Tuesday, July 9, the singer said, "I was overjoyed. It's been the most exciting thing in my life so far." The duo met in 2007 while vacationing at the Bahamas and tied the knot two years later at Oheka Castle in New York's Long Island.

What are some ways to prepare your relationship for parenthood?

Cupid's Advice:

Expecting a child for the first time is the most amazing thing you'll ever experience, but it's also one of the scariest. Going through a pregnancy for the first time is full of the unknown. You're not sure what will happen, how it will affect your relationship or if you'll be a good parent to your child when he/she finally comes into the world. The dynamic between you and your partner will definitely change. It won't be just about you and your love anymore. Cupid has some advice:

1. Discuss the essentials: Before the baby comes, you should talk to your partner about how you were raised and how you

would like to parent. They should also provide the same information to you. In order to prevent any future arguments on the subject, it's important for the two of you to reach some sort of common ground on parenting techniques before the due date arrives. Talk about religion, dating, traditions, holidays, etc. If you reach a point in the discussion where you don't agree on something, that's where compromise comes in.

2. The money talk: You and your significant other need to be financially ready in order to take care of this baby. As a couple, you will need to figure out how much money you will need to put away for the child. Will you set up a college saving account early? What about insurance before and after the baby is born? You also need to be able to cover everyday expenses like clothing, food and housing for you as well as the baby.

3. Do your research: Take a few first-time parenting classes together. Make sure to leave some time to read a few baby books as well. Learning all you can about the pregnancy and about what's to come once the baby is born will relieve a lot of stress and anxiety.

How did you prepare your relationship for parenthood? Share your experience below.

Victoria Beckham Says She Feels Guilty Being a Working

Mom



By Kerri Sheehan

You may know her as Posh, but since her Spice Girls days Victoria Beckham has managed to have four kids, marry soccer star David Beckham, and start a successful career in fashion. However, Beckham admits that she feels a bit guilty about being a working mom. She told UsMagazine.com, "It's a huge juggling act, when you are a working mother and looking after your family. Millions and millions of women around the world are doing this every day, but it's not easy and yes, you feel guilty every time you walk out of the door to go to work."

How do you balance your career and family successfully?

Cupid's Advice:

For working moms there is never enough time in the day. Read on to find out how balance is key:

1. Set goals: Many people set goals at work, however it is important to do the same at home. Start small, like making it home for dinner and then transition into larger things like spending one whole day a week with your family.

2. Separate your time: Nothing will make your children feel worse than you taking a business call during time you reserved for your family. Keep your career time and family time from bleeding together.

3. Communication: Make sure you're open to criticism from your partner and kids. If your family feels neglected then they may be scared to tell you so. Let them know that it's okay to tell you you're doing a bad job of juggling both.

How do you balance your career and family? Share below.

Alison Sweeney Chats About Keeping Her Family Healthy with Frigidaire





By [Whitney Johnson](#)

Many fans – myself included – look to Alison Sweeney as a source of inspiration when it comes to living a healthy lifestyle. In our exclusive interview with *The Biggest Loser* host, she shares her tips for staying motivated and helping her family make smart choices when it comes to diet and fitness. For instance, when it's snack time for her two children, keeping her refrigerator organized is incredibly important. "I want those healthy choices front and center. I want them in their eye line, so that they see them when they open the refrigerator door," she explains. "I think that makes it much more likely to be something that they pick."

Plus, Sweeney shares some behind-the-scenes secrets from her upcoming film *Second Chances*, premiering on The Hallmark Channel on July 22nd.

Check out *Frigidaire* on facebook.com/Frigidaire?fref=ts and Twitter @Frigidaire for more information.

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Russell Crowe, Danielle Spencer Reunite For Dinner With Kids



By April Littleton

The Australian couple who are rumored to have split last fall spent the evening with their sons and friends at the Polo Lounge in Beverly Hills Thursday, June 27. “Russell and Danielle were sitting next to each other and seemed to get along well – but were never affectionate,” an eyewitness told UsMagazine.com. Later in the evening, after the children left the table, the pair continued to hold a discussion with another couple with Crowe “smoking a cigarette and talking very animatedly, [seemingly] about politics.”

How can you stay friends with an ex?

Cupid's Advice:

You've parted ways with your significant other, but the two of you still hope to become friends one day. Sometimes, two people just aren't right for each other romantically, but they make the best of friends. If the breakup was amicable and you still find yourself being able to freely talk to your ex about anything, you might be able to turn your old relationship into a new friendship. Cupid has some advice:

1. Be kind to each other: If you really want this new friendship to work, you have to be there for each other. Listen to each other's problems and try to lend a helping hand. Good friends support each other's needs. When communicating with your ex, don't bring up the past or anything that could cause tension. After all, the two of you are friends now, not lovers. So, keep the relationship strictly platonic.

2. Don't talk about new lovers: The last thing you want to do is bring up a new romance, especially if the breakup with your ex is still mildly fresh. If you have someone new in your life, don't talk about it. Bringing up your love life can cause confusion and feelings of jealousy, which can ruin the friendship you and your ex are attempting to have. After awhile, talking about new love with your former boo may be the right thing to do, but put it off until you're sure he or she will be able to handle it.

3. Time and space: Before you can embark on a friendship, take some time apart first. Staying connected with your ex will be impossible if you still have feelings for each other. You need to move on from the breakup. Plan some fun events with old friends, and do some activities on your own before you start hanging out with your old flame again.

Are you friends with your ex? How did you make the transition from being a couple to being friends? Share your experience

below.

Celebrity News: Former Gymnast Shannon Miller Welcomes a Baby Girl



By April Littleton

Tuesday, June 25, Shannon and her husband, Drummond press president John Falconetti, welcomed their second child, Sterling Diane. The former gymnast announced her pregnancy in January following a battle with ovarian cancer. A rep told [People](#) how happy the family is about the new arrival, "Shannon and John are thrilled to welcome Sterling into the world. Mom and baby are healthy and doing well." The couple is already parents to Rocco, 3 1/2.

What are some ways to help your partner through a pregnancy?

Cupid's Advice:

Finding out that your loved one is carrying a child is very exciting news. Now is the time to start thinking about baby names and picking out all sorts of cute clothes, but there's more to a pregnancy than just planning for the fun stuff. Your partner will need your support more than ever during the next few months, and not just the feet rubbing kind. Here's some advice:

1. Help them around the house: During a pregnancy, your significant other should not be expected to do all of the housework. Instead, take on most of their chores, at least until a few months after the baby is more where the two of you can work out a new schedule. If you do most of the work, your partner will be less stressed and tired during the day.

2. Health comes first: It's your job to make sure your love is maintaining a healthy lifestyle while pregnant. Make sure they eat the right foods – plenty of fruits and vitamins will provide your partner and the new baby with all of the vital nutrients they both need. Consider changing your diet as well. If you're both on the same diet, your love will find it easier to adapt to the new eating habits.

3. Emotional support: It's crucial to make your partner feel comfortable throughout the entire pregnancy. The intensity of hormone imbalances will be at a record high during this time for your love, so expect some mood swings. Try to keep your significant other as calm as possible and remind them you still find them just as attractive as you did before they got pregnant.

How did you help your partner through their pregnancy? Comment below.

Celebrity Dads Who Are Doing It Right



By Kelly Rouba for

GalTime.com

TV dads, like Cliff Huxtable and Ward Cleaver, often made fatherhood look easy. They effortlessly juggled their work schedules so they could spend quality time with their children and, of course, they were always around to set their kids straight if they stepped out of line. While we all know parenting isn't always as easy as it seems on TV, there are plenty of celebrity dads who've managed to set the bar pretty high when it comes to balancing fame and fatherhood as least as far as we can tell from the outside!

Sarah McKeever, a mother of three from New Jersey, thinks Will

Smith is a great role model for fathers around the globe. “I adore him, and he seems like a great father and husband. I’ve seen a few interviews with him and his wife and kids. They seem to keep a healthy balance with all the fame,” McKeever said. There may be a lot written about the Smith marriage and their parenting style (a la lack of punishment)” but Will is one dad who definitely focuses on his kids.

Dorothy Cascerceri, an on-air news, fashion, and celebrity trend expert for *In Touch Weekly*, agrees. “(Smith) loves his kids Trey, Jaden and Willow and has done everything possible to encourage all of their careers in the family business, Hollywood.”

Since Smith isn’t the only dedicated dad out there, GalTime asked Cascerceri to name the *Top 10 Celeb Dads Who Are Doing It Right*, and here’s what she said (in no particular order):

1. David Beckham– This ultra-hot soccer star is more than dedicated to his four kids, Romeo, Brooklyn, Cruz and Harper. He even has the boys’ names tattooed on his back!

2. Ben Affleck– Not only is this Oscar-winner an all-star dad to daughters Violet and Seraphina and son Samuel, but he’s also a dedicated hubby. He even thanked wife Jennifer Garner in his Academy Awards acceptance speech.

3. Brad Pitt– In addition to being one of the sexiest men in the world, Brad is tirelessly dedicated to his clan 6 and works extra hard to make sure the entire crew is taken care of.

4. Liev Schrieber– Forget strollers! Liev is usually seen transporting sons Alexander and Samuel around on his back and shoulders.

5. Tony Hawk– He loves his daughter Kadence so much that he Instagrammed a photo of the two of them with his nails painted with pink sparkly polish.

6. Taye Diggs– He shares everything with his son Walker, even ad campaigns! The duo flashed their milk mustache smiles for a Got Milk? campaign.

7. Gavin Rossdale– Gavin always pays close attention to the style of his kids Kingston and Zuma, and he always makes sure they have the same rocker look as their dad.

8. Jerry O'Connell– He's a doting dad to his twin daughters Charlie and Dolly, and oftentimes brings them to the set of his latest projects so they can see their dad at work.

9. Jay-Z– This rap mogul is smitten by his daughter Blue Ivy and even wrote a heartfelt song about her when she was born.

10. J.R. Martinez– Last but certainly not least, GalTime couldn't resist adding new father J.R. Martinez to the list. Even though his daughter Belle just turned one, he's got quite a handle on fatherhood and there's no denying how deeply devoted he is to his precious baby girl.

"I believe I'm a great dad, thus far, because I don't shy away from getting my hands dirty, whether it be by changing her diaper (constantly), making the bottle or setting up for bath time. I believe these are great opportunities to bond with your child," Martinez said.

Martinez also has a piece of advice for all those dads out there who just might be reading this. "I know we're working hard to provide, but don't leave it up to the mom to be hands-on. Show them you're more than capable, because you are."

10 New Celebrity Dads



By Jennifer

Harrington

Pregnancy, babies and parenting are always some of the hottest topics when it comes to celebrity news. Much of this news revolves around the mom and baby (think of how much time we spend on “bump” watch and anticipating Hollywood baby name choices), and an important part of the equation is often overshadowed: the celebrity dad. There are some great fathers in the celebrity world, and we wanted to shine a spotlight on them to celebrate their dedication to their children and fatherhood. Here is a list of our top 10 celebrity dads:

Brad Pitt

Hollywood heartthrob Brad Pitt is a father of six (Maddox, Zahara, Shiloh, Pax, Knox and Vivienne) with longtime love, Angelina Jolie. Often when Angelina is working, Brad plays the role of stay-at-home dad with the kids, and it seems to be a

duty he relishes in. In a 2012 interview with *People* magazine, Brad revealed that fatherhood has made him a better man and explained that being a dad “takes you right off yourself.”

Related: [Mario Lopez Wants “At Least 4 More” Children](#)

David Beckham

Soccer superstar David Beckham is the dad of four (Brooklyn, Romeo, Cruz and Harper) with wife Victoria Beckham. David has confessed that he hopes his children will be independent and lead normal lives, despite their parents’ star status. He is open about how challenging it is to spend time away from his family for his soccer commitments. He’s also very proactive when he’s with the little ones (he was recently spotted having some quality one-on-one time with Harper in Paris).

Chris Noth

Sex and the City star Chris Noth is the father of one child (Orion) with his wife, Tara. Despite a long list of acting accomplishments, Noth is emphatic about his favorite role. He said, “I love being a dad... being a dad is by far my favorite role!” It may be difficult for some to imagine Mr. Big as a devoted dad, but Noth is frequently photographed as a hands-on dad (we have even seen him sport matching Halloween costumes with his little one), and has even said the sound of his son crying is “music” to his ears.

Tom Cruise

Major movie star Tom Cruise is a dad of three (Isabella, Connor and Suri). While Isabella and Connor are grown and embarking on their adult lives, Tom is famously undertaking the role of single dad, in light of his recent divorce from Katie Holmes. While Suri calls New York City home with Katie, and Tom is frequently traveling for his movies, Tom remains committed to daddy duty for Suri. The duo has been photographed at Disney World together, and most recently,

celebrating her 7th birthday together. Tom has also remarked that Suri can call him whenever she needs him!

Ben Affleck

Boston-native Ben Affleck has three kids (Violet, Seraphina and Sam). After a whirlwind year of work and accolades for Ben, his current focus now is parenting his children, so his wife, Jennifer Garner, can go back to work. The couple has agreed that while one is working, the other will stay at home with the kids. Of his summer plans, Ben has been quoted as saying, "There's going to be a little Mr. Mom action."

Matt Damon

Ben Affleck's best buddy, Matt Damon, is also a fantastic dad. Matt is a father to three daughters (Isabella, Gia and Stella) and a stepfather to Alexia, from wife Luciana's previous marriage. Matt has a simple rule that guides his life and establishes his commitment to his daughters: the family can't be separated for more than two weeks at a time. Matt is open about the fact that his feelings toward his family are much more than he ever expected, and has remarked that parenthood is "really quite something."

Will Smith

The Fresh Prince of Bel-Air star is a father of three (Trey, Jaden and Willow). Will famously rapped about fatherhood in the 1990's song "Just the Two of Us", and he's watched with admiration as Jaden and Willow, his children with wife Jada Pinkett Smith, have launched their own acting/music careers. Will is very involved and supportive of their blossoming careers, and is always available to provide them with counsel as they navigate Hollywood. He has remarked, "I love producing my kids and my wife's TV show and all that. I think that's my most natural space in the business."

Seal

The singer is father to four children (Leni, Henry, Johan and Lou) with ex-wife Heidi Klum. While Seal and Heidi are no longer married, Heidi knew that Seal would be a good dad the first time she met him because of his “kindness and compassion.” She has publically stated that he is a great father and always puts the needs of the children first (even Leni, who is not biologically Seal’s child), noting that he “does everything in his power” to make sure the kids are happy and safe. Time will tell how Seal adjusts to fathering without Heidi by his side, but we have no doubt he will continue to be a fantastic papa.

Matthew McConaughey

Matthew is dad to three kids (Levi, Vida and Livingston) with wife Camila. His recent acting schedule has been packed, but when he’s not on set, Matthew’s favorite activity is story-time with his tots! Matthew shared with *People* magazine, “My favorite thing is reading a five-minute story that turns into a never-ending story. When it’s story time and I get to the end, there’s no the end. The kids hate the end!” Matthew also loves long phone chats with Levi, when he’s away shooting movies!

Related: [10 New Celebrity Moms](#)

Barack Obama

President Barack Obama has two daughters (Sasha and Malia) with wife Michelle. Despite his schedule loaded with meetings with world leaders and policy negotiation, Obama makes spending quality time with his teenage daughters a priority. Sasha and Malia absolutely know where they stand with their father; Obama told *Essence* magazine, “I want my girls to know that no matter what else is going on, they’re my first priority.”

What qualities make a terrific celebrity dad? Any other celebrity dads we should include on this list of Hollywood’s

finest?

Celebrity Baby: Chely Wright and Wife Welcome Identical Twin Boys



By Kerri Sheehan

Country singer Chely Wright and wife Lauren Blitzer Wright welcomed two new additions to their family on Saturday, May 18 in the form of identical twin boys. Forty-two year old Wright told [People](#), “We are grateful for all the amazing medical care and the love and support of family and friends.”

What are some ways to make sure your identical twins are individuals?

Cupid's Advice:

Just because your twin's faces are identical doesn't mean their personalities are. Cupid has some advice on how to make sure your identical twins are individuals:

1. Dress them differently: People often fall into dressing their identical twins, well, identically but this almost guarantees that your children will not feel like themselves. As soon as they're old enough let them pick out their own clothing so they don't end up feeling like two halves of one whole.

2. Different haircuts: It's hard for outsiders to tell identical twins apart. Giving them different haircuts will give people a distinct difference to focus on when distinguishing one from another.

3. One-On-One-Time: Reserve special time in your week to spend with each twin individually. This time will be beneficial when it comes to bonding and it will also help you get to know each child as their own person.

Do you have twins? How do you make sure they are individuals? Share below.

Celebrity News: Denise Richards Says She Enjoys Hanging with Ex Charlie Sheen



By Kerri Sheehan

Last week Denise Richards dubbed Charlie Sheen the “greatest ex,” after he arranged for his jet to fly her home in time for Mother’s Day. This week Richards is giving more insight as to how the two keep their relationship friendly. According to [People](#), Richards revealed that she feels, “One can feel one way and one can feel another way, and there’s lots of feelings and emotions there, but at the end of the day we want our daughters to benefit by us getting along. For myself, I don’t want to have an unhealthy relationship with him ... life’s too short for that and we actually enjoy hanging out and being with the kids, and it’s much easier.”

What are some perks to remaining friends with an ex?

Cupid’s Advice:

Staying friends with an ex is often beneficial, especially when there are kids involved. Cupid has some reasons why:

1. Keeping your group of friends intact: Being in a long-term

relationship with someone means you're bound to garner the same group of friends. By staying friends with your ex you will be able to ensure that you won't lose any friends in the process of breaking up.

2. Raising the children: If there are kids involved then it's vital to keep the relationship with your ex as civil as possible. Raising kids in a hostile environment will force them to feel the tension constantly. They also may feel forced to pick a side (mom vs. dad) and that's not fair to anyone.

3. Help with future relationships: Although it may take you two a while to reach this point, eventually you will be able to help each other out in the dating world. No one knows about your bad and annoying habits better than your ex so they can help you determine where your future relationship are falling flat.

Are you friends with your ex? Share your story below.

Alison Sweeney Chats About Her New Book, Fitness Routine and Family Life





By [Whitney Baker](#)

[Johnson](#)

As if Alison Sweeney wasn't busy enough, she decided to make her foray into fiction with her first novel, *The Star Attraction*, which published earlier this week. When telling the story of Sophie, a Hollywood publicist who risks her fabulous job and happy relationship when she hooks up with a sexy client, the actress drew from her nearly two decades as Samantha "Sami" Brady on NBC's *Day of Our Lives*, explaining that her experience on daytime television was the basis for writing her own story. She adds, "My best friend is a publicist, so that was certainly the inspiration for writing about that perspective of the industry. Plus, I have a lot of personal stories that contributed to the red carpet scenes in the book."

When it came to her main character, the author wanted to create someone who is based in reality, who behaves like a real girl. She describes Sophie as "self-effacing, smart, funny, and most importantly, willing to grow and learn" and says, "I hope she reads like a best friend whose stories you never get tired of hearing. She makes mistakes along the way, but you love her more for them." It's no surprise, then, that there are pieces of Sophie that come from her closest friends

and herself.

Related Link: [Alison Sweeney: "I Stay Healthy For My Kids, My Husband and For Me"](#)

Since 2007, Sweeney has stolen the hearts of many viewers as the encouraging host of another hit show on NBC, *The Biggest Loser*. This experience has brought a renewed sense of passion for her personal health, as evidenced by her *Shape* cover this month. Like many of us, she's struggled with her weight in the past but now believes that it's most important to "want to make a change and commit to living a healthier lifestyle. It's about making the best choices each and every day."

For readers struggling to take control of their weight, she offers this tip: "I encourage you to schedule time in your calendar to workout and to plan your food ahead time so you're not scrambling when you're starving. Prepare healthy snacks and meals to get you through your day."

As for her own exercise routine, although she has a trainer, she works out on her own quite often and really enjoys maintaining her fitness. "I run and ride my bike (both outside and at spin class). I try to complete a good cardio workout at least four times a week, and then, at least once a week, I do circuit training with weights."

While we may know Sweeney as an author, actress and host, at home, she's happy to be a wife to husband David Sanov and mom to son Ben and daughter Megan. Juggling her many different roles is never easy, but she has a simple trick that helps her stay on track: "I've found that the best way to transition from one project to another is to look at what I have to do in each moment and make sure that I give each task 100 percent before I move on to the next thing in my schedule."

That means that when she's home, she focuses completely on her family. To keep her marriage strong, she says, "Dave and I make a point to have time to ourselves, even if it's only

going for a hike or watching a movie. This time together enables us to keep our connection strong.” They even have date nights at home after the kids are in bed. “We cook dinner together and then watch *Survivor* or *Breaking Bad* and just hang out.”

Related Link: [Tips to Keep Things Exciting With a Date Night at Home](#)

So how did she meet her special someone? Sweeney and her husband actually grew up together and have known each other since they were young. Perhaps she followed her own relationship advice when they re-met as adults: “Enjoy life, meet people and know that you’ll meet the right guy who will explain all the wrong ones along the way.”

She adds, “With Dave, there was definitely a spark that led to our relationship and two incredible kids.”

When it comes to parenting, she describes them as pretty traditional parents. “Manners and structure are really important to us. We’re the parents, and we’re in charge. We don’t take a lot of sass from our kids, but we love them so much, and they know that.”

Some of their favorite times together as a family are in the kitchen as they prepare dinner. Of their routine, she shares, “The kids set the table, and sometimes, they help mix the salad or something. If a song comes on the radio that we all love, we drop everything for a ‘dance break.’ It’s hilarious – Megan loves to mimic our dance moves. Classic family laughs.”

It sounds like Sweeney’s got the good life figured out, but that doesn’t mean she’s slowing down any time soon. “I’m in the process of writing my novel, which I’m very excited about. I’m also starting production on season 15 of *The Biggest Loser*, and the summer storyline on *Days of Our Lives* is heating up. Finally, Greg Vaughn and I star in *Second Chances*, premiering on the Hallmark Channel on July 22nd.” Mark your

calendars!

You can purchase *The Star Attraction* on [Amazon](#) or in your local bookstore. To keep up with Sweeney, follow her on [Facebook](#) and [Twitter](#).

Celebrity News: Hilary Duff Calls Motherhood a ‘Hormonal Roller Coaster’



By Andrea Surujnauth

Hilary Duff, proud mother of one year old Luca, recently talked about the difficulty of motherhood with [Usmagazine.com](#). “Exhaustion is a good one to start with! You’re very sleep-deprived.” says Duff. “Sometimes you have a

crying baby and you can't do anything to get them to stop crying ... you feel, as their mom, that you should be able to have all the answers and be able to take care of them so easily." Fortunately Duff has her husband, Mike Comrie, and especially her mother to help her get through the difficult times. "She's been so great – helping me with the baby, coming over when I need to take a nap or escape for a little bit," she said. "My husband is amazing, too. If I want to run out of the house for an hour to go work out or go meet a friend for lunch, I can. I think that's really important."

What are some ways to support your partner through parenthood?

Cupid's Advice:

You are the main bread winner and your partner is the one that usually stays home to care for the new baby. How can you support your partner? Cupid is here with some suggestions:

- 1. Alone time:** Take responsibility of the baby on a certain day of the week to allow your sweetheart to get some alone time and breathing space. Your partner will appreciate you giving them time to get out of the house on their own,
- 2. Couple time:** Have one of the child's grandparents or a nanny come over to watch your little bundle of joy so the two of you can get some romantic time outside of the house. Take your partner out on a date.
- 3. Encouragement:** Let your partner know that they are doing a good job holding down the household. They are working hard to keep the house running in order and taking care of your baby, let them know that you love and appreciate them.

How do you support your partner through parenthood? Comment below and let us know!

Dating Advice: 5 Date Ideas Created Just for Moms



By [Whitney Baker](#)

[Johnson](#)

It's always important to recognize the hard work moms do – not just on Mother's Day, but every day of the year. They often put their partners and children first, forgetting to take time for themselves. This May, we're encouraging moms to step away from their household duties and embrace some kid-free time with their significant others. Remember, your loved ones want to make you just as happy as you make them. Below are five date ideas that every mom will enjoy.

1. Chick Flick: Sure, your beau may want to see the latest action movie, but instead, pick the most romantic movie in

theaters and enjoy every cheesy minute of it. Take this opportunity to snuggle up to your hubby and reignite the spark that may be dimming. You'll have at least two hours to relax and decompress before you resume your mom duties.

Related: [Create an Action Plan to Make Every Date Feel Like Valentine's Day](#)

2. Spa Day: While your man may be hesitant to admit it, he'll enjoy a couple's massage just as much as you do. Be fully in the moment as you both take this time to recharge. Get a manicure, pedicure or a facial to make the most of your day of pampering. Your partner can sip on some champagne and keep you company while you feel like a princess for an afternoon.

3. Just Dance: Sometimes, the best way to let loose is to literally *let loose*. Sign up for weekly dance classes and learn a romantic waltz together, or head to a local salsa club and practice your moves in an environment filled with passion. Any mom will love the chance to not only bond with her significant other, but to also do an adult-only activity. End your night with a glass of wine at your favorite restaurant.

4. Date Night at Home: Plan for grandma and grandpa to watch your children so that you and your honey can have a fun evening in the comfort of your own home. Cook a romantic meal together and open up your favorite bottle of wine. Enjoy the warm weather by cuddling up outside and counting the stars. Steer conversation away from your babies, and instead, focus on your marriage. When bedtime rolls around, don't set an alarm!

Related: [How Celebrity Moms Keep an Active Dating Life](#)

5. Breakfast in Bed: Don't let your date night at home end when you crawl in bed. Wrap up your alone time with breakfast in bed. You can make an extravagant meal with all of your favorite foods: from scrambled eggs with cheese and fresh vegetables to crispy bacon and toast topped with butter and

homemade jam. Order in from a local diner – somewhere you may have frequented before the kids came along – and enjoy every greasy bite.

Moms, we want to hear from you: What's your favorite date idea? Share below.

Celebrity Baby: 'Real Housewives of Atlanta' Star Phaedra Parks Welcomes Second Child



By April Littleton

Real Housewives of Atlanta star Phaedra Parks and her husband

Apollo Nida welcomed their second child – a son on Wednesday May 8, according to [People](#). A rep for Parks said, “Mother and baby are happy and healthy.” The couple has been married since 2009. The two are parents to a soon-to-be 3-year-old named Ayden.

How do you prepare for a second child versus your first?

Cupid’s Advice:

You know you should be preparing for your second baby’s arrival, but how? You’ve already been through this once before! You pretty much have everything taken care of...so you think! Despite the fact that you’re already a parent, pregnancy the second time around does have its differences. Cupid has some advice:

1. Plan to adjust: Don’t forget to talk to the big brother or sister about what’s to come. Be positive when you’re discussing the new baby and help the first child adjust to the idea of having a sibling. If he or she isn’t entirely thrilled with the prospect of gaining a new family member, or they’re just simply too young to understand, help them feel included by letting them pick out toys or other special items for the new baby.

2. Organize: Day-to-day errands you were able to do with ease with one child will be a little bit more difficult to manage with two. Schedule some fun family events and kids’ activities. Make sure you have a good way to keep track of things because you’re bound to forget something along the way.

3. Relax: Get as much rest in as you can. You won’t have to worry about too much sibling rivalry until the newborn becomes mobile. With a new baby on the way, the little family moments you’ll experience will count even more the second time around!

Do you have more than one child? How did you prepare for the

additional bundles of joy? Share your experience below.

Celebrity Moms Share Mother's Day Plans



by Jenny Schafer for

Celebrity Baby Scoop

In honor of Mother's Day on May 12th, we asked some of our favorite celebrity moms how they're planning to spend the special day.

From new moms Holly Madison and Giuliana Rancic to mom-of-four Tori Spelling to single mom Kelly Bensimon, let's look at how the stars celebrate all things mom.

Related Link: [Giuliana Rancic Chats About 'Ready for Love' and](#)

Being a Mom

Giuliana Rancic:

Reality stars Giuliana Rancic and Bill Rancic welcomed their first child, son **Duke**, in August 2012. The new mom opened up to Celebrity Baby Scoop about her big plans to celebrate her first Mother's Day.

"Bill and I are having our moms come to LA for Mother's Day – to make it special for all of us," she shared. "We're planning a fancy bunch with the whole family at a nice hotel in Newport Coast and then a walk on the beach. Reall, I just want to relax and enjoy the day together as a whole family."

She added: "This Mother's Day is especially meaningful because it's my first time to celebrate as a mother, of course! After struggling for years to have a baby, it's a real gift to be able to spend the special day with Bill, Duke and our family."

Holly Madison:

Before welcoming her first child, daughter **Rainbow**, on March 5, *Playboy* model Holly Madison opened up to Celebrity Baby Scoop about her hopes for her first Mother's Day.

"I hope my boyfriend and I can find something fun to do that someone only a few months old will enjoy," Holly shared. "Maybe we will take her to the Springs Preserve (a park here in Vegas) and see if she reacts to any of the animals and the nature."

Tiffani Thiessen:

White Collar star Tiffani Thiessen is mom to 2-year-old daughter **Harper**. The *Saved by the Bell* alum opened up to Celebrity Baby Scoop about celebrating Mother's Day in New York City with her mom and her daughter.

"Being a mom now myself, it is even more special," she shared.

“What’s great is we will be in New York again this year as I shoot Season 5 of *White Collar*. I’ll get to celebrate the day with my Mom and my daughter, all of us together.

Related Link: [Brooke Burns Says That “Love Is The Inspiration for Life”](#)

Brooke Burns:

Actress Brooke Burns is mom to 13-year-old daughter **Madison**. The former *Baywatch* star opened up to Celebrity Baby Scoop about enjoying Mother’s Day with her daughter and mother.

“I’m very sentimental about Mother’s Day,” she shared. “First of all, my mother was/is the most wonderful, loving, understanding mom. A true example in word and deed. I love that there is a day that reminds me to verbally honor her.”

“Also, when I was young, I was told I might never be able to have kids,” she continued. “So, I usually make Maddy look me in the eyes and I give her some speech that starts, and ends, in ‘happy tears.’ She’s used to it.”

Brooke added: “I also make it a point to tell all my mommy friends how incredible they are, because no one really knows how hard, demanding, beautiful, exhausting, and painfully rich motherhood is, except another mom.”