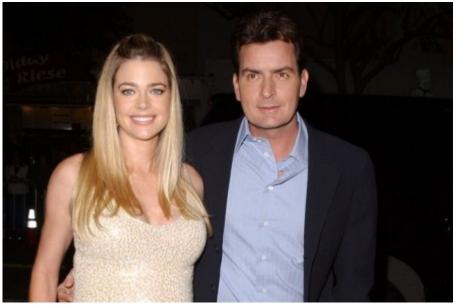
# Denise Richards and Charlie Sheen Bring Kids on a Winter Vacation





Charlie Sheen is

spending the holiday season a little differently this year, reports <u>People</u>. The actor and his ex, Denise Richards, are vacationing with their daughters at an unknown tropical location. Sheen posted a photo of the family on the social networking site WhoSay with the caption, "What's better than a modern family vacation!?! love spending winter break w/ @denise\_richards & my kids!"

Is it unhealthy to take a vacation with your ex and the kids?

### Cupid's Advice:

Though having the family together may seem beneficial, there are some downsides to a shared vacation. Here are a few things to consider before vacationing with your ex and the kids:

1. Payment: Make sure that you and your ex come to an agreement about the cost of the trip. Decide if the two of you will split the cost of the hotel room, meals and outings ahead of time.

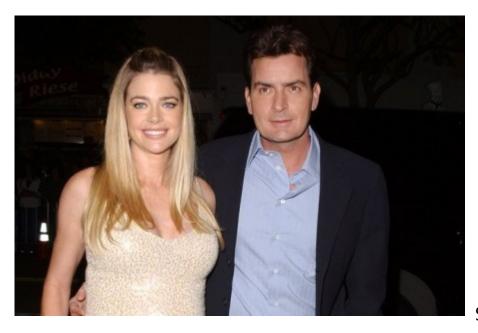
2. Living arrangements: Before you invite your ex on vacation, make sure you review your living arrangements. If you are planning on staying in a hotel, make sure your room has enough beds for your whole family to sleep comfortably (and separately).

**3. Your feelings:** If you and your ex still have a strained relationship, vacationing together is not the best idea. Your kids may love having the family together, but they will not enjoy it if you and your ex spend the getaway bickering.

Have you ever vacationed with your ex and the kids? Feel free to leave a comment below.

# Rob Kardashian Says He Doesn't Want a Girlfriend for Christmas





Sorry, girls! Rob

Kardashian is flying solo this holiday season. "I mean, I want a girlfriend. I've been single for a while, but I'm 24 years old and I feel like I have a lot of work to do on myself first and that's really what I've been focusing on. I'm focusing on my health and getting into shape and my career," he tells <u>People</u>. What does Kardashian want exactly? Just time together with his family. The whole Kardashian crew spends Christmas Armenian style and, of course, together as a family. Kris Jenner gives out pjs every year for the whole crew, and they all sleep at the house, get up at about 6 a.m. and celebrate together. "My mom also throws an awesome Christmas party every year and at the end of the party - once everyone leaves - we all sit by the fire and talk as a family."

#### What if the man you like doesn't want to settle down?

### Cupid's Advice:

So what do you do when you're ready to pick a wedding date, but your significant other doesn't even want to live with you yet? It's difficult, but it might be time to move on:

1. Talk about why he doesn't want to settle down: Maybe there is an underlying factor that is scaring your man from committing fully. It could be some pressure you place on him, or it could have to do with how his own family worked out. Either way, talk to him and try to understand on his level.

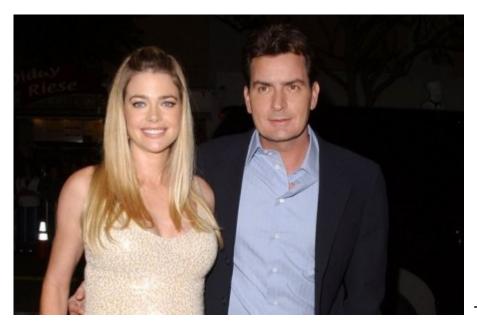
2. See if you can make any compromises: Could it be possible you are too controlling for his liking? If your man is nervous about living with you because of such issues, make compromises. You won't wake him up or 6 a.m. yoga on Saturdays if he will put the toilet seat down. Talking about issues like that might make your man excited about the whole idea, instead of trying to run from it.

**3. Consider moving on:** If all else fails and your man still doesn't want to settle down, you might have to find a new man. We all hate to hear this, but you and your lover have to want the same thing for your relationship to succeed. There is sure to be someone out there who wants what you want.

How did you get your man to settle down? Share your stories below.

# Khloe Kardashian Says Sister Kourtney Will Be a 'Pro' at Raising Another Child





The tabloids are

exploding, as Kourtney Kardashian and longtime boyfriend Scott Disick are expecting their second child. According to <u>People</u>, her sister, Khloe Kardashian is overjoyed that Mason is going to be a big brother. "I can't wait to see her with a kid in each arm," said Khloe. "She'll be a pro. LOL. And if this next baby is anything like Mason, then we will truly be the luckiest family in the world."

### How do you prepare for raising two children instead of just one?

### Cupid's Advice:

Building your family is both exciting and scary. The best thing you can do is to be prepared and get your current child ready for the addition:

1. Expand your nest: It may be time to turn that two-bedroom into a three. Whether that means moving or adding on to your current home, it's time to make the necessary arrangements.

**2. Talk to your child:** Prepare your first child for the new addition to the family. Tell them what to expect and get them excited about being a big brother or sister.

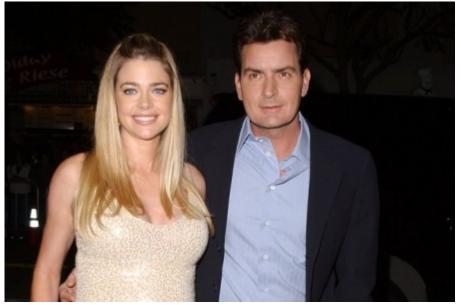
3. Get rest: It's hard enough to get rest when you only have

one child, but it's twice as hard when you have two. Stock up on sleep!

How did you prepare for your second child? Share your experiences below.

# Angelina Jolie Says She'll Never Be As Good as Her Mother





Hollywood mama,

Angelina Jolie, reminisced about her mother in an interview with 60 minutes. Jolie said that her mom, Marcheline Bertrand, was a generous, loving person that did everything for her children. Sound familiar? It seems Jolie is trying to walk in Bertrand's footsteps since her death in 2007. Jolie adopted three children, gave birth to three more children with Brad Pitt, and is a humanitarian activist. According to <u>UsMagazine</u> the actress was as modest as ever and said that she could never be as good as her mother.

How do you know what traits to carry over from your own mother?

### Cupid's Advice:

We all worry that one day we might turn into our mothers, but that may not be such a bad thing. Mothers wear many hats and the most important one may be that of a role model. Here are some ways to think about and carry on traits that your mother has/had:

1. Childhood: Think about the morals your mother installed in you as a child. As you mature, those morals usually lead you to make decisions in your adult life. Carry on those morals that your mother valued.

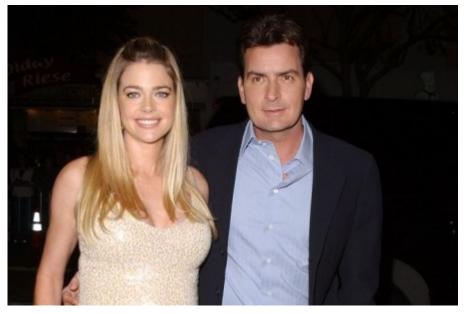
2. Role model: Do you remember watching your mother and wanting to be just like her? Try to remember why you wanted to be your mom's little me. Was she loving, funny or strong willed?

**3. Memories**: If your mother is deceased, remember what made her special. Why did she mean so much to you and to others? You may not become just like her, but taking on some of her traits will help you keep her memory alive.

What traits have you carried on from your mother? Share your ideas below.

## Connie Britton Adopts a Son from Ethiopia





Connie Britton,

star of the new hit series, *American Horror Story* is the proud new mom of a baby boy from Ethiopia. Britton finally got to bring nine-month-old Eyob home after a three-year- long adoption process. According to <u>People</u>, the 44-year-old actress is happy for motherhood and says that her son has completed her.

What are some ways to bond with an adopted child?

### Cupid's Advice:

When you adopt a child, bonding can be difficult. Here are some tips for you and your child to become comfortable with each other. Bonding takes time, but with love, it will happen sooner than later:

1. Teach and learn: If your child is from a different

background than you, take time to explore their culture together. A trip to a museum, library, or restaurant when they're older will bring you closer.

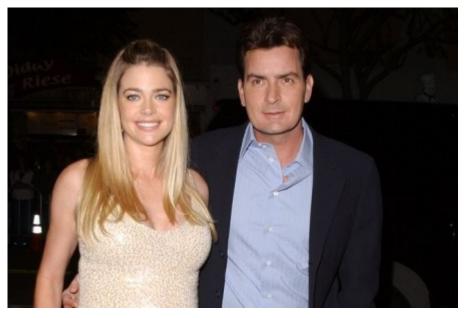
2. Interact with your baby: You are not the child's biological parent, so eye contact during feedings are important to your baby getting to know you and creating a bond stronger than any biological relationship. Try a baby massage class to learn the value of touch.

**3. Interact with your older child**: Older children take a little more time to bond with, but the techniques are the same. Love, conversation, eye contact, touch and honesty will do the trick. Remember that growing close takes time.

How did you bond with your adopted child? Share your experiences below.

# David and Victoria Beckham Get Cozy at Kid's Soccer Game





What's one of the

reasons we love the Beckhams? They are family-oriented and are not afraid to be affectionate in public. <u>RadarOnline</u> reported that the two were hugging and laughing while at their son's soccer game. When soccer star dad, David Beckham, wasn't taking proud pictures and Victoria wasn't giving baby Harper her undivided attention, the couple made sure to sneak in plenty of intimate moments.

### What are some ways to keep the romance alive after you have kids?

### Cupid's Advice:

1. Body contact: Intimacy is the key to keeping the flame between you and your partner lite. Hugging, holding hands, and rubbing his/her arm shows that you care and are sexually attracted to your partner, in a G rated kind of way.

2. Date night: Going out on a date once a week can be difficult when you have kids, but staying in can really be romantic. Turn your dining room into a restaurant or your bedroom into a spa for you and you partner to relax and enjoy each other.

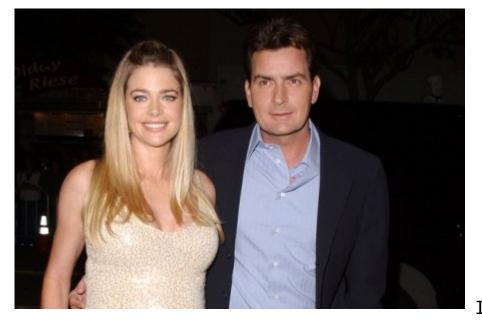
**3. Be thoughtful:** Give your partner a gift, but have the kids be a part of it. Want to give her roses? Let the little ones

pick it out, this way romance isn't lost and neither is time spent with the kids.

How do you romance with your partner?

# Michelle Duggar Admits That Lots of Kids Aren't for Everyone





If you thought

reality TV's largest family couldn't get any bigger, you thought wrong. The Duggars, stars of TLC's 19 Kids and Counting are expecting another addition to their humongous brood. Following the birth of pre-mature Josie, Michelle Duggar has been taking extreme precautions with this latest pregnancy. "I have been getting counseled from a high-risk pregnancy doctor in Little Rock and taking good care of myself," she tells <u>People</u>. Despite the media's shock , the couple is excited to welcome their 20th child. "We know that having this kids isn't for everyone, but we are open to receive whatever gifts God wants us to have." Guess we'll see how this pregnancy pans out on the next season of 19 (or 20?) Kids and Counting.

How do you know how many kids will work best for you?

### Cupid's Advice:

It's important to discuss with your partner how many kids you're interested in having before starting a family. As your relationship progresses along with work and other things, you'll know how many children you can handle:

1. Babysit: Of course one of the best ways to see how many children you'd want to have is to babysit. Offer to help out with a friend's kids for a weekend just to get some insight into the ups and down of raising a family.

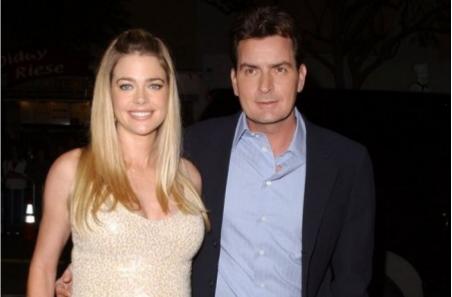
**2. Know:** Know how many kids you and your partner want before having children. Kids need constant attention, so you need to be able to provide financial and emotional support for them.

**3. Decide if you're ready:** A lot of couples plan for a specific time in their relationship to have children for different reasons. Talk to your significant other and see if you're even ready at this moment in time for kids.

How do you know how many kids will work for you? Tell us below.

## Alanis Morisette Says She Was Unprepared for Motherhood





Alanis Morisette recently opened up about postpartum and not being prepared for the birth of her 10-month-old son, Ever Imre, with husband Souleye. The singer, who wrote a blog for iVillage.com, said she worried about labor and delivery instead of mentally preparing to become a mother. According to <u>UsMagazine.com</u>, Morisette said she felt like there was no handbook to guide her in raising her son and being a first time mother.

### How do you prepare yourself for motherhood?

### Cupid's Advice:

1. Talk to the experts: Go beyond getting a pediatrician's advice or reading those expensive baby books, and talk to actual mothers. Don't know any? Try becoming a member of mommy forums online and/or play groups.

2. Talk to your baby: Talking to your baby while they are still in the womb helps build a bond. Once the baby arrives, you will feel more intuned with your child and your role as a mom.

**3. Come to terms with not being prepared:** We could write a thousand steps on preparing for motherhood, but the truth is that motherhood is taught through experiences. Making mistakes makes you human, and teaching your child how to <u>not</u> make the same mistakes you do, makes you a mother.

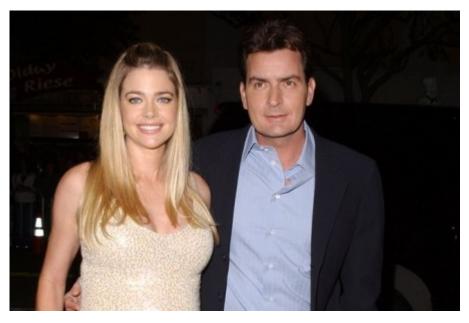
If you think you may have postpartum or need someone to talk to, don't be embarrassed, talk to your doctor.

How did you "prepare" for motherhood? Share your experiences below.

# Justin Bieber Fathering a Baby

Denies





Baby, baby, baby

noooo way! Justin Bieber recently became the father of his new puppy, Baylor, with girlfriend, singer and actress Selena Gomez, but he denies all accusations that he fathered the (human) child of Mariah Yeater. The 20-year-old Californian told STAR magazine that she and Bieber, 17, had sex backstage at a show in L.A. She gave birth to her son three months ago, and has filed a paternity lawsuit against the young pop sensation. A rep for Bieber told <u>UsMagazine.com</u>, "While we haven't yet seen the lawsuit, it's sad that someone would fabricate, malicious, defamatory AND demonstrably false claims. We will vigorously pursue all available legal remedies to defend and protect Justin against these allegations."

## How do you handle others' claims that your partner is cheating?

### Cupid's Advice:

Hearing that your partner is cheating on you is humiliating and infuriating. If you're told your partner's been sneaking around, here's some ways to react:

1. Get the facts: Don't believe everything you hear without finding out exactly what people are saying, and who's saying it. Rumors get twisted, but they have to start somewhere. Get your facts and your sources straightened out, and then proceed to deal with the situation.

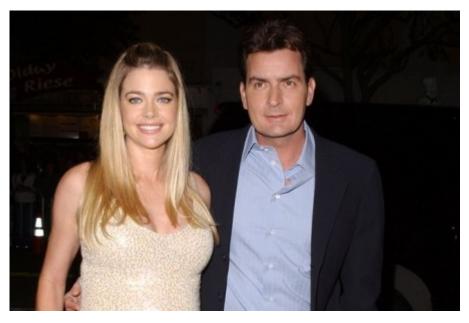
2. Confront the source: If someone tells you that your partner is cheating, turn around and directly ask your significant other. It might be difficult, but usually that fear comes because we're afraid of their answer. Make sure that you don't back down too easily if they try to persuade you otherwise. They've lost your trust, and they need to win it back by proving themselves.

3. Don't act irrationally: Just because you hear that your partner has cheated, that doesn't mean you should try to even the score by cheating on them. All previous trust within the relationship will vanish, and repair may be impossible, especially if your partner ends up being innocent. Wait until you're positive your partner is cheating, and then handle the situation maturely, whether that's breaking up or choosing to work things out.

How did you handle rumors that your partner was cheating? Share your experiences below.

# Pink and Carey Hart Enjoy Tacos with Daughter Willow





Pink and husband

Carey Hart found a way to have a date night and spend quality time with their daughter Willow at the same time: family date night! According to <u>People</u> Pink and Hart went to Dos Camino's in New York, where the singer is filming a movie, to enjoy tacos and beer while at the same time doting on their tiny daughter.

### What are some ways to include your children in date night?

### Cupid's Advice:

If you have children, it can be difficult to balance time with your spouse and time with your children. Here are some ways to spend time with both:

1. Go somewhere kid-friendly: Children aren't always going to flourish in certain environments, especially if they're younger. If you have a young child, a romantic movie and an expensive dinner aren't exactly fun for them. An ice cream date at the par, or a nice taco dinner like Pink and Carey Hart would be perfect.

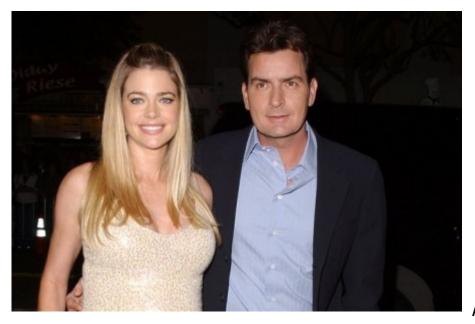
2. Relive your childhood: Just because a place may seem more typical for a child to enjoy doesn't mean it's only for them. Places like amusement parks or miniature golf courses can be fun for both children and adults.

**3. Keep it simple:** There's no rule saying that date night has to be complicated or away from home. Plan a dinner date at home by having the kids eat earlier and then arranging for take-out. You can also let the kids suggest a date, as they'll get a kick out of it, and you'll be sure to have no complaints from them later.

How do you include your children in your date nights? Share your experiences below.

# Kelly Clarkson Wants Marriage and Four Kids





After just

releasing her fifth album, *Stronger*, Kelly Clarkson was asked what she sees in her future. The singer expressed her hopes to be married with four kids someday. "I love what I do right now, but I live a very single life," said Clarkson. According to <u>People</u>, the singer also revealed once she has a family, her career will take a backseat. "I don't know if I'll retire," she says, "but it won't be as full-on. Obviously things will supersede music."

What are some ways to attract a family man?

### Cupid's Advice:

If you want children, most likely you'll want your partner to be a family man. Here are some ways to find one:

**1. Be wholesome:** You don't have to be completely conservative, but no family man is looking for a party girl. Work on being mature and handling situations in an adult way.

2. Financial stability: Being in control of your finances will attract the type of partner who is looking to start a family. Work hard at your job, and establish a professional reputation.

**3. Find a new hangout:** Not finding a family man where you usually hang out? Switch it up. Perhaps give up the bar scene and start attending some community events.

What is the best thing about dating a family man? Share your thoughts below.

## Penelope Cruz and Javier Bardem Bring Son on Lunch

### Date





a break from shooting his new film, *Venuto Al Mundo*, with a family lunch outgoing with wife Penelope Cruz and their son. Smiles and lots of love where on the lunch menu. <u>UsMagazine.com</u> captured the parents enjoying the meal as well as the company of their 10 month old child, Leo. About being a parent, Cruz told Vogue in June, "From the first second, you feel so much love. It is a revolutionary experience. That's the best way I can describe it. It transforms you completely, in a second. Nature is very wise and gives you nine months to prepare, but in that moment, when you see that face, you are transformed forever."

How can you involve your child in a romantic date?

### Cupid's Advice:

A date with your partner can lose its romance when the kids have to tag along. Find out how to keep the vibe going with subtle actions: 1. Communicate: Even if your child is present, make sure to speak to still incorporate adult conversation as well.

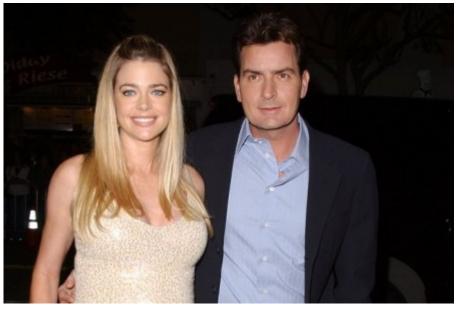
2. Touch: Just taps on the hand or rubs on the back throughout the date can keep things intimate.

**3. Share dessert:** Share a sweet treat while the kids make their own mess at the other end of the table.

How do you keep the romance alive when your child is with you? Share your thoughts below.

# Tori Spelling Gives Birth to Third Child





0 n Monday, Tori "Our family is so

Spelling gave birth to her third child, naming her Hattie Margaret McDermott, <u>RadarOnline</u> reports.

happy to announce tht 10/10/11 R baby girl Hattie Margaret McDermott was born at 7:08 a.m. She's amazing!," Spelling tweeted. Her husband, Dean McDermott, also tweeted, "T & I welcomed Hattie Margaret McDermott to the world yesterday morning. She's Gorgeous!!"

How does the dynamic change when you add a third child to the mix of your family?

### Cupid's Advice:

Raising a family can be tough, especially when you've just had your third child. Here are some changes you'll experience:

**1. More chores:** Having three children means there will be more things to work on: cleaning, feeding and even shopping for them.

**2. Find time:** When a new child joins the family, they get most of the attention. Make sure to also find time for your two older children.

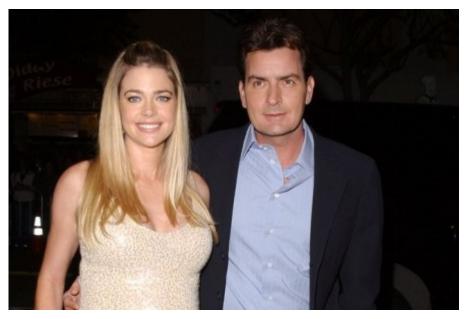
**3. Creating alliances:** You'll experience jealousy and tantrums among the children and will find yourself trying to encourage an alliance between all three.

What are some other changes to watch out for? Share your ideas below.

## Kim Kardashian Says She'll Start Thinking About Having

## Kids in a Year





Happy newlyweds Kim

Kardashian and Kris Humphries are thinking about having babies in a year, according to <u>People</u>. Kardashian told Ryan Seacrest on his radio show that children are in the couple's future once they settle down in a particular location. Kardashian says that when Humphries figures out for what team he will be playing, they'll get to working on expanding their family.

## What are the benefits of waiting to have kids after you get married?

### Cupid's Advice:

Being a newlywed comes with a lot of new responsibilities. Before adding raising a child to your list, it's important to spend time together as a couple:

**1. Getting to know your better half:** Everyone takes on a new personality once you live with them. For most newlyweds, living together might be a new step and getting used to your

partner's habits will take some time.

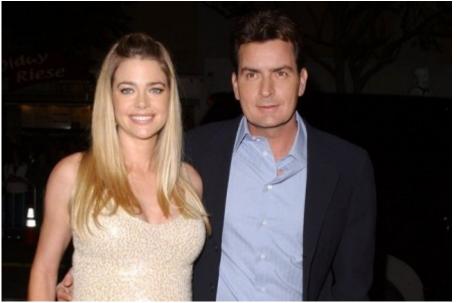
**2. Save:** Waiting on a baby helps the two of you to save for the expense of having children. A lot of couples divorce because of money, so don't be the statistic.

**3. Grow together:** Waiting on having a child means that you can both accomplish career goals and other aspirations together before bringing a baby in the mix.

Did you wait to have children? Share your experiences below.

# Kim Kardashian Talks Babies with Kris Humphries





It looks like Kim

Kardashian is being confronted with the baby question yet again post-marriage to NBA player Kris Humphries. In fact, E!

News got an exclusive interview with the diva and her man after they appeared on the *Tonight Show* together. Although rumors have been surfacing that speculate about a possible pregnancy, Kardashian insists they simply aren't true, according to <u>HollyScoop</u>. "I think we would wait like a year before we really start trying to have kids," said the reality star. "I think we want to figure out where he is gonna play and figure out like his career and like if we have to pack up and move somewhere, like the Midwest. Who knows?" Despite their uncertain plan, they do know one thing, and it involves having "lots of kids."

What role does your career play when you're deciding whether to have kids?

#### Cupid's Advice:

Many factors in life determine whether you're ready to have children, and your career is a pretty big one. Here are some things to consider:

1. Hours: If your job is demanding and you're rarely home long enough to scarf down some food and get a few hours sleep, you may not be prepared to have a child unless you can tone down your career.

2. Position: Make sure your career pays well enough to support a family. Babies cost money ... for at least 18 years of your life. You also need to decide whether one of you is going to be able to stay home with the new child or whether you're going to need to consider daycare.

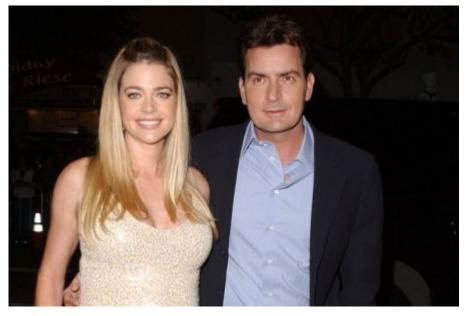
**3. Maternity leave:** It may seem obvious, but it's important to research your company's policies on maternity (and paternity) leave for when the baby comes. If your job doesn't allow for such things, it's definitely a factor to consider.

What factors did you consider about your job pre-baby? Share

your experiences below.

## Anna Faris and Chris Pratt Say They Want a Family





Though What's Your

Number? actress Anna Faris and actor husband Chris Pratt are focusing on their careers right now, the two are eager to have children in the future, reports <u>People</u>. "We want a family for sure," said Faris. "Chris wants a big family. We would love to have kids someday." However, the couple agrees that their plans for children will have to be put on hold. "It's timing," said Faris. "It's so hard in this industry."

How do you know when the time is right to have kids?

Cupid's Advice:

Deciding when to have kids is a life-altering choice. Here are a few things to consider before starting a family:

1. Finances: Raising children is becoming more and more expensive. Though your child may not be too much of a financial burden at first, in a matter of years you'll be paying for things like your child's college tuition. Be sure that you and your partner have stable salaries before settling down.

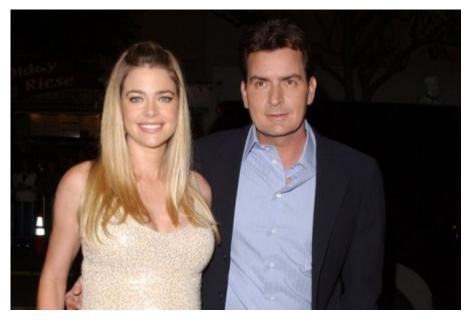
2. Your goals: Though kids make your life happier, they can also limit you. It is difficult to travel the world while caring for a baby. Make sure that you have experienced what you want to experience before starting a family.

**3. Outside pressure:** With advancements in technology, women can have children later and later in life. Don't let your biological clock or your friends pressure you into having children. The option will most likely remain open for quite a while.

How did you know when you were ready for children? Feel free to leave a comment below!

## 'I Don't Know How She Does It' featuring Sarah Jessica Parker, Pierce Brosnan and Greg Kinnear





The job, the husband, the family and the body: Kate Reddy (Sarah Jessica Parker) has it all – at least on the surface. Reddy, a financial executive for a big New York company in Boston, is also the main breadwinner and mother of two in <u>I</u> <u>Don't Know How She Does It</u>. Problems she has juggling this already busy lifestyle become worse as Reddy makes an ambitious pitch to her boss (Pierce Brosnan) while her husband (Greg Kinnear) lands a new job. Based on a book of the same title, Parker's character has to learn that everything she aims for has a price.

How do you know when you've put your career ahead of family?

### Cupid's Advice:

Although this is difficult to determine because each person's situation is different, here are some ways to determine whether work is taking over your life:

1. Necessity: It's one thing if you're bringing in all of the income for your family and it's another thing if you don't necessarily need to be away from them. Try to keep a balance if at all possible.

2. Kids are suffering: Should you choose to focus on your career and less on your partner or family, you need to make sure your kids will be well taken care of; if not, you need to tone the work down a notch.

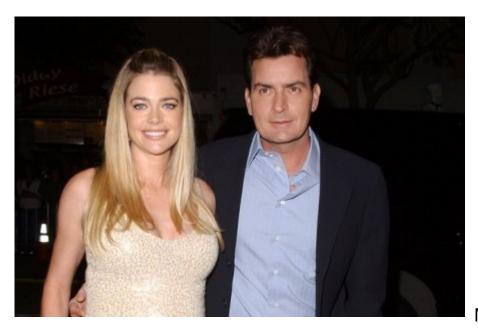
**3. Future repercussions:** It's not always a question of what you love more (family or career), but often a question of your emotional attachment. Decide which you would miss more if you were to give it up.

Release Date: Sept. 16

Rating: 2.5/5

# Megan Fox Explains Why She's Waiting to Have Children





Megan Fox

definitely wants to start a family ... just not right now, according to <u>UsMagazine</u>. The 25-year-old actress who coparents her husband Brian Austin Green's 9-year-old son said, "I absolutely want biological children. I've always wanted kids. It's just about the timing." She explained that they are waiting to be financially stable before starting a family. "I have it in my mind about what amount of money I want in the bank so that I can protect that child's future, and really protect it, so that kid never struggles," she said. "Once I feel safe with that, then I'll have kids."

### What are some preparations to make before you have kids?

### Cupid's Advice:

When deciding to start a family, there are many things to consider and for which to prepare. Here are three of them:

1. Financially stable: In order to support a child, make sure you doing financially well. If you don't have a good enough job, attempt to get a new one. If you need more time to save, take those weeks or years you need.

2. Shelter: It's important to live in a safe environment where you can raise your child. If you're currently living in the middle of a sitting in a loft apartment and you don't feel

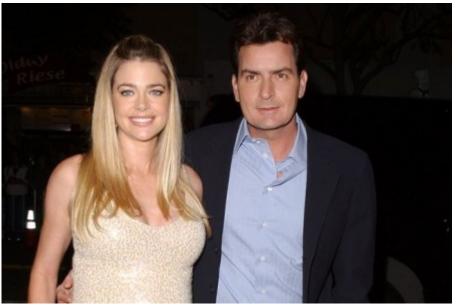
that's the type of atmosphere in which you want to raise a child, wait until you're somewhere you feel your family life is meant to be.

**3. Ready:** Make sure you and your spouse are ready to start a family and take care of all the responsibilities that come with it. If you have doubt, don't go through with having kids quite yet.

What are some preparations you think one should take before having children? Let us know in a comment below!

## Jon Gosselin Has Life Advice for Ex-Wife Kate





Kate Gosselin spoke

out to <u>People</u> expressing concern about her family life after her show Kate Plus 8 was cancelled, and now her ex, Jon Gosselin, has some harsh pieces of advice for her. Speaking to <u>RumorFix.com</u>, Jon said, "Reality TV is not a career. Get back to a normal life – a simple life." The bitter exes played out the end of their marriage on TV in in 2009. Since then, they have quarreled about their kids and the reality TV life they lead. "Things will work out the way they should work out," said Jon. "Obviously, there are families out there that have several kids – people work normal jobs, and things work out."

How do you make life normal for kids after a divorce?

### Cupid's Advice:

Sometimes when a divorce is sparked by big differences and involves a lot of bitterness, it can be tough to make life normal for your kids during the process. Cupid has some tips:

1. Establish a routine: One of the best things you can do during your split is to keep a routine for your children. If things are always up in the air and unstable, it'll make them uneasy. Keeping a consistent schedule is reassuring.

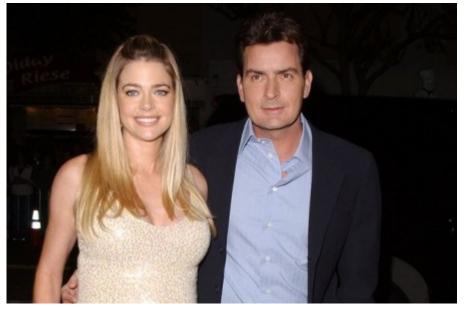
2. Be civil to your ex: No matter how bitter your breakup may be, suck it all in while in the presence of your children. It's important to portray a united front no matter the circumstances.

**3. Keep your differences quiet:** Your child's life won't be normal if he or she has to decide which side of an argument to believe. Keep your fights and disagreements behind closed doors so that your children't aren't forced to pick favorites.

What are some other ways to keep your child's life normal during a divorce? Share your thoughts below.

# Pink and Carey Hart Take Their Daughter on Dinner Date





Lovebirds Pink and

Carey Hart sure know how to keep the firing burning in their relationship. The couple was spotted on a dinner date at hotspot Nobu in Malibu with who else, but their daughter Willow Sage, according to <u>People</u>. According to onlookers, the couple seemed very attentive to the three-month-old baby and seemed to be having a great time. The Harts weren't the only celebrities at the popular eatery. As they were leaving, Balthazar Getty and his kids were spotted there as well.

What are some ways to keep the romance alive when you have a baby?

Cupid's Advice:

Just because you have a child, that doesn't mean you can't keep the fire burning in your relationship. Cupid has some ways you and your boo can keep the romance alive even after you have a baby:

1. Include them: What better way to embrace this new found joy in your life than by bringing your child along on date night? Head to a nice dinner or even a movie and show your child and your boo that you can still maintain a great relationship even when they're both there.

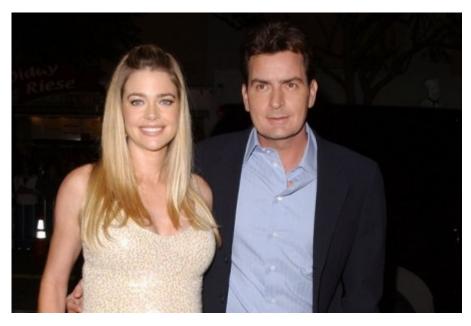
2. Make time: Even though you have a new member of the family, that doesn't mean you can't make time for just you and your honey. Plan a date night for just the two of you, and have a family member or sitter watch the baby.

**3. Go on a trip:** Head on a vacation with your baby so that you can all have new experiences together. Whether it be to a tropical island or simply a weekend getaway, try something new, and create memories you will cherish forever.

What are some ways to keep the romance alive when you have a baby? Share your thoughts below.

## Kevin Federline Is a Dad Again





Happy day! Kevin

Federline is a father again, according to <u>People</u>. The former backup dancer and onetime rapper welcomed his fifth child, daughter, Jordan Kay, at 6:33 p.m. on Monday. This is the first child for his girlfriend, Victoria Prince. Federline, 33, and Prince, 28, a former competitive volleyball player from Washington State, began dating toward the end of 2008. Federline is also father to sons Jayden, 4 and 1/2, and Preston, 5 and 1/2, with ex-wife Britney Spears and son Kaleb, 7, and daughter, Kori, 10, with ex-girlfriend Shar Jackson.

How do you explain your broken relationships to your children?

### Cupid's Advice:

The best thing you can do is be upfront and honest with your children. Cupid has some tips:

1. Honesty is the key: Situations are always a lot easier when you are honest with yourself and others. No matter what age, just be honest with your children. Let them know that nobody is perfect and everyone makes mistakes. Also, just because your past relationships didn't work out, it doesn't mean they were all bad experiences. Let them know that.

**2. Don't play the blame game:** Be sure to admit to your faults. Teach your kids that right is right and wrong is

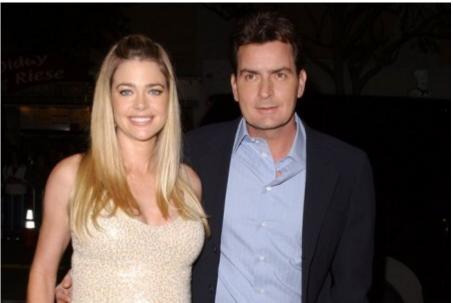
wrong. Don't make it seem like it's all the other person's fault, when it most likely wasn't. A relationship consists of two people and each has their own issues.

**3. Reassure them:** Tell your children that you don't plan on making the same mistakes again. Then, show them through your actions that you're serious about that statement.

How did you explain your broken relationships to your children? Share in a comment below.

# Elizabeth Banks Says Motherhood Won't Stop Her From Acting





Banks admits she's not balancing her career and being a new

mom to 5-month-old son Felix very well, but she doesn't plan to slow down anytime soon, according to <u>People</u>. "I'm not really a break-taker," Banks, 37, said with a laugh on Saturday while promoting her latest flick, *Our Idiot Brother*. "I'll just keep on going, and then we'll see. You do it. You push through just like any other working mom."

#### How do you balance your career with parenthood?

### Cupid's Advice:

Time management is essential when it comes to having a career as well as a family. Here are three ways to manage:

1. Family always comes first: You definitely need money to survive and furthermore to take care of your family, but never get so emerged in it that you don't have time for your loved ones. Especially with a career where you're constantly in the bright lights, it may be very hard to make extra time for family. It's something that you must do, however, or your family may very well fall apart.

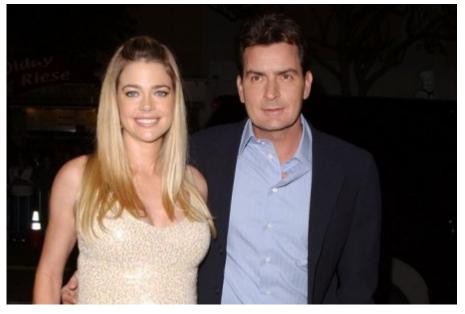
2. Always carry your planner: A personal calendar is sometimes the best thing to keep by your side when you have a busy life. If not in your purse, on your phone. Mark down every little thing that you have to do daily, and check things off as you complete them. Be sure to jot "family time" down as you fill your agenda up.

3. The little things: You don't always have to be at every practice or every game. Sometimes it's the little things that make all the difference. Take your kids for ice cream on your lunch break rather than catching up on your assignments. Play a game with them. Let them know that you work hard, but it's all for them.

How do you balance your career with parenthood? Share in a comment below.

### Maya Rudolph and Paul Thomas Welcome a Son





*Bridesmaids* star

Maya Rudolph and husband, director Paul Thomas Anderson, welcomed a baby boy into the world July 3rd, according to <u>People</u>. Rudolph kept the sex of her baby unknown until the day she popped. She said, "The exciting part is not knowing who's coming, you have to wait nine months for a surprise, but then it's a good payoff because it really is a surprise." T he newborn, Jake, is home with his older sisters, Pearl and Lucille. The family is doing great, according to Rudolph's rep. You can check Rudolph out in her new role in Up All Night, which premieres this fall on NBC.

What are the advantages of keeping the sex of your unborn baby unknown?

### Cupid's Advice:

Having a baby is always exciting, but a big decision every parent has to make is whether or not to find out the sex of the baby prior to the delivery. Cupid has some advantages to keeping the sex of your unborn baby unknown:

1. It's a surprise: Take a tip from Maya Rudolph and Paul Thomas Anderson. Who doesn't like a good surprise? Not knowing the sex of your unborn baby creates a sense of excitement and suspense prior to the big day, which makes the whole experience even more memorable.

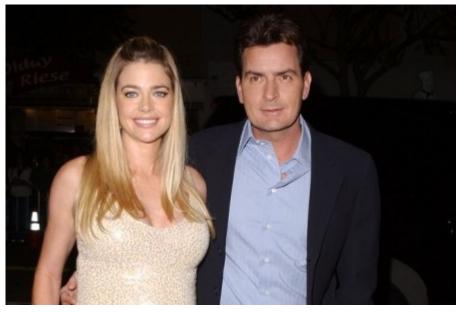
2. No expectations: By not knowing the sex of the unborn baby, you won't know what to expect and therefore won't be planning out the child's entire future before he or she arrives. Having an open mind will allow you to see the baby in an unbiased way.

**3. Keep your family and friends anxious:** Keeping the sex a secret won't just make you anxious about the big day, but also your family and friends. What's better than seeing or hearing their reactions when you say 'It's a boy' or 'It's a girl'?

What advantages do you feel their are to not knowing the sex of your unborn baby? Share your thoughts below!

# 'Teen Mom' Star Farrah Abraham Thinks About Giving Up Modeling for Daughter





It looks like Teen

Mom star Farrah Abraham is learning exactly what it's like to be a parent to her 2-year-old daughter Sophia. Abraham, who recently went under the knife for a breast augmentation to aid in her modeling career, is now having second thoughts on her career choice, according to <u>UsMagazine.com</u>. In a preview clip airing Tuesday, Abraham said that she's nervous about leaving Sophia when she has to go away for photo shoots. When her mom Debra asked her about how she felt on her most recent trip, she said, "I was really sad but I kept it professional; I definitely think it's hard being in modeling and being a mom."

What are some sacrifices you need to make when you have a child? Cupid's Advice:

Every parent has to make some sacrifices when it comes to raising their child, and some sacrifices hurt more than others. Cupid has a few sacrifices you may need to prepare to make when you have a child:

**1. Dream career:** If your fantasy career involves a lot of traveling or late hours, it may not be the best career path

for you if children come into the picture. You don't want your child to feel alone or neglected, so unless there's absolutely no way to cut back at work, your best bet is to choose a different profession, or at least a position with more flexibility.

2. Not as much 'Me' time: Before having children, you may have been used to going to your morning yoga session, then stopping by the cafe for a cappuccino, then meeting up with the girls. When you have kids, this isn't your everyday reality. Yes, you can most certainly schedule some 'me' time, and most moms do, but there's no longer 'me' time ... all the time.

**3. Financial freedom:** Once you have a child, money is a very important issue. You can most likely no longer buy a pair of shoes on a whim, and you must consider bills and expenses that a child brings.

What are some sacrifices you made when you had a child? Share your stories below.