### Is Brad Pitt's Son Maddox Crushing on Celebrity Ex Jennifer Aniston?





It looks like <u>Angelina Jolie</u> may be having a case of the celebrity exes. Jolie's 10-year-old son Maddox has reportedly developed a crush on Brad Pitt's celebrity ex <u>Jennifer Aniston</u>, the <u>Enquirer</u> reported. Sources say that Maddox's fascination began after he and his nanny watched <u>Marley & Me</u> and has since caused the youngster to put posters of Aniston on his bedroom walls. "Maddox is infatuated with Jennifer, and Angelina is fuming," a close source told the tabloid. "Maddox simply likes Jen's sweet face and look."

With her child's room filled with pictures of Pitt's celebrity ex, Jolie can't seem to get away from her. What do you do if you can't avoid hearing about your partner's exes?

#### Cupid's Advice:

As if working at the same company with your partner's former flame isn't awkward enough, can you imagine having posters of your husband's celebrity ex in your house? Having to constantly hear about an ex can make for an uncomfortable situation. Here is some relationship advice to help you in that situation:

1. Don't let them see you sweat: It's no secret that hearing people say that your mate and their ex were the picture perfect couple is uncomfortable. As annoying as that may be, you can't let talk of old relationships and love get to you.

Related Link: <u>Kevin Federline Reminisces About Celebrity Ex</u>
<u>Britney Spears</u>

2. Be confident: While people may constantly compare you to your arch nemesis, remember who you are. Hold your head high, put on two coats of mascara, and keep smiling.

Related Link: <u>Is Wiz Khalifa Bashing Celebrity Ex Amber Rose</u> in New Song?

**3. Ignore it:** People will always have something to say, and unfortunately, it's inevitable. But at the end of the day, all that really matters is how you and your love feel about each other.

How did you combat hearing about your partner's ex all the time? Share your experiences below.

## Peter Facinelli Speaks Out About Split with Jennie Garth





Twilight star, Peter Facinelli, opened up to Kelly Ripa about his divorce with Jennie Garth on Wednesday's Live! with Kelly. According to People, Facinelli told Ripa that Garth will always be in his life. He's right about that, as the couple are parents to three daughters: Luca, 14, Lola, 9 and Fiona, 5. Facinelli said that he and Garth are trying to stay out of the limelight for the sake of their little ones. "We're very

dedicated to being great parents," he said.

How do you make a divorce drama-less for your children?

#### Cupid's Advice:

Divorces can get nasty, but it's important to protect you and your ex's greatest asset-your children. Here are some ways to get through your breakup without your kids having to deal with the drama:

- 1. Keep it between grown-ups: There is no need to let your children in on every little detail of the divorce. Keep kids out of grown-up business.
- 2. Don't ask them to take sides: Pinning your children against your ex will only backfire. Keep them happy by respecting your ex around them.
- **3. Talk it out:** It's a good idea to ask your children about their feelings regarding the divorce. Divorce means change, and it's important to take the time to validate your kids' emotions.

How have you made your divorce drama-free for your children? Share your comments below.

## Elisabeth Röhm Explains Why Family Dinners Are Important





Law & Order actress Elisabeth Röhm took to her <u>People</u> blog this week t o explain the importance o f dinners. Röhm came into contact with cookbook author Ellamarie Fortenbach and learned aout the importance of eating dinner as The actress and her 3-year-old daughter, Easton August, participated in the production of Fortenbach's "Cooking together and finding a connection through mealtime has been important and a challenge for our family," said Röhm in her blog. "Cooking together and then eating that meal is truly nurturing!"

What are some reasons it's important to eat meals as a family?

### Cupid's Advice:

Though it can be difficult to coordinate schedules, eating meals as a family is still a valued tradition. Here are a few reasons why it's important:

1. Catch up: Mealtimes are an opportunity to share with your family the things that have been on your mind during the day.

Your children can voice their worries about school and their

friends while you can chip in with stories from work or around the house.

- 2. Good for children: Children who have meals with their families are statistically proven to do better in school. Bonding time at the dinner table is important for developing minds.
- **3. Unity:** A family that eats together is undoubtedly stronger as a unit than one who does not. It's important to find time for your family despite your busy lives.

Do you eat dinner as a family? What do you like about it? Feel free to leave a comment below.

# Ashlee Simpson Says There's "Plenty of Time" Before Jessica Simpson's Birth





Though her sister Jessica Simpson is very much pregnant and ready to become a mom, Ashlee Simpson had no worries she's miss the birth when attending an event in Australia recently. According to <a href="USMagazine.com">USMagazine.com</a>, Simpson brushed off concerns, saying, "I have plenty of time and I'm going home [today] so it will be fine." Jessica Simpson was heard saying that she still had "a month to go" so Ashlee will definitely be in attendance at the birth of her sister's first child.

How do you decide who you want with you when you give birth?

### Cupid's Advice:

It's not always clear who should be with you in that hospital room when it's finally time for the baby's arrival. Cupid has some advice:

- 1. Focus: During childbirth you'll want all the focus on you. Make sure to choose people who are able to focus on you entirely during the birth as support. Perhaps choose a sibling or parent.
- 2. Coach: Just because you want your partner there doesn't

mean you have to have them there as your coach during the birth. Have someone else important to you take on that role if your sweetheart isn't quite ready to be around the action.

3. Friends/family: Beyond having a coach and your partner there during the birth, you may want some other people present during the birth such as your mother. Have them there for a reason though, as childbirth is not a show and they should know they're there as a support team.

How did you decide who you wanted present during birth? Let us know in a comment below.

## Jennie Garth Says She and Peter Facinelli Are 'Great Parents Together'





Jennie Garth and Peter Facinelli have tried to make their divorce as painless as possible for their three daughters Luca, Lola, and Fiona. "We are great parents together, so when it's about the kids, it's wonderful," said Garth, according to *People*. Having discussed the couple's divorce with the kids, they are all on the same page and understand what is happening, without feeling the need to choose sides. Garth and Facinelli want nothing more for their family to be happy and healthy. The former *90210* actress is even considering moving back to Los Angeles so that the girls have more access to their dad.

### How do you remain united in parenting after a split?

### Cupid's Advice:

When you're in the middle of a divorce, it's also very difficult for your children. Here are some ways you can work together to be good parents, even when separated:

1. Make a schedule: Now that you aren't living together anymore, it's difficult to collaborate your schedules.

Therefore, set certain days and times where you each want to spend time with the kids so there are no arguments or confusion.

- 2. Talk to your children: A good parent will talk to their kids about what is going on and get their feedback. Ask them how they feel and how they want to spend their time with each parent.
- 3. Share Holidays: The most stressful times are when it comes to holidays. Your kids don't want to have to choose how they will spend the best times of the year. Try sharing these important dates, for the kids.

What do you think are ways to remain good parents while being separated? Share your ideas below.

## Bruce Willis and Emma Heming Welcome a Baby Daughter





It's official! Bruce Willis and his wife of three years, Emma Heming, have welcomed the newest addition to their family, daughter Mabel Ray Willis. Mabel joins three half-sisters, Rumer, 23, Scout, 20, and Tallulah, 18, who Willis had with ex-wife Demi Moore, according to <a href="People">People</a>. The Die Hard actor and designer-model, according to their rep, "are overjoyed about the newest member of their family. Both mother and baby are healthy and doing beautifully."

What are some ways to prepare your existing family for an infant addition?

### Cupid's Advice:

When you're getting ready to welcome a new addition to your family, it's important to prepare certain things. Cupid has some tips:

1. Prepare your other children: Keep your kids up to date about the pregnancy and what it will be like when you bring the baby home. Have them help get the nursery ready and offer baby names. The more involved the feel, the more accepting

they'll be of the situation.

- 2. Get your finances in order: Another child means one more mouth to feed and one more body to clothe. Kids are by no means inexpensive, so it's important to make sure you're getting your finances in tip top shape before having a baby.
- 3. Prepare yourselves: If you already have kids, another child in the mix means you'll be all the more busy and worn out. Make sure you're staying in shape and taking care of yourself as you prepare to welcome another addition to your family.

How did you prepare your family for an additional child? Share your tips below.

### Fergie Says She Doesn't Want Kids with Josh Duhamel Yet





Black Eyed Peas singer Fergie is enjoying her time off with her husband, actor Josh Duhamel, after being on the road eight years touring with her group the Black Eyed Peas. "We like each other. We like hanging out together and we have fun," Fergie told MTV News. "We have fun in the kitchen cooking and singing silly songs. Not to give too much away — I'm not going any further than that — but we have a good time together, and it's nice to get to have that quality time. We enjoy it." Though they recently celebrated their three-year anniversary, don't expect the Hollywood duo to make a pregnancy announcement anytime soon. "It's not happening yet, I can tell you that definitely," the singer says. "But we want to have a family, so that's in the cards, but it's just not this second."

How do you know when it's time to start having children?

### Cupid's Advice:

Having kids is usually the next step to take after marriage. Here's how to determine when you and your spouse should start planning for your new addition to the family:

- 1. Live like newlyweds for a while: Enjoy your time with your spouse for a little while before having kids. The first few years of your marriage are when you and your lover can take advantage of spoiling each other with "just because" gifts and enjoy your time together taking romantic vacations.
- 2. You've done what you wanted to do: For some people, their life truly begins when they have kids, but if you're the type of person that wants to live a little before having children, then be a little selfish and cross some things off of your bucket list.
- 3. You're ready to expand your family: After treating your puppy as though it's your own kid and both you and your spouse still feel like something is missing in your life, then it may be time to start planning for a family.

How did you know when it was time to have kids? Share your experiences below.

## Jon Hamm Explains Why He'd Be a 'Terrible Father'





Jon Hamm, currently starring Friends with Kids, says he doesn't want kids. The 41-year-old actor told UsMagazine.com, "I'd be a terrible father!" Hamm, a devoted actor, doesn't know how his friends can balance a demanding career and children. His girlfriend, Jennifer Westfeldt, 42, also recently spoke out about why she Hamm never started a family. She said that her life has gone in many unanticipated directions, and that she's happy the way things are. "The chance that we'll regret it doesn't seem like a compelling enough reason to do it," she said. "I may wake up tomorrow with that lighting bolt, and I'll have to scramble to make it happen."

How do you know if you're cut out to be a parent?

### Cupid's Advice:

It's usually not about if you'd love and care for your child, but if you are ready to have one of your own. Here are some ways to tell if you're cut out to be a parent:

1. You're in a committed relationship: The most important

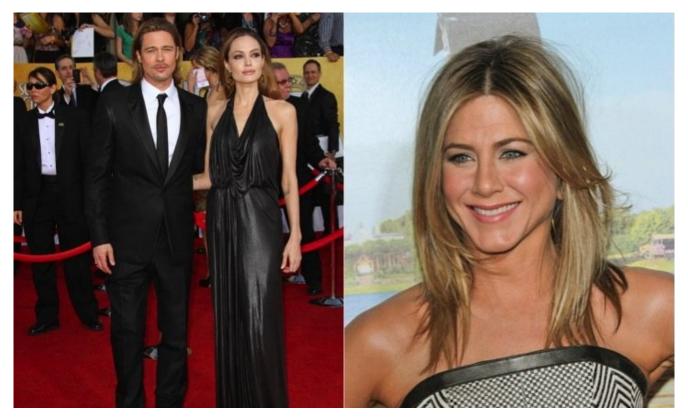
factor when having a child is the state you're in with your significant other. You both need to be committed in the long run if you are going to have a child together.

- 2. You're both stable: The most important years of a child's life are when they first begin growing up. You need to make sure you're financially stable as well as able to settle down in one place for a while as your child grows up.
- **3. Family must come first:** When you want to have a child, that should come before anything else. You need to be able to put your family above your career, because if you plan to be an absent parent, then you aren't ready to raise a child.

How do you think you know if you're ready to be a parent? Share your comments below.

## Jennie Garth Says Her Personal Life is "Crazy" Amid Divorce





Jennie Garth recently spoke out about her split from husband Peter Facinelli, according to <u>People</u>. The former 90210 star said, "My life is a little hectic right now and my personal life is kind of crazy." With three daughters to look after (Luca, Lola and Fiona), Garth is nothing if not busy dealing with the public scrutiny surrounding her separation. Despite that, however, she says her daughters are "doing great". The family (sans Facinelli) are currently filming CMT's <u>Jennie Garth: Little Bit Country</u> in farmland outside L.A.

How do you protect your children from public scrutiny post-divorce?

### Cupid's Advice:

Splitting from a spouse is not only hard on you, but it's hard on your family as well, especially if you have kids. Depending on how your family and friends (the public) reacts, it can seem like protecting your kids from the scrutiny is impossible. Cupid has some tips:

1. Remain positive: The worst thing you can do is to bad mouth

your former other half in front of your children. It's important to stay positive in front of your kids.

- 2. Explain: It can be confusing for kids as to why the subject of their parent's divorce is so popular. Discuss the concept of drama with your children, and advise them as to why they should ignore any scrutiny they witness.
- **3. Act normal:** You may be torn up on the inside, but try to keep a normal facade on the outside for the benefit of your children. If they see that you're handling everything with grace, they will take your lead.

How did you protect your children amid your divorce? Share your comments below.

## January Jones Said Returning to 'Mad Men' Post-Baby Was Tough





by her Jones, made famous role a s Draper (now Betty Francis) on AMC's hit show Mad Men, described her feelings of coming back to work seven weeks after giving birth to her son, Xander, as first day of school nerves. According to <u>People</u>, the long days on the set were tough for her, especially with her son being so little, but work did everything possible to make it comfortable for her. "The first episode I'm always finding my way back into my character's shoes. But, then after a few days, I'm able to fall pretty easily back into her, and find her voice and her body language and everything that I do for her," said Jones.

What are some ways to balance your career and your family?

### Cupid's Advice:

Finding work and family balance is never easy, but it's not impossible. As long as you're getting equal support from your family and work, finding a work/life balance is completely possible. Here's how:

1. Be honest and open a work: Let your boss and co-workers

know that though your life at home may have changed, your dedication and performance at work will not. Make arrangements in advance as to what to do if you have to leave work at a moment's notice for your family.

- 2. Be supportive: Support your partner and co-workers with their careers and growing families, and they will in exchange do the same for you.
- 3. Be thankful: Take a moment every day to be thankful for everyone in your life and the support system they have formed.

What are some ways you can support a co-worker dealing with the stress of their job and a growing family? Share your thoughts below.

### Lady Gaga Confesses Her Soccer Mom Dreams to Oprah





It seems Lady Gaga is fed up with talking to people. According to <u>UsMagazine.com</u>, the pop star spoke with Oprah and said, "Other than this interview, Oprah, I do not intend to speak to anyone for a very long time." And in that final interview, Gaga also divulged her dreams for the future. "I want kids, I want a soccer team," she said about wanting a large family. "And I want a husband. Well, I'm being superfluous. I don't want to have one kid. I want to have a few." Now, all she has to do is find that dream guy!

If you're ready to settle down, but can't find the right partner, what do you do?

### Cupid's Advice:

Sometimes your biological clock is telling you it's time to settle down and have those kids you always wanted, but you simply can't find the right person with whom to do it. Cupid has some advice:

1. Embrace independence: Even if you don't have a partner, you should be able to have enough independence to be happy on your

own. Coming to terms with who you are and learning how to satisfy yourself is the first step to finding a significant other. Confidence attracts.

- 2. Hold out: If you absolutely do not want to embrace settling down alone, then hold tight for a couple more years. Utilize online dating, speed dating and other businesses set up just for matchmaking purposes. Get out there and meet your soul mate.
- 3. Analyze your expectations: If it's been a while since you found someone you want to date and it seems like you've been sifting through partners quickly, it may be time to examine your expectations. Discuss these with a professional, as they may not be realistic. Do you really need a 6-foot-tall built redhead with freckles? Probably not.

What did you do when you couldn't find a partner? Share your ideas below.

## Khloe Kardashian Reveals What Kris Humphries Said at First Meeting





Yes, Kim Kardashian and Kris Humphries are divorced, but little sister Khloe Kardashian Odom, revealed why she and Humphries never got along during her Tuesday night appearance on *The Tonight Show With Jay Leno*, according to *E! Online*. Kardashian Odom told Leno that the first thing Humphries asked her during their first meeting was, "So, how much you gettin' paid to fake your marriage? Like how long are you gonna keep this up for?" Was Humphries trying to break the ice with a joke, or was he being down right shady? Kardashian wasn't sure, but she said, "[Humphries] just rubbed me the wrong way. So, ever since then, I had a very defensive wall brought up."

What do you do if your family doesn't like your significant other?

### Cupid's Advice:

Introducing your family to your significant other is a big step. Between worrying about your family liking your partner and if your partner will leave a great first impression, it can be intimidating. Here are some things to do if your family doesn't like your partner:

- 1. Respect: Understand that your family is free to have their own opinion. Give them time, and they may come around.
- 2. Meet, again: Put a lot of thought into their next meeting. Pick a relaxed setting, because after all, you're trying to connect the people you love.
- 3. Take a step back: Really take time to evaluate why your family doesn't like your partner. Could it be that he or she isn't right for you? If not, let your family know that your relationship is here to stay whether they like it or not. This may be just what they need to come to an acceptance.

What would you do if your family wasn't happy with your significant other? Share your thoughts below.

### Jennifer Garner and Ben Affleck Welcome a Baby Son





For the third time, Jennifer Garner and Ben Affleck are proud parents. According to <u>People</u>, their new son was welcomed in Santa Monica. After announcing they were expecting in August, but not sharing the sex of the baby, their new son joins big sisters, Seraphina, 3, and Violet, 6. "It would be so weird to have a boy," Garner told Ellen DeGeneres, also saying that the experience would be "cool and different." However, in 2010, Affleck said, "The three-against-one-female-to-male ratio in his house leaves me significantly outnumbered." Garner and Affleck are happy together. "Honestly, I would do anything for that man, because I know it's not taken for granted," said Garner.

### Cupid's Advice:

After having a house full of estrogen, adding another man to the mix will no doubt bring changes. Cupid has a few:

1. Dad relaxes: This may not happen right away, but with time, the man of the house will have another guy on his team. That's one more person to fight for the game to be on TV on Monday nights rather than *The Bachelor*, or someone to help cut

the grass.

- 2. The last name carries on: Your family name may make it another generation. Having a son join the mix allows the opportunity for your last name to live on.
- 3. Male bonding: Father-daughter dates are very crucial, but there's nothing quite like father-son bonding. Going fishing, playing ice hockey and building tree houses are all things many sons experience with their fathers. So ladies, step aside and let boys be boys.

How did your family change when you had a son? Share your stories below.

# Exes Kate Hudson and Owen Wilson Have Surprise Reunion at Oscars Bash





Kate Hudson and Owen Wilson prove that exes can be friends after a breakup. The former couple who dated from 2006-2007 after working together on the set of You, Me and Dupree, had a surprise reunion at the Vanity Fair Oscar party on Sunday. A partygoer told UsMagazine.com that the two "totally had a moment" as they "hugged and kissed each other on both cheeks." The source also revealed that the two stars talked about their kids and how old they are now (Hudson welcomed son Bingham in July 2011 with fiancé Matt Bellamy and Wilson and Jade Duell welcomed son Robert Ford in January 2011; Hudson also has son Ryder, 8, with ex-husband and Black Crowes front man Chris Robinson). "They pulled out their phones to show each other pictures," the partygoer said. "They both oohed and ahhed over them."

What are some ways to become friends with your ex after a split?

### Cupid's Advice:

So you and your ex didn't make it to the altar like you thought would, but that doesn't mean the two of you still

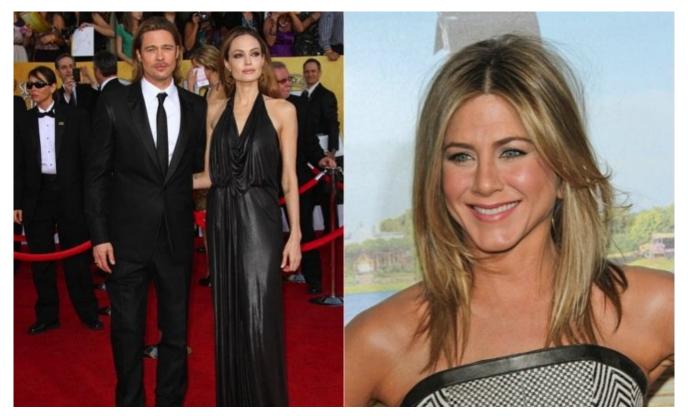
can't be friends. Don't know how to get over the awkwardness? Cupid has some tips:

- 1. Give yourself some time: You may not be ready to immediately come face-to-face after your relationship ends, which is understandable. Allow yourself time to heal after splitting, especially if it ended on bad terms.
- 2. Get over the grudge: The breakup might not have ended so well, but if it's been years since then, you shouldn't hold onto a grudge forever. Sometimes, not holding a grudge with your former flame can be what you need to move on to the next best thing.
- 3. Be friendly: If you have the same friends, you might run into each other often. When this happens, smile and make small talk. This may not reignite the spark in your old relationship, but it may lead into becoming friends again.

Were you able to become friends with your ex? How? Share your stories below.

## Kate Gosselin Reveals She's Lonely on Dr. Drew





It's been two years, but Kate Gosselin still isn't ready to move on. Gosselin, 36, revealed that she is lonely and unhappy with her love life on *Dr. Drew* Wednesday, reports *RadarOnline*. Gosselin separated from her now ex-husband Jon Gosselin two years ago, but doesn't feel the time is right to find the man who would be willing to take on eight kids yet. "I absolutely [want to find someone]!" said Gosselin. "The odds are so against me, one mom and eight kids...so it would be great. I mean, I'm so lonely. I clean up the house, put the kids to bed and there I sit. Ideally I would find that person...I don't know if I feel ready for that."

How do you get over the feeling of being lonely after a split?

### Cupid's Advice:

Living the single life takes some adjusting to, especially if you're used to being in a relationship. Here are a few ways to help you get over your loneliness:

1. Keep busy: Loneliness really settles in during your extra time. Staying busy will help keep your mind off of your

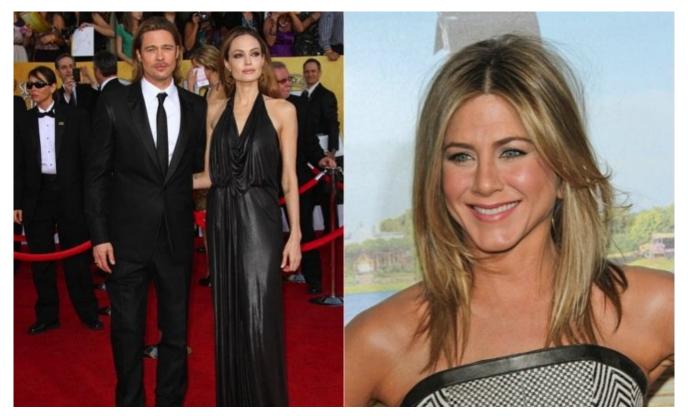
feelings. Also, getting out more may be a way for you to meet new people.

- 2. Call your friends: A romantic partner isn't the only person who can make you feel wanted. Your friends have been supporting you for years and will continue to do so. Call them up and organize a time to hang out.
- **3. Avoid routines:** Having a scheduled, routine life will only make you feel lonelier. Shake things up, and be careful not to live on auto-pilot. Spontaneity can be a blessing.

How did you comfort yourself after a breakup? Feel free to leave a comment below.

## Victoria Beckham Discusses Being a Working Mom





Former Spice Girl Victoria Beckham presented a collection at the New York Fashion show, and critics said she looked a little disheveled and unhappy. That said, they couldn't be more wrong. "Look, if people want to say I'm miserable, then so be it," she said, according to <code>UsMagazine.com</code>. "I'm really not. I have a lot on my plate. I'm not going to lie about it, I'm tired. I'm really tired, but I'm also very happy with my life." Victoria has four children with soccer star husband David Beckham and the newest addition to the family, Harper Beckham, is only seven months old. "I'm not getting much sleep at all," she added. "Harper's not sleeping that great, and I've been taking Skype business calls throughout the night, too, because of the collections. I'm up with the baby as all mums are, and I wouldn't have it any other way. There's not a team of people doing it for me."

### What are the benefits of being a working parent?

### Cupid's Advice:

Being a good parent and a good employee is a balancing act, but so is life in general. That said, being a working parent

has some great benefits. Cupid has some tips:

- 1. Living standard: By having a job with a steady income, you'll be able to provide your children with their basic needs without stress on yourself or your budget.
- 2. Role model: Young children are always mimicking adults, so by showing them that you're a hard worker and goal-oriented, they will hopefully follow in your footsteps.
- 3. Balance: Learning to balance everything on your plate as an employee and a parent will give you a sense of duty and accomplishment. You'll learn to prioritize what's important in your life, and hold on to things that are the most meaningful to your happiness.

How does having a job while being a parent benefit your life? Share your comments below.

## Beyonce and Jay-Z Skip Grammy's for Pizza Date





Beyonce and Jay-Z have something more important to focus on this year than awards. The new parents recently skipped the Grammy Awards to indulge in a quick pizza date before heading home to baby daughter Blue Ivy, according to <u>UsMagazine.com</u>. A witness said the superstar duo "were just like a regular couple talking and whatnot" while having dinner at their favorite pizza place in Brooklyn. "They were sitting in front

What are some ways to keep romance intact after you have a child?

of the place closer to where they make the pizza."

### Cupid's Advice:

Having children is typically a joyful experience, but there's no doubt that romance in your relationship takes a hit as a result. Cupid has some tips:

1. Date night: You may not have had a specific night in the week where you always went on a date before you had a child. Now, however, it's necessary to schedule your alone time. That way you can coordinate a babysitter ahead of time.

- 2. Post-bedtime hangout: Although it may not seem like it at first, your child will eventually learn to sleep through the night. When that happens, their bedtime will probably be before you and your significant other's. Take the time after your son or daughter goes to bed to reconnect as a couple.
- 3. Mini-vacations: It's understandable that you'd be hesitant to leave your child behind on a trip, but sometimes you need a couple days to unwind. Leave your kid(s) with their grandparents or your siblings. Even if it's just a weekend getaway, it's important to spend some quality time alone every once in a while.

How do you keep the romance in your relationship alive? Share your ideas below.

## J.R. Martinez Prepares His Dog for His Baby





Man's best friend? Meet Daddy's little girl. Season 13 winner of *Dancing With The Stars*, J.R. Martinez, is preparing his black lab for the arrival of his baby girl in May. The actor and former U.S. Army soldier, told *People* that his lab, Romeo, is a loving pup and "totally human". Sounds like J.R. Martinez is going to be a great father.

How do you prepare your pet for the arrival of a new baby?

### Cupid's Advice:

For most couples, getting a dog is a great learning experience before having a baby. Therefore, when the time comes to add a new bundle of joy to the family, couples need to prepare their child's future sibling and best friend. Here are some fun ways to get your pet ready for a new baby in the house:

- 1. Less attention is okay: Pets are just like children, because they need a lot of attention. Try to practice minimizing that attention before the baby comes.
- 2. Consider a training class: Take care of your pet's urges of possessiveness and mouthing/scratching.

**3. Dress rehearsal:** Use a doll or ask friends to bring their babies over so your dog can become comfortable around children.

How have you prepared your dog for the arrival of your new baby? Share your comments below.

### David Beckham Says Kids Are Competitive Like Him and Victoria





With parents like David and Victoria Beckham, it seems natural

to say that Brooklyn, 12, Romeo, 9, and Cruz, 6, have been raised with a competitive spirit built in. "It would be easy for our kids to sit back and not work for anything, but they're not like that," David, 36, told Men's Health. "They're as competitive as Victoria, 37, and me." The couple plans to instill the same values into Harper Seven who was born in July 2011, according to <code>UsMagazine.com</code>. "We're very luck with our boys: They want to win. They want to work at something. They know their values. That's the way we've brought them up so far, and that's the way we'll continue to bring them up," said David. "Family is the most important thing to me."

How do you teach your kids that being competitive can be a good thing?

#### Cupid's Advice:

Instilling values in your children is important, and it has to be done early. Here are some tips on how to teach *healthy* competition:

- 1. It's okay to lose: Teaching your child it is okay to lose is extremely important. Raising your child to win and always be right will be a huge disappointment when, someday, they are not chosen first for kickball at recess.
- 2. Life isn't fair: Giving your kids everything they want will lead to them a lifetime of attitude. Showing your children that they have to work toward goals and then accomplish them in order to receive a prize is key.
- 3. Sportsmanship: Knowing how to keep from being a sore loser is just as important as not being an over-the-top winner. Winning is exciting, but children should know it's not okay to rub their glory in their friends' faces.

How did you teach your kids that being competitive is a good

## Robert Downey Jr. and Wife Welcome a Baby Son





Robert Downey Jr. welcomed a son, Exton Elias Downey, into the world at 7:24am on Tuesday, Feb 7 in LA. Downey's wife, Susan, delivered her son at 7lbs 5oz. "Everyone is healthy and couldn't be happier," a friend said, according to <a href="#People">People</a>. The Sherlock Holmes star revealed the sex of the baby on national television back in August, which was unexpected for his wife. "I could never really stay mad at him, but I can

tell you it genuinely wasn't something we planned to reveal,"
Susan later commented. The married couple is thrilled to have
given Indio, Downey's 18 year-old son from his previous
marriage, a little brother.

What are some reasons to keep the sex of your baby a secret?

### Cupid's Advice:

Some people choose to keep the sex of their baby a secret.

Cupid has some possible reasons:

- 1. Avoiding expectations: The sex of your baby can be accompanied by expectations. You avoid comments like, "Since it's a boy, he's going to be a handful."
- 2. Avoid the pressure of choosing a baby name: Once everyone knows the sex, everyone will be jumping in to give you ideas for your child-to-be's name. Either that, or they'll be bugging you to find out what you've chosen.
- 3. Gender neutral gifts: Getting gifts that aren't specifically for one gender or the other is actually a blessing if you plan on having more children in the future. If you end up with all pink baby clothes, you can't hand them down to a future little boy.

Do you think the sex of the baby should be kept a secret?

Share your opinions below.

### Christina Aguilera Parties in

## San Diego with Boyfriend and Son





Christina Aguilera and boyfriend Matthew Rutler took Aguilera's four-year-old son, Max, on a birthday trip to remember. According to <u>People</u>, Aguilera and friends took her son to <u>Legoland</u> which served as one present, as well as "the Hard Rock Hotel San Diego, where she checked into a luxe Rock Star Suite" in which Max was "showered with gifts." He was later taken to a Japanese restaurant and a nightclub. Last time Aguilera was at the hotel was with Rutler last year for Valentine's Day.

How do you make your children comfortable around a new partner?

#### Cupid's Advice:

Children can often take time to adjust to a new special someone in your life. Cupid shares ways to help your child adjust:

- 1. The first introduction: Ease your way into the first meeting. Ask your child questions and let them ask you questions about this new significant other in your life. Give them time if they need it, but make sure it's within reason.
- 2. The first meeting: Don't make the first encounter entirely focused on the significant other. Take a page from Christina Aguilera and have it coincide with another event. Not only does it say money, but this allows the child to associate good memories with your new partner.
- **3. Avoid conflict:** You won't always be able to please both your partner and your children, but avoid situations where you have to choose between them. This is especially true if it's a highly tense situation which could lead to resentment.

How did you introduce your new partner to your children? Share your advice below.

## 'Felicity' Actress Keri Russell and Husband Welcome Baby Daughter





Former Felicity star Keri Russell and husband Shane Dreary brought their second child into the world this past December. The couple's first child, River, has taken on the role of big brother to his new baby sister Willa Lou Dreary. According to Celebrity Baby Scoop, the actress mentioned that becoming a mother has transformed her. She also said that there's "just a whole new set of feelings that aren't as accessible to you before you have kids."

### How does having a child change your priorities?

### Cupid's Advice:

Once you have a child the world you once knew will no longer exist, and life will never be the same because you'll have different priorities. Cupid has some tips to help you prepare:

- 1. Focus: Remember when the world revolved around you? Well, those days are over. The majority of your energy and concentration will be about raising your child.
- 2. Flexibility: You can't just get up and go anymore. Going

out and family trips have to be thoughtfully planned, and your wallet is going to tighten up as well. You're not going to have money to blow like you might have before.

3. Family: If you're already close with your family, you're in luck because everyone is going to want to take their turns babysitting and you'll have a great support system for advice. If you're not close with your family, a newborn in the family might be just the thing you needed to regain that connection.

How did having a child change your life? Share your comments below.

## Beyonce and Jay-Z Welcome a Baby Girl





Beyonce and Jay-Z have just become Hollywood's newest parents! According to <u>People</u>, they welcomed a new baby girl named Blue Ivy Carter in New York on Saturday. Both mom and the baby are in the best of health. Beyonce's sister, Solange Knowles, tweeted over the weekend that the new baby is the most beautiful girl in the world.

What are some factors to consider when you're naming your child?

### Cupid's Advice:

Naming your child can sometimes be a difficult endeavor for you and your partner. Not only must you find the perfect name, you also must agree on it. Here are the top factors to consider:

- 1. Family names: Maybe you want to use an old family name or name your child after a much-loved deceased relative.
- 2. Unique names: Your child is unique and their name should be, too. Just don't go overboard to the point where you name your child something completely weird. Keep in mind that he

or she will have to live with the name you give them for the rest of their life.

**3. Favorite names:** Everyone has their favorite names that they've always wanted to name their child. Share your favorite baby names with your partner and have them share with you.

What do you want to name your child? Share your baby names in a comment below.

# Matthew McConaughey Proposes to Longtime Girlfriend Camila Alves





Matthew McConaughey made sure his long-time girlfriend Camila Alves, had a very merry Christmas this year. After being together for nearly five years, the couple is finally getting married. McConaughey proposed to the Brazilian model on Christmas Day and announced the engagement on his WhoSay account. "Just asked Camila to marry me...#Merry Christmas," he wrote in a post accompanied by a picture of the 42-year-old actor kissing a smiling Alves, 29, in front of the Christmas tree. The couple, who met in 2006, have two children together- Levi, three, and Vida, who turns two in January. The actor previously gushed to <u>People</u> "[Alves] is the love of my life. Everything is right."

## What are some reasons to get married after you've already started a family together?

### Cupid's Advice:

Just because you and your partner may have already moved in together and/or have kids before getting married, doesn't mean that your significant other is fine sticking with the boyfriend or girlfriend title. Here are some reasons to tie the knot even after you've already jumped a few steps ahead.

- 1. **Support:** Some people may think that your goals or dreams are figments of your imagination, but when you have someone who believes in you and is your biggest cheerleader- that's marriage material right there. Finding someone who supports you is hard to come by.
- 2. **Create a foundation:** Kids tend to model after their parents and when they come from a strong, loving and committed family unit, it helps provide them with the best opportunity for success in their own love lives when they get older.
- 3. **Enjoying life:** There's nothing more enjoyable than marrying your partner or best friend. It's nice to have someone with whom you can grow and share intimate experience with together.

Is marriage important once you start a family with someone? Tell us your thoughts below.