

Jennifer Garner Says Ben Affleck Wants More Kids



Three kids and counting, and Ben Affleck still wants more kids with wife Jennifer Garner. [People](#) reports that Garner told *Extra*, “The fact that Ben wants another [baby] is true.” But the feeling is not mutual. Garner says, “I am not anticipating having any more kids!” The actor duo had their first son named Samuel just five months ago, also have two girls ages six and three. With three young children to take care of, Garner says it has been “absolute chaos” in their home.

How do you know when enough is enough when it comes to having kids?

Cupid’s Advice:

Having children can be the most beautiful gift in the world, but don't take on too much when it comes to having and raising kids. Here's how to know when enough is enough:

1. Your finances are unstable: You want your kids to have the best life possible and their life will be negatively affected if you are not financially secure. From buying diapers and clothes to saving up for their college fund, money is a major factor in having children. If you are just getting by taking care of the children you already have, you may want to hold back on having more.

2. You're overwhelmed as it is: The stress of balancing work, children and finances can be overwhelming. If you are strained from your hectic life, adding another child to the equation will not help.

3. One person in the relationship doesn't want any more: Relationships are all about compromise, not winning and losing. If one person in the relationship doesn't want more kids, you must respect that. Let them be the best parent they can be to the children you already have, and don't pressure them for more.

How would you know when enough is enough when it comes to having kids? Tell us below.

**Eva Longoria Shares the
Excitement of Victoria**

Beckham's Daughter's First Steps



Victoria Beckham's daughter Harper took her first steps in public recently, and tweeted a picture of the milestone. However, Beckham's long-time friend Eva Longoria didn't have to take to Twitter to see her 1-year-old goddaughter walking. Instead, she got a personal email about it. "I saw the Tweet, but Victoria had emailed me a picture earlier," Longoria told [People](#). Longoria was in L.A. when Harper walked hand-in-hand with her mom in Dublin. Being the supportive friend that she is, Longoria also attended Harper's first birthday with Victoria and David Beckham in L.A.

What are some ways you can show your support for a friend's child?

Cupid's Advice:

It's easy to be supportive for your friend, but being supportive to your friend's child can be a little more complicated. Here are some ways to show that support with ease:

1. Give random gifts: Don't just give gifts on the more significant events in their life like birthdays. Children grow quickly, so buy your friend's kids new outfits occasionally. Surprising them with little treats will make sure they're always happy to see you.

2. Celebrate the big moments: Like Eva Longoria, celebrate the milestones in your friends' children's lives. Go to their cartoon-themed birthday bashes and share in the excitement when the tooth fairy comes for the first time. Even if you can't make every celebration, send a friendly email or gift.

3. Volunteer to babysit: There's nothing more supportive than babysitting for your friend who desperately needs a date night away from the kids. This will not only help your friend out, but it will allow you to grow closer to your friend's children.

How would you show support for a friend's child? Tell us below.

**Jason Segel Spends the
Weekend with Michelle**

Williams and Matilda



Is Jason Segel finally serious in the dating world? The 32-year old actor has been playing daddy for 6-year old Matilda, Michelle Williams's daughter, ever since he and Williams became a couple. Segel, Williams and Matilda were spotted leaving the Broadway musical *Jersey Boys* before doing a little shopping together one afternoon. Later, they were all spotted having lunch in Brooklyn. Segel is showing a lot of commitment by acting as the father figure to Williams's little girl. A source for UsMagazine.com claims, "He's been doing all sorts of 'dad stuff' with her, like drawing and playing music." The two seem in love, and adding in a third for a trio doesn't seem to be a problem for their relationship.

How do you bond with your partner's child?

Cupid's Advice:

Sometimes relationships can get even more complicated by adding a child. Here are some ways to bond with your partner's child and help ease up that often-troubling situation:

1. Be honest with them: Children are curious, so if they're old enough to ask you personal questions, they most likely will. Tell them whatever they want to know about yourself, and be sure to be honest. It's likely to bring you two closer together.

2. Find things in common: Try to pick up on things that the child likes to do, and use that to bond with them. If they like sports or movies, take a day to do those things with them.

3. Include them on some of your couple's activities: Children always enjoy being included in any plans you have with their parent. Bring them along on some of your dates and make them family activities. You'll still have a romantic time while also being able to connect with your partner's child.

What are some ways you would bond with your partner's child? Share your thoughts below.

Rumor: Is Katie Holmes Planning to Change Suri's Name?



There couldn't have been a divorce between Tom Cruise and Katie Holmes without some drama over their daughter Suri. Does Holmes hate Cruise so much that she plans to change their daughter's name after the divorce? British magazine [Now Daily](#) printed a story in which a close friend of the family claimed Holmes planned to change Suri's last name to "Holmes." The source also mentioned that Holmes hates the name "Suri" and has been referring to her daughter as "Scout." Although this information is unclear, it still has been making things harder for a couple still in the middle of a difficult divorce.

What are some ways to decide what to name your child?

Cupid's Advice: Choosing your baby's name is an incredibly important decision, and everyone has a different way of making a selection. Here are some creative ways on how to finally make a decision:

1. Baby names book: This is probably the least original and easiest way to choose your child's name, but it almost always helps. If you go through a couple of pages of the book every day, you'll eventually find yourself stumbling upon one that you love.

2. Name them after you or your partner: Let your new child carry on your name or your partner's, or at least something similar. You're sure to be proud that they have your name, making this a choice you aren't likely to regret.

3. Name them after someone who you look up to: Choose the name of a figure who has inspired you, whether it's a character in a book or a historical figure. Using this name will carry on a much deeper meaning to you and your child than one that just has a sound you like.

What are some ways you would decide to choose a name for your child? Share your comments below.

Jessica Simpson Celebrates Her Birthday With Eric Johnson and Daughter





Jessica Simpson and her family (fiancé Eric Johnson and daughter Maxwell) shared her birthday at an outdoor lunch. According to [UsMagazine.com](https://www.usmagazine.com), The 32-year-old *Fashion Star* judge sipped champagne, and her family and friends sang “Happy Birthday” to her. After Johnson gave her a \$15,000 Birkin bag on her last birthday, we can’t help, but think that baby Maxwell Drew Johnson is what made her birthday perfect this year. Happy Birthday, Jessica!

What are some romantic birthday surprises for your partner?

Cupid’s Advice:

Birthdays are super important, and it can be hard to surprise your partner with a gift that will top last year’s present. Here are some romantic birthday surprises for your partner:

- 1. Birthday suit:** If a birthday lunch or dinner is planned, have your partner get ready a bit early and surprise them with a hot bath and massage before you two get dressed.
- 2. Birthday getaway:** There is nothing more surprising and romantic than a last minute trip. Plan ahead of time, or pick

a place on the morning of your partner's birthday for a fun vacation.

4. Birthday melody: In what year was your partner born? Make a CD with the music hits that came out the year he or she was born. Pop it in and serenade them.

What romantic birthday surprises have you given your partner? Share for comments below.

Christina Aguilera and Matt Rutler Enjoy Five-Course Dinner Date With Her Son Max





This weekend, Christina Aguilera was spotted at dinner with her husband, Matt Rutler. According to [People](#), the couple also brought along their 4-year old son, Max. The party of three enjoyed a five-course meal at Restaurant 1833, paying over \$65 a person. A source who was also dining out tells *People*, “Christina was very kind to the staff and incredibly attentive to Max.”

How can you include your kids in date night?

Cupid’s Advice:

If you can’t find a babysitter, there’s no need to panic. There are plenty of ways to include your children on your date night. Consider these simple and romantic ideas:

1. Have a picnic at home: Prepare some food in a basket and lay out a blanket on the living room floor for your whole family. Even though you’re still at home, changing where you eat can spark new conversations and create lasting memories.

2. Make your home a movie theater: Set up blankets and pillows

on the floor for your kids while you and your beau take over the couch. This will give you and him some time together while still involving the whole family.

3) Take your kids to the park: Allow your kids to have fun together, running around and playing on the swings. Meanwhile, you and your partner can enjoy some time alone sitting on a bench as you watch them from afar.

How do you include your kids in a date night? Tell us below.

Sienna Miller and Tom Sturridge Welcome Their First Child





Sienna Miller and fiancée Tom Sturridge had much more to celebrate this past week than Independence Day. According to [UsMagazine.com](https://www.usmagazine.com), the couple welcomed a new baby girl into their world over the weekend in London. The *G.I. Joe* star and her future husband kept quiet about her pregnancy up until April, just two months after publicly acknowledging their engagement. The talented acting duo has been dating for over a year.

What are some reasons to keep your pregnancy quiet at first?

Cupid's Advice:

Pregnancy is a beautiful, exciting thing for everyone involved, but it can also be very complicated. Here are some reasons to remain silent about your baby news for a little while longer:

- 1. Check with doctor:** Home pregnancy tests are not always accurate. Before you spread the word, book an appointment with your doctor to be sure the test you used didn't mislead you.
- 2. Tell family first:** Avoid telling associates about this

relationship step right away. Your family and close friends won't want to find out such big news from others, so be sure to let them know first.

3. Guarantee your baby is healthy: Ensure there are no complications with your pregnancy before spreading the news. If a complication occurs, it will make your experience even harder if you have to explain it to others.

What are some reasons you would stay quiet about your pregnancy? Share your thoughts with us.

Find Out How Katie Holmes Felt in Her Marriage to Tom Cruise





Now that Katie Holmes has filed for divorce from Tom Cruise, she is taking matters into her own hands after breaking free from what sources say was a 'Scientology-influenced marriage' to the actor. The *Kennedys* star is now pursuing sole legal custody of their 6-year old daughter, Suri Cruise. An insider tells [UsMagazine.com](https://www.usmagazine.com), "This is about protecting her daughter. She wants to be in charge of how Suri is being raised and didn't want her to have an exclusively Scientology education." With that said, the divorce of TomKat is just beginning to unfold.

What are some ways to get out of a controlling relationship?

Cupid's Advice:

Ending a relationship is hard enough, but a controlling relationship proves to be an even bigger challenge. Here are some ways to help you take back control of your life:

1. Seek professional help: Searching for words of encouragement is a huge boost when it's time to take action in your relationship. You may find the perspectives of others are

wiser than your own.

2. Make yourself your priority: Make your relationship about you instead of your significant other. This will encourage you get out of a relationship that is not benefiting you.

3. Take back your power: Demand power in the relationship. Your significant other most likely will not allow it, which will help you find an escape.

How have you gotten out of a controlling relationship? Share your stories with us.

EXCLUSIVE: Bachelor Contestants Ann and Jesse Csincsak Defend Their Family By Appearing on Discovery Channel's 'American Guns'





By [Whitney Baker](#)

According to recent polls, twenty-three percent of females now own a gun – up from thirteen percent in 2005. However, plenty of women are still fearful of this powerful weapon. Ann Csincsak, ‘The Bachelor’ Season 13 contestant and wife of ‘The Bachelorette’ season 4 winner Jesse Csincsak, knows this feeling all too well.

“I grew up in a ‘no gun home,’” Ann says. “We strongly believed in the right to own firearms but never did so ourselves. Until my late twenties, I had never even touched a gun.”

This all changed when the couple faced a string of robberies in their neighborhood. Ann and Jesse agreed that with a sixteen-month-old son at home, it was time to decide how they would best defend their family but the happy couple disagreed about keeping a gun in their home. That was until they met up with Rich Wyatt, owner of Gunsmoke and star of the Discovery Channel series ‘American Guns,’ who lives near the Csincsak’s in Wheat Ridge, Colorado. Ann and Jesse opted to take Wyatt’s

three-day self-defense course, which was filmed for the reality show.

Related: [‘American Guns’ Meets ‘The Bachelor’](#)

As viewers will see on this week’s episode, Ann was hesitant about buying a pair of handguns when they arrived at Wyatt’s store. But, her hesitancy soon turned to confidence when she ended up with the fastest draw time in the class. Not only that, but despite her fear of guns, Ann even beat out Jesse in a shooting competition.

“Because of this experience, I now understand the importance of being able to protect yourself,” Ann says. “Women are more vulnerable to attacks, so you have to be prepared to take care of yourself and your [children](#), no matter what the cost.”

Related: [Bachelorette Episode 6: The Dos and Dont’s of Trusting Your Gut](#)

Knowing how to handle a gun with confidence is a valuable skill to have, especially for single women who may live alone or be looking for love in today’s digital dating world. Of course, facing your fear is only the first step. To combat any uncertainty, Ann strongly recommends taking a gun education class.

“Carrying a gun or even just owning one will always make me a little uncomfortable, but the benefit of having one far outweighs the fear,” she says.

Watch ‘American Guns’ this Wednesday at 10 PM/9 PM CT on the Discovery Channel to see what happens when Ann and Jesse meet Rich and his family at Gunsmoke.

EXCLUSIVE: 'Teen Mom' Farrah Abraham Says "I Want a Man Who is the Guy Version of Me"



By Sarah Ribeiro

In the final season of 'Teen Mom,' which premiered on Tuesday, June 12, we are going to see Farrah Abraham as more than just a teen mom. In the premiere, she makes the decision to move from Iowa to Florida with her daughter Sophia, now three-years-old, to study culinary management and begin her life as an adult.

After reaching fame on the hit MTV series '16 and Pregnant,' she showcased her struggles as a single mother in 'Teen Mom.' Furthering her success, she recently announced her partnership

with LA modeling agency Models International as well as the release of her first book, 'My Teenage Dream Ended,' which is due later this summer.

However, she says she won't let her fame get in the way of her relationship with her daughter. "Nothing hinders me from being a great mother," she says. "I will always use my accomplishments to help others and to find more worthwhile projects for myself."

Related: ['Teen Mom' Star Farrah Abraham Thinks About Giving Up Modeling for Daughter](#)

The "Momtrepreneur," as she calls herself, has reached many achievements outside of her life as a reality television star. She has created her own brand of Italian Hot Pepper Sauce, appropriately named 'Mom & Me.' Her motivation, she says, always comes from within: "If you have drive to make a comfortable life for yourself and your family, make no excuses and take action."

In light of her success, Abraham is focusing on her goals rather than romance. In a touching scene in the 'Teen Mom' premiere, she visits the grave of Derek Underwood, Sophia's father, on what would be his twenty-first birthday. Holding back tears, she recalls her time with Derek and wishes he were there to help her raise Sophia. Despite this lament, she is happy on her own.

Abraham doesn't want to force herself into finding love and tries to think it through before she says yes to a date. She explains, "Now, I only go on dates if I really like someone, rather than going on dates just because."

Of course, she has certain criteria that she looks for in a man. It's important for her to find someone who works well with her hectic life as an entrepreneur and a single mother. "If a guy cannot fit in my life naturally, then I don't know how he can ever really be a part of it," she says.

Even so, she emphasizes that her success won't get in the way of dating. "I want someone who is basically the guy version of me," she reveals. "He needs to work hard and have a good sense of humor. It's important that he is intelligent, friendly and family-oriented too."

Related: [Five Top Tips On How To Find "The One"](#)

Dating as a single mother is challenging but Abraham says that honesty makes it easier. "I've learned from other dates that it's best to say you have a child up front, she says. "Guys look at me differently when they think I'm single and twenty-one."

For single parents looking to date, her advice is "Stay true to who you are!" And for those people dating a single parent, she begs that they "be understanding of the time the parent needs to spend with their child."

Although she knows what she wants when it comes to finding the right man, she reveals that we won't see much of her dating on this season of 'Teen Mom.' Instead, she deals with living on her own, raising Sophia, being a student and finding success through her ventures in modeling and writing.

Given her time in the spotlight, Abraham feels like a role model for other single mothers. She encourages them to stay strong and motivated and to find their own happiness. She explains, "Look at me and other single moms who you respect. Try to be a hard-working, Momtrepreneur like them!"

While she's ready for whatever comes next, Abraham is thankful for the hardships she faced during previous seasons of 'Teen Mom' and believes that they've helped her make it this far. "It has inspired me and shown me that no obstacle is too great, that nothing can get in the way of making my wishes and goals come true," she shares. "Everything is at your fingertips – you just have to put your best effort forward to make it happen."

You can catch Abraham on season four of 'Teen Mom,' which airs on Tuesdays at 10/9CT on MTV. You can also follow her on [Twitter](#) or [Facebook](#). To pre-order her book 'My Teenage Dream Ended,' click [here](#).

Best Celebrity Dads (Who Also Make Great Husbands)



By Che Blackwood

At times, dads seem to know everything. They're the ones we can always turn to, whether we need advice on how to drive manual transmission or just want to play soccer. That's why we

love them. However, the greatest lesson a dad can teach is what he'll do for those he loves, including being an awesome husband. By keeping his relationship strong, a father is able to ensure his entire family rests atop a foundation that can weather anything. Here are some celebrity dads who have unlocked the secrets to a strong family by keeping both their kids *and* wives happy:

Related: [Best Celebrity Moms \(Who Also Make Great Wives\)](#)

1. Brad Pitt: While Brad Pitt might not be married yet, he definitely qualifies as a great father and partner. From taking time out of his busy schedule to see his children every day to stressing the importance of family dinners, Brad makes sure his Hollywood lifestyle is kept separate from his home life. To keep his family close, he even makes sure Angelina Jolie only works five days a week. Meanwhile, before proposing to Jolie, Pitt spent a year consulting the best jewelers to ensure the ring would fit her hand and lifestyle perfectly. With such attention to detail, he's able to guarantee a happy life for himself, his soon-to-be wife and their six beautiful children.

2. David Beckham: For this gorgeous athlete, it can't be easy to act in ways that are more impressive than his jawline. But, outside of being a soccer star, model and fashion icon, David Beckham's most notable role is that of a father. By dressing up as the Easter Bunny last April, taking each boy to sporting events on their own and constantly being photographed cuddling with his kids in public, it's obvious that his family is his highest priority. However, being an active father doesn't mean he neglects his famous wife, Victoria Beckham. The two were recently caught kissing at a sporting event, and are often off vacationing with their family. Plus, having just had their fourth child, we think it's obvious Victoria still finds David's jawline as impressive as we do!

3. Will Smith: Will Smith has a reputation as being one of the nicest celebrities around, and his relationship with his children is proof of that. While we thought dedicating a song to his son Trey was adorable, his love has only become more obvious throughout the years. Starring in movies alongside his son Jaden, supporting his daughter Willow's singing career and taking the time to cheer for his kids at their school sporting events, Smith is a great example of an active, loving father. Meanwhile, he and wife Jada Pinkett Smith keep their relationship strong amidst divorce rumors. The power duo has never been shy about the work a marriage takes, and Smith is a strong advocate of keeping his love life creative.

Related: [Power Couples: Celebrity Duos That Command Our Attention](#)

4. Gavin Rossdale: This rocker dad always manages to keep fatherhood cool. Allowing his sons, Kingston and Zuma, to rock Mohawks and crazy styles, Gavin Rossdale knows the importance of self-expression. By taking only one son on tour with him at a time, Rossdale gets alone time with his children while allowing them to experience a well-supervised rock star life. Rossdale is also careful to spend just as much alone time with his wife, musician Gwen Stefani. Since their daily work schedules don't start until after five in the afternoon, the two spend every morning together.

5. Matthew McConaughey: Matthew McConaughey is a father of two with his fiancée, Brazilian model Camila Alves. This laidback superstar has taken on fatherhood with ease, defining parenthood as a "wild adventure." Matthew can often be spotted jogging with a baby strapped to his chest or walking on the beach with his kids in tow. He loves telling amusing and adorable stories about his children. McConaughey and Alves have similar mindsets: they both believe that the secret to a strong family is simply being happy. As such, the two do whatever it is that pleases them, and at this point, nothing brings them more joy than being together.

Who are some of your favorite celebrity dads? Tell us below!

'The Bachelorette' Star Emily Maynard Blows Up at 'Baggage' Comment



Bachelorette Emily Maynard is having some trouble finding her true love. On Monday's episode, set in London, suitor Kalon McMahon brought out a side of Maynard none of the contestants wanted to see after calling her daughter Ricki "baggage," according to [People](#). A hurt Emily exploded on Kalon, feeding him his own line, "I'd love to hear you talk, but not until

I'm done," before immediately sending him packing. She also criticized her other dates for not sticking up for her in her absence.

What do you do if the person you're dating doesn't accept your child?

Cupid's Advice:

Any single parent knows how brutal the dating world can be. Here are some tips to make it easier if your significant other doesn't accept your child:

1. Leave: Any date that doesn't accept your child doesn't accept *you*. There's no point continuing a relationship with this person.

2. Be understanding: If you're dating someone who has never been a parent, you have to understand that they don't know what it's like. Try to show them how important your child is and maybe they'll come around.

3. Involve your child: The problem may be that you haven't had your child around enough. Take the little one out with you more so your significant other can see why your child is so amazing.

What would you do if the person you were dating didn't accept your child? Tell us in the comments below.

Prince William Admits That He

and Kate Want Kids



Prince William and Kate Middleton, whose wedding was a little over a year ago, finally have family planning on their minds. As [People](#) reported, William says both he and Middleton are eager to have kids and start building a family. However, he remained reserved about any specific plans, ignoring the rumors that his wife might already be pregnant. At the moment, the Prince has another decision on his mind, as he debates returning to the Royal Air Force or devoting his full efforts to his responsibilities as prince.

How do you know if your partner would be a good parent?

Cupid's Advice:

Having a child and starting a family takes a lot of work from both you and your partner. If you're trying to tell if your

significant other would be a great parent, consider these ideas:

1. Think about how your partner acts around kids: Whether it's their relatives, people at their workplace or just kids in the neighborhood, chances are that your partner deals with children once in a while. If he or she is friendly and supportive, they'll probably be a great parent. If kids seem to annoy them, you might want to reconsider your plans.

2. Try a pet: Animals are less responsibility than children, but caring for them still takes a lot of work. Taking care of a pet can strengthen your relationship and is a great way to practice being a parent. If your partner treats your pet with love and compassion, the odds are good that they'll treat your child the same way.

3. Talk about it: Sure, it seems obvious, but having kids is a decision you and your partner need to make together. He or she probably has a very good sense of whether they'd make a good parent, so ask what they think. Discussing this sooner rather than later can give you a better idea of where your relationship is headed, and will help build the openness and communication that all relationships need.

How do you know if your partner is ready to be a parent? Tell us below.

Will Smith Says Family Is All About Love and Communication



Will Smith said that thanks to his relationship with his family, he feels “so good it’s a damn shame,” according to [YourTango](#). Smith’s entire family—wife Jada Pinkett Smith, son Jaden Smith, and daughter Willow Smith—are in show business, and Smith helps them by producing their projects. He always dreamed of building a family where everyone would talk and work together, and now the Smith household is all about communication and learning lessons as a family. Though Smith noted that they don’t always get everything right and they still have a lot of learning to do, he said, “It’s wonderful to be with the people you love.”

How do you ensure that your family remains bonded?

Cupid’s Advice:

You can choose your friends and you can choose your [partner](#), but you can’t choose your family. Your relatives can often be

the most important people in your life, but getting along with them is sometimes difficult. However, there's a lot of ways you can keep your family ties strong. Cupid has some tips:

1. Take time to talk: Like Smith says, communication is key to building a strong and happy family. Though modern families often live largely separate lives, try to take time to share things like the events of your day, your problems, and your thoughts on issues that matter to you. You'll find that knowing a little more about what's going on in your family members' lives will bring you all closer.

2. Do things together: Chances are that everyone in your family has their own busy schedules. It's also likely that they all have different interests. Though the Smiths are always busy with their careers, Will Smith still enjoys getting the whole family together for breakfast. Spending even a small amount of time doing things like sharing meals, playing games, and going on daytrips together are all great ways to strengthen your family's bonds by giving you something to connect over.

3. Let your family have some space: Too much togetherness can lead to an excessive amount of control. Remember that everyone in your family is a unique person who deserves chances to make their own decisions. Smith lets his children express themselves: though he didn't think Willow should have cut her hair short, he respected her rights to her own body. Ensuring everyone gets to do what they want, at least once in a while, will keep resentment from breaking apart your family bonds.

How do you keep your family together? Tell us below.

Rosie Pope Welcomes a Baby Girl on Mother's Day



Pregnant in Heels star, Rosie Pope, announced welcoming her third child via Twitter on Mother's Day. Pope and husband, Daron Pope, both took part in tweeting updates during labor.

The two are already parents to two boys, J.R., 3, and Wellington, 15 months. According to [Us Magazine](#), Pope was surprised to add a baby girl to the family. "I'm so shocked! Honestly, I thought we were going to have boys," said Pope.

What are advantages to having your child on a holiday?

Cupid's Advice:

Any birth date is a celebration, but when your baby is born on a holiday, it's double the fun. Here are some advantages to

having your child on a holiday:

1. Guaranteed theme: When your child is born on a holiday, there is no need to figure out what his/her birthday party theme should be. Halloween birthday? Here's to cake and candy corn.

2. No need for multiple parties: A birthday party and a holiday celebration will keep all the stress of a party constricted to one day.

3. Money saver: If your child's birthday lands on a holiday that calls for [gift](#) giving, you're in luck. No need to buy double the presents, although you may want to splurge a little more than you were planning on for just one of the two occasions.

What are some advantages to having a baby on a holiday? Share your comments below.

Ben Affleck Calls Jennifer Garner a 'World Class Mom'





Ben Affleck took to social media to wish his wife, Jennifer Garner, a happy Mother's Day. Affleck, 39, posted a video on his Facebook page advocating for women raising children in the Democratic Republic of the Congo, reports [People](#). Affleck founded a nonprofit, the Eastern Congo Initiative, in 2010, and is almost as dedicated to the charity as he is to his family. "I want to say Happy Mother's Day to the moms in my life: my mom Chris and my amazing wife Jennifer, who is an incredible, spectacular, world-class mom," said Affleck in the video. "[Being a mother is] the hardest job that there is, every single day."

What are some ways to thank your partner for being a good parent?

Cupid's Advice:

Though Mother's Day has passed, there are still plenty of opportunities to show appreciation for your partner's good parenting. Here are a few ideas:

1. Spa day: Parenting can often be very stressful, so try

rewarding your partner with a gift certificate for a day at the spa. Your partner will come home feeling relaxed and grateful.

2. Take turns: If your partner provides most of the childcare on a day-to-day basis, try switching it up. When possible, take the kids for a day, and let your partner enjoy their newly found free time.

3. Enlist the children's' help: Being a parent is often a reward in itself. Enlist your children to make a heartfelt card or art project for your partner. Your partner will appreciate the gift, and your kids will have fun making it.

How do you thank your partner for their parenting skills? Feel free to leave a comment below.

Top 3 Reasons Celebrities Seek Therapy





By Dr. Fran Walfish

Many of us aspire to live the glamorous life of a celebrity. When captured on camera, they almost always look happy, healthy, wealthy and full of life. As the leading Beverly Hills psychotherapist, I am here to tell you that everyone's problems are the same. Yours, mine and those of the rich and famous all have common threads. It's true that when you have money, the worries about how to make the rent and pay bills are eliminated, but they are replaced with panic about where your next hit will come from and how to remain in your lifestyle. Here are the top three issues for which celebrities seek therapy:

1. Communication problems.

Just like you and I, no one is perfect ... not even celebrities. I teach my patients first to accept their own flaws. We must be kind and non-judgmental to ourselves if we ever hope to accept our companions, spouses and children. When communication (taking turns talking and listening without judgment) breaks down with defensive arguing, criticisms or

interrupting, it causes a crack in the foundation of the romantic relationship. Distance between partners can emerge and begin a life of separateness, secrecy, cheating and divorce.

Related: [How to Communicate to Get What You Need](#)

2. Parenting issues.

I have treated hundreds of children of celebrities. The most common reason is to help parents identify, implement and follow-through on boundaries. Contrary to public belief, this is not more challenging because of affluence and privilege. I was on clinical staff for 15 years at Cedars-Sinai Medical Center where I treated underprivileged and underserved families. The issues were the same as in *90210*. It is simply hard for parents to say “no” to their beloved kids. It’s even harder when kids have parents with work, charity, and a variety of other commitments that fill their calendars.

Parents feel guilty about not being available to their children, and when they are there, they don’t want to fight.

They take the easier road by saying “yes.”

3. Controlling personalities.

The old saying that ‘opposites attract’ holds true in the way that we are drawn to our partners. For most couples, there’s usually one dominant and one passive partner. Individuals fall anywhere within a spectrum from mild to extreme. An extreme example is a *90210* couple in which the husband controlled all of their money. The wife never had her name on their mutual checks, nor was she allowed to have a housekeeper. The couples therapy involved slow-motion step-by-step exploration of the source and meaning of the husband’s control. It took long, hard work to chip away at his defenses and help him let go of some of his rigidities.

Related: [5 Ways to Stop Sabotaging Your Relationships](#)

The bottom line is that when there are two people in a relationship, things must feel good (enough) to both partners. Here are my top 10 tips:

1. Always be curious and open enough to look within and become more self-aware.
2. Be kind and nice to your partner, spouse, and child(ren).
3. Do not strive for perfection. Be “good enough.”
4. Don’t get caught in power struggles.
5. Never engage in negotiations, bargaining, or deal making.
6. Balance nurturing with setting and holding boundaries.
7. Listen when dealing with conflicts. Reflect out loud what you hear the other person feeling and needing.
8. Encourage healthy expression of all emotions, including anger.
9. Nurture the relationship by having quality one-on-one time, date night, and daily talk time at least once a week. The foundation of your family is built upon the bricks and mortar of your marital relationship.
10. Shield your children from hearing Mom and Dad fight. It raises their anxiety.

Dr. Fran Walfish is a Beverly Hills family psychotherapist and the author of The Self-Aware Parent.

**Jessica Simpson Says
‘Motherhood Is the Best Thing
I’ve Ever Experienced’**



Singer and *Fashion Star* judge, Jessica Simpson, 31, took to Twitter to proclaim her love for her new addition, Maxwell Drew. “I want to cry every time I look at her. Motherhood is by far the best thing I’ve ever experienced,” said Simpson. According to [People](#), the [new mom](#) isn’t the only one in love with Maxwell Drew, as grandfather Joe Simpson and aunt Ashlee Simpson can’t get enough of her.

What are some ways to prepare your relationship for kids?

Cupid’s Advice:

Every relationship has milestones and having a baby may be the biggest one. Here are some ways to prepare for kids:

1. Pep talk: The two of you are a team. Sit and talk to your partner about how you’re going to set rules and discipline your child together.

2. Fears: What are your fears or your partner's fears about adding a new member to the family? This is the time to be honest before the baby comes.

3. Expectations: Make sure you discuss finances and delegate chores that will make both of you happy when the baby arrives.

How have you prepared your relationship for kids? Share your comments below.

Best Celebrity Moms (Who Also Make Great Wives)



By Che Blackwood

Making a relationship work is hard. Throw in full-time jobs, opposing schedules and nosey families, and it can be darn near impossible to find the time you need to make it work. Now, add children to the mix, and some might begin to assume you're attempting to commit partnership suicide. Any woman that has the privilege of being called Mom, or even those who've tried their hand at babysitting, knows that after making macaroni necklaces and finishing science projects, there isn't much time left at the end of the day to dedicate to yourself, let alone your partner. Fortunately, it is possible to fulfill your parental duties and keep your mate happy without completely sacrificing your sanity, shower time or friendships. While it may sound like an urban legend, these celebrity moms have found a way to make juggling kids, love and inner happiness look somewhat easy:

Related: [Snooki's Pregnancy – Can You Salvage Your Image?](#)

1. Victoria Beckham: This former Spice Girl ditched her Posh-like alter ego for a life of domesticity after marrying sexy soccer player David Beckham in 1999. Four kids later, Mrs. Beckham can be found naming handbags from her clothing line after daughter Harper and taking her sons to FAO Schwartz. While it's obvious that Beckham is a [fun mom](#), she's also a stunning wife. Low-cut dresses and six inch heels keep this mama looking hot and since their last child isn't even a year old yet, it's obvious that after thirteen years, her style has kept her husband interested.

2. Gwyneth Paltrow: Paltrow makes sure her children, Apple and Moses, think she rocks by taking them to see their dad, Coldplay's Chris Martin, in concert as often as possible. On top of raising her children amongst some of music's biggest legends, she's also made a career out of mommy-blogging, dishing on the most kid-friendly restaurants and best toys. However, this celeb doesn't pretend that being a wife and mom is easy. She's reported that the pressure has caused trouble

in her relationship, but in the end, commitment wins out. The actress reminds us that love can't overcome everything, but that the willingness to try sure can. Her devotion to her family makes her one of the coolest moms we know.

3. Jennifer Garner: Garner is the epitome of a laid back mommy. Regardless of her Hollywood status, Mrs. Affleck walks her children to school every day, is frequently spotted bringing her two daughters to the park and focuses on each of her children's individual interests. The actress is so humble that she had no problem dishing in an interview that her eldest daughter, 5-year-old Violet, called her fat. While a great attitude makes for a great mom, her bouncy personality has made her a great wife to actor Ben Affleck as well. In fact, he admitted publically that his wife's unique demeanor leaves him happier and more at ease than he ever thought possible. With their first son having been born a month ago, let's hope Garner can continue to keep this growing family happy.

4. Nicole Richie: This former party girl ditched her crazy habits when she married rocker Joel Madden, but she didn't walk away from her almost natural ability to be hip. As a fashion designer, Richie has named a number of her companies after daughter Harlow. She's also performed on stage with her children's favorite show, *Yo Gabba Gabba*, and can be spotted bringing Harlow ice cream at ballet class and taking son Sparrow to the beaches of Malibu. With such a rocky past, Richie seems to genuinely appreciate and cherish every moment of motherhood. However, she hasn't forgotten the needs of her husband. The lovebirds continue to make time for each other, recently visiting Coachella, enjoying intimate date nights and making it a point to actively raise their children together.

Related: [Nicole Richie Gives Motherhood Advice to Pregnant Jessica Simpson](#)

5. Jessica Alba: This Hollywood actress went public about the

pressure of raising a baby in the public eye after giving birth to her first daughter, Honor, After the birth of her second daughter, Haven, she's grown more accustomed to life in the limelight. Never photographed without her children, Alba manages to keep their lives as private as possible without sacrificing their time together. Ransacking her house, she has made her life kid-friendly by adding education into everything she does. Alba admits that raising children is hard, but by taking the pressure off of herself, this Bohemian beauty has turned into a baby-raising bombshell. She and husband Cash Warren have also taken the pressure out of their relationship by taking the time to hang out alone. Whether stealing a weekend away in New York City or sneaking in a day at the beach together, Alba has made it a point to keep her relationship fresh; and it appears to us that Warren couldn't be happier!

What other celebrity moms do you think should be on our list? Share your comments below.

Carrie Underwood Says She's Not Ready to Start a Family





[Carrie Underwood](#) isn't feeling pressured by Hollywood. The [newlywed](#) country singer says she has no immediate plans to start a family with husband [Mike Fisher](#), reports [UsMagazine.com](#). "We're good [without kids]. I'm super busy and he is super busy. We are still newlyweds," said Underwood backstage at *American Idol* on Thursday. "I honestly think that if we brought a kid into it would mess things up right now! We're good right now!"

How do you know when you and your mate are ready to have kids?

Cupid's Advice:

Choosing to start a family is a difficult decision to make, especially when you're happy with the status quo. Here are a few suggestions as to when to start a family:

- 1. You want a family:** If you find yourself eyeing babies you see at a local park or going gaga over your neighbor's daughter, it might be time for you to start thinking about a family of your own.
- 2. Financially secure:** Even if you and your partner feel

emotionally ready for a child, you still need to be sure that you're completely prepared. Make sure that you have enough money set aside for child care and, eventually, college tuition.

3. Don't feel pressure: Don't feel pressured to start a family by your friends or by a supposed biological clock. With modern medicine and in vitro fertilization, it's possible to have children much later in life. It's okay to wait.

How did you know when you were ready to have kids? Feel free to leave a comment below.

Hollywood Couple Brad Pitt and Angelina Jolie Visit Legoland with Kids





Newly engaged Hollywood couple Brad Pitt and Angelina Jolie were spotted at U.K.'s Legoland with their children. According to *People*, Pitt and Jolie were "very much in love. And a really happy family." In past visits, Jolie took the children to Legoland on her own, but this time, her celebrity love was happy to tag along. After Legoland, the family visited a petting zoo, Odds Farm.

This Hollywood couple found a way to still be romantic while on a vacation with the family. What are some creative outings that can still be enjoyed by the parents?

Cupid's Advice:

It's great to have romantic dates minus the kids, but sometimes, it can be difficult to pull off. Taking a cue from this Hollywood couple, there's a way to focus on your

relationship and love and also be together as a family. Here are some love advice for date ideas that the whole family can enjoy:

1. A day in the park: The outdoors are the perfect place for your kids to let loose while you and your partner cuddle in the grass. Pull out a basket and make lunch a romantic picnic.

Related Link: [Celebrity Interview: Katherine Heigl Says 'Family Comes First'](#)

2. Beach love: At the beach, your kids can build sand castles and get their feet wet at the shore. At the same time, you and your sweetie can soak up some sun.

Related Link: [Chris Hemsworth Spends a Beach Day With Family](#)

3. Rainy day fun: Every kid loves to play in the rain! Let your kids get muddy while you and your partner dance in the rain.

What family outings have you and your partner been on? Share your comments below.

'DWTS' Champ J.R. Martinez Welcomes a Baby Girl





Actor J.R. Martinez was the proud winner of *Dancing With The Stars*, but he has even more to be proud about after his girlfriend, Diana Gonzalez-Jones gave birth to a baby girl. Martinez's daughter, Lauryn Anabelle Martinez, came into the world weighing 7 lbs., 13 oz. and is 21 inches long. "She has a couple of cute little freckles on her cheeks, a full head of hair and the cutest little lips," the proud dad gloated to [People](#). "It's just amazing to see her, finally. She's beautiful."

What are some ways to prepare for having a girl verses a boy?

Cupid's Advice:

Preparing for a baby involves a lot of planning, and what gender you're expecting plays into that. Cupid has some tips on preparing for a baby girl:

1. Attention: As girls grow up they might require a lot more attention than a boy would. Girls are usually held to stricter terms than boys are, but it's usually better for their protection. However, you still need to loosen the

reigns at some point so they can make mistakes and learn about life first hand.

2. Relationships: When it comes to your baby girl, all boys are going to appear to be the devil, but you have to be open and compromise with your daughter about having relationships because if you hold on too tight, they're going to rebel or sneak around behind your back.

3. Money: Not all girls are high maintenance, but the majority are. They want new clothes, shoes, accessories, make-up and hair supplies. Don't get them everything they want, because you don't want them to grow up to be a spoiled brat. Make sure they appreciate the things you do get for them.

How does having a daughter compare to having a son? Share your comments below.

**Source Says Michelle
Williams' Daughter 'Loves'
Jason Segel**





Despite some of his more humorous roles, according to sources and [UsMagazine.com](https://www.usmagazine.com), Jason Segel is “ready to be a grown-up.” As he and Michelle Williams’s relationship goes more public, this is undoubtedly a good thing. Williams isn’t the only one enamored with the comedian-actor, as her daughter “loves Jason” and Jason Segel definitely knows how to “entertain children.” Having your partner’s kids like you, is definitely a good step toward a more serious relationship.

What are some ways to bond with your partner’s kids?

Cupid’s Advice:

Once you start to get serious with a partner who has kids, it’s crucial to start bonding with them too. Cupid shares some advice:

- 1. Ask them about themselves:** Kids like to talk just like anyone, so ask them about their interests and get to know them.
- 2. Do what they want to do:** Take them to the park, the mall or a concert. Do the things they want to do, and further build

that relationship.

3. Be good to your partner: It might seem obvious, but be good to these kids' parent. They like when their parent is happy, and will automatically respect someone who can make that happen.

What do you do to bond with your partner's kids? Share your comments below.

LeAnn Rimes Dotes on Eddie Cibrian's Kids at Easter Dinner





LeAnn Rimes celebrated Easter in Venice, CA with hubby, Eddie Cibrian, and his two boys. According to [People](#), the couple looking adorable together as Rimes doted on Cibrian's two sons. In celebration of the Easter holiday, the happy family dined at the trendy Gjelina eatery.

What are some ways to gain the trust of your stepchildren?

Cupid's Advice:

When it comes to getting close to stepchildren, it can be a very rocky road. While you are a parental figure, you're not actually a parent, which can leave a lot of uncertainty about the relationship. It's a difficult game, but if you play your cards right, you can form an excellent bond with your stepchildren:

- 1. Don't step on any toes:** Make it clear from the beginning that though you are there for them, you're not trying to replace their parents.
- 2. Be patient:** It takes time for children to adjust to change. Just because they don't warm up to you right away, doesn't

mean they never will.

3. Remain open: Sometimes you may need to wait for the kids to open up to you on their own terms. Let them know you are there for them and are interested in getting to know them, take a step back, and wait for them to come to you.

Can stepparents form the same bond with their stepchildren as their biological parents? Share your thoughts below.