

# Celebrity Baby News: 'Duck Dynasty' Alum Sadie Robertson Is Pregnant With First Child



By Nicole Maher

In the latest [celebrity news](#), *Duck Dynasty* alum Sadie Robertson and her husband Christian have announced that they're pregnant with their first [celebrity baby](#). According to *UsMagazine.com*, the [celebrity couple](#) both took to Instagram to announce their pregnancy. Robertson's post included an image of the couple together holding the newest sonogram of their child. Robertson and Huff first made their relationship official back in September of 2018, and announced their engagement shortly after in June of 2019.

# In celebrity baby news, Sadie Robertson and husband Christian Huff are expecting their first child together. What are some ways to announce your pregnancy to family and friends?

## Cupid's Advice:

While posting pictures of your pregnancy announcement on social media may be a great way of informing people you don't speak with everyday, you may be looking for a more intimate way to tell those closer to you. If you are looking for some ways to announce this milestone to your close friends and family, Cupid has some advice for you:

**1. Baby clothes:** One way to announce your pregnancy to your family, and to prepare for the arrival of your baby, is to start picking up baby clothes. Whether you are simply throwing a few baby outfits in your cart while you are out shopping with someone, or deliberately giving your parents a pair of baby shoes to keep at their house, people will catch on quickly and start asking you for all the details.

**Related Link:** [Celebrity Baby News: Rooney Mara & Joaquin Phoenix Welcome First Child](#)

**2. Customized gifts:** From t-shirts to coffee mugs to baked goods, there are endless possibilities for announcing your pregnancy through a customized gift. Announcing your pregnancy this way will allow you to personalize the news for each person you are telling. If your family member has a favorite sports team or musician, giving them a customized gift saying their newest number one fan is on the way is a moment they

will never forget.

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**3. Excited phone call:** Sometimes the excitement of realizing you are pregnant is too much and the first thing you want to do is call your parents. While this may take away the opportunity for a more planned out pregnancy announcement in the future, it is still just as memorable to all your family to share in the initial excitement with you.

What are some other ways to announce your pregnancy to family and friends? Start a conversation in the comments below!

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## **Celebrity News: 'Pump Rules' Tom Sandoval & Ariana Madix Weren't Invited to Co-Stars' Gender Reveal Parties**





By Nicole Maher

In the latest [celebrity news](#), *Vanderpump Rules* stars Tom Sandoval and Ariana Madix revealed they weren't invited to any of their co-stars' gender reveal parties. According to *UsMagazine.com*, the [celebrity couple](#) didn't make the guest list for at least three gender reveal parties hosted by their co-stars. However, Sandoval and Madix were not the only couples excluded from these gatherings, as cast member Scheana Shay and her boyfriend Brock Davies also weren't invited to one of the parties.

**In celebrity news, the drama is heating up off-screen for current and former *Vanderpump Rules* stars. How do you decide who to invite to important events in your life?**

**Cupid's Advice:**

Social gathering restrictions or not, it can be hard to narrow down the guest list for important events in your life. While you may not be looking to hurt anyone's feelings, leaving someone off the guest list can cause drama. If you are looking for ways to decide who to invite to important events, Cupid has some advice for you:

**1. Establish a limit:** The first step in planning a gathering is to determine how many people you want to invite. If the event you are hosting is at a venue, this number may already be established for you. Don't let the pressure of feeling the need to invite everyone overpower how many people you actually want in attendance.

**Related Link:** [Celebrity Baby News: 'Vanderpump Rules' Stars Brittany Cartwright & Jax Taylor Are Expecting First Child Together](#)

**2. Make a priority list:** After establishing a number of people, you need to decide who exactly you want to invite by creating a priority list. If the event involves more than one person, such as a gender reveal or wedding, make sure each host has a priority list of about the same length.

**Related Link:** [Celebrity News: False Alarm! 'Pump Rules' Lala Kent & Randall Emmet Are Still Together](#)

**3. Acknowledge others after:** In the world of social media, it's impossible to have a party without people who weren't invited finding out about it eventually. Rather than ignoring these people, try to make them feel included in some way. By creating a post thanking all those in attendance and those who showed their support through social media, you will make everyone feel like they had a part in your event, even if they weren't there in person.

**What are some other ways to decide who to invite to important events in your life? Start a conversation in the comments below.**

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# Celebrity Baby News: Rooney Mara & Joaquin Phoenix Welcome First Child



By Nicole Maher

In the latest [celebrity news](#), [celebrity couple](#) Rooney Mara and Joaquin Phoenix welcomed their first child. According to *UsMagazine.com*, the couple named their [celebrity baby](#) after Joaquin Phoenix's late brother, River Phoenix. The couple's pregnancy was confirmed in May, with Mara being about six months along at the time. The child's name was announced at the 2020 Zurich Film Festival following the screening of a

documentary titled *Gunda*, which was executive produced by Phoenix.

## **This celebrity baby was named after Joaquin's late brother. What are some ways to incorporate an important family member's name into your child's name?**

### **Cupid's Advice:**

Whether it's the name of a parent, grandparent, or lost sibling, many people look to incorporate important family names into the names of their children. If you are looking for the best ways to incorporate these important family member's names into that of your child, Cupid has some advice for you:

**1. Middle name:** If you and your partner have already decided on the first name of your child, then opt for using the family member's name as the middle name. This can be a great option if you feel that the important family member's name is out-of-date, or simply does not seem to match the personality of your family and newborn child.

**Related Link:** [Celebrity Baby News: 'Vanderpump Rules' Stars Brittany Cartwright & Jax Taylor Are Expecting First Child Together](#)

**2. Switch the gender:** Sometimes the gender of the child is different from that of the past family member. One way to incorporate the family name despite this difference is to find the gender-equivalent. Many names are unisex or have male and female versions, such as Michael and Michelle, which can make it easy to incorporate an important family name even if the gender of your baby is different.

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**3. Right up front:** Just as Mara and Phoenix did, place the important family member's name right up front. By choosing to use the family member's name as your child's first name, you are showing just how important that person was to you. It is also a great way for your child to feel connected to this family member, even if they never had the opportunity to meet them.

What are some other ways to incorporate an important family member's name into the name of your child? Start a conversation in the comments below!

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## Celebrity Baby News: Penn Badgley & Domino Kirke Welcome First Child Together







By Nicole Maher

In the latest [celebrity news](#), Penn Badgely and Domino Kirke welcomed their first [celebrity baby](#) together after having multiple miscarriages. According to *UsMagazine.com*, the [celebrity couple](#) first shared the news of their baby's birth on Kirke's Instagram. While this is the first child the couple have together, Badgley has been acting as a stepfather toward Kirke's ten-year-old son, Cassius, from a previous relationship. Kirke has described her husband Badgley as being a "good stepdad," and is excited to raise their own child together as well.

**In celebrity baby news, Penn and Domino welcomed a child together after suffering multiple miscarriages. What are some ways to**

# support each other through a miscarriage?

## Cupid's Advice:

There is so much excitement around expecting a child with your partner, and the last thing you want to consider is the possibility of having a miscarriage. Unfortunately, many couples do experience miscarriages during their pregnancy journeys. If you are looking for ways to support your partner and relationship through a miscarriage, Cupid has some advice for you:

**1. Relieve any guilt:** Miscarriages are one of the most emotional events a couple can experience when trying to have a child. Despite following all of the pregnancy guidelines and visiting doctors regularly, an issue such as miscarriage can still occur. It is important to remove any guilt or blame surrounding a miscarriage, and assure both partners that neither of them are at fault.

**Related link:** [Celebrity Baby News: Gigi Hadid Gets Flirty with Zayn Malik Ahead of Baby No. 1's Arrival](#)

**2. Develop a plan:** Deciding on the next-steps following a miscarriage are painful but necessary. These types of events can be emotionally exhausting in a relationship, and it is important to discuss how both of you wish to move forward together. Having a conversation about if and when to try again, as well as the possibility of exploring other options can help relieve some stress and provide a new sense of hope in the relationship.

**Related link:** [Celebrity Baby News: Hilaria Gives Birth to 5th Child with Alec Baldwin](#)

**3. Attend to the family:** After a miscarriage, a majority of

the attention goes to the woman who was pregnant. While it is essential to support her through this process, it is also important to tend to the rest of the family. Both partners and any existing children were all likely looking forward to welcoming a new child into the family, and will all have their own grief processes following a miscarriage.

**What are some other ways to support your partner through a miscarriage? Start a conversation in the comments below.**

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## **Celebrity Baby News: Gigi Hadid Gets Flirty with Zayn Malik Ahead of Baby No. 1's Arrival**





By Nicole Maher

In the latest [celebrity news](#), model Gigi Hadid is keeping the romance alive with boyfriend Zayn Malik as the two get ready to welcome their first [celebrity baby](#). According to *UsMagazine.com*, Hadid responded to Malik's most recent Instagram post by commenting two exclamation point emojis. While the celebrity couple has experienced a few breaks in their relationship, it is reported that they are very much in love and could not be more excited to start their family together. Hadid and Malik will be welcoming a baby girl in the upcoming months.

**In celebrity baby news, Gigi Hadid and boyfriend Zayn Malik are keeping the spark in their relationship alive before welcoming**

# their first child. What are some ways to keep the passion in your relationship even when you become parents?

## Cupid's Advice:

Having a child is one of the most monumental steps in a relationship. While there is so much excitement around starting a family with the person you love, there can also be some questions as to how that will affect your relationship. If you are looking for some ways to keep the romance alive as you welcome your first child, Cupid has some advice for you:

**1. Embrace family activities:** It can be exciting to schedule specific activities to do as a family, but it can also be enjoyable to make everyday tasks into a family activity. Taking trips to the grocery store, walking around the neighborhood, or even settling down in front of a movie can lead to some of the most memorable moments with your new family. The more time you spend as a full unit, the deeper your bond will be with both your partner and your child.

**Related link:** [Celebrity Baby News: Gigi Hadid & Zayn Malik Are Expecting First Child](#)

**2. Be a proud parent:** Your partner chose to start a family with you because they felt you would be an amazing parent. By sharing in their excitement about starting a family of your own, you are showing them how proud you are to be a new parent. This can be an entirely new quality that they find attractive, and can add a new dimension to your existing relationship.

**Related link:** [Celebrity Baby News: Emma Roberts Reveals Sex of First Child with Garrett Hedlund](#)

**3. Keep date night on the calendar:** While you will likely feel the urge to spend every moment with your new child, it is equally as essential to schedule some alone time. It is important to make sure you are not accidentally neglecting your relationship as a couple because your focus has shifted onto your child. Having a designated date night every week or so, as well as a trusted babysitter, are great ways to continue to nourish your relationship.

What are some other ways to keep the passion in your relationship as you become new parents? Start a conversation in the comments below!

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## **Celebrity Baby News: Hilaria Gives Birth to 5th Child with Alec Baldwin**





By Carly Silva

In the latest [celebrity baby news](#), Hilaria and Alec Baldwin announced the birth of the newest addition to their family on Instagram earlier this week. Following two miscarriages in the months leading up to their latest pregnancy, the birth of their new baby boy makes the [celebrity couple](#)'s fifth child together. According to *EOnline.com*, the name of the celebrity baby has not yet been announced.

**In celebrity baby news, Hilaria and Alec Baldwin just welcomed their fifth child together. What are some factors to consider when deciding how many children to have with your partner?**

**Cupid's Advice:**

Deciding how many children to have when building your family is an important decision. If you're wondering which factors to include when making your decision, Cupid has some advice for you:

**1. Consider the finances:** One of the most obvious factors to consider when planning to have children is the financial aspect since raising a child is expensive. Many couples prefer to spend all of their money on their children. Decide if your preferred financial situation is more suitable for a big or small family.

**Related Link:** [Celebrity Baby News: Emma Roberts Reveals Sex of First Child with Garrett Hedlund](#)

**2. Think about sibling dynamics:** A lot of couples decide how many children they want to have based on the sibling dynamic. If it is important for your children to have siblings, then a bigger family might be for you. If you want to spoil one or two children, then a smaller family might fit better. Figure out what dynamic will fit your family best.

**Related Link:** [Celebrity Couple Alec &#038; Hilaria Baldwin Open Up About Raising Their Kids](#)

**3. Do what feels right:** Although it is important to consider all of these different factors when planning your family, it's also important to pay attention to how you and your partner feel. Even if you spontaneously decide to have another child, or if you decide you don't want any children at all, whatever the two of you decide will be what is best for your family.

**What are some factors to consider when deciding how many children to have with your partner? Start a conversation in the comments below!**



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# Celebrity Baby News: 'This Is Us' Star Chris Sullivan & Wife Rachel Welcome Baby Boy



By Diana Iscenko

In the latest [celebrity news](#), *This Is Us* star Chris Sullivan and wife Rachel Reichard welcomed their first child together, son Bear Maxwell Sullivan. The [celebrity baby](#) made his debut on July 28, at 10:02 PM. Sullivan shared the news on an Instagram post, where he gushed about his new family: "Witnessing [Rachel] bring our first son into this world, after 20 hours of labor, was one of the great honors of my

life.” The [celebrity couple](#) tied the knot in 2010.

## **In celebrity baby news, Chris Sullivan and his wife are parents! What are some ways to prepare your relationship for parenthood?**

### **Cupid’s Advice:**

Being a parent changes your life and it’ll change your relationship with your partner. This change doesn’t have to be a bad thing! Make sure the growth of your family brings you and your partner closer. If you’re worried about babyproofing your relationship, Cupid has some advice for you:

**1. Celebrate your relationship:** Reminisce with your partner about your pre-parenthood days. Your relationship will change with the birth of your child and it’s okay to be upset about some of the changes. Accept the “loss” by celebrating the end of your time as a family of two.

**Related Link:** [Celebrity Babies: Carrie Underwood Said She ‘Considered Adoption’ Following Multiple Miscarriages](#)

**2. Discuss expectations:** When your child arrives, there will be way more work to go around. Discuss with your partner what roles each of you will have when your baby arrives. It’s important to go into parenthood with a plan, but you should also be flexible. You two are a team, after all!

**Related Link:** [Celebrity News: Kourtney Kardashian Says She Has ‘Responsibility’ to Teach Kids About White Privilege](#)

**3. Appreciate the little things:** Be thankful for the little things your partner does to show their love. There will be

less time for date nights when you have a new baby, but that doesn't mean there's no time for romance. Find the small moments that show your partner has your back.

**How do you prep your relationship for your baby's arrival? Start a conversation in the comments below!**

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## **Celebrity Baby News: Former 'Bachelorette' Ali Fedotowsky Reveals She Suffered Miscarriage**





By Diana Iscenko

In the latest [celebrity news](#), [Bachelorette](#) Ali Fedotowsky opened up about her recent miscarriage on her Instagram. The [reality TV](#) star said she may never “fully talk about” the experience, but she wanted to support others who miscarried. Fedotowsky continued in her post: “I’m not sharing this because I feel sorry for myself or I want others to tell me they feel sorry for me. I don’t feel sorry for myself. I feel sad for what could’ve been.” The *Bachelorette* shares two children, Molly, 4, and Riley, 2, with husband Kevin Manno.

**In celebrity baby news, Ali Fedotowsky opened up about her recent miscarriage. How do you support your partner through a miscarriage?**

**Cupid’s Advice:**

Miscarrying is painful, whether you were the pregnant parent or not. It's important to lean on your partner during this difficult time. If you're not sure how to support your partner through the loss of your pregnancy, Cupid has some advice for you.

**1. Let them know how you're feeling:** Make sure to let your partner know that you're grieving with them. To start healing from the loss of the child you never met, you need to let out your emotions. Even if your grief is different than your partner's, it's so important to work through this together.

**Related Link:** [Celebrity Baby: Ali Fedotowsky Says She Could Go Into Labor During Family Wedding](#)

**2. Remember it's no one's fault:** It's very common for those who lose pregnancies to think they're "broken" or that they're to blame for the miscarriage. If your partner was pregnant, make sure they know you love and support them, regardless of their ability to have kids. If you were pregnant, focus on the happiness you already have in your partner and family.

**Related Link:** [Celebrity Babies: Carrie Underwood Said She 'Considered Adoption' Following Multiple Miscarriages](#)

**3. Talk about your experience:** Once you and your partner feel comfortable, talk to your close friends and family about what you went through. Miscarriages are common and you'll likely know others who went through the same thing. Knowing you aren't alone can help you heal.

**How do you support your partner through difficult times? Start a conversation in the comments below!**

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# Celebrity Baby News: Emma Roberts Is Pregnant with First Child



By Diana Iscenko

In the latest [celebrity news](#), Emma Roberts is expecting her first child with boyfriend Garrett Hedlund. The pregnancy was reported by *UsMagazine.com* last Thursday and has been confirmed by Roberts' mom, Kelly Cunningham. Cunningham replied to fan comments on Instagram, saying she is "very excited" to welcome Roberts' [celebrity baby](#) to their family. The [celebrity couple](#) has been dating since March 2019, after Roberts ended a five-year relationship with *American Horror Story* co-star Evan Peters.

# In celebrity baby news, Emma Roberts is expecting her first child with her boyfriend of just over a year, Garrett Hedlund. What are some ways to prepare your relationship for a child during an expected pregnancy?

## Cupid's Advice:

Parenthood will completely change your relationship with your partner. It can be overwhelming for this to change with the birth of your child. If you need help babyproofing your relationship, Cupid has some advice for you:

**1. Remember the pre-pregnancy days:** Before your little one's arrival, reminisce with your partner about your relationship pre-parenthood. It's okay to be sad about some of the freedoms you two will be losing. Acknowledge the "loss" by celebrating the end of this part of your relationship.

**Related Link:** [Celebrity Baby News: Gigi Hadid & Zayn Malik Are Expecting First Child](#)

**2. Talk about expectations:** Discuss what roles you and your partner will fall into when your child arrives. There will be more work that needs to be done so its crucial that you and your partner discuss what each of you will be doing to contribute.

**Related Link:** [Celebrity Baby News: Former 'Pump Rules' Star Stassi Shroeder Reveals Sex of First Child](#)

**3. Hold on to small moments:** Learn to appreciate the little things you and your partner do for each other before your baby

arrives. Once you have a newborn, there will be less time for date nights and grand romantic gestures. Appreciate the smaller signs that your partner is here for you.

How did you prepare your relationship for parenthood? Start a conversation in the comments below!

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## **Celebrity Baby News: Former 'Pump Rules' Star Stassi Shroeder Reveals Sex of First Child**







By Diana Iscenko

In latest [celebrity news](#), [reality TV](#) star Stassi Schroeder announced she'll be having a daughter with husband Beau Clark. The Instagram post was the [celebrity couple](#)'s first confirmation of the *Vanderpump Rules* alum's pregnancy, despite *UsMagazine.com* breaking the news two weeks earlier. Clark shared his own post about the pair's [celebrity baby](#), writing, "I was raised by great women, and the lessons I learned from them I'll [forward] to my daughter and then some!"

**In celebrity baby news, Stassi and Beau will be welcoming a baby girl. What are some ways to prepare for a baby girl versus a boy?**

**Cupid's Advice:**

Expecting a child is an exciting time! Your family is growing and there's a lot to prepare for. It's important to know that

a baby's brain develops differently for each sex. If you want a sneak peek into your little girl talents and struggles, Cupid has some advice for you:

**1. Talking:** On average, girls start talking a month earlier than boys. Girls also tend to have larger vocabularies than boys as early as 18 and 24 months. However, reading to your child has more of an impact on their vocabulary than biological sex does, so be sure to talk and read to your baby as much as you can!

**Related Link:** [Celebrity Baby News: Stassi Schroeder Is Expecting First Child Amid 'Pump Rules' Firing](#)

**2. Spatial skills:** Boys tend to better understand the space objects take up. Boys can usually understand how objects appear rotated between three to five months old, which is earlier than girls. Make sure to play with your daughter in ways that help her with this: build with building blocks, teach her to count, throw a ball around with her.

**Related Link:** [Celebrity News: Kourtney Kardashian Says She Has 'Responsibility' to Teach Kids About White Privilege](#)

**3. Potty training:** Girls have the upper hand when it comes to potty training. They start toilet training between 22 and 30 months, which is three months to a year earlier than boys. Girls pee on their own approximately four months earlier than boys. Girls also are able to sit still to poop around three-and-a-quarter-years-old, which is five months earlier than boys.

**How else do you prepare for the birth of your little girl? Start a conversation in the comments below!**

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# Celebrity News: Kourtney Kardashian Says She Has 'Responsibility' to Teach Kids About White Privilege



By Diana Iscenko

In the latest [celebrity baby](#) news, [Kourtney Kardashian](#) shares that she's committed to teaching her children about white privilege. In a recent Instagram post, Kardashian shares the importance of allowing "conversation without judgement" with your kids. In the wake of George Floyd's death and Black Lives Matter protests, it's easy to turn away from these conversations because they're uncomfortable. "As a mother, there is a natural instinct to protect my children from

anything that might make them feel sad or unsafe,” said Kardashian. However, that’s not stopping the [reality TV](#) star: “I bare the responsibility to speak with my kids honestly and often about it, even when the truth is uncomfortable.” Kardashian set an example for her children by donating to the NAACP and the Bail Project through her lifestyle and wellness brand Poosh.

**In celebrity news, Kourtney Kardashian is speaking out about teaching her kids about racism and white privilege. What are ways to come to terms with your partner on which values to instill in your children?**

### **Cupid’s Advice:**

As much as we love our partners, we won’t always see eye to eye. This becomes especially challenging when it comes to raising your children. If you need help deciding what values to teach your kids, Cupid has some advice for you:

**1. Decide what’s important:** Have a conversation with your partner. Decide what values are non-negotiable and what’s most important to actively teach your kids. Remember that your kids will model their behavior after your own, so not every lesson will be verbal!

**Related Link:** [Celebrity Babies: Kristen Bell Vows to Raise Her and Dax Shepard’s Kids to Be ‘Anti-Racists’](#)

**2. Delegate “teachable moments”:** While you should both be teaching your children values, one of you might have a

stronger connection to a particular issue. If your partner has a personal experience that makes them passionate about a subject, you might want to take the backseat for those conversations.

**Related Link:** [Celebrity Exes: Scott Disick is 'Always Flirting' With 'Best Friend' Kourtney Kardashian](#)

**3. Adapt your views:** As your child (and you and your partner!) ages, what's most important to teach them will change. Outside forces, like experiences at school and current events, might require you and your partner to have discussions you hadn't planned on before. Flexibility is important to best teach your child in a changing world.

**How is your partner helping plan your special day? Start a conversation in the comments below!**

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**Celebrity Babies: Carrie Underwood Said She 'Considered Adoption' Following Multiple Miscarriages**





By Diana Iscenko

In the latest [celebrity news](#), [Carrie Underwood](#) shared that she and husband Mike Fisher “considered adoption” before the birth of their second son. Underwood recently revealed that the [celebrity couple](#) had three miscarriages in two years. According to *UsMagazine.com*, on the latest episode of *Mike and Carrie: God & Country*, the singer said, “We needed to have a baby or not ever. Because I couldn’t keep going down that road anymore.” The pair considered adopting to bring [celebrity baby](#) #2 into the world, but they were then able to conceive their second son Jacob, whom they welcomed in January 2019.

**In celebrity baby news, Carrie Underwood considered adoption after having multiple miscarriages. What are some ways to decide if adoption**

# is right for you and your partner?

## **Cupid's Advice:**

When you and your partner are ready to start a family, consider adopting kids! Adoption comes with its own set of challenges, but it's just as rewarding (if not more) as having your biological children. If you're not sure if adoption is right for you and your partner, Cupid has some advice for you:

**1. You are unable to have biological children:** Many couples who are unable to conceive on their own turn to adoption. Whether you have fertility issues or have a same-sex partner, adoption is the perfect way to expand your family.

**Related Link:** [Celebrity Baby: Carrie Underwood Welcomes Second Son!](#)

**2. You want to help the foster system:** Many people feel that they should adopt children, not because they are physically unable to do so, but because they want to lighten the burden of the foster system. You and your partner have love to give and there are thousands of children who need a loving home.

**Related Link:** [Celebrity Parenting: Find Out What Carrie Underwood Is Doing Differently as a Second-Time Mom](#)

**3. You have religious limitations:** Some couples who are having trouble conceiving turn to adoption, instead of fertility treatments and in vitro fertilization, because of religious beliefs. Believing every life is sacred extends to the children you can adopt.

**Would you be open to adoption? Start a conversation in the comments below!**

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# Celebrity Babies: Kristen Bell Vows to Raise Her and Dax Shepard's Kids to Be 'Anti-Racists'



By Diana Iscenko

In the latest [celebrity news](#), [Kristen Bell](#) shared her and husband Dax Shepard's commitment to teaching their daughters about racial inequality. In the wake of George Floyd's death and Black Lives Matter protests, the [celebrity couple](#) is working toward raising "anti-racist" children. In an interview



with *The Morning Beat*, Bell said, “I have been having a lot of conversations with my children about what’s happening right now because I think part of the problem is discomfort.” Bell continues to say that while these conversations are hard, they need to occur within white communities: “Bring it to your dinner table, don’t look away because it’s uncomfortable.”

## **In celebrity baby news, Kristen and Dax’s kids will be raised as anti-racists. How do you instill good values in your children?**

### **Cupid’s Advice:**

We all want our kids to grow up to be good people but toeing the line of informative and lecturing can be difficult. If you’re not sure where to start, Cupid has some advice for you:

**1. Be a good role model:** You need to set a good example for your children. No matter what you teach them, it will be undone if they see you acting differently from what you’ve taught them. Don’t undermine yourself! Apologize to your kids when you mess up. Share your experiences with them so they can understand why the values you teach them are so important.

**Related Link:** [Celebrity Couple Kristen Bell & Dax Shepard Talk Disciplining Their Daughters](#)

**2. Relate the issue to their life:** Relating a value back to your child’s life will make it easier for them to understand it and why it’s important. You can use anything to teach them—an issue at school, an event you witness at the store, or even an incident on the news. These make great spontaneous lessons. Ask your kids what they would’ve done.

**Related Link:** [Celebrity News: Dax Shepard Originally Turned](#)

[Down 'Parenthood' for Kristen Bell](#)

**3. Follow through:** Let your kids know when you're proud of their behavior! Thank them when they do something you asked. Acknowledge when they make you proud. However, you also need to hold your kids accountable when they're less than perfect. Turn their mistakes into a chance to learn and make amends for what they did.

**How do you start these difficult conversations with your kids? Start a conversation in the comments below!**

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## **Celebrity Baby News: 'Duck Dynasty' Star Phil Robertson Finds Out He has Adult Daughter From Past Affair**





By Diana Iscenko

In the latest [celebrity news](#), *Duck Dynasty* star Phil Robertson discovered he has a 45-year-old daughter. In a recent episode of their podcast, *Unashamed with Phil Robertson*, two of Robertson's sons, Alan, 55, and Jase, 50, revealed they received letters from their long-lost sister, Phyliss. The [reality TV](#) patriarch took a DNA, which was a 99.9% match. "As it turns out, 45 years, you have a daughter that you don't know about. Finally, after all those years, we come together," Robertson said.

**In celebrity baby news, Phil Robertson is coping with the news that he has an adult daughter he never knew about. What are some ways to welcome a child (baby or**

# adult) into your family?

## **Cupid's Advice:**

Families come in all shapes and sizes. No matter who you're bringing into your family, it's important to welcome them with open arms. If you're unsure how to seamlessly expand your family, Cupid has some advice for you:

**1. Tell extended family:** Whether you're having a baby, adopting a child, or reuniting with an adult family member, it's important to make sure they feel welcome. That starts with the entire family being excited to meet them, not just the parents.

**Related Link:** [Relationship Advice: How to Deal With Estranged Family Members](#)

**2. Make sure they're comfortable:** For a baby, this would be setting up a nursery. However, it can vary for older family members. Make sure to openly communicate with them about their needs. Listening to them will make them feel valued and like part of the family.

**Related Link:** [Duck Dynasty's Miss Kay Reveals She Birthed Her First Child Before Marriage](#)

**3. Put energy into the relationship:** It's not enough to be initially welcoming. Let your new family member know how excited you are for a future with them and use your actions to follow through with that. Be supportive, be accepting, and be there for them.

**How do you welcome your new family members? Start a conversation in the comments below!**

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# Celebrity News: Halsey Denies Pregnancy Rumors After Evan Peters Touches Her Stomach



By [Ahjané Forbes](#)

In [celebrity news](#), [celebrity baby](#) rumors sparked when Halsey's boyfriend, Evan Peters, was spotted rubbing her belly. According to *UsMagazine.com*, the singer took Twitter to joke about the situation saying, "Is it a boy? Is it a girl? It's pancakes." Halsey had encountered a similar situation with celebrity ex-boyfriend, Youngbud. She was holding her stomach and wearing an over-sized T-shirt.

# In celebrity news, Halsey is not pregnant after all. What are some ways to squash pregnancy rumors?

## Cupid's Advice:

Having people assume you're pregnant when you're not can be a pain. However, sometimes a picture can make people believe that you might be "showing" or "hiding" something. Cupid has some advice on how to handle those rumors:

**1. Make a joke out of it:** As soon as you post a picture to Instagram with an over-sized shirt or loose dress, your followers might think that you are pregnant. This can cause frustration and anxiety, but have some fun with their assumptions. Create a video to post online talking about the allegations, and then tell them you're pregnant with a food baby.

**Related Link:** [Celebrity Baby News: Pippa Middleton Confirms She's Pregnant and Expecting First Child](#)

**2. Answer the question head on:** Nothing is better than the truth, right? Tell your friends, family members, and social media that you will not be having a baby. If you let them know the truth from the source, they will no longer question it.

**Related Link:** [Parenting Trend: The Science Behind Baby Fever](#)

**3. Leave it to time:** Gossip does pass and people do figure out the truth on their own. If you're not a person that likes confrontation or a million questions, then you don't have to answer. Your silence (and lack of a continuously growing belly) will speak volumes.

**What are some ways you handle rumors? Let us know in the comments below!**

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# Celebrity Baby News: Elin Nordegren Is Expecting With Former Football Pro Jordan Cameron



By [Emily Green](#)

In the latest [celebrity news](#), Elin Nordegren is expecting her third child overall, and her first with former Miami Dolphins star Jordan Cameron, according to *UsMagazine.com*. This [celebrity couple](#) already has three children between the two of them- Nordegren has two children from her previous

relationship with professional golfer Tiger Woods, and Cameron has one child from a previous relationship.

## **In celebrity baby news, it seems Elin Nordegren has a serious thing for professional athletes! What are some ways to determine your “type” of partner?**

### **Cupid’s Advice:**

Despite what people may say, everyone has a specific “type” of partner they tend to go for when looking for a relationship. Whether your type is blonde hair and blue eyes, athletes, or only people who went to college, everyone has their own preferences! You just have to experience different types of people, and then you will learn what your type is. Here is Cupid’s advice to figuring out what “type” of partner you’re looking for:

**1. Know yourself before you try to know someone else:** Before you assume what you think you need in a partner, take a step back and analyze your own personality. Are you talkative? Are you funny? Are you a workaholic? Figure out your own personality traits and find what will match best with who you are.

**Related Link:** [Relationship Advice: Is a Bad Boy Good for You?](#)

**2. Take your time in finding the right person:** The right person for you will come when you least expect it, trust me. Don’t push yourself to try and find your person as soon as possible. When the time is right, you’ll find them.

**Related Link:** [Expert Dating Advice: Why You and Your Partner](#)



[are Constantly Arguing](#)

**3. Be patient and understanding:** Everything takes time. If you find someone you think you like, take the initiative and ask them out on a date, but don't be discouraged if it takes a bit of time to form a real connection. If it doesn't work out in the end, you take those experiences and learn from them, so you know what to go off of in the future.

**What are some of your tips to finding the right "type" of partner for you? Let us know in the comments below!**

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## **Celebrity Baby News: 'Jersey Shore' Star Nicole 'Snooki' Polizzi Welcomes Baby No. 3**





By Emily Green

In the latest [celebrity news](#), *Jersey Shore* star [Nicole “Snooki” Polizzi](#) and her husband Jionni LaValle welcomed their son, Angelo James LaValle early Thursday morning, according to *EOnline.com*. This is Snooki’s third child, already having a son named Lorenzo (6) and a daughter named Giovanna (4). This [celebrity couple](#) announced their pregnancy on Thanksgiving in 2018, and couldn’t be more thrilled by their newest arrival!

**In celebrity baby news, there’s a new fist pumper in the *Jersey Shore* family! What are some ways to keep the spark in your relationship when you have multiple kids?**

**Cupid’s Advice:**

Adding a new bundle of joy to your family is absolutely

amazing! While you immediately jump into the parental role 24/7, remember that while you are a parent, you are also a spouse to your partner! Here are some of Cupid's tips to keeping the spark alive in your relationship when you have multiple kids:

**1. Make time for yourselves:** As much as you love your kids, you have to admit after watching them for hours on end, you leave yourself feeling very drained. Have you and your partner set a day perhaps every other week where you go out on a date or try something new.

**Related Link:** [Date Idea: Romance at a Resort](#)

**2. Start a new hobby together:** After having multiple kids, it might seem like your entire lives revolve around them, 24/7. Have you and your spouse try a new hobby together, whether it be starting a new book together, a sport, art, anything! Starting a new hobby together not only gives yourself something to focus on your attention on, but gives you and your spouse another discussion topic, aside from your kids.

**Related Link:** [Dating Advice: 5 Activities for a Fun and Fresh Date With Your SO](#)

**3. Set boundaries:** Set a calendar for yourselves! Have a certain day where you lock your bedroom door, so you aren't interrupted in the middle of the night by someone wanting to join you in bed, or even just set certain nights where it is time for you and your spouse to improve your relationship (in more ways than one!).

**What are some ways you keep the spark alive in your relationship after having multiple kids? Let us know in the comments below!**

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# Celebrity Baby News: 'Bachelor' Stars Arie Luyendyk Jr. & Lauren Burnham Welcome a Baby Girl



By [Bonnie Griffin](#)

In the latest [celebrity baby news](#), *Bachelor* stars Arie Luyendyk Jr. and Lauren Burnham are parents. According to *People.com*, Luyendyk confirmed on Wednesday that the pair welcomed their first child together, a beautiful baby girl. After meeting and falling in love on *The Bachelor*, the

[celebrity couple](#) has maintained their relationship in the public eye throughout the pregnancy, although they have not yet released the baby's name.

## **The latest celebrity baby news is that this *Bachelor* couple welcomed a baby daughter. What are some ways to work on your relationship while at the same time having a young child?**

### **Cupid's Advice:**

Having children is a beautiful gift, but that does not mean being a parent with young children is easy. Add the stress of now having a young child who solely relies on their parents to your relationship and you might find yourself asking how your relationship will survive. Cupid has some advice to keep your relationship working after having kids:

**1. Have adult conversations:** Just because you have a child doesn't mean all of your conversations have to revert to baby talk. You still need to communicate with each other, and as much as your young child is a very important part of your lives, they cannot be the only thing you discuss. Don't cut out your conversations just because you have a child, even if time alone is limited just have your conversations in front of your child because they will likely interrupt even if you try to take a moment and step out of the room.

**Related Link:** [Celebrity Baby News: Jenna Bush Hagar Is Expecting Third Child](#)

**2. Work as a team:** It is important for both parties in a

relationship to remember that you both had a child, and that means sharing more than those adorable baby grins. It means that you need to share the work with each other. You both have to help with the fun parts and the bad parts like when they have a meltdown. Be a united front when your child is having a tantrum because it will only add to your stress if you are not on the same team.

**Related Link:** [Celebrity Baby News: Backstreet Boys' Nick Carter and Wife Are Expecting Baby No. 2](#)

**3. You both deserve time out:** Every parent needs an occasional break. A break from your partner and even the occasional break from your child. We all need a little me time now and again. Give each other that time out and away to just be alone and revel in their own thoughts. Even though this time alone may seem like a strange way to help work on your relationship, your partner will love you for offering them a break.

**What are some ways you might work to avoid a custody battle with an ex? Let us know your thoughts in the comments below.**

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**Celebrity Baby News:  
Backstreet Boys' Nick Carter  
and Wife Are Expecting Baby  
No. 2**



By Bonnie Griffin

In [celebrity baby news](#), Backstreet Boys' Nick Carter and wife, Lauren Kitt, are expecting their second child. According to *UsMagazine.com*, Carter was thrilled when he announced the pregnancy on Instagram saying, "Thank You God for giving us the greatest gift we could ever ask for." This [celebrity couple](#) seems to be very excited to have their second baby on the way.

**In celebrity baby news, baby makes four! What are some benefits to having two kids versus just one?**

**Cupid's Advice:**

Having one child might seem easy, but having two means your children will have a friend for life. There are also added social benefits to having a second child. Cupid has some benefits to share that might have you thinking twice about stopping after baby number one:

**1. Your children learn how to socialize and share with others:**

When you have a second child, both will have to learn to get along and share with each other because they don't have much of a choice. Siblings are in each other's lives all day, every day for the first few years of their lives. This social interaction will help them when it is time to go to school and start making friends.

**Related Link:** [Celebrity Baby News: Blake Lively & Ryan Reynolds Are Expecting Baby No. 3](#)

**2. They will have a life-long friend:** Siblings may fight, and they may suffer from sibling rivalry from time to time, but they will also play together and love each other. They will be each other's first friend, and friends for life.

**Related Link:** [Celebrity Baby News: Shawn Johnson is Expecting a Year and a Half After Miscarriage](#)

**3. You are an expert now:** With baby number one you had so much to learn, and you had to learn it fast. You disinfected everything, washed your hands so often they were like sandpaper, and packed half of the household whenever you left the house. However, with baby #2 you already know what you're doing because your first child taught you to be an expert, so you know what's coming with sleepless nights, feeding, and everything else involved with having a baby.

**What advantages can you think of when it comes to having two children instead of just one? Let us know your thoughts in the comments below.**



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# Celebrity News: 'Bachelor' Alum Ashley Spivey Reveals She Suffered a Miscarriage



By Bonnie Griffin

In [celebrity baby news](#), *The Bachelor* alum Ashley Spivey shared her [celebrity pregnancy](#) story of suffering through a miscarriage in what was a “very wanted pregnancy.” According to *UsMagazine.com*, Spivey learned of the pregnancy early on, but the devastating news came only two weeks later when her doctor revealed that “the embryo actually had shrunk and the doctor concluded that [she] was experiencing a miscarriage.”

# **In celebrity news, Ashley Spivey is dealing with the devastation of a miscarriage. What are some ways to support your partner during pregnancy difficulties?**

## **Cupid's Advice:**

Pregnancy difficulties leave broken hearts and scars for both parties in a relationship. Remember to support one another during this devastating time, without trying to find fixes that will only prolong the pain. Cupid has some advice:

**1. Understand there is no quick fix:** Losing a child or finding out you are unable to get pregnant is a devastating loss for anyone trying to become a parent. When someone we love is in pain, the knee-jerk reaction is to find a way to fix the problem, but there is no quick fix for a loss this painful. Like the loss of any loved one, only time will bring healing, so give yourself and your partner time to grieve and the healing will come naturally.

**Related Link:** [Celebrity Baby News: Shawn Johnson is Expecting a Year and a Half After Miscarriage](#)

**2. Do not jump into discussing having other children:** When a mother has a miscarriage, to her she just lost a unique child, and that child is irreplaceable. It may seem like telling her that she can always have another baby offers reassurance, but it will likely only add to her pain and frustration. Instead, just support her by showing and telling her that you love her and staying by her side as long as she needs you there.

**Related Link:** [Celebrity Baby: Carrie Underwood Opens Up About Miscarriages & Preparing for Baby Boy](#)

**3. Be supportive and lift her back up:** When a woman goes through a miscarriage or learns she is unable to get pregnant and have children, it often leads her to thoughts that she is broken. Whether she expresses this feeling out loud or not, it is common, and she needs her partner to be there for her. Hold her, love her, tell her she is not to blame and that it is not her fault.

**Can you think of other ways to support your partner when they are experiencing pregnancy difficulties, or have had a miscarriage? Let us know your thoughts in the comments below.**

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## **Celebrity Baby News: Blake Lively & Ryan Reynolds Are Expecting Baby No. 3**





By Megan McIntosh

And baby makes three – babies, that is. [Celebrity couple](#) Blake Lively and [Ryan Reynolds](#) have some news to share! According to *UsMagazine.com*, while celebrating the premiere of Reynolds' newest film, it was revealed that Lively is expecting her third child. Lively and Reynolds are clearly happy to have a big family with Lively saying, "All my eggs are in one basket, and that's my family...That's where my heart is."

**In celebrity baby news, Blake and Ryan will soon be outnumbered. How does having a third child change everything?**

**Cupid's Advice:**

When you have that first baby, everything is planned out. When baby number two comes around, you find yourself a little more relaxed. But, when baby number three hits? Life just gets a

whole lot crazier. Cupid has insight on what to expect with baby number three:

**1. Less worry:** With baby number three, you no longer sweat the small stuff. Everything doesn't have to be perfect, just has to be right for your family. You have less time and energy to worry about the little things. By the third baby, you've also realized that kids are pretty tough.

**Related Link:** [Celebrity Baby News: Jenna Bush Hagar Is Expecting Third Child](#)

**2. Your kids have built-in playmates:** With three kids, there's always someone for your kids to play with. You don't have to worry about taking them on playdates because the play mates are built-in with siblings. Worried about teaching your kids everything? They already have role-models in their older siblings, and are more likely to try new things with their older siblings' support.

**Related Link:** [Parenting Advice: Cooking Fun with Your Kids](#)

**3. More to love:** As [Blake Lively](#) said, your heart is with your kids and there's even more love to go around when your third baby is born. There's more cuddles, more hugs, more kisses, just more. Your family is a team, and it's always a good idea to add on another player.

**How did your life change when your third child was born? Share below!**

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## **Celebrity Baby News: Find Out**

# How Falling in Love with Ryan Gosling Changed Eva Mendes' Mind About Motherhood



By Megan McIntosh

Not everyone thinks that motherhood is for them, and sometimes it isn't. But, a lot of times it just takes the right partner. [Celebrity couple](#) Ryan Gosling and Eva Mendes are examples of this. According to *EOnline.com*, Mendes never really considered being a mom until she fell in love with [Ryan Gosling](#) saying, "Then it made sense for me to have...not kids, but his kids. It was very specific to him." She says that a partnership and motherhood has shifted her focus from ambition in the workplace to ambition in the home. Instead of working hard on

a movie set, Mendes says working at home with her children is “challenging her in so many ways.” It’s definitely enough to keep her occupied.

## **In celebrity baby news, Eva Mendes changed her mind about motherhood because of her partner, Ryan Gosling. What are some signs your partner will be a good parent?**

### **Cupid’s Advice:**

It can be difficult to know if you or your partner are ready to have a child together. But there are always signs to look out for that indicate whether your partner will be a good parent:

**1. Patience:** If your partner is patient when it comes to relationship squabbles, it’s a good indicator that they’ll be a patient parent. Watch how they interact when it comes to tiny annoyances. Kids know how to push all your buttons.

**Related Link:** [Parenting Advice: 5 Steps to More Effective Parenting](#)

**2. Flexibility:** Is your partner willing to accept other people’s suggestions? If your partner is willing to be wrong or to compromise, this is a good sign they’re flexible enough to be a parent with you. You won’t always agree on parenting methods, so flexibility is key.

**Related Link:** [Parenting Tips: How To Set a Good Example For Your Child](#)

**3. Emotions:** Your partner doesn’t have to be super emotional

to be a good parent, but it is a good idea to look for signs of affection. If your partner readily shows affection, this is a good sign they're ready to be a parent in the future. At the same time, they shouldn't be quick to anger.

What are some signs you look for to parent with you in the future? Share below!

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## **Celebrity Parenting: Khloe Kardashian Is 'Extremely Upset' With Tristan Thompson For Not Being Involved with True**







By [Mara Miller](#)

In the latest [celebrity parenting](#) news, [Khloe Kardashian](#) is upset with Tristan Thompson for not being more involved in their daughter's life. [Celebrity baby](#), True, is 11 months old. While Kardashian understands that he has a busy NBA schedule and lives in Cleveland, Thompson has shown little interest in seeing his daughter. He has more of an "I'll see her when I see her" attitude, according to a source from *UsMagazine.com*. The celebrity exes split after rumors of Thompson cheating with Jordyn Woods, although that wasn't the first time, with Thompson also being unfaithful during Kardashian's pregnancy with True.

**These celebrity parents are at odds with one another. What are some ways to stay on the same page with your child's other parent?**

## **Cupid's Advice:**

Staying on the same page with your child's parent when the two of you aren't together anymore can become difficult, especially when the other parent doesn't seem like he or she wants to be involved in actively co-parenting. Cupid has some tips on how to communicate more efficiently:

**1. Communicate:** You're both going to have to talk to each other eventually, and this can be hard if the breakup wasn't easy. But you will both need to speak to each other eventually for your child. And keep the conversations about the child only. Everything else isn't relevant.

**Related Link:** [Celebrity News: Tristan Thompson Likes Khloe's Sultry Instagram Pic Amid Cheating Scandal](#)

**2. Try to understand the other parent:** Even though you might not be a couple anymore, trying to understand your child's parent is important in getting them to listen to you. It's not out of line to ask for their work schedule or to plan ahead far in advance when they can take the time off to spend with your child.

**Related Link:** [Celebrity News: Jordyn Woods Also Hooked Up With Khloe Kardashian's Ex James Harden](#)

**3. Be flexible:** If you can be flexible with the other parent, it's likely that they will be more willing to work with you later. That way, when something does come up and you need them to take your child, then they'll be more willing to cooperate.

**What are some ways to work with your child's other parent? Let us know in the comments below!**

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# Parenting Advice: Cooking Fun with Your Kids



By Megan McIntosh

There comes a time when your kids want to be involved in what mom or dad is doing in the kitchen. They want to bake their own cake or fry their own eggs. Whether you decide to start small or let them help you with a whole meal, it's easy to have some cooking fun with your kids! Celebrity parent and model Chrissy Teigen recently made a special menu for [celebrity baby](#) Luna, and [Jennifer Garner](#) routinely cooks healthy meals for her kids. Like them, you can also have your kids join you in the kitchen!

# Parenting Advice: Cooking with your kids can be a fun and educational experience that lets you have some quality time together, too!

Here's some exciting advice to start cooking in the kitchen with your kids:

## 1. Find some kid-friendly menus:

Find some fun menus that the kids can easily follow with you. Try to make character pancakes with fruit and nuts as decorations. Put together a yummy snack mix, which is simple and should keep the mess to a minimum. There are a variety of kid-friendly menus, but you can even create your own like celebrity parent Chrissy Teigen did when Luna turned out to be a picky eater.

## 2. Start small:

If your child wants to be involved in a the preparation of a grown-up meal, give them something small to start with. Let your child mix the spices, or let them toss some ingredients into a salad. This gets them excited to be involved in the kitchen, but keeps their little hands safe. Help them create something healthy but simple, like Jennifer Garner and her granola recipe.

**Related Link:** [Parenting Advice: Make Your Own Fresh Baby Food](#)

## 3. Let them be a little independent:

Once your child is a little older, you can let them be a little more independent in the kitchen. Let them create their own snack mix rather than following a recipe. Let your child create recipes that have three ingredients like banana pancakes or dunkaroo dip. Let your kid make dessert while you focus on dinner with them making banana oat cookies or peanut

butter fudge. Keep it seasonal by making popsicles in the summer and hot chocolate in the winter.

**Related Link:** [Parenting Tips: Make Popsicles with Your Kids This Summer](#)

**4. Keep it age appropriate:** Though we encourage independence with our children, it's very important to keep it at level with their age. If they're a little younger, you'll want to keep them away from sharp objects and doing more activities like mixing and squeezing. As they get older you can incorporate more difficult tasks such as cutting with a blunt blade or cracking eggs. Eventually they'll be able to help you out in the kitchen so much that you'll get a chance to relax a little quicker.

**Related Link:** [Product Review: Back-To-School Products For Kids Of All Ages](#)

**Any tips for how to get started in the kitchen with your kids? Share below!**