

'Bachelor' Celebrity Couple Sean & Catherine Lowe Share 'Foolproof' Marriage Advice



By

[Melissa Lee](#)

Season 17 *Bachelor* contestants Sean and Catherine Lowe have been going strong for nearly four years – a rarity for the *Bachelor* franchise, especially with all the [recent drama](#) surrounding the show. The couple sat down with [okmagazine.com](#) to reveal their “foolproof” marriage advice, which includes attending a marriage group, being committed, and constantly working on their relationship. We wish the best of luck to the Lowes, plus their adorable one-year-old boy, Samuel!

This celebrity couple has come a long way since *The Bachelor*! What are some ways to keep your marriage strong?

Cupid's Advice:

Against most odds, Sean and Catherine Lowe have managed to keep their marriage afloat by working hard to keep committed. If you and your significant other are in a similar position, here are some tips to keep your relationship strong:

1. Problem? Acknowledge it: If there's an on-going issue between you and your partner, don't ignore it – acknowledge the problem by sitting down to have a productive conversation that consists of finding the cause and a solution.

Related Link: [Relationship Advice: How Excitement Drives Your Expectations](#)

2. Don't be afraid of counseling: Sean and Catherine attended marriage counseling to work out their problems (along with thousands of other couples, celebrity or not), and it ended up heavily working in their favor. There's nothing wrong with seeking help from a professional and it can do amazing things for your relationship, including introducing the opportunity to make your marriage that much stronger.

Related Link: [Relationship Advice: 5 Communication Keys Every Relationship Needs](#)

3. Make time together: If you and your partner tend to live busy day-to-day lives, it's important to make time for one another so you're able to simply sit down and spend time together. This one-on-one time could be extremely beneficial. Whether it consists of a date night, watching a movie

together, or even just discussing your days before going to bed, forming this routine could improve your marriage.

What are some of your tips to strengthen marriages? Leave your thoughts below.

'Bachelor' Sean Lowe Is Digging Dad Life with Newborn Celebrity Baby



By

[Stephanie Sacco](#)

In [celebrity news](#), [The Bachelor](#) alums Sean and Catherine Lowe

have become celebrity parents! Catherine gave birth to a beautiful baby boy named Samuel Thomas. This [celebrity couple](#) will make wonderful parents as they are already enjoying being a mommy and daddy. According to [UsMagazine.com](#), Sean loves being a dad. He said on Twitter, "Someone get me some cargo shorts and Crocs quick. I'm digging the dad life." Their [celebrity baby](#) is already so beloved; it can only go up from here.

You won't see any regrets about this celebrity baby anytime soon! What are some ways to know your partner will be a good parent?

Cupid's Advice:

Deciding whether your partner is parent material is a big deal. You don't want to be hung up on somebody that isn't going to stick around. Cupid is here to help:

1. He's great with kids: If your partner has had younger siblings or little cousins, they might be more equipped to handling children. This experience may or may not have pushed them in the direction of kids. It's best to know where he stands before you assume he's going to be a good daddy.

Related Link: [Celebrity Couple Ginnifer Goodwin & Josh Dallas Welcome Celebrity Baby No. 2](#)

2. He's mature: This doesn't mean he is unfun or serious, but that he is ready to commit to you and your potential kids. He's not playing around with your feelings and he doesn't plan on going anywhere. If it's real for him and it's real for you, there's nothing stopping you from taking your relationship to the next step.

Related Link: [Celebrity Baby News: Louis Tomlinson Files for Shared Custody of Infant Son](#)

3. He's "the one": Only you will know when you and your partner are ready to have kids. Talk to him about it and decide together if that's something the both of you would consider. When the time is right, take the plunge together.

How do you know your partner is parent material? Comment below!

Celebrity Photo Gallery: Famous Couples Who Work Out Together





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Jessica Biel and Justin Timberlake

The duo that sweats together, stays together! This famous couple seems to believe this truth, as they are often seen jogging together. Photo: Brian Flannery/FlynetPictures.com