# Celebrity Baby News: Sean Lowe Admits Wife Catherine's Third Pregnancy Happened' Sooner Than Planned'





By <u>Bonnie Griffin</u>

In <u>celebrity baby news</u>, Sean Lowe and Catherine Giudici are expecting their third child. According to *UsMagazine.com*, the <u>celebrity couple</u> had been planning for a future with three children, but this third pregnancy came a little earlier than they had planned. The former *Bachelor* star said they are still excited about the pregnancy, although "the idea of raising three kids under three and a half years old [is] a little daunting." Ready or not, baby number three is on the way for

In celebrity baby news, this pregnancy took Bachelor Nation's Sean and Catherine by surprise. What are some ways to cope with a surprise pregnancy?

#### Cupid's Advice:

Not every pregnancy is planned for, but this doesn't mean it's not a happy occasion. Still, an unexpected pregnancy can be a lot to take in, and it can add unneeded stress if you are surprised. Cupid has some advice to deal with a surprise pregnancy:

1. Ask friends and family for help: If this isn't your first child and you're feeling a little overwhelmed talk to your friends and family. Let them know you're feeling tired and ask them for help. If you just ask you may find that you have all the help you need to bring your new child into this world.

Related Link: <u>Celebrity Parenting: Find Out What Carrie</u>
<u>Underwood Is Doing Differently as a Second-Time Mom</u>

2. Remember it is normal to have negative thoughts: When you're surprised with a pregnancy every thought you have about your upcoming bundle of joy may not be positive. That's okay. Being pregnant alone takes a toll on your body with morning sickness, fatigue, stretch marks, and more. It is understandable that you might have a few negative thoughts about having to go through all of that unplanned.

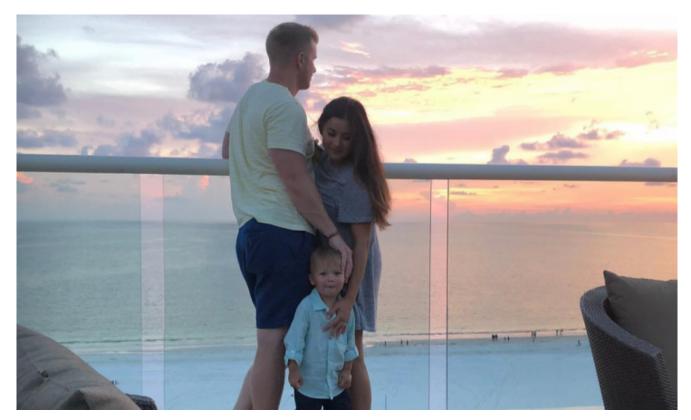
Related Link: Celebrity Baby News: Elin Nordegren Is Expecting With Former Football Pro Jordan Cameron

3. Don't panic: It may not feel like you have any time to get ready for the baby, but you have nine months. All you really need to worry about are the important things like a bed for your baby, diapers, clothes, and a few supplies. If you cut back on a few of the extras you splurge on you will find the money you need to get what you need for your upcoming baby.

What are some ways you might handle a surprise pregnancy? Let us know your thoughts in the comments below.

## 'Bachelor' Alums Sean & Catherine Lowe Celebrate Celebrity Baby Shower





By <u>Stephanie Sacco</u>

One of the cutest match-ups from <u>The Bachelor</u>, <u>Sean Lowe</u> and Catherine Giudici, are expecting their first child. Giudici is due this July and the <u>celebrity couple</u> celebrated by having a baby shower. According to <u>EOnline.com</u>, the theme for their <u>celebrity baby</u> shower was flamingos. Hubby Sean revealed in <u>celebrity news</u> that the baby shower provided them all the essentials. He says, "We have so much baby stuff now." He continued, "That's what we wanted. We want to feel like we have our bases covered." This celebrity couple seems to be prepared for anything.

This celebrity baby is getting spoiled already! What are some ways to add personal touches to your baby shower?

Cupid's Advice:

Baby showers are a great way to jump start your baby needs. The nursery can be fully stocked after a shower and it takes the pressure off the parents to buy it all themselves. Cupid is here to help personalize yours:

1. Theme: Having a color palette or a specific theme (like flamingos) can really personalize your baby shower. Centerpieces and banners that match can really make your shower pop. Pinterest and other sites can inspire new moms to plan a fun and fancy party.

Related Link: <u>Celebrity Baby: One Direction's Louis Tomlinson</u>
Welcomes First Child

2. Photographs: Give your guests some memories of the baby shower by taking lots of photographs and putting together an album. You want to remember these moments in the future when your baby has grown. Give out photos with your thank you notes so that everybody has a reminder.

Related Link: <u>Celebrity Couple Kristen Bell & Dax Shepard Talk</u>
<u>Disciplining Their Daughter</u>

**3. Games:** Party games are always a good way to spend a baby shower. It's a fun way to include everybody especially the kids that attend. Involve everyone so that your guests can enjoy themselves while you mingle.

Do you know how to give your baby shower a personal touch? Comment below!

#### Celebrity Photo Gallery: From

#### 'The Bachelor' to Babies





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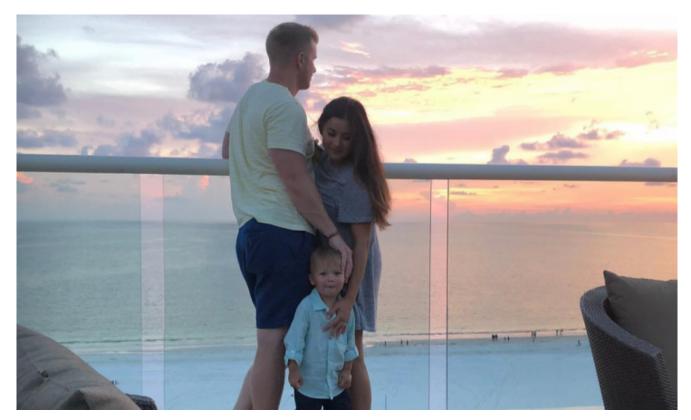


Jillian Harris

In March 2016, the former 'Bachelorette' and HGTV host broke her celebrity baby news when she posted a photo of her baby bump next to smiling boyfriend Justin Pasutto with the exclamatory headline, "WE ARE PREGNANT!!!" Photo courtesy of Instagram.

## Celebrity News: Catherine Giudici Tells Sean Lowe She's Traumatized About Her Body





By Abbi Comphel

Celebrity couple Catherine Giudici and Sean Lowe discussed their insecurities on Marriage Boot Camp: Reality Stars. According to <u>UsMagazine.com</u>, Giudici spoke about how uncomfortable she is with her body. This <u>celebrity news</u> caused a riff in her <u>celebrity relationship</u> because she doesn't want to take beach vacations with her husband. The couple married in January 2014.

#### This celebrity news resonates with a lot of us. What are some ways to reassure your partner in the face of insecurities?

#### Cupid's Advice:

Insecurities can be difficult to talk about and very hard to get rid of. Cupid has some advice on how to reassure your partner in the face of insecurities and how to make them feel

#### better:

1. Talk to them: When they come to you with these problems, don't just shrug them off. Hear them out and know that you are there to listen to them. Then, let them know that they shouldn't be insecure because you care about them and wouldn't change anything about them.

Related Link: <u>Celebrity News: What Happens in Vegas On 'The Bachelor'</u>

2. Do something special: Make them feel special and have them forget about their insecurities. Take them to a nice dinner or to their favorite store and treat them to something special.

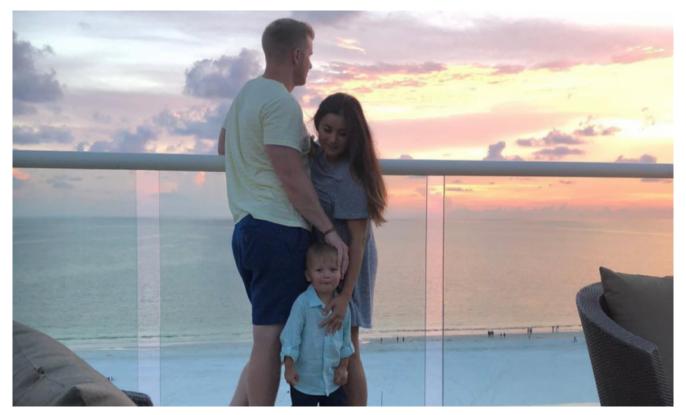
Related Link: New Celebrity Couple: Kendall Jenner & Harry Styles Reunite at Party

**3. Remind them:** Every day when you wake up remind them how special they are. Don't let their insecurities get to them. Show them how much you care and that they are truly loved. It will help them move on.

How you do reassure your partner when it comes to their insecurities? Comment below!

## Celebrity Couple Sean Lowe & Catherine Giudici Butt Heads on 'Marriage Boot Camp'





By Jasmine Igwegbe

We can all claim to experience relationship problems similar to celebrity couples for sure. In <u>latest celebrity</u> news, <u>celebrity couple</u> Sean Lowe and Catherine Giudici's relationship is making progress on <u>Marriage Boot Camp</u> with the assistance of celebrity judge Lynn Toler, according to <u>UsMagazine.com</u>. Lowe even admits to Toler that he has trouble being compassionate even when he's really trying. This pair is continuing to work on their issues, even as they prepare to welcome their first <u>celebrity baby</u> to the world.

### This celebrity couple has their issues, just like everyone else.

### What are some ways talking to a third party can help your relationship?

#### Cupids Advice:

Experiencing relationship problems is a common matter we all encounter. What should we do? Cupid has some advice:

1. Unbiased opinion: The third party would be unbiased and make a decision based on the facts you present to them. They're unaffected by the emotions, so they can be more logical and realistic about the situation.

Related Link: 5 Simple Ways to Turn Your Relationship Around

2. Solomon's Paradox: When you distance yourself from a problem, you're able to examine it more clearly, according to the research surrounding what's called the Solomon Paradox. Receiving advice from someone who is distant in the relationship allows wisdom instead of pure emotion.

Related Link: <u>Is 'The Bachelor' Sean Lowe & Catherine</u> <u>Giudici's Celebrity Love Affair in Trouble Already?</u>

3. New perspective: Hearing someone's side who is not in the relationship gives you an insight from a different perspective. It may also impact how you continue to look at the conflict and help you make a better decision.

What are some other ways consulting a third party can help your relationship? Share your thoughts below.

#### A 'Bachelor' Baby! Sean Lowe Gushes About Catherine Giudici's Celebrity Pregnancy





By Kyanah Murphy

Love is in the air! After all, cuddles are huge this time of year. The latest in <u>celebrity news</u> is that <u>celebrity couple</u> Sean Lowe and Catherine Giudici are expecting their first <u>celebrity baby</u>! <u>UsMagazine.com</u> shares that Lowe tweeted the news on December 8th, sharing the joy of their celebrity pregnancy.

We've been waiting for this celebrity pregnancy announcement! What are some unique ways to share your baby news with your loved ones?

#### Cupid's Advice:

Twitter and Instagram are common ways that celebrity pregnancies are announced, which is very convenient. If you are looking to spice up your social media announcement, Cupid is here with three tips on helping you create a unique pregnancy announcement:

1. Be silly about it: A great way to announce a pregnancy is in a silly way. If you already have two kids, for example, one boy and one girl, you can have them hold scoreboards with a third one saying "tie breaker" and the expected date. Be creative!

Related Link: New Celebrity Baby: Kim Kardashian and Kanye West Welcome a Son

2. Do something cute: You can also take a cute approach to announcing your pregnancy. If you have a dog (or two), for example, you can share your announcement with your dogs saying "baby guard dogs" with the position starting on the due date.

Related Link: <u>Celebrity Baby News: Josh Hartnett & GF Tamsin</u>
<u>Egerton Welcome First Child</u>

3. Be dramatic: You can try to do something dramatic to announce the pregnancy as well. Maybe have your friends and family solve a riddle or put together a scavenger hunt. Whatever you choose, have fun with it.

#### Celebrity Couple Sean Lowe and Catherine Giudici Join Cast of 'Marriage Boot Camp: Reality Stars'





By Katie Gray

In the latest <u>celebrity news</u>, <u>celebrity couple</u> Sean Lowe and Catherine Giudici have joined the latest cast of *Marriage Boot* 

Camp. The pair is taking the step to make things better in their relationship! According to <u>People.com</u>, they do not always agree on everything and this is evident in the exclusive sneak peek of the series. Fans of *The Bachelor* fell in love with Sean and Catherine, and now they will get to see them work through their issues to make things better for themselves!

#### This celebrity couple has their share of problems. What are some things to try if you find yourself fighting with your partner a lot?

#### Cupid's Advice:

Every relationship has its problems, and nobody is perfect. There's a fine line between having normal fights and disagreements, and arguing all the time. If you are fighting with your partner more than not, that is a big problem. You should be enjoying your time with them for the majority of the time. Cupid has some relationship advice:

1.Talk it out: Whenever you are having a disagreement or an argument with your partner, make sure you talk it out. Never go to bed angry, because you don't want anger and resentment to build up. It's best to resolve the issue early on. The fight is likely due to miscommunication, so talk it out with your spouse or partner!

Related Link: Are Former Celebrity Couple Kourtney Kardashian & Scott Disick Back Together?

2. Space: Everybody needs their own space sometimes. When you are having frequent fights with your partner, it's likely that you just need a little space. This doesn't necessarily mean space for long periods of times; just take a moment to relax

and collect your thoughts. We all get stressed, overtired and burnt out from our busy lives. Take a second to catch your breath, and let the fight blow over. Reconnect once you have started to feel better!

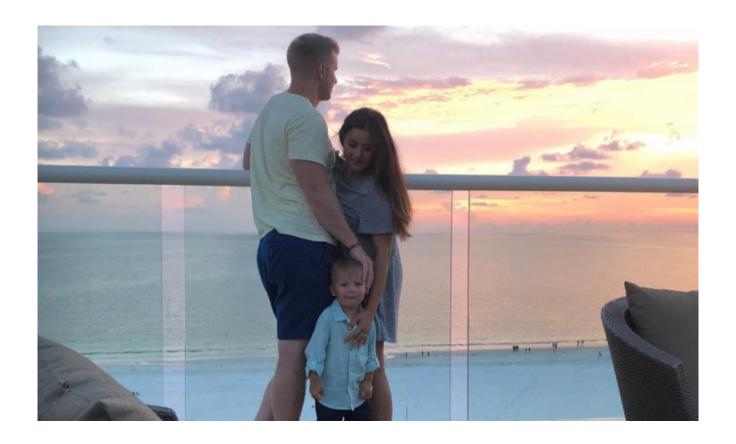
Related Link: <u>Celebrity News: Will Smith Says Cheating Ex-GF</u>
Inspired Him To Become Famous

3. Write this down: If you would rather not go to couples' therapy, why not take matters into your own hands? Jot down in a notebook the feelings that you have for your spouse as well as all of the things you love about them. Once things are spelled out — you will remember why you fell in love with them in the first place. Share your thoughts with each other afterward to rekindle the feelings.

What are some things you have tried when you were fighting with your partner a lot? Share your stories below.

### 20 Celebrity Couples Who Are Just Like Us





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Nikki Reed and Ian Somerhalder

Like many of us, the actors, who tied the knot this summer,

have a passion for animals and consider their pets to be their babies. Photo: Willie Pena/Diana Pena / PRPhotos.com

# Famous Couple Sean Lowe and Catherine Giudici Speak Out Against the New 'Bacherlorette' Twist





By Meranda Yslas

The latest celebrity news is that two women, Katilyn Bristowe

and Britt Nilsson, will be on the upcoming season of *The Bachelorette*. This announcement has left a lot of people puzzled and some even angry. According to *UsMagazine.com*, famous couple Sean Lowe and Catherine Giudici, who met on season 17 of *The Bachelor*, are not happy about this change. Lowe wrote on his personal blog that this decision is "downright degrading for the women" because it "transfers the power back to the men on the show specifically designed for the women." He feels that the contestants on *The Bachelorette* shouldn't be given the authority to choose which woman will stay and which will go.

Sean Lowe is against shifting the power back to the men on *The Bachelorette*. What are some ways that couples can have equal say in their relationship?

#### Cupid's Advice:

An important part of any relationship and love is maintaining a balance of power between the couple. One person cannot be over controlling so that their partner resents them and one person cannot be too submissive where they get walked on. Cupid offers some relationship advice on how to find a middle ground:

1. Sharing the bills: Without a doubt, the idea of gender roles are constantly being challenged in our modern generation. No longer is it a 'wife duty' to clean the house, while the husband is the bread giver. Having one partner in charge of the bills will definitely cause some imbalance of power in the relationship. Splitting the bills in half will make sure one person doesn't feel too dependent on the other.

Related Link: <u>'The Bachelor' Stars Catherine and Sean Lowe on</u>
Celebrity Baby Plans: 'Not Anytime Soon'

2. Create an open environment: Sometimes an unequal say in a relationship stems from one person in the couple being too scared or nervous to speak their mind about something. Instead, he/she will keep their mouth close while their mate continues doing something they don't like. Make sure the relationship fosters an open and honest environment so that both people are free to speak their mind.

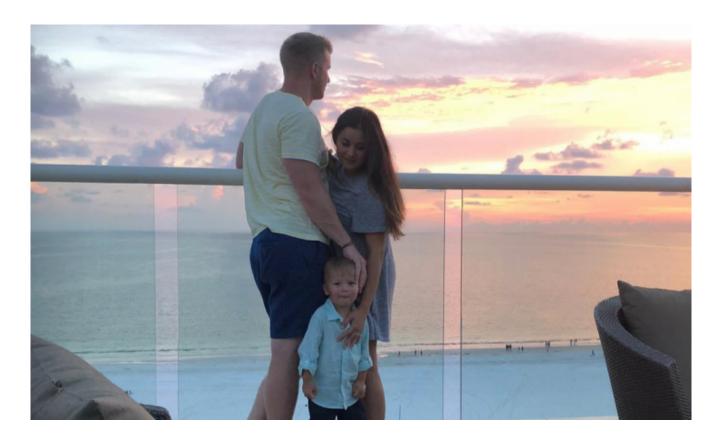
Related Link: 'The Bachelor' Sean Lowe Writes: 'My Wife Is Hot and I'm in Love'

3. Make decisions together: Making important decisions in a relationship should be the job of both partners, not just one. When deciding on something, like what school to send your kids or what car to buy, make sure this task isn't in one person's hands, but is considered by both people in the relationship.

How do you maintain a balance in your relationship? Share below.

'The Bachelor' Stars Catherine and Sean Lowe on Celebrity Baby Plans: "Not Anytime Soon"





Interview by Lori Bizzoco.

It's every *Bachelor* couple's fairytale to walk down the aisle after finding true love on ABC's hit reality TV show. For happy celebrity couple Catherine and Sean Lowe, that fairytale turned into a reality when the couple got hitched in a televised wedding earlier this year. Our executive editor and founder Lori Bizzoco talked to the happy celebrity couple at *OK!* magazine's New York Fashion Week celebration to get the scoop on married life, their recent appearance on *Bachelor In Paradise*, and their <u>celebrity baby</u> plans.

### The Bachelor Couple Talk Marriage and Celebrity Baby Plans

Related Link: <a href="Ok! Magazine New York Fashion Week Celebration">Ok! Magazine New York Fashion Week Celebration</a>

Since becoming Mr. and Mrs., it's no surprise that the newlyweds have learned a few things about each other. For instance, Sean reveals, "She's messy...and I'm a neat freak, so we're working on that." Still, marriage is "wonderful" for the pair. "I'm with my best friend all the time, so I can't ask

for anything more than that," the former Bachelor adds.

As fans recently saw, the celebrity couple appeared on the finale of *Bachelor In Paradise* to give the final two pairs — Marcus Grodd and Lacy Faddoul and Cody Sattler and Michelle Money — a bit of relationship advice. While they believe that both reality TV dups will last, they're particularly excited for newly-engaged Grodd and Faddoul. "If Lacy ends up moving to Dallas to be with Marcus, we'll be doing some double dates," Catherine says.

We couldn't resist asking about their future plans for a celebrity baby. Not anytime soon!" Catherine shares. "But yes, of course, we want a family."

Related Link: Sean Lowe Writes, "My Wife is Hot and I'm in Love"

In the mean time, the happy couple is enjoying their time together as husband and wife. When it comes to date night outfits, the fashionable graphic designer says, "There is never a go-to. It's always, 'What are we doing?' I need to be appropriately dressed." Looking lovingly at her hubby, she adds, "I like wearing my hair up because he likes my hair up."

Keep up with Sean and Catherine on Twitter: @SeanLowe09 and @clmgiudici!

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

#### OK! Magazine New York Fashion

#### Week Celebration



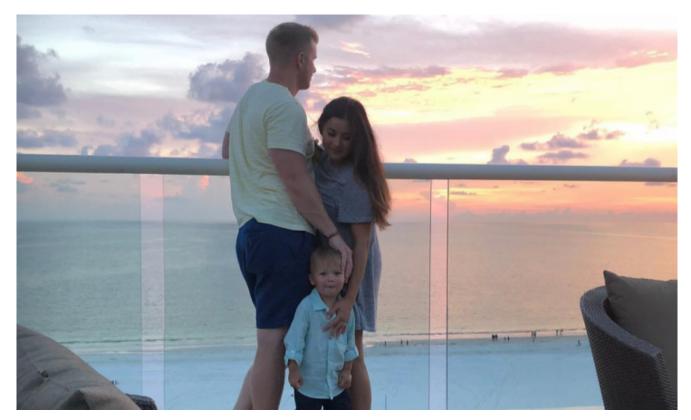


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Former 'Bachelor' Sean Lowe Writes: "My Wife Is Hot and I'm in Love"





By Amanda Boyer

<u>Sean Lowe</u> has taken his love for wife Catherine Giudici, who he met on season 17 of <u>The Bachelor</u>, to a new level. While the famous couple often posts sweet Instagram photos of each other, this time, the Texas native published a blog post on his Patheos page titled "Caught in Her Web." As reported by <u>UsMagazine.com</u>, he shared how and when he first fell for Giudici as well as the things about her that he loves most, ending with, "So in conclusion, my wife is hot and I'm in love." After seven months of marriage, the celebrity couple is still very much in the honeymoon stage.

Former Bachelor Sean Lowe and winner Catherine Giudici are always expressing their feelings for each other. What are some ways to show

#### your love to your partner?

#### Cupid's Advice:

If you want to show your significant other just how much you care but are not sure what to do, Cupid has some love advice for you:

1. Write a note: Take a cue from this *Bachelor* star and write down your feelings! If you have to leave for an early meeting or are going on a weekend trip with friends, hide a sweet card for your love to find while you're gone. Let him know that you're thinking of him and can't wait to see him again soon. This small gesture will go a long way!

Related Link: Can Love Be Better the Second Time Around?

2. Surprise them: It's easy to get into a daily routine of work, household chores, and social engagements and let your relationship and love life fall to the back burner. To combat this regularity, be spontaneous and plan a Tuesday night date at your favorite restaurant or head to the bowling alley with another couple. Your partner will appreciate that you took the initiative to do something special and unexpected.

Related Link: 10 Signs That You're in Love

3. Try something new together: Has your beau always wanted to go rock climbing or sky diving? Plan an adventure-filled day for the two of you. Even if you're a bit nervous, step out of your comfort zone, knowing that your partner will be there to hold your hand when you get scared.

What are some ways you show your love to your partner? Share your thoughts below!

### Can You Really Find Love on 'The Bachelor'?





By <u>Marni Battista</u>

The reason for our culture's collective obsession with *The Bachelor* franchise is obvious. What single, soul mate-seeking dater wouldn't dream of being presented with 25 gorgeous single men or women and a period of 6 weeks to strategically whittle down that group to a proposal at the end? The all-expenses-paid fairytale dates, exotic destinations, and expensive sports cars probably don't hurt either.

The conducive environment of 'The Bachelor' makes finding relationships and love seem like a breeze. But the real question is, are the happy celebrity couples really as in love as they look?

But underneath the fluffy fanfare that leaves us hopeless romantics watching at home with hearts a-fluttering, at the show's core is a promise of two people finding everlasting relationships and love. After all, the show has resulted in a few happy marriages, with last month's nuptials of happy celebrity couple Sean Lowe and Catherine Giudici from The Bachelor and The Bachelorette Season 1 couple Trista and Ryan Sutter's ten-year vow renewal.

Related Link: <u>'The Bachelor' Stars Sean Lowe and Catherine</u>
Giudici Are Married

However, in an environment so unrealistic and clouded with so many distracting factors, I can't be convinced *The Bachelor* process is conducive to building the foundation for lasting relationships and love. Do I think it's possible to fall in love on the show? Taking into account the myriad of other ways couples meet these days, sure. Still, I think the success stories are the exception rather than the rule, and here's why:

1. The Isolation: Before they even meet the star of the season, the 25 contestants who make it through the arduous casting process are then sequestered in a Los Angeles mansion for the remainder of the process. At the beginning of any relationship, I advise daters to make space in their schedule to reflect and allow true feelings to come to the surface.

With no escape from this microcosm and no contact with anyone other than the bachelor, crew, and other contestants to distract you, it's easy for the show to become your world, distorting your judgment and emotions.

2. The Game: As much as the creators would like you to think that the show allows one lucky man or woman to naturally select a lifelong partner, it's simply impossible for one person to get an accurate impression of 25 different people's personalities in one night. From the get-go, the show becomes a strategic game where the more extroverted contestants come out on top and those who take a little bit longer to open up often get shafted without a fair shot. Even the contestants who make it past the first couple of rounds of elimination still have to be pretty brazen to stay on the guy's (and camera's) radar, and as a result, many of them get caught up in the competition while losing sight of their true purpose.

Related Link: <u>How to Listen to Your Heart and Take Back</u> Control of Your Love Life

3. The Entertainment: Ultimately, the show's creators prioritize entertainment value over all else. That means there's a whole other slew of factors that make this dating game less natural and more complicated. The over-the-top dates to exotic locales with private performances by the latest up-and-coming country artist may be fun for the viewer to watch, but it distracts the two people from truly getting to know one another. I mean, who wouldn't fall in love with someone in a rose petal-dotted hot tub overlooking the mountains of Thailand while Josh Groban serenades them softly in the background?

The show's creator, Mike Fleiss, has also openly admitted that they make sure to stock at least half the cast with potential villains or loose screws because they know their audience wants to see drama more than they want to see a proposal. So before the show even begins, cattier girls are selected over

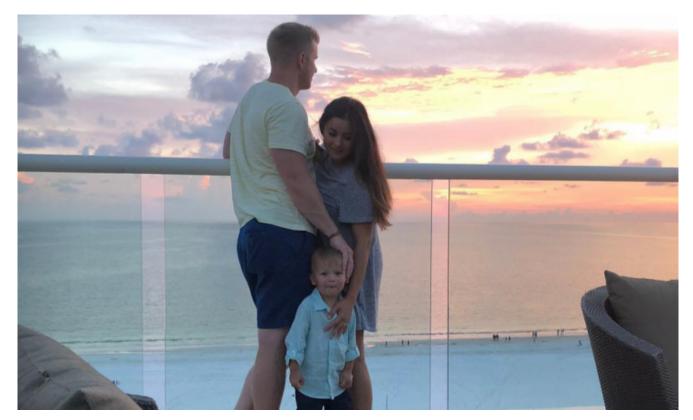
more compatible mates, and those stroking the drama are kept around longer than they should be.

To put it simply, any situation that brings people together that normally wouldn't meet carries with it the possibility of true love. But considering the numerous reality-distorting factors involved in *The Bachelor*, I'd steer you toward taking your chances in the real world.

<u>Marni Battista</u>, founder of Dating with Dignity, is an expert dating and life coach with a 10-step system to manifesting love for your self and others.

## 'The Bachelor' Celebrity Wedding: Sean Lowe & Catherine Giudici





By April Littleton

According to <u>People</u>, The Bachelor reality TV stars Sean Lowe and Catherine exchanged celebrity wedding vows on live TV on Sunday. Lowe's father officiated the ceremony. The couple got engaged in Thailand in November of 2012.

'The Bachelor' celebrity couple Sean and Catherine Lowe were able to add some personal flare to their celebrity wedding. What are some unique ways to incorporate your personal style into your big day?

#### Cupid's Advice:

Your wedding day is fast approaching, but you still haven't found that special "thing" that will make your wedding a one-of-a-kind experience. Don't worry, Cupid has your back:

1. The decorations: Don't pick the same old boring decor every other couple has picked before you. Think outside of the box. Try different color schemes, different flower arrangements. Better yet, create some of your own decorations for the ceremony and reception so that they are truly unique. If you have a creative eye, you can come up with something nobody has ever seen before.

**Related:** <u>Kim Kardashian and Kanye West Visit Paris: Wedding</u> Plans?

2. Plan it yourself: This option might be a little tough to do. When it comes to your special day, plan the whole event yourself. This will allow you to have more freedom of thought and ideas as you go. It can be extremely stressful so we do not recommend this for just anyone. Obviously, you can ask for help whenever you need it, but for the most part, doing it by yourself can feel like a huge accomplishment.

Related: 'The Bachelor' Wedding of Sean Lowe and Catherine Giudici

3. The little things: The music. The food. The guest list. Think long and hard about ways you can make the small details creative and fun. Ask your partner to help out. Maybe he/she joked about having chicken nuggets at the reception? You don't have to order fancy filet mignon just because that's considered to be a "normal" entree. Do your own thing. If you want a personal friend to DJ at your wedding, let them. After all, this is YOUR wedding day.

What are some other unique ways to incorporate personal style into a wedding? Comment below.

# Find Out Details About 'The Bachelor' Winner Catherine Giudici's Celebrity Wedding Gown!





By Louisa Gonzales

The final countdown to the celebrity wedding of celebrity couple Sean Lowe and Catherine Giudici from *The Bachelor* is on! The event will be shown live on ABC in a series first from 8-10 p.m. ET on Sunday, January 26th. The happy celebrity couple first got engaged in Thailand in the 17th season of *The Bachelor*. The gorgeous duo are only days away from tying the knot and in the meantime have been making their way around New York, sharing their engagement experiences and wedding details

with the media and their fans.

The big day is coming up quick for this happy celebrity couple and 'The Bachelor' fans are dying to know more about this celebrity wedding.

Related Link: The LOWEdown on 'The Bachelor' Wedding of Sean Lowe and Catherine Giudici

The famous couple was on *Good Morning America* on Wednesday morning, and the major topic of discussion was, of course, Giudici's celebrity wedding gown. Every bride-to-be knows the dress is one of the most important elements on a girl's big day. Lowe's fiancée gushed about her gown and shared that she can't wait for everyone to see it. She described it as "perfect" and "sexy," saying she has always felt like the "cute girl" but is finally ready to show the world her more womanly side.

The reality television starlet didn't reveal too much about her dress, as she wants it to be a surprise, but says it goes with the "grown sexy" theme of the wedding. Some fans of *The Bachelor* are tuning in to see the lovers say their vows, but for many of the viewers, it's all about finally getting a glimpse at the wedding gown! Lowe even revealed that, come the big day, he'll only be focused on his bride in her dress.

The happy celebrity couple also told anchor Lara Spencer that they're "anxious" and "ready" to say their I do's in front of family, friends, and, of course, fans. By just watching the lovebirds in this exclusive interview, one can see how their eyes light up when they talk about each other and how happy they make one another. Interestingly enough, we learned that the one most likely to cry first during the ceremony will be

The Bachelor stud, confirmed by Lowe himself.

Related Link: 'Bachelor' Sean Lowe Says Catherine Giudici Was 'Proud' of His 'DWTS' Debut

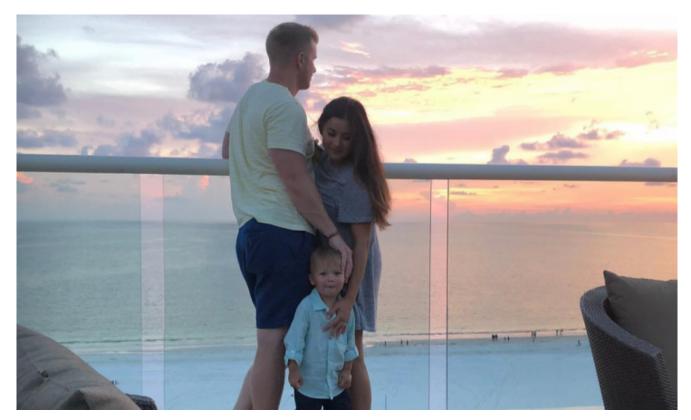
The excitement won't stop after the ceremony; the reception is sure to be a blast as well. Given the fact that Lowe is a former *Dancing with the Stars* contestant, lots of boogieing will definitely occur. The Hollywood couple will share there first dance to "One Woman" by the Randy Rogers Band, a song picked by the future groom.

The couple stated that, while they want their wedding to be traditional in the sense they're getting married in a Christian ceremony officiated by Lowe's father, the wedding reception is going to be more modern and festive. The soulmates want their special day to be full of laughter, smiles, and love for themselves and all who witness it — us included!

Be sure to watch The Bachelor wedding special on Sunday, January 26th at 8 p.m. ET on ABC.

# The LOWEdown on 'The Bachelor' Celebrity Wedding of Sean Lowe & Catherine Giudici





By Louisa Gonzales

We're invited to view arguably one of the biggest celebrity weddings of the year between reality TV stars Sean Lowe and Catherine Giudici, who we all watched fall in love on the ABC reality television series, *The Bachelor*. Come join us as we tune in to see the lovebirds say their wedding vows and tie the knot. Didn't you get the invite? Even though the two are celebrating their commitment in a live, televised wedding ceremony on Sunday, January 26th, they still sent out invites like any other couple.

'The Bachelor' celebrity couple Sean Lowe and Catherine Giudici are tying the knot! Were you invited to their celebrity wedding?



Photo courtesy of ABC.

The wedding invitation is a reflection of the beaming celebrity couple's personality, and when reading it, you really get a sense of the type of wedding you're about to witness. The invitation has a goofy description of how they'll be spending the evening: "The LOWEdown: marrying, eating, boogie-ing."

#### Related Link: Sean Lowe Spoils Fiancée on Her Birthday

The RSVP card is also quite witty. For those attending, it says "can't wait," but for those with regrets, the box to check is "something more important to attend than celebrating the union of Sean & Catherine."

The former *Bachelor* stars, who reside in Texas and plan to move in together after they're wed, first announced the date of their big day on *Good Morning America* in October. The wedding ceremony will be held in Santa Barbara, California. It's no surprise that friends, family, and fellow *Bachelor* and *Bachelorette* reality TV contestants all seem happy for the pair's pending wedding nuptials. They've certainly captured our hearts too!

Leading up to their wedding vows, the TV sweethearts have had a blast attending wedding-related events, such as their celebrity engagement party, bachelor and bachelorette parties, and two wedding showers. The latest shower was held at the Lowe house on Saturday, January 4th — three weeks before their big "I do's." Lowe posted a picture of him and Giudici on Instagram (above) looking partied out and in bliss after a

long day of celebration. They received gifts from their registries at Crate & Barrel and Macy's. Guests can also make donations to the organization Micheala's Army, which helps children with pediatric cancer. Isn't it nice to see a celebrity couple use their special day to support a good cause?

Related Link: Why 'The Bachelor' Sean Lowe and Bride-to-Be Are Waiting for Marriage

The happy celebrity couple want to make sure that their wedding is unforgettable. They seem to be on the right path, having hired celebrity wedding planner Mindy Weiss to give them a "grown-up sexy" day. The duo have been posting tweets and pictures to share how pleased they are with the progress Weiss has made on their wedding plans.

In preparation for their church wedding, Giudici was recently baptized by Lowe's father Jay at Plymouth Park Baptist Church. Her fiancé is a born-again Christian and has never been shy about expressing his beliefs, but the bride-to-be's decision to be baptized as Christian was reportedly her own. Jay will also be marrying the future spouses.

Be sure to watch The Bachelor wedding special on Sunday, January 26th at 8 p.m. ET. Stay tuned for more exciting details about their big day!

### AshLee Frazier Says, "I Want to Be Well-Rounded Before I

### Fall In Love"





Interview by Lori Bizzoco.

Since vying for Sean Lowe's heart on *The Bachelor*, AshLee Frazier has been focusing on her career rather than her love life. Although the entertainment press says otherwise, the bubbly personality tells us that she hasn't done much dating since her time on reality television. "I want to be well-rounded before I find someone and fall in love," the personal organizer candidly shares.

The currently-single star also chats about what type of man she wants and what she learned from the show. "It's okay to really put yourself out there. I never would've done that before," she says. "Now, I'm looking for that feeling of being head-over-heels in love."

Related Link: 'Bachelor' Contestant Ashlee Frazier and Game Inventor Rob Ridgeway Sing for Love at Match.com Event

And, of course, we had to ask Frazier about her take on the new *Bachelor*, Juan Pablo Galavis! Listen up for her thoughts on the Venezuelan soccer star and her advice to next season's contestants.

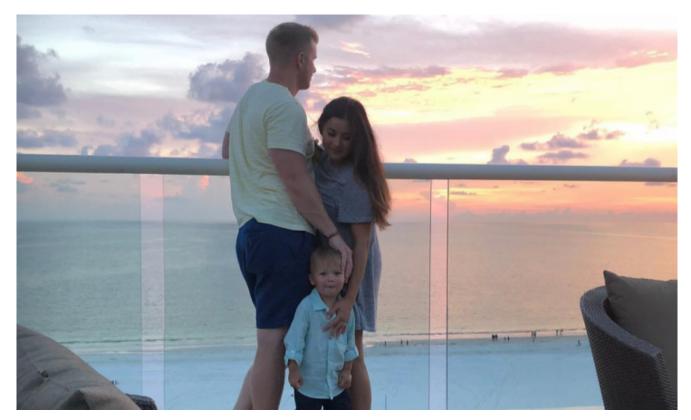
For more information about Frazier, follow her on www.facebook.com/ashleenfrazier and Twitter @ashleefrazier.

Video by Erik Erikson.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

## 'The Bachelor' Sean Lowe Buys Louis Vuitton Bag for Catherine Giudici's Birthday





By Kerri Sheehan

Reality television stud, and *The Bachelor* Sean Lowe treated celebrity love Catherine Giudici to a Louis Vuitton purse and a nice dinner for her 27<sup>th</sup> birthday. "We had a big party with family and friends last night and then tonight we're just going to go out to a nice dinner and just celebrate a little bit more," Lowe told *UsMagazine*. Lowe realized how much Giudici has sacrificed to move out to Los Angeles during his *Dancing With the Stars* stint and wanted to spoil her a little on her special day.

## 'The Bachelor' Sean Lowe went all out for celebrity love Catherine Giudici's birthday. How do you make your partner's birthday special?

#### Cupid's Advice:

A significant other's birthday is always a prime time to show

them that you care. How do you show your partner how much they mean to you? Cupid has some suggestions:

- 1. Keep it specific: Does your other half have a certain band they love? Is there a restaurant that tickles their fancy? Maybe a favorite author is doing a book signing nearby? You can never go wrong with a heartfelt gift that shows you're listening to their likes.
- 2. Spoil them: A birthday is the one-day of the year that should be all about your partner. Pull out all of the stops and make that day one they are sure to remember! Relationships and love is all about being there for the other person and showing them how much you care. Their birthday is the perfect opportunity to showcase that.
- 3. Do something out of the ordinary: This tip is especially helpful to those who are in a long-term relationship. Keep the excitement alive by doing something totally crazy that your partner wouldn't expect. Skydiving, parasailing, or even throwing a surprise party are all in the realm of possibility.

Have any great ideas about how to make a birthday special? Share them with us below!

## Reality TV: 'The Bachelor' Sean Lowe Fires Back at Dating Rumors Pointing to

### Trouble in His Celebrity Relationship





By Meghan Fitzgerald

<u>People</u> reports that *The Bachelor* star Sean Lowe and celebrity love Catherine Guidici are still going strong despite dating rumors of a troubled celebrity relationship. Lowe, 29, told *People*, "We are happy and could not be better." Backstage at *Dancing with Stars*, Lowe also discusses the dating rumors he has recently encountered. He says, "Nobody knows anything outside of me and Catherine and the people who are closest to us." The celebrity couple is getting through these hard times together.

'The Bachelor celebrity couple Sean Lowe and Catherine Giudici have to fight off dating rumors about their relationship and

love life. How do you keep unfounded rumors from affecting your relationship?

#### Cupid's Advice:

It is essential to keep unfounded rumors out of your relationship. If you allow said rumors to pry themselves into your relationship, it is a possibility of suffering immensely. Although it is possible for rumors to affect your relationship and love, their are numerous ways to keep them out. Cupid has some relationship advice:

- 1. Communication: It is necessary to talk to your partner when there are unfounded rumors surfacing around your relationship. You and your mate both are probably not looking to have your relationship affected by some measly rumors. If you talk to your beau about these rumors going around, your relationship will not suffer. As long as you and your mate are on the same terms and aware of everything going on, you're great.
- 2. Eliminate: Get rid of the rumors. Of course it may be challenging to find the source, cause, and distinguish them. However, it is helpful to have them washed away if you don't want your relationship to be affected. Do not get yourself into heated debates about said rumors. Make sure you and your mate keep calm and collective, with your head high. Do not let others get under your skin because that is exactly what they're trying to do in the first place.
- 3. Keep busy: Keep yourself busy when rumors are around your relationship and love. Make sure people know that the rumors going around are not affecting your life. People will realize how strong you and your partner are for not allowing the rumors to hurt your relationship. Silly gossip can't get in the way of the love you and your mate have. Now go keep busy.

Have you kept rumors from affecting your relationship? Explain your experience below.

# Is 'The Bachelor' Sean Lowe & Catherine Giudici's Celebrity Love Affair in Trouble Already?





By Meghan Fitzgerald

A source told <u>UsMagazine.com</u> that Seattle native Catherine Guidici has been 'bored and lonely' since she moved to L.A for fiancé, Sean Lowe. While celebrity love Lowe attends <u>Dancing With The Stars</u> practices, Guidici typically stays home and watches TV. Her friends are so-and-so with her relationship

and love life with Lowe, mostly because she was previously a driven, career woman. Plus, she gave up an Amazon gig to be on *The Bachelor*.

'The Bachelor' winner Catherine Giudici needs some more attention from celebrity love Sean Lowe. What are some ways to keep the spark alive in your relationship and love life after the honeymoon phase?

#### Cupid's Advice:

The honeymoon phase in a relationship makes couples believe that the entirety of the marriage will be dreamy, trance-like, and full of passion. Unfortunately, this is not always the case. Once the honeymoon phase is over, your relationship and love may differ. Fights may arise, intimacy may become rare and in between. The honeymoon phase doesn't last forever. Cupid has some advice on how to keep the spark alive:

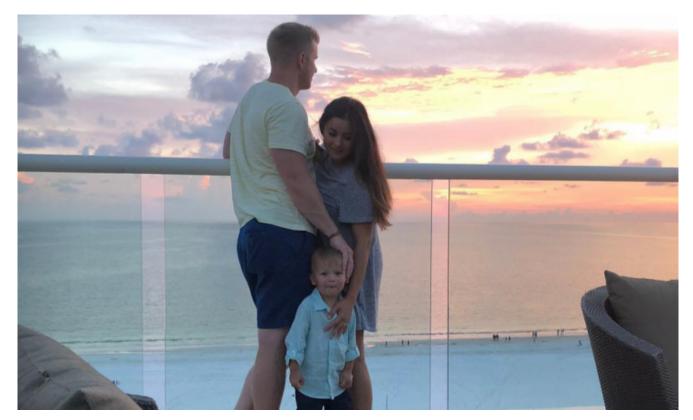
- 1. Try new things: Usually in new relationships, couples tend to try new things almost constantly. After the honeymoon phase, you adapt to a certain routine. A way you live both of your lives, sticking to the same daily events. Keep the spark alive by trying new things. Go to the new bar three blocks away for Spanish tapas. Check out rock climbing, get out of your comfort zone with your mate.
- 2. I love you: In relationships, it is essential to tell your partner how much you love, care, and appreciate them. Especially after the honeymoon phase when arguments may arise and complications are met. Relationships and love are not typically easy, they require effort and patience. It is easier to fix and have a healthy relationship when you express your love to your partner.
- 3. Romance: Date nights and spontaneity are a great way to keep romance in check with your relationship. Cook your partner their favorite meal: maybe he likes rigotini and

meatballs? Or pack a picnic for your mate and take them to a local park on a warm spring day. Friday date nights are also a great way to get the romance going. It's important to keep the intimate time between you and your boyfriend.

Have you kept the spark alive after your honeymoon phase? Share you experience below.

'Bachelorette' Reality TV Stars Ashley Hebert and J.P. Rosenbaum Speak Out About Waiting for Marriage





By Jessica Conigliaro

According to <u>People</u>, the newest reality TV couple Sean Lowe and Catherine Giudici are saving sleeping together for their celebrity wedding night...unlike famous couple Ashley Hebert and her <u>Bachelorette</u> winner hubby, J.P. Rosenbaum, who chose not to wait for marriage. "Those are their own personal beliefs, and we're not going to judge them," Rosenbaum says. "We do our thing; they do their thing."

Two reality TV couples have different opinions when it comes to waiting for marriage. What do you do if you and your partner have conflicting beliefs?

#### Cupid's Advice:

Your boyfriend seems to have differing beliefs from you.

However, you don't want them to damage your relationship and love in any way. Cupid offers some love advice on how to work through your differences:

1. Compromise: You and your love have different religious beliefs. Your man wants to go to church, and you want to go to temple — what now? Make a compromise: Go to church with your man one week and have him come to temple with you the next. You will both appreciate each other's support.

Related Link: Reality TV Stars Ashley Hebert and J.P. Rosenbaum Celebrate Holiday Traditions

2. Try new things: Your partner has always wanted to move to a different state before settling down. You, on the other hand, have no interest in leaving. Try going on an extended vacation over the summer and travel from state to state for a few months. You never know what you will end up enjoying, so don't be afraid to try something new!

Related Link: Famous Couple Sean Lowe and Catherine Giudici Speak Out Against the New 'Bachelorette' Twist

**3. Pick your battles:** Your boyfriend has been dead set on getting a dog for the past few months. He has been nagging you about it, but you say no, knowing you'll end up taking care of the pet instead of him. If he continues to bug you about it, perhaps it's time to cave. He clearly won't give up until he gets his furry friend. Sometimes, you have to do things you'd rather not do — like cleaning up dog poop! — for the one you love. He'll surely take notice of your kindness and will some day return the favor.

How do you deal with conflicting beliefs between you and your partner? Share below.

## 'Bachelor' Sean Lowe Says Catherine Giudici Was 'Proud' of His 'DWTS' Debut





By Andrea Surujnauth

Sean Lowe, the most recent *Bachelor* star, made his debut on *Dancing with the Stars* this week. Although the judges weren't impressed by Lowe's performance, his fiancee sure was."I went over to her and she just said she was so proud of me, and that she loved me," Lowe told *UsMagazine.com*, "I think she'd give me a 10, I know the judges didn't tonight. That's what a good fiance does." His fiance, Catherine Giudici, was there to

congratulate him as soon as he stepped off stage. "Dancing is a challenge and I am one that loves to embrace a challenge and things outside of my comfort zone," he said. "This do certainly fits that mold, and most importantly Catherine was behind me. She was the first person I called after they approached me and she said she would support me and thought it be a fun opportunity for both of us." The couple has kept their love going strong despite the long hours that Lowe has to spend practicing with his partner, Peta Murgatroyd. "It's tough at times, but lucky for me she understands and supports us and knows Peta's work ethic," he said of spending hours every day training with Murgatroyd. "But when I'm not rehearsing I always make sure to capitalize on our together." When asked whether there is any jealousy issues between Giudici and Murgatroyd, Lowe responded, "Peta is certainly a gorgeous girl, anyone can see that, but Catherine confident and not worried. And her and Peta have become friends!"

What are some ways to support your partner's passion?

#### Cupid's Advice:

Your partner is passionate about a sport or activity, so how can you show them that you support them? Here are some tips:

- 1. Cheer-lead: If your beau has taken as interest in a sport or activity that involves some type of performing, be there to cheer them on. Be their own personal cheerleader and show them that you think they can succeed at whatever activity they are taking part in.
- 2. Participate: Show your partner support by participating in their new passion or hobby. Your sweetie will be thrilled to see you enjoy their hobby with them.
- 3. Coach: If your partner's passion involves competition, support them by helping them practice and improve. Your honey

will appreciate you taking such an interest in helping them perfect their skills.

How do you support your partner's passion? Comment below and let us know!

## Why 'Bachelor'-Inspired Values Matter in Relationships and Marriage





By Susan Shapiro Barash, Author of *The Nine Phases of Marriage*What could be more appealing in today's slick, fast paced

society than to watch a dashingly handsome bachelor who is also pristine make his commitment known to us? It is little wonder that 28-year old Sean Lowe captured the attention and curiosity of so many female viewers.

And while the heat was on to see his final choice and we waited with baited breath, it was refreshing to learn about a young, charismatic man who has a traditional attitude toward marriage and family. On March 11th when Catherine won Sean's heart, it underscored how much values mean in a relationship. Not only were we watching this couple move forward with great anticipation, but this next step also jolted us into thinking about what it takes for a marriage to be successful.

#### The Pillars of a Love Relationship

According to the media, the lucky couple hopes to start a family right away, and this of course is a big part of the picture. When it comes to commitment in a love relationship, there are other factors as well. The foundation of a solid relationship and marriage include:

1. Honesty and respect: There is no better way to build the relationship and sustain it through the ups and downs of daily life.

Related: <u>Justin Bieber Proves Honesty is the Best Policy</u>

2. Commitment and Communication. A couple should, ideally, discuss their views in depth on the following (in no particular order) family —including in-laws, friendship, children, work ethics, finances, and religion ahead of time with full disclosure, in order to secure the relationship.

Related: How to Communicate to Get What You Need

**3. Flexibility and Understanding.** Both parties should know one another well enough to roll with the punches and support one another in times of need.

#### **Shared Values Protect the Relationship**

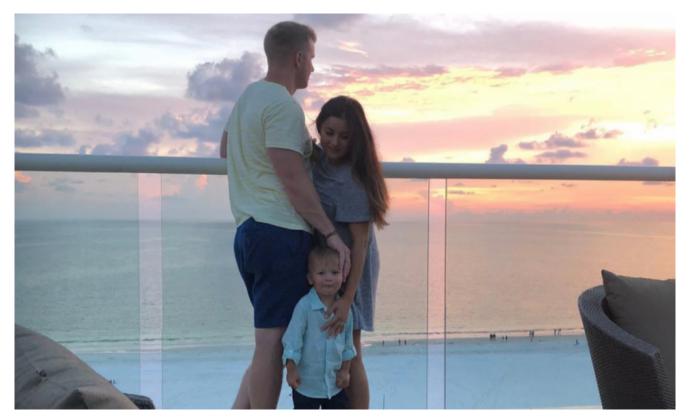
Many times couples are too caught up in the excitement and the passionate phase of a new relationship and pending marriage to address the important issues stated above. The problem here is that if expectations are implicit and not fully discussed and recognized, this can lead to problems later. If a couple is not prepared as a team for the ups and downs of life (illness, loss of job, problems with children, relocation) and has not discussed the 'what if's, there can be friction ahead and this can drive a wedge into the relationship.

It is wise to remember not only that life throws us curve balls, but that it is our esteem for one another, our shared points of view and methods of coping that will get us through.

Susan Shapiro Barash is the author of 13 books on women's issues and is frequently sought after by national media to comment on gender and relationships issues. Most recently, she appeared on ABC's 20/20 to discuss "The Truth About Lying" in marriages. In her recent Huffington Post piece, "It's Wives Who Want More Sex and They Are Getting It," Barash reveals some surprising statistics she found about wives and their intimate relationships.

## 'Bachelor' Sean Lowe Says He Won't Invite Emily Maynard to His Wedding





By Meghan Fitzgerald

Bachelor, Sean Lowe, and bride-to-be, Catherine Guidici announced their plans to say 'I do' very very soon! USMagazine.com reports how Lowe will most likely not be inviting Emily Maynard to their dream wedding. Although he still likes and respects Maynard, he doesn't think it is appropriate for her to be invited. The happy couple stated that they will get married on TV, Hollywood Life reports. The two continue to plan their wedding as they move on with their lives!

What are some things to consider about inviting your exes to your wedding?

#### Cupid's Advice:

Inviting your exes to your wedding is never, and I say never,

an easy thing to do. What if you rekindle love? What if they try to ruin your dream day? What if your groom and your ex get into a fight? The questions are endless for brides considering inviting their exes to their weddings. Cupid has some advice on this:

- 1. Danger: Inviting your ex to your wedding will cause danger. However much you preach on their changed ways, or how civil you guys are; there will always be a slight bit of chaos. Seeing your ex at your wedding is not something you exactly want to do, you may think at the time it is a great idea however, at the wedding, it is not. Feelings can be brought back up with the sight of them, you could say something inappropriate. Just make sure you know inviting your ex has danger written all over it.
- 2. "Just friends": In all honesty, after you have had sex with another person, you will never be 'just friends' again. It is proven so. Especially if this person was of a romantic value. This being said, you and your ex will never be 'just friends.' Stop thinking it is possible, and just realize that it is not! The sooner you realize you two can never be friends again, the sooner you'll realize that you probably shouldn't invited them to your wedding.
- 3. Showing off: Alright ladies and gents, did your ex drive you crazy, humiliate you, break your heart and step on it? Are you now happy and wish to show that son-of-a-bitch how better off you are without them? If you are answering yes to all of this, than you are relatively right for considering inviting your ex. You are going to get married, why not rub some salt in the wounds of your ex? Have fun!

Have you ever invited your exes to your wedding? Share your experience below.