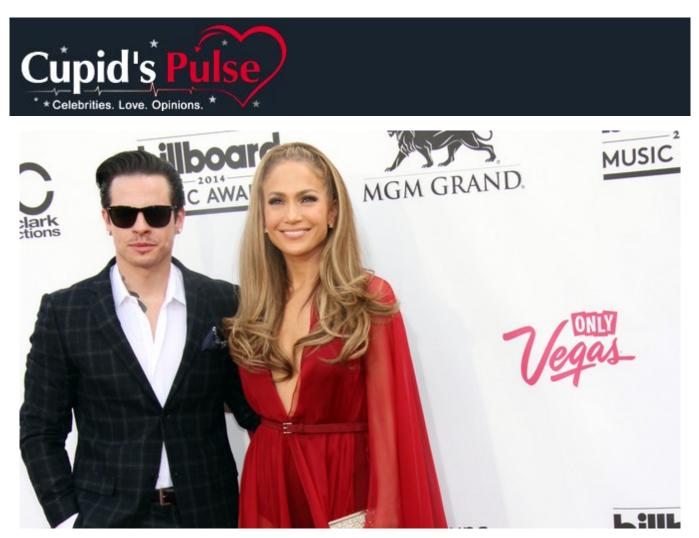
Casper Smart Says Celebrity Ex Jennifer Lopez Is 'Phenomenal' and Still a Friend



By Whitney Johnson

Talk about staying close with your ex! According to <u>UsMagazine.com</u>, former <u>celebrity couple</u> Casper Smart and <u>Jennifer Lopez</u> have reminded friends since their split in 2016. Calling his <u>celebrity ex</u> "phenomenal, phenomenal, phenomenal," Smart opened a bit more about their friendship. The choreographer is set to appear in the made-for-TV remake of *Dirty Dancing* later this year and turned to Lopez for some advice. "She would absolutely give me advice when it came to

acting, for sure. Coaching on certain auditions and stuff I had coming up or just advice," he says. "I would do creative direction for her shows and such, and I would bring my ideas and creativity to her world and to her music side and her performance side, and she would definitely help me with the acting side as far as the training facility more."

We can't help but be inspired by these celebrity exes and their lasting friendship. What are some benefits to staying close to an ex?

Cupid's Advice:

A break-up didn't stop these celebrity exes from being a part of each other's lives — and it doesn't have to stop you and your ex either! Here are three benefits to maintaining a friendship with your former love:

1. You can be each other's sounding boards: Chances are, you shared common hobbies or passions with your ex. If so, they may be a great person for you to turn to for guidance as you embark on a new project – just like Smart reached out to Lopez for acting advice.

Related Link: <u>Celebrity Couple Jennifer Lopez and Alex</u> <u>Rodriguez Enjoy a Romantic Vacation for Two</u>

2. It's convenient: If you shared the same group of friends when you were dating or even worked for the same company, the importance of maintaining a friendship may just come down convenience. After all, it's a lot easier to be cordial to each other than to "divide up" friends, favorite restaurants, and office events.

Related Link: Celebrity News: Jennifer Lopez Opens Up About

Dating Younger Men

3. It'll help you move on: There's no point in being bitter and angry after a failed relationship. By embarking on a new friendship with your ex, you'll more easily put your relationship and subsequent break-up in the past, allowing yourself to focus on the future. It won't always be easy, but it will help you open your heart up to another love.

What's another benefit to staying friends with an ex? Share your best love advice below!

Celebrity News: Jennifer Lopez Opens Up About Dating Younger Men





By Mallory McDonald

In recent <u>celebrity news</u>, <u>Jennifer Lopez</u> has decided to speak about dating younger men. According to UsMagazine.com, she says she got "labeled right away" after dating younger men. She shared with Ellen on The Ellen Show some insight on the topic, saying, "OK, first of all, stop. I don't date younger men," Lopez, 47, told host <u>Ellen DeGeneres</u>. "It's not like you have to be younger, it's not about that. I just meet people and if I go out with them, I go out with them, and if I like them, I like them and if I don't, I don't. It's just about the person. It's about who they are, it has nothing to do with age. I dated Beau [Casper Smart] and he was younger and that was the first guy I ever dated younger than me and then I got labeled right away," she continued. "If they're older, they're older. If they're younger, they're younger. It doesn't matter. It's whether or not I'm attracted to them or not, attracted to their spirit, their soul, whatever their energy is."

This celebrity news has us respecting J. Lo even more. What are some ways to approach age when it comes to dating?

Cupid's Advice:

Dating someone older or younger comes with certain stereotypes and difficulties. But with this <u>relationship advice</u>, you can conquer any age-related issues:

1. Common interests: If you have been hanging out with someone who is older or younger and you're worried about age, ask yourself if can you see a future with the person. Do you both have enough common interests to withstand a relationship? If so, you shouldn't let age affect you.

Related Link: <u>New Celebrity Couple Jennifer Lopez & Drake</u> <u>Enjoy Another Date Night Together</u>

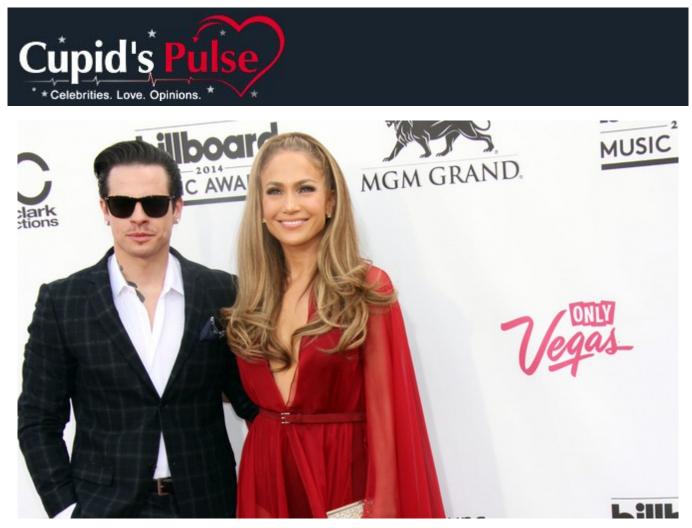
2. Maturity: Making sure that you and your significant other are in the same place in your life and want the same things in a relationship is important. Just make sure that you are on the same maturity level or it may not work out.

Related Link: <u>New Celebrity Couple: Source Says Jennifer Lopez</u> <u>Is 'Having Fun' With Drake</u>

3. Listen to your heart: It may seem corny, but when it comes to worrying about their age, you need to go with your heart and your gut. If you are really enjoying getting to know this person and feel a connection, you shouldn't let age get in the way.

How did you handle dating someone who had a different age then you? Comment below!

New Celebrity Couple: Source Says Jennifer Lopez Is 'Having Fun' With Drake



By Mallory McDonald

New <u>celebrity couple Jennifer Lopez</u> and Drake aren't as serious as everyone thinks. A source told <u>EOnline.com</u> exclusively that Lopez is "having fun" with Drake, but it isn't that serious. "This budding romance is 100 percent legit, and not a professional ploy to promote any type of business like many are assuming." While the new couple is enjoying each others' company, the source added that the two aren't in a rush to make things too serious. "I think she and Casper will get back together," the source adds, confirming that although J.Lo and her <u>celebrity ex</u> are no longer speaking as frequently as they once were, the lines of communication are still open. While Drake and J.Lo may not be taking things seriously, they are certainly open about their new relationship on social media!

It seems this new celebrity couple is legit! What are some ways to keep from getting too serious too fast?

Cupid's Advice:

A new relationship is fun, exciting and refreshing, especially when coming off a past relationship that didn't work. Use this <u>dating advice</u> to keep your new fling from moving too fast:

1. Slow & steady: Try not to move too fast in the relationship by always spending time with each other. If you are always together with this new person it could be hard to keep things from getting serious fast.

Related Link: <u>New Celebrity Couple? Jennifer Lopez & Drake</u> <u>Fuel Romance Rumors in New Snapshot</u>

2. Communicate: Talk to your new significant other about wanting to take things slow and not rushing into anything serious. This way you both can be on the same page and not have any expectations.

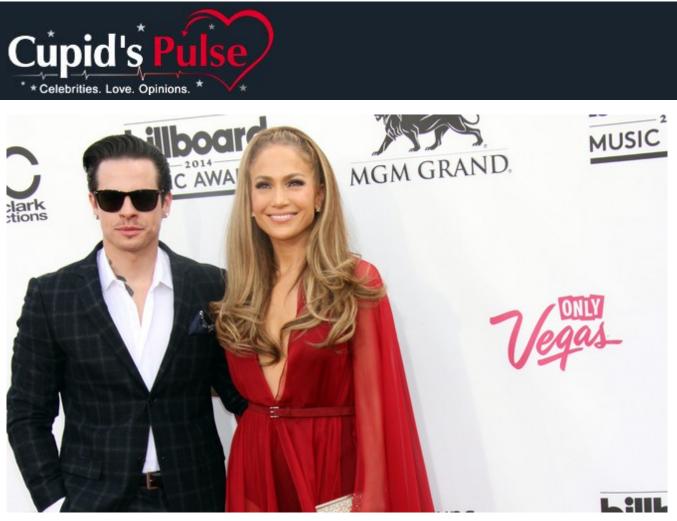
Related Link: <u>Celebrity Exes: Jennifer Lopez Disses Ex</u> <u>Boyfriends, Sayings She's Not a 'Looks Girl'</u>

3. Keep it casual: Try not to discuss things in this new

relationship that are really deep and personal. Just enjoy one another's company on fun date nights and don't worry about the future!

How did you keep your relationship from getting serious fast? Comment below!

Jennifer Lopez Makes Celebrity Ex Casper Smart Her #ManCrushMonday



By Maggie Manfredi

These exes are definitely more hot than cold! According to <u>UsMagazine.com</u>, <u>Jennifer Lopez</u> made her <u>celebrity ex</u>, Casper Smart, her "#ManCrushMonday" on May 11th. The sexy superstar captioned the Instagram photo, "#MCM @beaucaspersmart #lovethispic #HandsomeBear." The celebrity exes ended things in June 2014, but have been spotted together on multiple occasions since the public dissolution. No official report on if the celebrity couple is back together at this time.

Rumors are swirling that these celebrity exes are back together! What are some things to consider before reconciling with your ex?

Cupid's Advice:

Back and forth with an ex can be emotionally draining. Here are some way to decide if reconciling is right for you:

1. How did things end: Reflect back to your break-up. Was there a lot of turmoil and chaos leading up to the inevitable end or was it peaceful and friendly? This alone might be a good indication if it is a good idea to try again.

Related Link: <u>J.Lo's Ex Seeks Revenge on 'American Idol'</u>

2. Fun verses drama: Cupid uses the scale 70/30 to measure the worth of a past relationship and love. Fun, love and happiness together should be the 70 percent. Arguments and hardships would make up that 30 this should hopefully be the max. If you feel like bad times outweigh the good then you should maybe rethink getting back together.

Related Link: <u>Celebrity Trademarks Offer Dating Advice For</u> <u>Singles</u> 3. Future is bright: Look into your future, do you see your ex as a potential life partner sharing important milestones that you wish to live out. If certain steps (having children, getting married, moving in together etc.) were holding you back in the previous relationship, how can you be sure this time will be any better? Be sure to have open and honest communication before making any sudden movements.

Do you think this couple is back together or still exes? Share with us below!

Celebrity Exes Jennifer Lopez and Casper Smart Caught Kissing





By Katie Gray

JLo may still luh her papi! Jennifer Lopez was seen kissing her celebrity ex Casper Smart. According to <u>UsMagazine.com</u>, "Jennifer Lopez was caught giving her ex-boyfriend Casper Smart a big kiss on the lips in West Hollywood on Wednesday, Mar. 25. The intimate PDA took place on Lopez's turf outside of an <u>American Idol</u> season 14 taping. According to <u>Daily Mail</u>, Smart stayed by Lopez's side for most of the day until they both left together in his white convertible."

Things are heating up between these celebrity exes! How do you know whether or not to get back together with a former flame? Cupid has some tips:

Cupid's Advice:

One of the most complex situations in life is when we have to choose who our partner should be, if we should separate from them, and if we do — if we should get back together or not. It's never simple and every case is different, as is the case with former Hollywood couple JLo and Casper Smart. When you truly love somebody, though, you shouldn't let it go:

1. It's true love: If you're madly in love with a person, and it's genuine and pure, then you should definitely give it another shot. Overwhelming feelings of authentic love don't come around too often, so embrace it when you find it. At the end of the day, if you really love somebody – who cares if at one point you broke up.

Related Link: <u>Jennifer Lopez Reunites with Celebrity Ex Casper</u> <u>Smart at MTV VMA's</u>

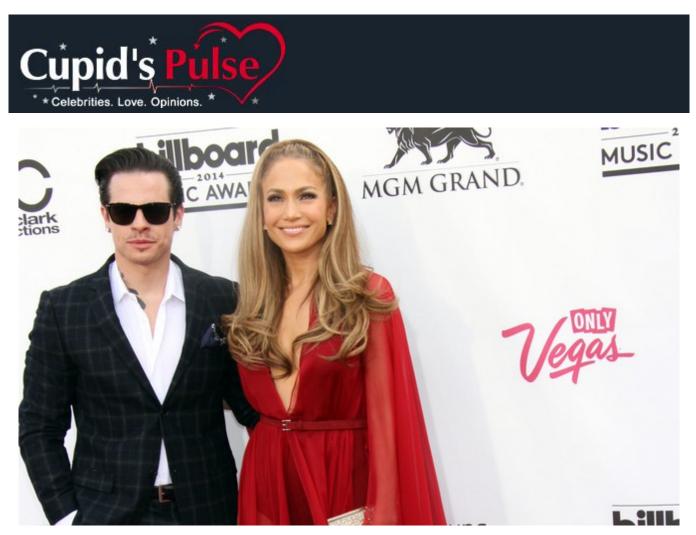
2. Changes were made: People change. People grow. People make mistakes and then right the wrong. It's important to not hold grudges in life. Forgive people and move on. If your partner has fixed the issues that were the reasons for the break up, then don't be afraid to give them another chance if that is what will make you happy. Everybody makes mistakes, nobody is perfect. Enjoy the improvements!

Related Link: <u>J. Lo and Casper Smart: What Their Body Language</u> Says About Their Love

3. The stars align: Sometimes the stars align and there is a happily ever after. In life we sometimes need a break from our partner, it's completely healthy. If fate has it that you and that person should be together, then so be it. Bad things happen so that you can truly realize how great things are when they're good. It's important to fix something when it's broke, instead of throwing it away too easily!

How have you known if you should get back together with your partner or not? Share your stories with Cupid below!

Jennifer Lopez Reunites with Celebrity Ex Casper Smart at MTV VMA's



By Courtney Omernick

In the latest celebrity news, <u>UsMagazine.com</u> reported that Jennifer Lopez was able to spend some quality time with her celebrity ex Casper Smart last night at the VMA's. He sat in front of her at the award show, and they were spotted sharing Skittles and talking. Their <u>celebrity relationship</u> may have ended, but it's clear that these two are maintaining a good friendship.

Even the most coveted celebrity relationships come to an end! What are some ways to keep things civil post-breakup?

Cupid's Advice:

If you're hurting because of a break-up, it can be hard to think about being nice to your former significant other. But, if you're looking to keep things civil, we have some love advice for you:

1. Give them their space: Breaking up is hard for both parties. If you truly want to keep things on a level playing field, it's best to give them some space right after the break-up occurs. The other individual is going to be much more open to being friendlier if they've had some time to cope with their feelings.

Related Link: <u>Jill Duggar and New Husband Derick Dillard Are</u> <u>Expecting First Child</u>

2. Show your support (in moderation): You want the other individual to know that you still value them as a person, and possibly a friend, so it's important to help them understand, through tiny gestures, that you still support them. However, you don't want to constantly bombard them with "Congratulations" and other happy messages because you could be implying something else.

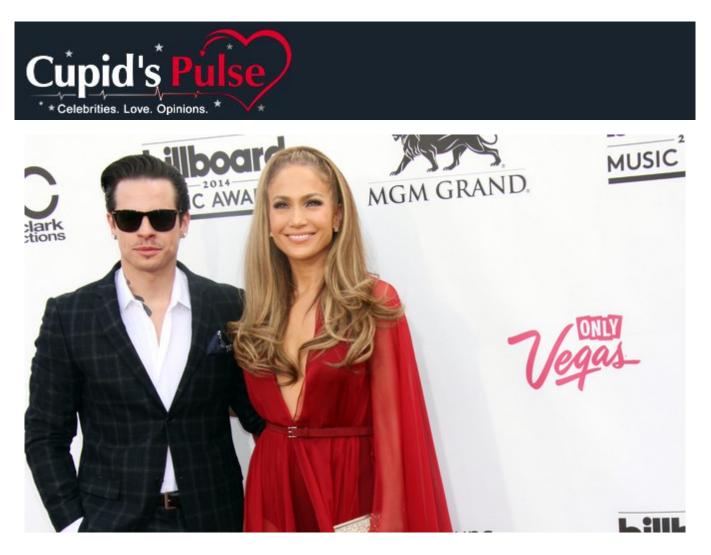
Related Link: <u>Carson Daily and Celebrity Love Siri Pinter</u> <u>Welcome Third Child</u>

3. Treat them as a friend: If you want to keep things civil, it's important to treat your ex as you would a friend or acquaintance. Be positive, smile, and keep things light and

happy.

J-Lo is facing the end of her celebrity relationship gracefully. What are some ways you've kept things civil postbreak-up? Share your stories in the comments!

Matching Couples on the Red Carpet



Page 1 of 10



Casper Smart and Jennifer Lopez

They might not be a couple anymore, but this former pair brought beauty and elegance to the Golden Globes with their matching white outfits. Of course, Lopez shines no matter what she's wearing! Photo: Andrew Evans / PR Photos

Marc Anthony Says He's 'Really Good Friends' With Casper Smart





By Louisa Gonzales

There are no hard feelings between Jennifer Lopes and Marc Anthony and the same goes for the starlet's beau. According to <u>USMagazine.com</u>, Anthony recently stopped by The Wendy Williams Show on Monday, February 17th and spoke of how not only was he still good friends with his ex-wife J.Lo, but with her boyfriend, Casper Smart. Anthony also revealed he is not one to judge and said nothing, but lovely things about Lopez and her new lover saying, "anybody that means something to her means something to me". Anthony recently just got out of relationship, with ex-girlfriend Chloe Green after a year of dating, but that hasn't stopped him from believing in the possibility of finding love again.

How do you keep things civil with your ex's new partner?

Cupid's Advice:

Breaking up is hard, no matter if the decision is mutual, or if it ends amicably. Leaning how to accept that your ex-love will eventually move on with someone new is hard. If you want to remain in your old flames life and still be friends you will have to keep the peace not only with them, but with their new lover as well. Cupid has advice on how to keep things civil with your ex's new partner:

1. Be respectful: Be kind and nice to the new beau. Take the high road, it will ultimately help you and the situation. When you meet the new significant other in your ex's life extend a hand toward them, it never hurt anyone to be nicer and it also won't mess up your chances remaining on the good graces of your ex-lovebird. If you are respectful and courteous to your ex's new partner they will most likely be that way towards you.

Related: Marc Anthony and Girlfriend Chloe Green Split

2. Know your boundaries: Remember it's over between the two of you, whether the decision to end the relationship was mutual or individual, stay focused on that. It's not about the other person it's about keeping some form of a relationship with your ex and if you want to be a part of their life you will have to accept they are with someone new. You have begun something new in your life and so have they and no matter how hard it is seeing your ex with someone new you don't want to make things more weird by over stepping your boundaries with either the new beau or your ex.

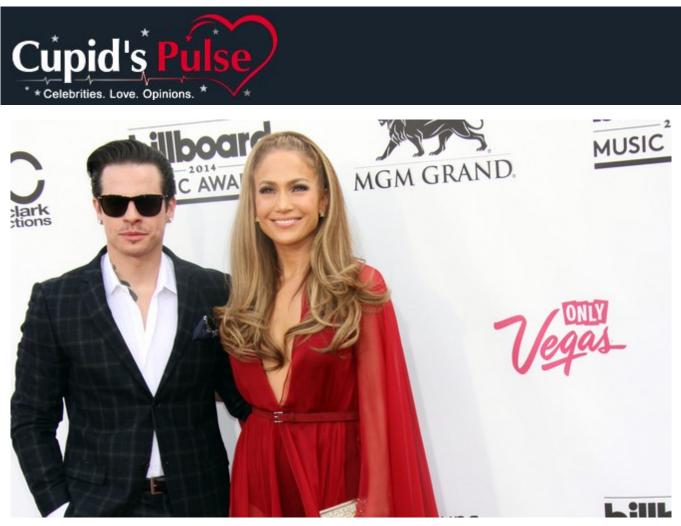
Related: Jennifer Lopez and Casper Smart Share a Romantic Dinner in Time for VDay

3. Don't be fake: Sometimes in attempt to mask our insecurities we will try to be something we're not by trying to act tough or overly sweet. Don't pretend to be some one you're not, because when you try to force something it will come off as fake to the other person and it will make things more awkward than it has to be. Just be yourself it will make everyone more comfortable for all everybody. Plus, since your ex lover use to date you they probably have a good sense of

who you are and if you're not acting like your normal self they will pin point that right away.

What do you think is the best way to keep things civil with your ex's new partner? Share in the comments below.

Celebrity Women Who Date Younger Men



By Gabby Robles

Celebrity men aren't the only ones who go after what's young and hot in Hollywood. Sexy celeb women have helped get the term "cougar" published in the dictionary in it's slang term – and with all of these women dating much younger, we're surprised it hasn't happened sooner!

Sharon Stone and Martin Mica: This couple shares a 30-year age difference, but they haven't let that stop them from showing their love to the world! The duo have been dating for over a year and are still going strong despite rumors of a breakup that surfaced this past January. Mica was only six when Sharon Stone starred in *Basic Instinct*, but that was years ago, right?

Mariah Carey and Nick Cannon: Mariah's first husband, Tommy Mottola, was over 20 years older than she was. Naturally, Mariah decided to go 11 years younger when she married Nick Cannon. These two haven't let age compromise their marriage; they have been married over 5 years and have two adorable children together.

Related: <u>Mariah Carey and Nick Cannon Spend a Family Day with</u> <u>Their Twins</u>

Julianne Moore and Bart Freundlich: These two have a 9 $\frac{1}{2}$ -year age difference, but the actress and director have two children together. Moore stated that when she first began dating Freundlich, she was unsure their relationship would work. But as their relationhip progressed, it didn't remain as a standing issue.

Kathy Griffin and Randy Bick: This pair has a near-20 year age difference. The comedienne and her marketing executive-boyfriend met at a food festival over a year ago. Kathy says she "hunted him down." Meow, cougar!

Danielle Fishel and Tim Belusko: These lovers just tied the knot on October 19 in Los Angeles. Their 7-year age gap doesn't stop them from being happy and finding their soulmates; The Boy Meets World star had previously said, "Tim

is the one. He accepts me for exactly who I am!"

Related: <u>'Boy Meets World' Star Danielle Fishel Marries Tom</u> <u>Belusko</u>

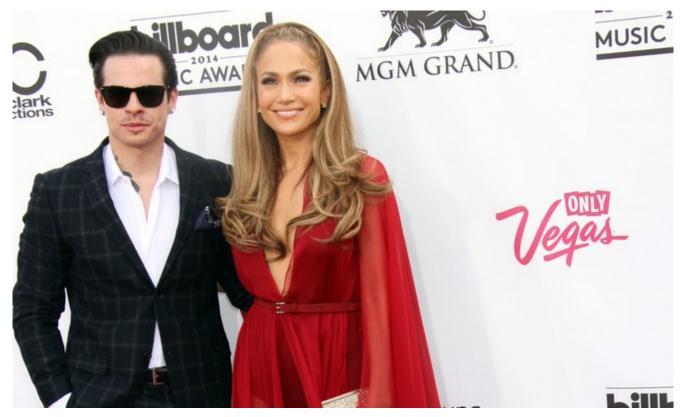
Jennifer Lopez and Casper Smart: Lopez is 18-years Smart's senior, but these two have been going strong publically since July 2012. The singer revealed to Katie Couric, "It's hard for me to think of my age… I feel very youthful… And it's funny, until somebody brings up [the age difference], I don't think we really think about it." Well, we're happy for them!

Dating younger is how some people reach Cloud 9 – and it's not a bad thing. As long as these couples keep in mind that age is just a number, they will continue to be happily in love!

What do you think of women dating younger? Share with us below!

Jennifer Lopez's Backup Dancer, Tera Perez Talks Relationships, JLo, Casper, and New Docu-series, 'A Step Away'





By Priyanka Singh

"Every superstar needs backup", and that's exactly what worldclass superstar Jennifer Lopez gets as she begins her tour with the hottest, most talented group of dancers, one of which happens to be JLo's stand-in dance captain, Tera Perez. This vibrant and driven dancer spoke with CupidsPulse.com about the new docu-series, *A Step Away*, which airs on Thursday, October 3rd on NUVOtv at 10/9c. The show gives us an intimate behindthe-scenes look at the lives of these backup dancers on the road as they balance love, relationships, work, family, and so much more.

Touring across the globe, rehearsing for several hours a day, being far away from home…how do these dancers handle this hectic lifestyle? Perez reveals that, on the show, viewers will see a mix of everything since they are such a dynamic group of people outside of all the glitz and glamour. She also opens up about her own experiences of touring while being in a relationship with backup dancer, Lake Smits, who is also part of the group. "I have to say, I'm really lucky. I've gotten to experience being on the road with Lake and travel the world,

spending every minute possibly with him for the past year and a half." Perez considers herself fortunate for not having to deal with the struggles of a long-distance relationship on tour, but she still deals with the obstacles of being surrounded by each other all the time.

Related Link: <u>Is Your Career Killing Your Relationship?</u>

One of the biggest challenges they face as a couple is keeping work separate from home. "Sometimes, you're stressed out. You're tired and frustrated, and you're in pain from doing all these numbers. Your body is aching, and you're with each other 24/7, doing the same thing. Not bringing that work home was definitely our biggest obstacle." However, the couple is still going strong: They plan to live together after the tour.

Of course, we had to ask Perez what it was like working with Lopez, one of the biggest global superstars in the entertainment business. "She doesn't let anything slide. You always have to be on your A-game with her because she notices everything! That's probably the biggest challenge, but she pushes you to be a better person."

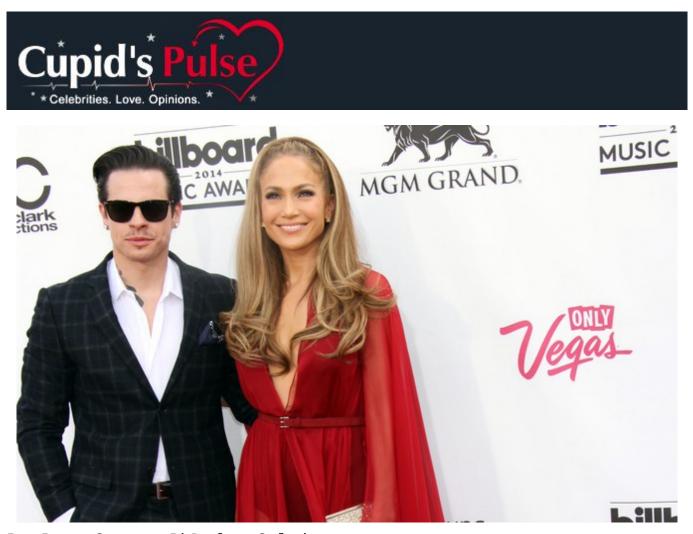
Related Link: <u>J. Lo and Casper Smart: What Their Body Language</u> Says About Their Love

JLo's love life comes up in discussion too since her boo, Beau Casper Smart, happens to be the choreographer. Of their relationship, Perez says, "They're really great. They have great chemistry and a great creative partnership." She went on to parallel their two love lives and how it's unique to see their two relationships play out together on tour. "They have their's, and we have our's. You see it for exactly what it is, and it's just this great chemistry and love for each other."

Be sure to tune in for A Step Away tonight on NUVOtv at 10/9c!

How do you balance work and love under a tight schedule? Share your thoughts below.

JLo and Casper Smart: Should You Get a Puppy Together?



By Jane Greer, PhD for Galtime.com

When is puppy love the smart choice?

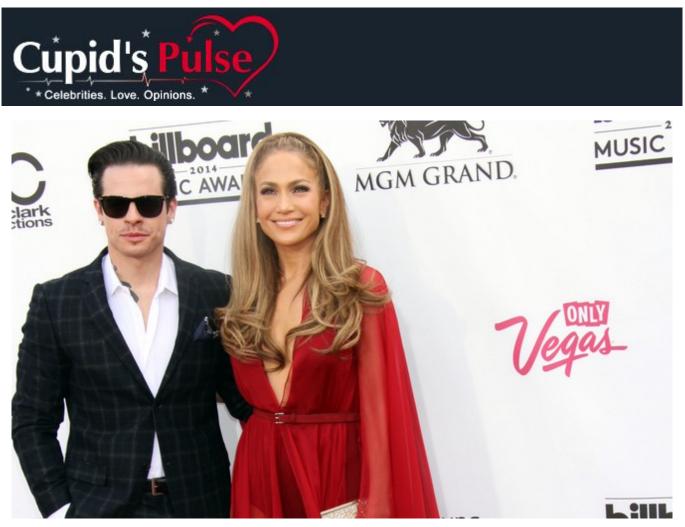
Jennifer Lopez and boyfriend Casper Smart <u>introduced</u> the newest member of their family to the public recently via Twitter — a brown boxer puppy they've named Bear. Lopez, who has four-year-old twins with ex-husband Marc Anthony, has been dating Smart since 2011. This step seems worth noting — not only for them but for all couples who might be wondering what the next phase of their partnership might be. It is easy to get caught up in the excitement of your love and just want to enjoy the day-to-day, but at some point things must grow in one way or another. Sometimes the next step is decided for you, with an unplanned pregnancy for example. Other times, a couple may hastily get ahead of themselves, moving in together or taking on more responsibility than they might be ready for. Or maybe they already have kids who are begging for a new sibling. Often when partners find themselves biting off more than they are ready to chew, the relationship can implode.

Instead of being taken by surprise, one way to test the waters of how you and your partner might handle responsibility in your shared life together is to get a pet. It will give you a sense not only of how your partner will be in a traditional role, but also how you'll take to it. Think of it as a practice run. Having a pet, especially if it's a puppy, requires some of the necessary behavior that occurs when you have a baby. Your schedule changes so you can take care of the dog — walk him, feed him, train him, and comfort him when he whines during the night. It will tell you a lot about how much each of you will be able to sacrifice your personal needs and work as a team to cover all the bases. Pets might be really cute, and melt your heart, but there is no denying how much hands-on obligation they require. In many ways, it is its own form of parenthood.

Puppies might bring puppy love and tug at your heartstrings, but they pack a punch when it comes to accountability – as does building a life with another person. JLo and Casper are doing it right, they are dipping their toes into the pool of settling down more before taking that jump. They brought home Bear before adding to their already existing family, allowing them the time to find the balance between love and reality.

The bottom line is that if your biological clock is ticking and you think you want a baby, but you're wondering about the timing and what it will mean to your relationship, take control rather than letting yourself be pushed into anything before you're sure you're ready. Instead, do a dry run with a pet – after all, you are never too old for puppy love.

Jennifer Lopez and Casper Smart Share a Romantic Dinner in Time for VDay



By Andrea Surujnauth

Celebrity lovebirds are celebrating Valentines Day early this year. Jennifer Lopez and her boyfriend Casper Smart were seen

sharing a romantic dinner Friday night at Cencconi's in West Hollywood. A source told <u>People</u> that the couple was "canoodling at the table". Lopez and her beau sat close as they had dinner together but there were no public displays of affection. The source also adds that "They were sweet together and Jennifer was laughing all night long," Lopez has been dating Smart since fall of 2011.

What are some ways to make dinner with your partner romantic?

Cupid's Advice:

Restaurants are always packed on Valentines Day. It can be a struggle to get reservations and make your partner's Valentines day romantic and special. But no need to worry! Cupid is here with some advice on how to make a dinner at home romantic for your beau!

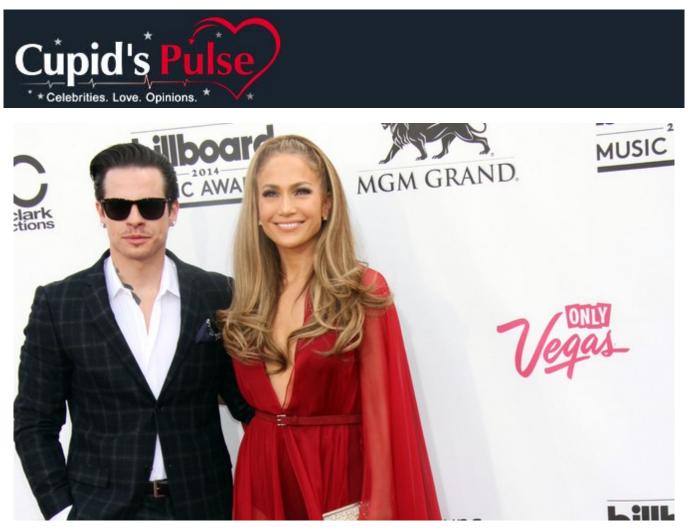
1. Create a special dinner: Make your sweetheart's favorite dishes. This is sure to make your partner feel special and loved.

2. Decorate: Light some candles and put some roses on the table. Decorations are key to setting the romantic mood. If you want to go all out, play some sweet love songs in the background as well!

3. Dress to impress: Dress up and have your partner dress up too. This will make the dinner feel more special and less like a regular dinner at home.

How do you make your dinner romantic for your partner? Comment below and let us know.

J. Lo and Casper Smart: What Their Body Language Says About Their Love



By Jared Sais

Since they began dating over a year ago, Jennifer Lopez and her much-younger beau, Casper Smart, have faced their fair share of rumors: from breakups to makeups, nobody ever thought this couple would last. Most recently, they were spotted at Tiffany & Co. in Australia – could an engagement be in their future? To better understand the truth about their relationship, I analyzed the four photos below.

Related Link: Extravagant Celebrity Gifts Within Reach of Your Budget

Picture #1 (moving clockwise from the top left): Casper's Body Language

Casper is strutting his stuff, puffing out his chest (literally inflating himself and, perhaps, his ego), flashing a big grin and projecting a ton of confidence with his straight, head-up walk. This action could be overcompensation in order to prove to the press, his <u>girlfriend</u> or himself that he deserves her and this sort of attention. Of course, he could also be showing pride – and when you're a 25-year-old dude dating J. Lo, why wouldn't you be proud?

Picture #2: Casper as Protector

For a four-year-old, Emme is actually quite poised, as she isn't crying or burying her head. She is showing some sort of hesitation by extending both arms towards Casper and creating a closed-off barrier between her and the paparazzi. Emme has a startled, deer-in-the-headlights look – a mixture of surprise, fear and confusion. Still, she trusts Casper to protect her, clenching *both* her hands with his and literally reaching for that extra sense of security. This behavior indicates that Emme finds strength and support in Casper, who assumes the role of protector as he leads both ladies. J. Lo, unfazed by the cameras and sporting her patented forced, fake smile, is the consummate professional. Even so, she refuses to abandon her motherly instinct as she protectively extends her hand to guide Emme to safety.

Picture #3: Establishing Shot of Comfort

To accurately interpret non-verbal cues, you must establish baseline traits for comparative analysis. This picture is a great example since, once again, J. Lo has her "paparazzi face" on: she remains unfazed by the photographers and might as well be on stage. Casper is in a variation of his comfort position; having ones' hands close to the body is a typical and safe default position. He also has a relatively neutral face, which usually means "do not disturb" (utilized universally on subways and airplanes). There is a ton of nonverbal action going on behind the couple, as their bodyguard is giving someone the death stare along with the pinched lips of anger. Whoever it is, they are about to have a very unpleasant experience.

Picture #4: Proxemics & Closeness

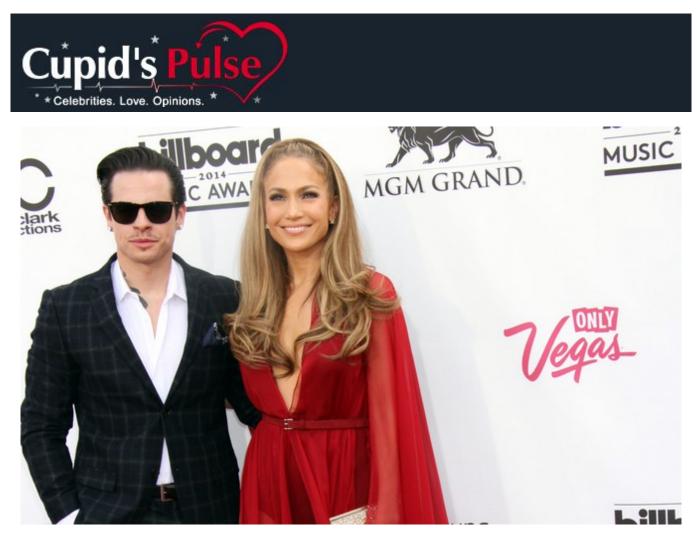
Proxemics are observations dealing with space as an elaboration of culture, which means that closeness implies...closeness. Since facial expressions are easily faked (something J. Lo does quite often), proxemics can be an accurate indicator of how close a couple truly is. Consider, for example, how difficult it is to be near someone you dislike or the frequency of couples retreating to separate areas after an argument. We have an instinctual need to be social, and there are countless studies detailing how human contact releases endorphins (that's why hugging relieves stress and why the correct handshake can lead to a promotion). So how close are these two? As you can see, they are literally intermingled, which says that on an intimate level, things are going great. However, there is more to a relationship than a physical connection.

Conclusion

The jury is out on whether J. Lo and Casper are in it for the long haul, so hold off on any name mash-ups for now. However, if they can overcome an 18-year age difference, which inherently has a ton of pitfalls, I vote for J-LoCa because it's definitely going to be a wild and crazy ride.

Do you think J. Lo and Casper's love will last? Tell us in the comments below!

Extravagant Hollywood Couples' Gifts Within Reach of Your Budget



By Shelly Cone

Ah, to be in love around the holidays! The peace, the goodwill ... and the gifts. Of course, any holiday gift from your loved one is special, but if you happen to be in <u>celebrity</u> <u>relationship</u>, you can bet that special comes with a high price tag. As the holiday season draws near, we can only guess at what some of the most celebrated Hollywood couples are buying for each other. But based on what some celebrity couples have

already given each other this year, it's likely there will be some luxury under their trees.

Hollywood Couples' Over-the-Top Gifts

There's no word yet on what gifts newlyweds Justin Timberlake and Jessica Biel will exchange for their first Christmas as a married celebrity couple, but with thoughtful Timberlake, it must be something good. When they wed earlier this year, he gave his new bride four stackable wedding rings that matched her 18-karat celebrity engagement ring.

Jennifer Lopez's celebrity love Casper Smart will likely be waiting with anticipation at what lays under the tree for him this Christmas, considering Lopez gifted him with a white Dodge Ram truck for his 25th birthday this year. And when <u>Kim</u> <u>Kardashian</u> went birthday shopping for beau Kanye West (maybe she's hoping for a ring this Christmas?), she selected a \$750,000 Lamborghini as a gift. Wonder how she'll top that!

Then, of course, there's the queen of gift-giving <u>Angelina</u> <u>Jolie</u>, who reportedly has bestowed on her husband a \$1.6 million helicopter with flying lessons and a \$12,000 olive tree, among other things. Last Christmas, she gave Brad Pitt his own waterfall in California so that he can build his dream home.

Related Link: Angelina Jolie Buys Brad Pitt a Waterfall

Shop Like You're In a Celebrity Relationship

So if you're not a member of the elite or in a Hollywood couple, how do you express your million dollar love without spending that much? Maybe you can't buy your loved one a waterfall or a helicopter, but you can buy a gift that can help satisfy a passion for travel. Gifts for travelers can be extravagant or fit into any budget. If you are in California, a simple hike to the Nojoqui Falls in the Santa Ynez Valley or water rafting on the Kern River can easily fit into any budget and may be a fun substitute for giving your love a waterfall this Christmas. Just remember to gear up with some gifts for hikers before your trip!

For an even more budget-friendly gift, print out photos of him in his various travels and frame them in variety of sizes in a montage to his international experiences. Make sure the photos capture him looking his most worldly and he'll be ecstatic about showing off your gift.

Related Link: What Your Gifts Say About Your Relationship

Maybe your honey isn't so much into travel, and instead, the waterfall is the thing that calms the senses of your practicing yogi sweetie. Help your gentle one find their peace without having to book a trip away from home. Some yoga DVDs can help them find their center. Add some yoga accessories, and you'll be their hero – the kind, sensitive hero with the great abs.

Who wouldn't want a luxury car? Unless you're a socialite or a member of Hollywood royalty, keep dreaming. We'd all like that spectacular sports car as a gift, but the average person will be overjoyed over any gifted vehicle. Show your love you care for them as well as the environment with an eco-friendly (and budget-friendly) Honda fit. For less than \$20,000, you can give your better half the nimble and fun to drive car that U.S. News and World Report ranks the number one affordable small car. With 28/35 miles per galloon, the Fit will prove to be a great fit for your bank account and your environmentally responsible sensibility.

But perhaps you want to put a sparkle in her eyes. While I'm

sure the new Mrs. Timberlake is thrilled with her bling, it may not be in your best interest to buy the girl in your life a ring, unless she is The One. If you want the bling but want to keep things on the lighter side or maybe you've already given her that sparkler and want to buy her something fashionable, check out DuePunti Diamond Rings. The ultra affordable rings come in a variety of fashionable colors perfect for stacking along with a .02 ct. diamond ring in the center of each one. Your lady can mix and match or wear them all. And with the price, you can afford to buy several!

Your wallet may not be loaded, but there's no doubting the love in your heart. Take a cue from those extravagant giftgiving celebs and buy something fantastically thoughtful but totally within reason. You don't have to spend Kardashian money to give someone a happy holiday!

Shelly Cone is an award-winning journalist, copywriter, humor columnist and the owner of Beach Betty Creative. She writes for the love of it, laughs because she can't help it and knows how to pick the perfect gift every time.

Jennifer Lopez Opens Up About Divorce From Marc Anthony





By Nicole Weintraub

Jennifer Lopez recently opened up about her divorce from ex Marc Anthony to Katie Couric on her new show *Katie*, according to <u>UsMagazine.com</u>. The duo were married in 2004 and have twins together – Emme and Max. "You never want to break up a family," Lopez confessed in regards to coming to the conclusion that it was time to file for divorce. She thought very carefully, especially since the pair has two children. The former partners are doing their best to co-parent, even though they are no longer together. "We love our kids and we have love for each other," she revealed in regards to her current relationship with her ex. The star is currently dating Casper Smart, a choreographer who is 18 years her junior.

What are some things to consider before getting a divorce?

Cupid's Advice:

Calling it quits on a marriage and filing for a divorce is a tough decision to make. Here are some things to keep in mind before taking that route: 1. A brighter future: Divorces are absolutions to marriages, which is a huge step. Make sure that you're not just looking for an easy way out. If times are hard, they may get better in time. For better or worse and there might be better days in the future.

2. The repercussions: If there are children involved, especially younger children, it's not going to be easy. Custody battles ensue as well as splitting money and properties. Make sure that you are prepared to deal with what is to come.

3. Communicate: Does your partner know how you are feeling? If you are sensing problems in your marriage, before filing for divorce see if they have similar views. Try to work things out before calling it quits.

What are some things you would consider before divorcing? Share with us in the comments below.

Celebrity Couples Who Are Better Off Single





By Nisha Ramirez

It's hard to be in the spotlight 24/7, but celebrity relationships can make that even harder. Famous people are known for pairing up with other stars for publicity or because of their poor judgment, but neither ensures success. Whether they find each other before they make it big or start out their relationships at the top of their careers, it seems like celebrity relationships always end badly. It's no surprise that many celebs often seem on the verge of a breakup, and the following celebrities are some of the many who seem better off single:

Related Link: Love in The Limelight: Why You Should Be Happy You Aren't Famous

1. Selena Gomez and Justin Bieber: From the moment Selena Gomez started dating Justin Bieber, she received death threats from Bieber's many fans, indicating some serious stresses that are unique to their partnership. It's likely a sign that Hollywood's cutest couple should think about having fun apart and enjoying their youth and fame alone. 2. Bethenny Frankel and Jason Hoppy: Early on Bravo TV's The Real Housewives of New York, Bethenny Frankel and Jason Hoppy found love and success. She gave birth to their first child, Bryn, and increased her Skinny Girl trademark with her own Bravo reality shows Bethenny Getting Married and Bethenny Ever After. However, on this season of Bethenny Ever After, the couple bickered in almost every episode and divorce rumors began to spread. Though Frankel addressed these rumors on her talk show and stated that she and Hoppy have not seen a divorce lawyer, it's clear that this couple should take some time out from the reality TV spotlight or call it quits altogether.

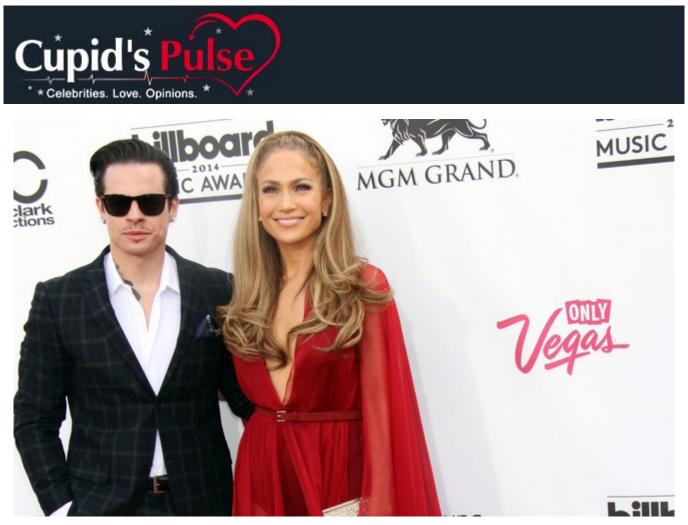
3. Kim Kardashian and Kanye West: Kim Kardashian and Kanye West are becoming serious and aren't shying away from the public eye. Rumors of their romance began after Amber Rose, West's ex, explained how Kardashian sent emails and pictures to the rapper while she and West were still dating. Plus, Kardashian recently ended her marriage with Kris Humphries after 72 days. Relationships that start off as affairs rarely end happily. These two would be better off on their own.

Related Link: <u>On & Off: When Celebrities Should Call It Quits</u>

4. Jennifer Lopez and Casper Smart: Pop star and actress Jennifer Lopez, 42, started dating her 25-year-old backup dancer Casper Smart months after she divorced Marc Anthony. However, critics and fans accuse Smart of being nothing more than Lopez's boy toy because of their age difference. Considering this and also Lopez's poor track record of dating celebs, she really needs to stop falling in love with love.

What celebrity couples do you think are better off single? Share your comments below.

Jennifer Lopez Celebrates Her 43rd Birthday with Casper Smart



She might be getting older, but Jennifer Lopez shows no sign of slowing down. According to <u>People</u>, to celebrate her birthday, the singer was spotted with her partner Casper Smart as they were on their way to lunch at Nobu. Smart held her hand and led the star through a crowd of paparazzi outside of their hotel. Turning 43 isn't the only thing Lopez should be celebrating: she recently was named number one on Forbes' Celebrity 100 list.

What are some ways to make your partner's birthday special?

Cupid's Advice:

Birthdays should always be special, so there's often a lot of pressure to find the right thing to do for your partner's special day. Consider these fun ways to make sure that your significant other has a great day:

1. Book a trip: Vacations are expensive, but you can still plan a weekend getaway on a budget. If your beau loves to golf, look up nearby resorts. If they're more of a gambler, check out some casinos! Even just preparing a picnic lunch and heading to a park can make for a pleasant day trip.

2. Wake him up with breakfast in bed: Wake up extra early and prepare your partner's favorite meal. Whether it's bacon and eggs or pancakes and French toast, go all out and make what they like best. This also gives you an excuse to spend some extra time together in bed.

3. Plan a day of surprises: Coordinate a day with all of your beau's favorite activities, but don't tell them what you'll be doing. Do they have a favorite restaurant? Take them there for lunch. Obsessed with baseball? Get tickets to a game!

How did you celebrate your significant other's birthday? Share your story below!

Jennifer Lopez Isn't Giving Up on Marriage





Even after three failed marriages, Jennifer Lopez still hasn't given up on the idea on finding Mr. Right. According to <u>People</u>, the star told ABC News's Amy Robach that she would give marriage another try, stating, "For me, the biggest dream is the fairy tale. I will never give up on that dream." Lopez's divorce from Marc Anthony last summer doesn't seem to be keeping her from finding a new man, as she clearly has something going on with her backup dancer, Casper Smart. Lopez would not open up about her love life, but Smart says it was not love at first sight. "It was very natural how it happened," he says. "There was nothing before. No flirting, nothing before. Just natural. It just happened."

How do you decide whether to get married again after a divorce?

Cupid's Advice:

It can be difficult to believe in everlasting love after a messy split. Here are some ways to decide whether to say "I do" to your new man:

1) You've learned from the past: No matter how difficult the divorce was, it's important to at least learn something from your previous marriage. Perhaps you and your ex had poor communication or disagreed on fundamental issues. If you've grown and feel confident that you won't repeat the same mistakes, it may be time to try marriage again.

2) You are over your ex-husband: No matter how many times you might tell others and even yourself that you're over him, only you truly know how you feel. If your mind is constantly bombarded with thoughts of him, hold off on another marriage.

3) You still believe: Do you still have faith that relationships can last forever if they are between the right two people? If you still trust in the power of marriage and are prepared to do the hard work that comes with keeping a relationship strong, you may be ready for another big day.

How did you decide if you were ready for another marriage? Share your story below.

Jennifer Lopez Gives Surprise Birthday Gift to Casper Smart





It's all about the surprise parties for Jennifer Lopez. The singer and American Idol judge gave much younger beau Casper Smart an intimate dinner party for his 25th birthday over the weekend, according to <u>People</u>. Lopez "had planned a fun day to celebrate Casper's birthday," said a source. But that's not all the singer gave her back-up dancer, as she also gifted him a Dodge Ram truck. Lopez "knew that Casper really wanted a truck, and Casper was very excited about the generous gift," said the same source. It looks like things are getting serious with this controversial couple!

How do you know what to buy your partner for their birthday?

Cupid's Advice:

It's important to come up with a great gift to give your partner for their birthday, as sometimes the gift can mean something about your relationship. Cupid has some tips:

1. Inside joke: If you're going to forego a romantic gift, the next best thing is playing on one of the inside jokes you share together as a couple. If you often compare yourselves

to Calvin & Hobbs, then buy some comic books for your mate.

2. Romance: Some things you just can't go wrong with, like jewelry and flowers. Although they're generic, they're also traditionally signs of love that your partner can't help but feel special receiving.

3. Ask friends: If you're getting desperate, tap into his or her friends for ideas. Often times an outside perspective can really help. Plus, she or he may have confided in their friends with their birthday gift wishes.

What did you get your partner for their last birthday? Share your comments below.

Top 5 Celebrity Love Mistakes We Should Avoid





By Abiola Abrams

Some of us view Hollywood stars as lifestyle role models. You want Sofia Vergara's lipstick, Beyonce's curly hair or the Balenciaga bag that everybody and their mother was rocking on the red carpet recently. While it's cool to mix celeb style with your own once in a while, it's important to remember that the people who entertain us with movies, TV and music are just that – people.

That said, the famous are more human than we realize, and some of our favorite celebrities have one thing in common that we should never seek to emulate – their tumultuous relationships. In fact, let's learn from the love, sex and dating mistakes of the stars.

Here are some celebrity relationship snafus to avoid:

Love Mistake: Never Being Single.

It seemed like Jennifer Lopez was barely divorced from her crooner hubby Marc Anthony before stepping out with sexy back up dancer Casper Smart. Before that, she made a seamless transition from her Bennifer engagement to her JenAnthony marriage. What's up with that?

Going from relationship to relationship is a mistake. Taking a break between longtime loves is the best way to heal and ensure that we come to the next marriage or engagement as whole human beings.

Related: <u>10 Love Lessons from Bruce Springsteen</u>

Love Mistake: Marrying too soon.

Kim Kardashian and what's-his-face Humphries had the 72-day fairytale heard 'round the world. It seemed like Kimmie was set to continue the Dash girls tradition of meeting and immediately ending up happily ever after. Look at her little sister Khloe and her b-baller Lamar Odom. Their less than one month courtship has yielded a relationship that's still going strong.

Bottom line? Khloe and Lamar are a wonderful fluke. Marrying someone before you've even had the "where will we live" conversation is a huge mistake. Sorry, Kris Humphries!

Related: <u>Kim Kardashian's Divorce – A Reminder About</u> <u>Relationship Mistakes to Avoid</u>

Love Mistake: Stealing someone else's lover.

Man and woman stealing is a time honored Hollywood tradition. See LeAnn Rimes, Tori Spelling, Angelina Jolie and even old school movie star Elizabeth Taylor. It's a big world out there. If your love cheated to be with you, then how can you ever trust that this pattern won't be repeated? The answer is, you can't.

Karma is a mean goddess, and hell hath no fury like karma scorned. Just sayin.'

Love Mistake: Getting a mistress pregnant.

Arnold Schwarzenegger sure did seem preachy about family values as the Republican governor of California, didn't he? Little did we know that the Governator was not only sleeping with the maid, but he'd had a love child with her as well. Oy vey.

Obviously, this is a relationship no-no to be avoided at all costs.

Love Mistake: Bashing your ex.

When we watched Kelsey Grammer's previous wife Camille Grammer battle the divorce demon on "The Real Housewives of Beverly Hills," our hearts broke for her. Her A-list husband cheated and ran. Sure, she had choice words about him on her reality show, but then Mr. Grammer behaved deplorably by bashing his former Mrs. in an interview with Pierce Brosnan.

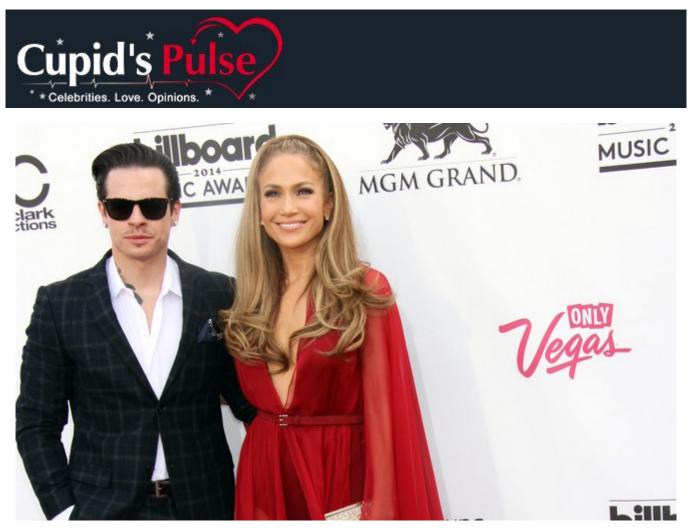
A smarter move is always to take the high road. See Jennifer Aniston for lessons on grace under fire. Okay, it didn't work out, and she moved on. Sure, it's probably messy. Life is a contact sport.

What are some other celeb love snafus? Dating different versions of the same jerk a la Halle Berry, returning to the scene of the crime like Rihanna or falling apart after a breakup like Demi Moore are all examples *not* to follow.

Ah, le love. You're much better off copying a celebrity hair cut than imitating their love styles. Here's to shiny, happy and healthy relationships!

Abiola Abrams is a lifestyle expert and host of "Abiola's Kiss and Tell TV." Her next book is entitled The Official Bombshell Handbook. Find her fun and scandalous love advice and interviews at <u>http://www.AbiolaTV.com</u>. She tweets @abiolatv.

J. Lo's New Beau Says Age Doesn't Matter



Jennifer Lopez's rumored romance with dancer Casper Smart may be more than a fling. Smart, who's 18 years Lopez's junior, took to Twitter to share his thoughts, reports <u>People</u>. "Age, status, [and] opinions of others are irrelevant. Our hearts are endless and our souls infinite," tweeted Smart. "Ages are mere reminders of the hours logged on this earth and the precious time remaining. Close your ears and open your hearts; Love and be happy."

How do you handle people's criticism of the age difference in your relationship?

Cupid's Advice:

Though an age difference might not matter to you, it may bother others. Here are a few ways to handle the criticism:

1. Ignore the naysayers: Ultimately, your opinion and your partner's opinion are the only opinions that matter in the relationship. Ignore the skeptics, and eventually their criticism will die down.

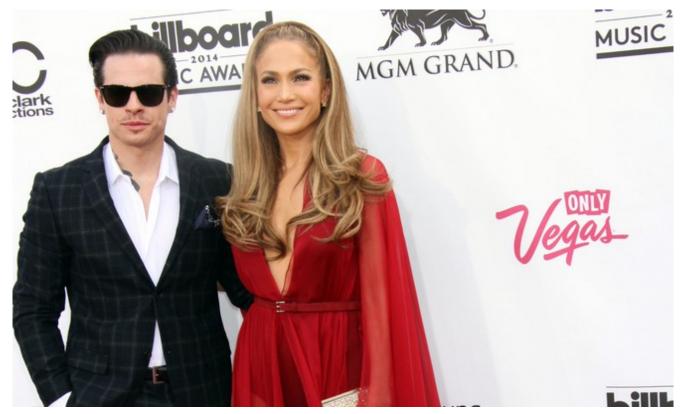
2. Talk to your partner: Though the age difference may not bother you, make sure that your partner is comfortable with it as well. He or she may need your encouragement in the face of adversity.

3. Express your happiness: An easy way to stop people's criticism is to show them that they're wrong. Try being a little more open with your relationship, and let others see how happy you are.

Have you ever been in a relationship with a person much older or younger than you? Feel free to leave a comment below.

Jennifer Lopez Reportedly Brings Her New Man to 'Idol' Set





Friday was bring your boyfriend to work day, or at least it was for Jennifer Lopez. Lopez's new boy toy, Casper Smart, was seen arriving to the American Idol set in Lopez's Bentley as he stopped by to visit his new lady. The new couple have been inseparable, having recently spent Thanksgiving in Hawaii with Lopez's twins before jetting off to Morocco. While the singer seems to be wearing divorce well, her ex-husband Marc Anthony, isn't quite complimenting her style. According to various sources, not only does Anthony not want smart to drive his kids around due to his arrest for drag racing, but he apparently doesn't want Smart around his kids at all, according to <u>Hollyscoop</u>. In the meantime, Lopez and Anthony have continued working together in their Latin-American talent show venture, Q'Viva!

What do you do if your ex is upset with your new relationship?

Cupid's Advice:

Unfortunately, when you move on from your last relationship, it's not always going to be a smooth transition. Cupid has some advice: **1. Give space and time:** It's always best to allow both you and your ex time to heal and get your emotions together after a breakup.

2. Be understanding: Understand that while it may have been easy for you to let your previous relationship go, depending on the circumstances, it may not be as simple for your former love.

3. Minimize contact: While cutting off ties to a past relationship is an easy solution, it may not be a quick fix when you have kids, work or share the same friends. If this is the case, minimize contact to a speak-only-when-necessary basis until you can interact normally with each other again.

How did you handle your ex being upset with your new relationship? Share your comments below.