

# Celebrity Babies: Carrie Underwood Said She 'Considered Adoption' Following Multiple Miscarriages



By Diana Iscenko

In the latest [celebrity news](#), [Carrie Underwood](#) shared that she and husband Mike Fisher “considered adoption” before the birth of their second son. Underwood recently revealed that the [celebrity couple](#) had three miscarriages in two years. According to *UsMagazine.com*, on the latest episode of *Mike and Carrie: God & Country*, the singer said, “We needed to have a

baby or not ever. Because I couldn't keep going down that road anymore." The pair considered adopting to bring [celebrity baby #2](#) into the world, but they were then able to conceive their second son Jacob, whom they welcomed in January 2019.

## **In celebrity baby news, Carrie Underwood considered adoption after having multiple miscarriages. What are some ways to decide if adoption is right for you and your partner?**

### **Cupid's Advice:**

When you and your partner are ready to start a family, consider adopting kids! Adoption comes with its own set of challenges, but it's just as rewarding (if not more) as having your biological children. If you're not sure if adoption is right for you and your partner, Cupid has some advice for you:

**1. You are unable to have biological children:** Many couples who are unable to conceive on their own turn to adoption. Whether you have fertility issues or have a same-sex partner, adoption is the perfect way to expand your family.

**Related Link:** [Celebrity Baby: Carrie Underwood Welcomes Second Son!](#)

**2. You want to help the foster system:** Many people feel that they should adopt children, not because they are physically unable to do so, but because they want to lighten the burden of the foster system. You and your partner have love to give and there are thousands of children who need a loving home.

**Related Link:** [Celebrity Parenting: Find Out What Carrie Underwood Is Doing Differently as a Second-Time Mom](#)

**3. You have religious limitations:** Some couples who are having trouble conceiving turn to adoption, instead of fertility treatments and in vitro fertilization, because of religious beliefs. Believing every life is sacred extends to the children you can adopt.

**Would you be open to adoption? Start a conversation in the comments below!**

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## **Celebrity Parenting: Find Out What Carrie Underwood Is Doing Differently as a Second-Time Mom**





By [Mara Miller](#)

In [celebrity news](#), [celebrity parenting](#) isn't [Carrie Underwood's](#) first rodeo. She was already a celebrity mom to four-year-old Isaiah Michael before she welcomed [celebrity baby](#) Jacob Bryan in January, according to *People.com*. Little Jacob has joined his celebrity parents and big brother on Underwood's Cry Pretty 360 arena tour. While it might be a popular notion that second-time moms naturally have it together by the second child, Underwood admitted it isn't the case for her. Her two boys look different, with her newborn's unique strawberry blonde hair while her eldest son's hair is darker. She also finds herself worrying more over Jacob. Underwood even revealed that she schedules a time to cry when she feels overwhelmed. "Sometimes I feel like I just need to cry, for no reason, and there's not anything that happened," she says. "I've learned to be okay with that, whereas five or 10 years ago I would have been like 'Oh my God, something's wrong with me!'"

# Celebrity parenting comes with the same challenges the rest of us face. What are some tips you can learn from your first-time parenting mistakes?

## Cupid's Advice:

You're on your second kid, or maybe even your third. You've had time to learn what not to do, or maybe you need a nudge in the right direction because you feel like scheduling a cry. Cupid has advice on parenting tips you can learn from your first-time parenting mistakes:

**1. Don't take advice from everyone:** You need to do your own thing when it comes to parenting. Many people—family and friends included—will have opinions on things like how much you should feed your kids, when they should go to bed, or when you should stop breastfeeding. You need to do what you feel is right for the well-being of your children.

**Related Link:** [Celebrity Pregnancy: Tristan Thompson's Ex Claims Khloe Kardashian Relationship Caused Pregnancy Complications](#)

**2. You overestimate free-time:** Um, free time? What's that? Unless you have a baby sitter or your spouse is willing to stay with the kids while you pursue your passions, there is *no such thing* as free time now that you're a parent until the kids are in school...and that's a *maybe* unless it's scheduled. Time management is now key so you don't drive yourself crazy because it helps you see how much time you actually have in a day.

**Related Link:** [Celebrity Parents: Exes Drew Barrymore & Will](#)

## [Kopelman Reunite for Daughter's Graduation](#)

**3. Don't put yourself last:** Even though you might feel overwhelmed and feel like you never have free time anymore, you have to realize putting yourself last is a big no-no. As mentioned, time management will help you see how much time you actually have so you can soak in the bathtub or go out to dinner with your friends. Even moms need breaks.

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**Celebrity      Baby:      Carrie  
Underwood   Welcomes   Second  
Son!**







By [Mara Miller](#)

In the latest [celebrity baby](#) and [celebrity news](#), [Carrie Underwood](#) and her husband, Mike Fisher, welcomed their new son into the world. According to *People.com*, Jacob Bryan Fisher was born on Monday, January 21st. Underwood and Fisher couldn't be happier. Their son, Isaiah Michael, is a proud big brother. Underwood wrote on her Instagram, "Jacob Bryan Fisher entered the world in the wee hours of the morning on Monday...his mom, dad and big brother couldn't be happier for God to trust them with taking care of this little miracle!" It's so wonderful to see Underwood's family growing!

**Carrie Underwood just had her second celebrity baby! What are some parenting tips for introducing babies one and two to each other?**

**Cupid's Advice:**

A new baby can be a very exciting time for the family. What

ways can you introduce your older children to their new sibling?

**1. Help them become friends early:** Include your older child in experiencing your pregnancy, such as showing them ultrasound pictures, singing to the baby, or letting your child feel a kick. This will help your child understand their new sibling is real and they can form a bond early.

**Related Link:** [Celebrity Baby: Khloe Kardashian & Tristan Thompson Are 'Actively Trying' for Baby No. 2](#)

**2. Spend quality time with your child:** If you're worried about jealousy, spending individual time with your older child will help to ward off any bad feelings about their new brother or sister.

**Related Link:** [Celebrity Baby News: Prince Charles Teases Baby Names for Duchess Meghan & Prince Harry](#)

**3. Give them a job:** Depending on how old your eldest child is, you can help them get involved with taking care of the new baby, like helping to change a diaper or finding something for the baby to wear. This will help them feel important while they help take care of the new baby.

**What are some suggestions you have for introducing older children to their new sibling?**

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## Celebrity Baby News: Carrie Underwood Is Expecting Baby



# No. 2



By Rhodesia Williams

In latest [celebrity news](#), [Carrie Underwood](#) is expecting [celebrity baby](#) number two. According to *UsMagazine.com*, [celebrity couple](#) Carrie Underwood and Mike Fisher are excited to welcome their child, but also have plans to potentially adopt in the future. It looks like this family just keeps getting bigger and bigger.

**In celebrity baby news, Carrie Underwood and Mike Fischer are expecting their second child. What**

# are some ways to prepare differently for a second child versus for your first?

## Cupid's Advice:

As exciting as it can be having a second child, it is a little more calming. There are things you did with your first child that you probably won't do with your second. Cupid has some ways to prepare differently for your second child versus your first:

**1. The registry:** Whether you planned on having a second baby or not, carefully choose the items on your registry. If you have anything left over from your first child, it doesn't hurt to use it again. When making up the registry, pick the items you know you will use and/or need. Adding different items you didn't really use with your first baby will probably go unused with your second. This will save you money in the long run and you will have everything that you will need. You can never have too many diapers and wipes.

**Related Link:** [How to Celebrate the New Year with a New Baby](#)

**2. Make room:** Time to make room for your new bundle of joy. It doesn't hurt to get a head start on arranging the sleeping arrangements. Planning ahead makes things so much easier rather than just waiting for the baby to come. Also with that, you can pretty much know what to expect in terms of where things will go. As exciting as it is to have a new baby, save some money on building a new room. Depending on the arrangements made, it may just be easier to keep the kids together.

**Related Link:** [Parenting Advice: You're Never Too Old to Have a Child](#)

**3. Get some sleep:** After your first child, you pick up on when you can get some rest. While with your first child, you probably ran every time you heard a coo or a cry, this time is different. Knowing what you know now will prepare you to be able to finally get some rest. Granted you will have two kids, but your other child will already have a set routine which helps.

**What are some things you will do different with baby number two? Comment below.**

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## **Celebrity News: Carrie Underwood Kisses Husband Mike Fisher After Winning the CMT Female Music Video of the Year**





By [Haley Lerner](#)

In [celebrity news](#), after it was announced that [Carrie Underwood](#) won the award for CMT Female Video of the Year for her collaboration with Ludacris titled “The Champion,” the singer gave her husband Mike Fisher a quick hug and kiss on the cheek before accepting her trophy. This celebrity couple is goals! The country singer thanked her fans in her acceptance speech, saying “Thank you God for all of us who are lucky enough who sit over here that we get to do what we get to do. And thank God for you guys—the fans. You guys really are the reason that we get to do what we do. Whoever went and voted for anybody, just thank you for taking the time. It means everything.” According to *People.com*, this is Underwood’s 18<sup>th</sup> CMT award, continuing her streak of having the most wins in CMT history.

**In this celebrity news, Carrie Underwood and her hubby are**

# celebrating good news! What are some ways to celebrate a career win with your partner?

## Cupid's Advice:

A career win is something both you and your partner should celebrate! Cupid has some tips on how to do it:

**1. Get dinner:** After a big success in your career, the best thing to do is go grab some food with your beau. Make it special and go to a fancier restaurant than your two normally would go to. Order your favorite food and don't forget the champagne!

**Related Link:** [Carrie Underwood Wins Big at the CMT Awards – And Her Husband Hugs Brad Paisley First!](#)

**2. Go on a mini vacation:** Spend some quality time with your partner and go on a weekend trip. Stay at a nice hotel either in a nearby city or somewhere further away if you want to splurge. Take the time to relax before the next steps in your career.

**Related Link:** [Carrie Underwood Says Mike Fisher Loves All of Her Craziness](#)

**3. Buy something you both want:** With a career win, it could be the right time for you and your hubby to invest in something you both have been dying for.

**Have any more ways to celebrate a career win with your partner? Comment them below!**

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# Fitness Tips: How to Keep the Beer From St. Patrick's Day Off Your Hips



By [Rachel Sparks](#)

St. Patrick's Day is upon us and we need to prepare our bodies. Let's be honest, the Irish have a stereotype for a love of drinking and St. Patrick's Day is no exception. If we're being honest with ourselves, we're going to join in on the fun. So soon after the New Year and our resolutions dangling over our heads, the biggest question is how we can have fun without failing our fitness goals? Cupid's [fitness tips](#) are our secret to you.



# Cupid's fitness tips will help keep all your St. Patrick's Day fun from sticking to your hips!

**1. Eliminate carbs:** This is a given. If you know you're about to be ingesting a lot of green beer, and the pretzels that come along with them, just make sure that you've balanced your intake. Cut back the days before and days after. Generally speaking, you don't want too many carbs anyway, but a little moderation will help balance that green beer you're going to have.

**Related Link:** [Fitness Tips: Staying Healthy During the Holidays](#)

**2. Limit portions:** Like any dietary recommendation, rationing portions helps. Smaller meals more often is a much better alternative for your body than a few large meals. Don't starve your body; the extra calories from holiday celebrations will send a message to your starving body to store them while they can.

**3. Watch caffeine:** Caffeine is a jittery high compared to the sleepy lows of alcohol. Be careful to not get stuck in a cycle of highs and lows that make up drinking and too much caffeine. In addition to the energy chaos, both alcohol and caffeine are diacritics. Sounds delicious? Yeah. Both will upset your stomach and mess with your sleep. Monitor caffeine or find kinder alternatives than coffee, such as tea or mate.

**Related Link:** [Fitness Tips: 6 Ways to Avoid Putting on Extra Holiday Pounds](#)

**4. Work out routine:** If you've been sticking with your resolutions we imagine that you already have a great work out routine. Make sure you stick with it before and after St.



Patrick's day. It's much easier to maintain than it is to recover, so don't stress about working out more in order to lose the extra beer weight, just tick with your normal routine to avoid packing it on.

**5. HIIT:** This is extreme. If you're ready for intense workouts with burn and fast results, this is it. High intensity interval training is a celebrity fitness trend that really works. Queen Latifa, [David Beckham](#), and [Carrie Underwood](#) are proud of their hot bods thanks to HIIT, so as a great fall back to get your butt in gear, HIIT will be saving your hips from St. Patrick's day.

**How do you plan on keeping the beer weight off? Share your tips below!**

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## **Fitness Trend: High Intensity Interval Training (HIIT)**





By [Karley Kemble](#)

One of the hottest [fitness trends](#) of 2017 and now 2018, high intensity interval training (HIIT) is a great all-over workout and really maximizes your calorie burn. Loved by celebrities such as [Guiliana Rancic](#) and [Carrie Underwood](#), this popular workout type uses a series of intervals at rapid intensities to condition your body in a shorter period of time. Seriously: you only need to dedicate 30 minutes for each workout. Whether you're an on-the-go mom or a bride-to-be, you should give HIIT workouts a try. You'll find it's the perfect workout that'll give you the results you've been searching for – regardless of whether you're a newbie or a fitness guru.

**Still not sold? Check out some of the benefits of this popular [celebrity fitness](#) trend that include more than just maximizing**

# your calorie burn:

**1. It promotes fat loss and muscle gain:** Cardio is excellent for your heart as well as an great way to burn fat. Most HIIT workouts will have an element of weight training built-in, so it is truly an all-inclusive exercise regimen. You'll be in killer shape in no time because of the combination of cardio and muscle building!

**2. It's perfect for busy schedules:** Let's face it – we are all busy and overexert ourselves. If you think you don't have enough time for a consistent exercise routine, it's time to stop making excuses! HIIT workouts are all about burning calories in a short period of time. All you need to do is spare 15-30 minutes and give it all you've got. Trust us, the results will amaze you!

**Related Link:** [Up and Coming Fitness Trend: Indoor Rowing](#)

**3. You don't need equipment:** You don't need to spend money on fancy equipment or gadgets. HIIT is all about getting your heart rate up, and keeping it up throughout the workout. You can easily tailor your workout to fit your current needs and fitness goals without the added tools.

**4. It's gets you out of your comfort zone:** Because of the intensive nature of HIIT, you are constantly pushing yourself out of your little comfortable bubble. HIIT exercises are a lot more fast-paced than 30 minutes on the treadmill or elliptical, so you'll find that your stamina will build at a quicker rate, too.

**Related Link: Fitness:** [5 Amazing Workout Tips from the Best Celebrity Trainers](#)

**5. You can do it anywhere:** If you have a gym membership you can check to see if they offer HIIT classes, or you can make-do in the comfort of your own home! There are tons of videos

online that you can follow along with – just make sure you follow the directions so you don't injure yourself.

Have you tried out HIIT? What do you like about it? Let us know below!

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## Top 5 Celebrity-Approved Couple Vacation Spots



By [Melissa Lee](#)

If you and your significant other are in the market for a romantic getaway, finding a unique spot to spend your time together may get a little difficult, especially if you're

looking for something fun and luxurious. If this scenario sounds familiar, it may not hurt to do some research on celeb-approved couple vacation destinations. Lucky for you, Cupid's already got you covered with a guide to the best celebrity couple spots!

## Look no further if you're on the hunt for celebrity-approved romantic getaways!

**1. Saint Tropez, France:** France is already known for being one of the most romantic destinations thanks to its love-filled environment. Vacationing in Saint Tropez includes gorgeous beaches and amazing landscapes, along with an incredibly fun nightlife. Plus, Saint Tropez has hosted celeb couples like Beyonce and [Jay-Z](#) and David and Victoria Beckham!

**2. Spain:** This European hotspot is sure to be a perfect combination of fun and romance for you and your sweetheart. In fact, on-off couple Michael Fassbender and Alicia Vikander were recently spotted rekindling their flame in Formentera, Spain. With a popular nightlife, hundreds of shopping spots, delicious food and wine, *and* beautiful sights, Spain is one of the most romantic getaways on the list!

**Related Link:** [Popular Vacation Spots That Celebrity Parents Love](#)

**3. Mexico:** If you're looking to vacation in a lively city with amazing food and beautiful beaches, Mexico might be the place for you and your significant other. [Carrie Underwood](#) and husband Mike Fisher proved this to be true when they spent their six-year anniversary soaking up rays and strolling on the beach, looking more in love than ever.

**4. The Alps:** Royal couple [Prince William](#) and [Kate Middleton](#)

have shown their appreciation for The Alps numerous times throughout their 14-year relationship. The couple have visited on their own for a fun, ski-filled getaway, and was even the place they shared their first kiss together! If you and your sweetheart are interested in cuddling up by the fire after a long day of skiing on the mountains, take a page out of the Royal couple's book and visit The Alps.

**Related Link:** [5 Celebrity Couples Who Look Hot At The Beach](#)

**5. Italy:** This classic celeb spot is perfect for a romantic getaway, and has hosted nearly hundreds of famous couples in the past. With its broad locations, there are several different spots you and your lover can head to. Long time married couple Pierce Brosnan and Keely Smith were recently photographed in Italy taking a stroll on the beach before heading back to their yacht – can you say adorable?

**What are some of your favorite romantic getaway spots? Share your thoughts below.**

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## Our 10 Favorite Celebrity Couple Athletes







By [Katie Gray](#)

Ahhh, there is nothing like our favorite [celebrity couple](#) athletes! The couples that workout together, play sports and support one another on the sidelines – stay together. Our favorite athletic couples vary in sport: baseball, football, basketball, hockey and so forth. Many of these [celebrity relationships](#) have led to gorgeous [celebrity weddings](#) and beautiful celebrity babies.

## Cupid has compiled our 10 favorite celebrity couple athlete couples:

- 1. Tom Brady & Gisele Bundchen:** The world's most famous supermodel and former Victoria's Secret angel, Gisele Bundchen, is married to NFL star Tom Brady. The two have cute celebrity babies together and live a healthy lifestyle. Frequently, she is spotted cheering him on at games, and in the past, the SuperBowl!
- 2. Jermichael & Courtney Finley:** The Green Bay Packers



football team are the best in the NFL and have won numerous SuperBowl titles. On the team, Jermichael Finley is an asset, but he also is known for being a husband and father. He's married to Courtney Finley, and the two are one of the cutest couples who are underrated for sure. The proud parents always support one another on social media, on the field, at home and so forth. Major relationship goals!

**3. Justin Verlander & Kate Upton:** MLB pitcher for the Tigers, Justin Verlander, and supermodel, Kate Upton, are a pretty pair. They are our favorite engaged celebrity couple, and we can't wait for the wedding!

**4. Kroy Biermann & Kim Zolciak:** Don't Be Tardy For The Party! Kim Zolciak came into the public eye when she starred on Bravo TV's *The Real Housewives of Atlanta*. She then got her own spin-off show with her husband, Kroy Biermann, who plays in the NFL. This celebrity couple is the modern day *Brady Bunch*!

**5. Nick Young & Iggy Azalea:** Rapper Iggy Azalea has been dating Nick Young, who plays for the L.A. Lakers. He's also the cousin of hip hop artist, Kendrick Lamar. This celebrity relationship is going strong! How cute are they?

**Related Link:** [5 Celebrity Couples We Want To Reunite](#)

**6. Stephen & Ayesha Curry:** You've probably heard Drake rap about NBA star Stephen Curry. Does the line "Steph Curry with the shot" ring a bell? Not only is he one of the best players in the entire NBA, off the court he's also happily married to Ayesha Curry. We love this down to earth couple.

**7. Shakira & Gerard Pique:** Her hips don't lie! Pop star Shakira is known for her dance moves. However, she's also a great wife to Gerard Pique, professional footballer for Barcelona. She's a fantastic mother, too, and works hard. In fact, her net worth of \$300 million dollars proves it.

**8. Carrie Underwood & Mike Fisher:** Country cutie [Carrie](#)

[Underwood](#) is not only a talented singer and performer, but is also a great wife and mother. She had a celebrity wedding to Mike Fisher, professional hockey player, in 2010. Then, the couple introduced their celebrity baby boy in 2015.

**Related Link:** [Bigger Is Better: Top 6 Celebrity Couple Engagement Rings](#)

**9. Jessie James & Eric Decker:** Country singer-songwriter Jessie James married NFL star Eric Decker in 2013. The Minnesota native plays for the New York Jets. They then welcomed a beautiful baby girl, Vivianne Rose. In 2014, they starred in an E! reality series, *Eric & Jessie: Game On*.

**10. Ryan Braun & Larisa Fraser:** Ryan Braun plays for the Milwaukee Brewers and is one of the cutest players in the MLB – hands down. He's married to actress and model, Larisa Fraser.

**Who are your favorite celebrity couple athletes? Share in the comments below!**

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## 12 Top Earning Celebrity Couples





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Kristin Cavallari and Jay Cutler

In 2014, the Bears quarterback signed a seven-year contract

that guarantees him 50 million dollars. Given his wife's many projects, including a popular line of shoes with Chinese Laundry and an upcoming book, it's easy to see why this celebrity couple made our list! Photo: Visual/FAMEFLYNET

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## 20 Fashionable Celebrity Moms







Gwen Stefani

The No Doubt front woman and L.A.M.B. fashion designer has a unique sense of style, one that she's passed down to her three celebrity babies. Photo: Gucci/FAMEFLYNET PICTURES

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## Celebrity Photo Gallery: Famous Couples Who Work Out Together





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Jessica Biel and Justin Timberlake

The duo that sweats together, stays together! This famous couple seems to believe this truth, as they are often seen

jogging together. Photo: Brian Flannery/FlynetPictures.com

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# Celebrity Photos: Famous Couples and Their Exotic Honeymoons







Mike Fisher and Carrie Underwood

The Nashville Predators hockey player and country singer got married in Georgia in July 2010, and then they hopped on a plane to celebrate their honeymoon in Tahiti. The celebrity couple spent their time soaking up the sun on this beautiful island in French Polynesia. Photo: Flynet Pictures

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## Cutest      Celebrity      Baby Announcements





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Ryan Reynolds and Blake Lively

In October 2014, this gorgeous couple almost broke the Internet with their subtle but powerful baby announcement. The

'Gossip Girl' alum posted a post titled Preserve Celebration of Family on her website with a photo of her holding her baby bump. The couple have openly expressed their desire to start a family, and we know they're excited to welcome their bundle of joy in 2015. Photo: AAR/FameFlyNet

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# Athlete-Celebrity Power Couples







Brooklyn Decker and Andy Roddick

The professional tennis player and 'Sports Illustrated' swimsuit model have been dating since 2007. The adorable couple married in April 2009. Photo: Allen Berezovsky / PR Photos; Sylvain Gaboury/PR Photos

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## Carrie Underwood Reveals Details Her Celebrity Baby's Gender at the CMA Awards





By Amanda Boyer

We have all been following Carrie Underwood's adorable celebrity pregnancy, and this weekend, we received the best celebrity baby news. During the Country Music Association Awards, Underwood revealed the gender of the [famous couple's](#) celebrity baby: a boy! According to [People.com](#), her co-host Brad Paisley found out on stage when the blonde mom-to-be whispered it to him, and later on, he referred to the baby as a "him," inadvertently revealing that the soon-to-be celebrity mom is having a son.

**We can't wait to meet Underwood's celebrity baby boy! What are some creative ways to announce the gender of your baby to family and friends?**

**Cupid's Advice:**

Announcing the gender of your baby to your loved ones can be fun and exciting! Cupid has some ideas:

**1. Open a box of balloons:** Fill a box up with either blue or pink balloons and open it together during a baby shower.

**Related Link:** [Carrie Underwood Is Expecting](#)

**2. Cut into a cake:** Ask the baker put either pink or blue colored filling in the cake. When you go to cut it, people will get a glimpse of the color, revealing whether you're having a boy or a girl.

**Related Link:** [Carrie Underwood Says Mike Fisher Loves All of Her Craziness](#)

**3. Use your clothes:** In the middle of the party, switch into a pink or blue shirt. When you return, announce the gender to your guests.

Have any other ideas to announce the gender of your baby-to-be? Comment below!

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## Carrie Underwood Is Expecting





By Amanda Boyer

After four years of married life, ‘American Idol’ alum Carrie Underwood and NHL player Mike Fisher are expecting their first baby, as Underwood announced her pregnancy on her Instagram over Labor Day weekend. The country crooner made her announcement by posting a photo with her two dogs that were wearing “I’m going to be a big sister” and “big brother” outfits. She captioned the photo, “In honor of ‘Labor’ Day, Ace & Penny would like to make an announcement. Their parents couldn’t be happier...” According to a source for [USMagazine.com](http://USMagazine.com), “They couldn’t be happier to be starting a family.”

**What are some ways to reveal your pregnancy to your partner?**

### **Cupid’s Advice:**

Just found out you’re expecting? Want some ways to tell your partner? Cupid has some tips:

**1. Do it over cooking:** Before he gets home, write, “You’re going to be a daddy!” on an ingredient for dinner. Tell him to



help you cook and to go get the special ingredient. He will be smiling ear to ear once he reads it!

**Related:** [Pregnant Mila Kunis Goes On Burger Date with Ashton Kutcher](#)

**2. Get matching shirts:** Give your hubby a “thinking of you” gift—a shirt—but buy a smaller version of it and hide it under the other one. When he opens it and sees the second shirt, tell him the first one is for you and the second one is for “the baby.” He will surely be surprised.

**Related:** [Kourtney Kardashian is Pregnant With Third Baby](#)

**3. Play a game:** Tell your partner you feel like playing Scrabble. While playing the game, write out that you’re pregnant with the letters; his face will be priceless.

**Have another way you told your partner? Share your story below and comment!**

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## 5 Celebrity Women Who Only Date Athletes





By [Whitney Johnson](#)

In today's tabloids, it's never a surprise to see yet another Hollywood beauty on the arm of a hunky athlete. From country crooners to television actresses to reality starlets, these five celebrity women have ditched their singer and actor exes to date – and in some cases, marry! – athletes instead:

**1. Jessica Simpson:** After her divorce from boy bander Nick Lachey, this lovable pop princess dove right back into the dating game, shifting her focus from singers (a rocky relationship with John Mayer aside) to football players. She dated Dallas Cowboys quarterback Tony Romo for two years before settling down with former NFL wide receiver Eric Johnson. The happy couple, who are parents to daughter Maxwell Drew and son Ace Knute, are set to walk down the aisle this spring.

**Related Link:** [Celebrity Couple Predictions: Jessica Simpson and Eric Johnson](#)

**2. Carrie Underwood:** This blonde beauty has a similar penchant

for professional athletes. Before Romo hooked up with Simpson, he was linked to Underwood for a brief six months. After he did her wrong (and no, Cowboy Casanova is not about him), the *American Idol* winner met handsome hockey player Mike Fisher. The couple married in 2010 and have made their home in Music City, where Underwood is often spotted cheering her husband on as he plays with the Nashville Predators.

**3. Hayden Panettiere:** Panettiere is yet another tow-headed singer who gravitates towards sporty boys. The *Nashville* star first dated Ukrainian boxer Wladimir Klitschko in 2010. She was then seen out and about with former New York Jets wide receiver Scotty McKnight before reuniting with Klitschko. After months of speculation, the petite actress confirmed their engagement on *Live With Kelly and Michael* in October 2013.

**4. Khloe Kardashian:** It looks like Kim – who dated not one but *three* athletes before starting a family with rapper Kanye West – isn't the only Kardashian sister who likes muscular men. Her younger sister got hitched to Los Angeles Lakers forward Lamar Odom after only one month of dating. This past fall, she announced her divorce from him after four years of marriage and has since been linked to Los Angeles Dodgers star Matt Kemp.

**Related Link:** [Khloe Kardashian Files for Divorce from Lamar Odom](#)

**5. Eva Longoria:** The *Desperate Housewives* actress married San Antonio Spurs point guard Tony Parker in a fairy tale ceremony in 2007. Unfortunately, after three years of marriage and reports of his infidelity, the couple ended their union. A few years later, she dated New York Jets quarterback Mark Sanchez for a couple of months.

**Cupid wants to know: Why do you think celebrity women so often fall for pro-athletes?**

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# How Celebrity Couples Overcome Their Stressful Lives



By Whitney Baker

While it's tempting to think that celebrity couples never experience the ups-and-downs of real life, that's not always the case. Like everyone else, they must survive personal heartbreak, career letdowns and various forms of rejection – and they must do it all in the public eye. Of course, being a Tinseltown twosome means that they have money and means to overcome their stressful lives, perhaps by doing one of the

activities below.

**1. Learning something new:** Although stars are often on set for long hours or traveling for various commitments, there is always downtime during their hectic schedules, giving them time to pick up a new hobby. For instance, Curtis Stone, who has a son with fiancée Lindsay Price, hopes that he and Price can learn how to speak Spanish and then teach their son the language.

**Related Link:** [Celebrity Couples Who Have Turned Over a New Leaf](#)

**2. Taking an extravagant vacation:** Thanks to their hefty paychecks and flexible jobs, stars can jet off to Mexico or the Caribbean on a whim. Some of them even own their own private planes, making it extra easy to take a last-minute vacation. After co-hosting ABC's *New Year's Rockin' Eve* with Jenny McCarthy, Ryan Seacrest headed down to St. Barts for some fun in the sun with his long-time girlfriend Julianne Hough. This trip provided some much-needed R&R for the busy couple: Seacrest is gearing up for the twelfth season of *American Idol*, while Hough is promoting her upcoming movie *Safe Haven*. Likewise, Reese Witherspoon, Jim Toth and their three children spent the holidays in Hawaii.

**3. Enjoying normal, domestic activities:** Sometimes, just doing basic, everyday chores helps alleviate the pressure that comes with being rich and famous. When their schedules align and Carrie Underwood and husband Mike Fisher are both at their Nashville home, they like to keep things simple: they often spend time cooking and watching television together. Underwood likes to keep a similar routine when she's on tour, often doing her own laundry on her days off.

**4. Donating to charities:** While stardom certainly comes with stress, it also includes many wonderful perks. One way for stars to fully appreciate how blessed they are is by giving



back – and no couple does this better than the Duke and Duchess of Cambridge. Kate Middleton is making sure her charitable donations reflect on her pregnancy; in January, she gave both a hamper of new baby products and a package of baby clothes to one of her favorite causes, East Anglia Children's Hospices.

**Related Link:** [Recovering Neuroscientist Don Vaughn Talks About Finding Love and Changing the World With Music](#)

**5. Adopting a puppy:** Similarly, many celebrities show their goodwill by rescuing dogs from local shelters. These furry creatures provide them with constant companions despite their busy schedules. At the start of the New Year, Miley Cyrus and Liam Hemsworth adopted a Chihuahua-mix puppy, Bean, who joins their family of four other rescued dogs. Likewise, Katherine Heigl – who even started her own animal companion charity – and husband Josh Kelley have a full house: they're raising their two daughters alongside seven rescued dogs.

**How do you and your partner handle stress? Tell us in the comments below!**

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## Carrie Underwood Says Mike Fisher Loves All of Her Craziness





By Erin Minty

Country star Carrie Underwood has found someone who loves “all of her craziness”: her husband of two years, Mike Fisher. Since their marriage in 2010, the couple is still as happy and in love as ever, according to [UsMagazine.com](http://UsMagazine.com). Though the singer and her NHL hubby are both so busy, they take the extra effort to make their marriage work, like vacations to Disney Animal Kingdom in July. Underwood shares that the two text and tweet “I love you” every day to each other, as well as making their time together count by going on dates. With such busy work lives, it is great to see a couple that makes it work, despite the obstacles they face.

**How do you know if someone’s weak points are something you can live with?**

### **Cupid’s Advice:**

Most people are not perfect, and there may be a few elements of their lives that you don’t like. Cupid has some advice on figuring out whether or not those weak points are something

you can live with in your relationship.

**1. Talk to your partner:** If you have a problem with an element of your partner's life that you are unsure about, talk to them. It may be something that is unavoidable, or the two of you may be able to come to a compromise. Either way, if you leave the conversation feeling better about the issue then the relationship is probably worth it.

**2. If the positives outweigh the negatives:** In any relationship, there may be elements of your partner that you don't think are perfect. But you shouldn't abandon ship because of one little pet peeve. Think about it: are there more positives than negatives in your relationship? Try to focus on those points instead.

**3. Test it out:** If you really can't decide whether or not you can live with the weak points, try it out for a little while. After a time, if the relationship is driving you crazy, you'll know that the problems are too much to handle. If you still want to stay with the person, you'll know that you can handle a few little issues.

**How do you know if you can handle your partner's weak points? Let us know below!**

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# **Carrie Underwood Wins Big at the CMT Awards – And Her Husband Hugs Brad Paisley**

# First!



When Carrie Underwood decided to team up with Brad Paisley on their single, 'Remind Me,' she probably didn't expect the fellow country singer to be competition ... for her husband! At Wednesday night's CMT Music Awards, Underwood accepted her first award for collaborative video of the year with Paisley, whom her hockey player husband, Mike Fisher, hugged first, according to [People](#). The surprised five-time nominee played it cool and jokingly asked the Nashville audience, "Did you see my husband hug him first?" Fisher may have been too caught up in the bromance, but he didn't miss his opportunity to show some love to his rock star wife when she won video of the year.

**What are some ways to celebrate a partner's big achievement together?**

## Cupid's Advice:

One of the greatest things about being in a relationship is sharing in one another's successes. Since you're each other's support system, it's your job to make your partner feel special by celebrating his or her achievement, which is easy to do with these tips:

**1. Champagne:** What compliments smiles and high spirits better than a popped bottle of bubbly? Make sure to have this commemorative cocktail ready to toast your significant other's big moment along with friends, or maybe even just the two of you.

**2. Party:** Bringing together family and friends to show off your love's accomplishment will make him or her the center of attention while displaying how much you truly care.

**3. Mini-getaway:** Really surprise your partner with a spontaneous trip. Even if it's just an overnight stay, the alone time will allow you to show your appreciation.

**How do you celebrate your partner's big achievement? Share your experiences below.**

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# Carrie Underwood Says She's Not Ready to Start a Family







[Carrie Underwood](#) isn't feeling pressured by Hollywood. The [newlywed](#) country singer says she has no immediate plans to start a family with husband [Mike Fisher](#), reports [UsMagazine.com](#). "We're good [without kids]. I'm super busy and he is super busy. We are still newlyweds," said Underwood backstage at *American Idol* on Thursday. "I honestly think that if we brought a kid into it would mess things up right now! We're good right now!"

**How do you know when you and your mate are ready to have kids?**

### **Cupid's Advice:**

Choosing to start a family is a difficult decision to make, especially when you're happy with the status quo. Here are a few suggestions as to when to start a family:

**1. You want a family:** If you find yourself eyeing babies you see at a local park or going gaga over your neighbor's daughter, it might be time for you to start thinking about a family of your own.

**2. Financially secure:** Even if you and your partner feel

emotionally ready for a child, you still need to be sure that you're completely prepared. Make sure that you have enough money set aside for child care and, eventually, college tuition.

**3. Don't feel pressure:** Don't feel pressured to start a family by your friends or by a supposed biological clock. With modern medicine and in vitro fertilization, it's possible to have children much later in life. It's okay to wait.

**How did you know when you were ready to have kids? Feel free to leave a comment below.**

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## Celebrity Couples Who Shy Away From the Spotlight





By [Whitney Baker](#)

Some celebrity couples flaunt their relationship for the entire world to see, posing for the paparazzi as if they're at a photo shoot (hello, Kardashian sisters!). Other couples, regardless of whether they've just begun dating or have been married for years, choose to hide from the spotlight and stay mum about the details of their love. Below are five Tinseltown two-somes who are keeping their lips sealed when it comes to romance:

**1. Kristen Stewart and Robert Pattinson:** Although this cute duo has refused to officially confirm they're a couple, they did come close to doing so on *Oprah* in 2010. The two jokingly referred to Kristen Stewart's "baby" when asked if they were dating. Also, an *Oprah* insider insists that Pattinson and Stewart revealed their relationship to the queen of talk shows before the taping. More recently, Stewart casually mentioned her "English boyfriend" in an interview for British *GQ*. Even so, don't expect too much PDA from this couple – despite their intense love scenes in *Twilight's* latest installment.

**Related:** [Rob Pattinson Thinks Kristen Stewart Looks “Amazing” as a Bride](#)

**2. Sarah Michelle Gellar and Freddie Prinze, Jr.:** Gellar and Prinze first met while filming *I Know What You Did Last Summer* and have been together for more than a decade. After a two-year hiatus from acting, Gellar is now starring in *Ringer* on The CW and is learning the ins-and-outs of balancing a career and motherhood. In a recent interview with *Self*, Gellar calls her daughter Charlotte “my best friend” and says that she values time with her family above all else.

**3. Gwyneth Paltrow and Chris Martin:** The Oscar winner and Coldplay frontman have been married for over eight years, but have been tightlipped about their relationship and are rarely photographed together. That’s not to say that they don’t realize how lucky in love they remain. As Martin recently told *CBS Sunday Morning*, “From being a loser to going out with an Oscar winner? It’s a giant leap. Let’s face it: It’s like winning the lottery.”

**Related:** [Chris Martin Calls Gwyneth Paltrow His “Beard”](#)

**4. Emma Stone and Andrew Garfield:** With this rumored romance, Stone, who starred in *Easy A*, *The Help* and *Crazy Stupid Love*, has met her match. Garfield is well-known for his role in *The Social Network* and is currently filming *The Amazing Spider-Man*, making him another one of Hollywood’s hottest twenty-somethings. This publicly-shy couple has been spotted hiking and going to the movies, but they haven’t yet officially confirmed their relationship.

**5. Carrie Underwood and Mike Fisher:** Since Fisher’s trade to the Nashville Predators early last year, country’s all-American sweetheart and her hockey-playing beau are enjoying a low-key life in Nashville. The couple is still relishing their status as newlyweds, often opting for trips to the local

Whole Foods Market and cooking at home as opposed to fancy nights out.

**Related:** [Celebrity Couples You Just Might See at a Sporting Game](#)

Who are some of your favorite low-key celebrity couples? Share your comments below.

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## Engagement Rings of the Rich and Famous



By Nan Gibbons



If we're being honest with ourselves, we know that a 2 million dollar engagement ring probably isn't in our future. Although you may not be able to afford a multi-million dollar rock, you can still channel inspiration from celebrities to choose a quality, stylish ring for your upcoming engagement. Your personal taste and style mixed with the splendor of celebrity rings will result in the perfect look for you. Here are some styles to consider:

**Related:** [Rosie O'Donnell Proposes with a \\$100,000 Ring](#)

### **Classic Elegance**

You can never go wrong with classic engagement rings. The timeless beauty of a studded band like Carrie Underwood's or a simple set of diamonds will always do the trick. Underwood's ring combines the style of a wedding ring with the sparkle of an engagement ring and makes for a pretty amazing result!

Standard rings with diamonds in the center of a plain band never fail to draw "oohs and aahs" from family and friends.

### **Vintage Charm**

If you're drawn to the idea of a vintage ring, there are several ways you can work this angle. You can choose to go with an older style or base it off of family history. Prince William combined both of these tactics when he gave his then fiancé, Kate, the same ring his mother Diana wore when she was engaged. The gem had the splendor of an older style, plus the emotional value of family tradition. Going for an older style ring or re-purposing a family heirloom can be a great way to re-create the style of Kate's gorgeous ring.

**Related:** [Five Celebrity Couples Who Got Engaged During The Holidays](#)

### **Bright and Colorful**

Thinking outside the box and considering a less traditional

ring is great for couples who enjoy being one-of-a-kind. For her recent engagement, Jessica Simpson was given a stunning bright red ruby framed by two diamonds and set in a gold band. It looks much more unique than the standard, but still incorporates the classic timelessness of diamonds.

No matter what your style preference, there is a great and affordable ring with your name on it. Whether you prefer sparkly diamonds or colorful gems, you can use celebrity styles to inspire you in order to find the perfect ring for your budget.