

# Celebrity Interview: 'Mom vs. Matchmaker' Star Carmelia Ray Dishes on Celebrity Relationships & Expert Love Advice



By [Delaney Gilbride](#)

The mother of all matchmakers is back and ready to tackle every and any matchmaking challenge that comes her way! Carmelia Ray's hit show on Myx TV, *Mom vs. Matchmaker*, is in full swing after the show's second season debuted on Tuesday, March 14th. Yearning singles couldn't be more hyped! Ray integrates her 20-plus years of experience as a celebrity

matchmaker, certified dating coach, and online dating expert to battle it out with determined mothers in order to find the perfect suitor for struggling singles on her stirring reality TV show. In our exclusive [celebrity interview](#), the matchmaker spills her expert [dating advice](#) as well as her views on the hottest [celebrity couples](#).

## ***Carmelia Ray Talks Season Two of Mom vs. Matchmaker***

The saying “mother knows best” truly came into play during filming of the second season of *Mom vs. Matchmaker* – so much so that the expert needed a little help herself as she went head-to-head with the mothers. “I thought the moms were fiery last season,” Ray shares, “but that was a fondue compared to the blazing competitors this season! I had to bring in a smoking hot love assistant, Patrick, to keep up with all that fire.”

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Moms were ready to give their all following the success of the show’s first season, and they sure didn’t disappoint. The process of being a matchmaker isn’t an easy one, *especially* if you’re butting heads with the mother of a client. Ray recalls working with a mother who called herself the “Mafia Mom” and, boy, did she mean it. The mothers participating in this season showed up “ready to rumble,” making it deliciously exciting for both Ray and her viewers.

## **Matchmaker Gives Love Advice on the**

## End of “Cuffing Season”

With warm weather just around the corner, Ray’s [love advice](#) for the end of “cuffing season” – or winter flings – is short and sweet. “It’s time for spring cleaning!” she exclaims. This advice is both literal and metaphoric when it comes to your life. “Clear out your clutter – in your mind, on your social media, and with your love life. Dump anything or anyone that doesn’t serve you or what you stand for.” Although we all know too well how rough it is to end a winter relationship following long nights of cuddling and cocoa, Ray advises us to leave all of that in the past. The matchmaker thrives off of her ability to connect singles with their life mates and says, “Helping people find love is the best reward I could ever imagine.” So how could her advice possibly steer us wrong?

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As for finding someone special in the heart of spring, Ray mentions that if you’re looking for love, you *have* to have a plan. “It’s amazing how many singles who are looking for love don’t date!” Ray shares. “My number one tip for someone looking for love is to make sure they have a dating strategy and plan in order to find love. You cannot go into dating without a plan for how, where, and when you plan to be dating.”

## An Inside Look at Celebrity Relationships

Since Ray has been coined “the celebrity matchmaker,” it’s only fitting that we asked her a few questions regarding the most popular couples in Hollywood. As for [Selena Gomez](#) and the Weeknd, the dating expert totally understands why the public

adores their relationship. “They get each other’s lifestyle and understand the hardships of dealing with their lives constantly being under scrutiny,” she says. “This musical pair is an undeniable force and notable power couple.” The matchmaker adds that “there’s something incredibly undeniable about young, attractive, talented, celebrity couples, especially when they combine forces and publicly display their affection and respect for each other.”

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When it comes to favorites, Ray gushes over her all-time favorite celebrity couple: Goldie Hawn and Kurt Russell. She believes there is so much to learn from them. “To be married and stay married in the world of music, TV, and entertainment is already a huge testament of their devotion, love, and loyalty for one another, despite the bumps,” she shares. We strive to have relationships that last a lifetime, which is why Ray does the job that she does. It’s people like her that help singles like us get over our insecurities about love and jump into it with open arms!

*You can connect with Carmelia Ray socially on Twitter, Instagram or Facebook @carmeliaray. Don’t forget to hashtag #askmomvsmatchmaker if you have specific questions about your dating life you’d like answered by Carmelia Ray or her team.*

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# **Celebrity Interview: Reality TV Matchmaker Carmelia Ray**

# Says, “Take Actions That Are Consistent With Your Commitments”



By [Rebecca White](#)

On May 3, a new Myx TV original dating series premiered that tested the old cliché that “mother knows best.” Carmelia Ray is the world-renowned professional matchmaker star in the new series, *Mom vs. Matchmaker*, which challenges a matchmaking titan with over 20 years of experience to find, train and prep a better suitor than determined moms who are inserting themselves into their single child’s love life. In our exclusive [celebrity interview](#), the relationship expert talks about the new reality TV show and gives her best love advice.

# Carmelia Ray Talks New Reality TV Show, 'Mom vs. Matchmaker'

With any reality TV show, the contestants' future happiness is on the line in the hit new series. Emotions run high and audiences are able to get a behind the scenes look at the matchmaking process. As the matchmaker, Ray is most excited for viewers to see what it takes to find a match so they can appreciate the process of working with a matchmaker. "Matchmaking is a real alternative and a great one at that," the expert says. "Viewers will be surprised at the lengths that both mom and I go to, to find the perfect match."

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The matchmaking process isn't just about finding someone who marks off checks on a list but is a creative training process. As the matchmaking titan says, "Nothing is predictable." The show features many twists and turns, because even if a choice seems obvious and makes the most sense, people tend to go with their gut, even if goes beyond what they say they want. Overall, the show also displays that mothers don't always know best. "I'm a mom and I'm willing to admit I don't always know best," Ray says with a laugh. "There's no manual and there are a hundred different ways to deal with a situation, so even though moms have a strong sense of what an outcome should be, they don't always know best."

## Matchmaker Gives Best Love Advice

With summer right around the corner and summer love on everyone's mind, turning a summer fling into a full-fledged relationship can be tricky. Ray's best dating tips for summer love are to avoid sleeping with someone on the first date and take your time. "There's something to be said about saving

yourself sexually,” she adds. Slowly reveal yourself, because the mystery is half the charm.

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Along with summer love, comes wedding season. If you’re single and navigating the upcoming wedding season, you don’t have to bring your summer fling as a date. “It’s always great to bring a date who has no expectations,” the reality TV star says. “Bring a wing woman or a wingman or the DD.” When you’re single, going to a wedding doesn’t have to have pressure or be awkward. You can bring someone who has your back and complements you so you can have a good time. But remember that the wedding day is also about your friend who is getting married. If you see that the bride is having cold feet, have them list everything that they love about their partner. “Ask them what they’re really nervous about because a lot of times they are focusing on what can go wrong in the relationship,” Ray says. To help your pal through this, have them remember why their partner is a good match and how their life is better with that person.

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You may also have friends who are already married and have thriving careers and families. Managing a career and a family isn’t always easy, but moms need to remember to have “me-time.” In order to get their energy and mood up, moms have to make themselves a priority and let their family know what they need. Busy moms can also find support groups who have similar interests and will encourage you to get involved in the community. Whether you enroll in a group that does activities you like or a group of moms that support each other, look to other people to help you out. Focusing on your relationship is a great idea, as well. Making time for romance, your career,

and your family is tough, but it's all about prioritization. "If you value your relationship, you'll make time," Ray says. "Everything else is just excuses." In our celebrity interview, the reality TV star shared that the best love advice she's ever received was to "Take actions that are consistent with your commitments." If you say you're committed to your relationship, then make sure you're calling your partner or texting them updates. If one thing is for sure: This matchmaker does not take excuses.

*Mom vs. Matchmaker* airs Tuesdays on Myx TV at 8 p.m. EST.

You can keep up with Carmelia Ray on [Twitter](#) and her [website](#).