

# Beauty Tips: Makeup Trends Making a Comeback in 2021



By Carly Silva

After quarantining and staying at home for the better part of 2020, many of us are ready to get back out into the world this new year. Everyone is itching to start dressing up and going out again, and of course, doing their makeup again. This year, all sorts of makeup trends are going to be making a comeback as we dive back into makeup in 2021.

**If you're looking for some new**

# **beauty tips for your makeup look this new year, check out these five makeup trends making a comeback in 2021:**

**1. It's all in the eyes:** This new year, especially with wearing masks covering half of our faces, the eyes are more important than ever. Eye makeup trends from the 90s and 2000s are going to be essential in 2021, especially thick eyeliner and smokey eyes. These are great looks to draw attention to your eyes and keep your face sparkling through your mask!

**Related Link:** [Beauty Advice: Everything You Need to Know About Exfoliating Your Skin](#)

**2. Brows, brows, and more brows:** Another trend that has gone in and out of style, but is definitely making a comeback for 2021 is thick eyebrows. Thick brows are a great way to add a strong feature to your face without having to wear too much eye makeup, and they maintain a pretty natural look as well!

**Related Link:** [Beauty Trends: 5 Ways to Make Your Eyes Pop](#)

**3. Natural skin:** Now that the skincare movement has blown up in 2020, this new year is going to be all about glowing skin. Focusing on skin health and sporting glowing and juicy skin is going to be a major trend for 2021. Serums and primers are great ways to accomplish a dewy look with or without makeup!

**4. 80s colors:** 80s-style makeup and colors are going to be another big part of 2021. Neon colors, as well as shimmery shadows are an up-and-coming trend to incorporate into your routine this new year! Using neon colors will help draw attention to your eyes and help you accomplish a fun and trendy throwback look!

**5. Juicy lips:** While juicy lips have always been in style, they're making a major comeback this new year. Plump and juicy lips, as well as bright and bold lips are a great way to add something special to your makeup look in 2021. You can accomplish a plump lip using any gloss or lip liner!

What are some other makeup trends for 2021? Start a conversation in the comments down below!

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## Parenting Tips: How to Cope with Mom-Shaming



By Carly Silva

Have you ever been bullied or judged for your decisions as a mother? If so, you may have experience the phenomenon called “mom-shaming,” where other parents make mothers guilty for their parenting choices. Mom-shaming can make many women feel like inadequate or unfit mothers, but luckily, there are plenty of ways to help you handle it.

## **If you struggle with handling mom-shaming and need some [parenting tips](#), check out these tips and tricks to help you cope with mom-shaming:**

**1. Do your best to ignore it:** While it can be difficult, trying to ignore mom-shamers is a great way to tune out the hate and focus on what matters. If you are confident in your ability to parent, don't waste any time listening to people who mom-shame, and instead focus on the positive things you do as a mother!

**Related Link:** [Parenting Tips: Co-Parenting Tips for the Holidays](#)

**2. Don't take it to heart:** Try your best not to take criticism or judgement from others too personally. They could be speaking out of jealousy, or trying to compensate for their own insecurities. Instead of obsessing over particular criticism you've received, try to put mom-shaming into perspective and remember that not everything people say about you is true.

**Related Link:** [Parenting Tips: Help Your Kids Adapt to Change](#)

**3. Remember that you're not perfect:** If another parent makes you feel guilty for something you have done or a choice you've

made as a mother, it's okay to embrace that. Sometimes, people, and especially parents, make mistakes, and that's perfectly normal. Remember that parenting has a learning curve and that you are doing the best that you can do.

**4. Consider making your life more private:** If you are the type of person to get really bogged down by the things other people say about you, it might be helpful to make your life and your kids' lives more private. Think about getting rid of social media accounts, or refrain from posting too much about your personal life online to limit the access people have to the details of your personal life.

**5. Follow your motherly instincts:** At the end of the day, whether or not you are dealing with mom-shaming it's important to always trust yourself over the opinion of others. Remember that you know your children best, and that how you parent them is completely up to you.

**What are some other ways to help you cope with mom-shaming? Start a conversation in the comments down below!**

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## **Travel Tips: Top Travel Destinations for 2021**





By Carly Silva

The COVID-19 pandemic ruined millions of travel plans for 2020, and people from all over were forced to stay quarantined inside their homes. This new year, people itching to get back out into the world and start traveling again, and there are plenty of great travel destinations for your 2021 vacation!

**If you're looking for some [travel tips](#) this new year, check out these five top travel destinations for 2021!**

**1. The Dominican Republic:** The Dominican Republic is known for its popular resorts, but it also has a calm and quiet areas that make it a perfect getaway for 2021. There is a great landscape for outdoor activities, including beaches and waterfalls for amazing sight-seeing adventures.

**Related Link:** [Travel Advice: Socially Distant Vacation Ideas](#)

**2. Jackson Hole, Wyoming:** Jackson Hole is a perfect vacation for anyone looking for a cold-weather destination. It is one of the most up-and-coming skiing destinations in the country, and has tons of adventures for you and your travel group. If you're thinking of traveling to Jackson Hole, be sure to hit the slopes for skiing, snowboarding, and and even snowmobiling! Plus, you can see [kasyno online](#).

**Related Link:** [Travel Tips: Fun Things to Do While Visiting Grafton, Illinois](#)

**3. Sonoma County, California:** This destination is perfect for anyone looking for a relaxing outdoor experience. Sonoma is well-know for its vineyards for wine-tasting, along with the hiking and biking opportunities. This beautiful California destination is a great spot for anyone looking for a calm vacation, especially wine-lovers!

**4. Maldives:** If you're looking for an extravagant and luxurious vacation, the Maldives is a great spot for you. The crystal clear water and year-round beach weather, Maldives is the perfect spot to disconnect from the world and relax.

**5. Helsinki, Finland:** This Scandi city is a perfect spot for a trendy vacation in 2021. With dozens of waterfront dining spots, and world-class food, this city is a great place to go to absorb some new culture. This destination is a perfect spot for travelers who love to explore and are looking for a culture-filled trip! Plus, check out [kasyna online](#).

**What are some other travel destinations for 2021? Start a conversation in the comments down below!**

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# Fitness Trends for 2021



By Carly Silva

2020 has been a chaotic 12 months, but this new year calls for new beginnings, and that means new workout routines. Getting fit this new year is a great way to start 2021 off with a fresh start, but choosing your workouts might look different than normal.

**If you're looking to get in shape this new year pandemic-style, check out these new [fitness trends](#) to**



# follow in 2021!

**1. Utilize at-home workouts:** With the coronavirus pandemic surging the country, staying at home is one of the best ways to stay safe, and that doesn't have to mean skipping the gym. Bring the workouts to your own home by following along in YouTube or online workout programs. This is a great way to stick to a fitness routine without the risk of leaving your home.

**Related Link:** [Fitness Tips: 5 Yoga Poses for Stress Relief](#)

**2. Find outdoor workouts:** Outdoor workouts are becoming a very popular trend during the coronavirus pandemic, as staying outside is much safer than being indoors. Try finding classes that are held outdoors, or conduct your own outdoor exercise like bike riding or hiking.

**Related Link:** [Fitness Tips: The 6 Best YouTube Workouts to Try Right Now](#)

**3. Focus on health-oriented workouts:** A lot of times, workouts are focused on improving body fitness and appearance. But this year, health is increasingly important. Make sure to remember to focus on your health by choosing workouts that will improve cardiovascular health so that your body stays healthy all year long.

**4. Find gyms with good hygiene standards:** Another major trend this year is finding places with good hygiene standards and coronavirus precautions, especially gyms. Be sure to do research about your gym's efforts to keep members safe, and keep health and safety as a priority throughout your workout.

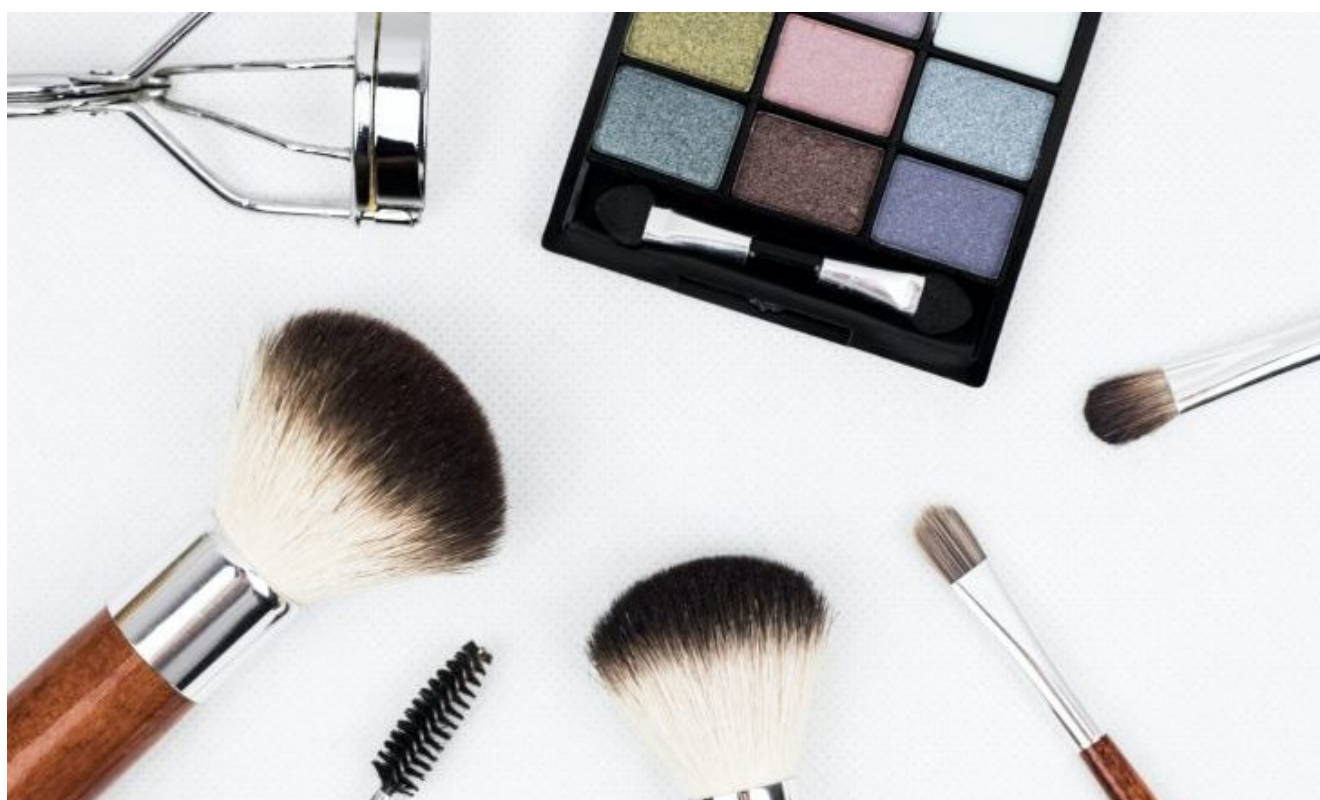
**5. Try exercising the mind, too:** Another fitness trend to follow in 2021 is to remember to take care of your mind just as much as your body. The coronavirus pandemic has brought on a plethora of distress for everyone, so keeping your mind,

body, and spirit in good health is a must for 2021. Try to focus on workouts that release serotonin for you, or even think about adding a meditation to the end of your workouts to take care of your mind as well!

What are some other fitness trends to follow in 2021? Start a conversation in the comments down below!

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## Celebrity Break-Ups: Kelly Clarkson Gets Primary Custody of Kids Amid Split



By Carly Silva

In the [latest celebrity news](#), Kelly Clarkson was awarded primary custody of her children with soon-to-be ex husband Brandon Blackstock. After announcing their [celebrity divorce](#) earlier this year, the two exes, who share a daughter River, 6, and son Remington, 4, will share joint custody in Los Angeles, with Clarkson having primary custody.

**In celebrity break-up news, split proceedings are still ongoing with Kelly Clarkson and her soon-to-be ex husband Brandon Blackstock. What are some ways to keep the divorce process from affecting your kids?**

**Cupid's Advice:**

Going through the divorce process can be extremely stressful, and it can be even more difficult to navigate for the kids involved. If you're looking for some ways to keep the divorce process from affecting your kids, Cupid has some advice for you:

**1. Keep the legal talk to a minimum:** When you're going through the legal process of a divorce, try not to let your kids hear too much about this. You will have to be honest about new living situations and rules, but they don't need to know all the details of the custody battle and legal ramifications. This will only add to their stress and sadness.

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**2. Stick to their routines:** Another important factor in

keeping your kids from being affected by the divorce process is to minimize disruptions to their routines as much as possible. You don't want them to feel like too much has changed, so try to maintain a sense of stability for them. This will keep them from feeling like their whole life has been uprooted because of the divorce.

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**3. Don't talk negatively about your ex:** Even though it may be tempting, talking negatively about your ex in front of your children may only confuse them. You don't want your relationship issues with your ex to carry into their own relationship. Your children still deserve a good relationship with both of their parents, so try to refrain from blaming or bad mouthing your ex in front of them.

**What are some more ways to keep the divorce process from affecting your kids? Start a conversation in the comments down below!**

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## **Celebrity News: Dean Unglert Admits He Was 'Disappointed' in Caelynn Miller-Keyes Past**





By Carly Silva

In the [latest celebrity news](#), *Bachelor in Paradise* alum Dean Unglert addressed his feelings about girlfriend Caelynn Miller-Keyes' past relationships. The [reality TV star](#), who addressed the topic during an episode of his *Help! I Suck at Dating* podcast, said that he at first had a difficult time hearing about Miller-Keyes previous relationships. According to *UsMagazine.com*, he eventually decided that he couldn't blame Miller-Keyes for her past experiences.

**In celebrity news, Dean Unglert admits he had a difficult time accepting Caelynn Miller-Keyes' dating history, what are some ways you can prevent your partner's past from affecting your relationship?**

## Cupid's Advice

Dealing with your partner's past relationships can cause a lot of trouble in your own relationship. If you're looking for ways to keep your partner's past from affecting your relationship, Cupid has some advice for you:

**1. Don't spend too much time talking about it:** When you first start dating someone, the last thing they want to do is talk about their ex. If you focus too much on their past, or constantly bring up their exes, you will shift the focus from your current relationship to their past ones. Remember that there is a reason they are no longer with their ex, and by spending less time talking about it, you will avoid making it a problem within your relationship.

**Related Link:** [Celebrity News: New Bachelorette Tayshia Adams Defends Contestants After Taking Over for Clare Crawley](#)

**2. Don't get too caught up in their ex:** Another thing that can be detrimental is focusing too much on who your partner's exes are. Refrain from stalking them on social media and trying to learn more about their life. This will only make you compare yourself to them and bring up negative feelings that you could otherwise avoid. It also could potentially upset your partner if you are constantly talking about this person from their past.

**Related Link:** [Celebrity News: Alex Trebek's Wife Shares Photo of Their Wedding After Thanking Fans for Support After His Death](#)

**3. Remember to trust your partner:** At the end of the day, the most important thing to remember when dealing with your partner's past is to remember that it is past, not present. Trust that your partner has changed from their past relationships and don't blame them for their actions in previous relationships. Trusting your partner will eliminate all of the stress and insecurity that comes with obsessing

over their past.

What are some other ways you can prevent your partner's past from affecting your relationship? Start a conversation in the comments down below!

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## Food Tips: Superfoods in the New Year



By Carly Silva

“Superfoods” refer to those foods that are especially nutrient-packed and healthy for your body. Many superfoods are fish or plant-based, and they are great ingredients to incorporate into your diet for some major health benefits. Trying out some of these powerful foods will be a great way to stay healthier as the new year begins!

## If you're looking for some new [food tips](#), check out these superfoods to try in the New Year:

**1. Avocado:** Perhaps one of the most popular up-and-coming superfoods, avocados are perfect for almost any meal. Avocados are a heart-healthy fatty acid, and they are also loaded with potassium and fiber. Avocados are perfect to have in the morning for breakfast as a topping for your favorite toast, or placed on top of an egg sandwich!

**Related Link:** [Food Tips: 6 Recipe Ideas for Thanksgiving Leftovers](#)

**2. Salmon:** Salmon is another great and trendy superfood that is a great source of protein. Salmon, along with many other types of fish are loaded with omega-3 fatty acids, which are known to reduce the risk of heart disease. Salmon is a perfect protein to have as a main course for dinner, and smoked salmon is even a popular breakfast item to pair with a bagel and cream cheese!

**Related Link:** [Food Tips: 5 Healthy Lunch Options](#)

**3. Eggs:** Eggs are one of the most versatile superfoods you can include in a diet. They are great sources of protein, and are loaded with different vitamins and minerals. They're also known to reduce cholesterol levels. Eggs are super easy to prepare and you can have them with almost any meal. Some great



meals that include eggs are poached eggs for breakfast or egg salad for lunch!

**4. Chickpeas:** Chickpeas are another trendy superfood that is perfect for 2021. They are packed with nutrients and are a perfect option for a plant-based protein. Chickpeas are a perfect salad topper to add some extra benefits to your meal. You can even look for chickpea based pasta and breads that are a healthier alternative to refined grains!

**5. Acai:** Acai berries are another recently popular superfood. These trendy bright purple berries are loaded with antioxidants. They're a great option to have if you're looking for something sweet, but still want some health benefits. Acai berries are really popular ingredients for fruit bowls and smoothies, and you can find acai puree just about anywhere!

**What are some other superfoods to try in the New Year? Start a conversation in the comments down below!**

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**Celebrity News: Tristan  
Thompson Gifts Khloe  
Kardashian Flowers After  
People's Choice Win**



By Carly Silva

In the [latest celebrity news](#), Tristan Thompson went all-out to celebrate Khloe Kardashian's win at the People's Choice Awards on Sunday. Kardashian, who won the award for top [reality TV star](#), posted a photo of her daughter standing next to the extravagant flower bouquet from Thompson. According to *UsMagazine.com*, the couple are thought to be back together after splitting in the beginning of the year.

**In celebrity news, Tristan Thompson gifted Khloe Kardashian an extravagant bouquet of flowers to congratulate her. What are some**

# ways to celebrate your partner's accomplishments?

## **Cupid's Advice:**

Letting your partner know that you're proud of their accomplishments is extremely important in order to be a supportive partner. If you're looking for some ways to celebrate your partner's achievements, Cupid has some advice for you:

**1. Get them a gift:** One of the simplest things you can do to celebrate your partner's accomplishments is to get them a celebratory gift. Any simple gift will make your partner feel special, whether it is flowers, a new tie, or a bottle of champagne.

**Related Link:** [Celebrity News: Kristin Cavallari & Jay Cutler Reunite to Celebrate Halloween With Their Kids](#)

**2. Take them out:** Another way to celebrate your partner's accomplishments is to take them out for a special night to congratulate them. Take them out for a nice dinner or go out for drinks to make the celebration something they will always remember.

**Related Link:** [Celebrity News: Machine Gun Kelly Says He's a Better Person After Falling in Love with Megan Fox](#)

**3. Do something special:** Even if you don't want to do something extravagant, or if you are looking to celebrate a smaller achievement, you can still do something simple to make your partner feel special. Try making them breakfast or buying them a card, or leaving them a note to make the day extra special for them.

**What are some other ways to celebrate your partner's accomplishments? Start a conversation in the comments down**

below!

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# Celebrity Divorce: Julianne Hough Posts Cryptic Quote Amid Brooks Laich Divorce



By Carly Silva

In the [latest celebrity news](#), Julianne Hough took to Instagram to express her new definition of love last Sunday. According

to *UsMagazine.com*, the actress, who moved forward with a [celebrity divorce](#) from Brooks Laich earlier this year, posted a Bianca Sparacino quote about love and the beauty of change.

## **In celebrity divorce news, Julianne Hough is venting on social media using cryptic quotes. What are some ways to use social media to cope with a split?**

### **Cupid's Advice**

Getting over an ex and dealing with a break-up can be a difficult journey, but there are some tricks that can help you cope. If you're looking for ways to use social media to cope with a split, Cupid has some advice for you:

**1. Unfollow or block your ex:** One of the best things you can do for yourself when coping with a split is unfollowing, muting, or blocking your ex on social media. Even if you ended on good terms, cutting off contact on social media will help you to start moving on instead of constantly focusing on what they are posting.

**Related Link:** [Celebrity Break-Up: Lamar Odom & Fiancée Sabrina Parr Call It Quits](#)

**2. Post things for you:** Using social media can be extremely empowering if you're using it for the right reasons. Instead of posting to impress others, gain approval, or show your ex how well you're doing without them, focus on using your accounts for your own self expression. Only post things you want and use social media to empower yourself.

**Related Link:** [Celebrity Divorce: Ant Anstead Says He Lost 23](#)

## [Pounds Amid Divorce from Christina Anstead](#)

**3. Follow accounts that make you feel good:** Another great way to use social media during a break-up is to follow accounts that make you feel good. Whether that means following accounts that give relationship or break-up advice, or accounts with inspirational quotes, paying attention to these types of users can help make your social media experience useful and beneficial.

**What are some other ways to use social media to cope with a split? Start a conversation in the comments down below!**

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# **Beauty Advice: Everything You Need to Know About Exfoliating Your Skin**





By Carly Silva

Exfoliation is a great option to deep-clean your skin, especially if you struggle from clogged pores or acne. While it is not necessary for every type of skin, it is a great step to implement into your routine if you are looking to clear out your pores and get soft and glowing skin. Exfoliation can have plenty of benefits, but it's important that it's done in the right way to reap the total benefit and avoid doing any unnecessary damage to the skin.

**If you're in need of some new [beauty advice](#), here is everything you need to know about proper exfoliating that will help make your skin soft and glowing:**

**1. Figure out which type works best for you:** There are two different types of exfoliation: mechanical and chemical. While

mechanical is far more popular, chemical exfoliations tend to be more gentle and safer for the skin. Mechanical exfoliants usually consist of a wash-off scrubs with some sort of granular ingredient that buffs against the skin to rid dead skin and get deep into the pores. Chemical exfoliants, often in the form leave-on treatments, use exfoliant ingredients, such as salicylic acid or glycolic acid to sink deep into the pores to clean out dirt and oil while ridding dead skin cells. Before you start using an exfoliant, decide what type of exfoliation is best for your skin and your personal routine.

**Related Link:** [Beauty Advice: Overnight Beauty Tips to Wake Up Looking Your Best](#)

**2. Choose the right products:** Another important part of starting an exfoliant is to make sure you are using the right product. If you're using a mechanical exfoliant, avoid using products with damaging exfoliating ingredients, such as walnut shells. These can be super rough on the skin and lead to microtearing. Instead, look for products with gentle exfoliants, or even consider using a soft exfoliating brush instead of a scrub. If you're looking to try chemical exfoliating, make sure that the ingredients are cohesive with the other products in your routine, and that you're choosing acids that won't be too strong for your skin.

**Related Link:** [Beauty Tips: A Guide to Your Favorite Celeb Beauty Lines](#)

**3. Be gentle:** Perhaps the most important part of exfoliating is to remember to be gentle, especially if you are using a mechanical exfoliant. While it often feels the most satisfying to scrub the skin vigorously to get rid of dead skin cells, you can actually damage your skin if you're too aggressive. Be gentle, use circular motions, and don't scrub your face for more than 30-60 seconds at a time. If you're using a chemical exfoliant, make sure you're not being too rough on your skin with the ingredients you choose, and look for gentler



exfoliating ingredients like salicylic acid, especially if you are prone to sensitive skin.

**4. Keep a schedule:** Another common mistake with exfoliating is doing it too often. Exfoliating more than once a day, or even every single can overwhelm the skin, which needs a break from exfoliation. You may only need to exfoliate 1-3 times a week, or even only once a month if your skin is super sensitive. Find out what works for your skin and be sure you are not overdoing it and irritating your skin.

**What are some other tips for exfoliating? Start a conversation in the comments down below!**

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## **Celebrity News: DeAnna Pappas Hints At Clare Crawley's Relationship Status with Dale Moss**





By Carly Silva

In the [latest celebrity news](#), DeAnna Pappas hinted at Clare Crowley and Dale Moss' relationship status when she appeared on the "Almost Famous" podcast earlier this month. According to *UsMagazine*, the [reality TV star](#) confirmed that *Bachelorette* Clare Crowley is apparently still smitten with Dale Moss, one of the contestants on Crowley's season of the *Bachelorette*.

**In celebrity news, DeAnna Pappas referred to Clare's relationship status multiple times in a recent podcast episode. What are some ways to keep outside chatter about your relationship from affecting you?**

### **Cupid's Advice**

When gossip and rumors are circulating about your

relationship, they can put a major damper on the excitement of being in love. If you're looking for ways to keep outside chatter about your relationship from affecting you, Cupid has some advice for you:

**1. Address it:** The most direct way to handle gossip regarding your relationship is to address it directly. This may mean confronting those spreading rumors in person, or even acknowledging haters online. While this may be an intense way of stopping the noise surrounding your relationship, it will definitely make it clear that you want the chatter to stop.

**Related Link:** [Celebrity News: Bachelorette Clare Crawley Spotted Wearing Diamond Ring](#)

**2. Go private:** Another way to avoid letting the negative rumors about your relationship affect you is to make your relationship less public. It will be extremely difficult for people to comment on and critique your relationship if they don't know anything about it. Try to limit how much you express your relationship on social media and start to enjoy your time with just your partner.

**Related Link:** [Celebrity News: Bachelorette Alum Tyler Cameron Says He and Hannah Brown Have Struggled to Figure Out Relationship](#)

**3. Switch your focus:** The best way to stop chatter surrounding your relationship from affecting you is to switch your focus to what really matters. Instead of listening or responding to the rumors and gossip, try focusing on your partner and your relationship instead. Don't spend your time caught up in what other people are thinking, and channel that effort towards nurturing your relationship.

**What are some other ways to keep outside chatter about your relationship from affecting you? Start a conversation in the comments down below!**

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# Parenting Tips: At-Home Holiday Traditions for a Socially-Distant Christmas



By Carly Silva

This holiday season is going to be unlike any other, making it the perfect time to start new traditions. If you want Christmas to still feel magical for your family, there are plenty of innovative ideas and at-home traditions you can start this year to keep your kids in the Christmas spirit while also keeping them safe during the pandemic.

# If you're looking for some new [parenting tips](#) for the holidays, here are five at-home traditions for a socially-distant Christmas!

**1. Build gingerbread houses:** If you or your family has always wanted to make gingerbread houses, but never find the time during the chaos of the holiday season, this year is the perfect time to start the tradition. Children love building and eating gingerbread houses, and it's a fun activity for almost any age group.

**Related Link:** [Parenting Tips: Create a Positive Learning Environment at Home](#)

**2. Have a Christmas family game night:** Starting an annual family game night is a great tradition to begin, especially if you have children who are a little bit older. You can play an array of games, including Christmas trivia, word puzzles, or guess that Christmas song to get the whole family excited and having fun safely this Christmas.

**Related Link:** [Parenting Tips: Combating Parental Burnout During the Pandemic](#)

**3. Make cards for family members:** If you aren't able to spend the holidays with extended family because of the pandemic, making cards for family members is a great way to let them know you are thinking of them over the holidays. It also is a great craft activity for your children as well! Get your family together to spend a night making Christmas cards, and it may even become an annual tradition!

**4. Set up a Christmas scavenger hunt:** One way to keep the holidays exciting for your children is to set up a Christmas-themed scavenger hunt around your house. You can set up clues

throughout your home and hide different trinkets along the way. This is a great activity for your kids to do at home safely without missing out on the magic of the holidays.

**5. Have a Christmas family movie night:** Another classic way to celebrate the holidays from home is to start an annual Christmas movie night. You can spend an entire night with your family watching everyone's favorite films, and you can even mix them up each year. You can also have your family wear Christmas pajamas, eat holiday cookies, and make hot chocolate to get into the holiday spirit while you watch.

**What are some other parenting tips for socially-distant Christmas traditions? Start a conversation in the comments down below!**

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## **Celebrity News: Former 'Bachelor' Colton Underwood Says Cassie Randolph Dropped Restraining Order**





By Carly Silva

In the [latest celebrity news](#), Colton Underwood addressed his status with ex Cassie Randolph after their messy break-up earlier this year. In September, Randolph filed a restraining order against Underwood, citing domestic violence prevention in the request, and accusing the [reality TV star](#) of stalking and harassment. According to *UsMagazine.com*, Underwood confirmed that Randolph has dropped the restraining order, and the two have since reached a private agreement.

**In celebrity news, things have been anything but civil between Colton and Cassie, but it seems they've come to a civil agreement. What do you do if you feel unsafe around your ex after a break-up?**

## **Cupid's Advice:**

Sometimes break-ups can get seriously intense. If you feel unsafe around your ex after a break-up, Cupid has some advice for you:

**1. Let them know:** The first step you can take when you feel unsafe around your ex is to let them know. They may not realize they are making you feel that way. If you aren't comfortable speaking to them, you can have a mutual friend or a family member reach out for you and let them know how it is making you feel unsafe.

**Related Link:** [Celebrity Break-Up: Christina Anstead Talks About Choosing Peace Over Drama After Split](#)

**2. Cut off communication:** If you feel that circumstances with you ex have become even more intense, or if you are extremely uncomfortable around your ex, cutting off communication may be a good idea. Be sure not to communicate through social media, as it can only add fuel to the fire.

**Related Link:** [Celebrity Break-Ups: Former Bachelor Colton Underwood Cassie Randolph Restraining Order Court Hearing Set for October](#)

**3. Take action:** If you believe that your ex may even be dangerous, it may be necessary for you to take legal action. Filing a restraining order or police report, or even just letting your family and friends know, can help to protect you. Take whatever safety measures you need to take to ensure that you feel safe and comfortable after your break-up.

**What are some other things you can do if you feel unsafe around your ex after a break-up? Start a conversation in the comments down below!**



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# Travel Trend: Best Holiday Light Shows in the U.S.



By Carly Silva

Since the start of the COVID-19 pandemic, traveling safely has become all the more difficult and is on the forefront of many of our minds. As the holidays get closer, many are on the lookout for safe travel ideas for the holiday season. Light shows are a great way to experience holiday festivities without risking your safety, and they're happening all over the country.

# If you're looking for a new travel trend to follow this holiday season, check out the five best holiday light shows in the U.S. listed below!

**1. Fantasy in Lights:** This spectacular light event, located in Pine Mountain, Georgia, is one of the most festive light shows in the entire country. At this event, you can ride on the Jolly Trolley through 2,500 acres of light displays and animations, and even visit the Christmas Village, where Santa makes appearances. This is a great event to travel to, especially if you need some extra holiday cheer this season.

**Related Link:** [Fashion Trends: Layering Up This Winter](#)

**2. Hershey Park's Sweet Lights:** This light show at Hershey Park, located in Hershey, Pennsylvania, is made up of two miles of light-up displays and animations. Families are able to drive through this light exhibit, making it the perfect activity to travel safely through the pandemic without having to leave the warmth of your own car!

**Related Link:** [Travel Tips: What to Pack in Your Carry-On During a Pandemic](#)

**3. Glendale Glitters:** Glendale Glitters is a light display in Glendale, Arizona, and is the largest free light show in the entire state. Not only can you visit to look at the lights, but there are also live performances to watch, delicious festive food to eat, and even appearances from Santa Claus himself! This show will definitely help you and your family get into the holiday spirit.

**4. Austin's Trail of Lights:** This light show in Austin, Texas,

consists of over 40 displays and over 2 million lights on exhibit. Not only is there a light show to admire, but the event also hosts dozens of popular food trucks and a marketplace for purchasing authentic holiday trinkets. This year, you'll be able to safely drive through the exhibits instead of walking.

**5. Lights of Christmas Festival:** This light festival, located in Stanwood, Washington, is one of the largest in the Pacific Northwest. It has six different themed areas and is the perfect place to visit for a festive experience that the entire family will enjoy.

**What are some other holiday light shows to check out? Start a conversation in the comments down below!**

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## **Celebrity Vacation: Maren Morris Celebrates Ryan Hurd's Birthday with Romantic Getaway**





By Carly Silva

In the [latest celebrity news](#), Maren Morris celebrated Ryan Hurd's birthday with a romantic getaway to the Tennessee mountains this weekend. According to *UsMagazine.com*, this [celebrity couple](#) has been going strong together since 2017.

## **This celebrity vacation was a celebration! What are some ways to make your partner's birthday special?**

### **Cupid's Advice:**

Finding new ideas to make your partner's birthday special can be difficult, especially if you've been together for a long time. If you're looking for some ways to make your partner's birthday extra special this year, Cupid has some advice for you:

**1. Get them something sentimental:** A great way to make a birthday feel special for your partner is to get them something meaningful as a gift. Thinking of sentimental and thoughtful gifts to give, like a handmade card, a handwritten poem, or a scrapbook of some sort will let your partner know how much you care, and can make their birthday feel even more special.

**Related Link:** [New Celebrity Couple: Zac Efron Is Dating Model Vanessa Valladares](#)

**2. Surprise them with an experience:** If you are trying to find an extravagant gift for a partner's birthday, surprising them with an experience is a great way to go. Whether it is tickets to a game or show, a day of adventure planned, or a vacation getaway, there are plenty of events that you can surprise your partner with to make their day extra exciting. You can even make the surprise as simple or extravagant as you want.

**Related Link:** [Celebrity Couple News: Jacob Elordi & Kaia Gerber Confirm Relationship With a Kiss](#)

**3. Do the little things:** If you want your partner's day to be super special, but you aren't planning on doing something huge and extravagant, there are also ways to make their birthday special by doing the little things. Cooking your partner breakfast, bringing them coffee at work, setting up a candlelit dinner, or any other small effort can make their birthday extra special without costing a lot of money.

**What are some other ways to make your partner's birthday special? Start a conversation in the comments down below!**

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# Celebrity Break-Up: Julianne Hough Files for Divorce from Brooks Laich 5 Months After Split



By Carly Silva

In the latest [celebrity break-up](#) news, Julianne Hough has officially filed for divorce from [celebrity ex](#) Brooks Laich. According to *UsMagazine.com*, the pair, who tied the knot in 2017, announced their split five months before officially filing for divorce earlier this week.

# In celebrity break-up news, it's officially over between Julianne Hough and Brooks Laich. How do you know when your relationship is irreparable?

## Cupid's Advice:

Trying to salvage a relationship can be tricky, so it's important to know when to call it quits. If you're looking for signs that your relationship is irreparable, Cupid has some advice for you:

**1. You've already tried everything:** If you're trying to decide if your relationship is able to be fixed, it's important to assess what you've already tried. If you and your partner have tried to fix things for quite a long time, or even tried therapy, and you find yourself exhausted because things still aren't working, it may be time to call it quits.

**Related Link:** [Celebrity Divorce: Ant Anstead Says He Lost 23 Pounds Amid Divorce from Christina Anstead](#)

**2. Your relationship has become harmful to one or both of you:** Another sign that may help you know that your relationship is irreparable is if you find the relationship to be doing more harm than good to one or both of you. Once your relationship makes you and your partner unhappy often or has caused damage or harm to you, that is definitely a major sign that it may not be salvageable anymore.

**Related Link:** [Celebrity Break-Ups: Lenny Kravitz Blew It During First Meeting with Ex Lisa Bonet](#)

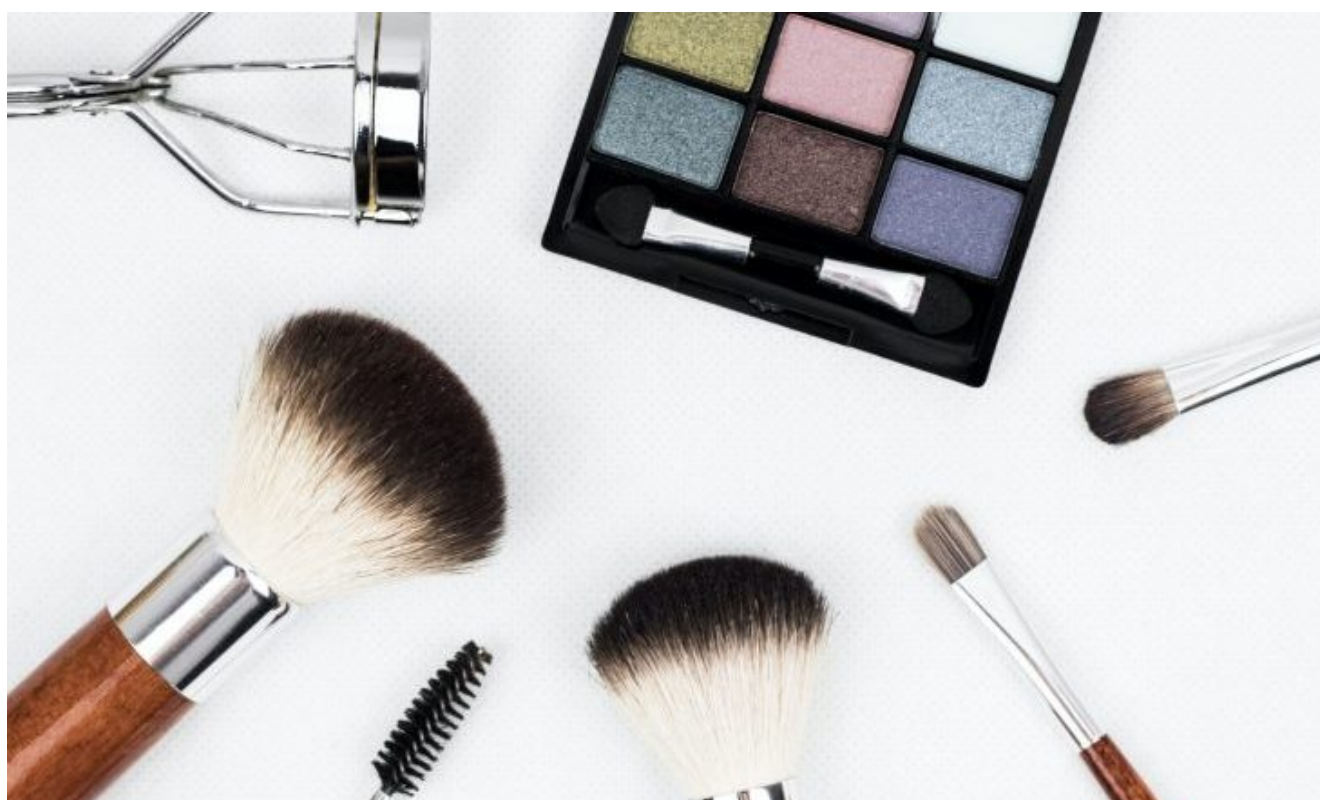
**3. You no longer trust each other:** Another sign of an unfixable relationship is a lack of trust. Continuing in a

relationship without trusting your partner will only cause more problems down the road, so if you have tried everything to rebuild trust, and you still can't rely on each other, your relationship may not be repairable at that point.

**What are some other ways to tell that your relationship is irreparable? Start a conversation in the comments down below!**

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# Fashion Tips: 6 Fun Quarantine Halloween Costume Ideas





By Carly Silva

The COVID-19 pandemic has affected the entire world in hundreds of ways, and the Halloween holiday is no exception. Dressing up for Halloween this year may be a bit more complicated, but there are dozens of quarantine-themed costume ideas to try out this year!

## **If you're looking for some spooky and festive [fashion tips](#), check out these six fun quarantine-themed costume ideas for Halloween:**

**1. Tiger King:** Tiger King was one of the most popular shows during quarantine, so it makes for a perfect costume that anyone can recognize. Tiger King costumes are available online, but any tiger print top and cowboy hat should work!

**Related Link:** [Fashion Tips: How to Make Your Outfit Stand Out](#)

**2. A zoom call participant:** If you're looking for a costume that is easy to assemble and doesn't require any additional purchases, dressing as a zoom call participant is a great and clever way to dress up this year. All you need to do is wear a fancy top, a blouse, or a button down, and pair it with silly pajama bottoms or sweatpants. You can even carry your computer around with you for a prop, too!

**Related Link:** [Fashion Tips: 7 Tips to Make You Look Slimmer](#)

**3. A first responder:** This costume is the perfect idea if you're looking for a costume that will incorporate a mask as part of the outfit. You can wear any surgical mask for this costume, and maintain your safety the entire Halloween night!

**4. A couch potato:** This is another easily achieved costume

that will make everyone laugh. You can go all out and purchase an actual potato costume, or even dress up in your favorite pajamas or sweats. You can also carry around a bag of snacks and a TV remote as props so everyone knows exactly what you're supposed to be!

**5. An Amazon box:** This costume is a great DIY project that also sticks to the quarantine theme. You can make an entire costume out of old Amazon boxes, or you can even wear a big box around your waste. If you only have a few boxes, you can even tear up the cardboard and assemble it on your outfit however way you like. This is an inexpensive option that will make everyone laugh!

**6. A post-office employee:** Another costume very relevant to the 2020 quarantine is a post office employee. There are tons of costumes available on line, or you can even make your own with a polo and khaki pants, and even a homemade name tag!

**What are some other fun quarantine Halloween costume ideas? Start a conversation in the comments down below!**

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## **Celebrity Break-Up: Brad Pitt & Nicole Poturalski Split After Brief Romance**





By Carly Silva

In the latest [celebrity break-up](#) news, Brad Pitt and Nicole Poturalski called it quits on their brief romance. The two exes dated for a little over two months, and their split was made public in late October. According to *EOnline.com*, the exes split several weeks ago and their [celebrity relationship](#) was never very serious.

**In celebrity break-up news, Brad Pitt is single once again. What are some ways to heal quickly after a split?**

**Cupid's Advice:**

Healing after a split can be a difficult task, but there are a few helpful tips that can speed up your post-breakup healing process. If you find yourself newly single and you're looking for some ways to heal quickly after a split, Cupid has some

advice for you:

**1. Cut all contact:** A great way to heal quickly after a break-up is to cut all contact as soon as you can. Staying in touch with your ex or following them on social media will only instigate your feelings and prolongue your healing process.

**Related Link:** [Celebrity Divorce: Ant Anstead Says He Lost 23 Pounds Amid Divorce from Christina Anstead](#)

**2. Do things you love:** Another tip for healing quickly after a split is to do things you love. Practicing your favorite hobbies or starting some new ones will help keep your mind distracted and stop you from overthinking about the break-up. Doing things you love can also help you to focus on the positive things in your life rather than wallowing in sad feelings about your split.

**Related Link:** [Celebrity Divorce: Bachelorette Stars Ashley Hebert & JP Rosenbaum Split](#)

**3. Be kind to yourself:** One of the most important things to remember when you are trying to heal after a break-up is to be kind to yourself. After a split, it is extremely easy to blame yourself and let your confidence sink down. Try practicing self-care, eat your favorite foods, exercise, or watch your favorite TV show to help yourself relax and loved by yourself.

**What are some other ways to heal quickly after a split? Start a conversation in the comments down below?**

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## Parenting Tips: Co-Parenting

# Tips for the Holidays



By Carly Silva

Managing shared custody can be tricky all of the time, and the holiday season only adds to the chaos. Trying to share your children's time with your co-parent is essential for making the holidays the the best they can be for your kids.

If you're in need of some [parenting tips](#) for managing shared time with your children this holiday season, check out these essential co-

# parenting tips for the holidays!

**1. Plan ahead:** One of the most important parts of managing the holiday season with a co-parent is to make sure you plan ahead and stick to it. Make a schedule for each holiday, and let your children know the plan so that there is nothing to argue or be upset about come the holidays.

**Related Link:** [Parenting Tips: Combating Parental Burnout During the Pandemic](#)

**2. Coordinate your gifts:** If you're celebrating a holiday that involves gift-buying, make sure to communicate with your co-parent to coordinate your gifts. This will help you to avoid repeat gifts and will let the children know that you both worked together to get their gifts.

**Related Link:** [Parenting Tips: How to Safely Adapt to Online Learning](#)

**3. Put your kids first:** Another important thing to remember is to always remember what the children would want during the holidays. Avoid conflict, especially for their sake. Having a flexible schedule and making compromises will help make the holidays run smoothly and be enjoyable for the children.

**4. Don't be afraid to start new traditions:** When co-parenting during the holidays, it can be difficult to accept that the holidays may not be going the way you had always planned. Especially if you and your co-parent have split recently, or if this is your first holiday season having to co-parent, don't be afraid to try new traditions and accept that things aren't the same as they used to be. You can even get your children to be excited about the new traditions, too.

**5. Take advantage of time for yourself:** If you and your partner have decided to share holidays, or if you have a schedule where you alternate years, you may find yourself

spending some holidays on your own. Instead of missing your children during these times, try taking advantage of the you-time. Use this time to catch up on self-care, or even spend the holiday with friends or extended family.

**What are some other co-parenting tips for the holidays? Start a conversation in the comments down below!**

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## **Travel Advice: Socially Distant Vacation Ideas**



By Carly Silva

Trying to find safe travel plans during these strange times brought on by the COVID-19 pandemic can be tricky, but that doesn't mean you can't still find a way to vacation this year. For those who are just itching to get out and start traveling, there are ways you can do so while staying safe and practicing social distancing.

## **If you're looking for some [travel advice](#) during the pandemic, check out these socially distant vacation ideas!**

**1. Rent an RV:** Renting an RV is a perfect idea for a socially-distanced vacation. You can drive to whatever destination you are planning for while riding and staying inside the RV with only the people you feel comfortable being around. You also can cook and use the bathroom inside an RV, eliminating the need to eat at restaurants or use public restrooms.

**Related Link:** [Travel Advice: U.S. National Park Must-Sees](#)

**2. Visit a National Park:** National parks are great attractions to visit that most likely won't result in swarms of people and large gatherings. Finding a natural attraction like a National Park is a great way to explore the outdoors, while still keeping your distance from others. Embark on an adventure with your friends and family without the stress of risking exposure to the virus.

**Related Link:** [Travel Tips: What to Pack in Your Carry-On During a Pandemic](#)

**3. Rent a secluded house:** Renting a house always makes for a fun and private vacation experience. Whether you're looking to rent a house on a lake, on the beach, or in the mountains, you can find a vacation rental that is perfect for you and your



family to stay secluded and have a private vacation without having to worry about all of the people at hotels. You also can avoid having to eat out at restaurants if you rent a house with a kitchen, too!

**4. Camping:** Camping is always a fun thing to do when you need to get away, but it is even more ideal for socially distant vacations. Camping is the perfect way to engage in all of the activities you love, spend some quality times with the outdoors, and not have to worry about sleeping in a hotel or walking through busy restaurants.

**5. Day trips:** Day trips, though they may not be the ideal vacation, are another option to consider when trying to practice safe vacationing. Dedicating a day to spend hiking, biking, sight-seeing, or whatever you love to do when you vacation, is the perfect way to get out of the house without having to risk staying over anywhere.

**What are some other socially-distant vacation ideas? Start a conversation in the comments down below!**

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## **Celebrity Divorce: Ant Anstead Says He Lost 23 Pounds Amid Divorce from Christina Anstead**





By Carly Silva

In the [latest celebrity news](#), Ant Anstead got candid in his Instagram comments regarding his apparent weight loss. The British TV star, who is currently going through a [celebrity divorce](#) from Christina Anstead, posted a photo at work, and fans quickly noticed his significant weight loss. According to *EOnline.com*, Anstead responded to comments about his weight loss, admitting to losing 23 pounds, but assuring fans that he will gain it back soon.

**This celebrity divorce had both an emotional and physical effect on Ant Anstead. What are some ways to be kind to your body amid a break-up?**

**Cupid's Advice:**

Going through a break-up can have a serious effect on both your mental and physical health, making self-care super important. If you're looking for ways to be kind to your body amid a break-up, Cupid has some advice for you:

**1. Stay active:** One way to take care of your body when going through a break-up is to stay active. Getting up and keeping your body moving will not only keep you healthy, but it is also a great way to de-stress and keep your mind busy. Staying in shape is also a great way to keep your body health and stay confident in yourself, even after a tough break-up.

**Related Link:** [Celebrity Divorce: Bachelorette Stars Ashley Hebert & JP Rosenbaum Split](#)

**2. Be kind to your mind:** Another way to be good to your body during a break-up, is to also show kindness to your mind. Practicing time for mindfulness, showing yourself extra self-compassion and self-love, and even getting a better night's rest will help you to be more relaxed and make your body feel good. Meditation is a great tactic to practice, especially if you're still thinking about your break-up, mediation will keep both your mind and body peaceful.

**Related Link:** [Celebrity Break-Ups: Lenny Kravitz Blew It During First Meeting with Ex Lisa Bonet](#)

**3. Treat yourself:** While it is definitely important to stay active and fit, it's also a great idea to show yourself some love. Treating yourself, whether it is a bubble bath, a face mask, or eating your favorite snacks can help remind you of your favorite things and keep your body feeling cared for and fulfilled. Try to do things that will stop you from thinking about your ex, and instead allow you to focus on what you want and what will make your body happy.

**What are some other ways to be kind to your body amid a break-up? Start a conversation in the comments down below!**

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# Celebrity News: 'RHOC' Alum Vicki Gunvalson Shoots Down Split Rumors



By Carly Silva

In the [latest celebrity news](#), Vicki Gunvalson addressed rumors alleging a split from fiancé Steve Lodge. Fans were circulating rumors of a break-up after noticing that the couple hadn't posted any photos together in a while. According to *UsMagazine.com*, the [reality TV star](#) denied all validity to the split rumors, stating that she and Lodge prefer to live a more private life. She also confirmed that the two are in fact

still together and engaged.

## **In celebrity news, it turns out Vicki and Steve are still very much together. What do you do if friends and family are against your relationship?**

### **Cupid's Advice:**

Gaining support of your relationship from friends and family can be extremely important for a lot of couples. What do you do if your friends and family don't approve of your relationship? If your friends and family are against your relationship, Cupid has some advice for you:

**1. Figure out why:** If you're dealing with family or friends who aren't supportive of your relationship, first try to understand why. Chances are that your loved ones are trying to protect you, so try to understand their opinion. If they are unsupportive for valid reasons, like if your partner doesn't treat you properly, it may be understandable for them to not support the relationship. But, if they are unsupportive for reasons that you do not agree with, you may try to warm them up to your significant other.

**Related Link:** [Celebrity Break-Up: Christina Anstead Talks About Choosing Peace Over Drama After Split](#)

**2. Don't forget to talk about the good things:** One reason that friends and family can become unsupportive of a relationship is if they constantly hear negative things about them. If you vent or complain to your loved ones about fights or things your partner does, your friends and family be getting the impression that your relationship is overall more negative

than positive. Don't forget to tell them about the positive sides of your relationship and the good things about your partner, so that they realize the relationship still makes you happy.

**Related Link:** [Celebrity News: Kylie Jenner & Travis Scott Spark Romance Rumors After Steamy Shoot](#)

**3. Give it time:** If your family and friends are unsupportive of your relationship, don't panic. They may be weary and skeptical at first, especially if your relationship is new. Make sure you give them time to warm up. Try arranging gatherings so that your partner can spend quality time with your family and friends. This may help them to see the greatness in your partner that you see.

**What are some other things you can do if your friends and family are against your relationship? Start a conversation in the comments down below!**

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## 5 TikTok Fashion Trends to Follow





By Carly Silva

After the nation was thrust into several months of staying at home and quarantining, TikTok quickly became one of the biggest platforms of 2020. Influencers and content creators are always sporting the newest looks and fashion trends that have blown up all over the app, and some of those looks are pretty simple to achieve.

**Keep reading to check out five of the most popular TikTok [fashion trends](#) to follow right now!**

**1. Crop tops:** This goes without saying, but crop tops are a staple for TikTok fashion. Most users wear crop tops with high-rise pants as well, but anything goes. A lot of users will even tuck longer shirts into sports bras for a cropped effect. This is a great trend to follow if you want to show off your belly and hips!

**Related Link:** [Fashion Tips: How to Make Your Outfit Stand Out](#)

**2. Bike shorts:** Bike shorts have always been around, but TikTok has turned them into an edgy must-have fashion piece. Most users will sport bike shorts along with a crop top for a comfy athletic look, while some pair them with a baggy tee or oversized sweatshirt for a more cozy look. Either way, bike shorts are the perfect trend to follow if you love a casual but trendy look!

**Related Link:** [Fashion Advice: 5 Shopping Mistakes to Avoid on Cyber Monday](#)

**3. Tie dye sets:** Tie dye has also gained a lot of traction this year with TikTok, especially matching tie dye sets. A lot of users will wear a tie dye crop top or tank top with matching tie dye shorts or pants, and some will wear full-on tie dye sweat suits. These are a perfect look to add to your closet this year, as tie dye matching sets make for a cute and comfy look that is perfect for staying at home!

**4. High-rise everything:** Another TikTok trend this year is wearing super high-rise pants. The high-rise style has gone beyond just jeans and denim, and now, users everywhere are constantly posting videos wearing high-rise leggings, sweatpants, and all types of pants. High-rise is a great option for covering up your lower stomach, and it pairs well with cropped shirts, too!

**5. Baggy graphic tees:** Baggy graphic tees have become an edgy fashion look through TikTok this year as well. Many users will wear baggy tees with logos, phrases, or even band names on them for a comfy but edgy look. Some possible bottom options for baggy tees are ripped jeans, leggings, and stylish sweatpants.

**What are some other TikTok fashion trends you love? Start a conversation in the comments down below!**



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# Celebrity Break-Up: Christina Anstead Talks About Choosing Peace Over Drama After Split



By Carly Silva

In the [latest celebrity news](#), Christina Anstead chose to take the peaceful route after her [celebrity break-up](#) from Ant Anstead. According to *UsMagazine.com*, Christina took to Instagram to announce that she is choosing peace after the turbulent journey of her divorce from Ant.

# In celebrity break-up news, Christina Anstead chose to take the peaceful route after her break-up from Ant Anstead. What are some ways to keep your split civil and peaceful?

## Cupid's Advice:

After a break-up, it's easy to get wrapped up in the drama of an intense split, but sometimes, taking the high road will make things a lot easier. If you're looking for ways to keep your split civil and peaceful, Cupid has some advice for you:

**1. Make a conscious choice:** If you want your break-up to remain civil and peaceful, the first thing to do is make a conscious choice to do so. Make the decision to be peaceful and stick to it. This intentional effort will make it easier to stay peaceful as you deal with the aftermath of a split.

**Related Link:** [Celebrity Break-Ups: Lenny Kravitz Blew It During First Meeting with Ex Lisa Bonet](#)

**2. Stay off social media:** One of the worst things you can do after a break-up is bring it to social media. Posting about your ex or your break-up only adds more chaos and drama to the situation. Try to stay off of social media after your split to avoid the temptation of getting wrapped up in the drama of your break-up.

**Related Link:** [Celebrity Break-Up: Ant Anstead Asks Fans to Stop Trying to Diagnose Split from Ex Christina](#)

**3. Focus on other things:** The best way to stop yourself from getting caught up in the drama of your split is to take

yourself away from any tempting situations. Instead of thinking about or talking to your ex, try focusing on things in your life that you love or that bring you joy. This can help distract your mind and help you achieve peace instead of constantly being upset over the break-up.

**What are some other ways to keep your split civil and peaceful? Start a conversation in the comments down below!**