### New Celebrity Couple Shawn Mendes & Camila Cabello Kiss in Miami





By <u>Katie</u>

#### Sotack

It looks like love is on the horizon for major PDA participants and new <u>celebrity couple</u>, Camila Cabello and Shawn Mendes. According to *UsMagazine.com*, the two were spotted locking lips on the beach in Cabello's hometown, Miami. The "Senorita" singers have been rumored to be dating since early July, though Mendes feverishly denied the rumor. The pair have been good friends since their 2015 duet, "I Know What You Did Last Summer," and are still publicly stating such friendship after their respective breakups with model, Hailey Bieber and relationship expert, Matthew Hussey. However, since the denial, the two have been seen at numerous dinners and concerts, cuddled up to each other. Could a relationship

In <u>celebrity couple news</u>, Shawn and Camila got hot and heavy in a pool in Miami. What are some ways to show your affection for your partner in public?

#### Cupid's Advice:

Whether you take it nice and slow or get hot and heavy, on occasion we all get swept up in PDA. There's a style for all of us, be it hand holding to a hardcore make-out session. These are the ways to declare your partner yours in public:

1. Cuddle up: In order to bring in new customer, movie theaters have brought the experiences of home to movie goers. This comes with nifty new reclining seats whose arm rests lift up. This gives you free rein to enjoy snuggling up to your partner while watching the newest flick. Plus the dark area of a movie theater will have your PDA flying total under the radar. Of course, if your more brazen you can take a tip out of Camila and Shawn's playbook and cuddled up while sharing food at a restaurant.

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2. Hand holding: Vastly underrated and criticized for the potential of sweating palms, holding hand is the perfect amount of PDA. The tiny physical intimacy says to the world that you're in love, but your still your own person. It does so by connecting the partners, but not cutting them off from their surroundings like kissing would. Out of all forms of PDA, it's also the most likely to be tolerated by those around

who are not very much in love with public affection.

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3. Forehead kissing: This simple intimacy is easy to get away with in public. Soft lips on the forehead is very much an act of care which won't produce an eye roll. It's also a gentle reminder to your partner that you're there for them whenever they need you. Pair with cuddling or holding hand as aforementioned will add a new layer to PDA which is still publicly acceptable.

How do you show PDA? Share in the comments below!

# Celebrity News: Camila Cabello Opens Up About Anxiety Struggles





By <u>Emily</u>

#### Green

In the latest <u>celebrity news</u>, Camila Cabello opened up about her struggles with anxiety throughout her childhood, according to People.com. Cabello posted on her Instagram about how she never wanted to sing in front of friends and family as a child, and would instantly tear up if anyone watched or listened to her singing.

In celebrity news, Camila Cabello opened up about her own struggles with anxiety throughout her childhood. What are some tips to help deal with anxiety?

#### Cupid's Advice:

Many people deal with anxiety throughout their lives, some people more severely than others. Anxiety is not an easy thing to overcome in any sense, but there are many things that can help make those with anxiety's lives a bit easier. Here are some of Cupid's tips to help deal with anxiety:

1. Meditation: Believe it or not, meditation helps calm anxiety so much. Even if it is just 15 minutes a day, take that time to sit by yourself, focus on your breathing, and relax. The more often you do it, the more you can practice these techniques in your day to day life.

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Camila Cabello Dating Rumors

2. Yoga: Anxiety can leave people feeling tense and full of stress. Try out some yoga, and focus on the parts that feel most tense when you're anxious. It can help you feel more at peace in your life, and relax a bit more in anxious settings.

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3. Therapy: Therapy can help with anxiety in more ways than one. You can narrow down the root of your anxiety, and what exactly your triggers are. By talking out your anxiety with someone, you can work out a plan to make anxiety less of an issue in your personal life.

What are some other tips to help deal with anxiety? Let us know in the comments below!

## Celebrity Couple News: Shawn Mendes' Mom Teases Camila Cabello Dating Rumors





By <u>Katie</u>

#### Sotack

Camila Cabello and Shawn Mendes are burning up the summer playlist with their new song "Senorita" and, according to Mendes' mom, Karen, the song's not the only thing heating up. UsMagazine.com reports Karen dropping hints of a celebrity couple romance on Cabello's Instagram post of the new "Senorita" music video. In celebrity news, the comments of pink heart and couple in love emojis sent fans spiraling with rumors about the steamy screen partners. Cabello and Mendes have been friends for years, however, and there's no confirmation about anything more from the two.

In celebrity couple news, rumors are swirling that Shawn Mendes is dating Camila Cabello. What are

# some ways to keep rumors in check when it comes to your relationship?

#### Cupid's Advice:

Once news of a relationship hits the rumor mill, it'll keep spinning out of control. While you'll never eliminate gossip there are a few steps you can take to diminish it's power:

1. Present a strong front: Make sure you and your partner are on the same page regarding your public relationship. Talk with you partner about the ins and outs of PDA, social media, and what can be said when. It's a delicate balance of respecting each other's boundaries and standing united.

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Date With George & Amal Clooney in Italy

2. Be honest: The strongest defense from rumors is authenticity. When you're coming from a genuine place it's much harder to misread the signals and twist your words into rumors.

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Kate Bounced Back After Rumors He Had an Affair

3. Keep your relationship low-key: This may not be for everyone. Even I'm not immune to a good Instagram post celebrating inner aspects of my life. Yet the easiest way to avoid rumors is to not be in the public eye. If you keep your relationship in real life with people who know you, the rumors will likely die out.

Have rumors hijacked your relationship? Share in the comments below!