

New Couple: Cameron Diaz Is Dating Benji Madden



By Shannon Seibert

After weeks of keeping their relationship under wraps, Cameron Diaz and Benji Madden are finally out in the open. Diaz, 41, and Madden, 35 are considered “new” and “just hanging out” but the Good Charlotte singer is considered the first high-profile relationship for Diaz since her split from Alex Rodriguez in 2011. The pair have Madden’s sister in-law, Nicole Richie to thank for their introduction, according to UsMagazine.com.

How do you keep your new relationship on the down-low?

Cupid’s Advice:

When your relationship is just blossoming, it can be difficult to figure out your own feelings about that person if your relationship is highly publicized. With everyone giving you

their input, and pestering you about the latest details of your love life, you may get caught up in the attention and neglect the fact that it may not even be working. By initially keeping your new relationship on the down-low, you'll be able to discover your feelings for your new beau, and find out whether or not you could really gal for this person:

1. Hold off on updating your social media status: Until you get out of the murky waters of "What direction is this going in?" you don't need to make your relationship Facebook Official. These days defining your relationship is harder than it looks, so at first you don't want to jump to conclusions about your relationship status with your man. Just keep cool, calm and collective, and once you both have your feet on the ground you can upload those adorable selfies you have on your camera roll.

Related: [Ed Sheeran Reveals a Greek Girlfriend](#)

2. Do a trial run: Get out of town for the day. Go to a place where there's no pressure because you won't run into anyone you know. This way you don't have to worry about awkward introductions such as wondering whether to refer to your guy as your friend, boyfriend, or anything else. Now the two of you can test the waters of what it's like to be out in public together, while still getting to know each other on a deeper level.

Related: [New Couple: Lucy Hale Is Dating Country Singer Joel Crouse](#)

3. Don't make it a big deal until it's a big deal: When your friends and family inquire about your love-life, keep your answer vague. You don't want to let them in the know until there is actual information to give. It may send the wrong signals to your guy by including loved ones in your dating life. He may think you're trying to get serious too quick, and you don't want your family to get confused if things don't

work out.

How have you kept your new relationship a secret? Tell us in the comments below!

Celebrity Interview: Hair Stylist Raphael Reboh Says Jennifer Lopez Has the Best Hair in Hollywood



By Brittany Stubbs

We all want to look our best, and that begins with managing our hair. With clients including Cameron Diaz, Jennifer

Aniston, Chrissy Tiegan, and Jennifer Lopez, Raphael Reboh definitely knows what he's doing when it comes to achieving glossy locks. Whether it's a celebrity in his chair or not, the stylist finds himself always stressing the same advice: Take care of your hair!

"Women often don't take care of their hair as much as their skin, but they should," he explains in our celebrity interview. "I find it weird that women will run out and buy hundreds of dollars worth of face cream that may not even work, but they won't spend the same amount of money and energy on their hair. Hair is connected to the scalp, so it's just as important."

Celebrity Interview with Hair Stylist to the Stars

Reboh explains that part of having healthy hair is knowing what's in the products you're using. He recommends speaking with a hair stylist who really knows your hair type to help guide you to the products and ingredients that will help *you* specifically – because, like a fingerprint, everyone's hair is unique.

Related Link: [Top 4 Hot Hair Tips You Should Be Taking from Celebrities](#)

Although the Brazilian Blowout got a bad rep when the Keratin Treatment was introduced, the Miami native has a more positive opinion about the treatment. "I think Brazilian Blowouts are a miracle. Unlike Keratin Treatments that often dry the hair and make it flat, I find the Brazilian Blowout provides more shine and actually repairs the hair. I see the return of clients after the Blowout, and their hair is incredible."

Reboh is even working on his own line of products with a similar treatment that he wants to call the Miami Blowout. He

stresses that, no matter what treatment you're having done, it's very important that it's done properly. So make sure your stylist has plenty of experience!

Given Reboh's work styling celebrities, we couldn't help but ask a couple of questions about hair in Hollywood. In our celebrity interview, he raved about [Jennifer Lopez](#). Having done J. Lo's hair from the beginning of her career, he believes her gorgeous locks come from both good hair care and amazing cuts. "Great hair is all about movement, which comes from a great haircut," he reveals.

When asked who needs to change their hair, he didn't rat on any celebrity specifically, but he did voice his excitement for the short hair trend coming back, using the cut that [Beyonce](#) recently rocked for the Grammy Awards as an example. He candidly admits that he's tired of everyone having long waves. With long hair, you can turn on the curling iron and cover up a bad cut or damaged hair, but "short hair is where the talent is – which means you need to find a stylist who knows what they're doing because short hair shows everything."

Related Link: [Celebrity Stylist Chaz Dean on Hair Care: "The Most Important Part is Feeling Sexy"](#)

Celebrity Hair Stylist Shares Beauty and Dating Advice

Most people don't have the luxury of a professional stylist doing their hair everyday, but there are still little tricks that can help you look your best in between washes. Reboh encourages you to use dry shampoo to freshen hair, remove oils, and give your hair the movement of freshly-cleaned locks. Consider this dating advice before your next night out with your man: "The most important part of doing your hair is making it look sexy," he shares.

Speaking of sexy, we asked this celebrity stylist for his thoughts on what men find sexiest when it comes to hair. “Men often like women to have a lot of hair, not just in length but in body,” he says. “Extensions are great for adding thickness to your hair, even if you don’t want added length.” With this thought in mind, Reboh created his own extension line that consists of hair from Russia that is healthy, shiny, and lightweight, allowing your man to feel your head without even noticing the pieces.

Sexy hair isn’t just about texture or thickness though; the hair style you choose plays a role as well. Although a woman can look fabulous with curly or straight hair, Reboh encourages women to make sure they’re curling their hair the proper way. “If the curls aren’t done right, they can make women look older,” he explains. “When you’re curling hair yourself, make sure you know what you’re doing to make those beautiful, open curls because *that’s* what looks sexy.” If you don’t know the correct approach to curling, consider going with a classic, straight style with a lot of body.

If you’re in a time crunch to get sexy hair for tonight’s hot date, the stylist says to consider an updo (of course, using that dry shampoo again). It doesn’t have to be over-the-top, just something that is “simple and pretty and will correlate nicely with a romantic dinner.”

For more hair tips and information on Reboh, check out his salon’s site www.femmecoiffure.com/.

Readying Your Single Self for

the Holidays



By Eleanore Wells

Every year this time we have to think about what to do for the big holiday season. Holidays can be challenging to just about everybody. There are decisions to be made, plans put in place, and money to be spent. And while this is true for everyone, many single people feel an extra layer of stress.

In fact, I heard from a single friend who is feeling particularly lonely and is dreading the coming holiday season. She isn't close to her family and the holidays are a time that kinda puts a spotlight on it. I, teasingly, reminded her of Cameron Diaz and Kerry Washington, two sexy ladies who have described themselves as "happily single." I said, "Do you think Cameron and Kerry are worried about the holidays? I'll bet they're looking forward to the festivities...and you should be, too."

I reminded her that she should put her friends to good use.

Having a variety of friends can help a lot this time of year. Even though she has kids, I know Gayle King will be taking in some of the festivities with Oprah and Steadman. It helps to have people you like to hang out with. And isn't that what the holiday season should be about: spending time with special people? I know that's not what it's always about, but that's what it *should* be about. I'm a proponent of avoiding people who don't make me happy. If I can't avoid them completely, Plan B is to spend as little time with them as possible.

Related Link: [How to Communicate with Your Ex Over the Holidays](#)

I'm fortunate to have a loving network of people around me. I make it work. I host Thanksgiving for what I call my "straggler" friends: it includes single people, those who can't or don't want to get with their family, people whose plans changed at the last minute, and couples without children. (I have to draw the line somewhere).

Christmas I spend it with my family and I'm not really expected to do much except show up. But there's always what to do about New Year's Eve. I never want to spend it alone, but I don't always want a big party either. When I have a beau, I spend it with him. When I don't, it's with cool friends whose company I really enjoy. I won't spend New Year's Eve with people who aren't special to me. That's not how I want to bring in the New Year.

Related Link: [Miranda Lambert Says Blake Shelton Loves to Decorate for Christmas](#)

The holidays get a bad rap, though, because they're often quite good: there's the feeling of festivity in the air, the parties, the gifts, the music, and catching up with people you like but haven't seen in awhile. And some things about being single are actually better during the holidays because we have

more flexibility and fewer rules about what one is supposed to do. Here are a few:

– You don't *have* to get a tree. Trees are festive, but the needles, the watering, and the space it takes up –especially in a small apartment—...well, they're a lot of work. If you have kids and/or a husband, you might not be able to get away with not having a tree. It would be way too bah humbug. But when you're single, you can be more creative. Put up a wreath, buy a few poinsettias...and done!

– You don't have to spend a whole lot of time in one place. As a single person, it's very believable that you have additional plans, and that's why you can't spend the entire day at Aunt Mary's. Take advantage of that. Stop by for a while, hug everyone, have a glass of something...and then be on your way.

– No baking or cooking. And if you do, people make a very big deal about it. "Wow, look at what the single lady pulled off?"

– And just as good, no one really expects you to send holiday cards. These days, holiday photos of well-dressed children and/or children placed in really cool, interesting spots (at the family beach house, Macchu Picchu, etc.) are the norm. If you don't have children, no need to send a card. No postage, no paper waste, and no idea-generation on cute outfits or cool spots for the pictures. If you're married and don't send cards, you could be stricken from every card list, no matter how old or dear the friendship. But as a single person, no one seems to mind.

– You don't have to accompany the husband or kids to parties you don't really want to go to.

– No in-laws to fight with or about. This is always an issue with my married friends and they tell me this fight can get old really quickly...and yet it must be had every year.

The holidays should be fun. I think it's important to *manage* situations that you don't enjoy.

As a single person, I think it's particularly important to nurture your relationships because I really don't think we're necessarily supposed to go through life completely alone and that's where good friends come in...during the holidays, and all the other days.

Don't lose your mojo by dreading the holidays. Celebrate in a way that works for you! Happy Holidays!

Read more about the joys and realities of being single in Eleanore's book "The Spinsterlicious Life: 20 Life Lessons for Living Happily Single and Childfree", her very popular blog, The Spinsterlicious Life at www.EleanoreWells.com/blog, and her Spinsterlicious Facebook Fan Page.

Cameron Diaz Says Women 'Want to Be Objectified'





By Jennifer Ross

Cameron Diaz knows people may idolize her physical features and she's not bothered by it. Actually, she likes it and has no doubt other women believe the same. Diaz, 40, recently told U.K.'s [*Sunday Times*](#) that she believes all women want to be objectified. "There's a little part of you at all times that hopes to be somewhat objectified, and I think it's healthy." Even when the Hollywood actress is asked to strip down to her underwear for a photo shoot, as she did recently for the Terry Richardson spread in the November issue of *Esquire* UK, Diaz is confident and sure of herself. "[The stylists are] like, 'Today we're not going to put anything other than bras and heels on you, and I'm like, 'These heels are not high enough.' Cameron knows her level of self confidence didn't just happen overnight. "I'm a woman, I know how to handle myself."

What are three ways to pamper yourself before a date?

Cupid's Advice:

There are times when we need to feel beautiful, such as before a date. Sometimes, that doesn't happen naturally and takes a little effort. A great pick-me-up is to focus the pampering on one of your best features, whether they are your eyes, smile, legs, etc. With a little time before you date, here are a few

wonderful ideas to get you feeling gorgeous and ready:

1. Waxing: To help accentuate your beautiful eyes or legs, head over to your favorite salon and get your eyebrows and/or legs waxed. Having your eyebrow arch professionally perfected will take little time, leaving your gorgeous eyes framed beautifully; while waxing your legs will leave them feeling silky smooth to the touch. Your potential partner won't be able to take his eyes off of you.

2. Mani/Pedi: If shoes are your favorite item to wear or you speak with your hands, a professional manicure and/or pedicure is a must have. Beautifully polished toenails will compliment your favorite high heel, giving you an extra kick in your step. Also, manicure hands can give you confidence to express yourself with them. Should your companion want to hold your hand, they will be soft and ready for connection.

3. Blow-out: One of the best ways to love yourself is to have your hair blown-out and looking flawlessly beautiful. Because your companion will be looking at you throughout the date, having gorgeous locks fresh from the salon will make him want to get closer and touch your hair.

How do you pamper yourself before a date? Tell us below.

When is it OK to Be Friends with an Ex?





By Relationship &

Sex Talk, Jane Greer, Ph.D., for GalTime.com

"You know, Justin and I are great friends. We love each other. We want the best things for one another," Cameron Diaz told "Good Morning America" in 2011, long after her relationship with Justin Timberlake had ended and while they were promoting the comedy "Bad Teacher" together.

While the former pair have publicly complimented each other, even since Timberlake become engaged to Jessica Biel, is being friends with an ex only the stuff of scripts and on-screen romances?

Often when people end a relationship they say, "Let's be friends." It makes sense. You've been the most important people in each other's lives for a long time, maybe even years. It's hard to make that clean break – it can feel like a gaping hole in your life. So you decide to continue to be a part of each other's life. But staying connected isn't always easy or the best choice. So when, if ever, is it OK to be friends with your ex?

Couples rarely break up on equal footing. Instead, one person might be eager to get away while the other wishes to continue to be together. That's where it gets tricky. If you are on the

side of hoping for more with that person, you run the risk of remaining attached and not allowing yourself the possibility of meeting someone new who might be better able to fulfill your needs. And if staying connected was a problem while you were dating, imagine how hard it will be to get your ex's attention now. You may just be setting yourself up for frustration and disappointment which ultimately might make you feel more empty and sad. If you remain focused on your ex, it could hold you back from finding your future.

The rule of thumb, generally, is this: It probably isn't such a good idea to try to be friends unless neither one of you holds any hope to be with the other romantically.

Give it time. And if one of you calls the other after years of talking? Maybe then there will still be good feelings remaining and enough time and space will pass so the two of you really can be friends.

Cameron Diaz Says It's Great Being Single





By Jennifer Ross

While movie star Cameron Diaz has been romantically linked to celebrities like Justin Timberlake and New York Yankee Alex Rodriguez, walking down the aisle has not been in the cards for her – yet. Rather, the *What to Expect When You're Expecting* starlet is alright with that. She admits that marriage was not something she searched for in her 20's or 30's. However, Diaz, who just turned 40 at the end of August, is feeling open minded to the possibility of marriage and, perhaps, children in her future. Recently, she spoke with [Esquire UK](#) about her life, stating that she knows herself better, feels more capable than ever, and “has gratitude. “ When it comes to potential suitors, Diaz claims she looks for “someone who takes care of themselves, who's strong.” Until then, she seems perfectly content in her own skin.

What are some advantages to being single?

Cupid's Advice:

In this day and age, the society and family pressures of marriage still exist. As women tend to get older, some may question if they will ever find a partner. However, being single is not just about waiting for prince charming. It does have its perks. Here are a few reasons why being single can be

more fun:

1. It is your time: Without the constraints of marriage and children, you can arrange a night out with friends at the spur of the moment. Ever went to see a movie and hated it half way through? When you are single, you can get up and leave the show midway. The freedom is so exciting when you think of it.

2. Traveling is easy: Imagine a three day weekend and a little extra cash. With no mate, you can take off whenever and wherever you like, especially when you sign up for a singles' trip. It gives you the opportunity to meet wonderful singles, like yourself, and experience new adventures.

3. Recreating is possible: Possibly the ultimate advantage to being single is the ability to recreate your life. Anything you want is possible with high rewards and little risk, since you don't have to worry about your actions affecting anyone else's life. So go after it, whatever it is!

What do you love about your single life? Tell us below!

Single Celebrities We Want to See Hitched





By Nic Baird

Whether single by choice or by broken heart, the prospect of marriage for the unattached seems distantly hypothetical. If you're a free spirit looking for flings, fun and flirting, you'll avoid even the thought of it at all costs. For those recovering from a lost love, it's important not to give up, because Prince Charming will come again. In fact, there are some Hollywood bachelors and bachelorettes who are in desperate need of true love as well. Others are devoted to such a carefree life of casual hookups that it makes one wonder if even the most glamorous single celebrity could lock them down. Here are the stars we'd like to push down the aisle:

1. Robert Pattinson: Shying away from public appearances, steady drinking and tales of heartbreak characterize the media vampire since his split from Kristen Stewart. Robert Pattinson is known for his legion of Twi-hards, and it's only a matter of time before a Hollywood lady gets close to Team Edward. Katy Perry, a mutual friend of Robsten, took the bruised *Twilight* hunk out to cheer him up shortly after news of Stewart's affair broke. Whether it's a shoulder to cry on or, less likely, a fresh love to sink his fangs into, Pattinson deserves the fairy tale romance he portrays.

Related Link: [Find Out How Robert Pattinson is Coping with Kristen Stewart's Betrayal](#)

2. Cameron Diaz: She's been romantically linked to the likes of Matt Dillon, Jared Leto, Justin Timberlake and Alex Rodriguez, but Cameron Diaz is currently single. The freshly 40-year-old actress is still a blonde bombshell at the box office, but her most recent appearance in the pregnancy comedy *What To Expect When You're Expecting* makes us wonder if a family is on the horizon. "I've never said I don't want children," Diaz explained to *InStyle* magazine. "I just haven't had children yet." The simple truth is that a long marriage seems daunting to the powerful starlet, according to a *Stylist* interview. "Have someone for five years and another person for another five years. Life is long and lucky and yes, love might last forever, but you don't always live with the person you love forever."

Related Link: [Celebrity Couples That Have a Kid-Free Marriage](#)

3. Gerard Butler: While his adoring female fan base would probably send truckloads of hate mail his way if it happened, we all wonder what type of woman could get this Hollywood bad boy to commit. Party antics got Butler fired as a lawyer and have also kept him from serious coupling. "*I'm not a big relationship guy,*" the *300* actor told *Men's Journal*. "One of my vices is, I'm too wrapped up in myself and not always in a good way." That said, as of last spring, Butler has been seen with Madalina Ghenea, a Romanian model who helped him promote a brand of razors. Is the rowdy Scott breaking his old habits?

4. Katie Holmes: Not that the young actress has to start rehearsing her dating scene so soon after her summer divorce, but Katie Holmes still has plenty of time for future love, and even marriage. As a single mother with Tom Cruise's powerful shadow looming over her, future suitors might have an easier time trying to date Batman's ex. Last week, she insisted in *Women's Wear Daily* that the important things were to keep

trying and not be afraid to fail. Holmes has welcomed some male attention since her split: a friendly kiss from an unidentified dinner date. It would be nice to see a happy ending follow her foray into Scientology.

Which Celebs would you like to see tie the knot? Share your comments below!

Is it Time to X-Out Your Ex?



By Jane Greer,

Ph.D. for GalTime

If you're still carrying around old baggage from a past relationship, use these tips to help with letting go.

Cameron Diaz is a good example of someone who does not burn her bridges of love. From A-Rod's statement that he cherished her even after they broke up to her working with Justin

Timberlake on a movie after they had a relationship, it is clear that she doesn't cut people completely out of her life once the romance is gone. Some might say that's a good thing, but what could it mean to her future relationships? If you've kept up with your exes, you might want to keep reading:

Not all relationships end on a bad note. Sometimes the timing isn't right, or the spark is gone, but you really still like the other person. Is it so bad to text or call every once in a while to see how they are doing? It is especially easy to keep in touch these days. How many of you have looked up an ex on social media, like Facebook, and then sent a friend request? What harm could that cause? How much contact with an ex is okay? The answer is, it depends.

To begin with, does your current partner know you are in touch with your former partner? If so, and they don't see it as a threat and truly don't mind, then I would say a little contact with your old lover is harmless. If anything, that would speak to the trust that exists in your new relationship. But if you are keeping it a secret, that could be a red flag that there is more going on that you are not comfortable enough with to share with your new flame. If what you are doing with your ex is taking away from your new relationship—either by creating problems or by taking energy away from your new relationship—that might be an indication that it is time to close that door.

Finally, there is the chance that you are fueling your ex's possible hope that you will get back together, or maybe you are keeping that door open just in case things don't work out this time around. If you are aware of that, shift your energy to the future, instead of the past, because it is probably holding you back.

Sometimes it is what brought you together that endures. Other times, though, you might want to remember why you broke up in

the first place.

'What to Expect When You're Expecting' Has an All-Star Cast!



By Matthew

Dougherty

This comedy features an all-star cast including Jennifer Lopez, Cameron Diaz, Matthew Morrison, Elizabeth Banks, Dennis Quaid, Chris Rock and Anna Kendrick. The plot follows five couples, all expecting children, who must overcome the issues that couples all face when expecting a child. The trailer is quick on the laughs and the heart making for what could be a fun summer comedy stuck in between all the big action

blockbusters. With a cast of respectable actors like this all signing on to do the same film, the script has to be good.

Should You See It? If you need a break from robots, aliens, superheroes, or all three this could be a great film with which to just go and have a laugh.

Who To Take: Anyone really. The comedy seems light enough to bring your mother or little sister. But it could also be a great date movie or outing with friends. Your significant other will like that the jokes are not all directed at women and expecting mothers.

Do you have a big decision to make in your relationship? Here are some tips on how to keep away from trouble:

In *What to Expect When You're Expecting*, all five couples' problems stem from one thing: the decision to make a baby. Having a child isn't the only major decision that couples have to make, however. Here are some tips on how to make sure you and your significant other are making the right decision with the least amount of turmoil possible:

1. Make sure both parties are on board: One way you can run into trouble is if your significant other does not completely agree with a decision. Talk to them and make sure that you both are getting what you want.

2. Plan it out: Do not rush into things. Instead, plan as much as you can out beforehand so there are no unexpected surprises. You can be spontaneous, but by planning enough things out, the spontaneity can only be positive.

3. Do it for you: Make sure this is a decision you want to make. Do not take pressure from your friends, family, or even your significant other. Take a step back and make sure this decision is right for you, because if not, you can harm a lot of other people in the process.

Have you dealt with a major decision in a relationship? Share your experiences below.

Valentine's Day Giveaway: Glamorous Count Me Healthy Bracelets



This post is

sponsored by Count Me Healthy Jewelry.

By Jeannine Drenchek-Scavo

If you're looking for a great Valentine's Day gift for your loved one, Count Me Healthy Bracelets are the hottest new trend. The bracelet is designed to help you achieve a healthy goal with style. You simply turn your daily target into a

bead count.

Celebrities like Selena Gomez and Cameron Diaz love their Count Me Healthy bangles, and have been seen rocking them out in public. They are a perfect gift for Valentine's Day. The Wild at Heart style (Selena's style of choice) is available in gold, rose gold and sterling and features 12 beads—each etched with a heart. They are less than \$100, making it a great piece of jewelry to give wives, girlfriends, sisters, moms—any woman that loves style and wearing the same jewelry as A-list celebs.

Quick tidbits about the glamorous bangles:

- Guiliana Rancic, Fergie, Kelly Osbourne and other fashion-forward celebs also love and wear them.
- Available in over 15 gorgeous styles
- Two styles dedicated to helping raise breast cancer awareness and women heart healthy initiatives.

To shop and for more info visit www.CMHJewelry.com

New Couple? Cameron Diaz and Diddy Show PDA at Bash





It looks like the

rumors could be true; Cameron Diaz and Diddy were spotted together again. It's been about a month since the reported couple was seen having lunch together. According to [People](#), Diaz and Diddy looked cozy at New York's PH-D Rooftop Lounge onto of the Dream Downtown Hotel. Diaz started her night with friends at Marble Lane Restaurant before heading up to the rooftop around midnight. About an hour later, Diddy joined the table, and ordered bottles of alcohol for everyone. It was said that the table was crowded and Diaz and Diddy looked "very affectionate." However, according to Diaz's rep, "They are just friends and are not dating."

What do you do if you start to develop feelings for a friend?

Cupid's Advice:

Although you may think you harbor nothing besides platonic feelings for a friend, you may eventually realize there's something more. Cupid has some advice:

1. Make sure your feelings are legit: Before jumping into something potentially friendship-threatening, make sure you are positive of what you are feeling. Did you just get dumped and your guy friend is helping to make you feel better? You may possibly be mistaking a goofy and loving friendship as

flirting. Stop and think about your relationship.

2. Consult a mutual friend: Talk to a friend who knows the both of you (in confidence of course), and see what they have to say about your new feelings. If your friends notices some changes, and think the feelings could be reciprocated, maybe it's something you should explore.

3. Tell your friend how you feel: When you're sure you are falling for your friend, tell him. For all you know, he has always been in love with you or maybe his heart has been thumping a little louder for you as well. The worst that can happen is that he doesn't feel the same way.

Have you ever developed feelings for a friend? Share your stories below.

Are Cameron Diaz and Diddy Hooking Up?





Cameron Diaz and

Alex Rodriguez may have called it quits, but she isn't giving up on men just yet. The actress is rumored to have reunited with her on-and-off again hookup Sean "Diddy" Combs. The duo has reportedly gone public, and eyewitnesses have reported seeing them "making out" and "acting romantic." This wouldn't be a problem if Combs wasn't currently dating his model girlfriend, Cassie, of three years. A friend told UsMagazine.com that, "Diddy's single whenever there's a better offer on the table!"

What are some signs that your partner is cheating on you?

Cupid's Advice:

Are you suspicious that your partner is sneaking around? It's important to trust your gut. Cupid has some tips:

1. Change in behavior: If your significant other is suddenly overly nice or incredibly rude, it might be a sign that something's up. Also, if you feel like you can never trust anything they're saying because the story never adds up, it's probably something you'll have to explore.

2. He's avoiding you: When they're constantly hanging out in a group of friends without you or is claiming to "be too busy to

spend time with you," it's time to ask deeper questions.

3. His appearance has changed: You may have noticed that looks have suddenly become a priority to your mate. If he gels his hair or has started trending a new wardrobe, it's possible he's trying to impress someone besides you.

How did you catch your man cheating? Share your experiences below.

Cameron Diaz and A-Rod Spend a Domestic Weekend Together



A movie star and a New York Yankee: could there be a more glamorous couple? But in Miami this past weekend, Cameron Diaz and Alex Rodriguez actually spent a low-key, domestic couple of days together.

According to [RadarOnline](#), the high-profile twosome was spotted having a casual meal out and stopping at a local Whole Foods grocery store. Diaz, 38, is enjoying a break from filming her new movie, *What to Expect When You're Expecting*.

What are some signs that you've settled into a serious relationship with someone?

Cupid's Advice:

After the honeymoon phase of the relationship is over, you and your sweetie will either get serious or call it quits. Cupid has some signs that you've settled down with your mate:

- 1. It's the little things:** Doing everyday things together, like grocery shopping, shows that you're serious as a couple because you don't need to impress each other anymore.
- 2. You have a routine:** If you know that Tuesday night is pizza night and Saturday you go to the park together, you've settled into a routine with your partner. Once you've gotten into a groove, you've also settled into a serious relationship.
- 3. Nothing to hide:** When you and your mate are totally honest with each other and don't care about showing your flaws, you're in deep. You're probably past the honeymoon phase when you're comfortable being in your sweats with no makeup on in front of your mate.

How do you know when your relationship is serious? Share your comments below.

Cameron Diaz Confesses Her Love for A-Rod



The funny and

intimate moment that couple Cameron Diaz and Alex Rodriguez shared at the Super Bowl this past February is finally being explained! The normally private duo was caught on camera feeding each other popcorn in the stands. Diaz finally took the time to explain the moment on Monday, during her appearance on *Late Night with David Letterman*, reports [People](#). “We were watching the game, and I was eating, and I was getting down to, like, the last couple pieces of popcorn,” Diaz recalled. “And all of a sudden, I see [Alex’s] hand coming in,” said Diaz. “Anybody who knows me does not put their hand in my food, especially when it’s close to my mouth. I said, ‘What are you. . . ?’ And then I went, ‘You know what? I love you too much, I’m going to give it to you. You deserve it.’”

What things do you sacrifice by being in a relationship?

Cupid's Advice:

Being in a happy relationship is one of the best possible feelings. However, it's not without sacrifice:

- 1. Alone time:** When you're in a relationship, especially a serious one, it may be difficult for you to get some alone time. Taking a bubble bath is not nearly as soothing with your bored partner watching a TV show in the next room.
- 2. Time with your friends:** While those who truly care won't mind the strain on your friendships, you may find yourself aggravated that you can't spend as much time with them. It is important not to spend all of your time with your partner, and to also make time for other people in your life.
- 3. Your privacy:** Perhaps the most essential thing you sacrifice in a relationship is privacy, especially in cases where you and your partner live together. While over time the lack of privacy may not bother you, it takes some time to come to terms with it.

What have you had to sacrifice in your relationships? Feel free to leave a comment below!

Cameron Diaz and Alex Rodriguez: Still Together





They haven't struck

out yet. New York Yankees' third baseman Alex Rodriguez is still together with *Bad Teacher* star Cameron Diaz despite rumors, according to UsMagazine.com. The duo stood together, held hands and were affectionate during an MTV Movie Awards after party in SoHo. The night before, the couple went out to the LA sports bar Goals to catch the NBA Finals game together.

How do you keep rumors from ruining your relationship?

Cupid's Advice:

How you handle rumors can make or break a relationship.

Cupid has some tips on how to deal:

1. Hold strong: The best thing to do in a situation is to not let things get under your skin, no matter how severe they are.

Rumors are meant to hurt you, and by defying the odds, you show those gossipers out there that they can't affect you and your relationship.

2. Preventative measures: Be careful who you talk to about your relationship. Sometimes it just takes one person to misinterpret something to start a rumor.

3. Address the situation: The best thing to do as a couple is to talk about each rumor that comes up and trust what your

partner is saying. Without trust, the rumors will destroy you as a couple.

How did you handle a big rumor as a couple? Share your experience below.

Cameron Diaz Discusses Her Break-Up Style: Break Up And Move On



They say breaking up is hard to do, but that certainly isn't the case for 'Bad Teacher' star Cameron Diaz. Diaz told UK's 'News Of The World', "We break up, we move on," in response to recent reports that she split from baseball hottie A-Rod, according to [RadarOnline](#). Diaz's new movie 'Bad Teacher' in which she

plays a raunchy, go-for-broke educator is set for release June 24th, and her character in the movie isn't far off from who she is in real life. When Diaz appeared on Jimmy Kimmel in February, she proclaimed, "I love porn" and told a British newspaper that sex is her favorite sport. Seems like a break up is the last thing the actress is concerned about!

What are some ways to quickly move on from a breakup?

Cupid's Advice:

It's not always easy to get over a break up, but Cupid has some advice on how to quickly move on from a break up:

- 1. Just accept it and move on:** Take a tip from Cameron Diaz and simply accept that people break up and move on. Clearly it's working for her!
- 2. Put it out of your mind:** Distract yourself with work and friends so that you don't even think about your split.
- 3. Focus on yourself:** Try a new activity, hit the gym or read a book; focusing on yourself is the best way to get over a break up while helping yourself feel empowered.

How did you quickly get over a break up and move on? Share your thoughts below.

Cameron Diaz Cheers On A-Rod at Yankees vs. Red Sox Game



There's nothing

more heartwarming than couples being there for each other.

Cameron Diaz showed her support for boyfriend Alex Rodriguez when she cheered him on at the Yankees-Red Sox game last weekend. [RadarOnline](#) reports that Diaz joined other players' wives and girlfriends in a luxury box at Boston's Fenway Park. The 38-year-old actress must have been good luck, too, as A-Rod helped the Yankees earn a 9-4 victory against their biggest rival with a run in the second inning and two singles. Rodriguez, 35, and Diaz have been dating since July 2010.

What are the best ways to support your partner's career?

Cupid's Advice:

Your significant other always needs your support, including

for their career choices. Cupid has some ideas on how to show you care about your mate's job:

1. Show up: If there's a work event and your partner wants you to come, clear your schedule and go to show your support for his or her career endeavors.

2. Advise: If your mate has to make an important career choice, let him or her know you're there to offer any advice or to help him or her cope.

3. Learn about work: We all know what our significant other does for a living, but sometimes we don't know the details about their workplace because we don't ask. Listen to your partner talk about his or her day, and ask questions to show you care.

How have you shown your support for your mate's career? Share your experience in a comment below.

'Bad Teacher' with Cameron Diaz, Justin Timberlake and Jason Segel





After being dumped by her sugar daddy, outspoken junior high teacher (Cameron Diaz) starts making drastic attempts to woo a studly colleague (Justin Timberlake). The Bad Teacher's approach to getting his attention takes an unexpected turn as she slowly starts to get better at her job, and the decision causes her to be up against a highly respected co-worker.

Is it healthy to be in a relationship with a colleague?

Cupid's Advice:

Every school has that cute teacher couple, but it's not always as easy as they make it seem. If you're thinking about dating a colleague, Cupid has some things to consider:

1. Little privacy: When you're dating someone you work with, there's sure to be gossiping around the office. Not only do your co-workers constantly see the two of you during the day, but you or your partner are sure to tell someone about your Friday night. If you really want the relationship to work, look into transferring. Otherwise, you're sure to be the hot topic at the water cooler talk for a long time.

2. Pressure: If you think there's pressure at work now, working with your significant other could do a number to your stress level that no deadline could. From wanting to look nice to being better at your job, you'll find yourself focusing more on impressing your mate than getting any work done.

3. Awkward: Even though we avoid it all all costs sometimes, you have to look to the future. What if you break up? Having to see each other every day could be painful and awkward. If your partner is really worth the risk, it won't kill you to figure out a more healthy working situation.

Release date: April 4th, 2011

Cupid's rating 4/5

Cameron Diaz and A-Rod Are Happy Family with His Kids





In honor of their

on-again romance, Cameron Diaz and Alex Rodriguez took A-Rod's two children to Busch Gardens amusement park in Tampa, Florida. According to UsMagazine.com, the actress looked incredibly motherly holding hands with the baseball star's two daughters Natasha, 6, and Ella, 2, from his previous marriage to Cynthia Rodriguez. It looks like this couple may have hit a home run in the kid department after they rekindled their romance in November. Cameron Diaz was also seen bonding with the girls late last year on a family trip to Mexico.

How can you bond with your new partner's kids?

Cupid's Advice:

Bonding with a new partner's children can be one of the most magical and most difficult parts of a new romance. Here are some tips:

- 1. Show respect:** Though you may be very excited about getting to know your new partner's children, it's always important to respect their boundaries and their previous relationships with both of their parents. The last thing you want to do is trash your partner's ex in front of the children or get in the way when your partner wants to spend quality time alone with his or her children.

2. Come bearing gifts: It's never a good idea to try to buy someone's love. However, kids love getting gifts. It makes them feel important that you thought of them. Also, getting them a little something you knew they have been wanting or would like shows that you are making an effort to get to know them.

3. Go on a date with the kids: Cameron Diaz and A-Rod had the right idea when they took the kids to an amusement park. Dating someone with children is a completely different playing field, so expect a mix of sophisticated dinners and dates with the kids at Chuck E Cheese.

A-Rod's Kids Like Kate Hudson Better Than Cameron Diaz



Apparently, Cameron

Diaz pales in comparison to Kate Hudson when it comes to boyfriend, Alex Rodriguez's kids. According to *UsMagazine.com*, a source says that Natasha, 6, and Ella, 2, "liked Kate more than Cameron, since she had Ryder [Hudson's 6-year-old son]. They really miss him." Diaz has been doing her best to get on the kids' good side while vacationing in Cab San Lucas, Mexico over the holidays. Hopefully, all of her efforts don't go unnoticed!

What do you do if your kids don't like the person you're dating?

Cupid's Advice:

Your kids are some of the most important people in your life, and their opinion of your new partner will definitely have an effect on the relationship. Cupid has some advice on what to do if your kids aren't thrilled about the person you're dating:

- 1. Find out why:** If your kids have a reason beyond "he's not my dad" to dislike your new relationship, you need to find out what that reason is and, if possible, find a way to fix it.
 - 2. Put their needs first:** As hard as it is to hear, being a parent is your first priority. If your children don't get along with your new partner, then you may need to rethink the relationship.
 - 3. Give it time:** Sometimes it's just hard for children to adjust to new faces. Although they may not initially be thrilled with your relationship, time may be the answer.
-

Cameron Diaz Gets to Know A-Rod's Kids in Mexico



It looks like

there's far from trouble in paradise with Cameron Diaz and Alex Rodriguez. The accomplished actress and Yankee's third-baseman are on vacation in Mexico with his kids Natasha and Ella. According to [RadarOnline](#), this is the second time this month that the inseperable couple have been found on the Mexican beaches. The two haven't even been together for a year, and already the four of them seem like a one happy family!

What are ways to bond with your partner's children?

Cupid's Advice:

When you're dating someone who already has children, it's extremely important that you make a connection with them. Cupid has some suggestions:

1. Take them on a date: Just like you and your partner go on dates to get to know each other better, you can go on a date with his kids to get closer with them. This gives you all a chance to get comfortable with each other without their father being there. Have them choose a place they like, and let the bonding begin.

2. Swap stories: Make sure you're showing an interest in the children's lives. Simply asking them questions will show them that they're important to you. Then, to make them feel more comfortable with you, be sure to share stories about yourself in return.

3. Tuck them in: A more intimate way to bond with the kids is to be there when it's bedtime. Reading them a bedtime story and tucking them in is a very precious way to get them to feel safe with you. If you and your partner ever do get married, you're not just gaining a husband; you're gaining a family

Cameron Diaz and Alex Rodriguez Vacation in Mexico for Thanksgiving





Cameron Diaz and

on-again-off-again Yankee boyfriend, Alex Rodriguez were caught canoodling in Mexico over the Thanksgiving holiday last week, according to [Us Weekly](#). The pair spent time in the sand showing off their beach bods and taking dips in the water.

The two were originally spotted together over the summer, but kept things cool in October. "They break up and get back together all the time," says a source. **Is an on-again-off-again relationship healthy?**

Cupid's Advice:

If you find yourself continuously cutting things off only to get back together a few weeks later, it may not be healthy.

Cupid has some tips on how to evaluate your relationship:

- 1. Look at the big picture:** Step back and try to see your relationship from an outside perspective. Breaking up and getting back together may seem normal to you, but it may be destructive behavior.
- 2. Make a list:** Sometimes a pros and cons list can help sort out confused feelings. Take a page from Miranda in the *Sex And The City* movie, as she used one to determine her feelings for her husband, Steve. It's an old stand-by for a reason.
- 3. Question it:** Ask yourself, "Why am I going back?" If you

can't answer the question with clarity, getting back together may be the right decision. If not, calling it quits may be the way to go.

Cameron Diaz & A-Rod Keep Everyone Guessing



Cameron Diaz and Yankees' third baseman Alex Rodriguez continue to play it coy when it comes to their relationship. According to [E! Online](#), the couple went out of their way to separately enter a teammate's birthday bash at the 40/40 club in New York City, after arriving in the same vehicle. A source told E!, "They were very, very strategic about not being near each other or talking to each other, but they were within each other's eyesight the whole night."

Is it smart to keep your relationship behind closed doors?

Cupid's Advice:

If you're not ready to jump on the PDA bandwagon just yet, here are Cupid's tips for keeping things undercover:

1. The truth will be known: At first, the idea of a secret relationship may seem exciting, but chances are, others will find out. Therefore, consider what will happen once it's out there. Also, when you remain in hiding, you close the door to true intimacy, and run the risk of ruining the relationship before it really has a chance to begin.

2. Is it for the right reasons? Make sure you know why you're keeping your relationship a secret. Are you worried about what other people will think? All that matters is how you and your partner feel. Also, be wary of those who ask to be in a secret relationship from the beginning.

3. Either do it or don't: If as a couple you decide to keep things on the down low, either follow through all the way, or don't do it at all. If friends or family sense some chemistry between the two of you, it will just lead to questions, and make things uncomfortable.

Cameron Diaz Says Goodbye to Bad Boys





After years of having her relationships in the public eye, Cameron Diaz plays it coy about her current love life in the August issue of *Harper's Bazaar*. She also remains mum about her relationship with Alex Rodriguez of the New York Yankees. However, one thing the actress is upfront about is that she is done dating bad boys. "Who doesn't like the bad boy, until you grow up and realize bad boys are not the way to go?" Diaz said to the magazine. "I'm done with that."

What's the best way to get over your bad boy crush?

Cupid's Advice:

More often than not, good girls are the ones who end up with bad boys. If you find yourself in this type of relationship, Cupid is here to help break your bad boy habit.

1. Recognize the problem: Try to understand why you keep running back to this type of guy. Psychotherapist Caroline Presno advises on Yahoo! Personals to write a list of the bad things your partner has done to you. Put the list up on the wall next to a picture of him to associate his face with with his actions.

2. It's not your job to save him: Many women think they can rescue a bad boy. Unfortunately, it most likely won't happen. Furthermore, continuing on this path might only hurt you in the end.

3. Build your self-esteem: Chances are, you continue to run after the wrong type of guy because you aren't happy with yourself. According to relationship writer, Allan Tan, a woman "usually does not like herself and that lack of self-respect causes her to settle for a man that is less than what she deserves."