

Celebrity News: Dean Unglert Admits He Was 'Disappointed' in Caelynn Miller-Keyes Past



By Carly Silva

In the [latest celebrity news](#), *Bachelor in Paradise* alum Dean Unglert addressed his feelings about girlfriend Caelynn Miller-Keyes' past relationships. The [reality TV star](#), who addressed the topic during an episode of his *Help! I Suck at Dating* podcast, said that he at first had a difficult time hearing about Miller-Keyes previous relationships. According to *UsMagazine.com*, he eventually decided that he couldn't blame Miller-Keyes for her past experiences.

In celebrity news, Dean Unglert admits he had a difficult time accepting Caelynn Miller-Keyes' dating history, what are some ways you can prevent your partner's past from affecting your relationship?

Cupid's Advice

Dealing with your partner's past relationships can cause a lot of trouble in your own relationship. If you're looking for ways to keep your partner's past from affecting your relationship, Cupid has some advice for you:

1. Don't spend too much time talking about it: When you first start dating someone, the last thing they want to do is talk about their ex. If you focus too much on their past, or constantly bring up their exes, you will shift the focus from your current relationship to their past ones. Remember that there is a reason they are no longer with their ex, and by spending less time talking about it, you will avoid making it a problem within your relationship.

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2. Don't get too caught up in their ex: Another thing that can be detrimental is focusing too much on who your partner's exes are. Refrain from stalking them on social media and trying to learn more about their life. This will only make you compare yourself to them and bring up negative feelings that you could otherwise avoid. It also could potentially upset your partner if you are constantly talking about this person from their past.

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3. Remember to trust your partner: At the end of the day, the most important thing to remember when dealing with your partner's past is to remember that it is past, not present. Trust that your partner has changed from their past relationships and don't blame them for their actions in previous relationships. Trusting your partner will eliminate all of the stress and insecurity that comes with obsessing over their past.

What are some other ways you can prevent your partner's past from affecting your relationship? Start a conversation in the comments down below!

Celebrity News: 'Bachelor' Nation's Dean Unglert & Caelynn Miller Keyes Reveal Why They Wear Commitment Rings





By Alycia Williams

In latest [celebrity news](#), [reality TV star](#) Dean Unglert and Caelynn Miller Keyes revealed why they wear commitment rings. According to *UsMagazine.com*, Unglert and Miller Keys feel like they don't have to be married to be committed to one another. "Here's the thing, in my opinion, I don't need to title of husband to show the world that I'm committed to one person, and so the fact that I'm wearing the ring is showing just that," Unglert said.

In celebrity news, these two lovebirds wear commitment rings to show their love for one another. What are some other ways to show your commitment to your partner?

Cupid's Advice:

When you're in a relationship, it's important to show you're committed to one another in order to move further into the relationship. If you're are looking for ways to show your partner that you are committed, Cupid has some advice for you:

1. Move in together: Nothing says "I'm committed" more then asking your partner to move in with you. It shows that you want to be around your partner as much as possible. It's such a big step in any relationship.

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2. Bring them around your family more often: You never want to bring someone around your family that your not serious about. Consistently bringing your partner around your family shows your partner and your family that interested in a long term relationship.

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3. Make a grand romantic gesture: Sometimes you have to make things really obvious that your committed, and that causes for something big. Whether it's a getaway vacation, a surprise birthday party, or a marriage proposal (if you're ready), it's sure to tell your partner you're committed.

What are some more ways to show your commitment to your partner? Start a conversation in the comments below!

Celebrity News: 'BiP' Star

Blake Horstmann Releases Texts with Caelynn Miller-Keyes After Intimate Night



By Ashley Johnson

Bachelor in Paradise star Blake Horstmann has proven that he is not afraid to share the most intimate details of his romantic life with the world. According to *UsMagazine.com*, just a few days ago, the reality TV star revealed scandalous text messages sent from Caelynn Miller-Keyes on his Instagram story and has gotten backlash ever since.

In celebrity news, things are being clarified after the drama with Blake and Caelynn was shown on the first episode of *Bachelor in Paradise*. What are some reasons to keep your intimate life private?

Cupid's Advice:

Not everyone has the luxury of keeping their relationships private (especially [celebrity couples](#)), but if you do have the choice, Cupid has some [relationship advice](#) on reasons to keep your intimate life private, unlike Blake Horstmann and Caelynn Miller-Keyes:

1. Too many opinions: Everyone is going to have an opinion about your relationship whether you like it or not. A lot of those opinions will be unsolicited and can be detrimental to your relationship if you dwell on them. However many opinions people may share on the Internet or social media, no one will ever know the facts of the relationship simply because they are not in it, only you and your partner are.

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2. Social pressure: Social media allows you to share the version of yourself you want to share with the public, and never all versions of yourself. This being said, your followers and subscribers only see one version of your relationship with your partner, which can put pressure on you to only show the best parts of your relationship rather than the worst. Having to live up to a certain standard for your relationship can be exhausting and strain your relationship if you start doing more things to *look* happy in your relationship

and less things to *be* happy in your relationship. It's more important to be present in your relationship rather than get lost in your relationship's social media presence.

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3. Safety: By making your relationship public, you could be letting in the wrong people. [Hollywood relationships](#) are often subject to aggressive paparazzi and stalkers. While you may not necessarily be swarmed by paparazzi everyday, you are still subject to others having too many intimate details about your relationship. This includes jealous exes, or other people who may not wish the best for you and your partner. When the wrong people know the whereabouts of you and your partner at all times, it only gives them the opportunity to troll you, making you feel the opposite of secure in your relationship, and at times unsafe.

Can you think of any other reasons to keep your intimate life private? Let us know in the comments below!