

# Christina Aguilera Shows Off New Boyfriend in London



Since splitting from her husband of five years Jordan Bratman, Christina Aguilera has been spending a lot of time with new boyfriend Matt Rutler. The singer took along her new flame to keep her company while she promotes her new movie *Burlesque* in the U.K.

Aguilera and Rutler, who met on the set of *Burlesque*, were most recently spotted blowing off steam at London's trendy Mahiki nightclub, reports [RadarOnline](#).

**When you go public with a new partner, what can it mean?**

## **Cupid's Advice:**

A relationship isn't considered "official" until you come out into the open with it. Cupid has some reasons going public may be a good idea:

**1. Nip it in the bud:** To prevent the awkward “getting caught” scenario, tell people right away. Then they won’t be surprised when they see the two of you getting cozy! More importantly, they won’t start up the gossip train.

**2. Stop rumors:** Set your friends and family straight by letting them know exactly what is going on. Sometimes leaving people to speculate is the worst thing you can do, because it makes for unnecessary drama.

**3. Get serious:** Going public with your relationship is a way to take it to the next level. Letting people in on your status shows them that you’re proud to be with your partner!

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## Christina Aguilera Explains Why She Filed for Divorce and Talks About Her New Man





*Burlesque* star

Christina Aguilera recently spoke out about the real reasons she filed for divorce from Jordan Bartman, according to [People](#). The main reason turns out to be her 2-year-old son, Max. “When you’re unhappy in your marriage, your children are the ones who suffer. That’s the last thing I wanted for my son,” said Aguilera. The Grammy winner is now back on the dating scene with a new man, Matthew Rutler, a set assistant she met while filming *Burlesque*. She describes him as a kind person who she could spend hours talking to without realizing any time has gone by.

### **How do you know if your relationship unhealthy?**

#### **Cupid’s Pulse:**

If you think your relationship is unhealthy, it’s probably true. Though all couples fight sometimes, if your relationship has become toxic, it’s time to move on:

**1. Unhappiness:** If you’re unhappy with your partner, chances are the feeling is mutual. Don’t try to tough it out.

**2. Fighting words:** An unhealthy couple doesn’t always mean fighting all the time. Snide passive aggressive comments can be even more hurtful than a full-out fight.

3. **Abuse:** At the first signs of physical or emotional abuse, get out of the relationship immediately.

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## Christina Aguilera Talks About Being a Single Mom After Divorce from Husband Jordan Bratman



All Christina Aguilera wants for her son, Max, who “is the happiest guy ever,” is “to see to it that he remains that way.” After filing for divorce on October 14<sup>th</sup> from her husband, Jordan Bratman, Aguilera looks to her own childhood for assurance when it comes to parenting. [RadarOnline](#) reports that the

singer/actress was raised by a single mother as well, which “turned out fantastic.” Despite the confidence Aguilera exudes while promoting her new film *Burlesque*, she admits raising Max won’t be easy. She says, “It’s hard just being a working mom.”

## **How do you regain control of your life after a divorce?**

### **Cupid’s Advice:**

After a divorce, it can seem like life has spun out of control. Cupid has a few daily affirmations to keep in mind during your trying time:

- 1. Forgive yourself:** Divorces are a stressful time for both parties. Allow yourself to bring closure to one chapter in your life and look forward to the beginning of new opportunities.
- 2. Self-confidence:** There are things you can’t control, but your mindset isn’t one of them. There’s nothing sexier than killer confidence.
- 3. Set realistic goals:** After getting yourself back on track, set some goals for the future, whether they be career-oriented or hosting a weekly BYOB *Modern Family* night with close friends.

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# **Christina Aguilera Dating ‘Burlesque’ Assistant Matthew**



# Rutler



It looks as though Christina Aguilera is back in the dating game! Since separating from husband Jordan Bratman, Aguilera has been spotted out and about with Matthew Rutler, a set assistant from her new movie *Burlesque*. Most recently, Christina Aguilera and Matthew Rutler went on a double date with celebrity couple Nicole Richie and Joel Madden at Hollywood's SoHo House, according to [PopEater](#).

**What are ways to tell you're ready to date after a divorce?**

## **Cupid's Advice:**

While it's important to take time to mourn the end of a marriage, you can't stay single forever! Cupid has some advice on how to know when you're ready to date after a divorce:

**1. You're okay being alone:** Don't jump into a rebound

relationship right after a divorce. Take time to grieve, and get used to being by yourself before you start dating again.

**2. You have a support group:** You shouldn't go through a divorce alone. Lean on friends and family when you're feeling low. They can also help you decide when you're ready to enter back into the dating world.

**3. You're healthy:** Often people turn to alcohol or food to help ease the pain of a divorce. Make sure you don't overindulge too much, and wait until you're healthy before you start seeing someone new.