

'Raising Sextuplets' Couple Go Their Separate Ways



It's over for *Raising Sextuplets* stars Bryan and Jennifer Masche. Jennifer has officially filed a petition for separation from her husband, closely following his Arizona arrest at the beginning of September. Police intervened when Bryan allegedly shouted profanities at his wife and threatened to "flatten" his father-in-law. Although he says he's "not a criminal," according to [RadarOnline](#), his wife is going ahead with separation proceedings. Ironically, the Masches were often viewed as more positive role models than reality stars Jon and Kate Gosselin, and were said to have been seeing a relationship counselor prior to Bryan's altercation. It seems that couples with numerous children aren't fairing well in the reality world lately!

What should you do about your mate's bad temper?

Cupid's Advice:

Dealing with your partner's temper can be a difficult task.

Cupid has some suggestions:

1. Toughen up: It's never a good idea to provoke someone who's angry, but it's also important to stand up for yourself.

Don't let your partner's rage stifle who you are, how you feel or what makes you happy.

2. Listen to the clues: Learn to listen to your partner when he or she is upset. Yes, you happen to be the target at the moment, but try not to take these blow-ups personally. They are most likely just a way for your significant other to cope with stress and have very little to do with you.

3. Know when to escape: If your partner's bad temper translates into physical or emotional abuse, it's time to say "goodbye" (or "hello" to a counselor who can help). Anger management issues are nothing to take lightly, so don't wait until it's too late to do something about it.