

Brooke Mueller's Binge with Charlie Sheen Lands Her Back in Rehab



Exes Charlie Sheen and Brooke Mueller recently reunited for four days to partake in a crazy long-lived binge involving drugs and alcohol, according to [Celebuzz](#). This act, unfortunately, has landed Mueller back in rehab with the potential for going to jail. The mother of two is on probation from a drug arrest taking place in Aspen, Colo. in December 2011. Mueller's rep confirms, "As part of her ongoing treatment and as planned, she voluntarily checked herself into a rehab facility several weeks ago." According to a source, Mueller "met up with Charlie again, partied for four days straight at his Mulholland Estate home and ultimately fell off the wagon."

How do you know if your partner is a bad influence?

Cupid's Advice:

Your significant other is supposed to bring out the best in you, but sometimes he or she may have the opposite affect. Here are some ways to tell your partner is a bad influence:

1. You do things that you used to feel were wrong: Doing things you wouldn't normally do can often be a good thing, as your partner should encourage you to come out of your shell. That said, if you find yourself partaking in things that used to trigger your moral radar, it's time to come to your senses.

2. You're breaking the law: This may seem obvious, but if you find yourself doing drugs you never used to consider or driving after drinking as you used to refrain from, beware of the bad influence.

3. Your friends are pulling away: One great way to tell that your partner is changing you for the worse is to judge your friend's reactions. If you notice the contact you have with your friends is dwindling, it could be because of the negative affect your mate is having on you.

What are other ways to tell your partner is a bad influence? Share your thoughts below.

Sources Say Charlie Sheen Paid Brooke Mueller's Bail





Charlie Sheen has taken a break from the spotlight and his 'winning' days, but he hasn't taken a break from his exes. On Saturday, Sheen bailed out his ex-wife, Brooke Mueller, from jail on charges of cocaine possession and assault. According to [RadarOnline](#), Sheen stepped in when Mueller's parents wanted to keep her in jail. Sick of her irresponsible ways, Mueller's parents are fed up with her. Good thing for Mueller, Sheen still cares for her. Could this be a sign of the two starting up a new relationship again, or just a favor for an old love?

How do you support your ex without overstepping?

Cupid's Advice:

Helping an ex without meddling in their life or rekindling an old flame can be tricky. Here are some things to remember:

- 1. Ask:** It may seem dumb to ask someone for help when they obviously need it, but asking shows that you want to help instead of making your ex feel incompetent.
- 2. Draw the line:** While helping out an old love is nice, make sure you let them know your boundaries. Don't let your ex use you.

3. Stay connected: Keeping casual contact with your ex and not appearing just when they're in trouble will let them know you care and that you're not there to overstep boundaries.

Do you still help out your ex in sticky situations? Share your experiences below.

Charlie Sheen and Brooke Mueller Are Officially Divorced



They're no longer hitched! Charlie Sheen's divorce was finalized Monday, reports [RadarOnline](#). Charlie Sheen and ex-wife Brooke Mueller married in 2008, and share two children together: 2 year-old

twins Max and Bob. The pair's marriage began to crumble after Sheen was arrested for domestic violence charges after attacking Mueller with a knife. Sheen filed for divorce on November 1st, and after waiting the mandatory six months, is happy to be released from his marriage.

How can you tell if your partner is keeping secrets from you?

Cupid's Advice:

Paranoia is not the most welcome approach to uncovering your partner's secrets. Here are a few more rational ways to find the truth:

1. Notice his behavior: Pay attention to your partner's behavior. If he ever appears uncharacteristically jumpy, anxious or nervous, it may be because he's keeping something from you.

2. Observe his friends: If your partner has shared his secrets with his friends, you will most likely be able to learn something from them. No matter the strength of the friendship, your partner's friends will not keep his secrets as closely guarded as he will.

3. Ask him: If you've tried to covertly uncover secrets and nothing has come of it, then he's probably not keeping anything from you. However, if you still feel worried, politely ask your partner. He will not be expecting such a calm approach, and will most likely give you the truth.

Has your partner ever kept secrets from you? Feel free to leave a comment below.

Charlie Sheen: The Greatest Loss of All



By Dr. Jane Greer,
Marriage & Family Therapist, Author, Radio Host & Shrink Wrap
Celebrity Commentator

People are still transfixed by Charlie Sheen. Some clinical speculation about his behavior has suggested the ravages of drug addiction or an untreated bipolar episode. While all of this may be true, to me, it looks like unbridled narcissism in full fury.

The go-to definition of narcissism is thinking only of oneself. However, when you use the word narcissist you are really making a much bigger statement. A narcissist is not only selfish but actually lacks the ability to think of anyone else. Most narcissists are masters at turning things around so they're the ones being wronged, and they make it appear

that they are doing you a favor by letting you make it up to them. They are typically self-righteous and have an exaggerated sense of entitlement that leads them to believe they deserve everything and more. When they don't get what they want, they get angry and their rage knows no bounds.

You could be dating a narcissist and not even realize it. In fact, at the beginning of a relationship, it can be easy to miss the signs. If you're not sure, take a minute and consider these questions. Are most of the conversations you have centered around your partner? Are you always the one being flexible, making changes to your schedule or agreeing to new plans? If you're out to eat, does your date help themselves to your food without asking, not seeming to think twice about it and never offering you a taste of theirs? When you visit them, do they get up and greet you at the door or expect you to just walk in and join them in whatever they're doing? While each of these things might seem insignificant alone, together they are the signature behaviors of a narcissist.

The epitome of this is a specific personality type that in my book, *What About Me? Stop Selfishness from Ruining Your Relationship*, I call an ultimate controller. Their slogan is "it's all about me." They talk about how great they are, how successful they are, how they know more than anyone and how they're better than everyone else. Charlie certainly brings this to life. We see this in his public tirades on Twitter and his webcast "Sheen's Korner," along with his declaration of "winning." Ultimate controllers have little if any empathy for their significant others and they are unable to accommodate the needs of those around them. To try to get them to is likely to lead to frustration, disappointment and unhappiness. This is what each of Charlie's wives realized, and why they ultimately got out of their marriages. For ultimate controller's, when their needs aren't met they are quick to get mad and attempt to control others with their

anger in an effort to intimidate so they get their way. All of this comes through loud and clear with Charlie's reported death threats, along with his talk about trolls, fastballs and tiger blood. If you pay attention to some of the indicators you will hopefully avoid getting in so deep.

Unfortunately, because Charlie is such a money-generating celebrity he's been able to make his narcissism work for him and his out of control antics actually perpetuate his image as "the quintessential bad boy." The irony is that despite all that Charlie has lost, the one thing he is indeed the 'winner' at is being the best narcissist around.

Charlie Sheen Seeks Temporary Custody While Brooke Mueller Goes to Rehab





Charlie Sheen may just be “winning” temporary custody of his two boys while Brooke Mueller enters rehab. [RadarOnline](#) reports that Sheen’s soon-to-be ex-wife checked in to a facility over the weekend following a crack-cocaine bender, where she sought out drug-free urine as well as refusing to take a court-ordered drug test. “Charlie Sheen has had enough with her excuses, period,” said a source in Sheen’s posse. “Brooke refused to take a random drug test. Charlie’s attorney will use that as evidence that the boys are better off with him than with Brooke.” Mueller’s attorney is expected to argue that the boys should be with their grandmother, a socialite in Palm Beach. Her lawyer added the boys haven’t seen the former star of *Two and a Half Men*, since he left for his Tornado of Truth tour.

How do you decide if you should give up custody of your kids?

Cupid’s Advice:

It’s tough to know when to let go of your children to settle personal matters. Cupid has a few checkpoints to peruse when deciding who gets custody after a separation or divorce:

1. Say “no” to drugs: It’s safe to say that kids should be

avoiding illicit things while they're young, so make sure there isn't anything morally unfit in your house before welcoming your offspring into it.

2. A foot on the career path: Perhaps after your split you'd like to focus your life on your career, and having children around would only make things more stressful. Consider giving up custody to a more committed parent.

3. A necessary and proper home: The biggest part of your self-test is whether you can provide a proper home and lifestyle for your children to grow. Your child's welfare needs to be the top priority.

What do you think are other factors necessary to consider when it comes to custody? Comment below.

Charlie Sheen and Brooke Mueller Reach Custody Agreement





Sometimes it's easy to forget that in the middle of the media frenzy, Charlie Sheen and wife Brooke Mueller have two young boys to worry about. [E! Online](#) reports that the soon-to be divorced couple have finally reached a custody agreement for their 2-year-old twin sons, Bob and Max. According to a source, Sheen gets the twins every other weekend and after four months, if he passes a drug test, he gets to see them up to four days a week. In addition, both parents must have nannies present at all times.

Should you fight for custody of your children?

Cupid's Advice:

A divorce is hard enough, but when there are children involved, things get a lot tougher. Cupid has some tips on what to do during a custody battle:

- 1. Fight for your children:** If you love your kids and want to be in their lives, you should fight to have custody. Showing you are a responsible parent will help your case.
- 2. Wait awhile:** When you go through a rough patch like Charlie Sheen, sometimes it's best to let your spouse take custody of the children. Once you're back on your feet, you can fight for

more time with your kids.

3. Comfort them: Reassure your child that no matter what happens, you will always be in their lives. Even if you don't see each other every day, let them know that you'll always be there for them.

Charlie Sheen and Brooke Mueller Don't Reach Custody Agreement



With no luck in reaching a custody settlement over the weekend, Charlie Sheen and Brooke Mueller will battle it out in court on Tuesday. Sources tell [TMZ](#) that several issues stood in the way of an

agreement. Mueller insists that a monitor is present whenever Sheen has the twins, Max and Bob, at his house. And she wants to make sure that any current or future partner Sheen has doesn't have the right to "exercise parental responsibilities." In order for the estranged couple to gear up for the court fight, Sheen's lawyer must contact Mueller's lawyer on Monday.

What should you tell your kids during a custody fight?

Cupid's Advice:

When you're in court fighting over your children, it can be tough on them. Cupid has some things you can tell them during the battle:

- 1. Positive image:** No matter how much you dislike your ex-spouse, never trash him or her in front of your kids. Your children should have a positive image of you both, and not be swayed by any conflict.
- 2. No one's fault:** Let them know that it's not their fault and has nothing to do with them.
- 3. Spending time:** Let them know that by getting a divorce, it won't change the fact that you will always be their mother or father. Things will be mostly the same, except you all won't spend time together as much.

Brooke

Mueller

Gets

Restraining Order Against Charlie Sheen



The never-ending drama sparked by Charlie Sheen keeps expanding, this time with estranged wife Brooke Mueller filing for a restraining order this past Tuesday, [People](#) reports. Sheen, who has recently been in the media spotlight for his bizarre escapades and strange interviews, even caused taping of the prime-time show *Two and a Half Men* to suspend production. Although Mueller may have ordered Sheen to stay at least 100 yards away from her, the custody issues of Mueller and Sheen's two-year-old twin boys have yet to be discussed.

If your partner has a mental breakdown, what should you do?

Cupid's Advice:

It seems as though Charlie Sheen has quite simply lost his mind. And as strange and bizarre as these sudden outbursts

may be, a mental breakdown is an illness sometimes:

1. Offer love and support: This may come to be harder than you think if the one you love seems to have a sudden change of heart and comes off as a completely different person himself.

Remember the person you know and love, not the disease.

2. Get somewhere safe: There is no telling what someone with an unstable mind may attempt. Make sure you and your children are somewhere safe, and always keeps a cellphone on you for emergencies.

3. Have someone to talk to: You may not be the one with the breakdown, but that doesn't mean it won't directly affect you. Have a confidant that you'll be able to lean on for extra support when things start to get tough.

Charlie Sheen & Brooke Mueller Sign Divorce Papers





Two and Half Men

actor Charlie Sheen and Brooke Mueller signed divorce agreement papers on June 15th, reported [RadarOnline](#). [TMZ reported](#) that Sheen and Mueller will share joint custody of their one-year-old twins; Mueller will be granted primary custody, and Sheen will be given the first, third and fifth weekends of the month to see the boys. Sheen and Mueller made a mutual agreement not to disclose information concerning past affairs and or alleged drug use, and agreed not to insult one another in front of their children. The divorce agreement has yet to be filed in court.

What can you do to keep a divorce as peaceful as possible?

Cupid's Advice:

Divorces will always be hard. Here are some of Cupid's tips to help ease the transition:

- 1. Accept your mistakes:** Rather than playing the blame game, understand that both of you played a role in the failure of your marriage. Owning up to your faults will also prevent unnecessary arguments.
- 2. Agree on space:** After a divorce, both you and your ex need your personal space. Only contact your ex-spouse if it's

absolutely necessary, or when it involves the children.

3. Leave the kids out: Your kids didn't divorce your ex, so avoid discussing matters of opinion concerning it with your children. Take a number from Sheen and Mueller, and avoid arguing with your ex when they're around. By avoiding trash talk and gossip, your children will continue loving and respecting each parent – just as they did before the divorce.