

Nastiest Celebrity Divorces





Jon and Kate Gosselin

Fans watched this celebrity marriage fall apart right before their eyes. The once happy TLC couple went from 'Jon and Kate Plus 8' to 'Jon and Kate Plus Hate' in a matter of months. They were married for 10 years before filing for divorce in 2009, and since then, they've openly shared their dislike for one another. Photos: PRN / PR Photos; Glenn Harris / PR Photos

Young Celebrity Moms





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Hilary Duff

Hilary Duff married NHL hockey player Mike Comrie when she was only 22 years old, and the couple welcomed their son Luca 2

years later. The former child star has never shied away from expressing how thankful she is to be a mother, often posting adorable photos of Luca on Instagram. Photo: LRR/FAMEFLYNET PICTURES

New Celebrity Couple: Britney Spears and Charlie Ebersol



By [Katie Gray](#)

In the latest celebrity news, Britney Spears Day recently occurred in honor of the singer – reaffirming her lyrics, “She’s so lucky. She’s a star.” In addition, the pop star has

confirmed that she's half of a new [celebrity couple](#)! According to [UsMagazine.com](#), "Britney Spears got her own day (aptly named 'Britney Day') in Las Vegas on Wednesday, Nov. 5, and to celebrate, she opened up and confirmed that she does indeed have a new boyfriend." The lucky fellow is none other than producer and writer Charlie Ebersol, son of Dick Ebersol, the co-creator of *Saturday Night Live*.

Celebrity couples find all kinds of ways to announce their relationships and love. How can the rest of us announce the news to our family and friends?

Cupid's Advice:

Deciding when to go public with a relationship and love can be a tough decision to make; therefore, it requires a lot of thought. You should be sure that you genuinely like the person and that you're in it for the long haul. Cupid has some love advice:

1. Be sincere: When you genuinely like a person and are an exclusive item, it's a sign that you can go public. Sincerity is a subtle quality found in all successful partnerships. Once you have established that you're compatible together, you are ready to show the rest of the world!

Related Link: [Relationship Advice Secrets](#)

2. Be serious: A great way to decide if you should go public with a new love is if the relationship is serious. Tons of celebrity couples jump into relationships (and even marriages!) too quickly, but in reality, nobody wants to take a boyfriend or girlfriend home to meet their families if

they are simply a fling. When you know your partner will be around for a while, it's time to show the world.

Related Link: [Stars Who Go Public With Relationships And Affection](#)

3. Be sure: When you know, you know. If you are absolutely positive that you like this person, it is an acceptable time to take the relationship public. By this point, you're sure they aren't a psycho; you know they're responsible; and you know their likes and dislikes. Thus, you can feel comfortable sharing your happiness with your family and friends.

How have you known when it was time to take your relationship and love public? Share your thoughts below.

Broken Engagements: Celebrity Couples That Never Made It Down the Aisle





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Liam Hemsworth and Miley Cyrus

This young couple met on the 2010 set of their movie 'The Last

Song' and announced their engagement in August 2012. Unfortunately, the pair called things off about a year later. While the pop star has said, "It was so fun wearing a fat rock for a few years," she's remained single since the split. Photo: Andrew Evans / PR Photos

Britney Spears Splits with Boyfriend David Lucado



By Kaley Allard

According to [People](#), Britney Spears is once again a single woman, tweeting "Ahhhh the single life!" This news comes after

Spears heard of a video where Lucado was seen making out with another woman. Britney seems to be coping fairly well and has a lot to keep her occupied in the coming months. Hopefully her dream of a fairy tale ending will come true soon.

What are some ways to address cheating rumors?

Cupid's Advice:

Being cheated on is not a good feeling; you question whether or not there was something wrong with you or if you did something wrong. If you know for a fact that your significant other has cheated on here are three ways to deal with that news without landing yourself in trouble:

1. Address it head on: This piece of advice may seem difficult but it is the most important. If you suspect cheating in your relationship and have enough truth behind you, you should not be ashamed to confront your partner about it. No one wants to discuss infidelity, but the only way to move forward, either together or apart.

Related: [Britney Spears Did It: When Should You Call It Off?](#)

2. Figure out why: The only way to move forward is to find out the real reason for why your partner cheated in the first place. Is he or she unsatisfied at home or have you grown apart in the last few months? Whatever the case the only way to work through to try and repair things is to understand why your partner went else where for emotional and/or physical intimacy.

Related: [Ciara Calls Off Engagement to Future Due to Cheating](#)

3. Consider outside help: It can be very difficult for couples to address and fix infidelity issues on their own, and while it may seem embarrassing, therapy can sometimes help. Having a third person there to help you discuss and work through issues at hand can help shed light on issues that you or your partner

may have never noticed before as well as helping to make conversation easier than if it were just the 2 of you.

What are some ways that you have addressed cheating rumors in your own relationships? Please share below!

5 Celebrity Divorces That Turned Nasty



By [Courtney Omernick](#)

No one ever said that getting a divorce is fun, but imagine your divorce being in every magazine and broadcast all over the television on the evening news. With the stress and

pressures that Hollywood brings, it's no wonder so many star's marriages are over before they even started. Below are five of the nastiest celebrity divorces thus far.

1. Jon and Kate Gosselin: It seems the couple was getting ready for a divorce within a few months of America meeting their eight children. Kate ended up accusing Jon of taking \$230,000 of the \$231,000 they had in their joint bank account. Jon denied Kate's claims stating that he only took \$22,000 and that Kate is "hiding money." For this couple, there were multiple accusations followed by a denial, then a rebuttal.

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2. Denise Richards and Charlie Sheen: The breakup of this power couple was one of the ugliest Hollywood has ever seen! After three years of marriage, Richards filed for divorce in 2005 stating that Sheen was unfaithful, abusive, and addicted to prostitutes. Soon after, Sheen told Richards to "rot in **** hell" and called her a "sad, jobless ****."

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3. Christie Brinkley and Peter Cook: After almost 10 years of marriage, Brinkley filed for divorce after learning that Cook had an affair with his 18-year-old assistant, Diana Bianchi. During the divorce trial, there were accusations that Brinkley raided Cook's office, scratched his face out of family photos, and copied his hard drive. Brinkley ended up paying Cook \$2 million, but she got to keep her 18 properties and was given custody of their two children.

4. Liza Minnelli and David Guest: These stars were married less than two years before Guest sued Minnelli for \$10 million claiming that his wife beat him so badly during rages (spurred by alcohol) that he had suffered neurological damage and had to be hospitalized. From there, Minnelli countersued and accused Guest of stealing \$2 million while he produced her

shows. Over the next few years, more allegations surfaced, and the pair decided to call it quits in 2007.

5. Britney Spears and Kevin Federline: While the divorce itself wasn't so much of a disaster, the custody battle was unbearable. Spears's breakdown involving Kevin and their two sons, Sean Preston and Jayden James happened in January 2008 when she refused to turn the boys over to Federline for a scheduled visitation. Spears ended up hiding the boys in her home for four hours until police physically removed her and put her into a medical center.

What are some other nasty celebrity divorces? Share in the comments!

5 Celebrity Women Who Proposed to Their Partners





By April Littleton

Some women get tired of waiting around for their man to make the first move – female celebrities are no different. Why should they wait around for something they want when they can just go after it themselves? Cupid found five celebrity women who decided to take charge of their relationships and put a ring on it:

1. Jennifer Hudson: The former *American Idol* star met professional wrestler David Otunga after her separation from longtime boyfriend James Payton. She proposed to Otunga in September 2008. The couple have one son, David Daniel Otunga, Jr., born Aug. 10, 2009.

2. Pink: The *Just Give Me a Reason* singer met motorcross singer Carey Hart at the 2001 X Games in Philadelphia. After a brief separation, Pink proposed to Hart during a Mammoth Lakes motorcross race in June 2005. She wrote, “Will You Marry Me? I’m serious!” on a sign. The lovebirds married in Costa Rica Jan. 7, 2006. The singer gave birth to their first child, Willow Sage Hart June 2, 2011.

Related: [Celebrity Parents Who Splurge On Their Kids](#)

3. Halle Berry: Berry proposed to former love David Justice during the beginnings of her career. She married the baseball player after midnight Jan. 1, 1993. They separated in February 1996. The couple were officially divorced June 24, 1997. The actress moved on to marry Eric Benet from January 2001 to January 2005. Currently, she's married to actor Olivier Martinez, whom she met while filming *Dark Tide*. The couple have one child, son Maceo, born Oct. 5, 2013. Berry also has a daughter with former flame and model Gabriel Aubry.

Related: [5 Celebrity Couples Who Married Young](#)

4. Britney Spears: The *I Wanna Go* singer proposed to ex-husband Kevin Federline. They were engaged three months after meeting each other in July 2004. At the time, Federline's ex, Shar Jackson was pregnant with his second child. The lovebirds married Sept. 18, 2004. However, their marriage wasn't official until three weeks later due to legal issues. Their relationship was documented on the reality TV show, *Britney & Kevin: Chaotic*. The couple had their first child, Sean Preston Federline, in September 2005. A year later, Jayden James Federline was born. Spears filed for divorce in November 2006, citing irreconcilable differences.

5. Kristen Bell: Bell began dating actor Dax Shepard in late 2007. They became engaged in January 2010, but decided to postpone wedding plans until California legalized same-sex marriages. After the legislation passed June 26, 2013, the actress proposed to her longtime love via Twitter. The couple married at the Beverly Hills County Clerk's Office Oct. 17, 2013. They have a daughter, Lincoln Bell Shepard, born March 2013.

What other celebrity women proposed to their partners? Comment below.

5 Cutest Teen Celebrity Couples



By [Whitney Johnson](#)

Lately, it seems like the heavyweights in Hollywood are getting younger and younger. After all, it was just last year that Jennifer Lawrence won her first Academy Award for Best Actress Oscar at only 22 years old. Given their full-time jobs and big paychecks, these stars often grow up a bit faster than your average youngster – which means they also experience love and heartbreak earlier in their lives. With this thought in mind, we developed a list of our five favorite teen celebrity couples:

1. Bella Thorne and Tristan Klier: The 16-year-old star of Disney's popular show *Shake It Up* has been dating her blonde-haired boyfriend since 2012. When we caught up with the actress earlier this year, she revealed her favorite date night with her beau: "Just to sit on the couch and watch Netflix!"

Related Link: [Bella Thorne Shares Her Tips for Having a Memorable Valentine's Day](#)

2. Britney Spears and Justin Timberlake: Will there ever be a teen couple as adorable as these two pop stars? The pair, who met on the set of *The New Mickey Mouse Club*, were only 18 years old when they started dating and split after 3 years together. Recently, Spears even confirmed that Timberlake was her first kiss. Aw!

3. Gigi Hadid and Cody Simpson: The *Sports Illustrated* model and Australian singer, ages 18 and 17 respectively, were spotted at the Vanity Fair Oscars Party, looking every bit like a teenage dream. The lovebirds maintain a long-distance relationship – Hadid is at New York University, while Simpson lives in Los Angeles – but we hope to see the blonde beauty cheering her man on from the audience of *Dancing with the Stars*.

4. Kylie Jenner and Jaden Smith: While this duo hasn't confirmed their relationship status, they've been spotted around New York City, London, and Los Angeles. Plus, the so-called "best friends" have exhibited PDA on multiple occasions. Only time will tell if these teens have found true love!

Related Link: [Kendall and Kylie Jenner Make Celebrity Gossip Headlines Cozying Up to Chris Brown and Trey Songz at Party](#)

5. Selena Gomez and Justin Bieber: Even though the problem-plagued pop star exited his teen years on March 1st and his on-again, off-again girlfriend is already a year into her 20s,

we couldn't help but include this duo on our list. While Bieber may be trying to prove his age with his recent antics, his fans are still primarily tweens and teens, making his love life of utmost importance to this age group.

Do you have a favorite teen celebrity couple? Tell us in the comments below!

Britney Spears' Ex Jason Trawick is Dating 'Hunger Games' Star



By Brittany Stubbs

Britney Spears' former agent and fiancé Jason Trawick, has moved on to actress Leven Rambin. Sources exclusively confirm to UsMagazine.com that Trawick and the *Hunger Games* actress are "hooking up and dating." After Trawick ended his two year engagement with Spears in January 2013, the pop star moved on shortly after with David Lucado and has been with him ever since.

How do you know when you're ready to move on after a break up?

Cupid's Advice:

Break ups can be difficult and healing takes time (and sometimes a tub of cookie dough). It's important to allow yourself an adjustment period to recover before jumping back out there:

1. You're emotionally stable: Break ups are often roller coasters when it comes to your emotions. One moment you're balling your eyes out in the bathtub, the next you're enraged and cutting up every photo you have of the two of you. When you've finally gotten to a point where you feel secure someone could mention his name or you could even run into him in public and not be tempted to have a dramatic meltdown in anyway, you've come a long way.

Related: [Britney Spears and Jason Trawick Call Off Their Engagement](#)

2. You no longer talk about them: It's normal for everyone to get in the habit of constantly mentioning their ex, whether you're going on rants about how poorly they treated you or just finding little opportunities to bring up their name. This usually means they're still on your mind and you're still pretty attached. But if you get to a point where you can pass by their work or hear their favorite song and not feel the

need to bring it up to your friend, you've gotten over him.

Related: [Britney Spears and Jason Trawick Reveal How Their Romance Began](#)

3. You're done cyberstalking him: We've all been guilty of it before – constantly refreshing his Facebook page, seeing if he's Tweeted lately, etc. But if you find yourself getting online and no longer have the urge to check if he's been tagged in any recent photos with someone new, it's a good sign you're ready to move on.

How have you determined you're ready to move on from someone? Share your experiences below.

Celebrity Divorce Attorney Laura Wasser Gives Tips on Divorcing Peacefully In New Book





By Priyanka Singh

With the climbing divorce rate reaching over 50 percent, many Americans fear the catastrophic events of a messy split. However, celebrity divorce attorney Laura Wasser has some words of wisdom to help divorcees in her new book, *It Doesn't Have to Be That Way: How to Divorce Without Destroying Your Family or Bankrupting Yourself*. The author's southern California location opens her up to a world of A-list celebrity clients, including Kim Kardashian, Britney Spears, and Heidi Klum. Even though the private lives of these stars are under constant media scrutiny and exposure, Wasser explains that divorce disputes have the potential to be fairly painless, particularly in the familial and financial aspects of a settlement. She also spends quite a lot of time working with pro bono cases for the Harriett Buhai Center for Family Law, calling divorce a "great equalizer" because of the emotional distress couples experience is the same across the board.

In an exclusive interview with CupidsPulse.com, Wasser talks about the evolving world of divorce and provides some tips to

guide you through a separation as seamlessly as possible.

Related Link: [Short-Term Celebrity Marriages \(Learn From Their Mistakes\)](#)

You've been in your line of work for nearly two decades. What is one common mistake that you see couples make during their divorce?

Over the past twenty years, particularly during the last five, it occurred to me that parties going through the dissolution process often go in hugely uninformed. Ignorance paired with an emotionally and financially devastating life crisis can be dangerous. Family law attorneys will often make a lot of money to the detriment of clients and their families. There are so many clients who have said, "If only I knew then what I know now."

I have a message in my book to give to people contemplating or going through this experience, one that spans socioeconomic, gender, and age groups: *It doesn't have to be that way.* Our generation has the tools available to us by virtue of education, the Internet, and mental health and counseling opportunities that our parents' generations and those before them didn't have. By employing these tools and having a relatively user-friendly guide, I believe the divorce process can be simplified and improved.

What are some tips you can give our readers about how to maintain financial and emotional stability?

Marriage is a contract. Dissolving that contract should be handled as an arm's length business transaction. Remember that this person will no longer be your spouse, but he or she will continue to be your co-parent, family member, and possibly business partner in certain assets or entities. Be nice; be reasonable; and be brief. Try not to let emotion, hurt, fear, or anger dictate the circumstances of your discussions or

negotiations.

Do you think the divorce rate will continue to rise in the coming years?

It is my hope that it will be reduced because people are waiting until they are older before getting married and people are making a more concerted effort to work through their marital differences. Although divorce has become a far more viable option than it was in the past, it certainly should not be used as the easy way out.

You've acknowledged that current generation's realities have evolved a lot in recent years. How has this change played a role in the divorce rate?

The American family culture has changed significantly in the past 50 years. There are same-sex couples who marry or register as domestic partners and become parents; couples who live together for prolonged periods of time and have children; and stepparents who are integrated into family life more than ever before. An attitude of "it takes a village" often permeates our culture.

There is a whole new way to dissolve your relationship – really a whole new choice of ways to do it. The evolution in family law has been accompanied by advances in mediation, collaborative practice, and self-representation. Plus, there's been a substantive body of data that impacts dissolution, direct and indirect, on all parties. There is also a movement of divorce attorneys – like me – who know how to help their clients navigate this territory and emerge from it strong in mind, spirit, and resources and eager to move on to the next stage of their lives.

Related Link: [Second \(and Third\) Marriages: Destined for Divorce?](#)

It's no secret that you're a supporter of prenuptial

agreements. Why do you think they're so important?

A prenuptial agreement is appropriate when a couple is seeking to opt out of the laws regarding marital property and/or spousal support which govern the state in which they live or are planning to live. Not everyone should have one; they're appropriate on a case-by-case basis. They're not only based on income levels but can clarify an individual's assets coming into the marriage, certain testamentary issues, gifts between spouses prior to and during marriage, and more. It's important to discuss financial expectations and expenses *prior* to entering into the marriage contract, and a prenuptial agreement is one way of leading into that conversation.

I am always astounded at the couples who come to me after being married for some period of time and reveal that they never had such a conversation, whether a prenuptial agreement was in place or not. Conversations about money certainly aren't sexy or romantic, but they should give each of you some clarity and enable you to enter into your marriage with a better understanding of each other.

To purchase It Doesn't Have to Be This Way, check Amazon or your local bookstore. You can also read more about her background at www.wcmfamilylaw.com.

Kevin Federline and Victoria Prince Get Married in Vegas





By April Littleton

The former backup dancer and ex-husband of Britney Spears tied the knot once again. Kevin Federline married his longtime girlfriend Victoria Prince Saturday night in Las Vegas. A source confirmed to [People](#) that the wedding took place around 8:00 p.m. at the Hard Rock Hotel. The couple have been together since 2008 and have one child together, Jordan Kay, who will be 2-years-old next week.

What are the advantages of getting married soon after an engagement?

Cupid's Advice:

For many couples, engagements last about a year in order to prepare for a big, fairytale wedding, but for other future brides and grooms, waiting that long is out of the question. The choice to have a long engagement or a short one is entirely up to you. If you're thinking about getting married sooner rather than later, Cupid has some tips:

1. More intimate: Weddings pulled together in a short amount

of time tend to be more intimate and simple. You might have envisioned your dream wedding as a small ceremony with just your close friends and family. If that's the case, there's no need to draw out your engagement. Preparing for a more laid-back wedding shouldn't take you long at all. Have the same friends you're planning to invite help you with the ceremony and reception setup and get ready to walk down that aisle.

2. Stress free: The wedding process can be very stressful for most couples, especially if one of you is a bit of a perfectionist. Planning for a wedding over a long period of time can lead to some strain in a relationship and you can even forget why you wanted to marry your partner in the first place. Getting married shortly after you announce your engagement will eliminate any materialistic worries that come with planning an elaborate wedding. Don't worry about what your centerpieces will look like or how your wedding favors will turn out. Remember what's important – you get to spend the rest of your life with the person you love.

3. Cost-effective: If you get married in a haste, you'll find that you won't have much time to splurge on expensive wedding items. Obviously, you'll need a wedding dress for the bride, a tuxedo for the groom, etc, but you won't have to worry about wasting your money hiring a DJ or photographer. You can use the money you saved on the wedding on more important things – like starting a family of your own.

Did you have a short engagement? What were some of the advantages? Share your experience below.

Relationship Advice: 5 Lessons to Learn from Celebrity Divorce



By Dixie Somers

The pain of divorce is a well-known one in our society today. Lending to this general awareness is the constant influx of celebrity break-up news that seems to flow endlessly. Although viewed negatively by some, such news can provide high-profile educational experiences. Take a lesson from these celebrities. Here are five lessons we can learn from celebrity divorces:

Watch the Signs

Sometimes it can be conveniently blissful to ignore certain

signs. Ignoring the signs can lead to even greater heartache and woes in the future. Take it from Elin Nordegren, ex-wife of golf legend Tiger Woods. According to various reports, Elin had ignored many troubling signs of the dozens of affairs. Today, Lindsey Vonn is dating Woods. Apparently she isn't one for signs either.

Related: [Is Divorce the Best Option?](#)

Don't Rush

Time and time again, we see the perils of marrying too quickly. Britney Spears became infamous for rushing to the altar in such a fashion. After a very quick, whirlwind romance excursion, Spears and Jason Alexander got married in a Las Vegas chapel. Sure, they had known each other for a long time before. But the topic of marriage had been fairly instantaneous and unplanned; so too was the decision to end it merely days later.

Get a "Prenup"

Prenuptial agreements protect the marrying parties and their individually owned assets and worth. For chivalry, for love, or maybe just for sheer lack of knowing, some go without any such protective measures. The results seen can be devastating: Mel Gibson paid \$425-million, Michael Jordan paid \$168-million, Madonna paid approximately \$80-million – the list goes on. Talk with a Lexis Nexis lawyer to make sure you've done your prenuptial agreement right.

Related: [Demi Moore Proves There's Hope After Divorce](#)

Don't Cheat

In case you didn't know it, cheating is bad, destructive, and a quick end to an otherwise successful marriage. Take Jesse James for example. He had it all – wealth, a name, reputation, career, and last but certainly not least, Sandra Bullock,

America's sweetheart as his wife. So what does the genius do? Cheat. We have seen the sad results for James as Bullock has moved on.

Be Sure

It's always important to understand your potential partner in marriage on a deep level. You need to really "know" them. Kris Humphries found this out with his brief and now alleged "fake, staged" marriage to socialite celebrity, Kim Kardashian. We still can't figure out if we should pity Kris and his situation, or simply point to it all as one big public service announcement.

There you have it; five more reasons to be take a second look before saying your vows. If your getting married, do it right. Take a few tips from these celebrity divorce stories.

Celebrity Couples Who Are Unlucky in Love





By Andrea Surujnauth

Celebrities' love lives are made public for the whole world to see and to judge. But even though some celebrities are all over the place with their love interests, that doesn't mean that there is no hope for them. A big celebrity that we all had our doubts about was Jennifer Aniston. From a broken engagement with Tate Donovan to a relationship with Paul Rudd to a failed marriage with Brad Pitt to a brief fling with Paul Sculfor to short relationships with both Vince Vaughn and John Mayer, Aniston has a long list of past unions that simply didn't work out. Now Aniston has finally found her leading man, Justin Theroux. The two started dating in 2011 and got engaged a year later. So although we thought Jennifer Aniston couldn't find love, after all these years she has finally found "the one."

The question is, are celebrities really that much different than us? Or do their love lives just look dysfunctional because they are always in the public eye? Let's take a look at a few more celebrities who have had trouble finding love and you can decide for yourselves:

Britney Spears:

Britney Spears became a pop idol sensation during the early 1990's. She began a relationship with Reg Jones from 1995 but ended it in 1997. She had a brief fling with Jason Geddart in 1997. By 1998 Spears moved on to begin her infamous relationship with Justin Timberlake. Their relationship lasted four years, and then Spears then moved on to her producer and dance choreographer, Wade Robson. They were together from 2001-2002. By 2003, Spears was rumored to be dating Tom Brady, Fred Durst, Nick Carter, Jared Leto, and Columbus Short. 2004 was Spears' wildest year yet. She got married...twice! First up at the alter was Jason Alexander, who was Spears' childhood friend. They were hitched during a drunken night in Vegas and annulled the marriage a few days later. Husband number two was Kevin Federline, one of Spears' background dancers. The two were together for three years and had two kids together. Spears then dated J.R Rotem, Issac Cohen, Howie Day, Criss Angel, and Adnan Ghalib. Spears then found love with Jason Trawik. The two were engaged for three years, but decided to call the wedding off. Lately, Spears has been seen with a new boyfriend named David Lucado, an employee at a law firm.

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Taylor Swift:

Taylor Swift may be young, but she already has quite a reputation with the fellas. Swift first began a romantic relationship with Joe Jonas of the Jonas Brothers in 2008. This relationship didn't last very long because Swift moved onto her "You Belong With Me" co-star, Lucas Till. By the summer of 2009, Swift switched over to new boy toy, Taylor Lautner. The relationship was over by December of 2009. In 2010, Swift fired up a relationship with John Mayer, which only lasted a few months. Jake Gyllenhaal was Swift's next victim. They broke up in 2011. Conor Kennedy was the next heartthrob to date Swift. This relationship lasted a few

months as well. She went on to One Direction's Harry Styles and the two broke up after a while.

John Mayer:

John Mayer has quite a long list of love interests. Here is only a handful of the women on Mayer's list...just to name a few. In 2002 John Mayer was reportedly dating actress Jennifer Love Hewitt. The relationship was short-lived. He then moved on to dating Jessica Simpson in 2006. However, by the next year, Mayer began dating Minka Kelly. That only lasted a few months as well because by the year after that, 2008, Mayer began an on-again off-again relationship with Jennifer Aniston. He was apparently serious about her since he reportedly told Rolling Stones that the breakup "was one of the worst times of my life." He bounced back pretty quickly since by a little while after the breakup, he began dating Taylor Swift which lasted from 2009-2010. He then moved on to Katy Perry. The two seem to have an on-again off-again relationship going on. Lets see how long this one lasts!

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Demi Moore:

In 1980, Moore was married to Freddy Moore. Their marriage lasted 5 years. In 1985, she became engaged to Emilio Estevez. The two had plans to wed in 1986 but called it off. By 1987, Moore was married to husband number two, Bruce Willis. The two were married for 13 years and had 3 daughters together. They were divorced in 2000. She then began a relationship with Asthon Kutcher who is 16 years younger than her. After dating for two years, Kutcher and Moore were married in September 2005. The marriage lasted a while but the two announced their divorce in 2011. Infidelity was rumored to be the cause of the divorce.

Who are some other celebrities who have had trouble finding

love? Share your thoughts below.

Expert Relationship Advice: 5 Ways to Turn “Me” to “We”



By Dr. Beth Gineris

In order to create successful partnerships in our lives, we must learn to shift thinking from an independent state (me) to a mutually interdependent state (we). Our mindset becomes both caring and supportive, rather than self focused. Here are some details of the two different relationship styles:

The Me-style in relationship

This is a style that is dependent, co-dependent, dramatic, and needy. The two people act as halves who come together and make one whole, with weak or non-existent boundaries. In the Me-style both parties feel lonely, unheard and unseen. They are desperate to feel connected.

Related: [How to Master Being in a Relationship](#)

Example: Britney Spears. She needs others' approval, is insecure, and has found herself entangled with men unavailable to her and lacking stability. She has had great difficulty stepping up to her strength without constant reassurance from others.

The I-style in relationship

This is a style that is independent, solitary, and where individual credit and competition are paramount. Connection is via an intricate tally-sheet of each other's actions; two I's walking side-by-side, with rigid, inflexible boundaries, without interdependence, and lacking dependability.

Related: [Katy Perry and Russell Brand: What Went Wrong?](#)

Example: Russell Brand and Katy Perry. Russell Brand's reasoning for their split was that when you see that you may be incompatible, it's best to call an end to it.

These Me-dependent and I-Independent styles lack empathy and negotiation; either due to an inability of the person to get outside of him or herself to see the other's point of view and weak boundaries of self- **Me-style** OR due to a foundational insecurity of autonomy and competence resulting in rigid boundaries of self- **I-style**.

The We-style in relationship

This is a style that values interdependence, mutual give and

take, negotiation, dependability, and trust. The two parties work together toward shared and individual goals; Boundaries are osmotic allowing interconnections without loss of self.

Example: Jennifer Garner and the newest *Best Picture Oscar* winner Ben Affleck. They describe a dependable foundation of trust, collaboration and mutuality toward both individual and collective goals.

Here are five specific ways to bridge the gap between “me” and “we”:

1. Discover your style of relating. Which describers fit? Possessive, needy, manipulated, insecure? **Me-style**; Defensive, competitive, antagonistic, or a fear of being engulfed? **I-style**; Valued, heard, accepted, dependability? **We-style**

2. To turn Me to We begin with yourself first. Determine what is keeping you in a Me or I-style of relating. Is it an issue of security? Is it something you learned from early life-experiences or a misunderstanding of your true strength?

3. Define when, how, under what conditions you feel secure. Create those conditions. Security can take the form of financial, emotional, physical, or spiritual security.

4. If you are in a Me-style you have to create independence before you move to interdependence.

5. Share your insights with your partner. Invite your partner to follow these steps. Trust the process.

Dr. Beth Gineris holds three graduate degrees, in business, counseling, and Oriental medicine. She has spent twenty years as a psychotherapist, over fourteen years as a strategic management consultant, and eight years as an acupuncturist. She is devoted to providing supportive, solution-focused teachings that allow people to live a more harmonious and happy life. She is the author of 'Turning NO to

ON: The Art of Parenting with Mindfulness', and 'Turning Me to We: The Art of Partnering with Mindfulness'.

Britney Spears Did It: When Should You Call It Off?



By Jane Greer, PhD for GalTime.com

Pop superstar Britney Spears recently announced the end of her engagement to talent agent Jason Trawick. Trawick, who stepped down as Britney's manager when they started dating in 2009, proposed in December 2011. Reports suggest that Britney, 31, who has two sons with ex-husband Kevin Federline, decided to

cut ties because Trawick, 41, is not interested in having more children. Whether this was the true reason they called it off or not, it's an opportunity for the rest of to discuss when calling off an engagement is the right choice.

Getting engaged can sometimes be a challenge, but knowing when it's a mistake and it's time to end it is even more difficult. While reaching that point is different for every couple, here are a few indicators that canceling, or at least postponing, the wedding might be in everyone's best interest.

The event is keeping you together more than the relationship. Is the event itself, and all the time and money that has gone into planning it, the reason you are moving forward even though you feel in your gut that this is not the right thing to do? Every time you think of taking that drastic step and breaking the engagement, do you picture the invitations and the cake that have already been ordered and tell yourself it will be okay? If that's the case, then it is a red flag that something isn't right. Or is everyone else telling you how lucky you are, but you just don't believe it? If, in your core, you feel that something essential is missing and constantly reassure yourself that it's not, that important.

Your "big issue" with each other keeps rearing its ugly head. Another red flag that you might not be ready is if there is a problem behavior that you hoped would disappear as your big day approached, but instead continues to cause difficulties. That could involve anything from alcohol and drugs, to an issue at work, to an ongoing drama with your future in-laws. If you find yourself constantly dealing with extreme anger and resentment, you might want to think about putting off that date and getting help before you say, "I do."

You have a sense of dread, doubt, guilt or obligation. If you have lots of doubts, and are dreading the day that should be

so happy, what you want to do is focus on evaluating your relationship and your situation. Additional warning signs are if instead of feeling that your life is expanding and getting bigger and better, you instead feel like you're making a sacrifice and giving up too much of your freedom and what is valuable to you. Also, if your motivation for following through with the wedding plans is stemming from guilt: hurting your fiancé, disappointing your parents, or upsetting your friends, you might want to reconsider.

You are moving forward for the kids. In Britney's case, it has been said that Trawick has developed a strong relationship with her kids over the years. He was quoted as saying he "adored" them. Sometimes thinking that sticking it out would be best for the kids keeps people together even if it isn't the best thing for the adults. In this instance, the person doing the breaking up can feel guilty about hurting and letting down the children. If Britney experienced this at all, it didn't hold her back.

You feel the old "I love you but I'm not IN LOVE with you." While you may love your partner, you may not be in love with them. This is the passion that helps you navigate and negotiate the many ups and downs of marriage, which you need in order to make it work. If it isn't there, trust your gut. Britney did that, you can, too.

**Giveaway: Embrace Your
Feminine Self with fantasy**

twist and Couture La La



This post is sponsored by Elizabeth Arden.

By Whitney Baker

They say that scent is one of the primary forms of attraction. Lucky for you, in today's perfume world, there are so many fragrances to choose from that you're sure to find one that pleases your partner's senses. For those of you who have yet to discover a scent that screams (or smells like) "you," Valentine's Day is a wonderful time to continue your search. Two fragrances that you must try are Britney Spears's *fantasy twist* and Juicy Couture's *Couture La La*.

fantasy twist gives you not one but two scents to make your own. Joining two of Spears's best-selling fragrances in one unique package, it includes *fantasy*, a potion of succulent

fruits, white florals and creamy musk that results in a cupcake accord, and *MIDNIGHT fantasy*, an intoxicating blend of woody musks, vanilla and exotic fruits. As the pop star said, "I wanted to combine two of my favorite fragrances into a sophisticated bottle, giving my fans the power to choose the scent they desire at any given moment."

With *Couture La La*, Juicy Couture introduces their second fragrance, which reveals the daring and unexpected side of the well-known Juicy girl. "She's confident and fearless but at the same time flirty and feminine," LeAnn Nealz, President and Chief Creative Officer of Juicy Couture, explains. "*Couture La La* evokes her free spirit, and in turn, she makes a statement without even trying." If this woman sounds like you, this fragrance, which blends sparkling fruits, white florals and smooth wood, is the perfect one to spray.

And now for the fun part: we're giving away two bottles each of these two delightful fragrances. Four CupidsPulse.com readers will win a bottle of either Britney Spears's *fantasy twist* or Juicy Couture's *Couture La La* – just in time to impress your man after Valentine's Day!

~~**GIVEAWAY ALERT: To enter for a chance to win a bottle of BRITNEY SPEARS's *fantasy twist* or Juicy Couture's *Couture La La*, go to our Facebook page and click "like." Leave a comment under our giveaway post letting us know that you want to enter the contest. We will contact the four winners via Facebook when the giveaway is over, and they will have three days to respond back with their contact information. The deadline to enter is 5:00 p.m. EST on Tuesday, February 19th. Good luck!**~~

Congratulations to Ashley Elizabeth Gehm, Bryan Elfant, Amy Orvin and Lynette Barbieri!

The Pros and Cons of a Long Engagement



By Marni Battista

The latest news in Hollywood is Britney Spears and Jason Trawick's somewhat long-anticipated breakup. The couple met when Trawick was Brit-Brit's talent agent, and he gradually transitioned to her beau post-Keven Federline divorce. The two had been engaged for just over a year, and we presume one of their resolutions must have been to start off 2013 single.

They parted amicably, according to their reps, but could the lengthy engagement have caused the split? Or did it just make it clearer that they should call off the whole thing?

If you've already been divorced and are engaged to be married

a second time – like Spears was – it’s a good idea to discuss if you’re setting a wedding date immediately or planning to take it slow.

Related Link: [Dating After Divorce: Lessons We Can Learn from Taylor Swift, Queen of Heartbreak](#)

A year-long engagement in the ‘50s and ‘60s would have seemed endless to a blushing future bride, but these days it seems to be more common. In fact, modern couples are holding their “I do’s” for two, three, even five years before actually tying the knot. There are plenty of reasons: costs of a wedding, the pressure of daily life (it’s hard to schedule a manicure, let alone pick a wedding date) and commitment anxiety. While it makes sense for some couples that are on a second or third marriage, is it really better to wait it out?

PRO: You get ample time to figure out if you’re truly a match.

Although the core idea of being engaged is that you’ve both already decided you want to be together long-term, having a lengthy engagement can help ensure you’re making the right choice. In Spears’s case, it seems that this is exactly what happened: they weren’t a great match.

When you’re in a healthy, serious relationship, you’re openly communicating about your values and goals...and by the time you get to an engagement, you hopefully have decided you’re a good fit in multiple ways.

However, time will certainly tell. Being committed to each other on a higher level than being boyfriend and girlfriend should bring more conversations and actions that will help prove to you whether or not you’re on the right path. Ideally, you’ll be sure that you’re both on the same page, and you’ll be able to make the right decision *before* getting married.

In addition, a lengthy engagement can ensure that children from previous marriages have time to adjust to a new person in

the parent role, which can ultimately create a better transition from mom's boyfriend to stepdad.

CON: Lack of marriage can indicate to the other person a lack of commitment.

Related Link: [5 Signs He's Not Ready to Commit](#)

A lengthy engagement can certainly be interpreted by one person that the other person isn't fully invested in the relationship. If you choose to have a long engagement period, make sure you're clear as to why you're choosing to wait and that the items on the "when this happens, we'll be ready" list are specific and measurable. Communicate consistently regarding how those benchmarks are going to be hit and be open to shifting them if the results take longer than anticipated.

When you're fighting with your fiancé, you can simply decide to leave...whereas when you're in a marriage, people seem more likely to want to work out the issues to save their relationship. Additionally, there is data that supports the fact that modern society may be growing indifferent about the institution of marriage. It's an important issue to discuss with your fiancé. Together, you should decide a realistic time period for your engagement; being open about it will help give clarity to your individual feelings and can also bring you closer.

There are both pros and cons to a lengthy engagement; you will just have to decide for yourself what time frame is best for you.

Marni Battista, founder of Dating with Dignity, is an expert dating and life coach with a 10-step system to manifesting love for your self and others. You can contact Marni at marni@datingwithdignity.com.

Find Out the Truth Behind Britney Spears' Split with Jason Trawick



By Meghan Fitzgerald

The rumor mill has been turning when it comes to the truth about Britney Spears and Jason Trawick's breakup. January 11th was a sad day for love, as a rep for the two stated to [Life and Style Magazine](#), "Britney Spears and Jason Trawick have mutually agreed to end their one-year engagement. As two mature adults, they came to the difficult decision to go their separate ways while continuing to remain friends." According

to [Hollyscoop](#), Spears' father did not play a part in the split between the two celebs. Both Trawick and Spears insist they will remain great friends.

What are some red flags in a relationship?

Cupid's Advice:

1. Distance: It is never a positive aspect of a relationship when you don't feel as close to the person you spend all your time with. The red flag should be thrown up when you do not feel a strong connection to your partner because the distance between the two of you has been excessive. This distance does not always have to mean physical distance between the two of you however, an emotional distance can loom even from being together. You need to confront your partner and discuss the distance you feel amongst the two of you. Once that distance is felt, your possible love and future plans may be jeopardized, so make sure to throw the flag!

2. Secret phone calls: In relationships, one of the persons involved tend to become a bit paranoid or nervous, constantly thinking the other is cheating. When secret phone calls come in, you better throw that red flag darling. That person needs to be called out on their constant mysterious phone calls. Put aside all assumptions that you're crazy, or there is nothing going on because he is "perfect." Wouldn't you rather find out sooner than later if the person on the other side of the secret phone calls was another woman? If your beloved partner goes outside or into the bathroom for a "work call," throw the flag up. Don't risk it.

3. Unresolved fights: The worst types of fights are not the explosive, unbearable, destructive ones. Rather, the ones that get put aside to the next day and are never touched on again. When your significant other wants to talk about it tomorrow, throw up the flag sweetie. If your partner wants to be with you, they should have to fight for you also. Which means

fighting even when they don't want to.

When have you thrown up the red flag? Explain below!

Britney Spears and Jason Trawick Call Off Their Engagement



By Michelle Danzig

In a mutual agreement Friday, Britney Spears and fiancé Jason Trawick called off their engagement. According to [People](#), it's been only a year since Trawick, 41, proposed in Las Vegas. A

source told *People* that the two decided to split because of different relationship goals. Spears, 31, who began dating the actor in 2009, reportedly was upset by his constant desire to have his own life outside of their relationship. Sources also say that Spears and Trawick didn't see eye-to-eye about continuing a family as well. The pop singer and former *X-Factor* judge currently has two sons, Sean, 7, and Jayden, 6. Although Jason loves her boys, he wasn't in a place to have his own family. In addition to ending their four-year relationship, Trawick also resigned as Spears' co-conservator over her person, which gave him authority to make decisions about her general well-being. Her father, Jamie Spears, is her primary conservator. Despite the heartbreak, Spears desires to return to her original passion: music.

How do you know when to call it quits on a long term relationship?

Cupid's Advice:

Ending a long-term relationship can be difficult. As the years go by, it is hard not to become comfortable and immersed into life with a significant other. Sometimes, however, the relationship just doesn't work. But, how can you tell? It is definitely hard to pinpoint the reasons and spot the signs that it is time to end your relationship. To make the breakup a little easier, here are some basic red flags that it's time to call it quits:

- 1. Disconnection, isolation and avoidance:** You may find that you and your long-term sweetie have drifted apart. Maybe he is going out with his friends more often or you start doing a former group activity, by yourself. If you and/or your partner is isolating themselves from the other—and this goes double if he/she is straight up avoiding you—it may be time to step back and see it for what it really is.
- 2. Lack of intimacy:** If you and your partner can't remember

the last time you couldn't keep your hands off each other, chances are that intimacy has flown the coop. Think about the last time you passionately kissed or had a romantic night together, if it is difficult to pinpoint or the idea of it just doesn't seem appealing, it may be time to end your partnership.

3. Difference in wants or needs: This is usually the hardest obstacle to overcome. If you find that you and your boyfriend/girlfriend's options, views, and wants have shied away from each other, than it's safe to say that you no longer want the same things. In the beginning, the wants and needs may have been mutual, but people change and so does your relationship.

How did you know it was time to end your relationship? Tell us your story below!

5 Reasons Why Men Are Attracted to Celeb Bad Girls





By Joshua Pompey

There is just something about a bad girl that men can't seem to resist. We know they are bad for us, but that sure doesn't stop us from feeling the way that we do, especially when it comes to the celebs who we crush on. Look no further than the overwhelming attention paid to stars like Megan Fox, [Angelina Jolie](#), and Lindsay Lohan during the heights of their popularity. Don't forget: It wasn't that long ago when Jolie's [celebrity news](#) was focused on her carrying a vile of blood around her tattoo-laced body and lip locking with her brother on national television!

Why Celeb Bad Girls

Take a trip a little further down memory lane, and you may recall a time when bad girl [Britney Spears](#) dressed up as a schoolgirl and crushed the competition (like good girls Mandy Moore and Jessica Simpson). When it comes down to it, the allure of a bad girl makes a lot of sense. Here are a few reasons why men can't resist these types of women:

Related Link: [What Attracts Us to Bad Boys?](#)

1. The promise of sexuality: When men see a bad girl, the look and the attitude conjures images of a woman who is free with her sexuality. Women such as Fox ooze sexuality, making us believe that a night with her will be different from any experiences we've ever had. This is enough to make any man weak at the knees when contemplating the sexual revolution that could enter his life.

2. The excitement a bad girl brings to the table: Life can be boring sometimes. Many of us fall into the same day-to-day routines, week after week, month after month. But not with a bad girl. With a bad girl like celeb Lohan, we know we will be in for one heck of a ride, full of exotic trips, random adventures, and potential trouble. This trouble may not be good for relationships and love, but it sure is exciting.

3. The promise of a chase: Men will always want what they can't have. When men chase after bad girls, they know they may be setting themselves up for mistreatment, frustration, and neglect, but the allure of that chase is enough to outweigh the negatives. Deep down, we all want to be the ones to conquer the Jennifer Lopez's of the world and get them to settle down.

Related Link: [3 Reasons Nice Guys Shouldn't Finish Last](#)

4. The look: Pull up pictures of some of the most notorious bad girls, and you will find one common thread: All of them look and dress incredibly sexy. Men are extremely visual creatures. We become excited by the over-sexualized visuals a bad girl presents. When choosing between the pretty girl in the turtleneck and the bad girl who shows off what she has, our primal sides want the bad girl that stimulates us visually.

5. The attitude: The way a female carries herself can work wonders for her appeal. An average looking woman can become

extremely attractive by walking, talking, and acting as if she has it going on. Bad girls such as Jolie give off a vibe of living in their own world, and everyone else is just in their orbit. This attitude of complete confidence can be liberating to men who feel constrained by society. There is something very sexy about a woman that marches to the beat of her own drum.

Joshua Pompey is an online dating expert and author of The REAL Online Game series. For plenty of free advice, visit <http://getrealdates.com>.

'Glee' Star Matthew Morrison and Girlfriend Dress as Britney and JT for Halloween





By Nic Baird

Glee star Matthew Morrison and girlfriend, Renee Puente, chose retro Justin Timberlake and Britney Spears as their couple costume this Halloween, reports UsMagazine.com. Though the celebrity pop duo split ages ago, Morrison and Puente reminisced about the musical media pair during JT's 'N Sync days and Britney's python charming circa 2001. Morrison, who portrays the coach of a high school glee club on TV, paid tribute to these 90s musical icons for his third annual birthday/Halloween party on Sunday. Morrison captured the look with a head and arm bandana, tinted sunglasses, a blousy white shirt, a spiky hooded vest, fingerless gloves and a hands-free microphone. Puente's outfit recalled the tiny green top and blue hot pants from Britney's "Slave 4 U" outfit, complete with a fake snake.

What are three couples costumes you can wear for Halloween?

Cupid's Advice:

Don't waste time fretting over costume ideas. Couples outfits

can seem daunting, but they can easily come together with the right vision. Inspiration is within your grasp! Read these methods to find a fitting costume for you and your significant other.

1. Puns: Literally being “apples and oranges” will get you some groans, but costumes that work together is a cute Halloween option. Try to physically represent common phrases, like dressing as Justin Bieber and Swag, which could be a treasure chest of hair products. Sound out names or words to get other ideas, like the celebrity couple costume: “Sunny” and “Chair.”

2. Pick a Disney movie: This is a great couples costume because Disney movies have replaced any fairy tale imagery we had as children. Try the classic couples: John Smith/Pocahontas, Aladin/Jasmine, Lilo/Stitch, etc. If you do Mulan, I’d choose Mushu or the evil Hun over Captain Li Shang.

3. Suit and Dress: For last minute costume scavengers, you’ll never have an easier time than if you build a couples costume from your own wardrobe. JFK with Marilyn or Jackie is pretty quick to throw together. *Mad Men*, celebrity couples, and British royalty can save you at zero hour using just a suit and dress.

What great couples Halloween costumes have you seen? Share your experiences below!

5 Celebrities Who Found Love

After Rehab



By Daniela Agurcia

We've all witnessed several celebrities succumb to the dark side of fame and fortune and end up checking into rehab. For some of them, rehab has been the end of their career as we know it, while for others, it's been their breakthrough. Even better, some celebrities managed to find true love after recovering. Maybe romance was just what the doctor ordered. Here are five celebrities who found love after rehab:

Related Link: [Top 5 Celebrities Who Have Made Love Last](#)

1. Britney Spears: Against all odds, Britney Spears has made a comeback. The pop star has been in and out of rehab, even spending some time in the psychiatric ward after a series of breakdowns. It's been a bumpy road for the singer, but she has

since been successful in her career and is now happily engaged to her former agent, Jason Trawick. Unlike her unsuccessful marriage to Kevin Federline, Spears and Trawick seem to have discovered true love as the star climbs her way back to the top.

2. Drew Barrymore: Drew Barrymore is a celebrity with an infamous history. She spent her life growing up in and out of rehab due to her drug addiction, but has since bounced back from her faults. Today, you'd never expect the beautiful actress to have had such a rebellious past. Barrymore not only got herself together for her career, but has even found love with Will Kopelman. The recently married couple couldn't be happier and are expecting their first child.

3. Nicole Richie: Nicole Richie had a bad-girl reputation which eventually landed her in rehab after getting DUIs in 2003 and 2006. Richie's life turned around for her, especially when she landed in the arms of current love, Joel Madden. Since then she's been happy and healthy with Madden, abandoning her old rebellious ways, and creating a family. The couple has two children together, and Richie has been beaming in love and joy since.

Related Link: [Top 3 Reasons Celebrities Seek Therapy](#)

4. Kirsten Dunst: Kirsten Dunst checked herself into rehab after falling into depression in 2008. Ever since checking out, she's been living a healthy and happy life with her current boyfriend and *On The Road* costar, Garrett Hedlund. The actress seems to have had a successful recovery, and has been spotted with a huge smile across her face and in the arms of her beau. There's nothing a little love can't resolve.

5. Kate Moss: Stunning model Kate Moss checked into rehab in 2005 after she was caught in possession of drugs. She split from then-boyfriend Pete Doherty when he checked out of rehab after failing to better himself. Moss on the other hand left

rehab healthier and happier, finding love with The Kills guitarist Jamie Hince. Since then, she has gotten married and has remained in love and more beautiful than ever.

What celebrities do you think found true love after rehab? Let us know below.

Britney Spears and Jason Trawick Reveal How Their Romance Began



By Erin Minty

Britney Spears' fiancée Jason Trawick is speaking out about how their relationship originally began. "It was kind of one of those things where she moved, like, turned around, so we were face-to-face and then ..." said Trawick. Before he could continue, though, Spears stepped in and stopped the 40 year old from giving too many personal details away, according to [People](#). From business to pleasure, the couple have been able to make things work, and hopefully Spears has finally found the one.

What are some unique ways to meet a potential partner?

Cupid's Advice:

Finding a potential partner can be a really difficult thing to do. Cupid has some advice on some new and interesting places to meet a new date:

1. Online: The stigma that comes along with online dating is starting to diminish. If you haven't had much luck finding people you connect with in your every day life, try an online dating site. Tons of people have successfully found a partner online, and it takes away the stress of finding someone on your own.

2. Volunteer activities: If there is a cause or organization in your community that you are passionate about, helping out by volunteering for a day can be a great way to meet new people that share some of your passions. Chat up the cute person working at the site with you and you never know what may happen!

3. Gym/park: If you are someone who loves the idea of working out, but may not be able to find someone to go with you, go for a run at your local park or hit the gym. Chances are, some cute single will be working out too (hopefully alone) and you can talk a little while you work out in a stress-free environment.

What interesting place did you meet your partner? Let us know your story below!

Jason Trawick Films Congratulations Video for Britney Spears



While Britney Spears has been busy filming auditions as a new *X Factor* judge, her fiancé Jason Trawick was filming a little project himself. [People](#) reports that Trawick sent a loving and congratulatory video to Spears while in Texas. The message, which he made in bed, said, “Princess, we just completed our

first weekend in Austin on *X Factor*. Just wanted to say I'm very proud of you and I love you so much. Congratulations." Spears surely appreciated the sentiment, as she took to Facebook to reply by writing, "Awww love you too Xoxo."

How do you support your partner in his or her career?

Cupid's Advice:

It's important to support your partner in their career because their job is part of what makes them who they are. If you follow these tips, your partner could never complain that you're not supportive enough:

1. Always tell your partner you're proud: Every career comes with obstacles and challenges. Therefore, tell your partner how proud you are of them not only when they achieve bonuses or promotions, but often. Encouragement is key.

2. Celebrate the milestones: Celebrate all of the moments in your partners' career where they have achieved something. It could be anything from their first presentation to becoming CEO. Just make them feel special and deserving by making dinner or taking them out for drinks.

3. Create a relaxing environment: Stress and careers often go hand-in-hand. Support your partners' career by giving the occasional massage so that stress never gets in the way of them performing to their full potential in their job.

How do you support your partner in his or her career? Tell us below.