

Celebrity News: Shia Labeouf & FKA Twig's Relationship Is On Hold



By Katie Sotack

[Celebrity couple](#) and *Honey Boy* co-stars Shia LaBeouf and FKA Twigs are reportedly taking time off their relationship, according to *EOnline.com*. In [celebrity news](#), FKA Twigs' Magdalene Tour has taken her around the world and away from LaBeouf. In the meantime, he seems to be taking comfort in the arms of another woman. A source caught a glimpse of the two at Kanye West's Sunday Service, looking more cuddly than "just friends."

In celebrity news, this pair is taking a break from their relationship. What are some benefits to putting your relationship on hold?

Cupid's Advice:

It's not always a bad thing to take a break from your relationship. Cupid has some tips:

1. Absence makes the heart grow fonder: So you were going hot and heavy, but now you've cooled off into a freeze out. Sometimes too much too soon is overwhelming. Take time out to miss each other before reuniting stronger than ever.

Related Link: [Celebrity Break-Up: Lena Dunham Talks Rebound Romances Post Split from Jack Antonoff](#)

2. Maybe their not the one: You've been driving each other up the wall lately, but you swear you love them. Time apart is the best way to find out if your happier single and looking for someone suited to your lifestyle.

Related Link: [Relationship Advice: 5 Things To Do Before You Get Petty](#)

3. Time to focus on yourself: Focusing on 'we' instead of 'me' leaves parts of you on the back burner. In this solo time reconnect with your hobbies, career, family, and friends. Take bliss in all the beautiful pieces of life that have nothing to do with romantic love.

How has taking time off of your relationship benefited you? Share in the comments below.

Expert Dating Advice: How To Put Yourself Out There After A Break-Up



By [Megan Weks](#)

After having my heart beaten to a pulp too many times in my life, I've learned a valuable lesson: there's no time like the present to get back into the saddle. But before you get too skeptical, hear me out on this [expert relationship love advice](#). Trust me, I'm a [relationship expert](#).

Expert Relationship Advice to Help You Move On After a Breakup!

Of course it's good to take some time and heal. I'm not advising you to push past your feelings and not acknowledge them. In fact, it's an absolutely necessary part of the healing process. Lay in bed for a weekend. Cry. Watch all 94 episodes of Sex and The City. Wallow in enough cute animal videos to comfort you for a lifetime.

But then get back out there! This time do it with patience, an open heart, and with the goal of simply learning. You're out there only to learn and explore, to figure out how to improve upon what went wrong with the last relationship. Do you need to shift some criteria around to find a better match? Find your clarity through exploration.

Related Link: [Expert Dating Advice: How To Handle Heartbreak](#)

Here's the loophole. You don't necessarily have to date others to start dating. I want you to date yourself. Yes, yourself! Start filling up the time you used to spend on your relationships with creative ways of pampering and bettering yourself or just plain pleasuring yourself in any way you can think of. It's healthy to bring pleasure to yourself.

Maybe you're feeling lesser or you've lost some of your glow because a person you loved is leaving your life. Keep in mind you have the power to ignite your own glow! As soon as you're able to get out of that bed, it's your challenge to cultivate your spark again. If you're finding that you're luck in love is not all that great and you seem to be facing a lot of let downs and broken hearts, it's time to look within.

Related Link: [Expert Relationship Advice: How to Move on After Being Ghosted](#)

There are a few ways you can increase the quality of your relationships. You can deepen your relationship with yourself through self-nurturing, become a more multifaceted person with more to offer as a partner, and you can increase your relationship skills. There is not a better time to work on these things than when you are grieving and taking a deeper look within.

When you live your life knowing YOU are in control of your joy and happiness, you will be able to cultivate it on your own without a partner. You will begin to have a greater chance of attracting a true and incredible partnership with someone else in the process. When two halves are out there looking to form a whole... that is not when the most idealistic partnerships are formed.

After heartbreak, it may take time to become whole again. Become the greatest whole you can be and you'll be well on your way to attracting an even higher quality relationship than the one you're grieving today.

For more information about dating expert Megan Weks, visit her [website](#). For more relationship advice articles from Megan, click [here](#).