

'Blood, Sweat and Heels' Reality TV Star Brie Bythewood Says, "I Don't Know How to Be Anyone Other Than Me"



Interview by [Lori Bizzoco](#). Video by Rob O'Haire.
CupidsPulse.com Executive Editor Lori Bizzoco recently met up with *Blood, Sweat and Heels* reality TV star Brie Bythewood at the New Yorker Suite at the Carlton hotel, located at 88 Madison Avenue between 28th and 29th. The gorgeous 1,050 square foot penthouse includes a separate bedroom and living spaces with beautiful decor, as shown in the celebrity video

interview above.

Related Link: [Blair Late from Bravo's 'Newlyweds' Chats About Divorce and Gay Marriage](#)

“I think we have a really great platform for a show,” Bythewood said of Bravo’s popular reality show. “We have an interesting and unique group of women. Whatever the formula, it worked, and it’s been a success!”

Celebrity Video Interview with Reality TV Star Brie Bythewood

Given her crazy schedule, we had to ask: How does she manage it all? “In terms of balancing my relationship and love life with work and the show and everything that comes with it, I would be lying to say it’s easy – because it’s not,” she explains. “It’s challenging. It varies day to day.” For her, though, her job is her number one focus. “That’s always my priority – my work – because that provides me with the life I’m able to lead.”

Yes, that’s right – Bythewood is in a very happy relationship! While she stayed mum on details about the lucky guy, she divulged that they’ve known each other for over a decade and that she believes that best relationships are built on strong friendships. As for whether or not he’ll be on future episodes of the reality TV show, we’ll just have to wait and see. “I wonder that too! I don’t know. I’ll have to see if I can talk him up to actually making an appearance,” she reveals in our celebrity video interview.

Related Link: [Tabatha Coffey Says It’s Important to “Connect and Continue to Get to Know Your Partner”](#)

Having finished filming the first season last June (the finale aired this past Sunday, Mar. 16), the real estate mogul shares that she’s had time “to make amends of sorts” with the other

cast members (Mica included) and cites Demetria and Geneva as her closest friends on the show. Of this Sunday's reunion episode, she says, "It's as true to this season as it can be. There are ups and downs, but at the end of the day, I think we can all survive together."

Be sure to tune in for the Blood, Sweat and Heels reunion show on Sunday, March 23rd on Bravo at 9/8c. You can follow Bythewood on Twitter @briebythewood. For more information about the Carlton hotel, check them out on Twitter @thecarltonny and www.facebook.com/TheCarltonHotel.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Our Relationship Taglines for the Ladies of 'Real Housewives of New York'





By Brittany Stubbs

Some of our favorite ladies are back in season 6 of Bravo's popular show *The Real Housewives of New York City*, which premieres tonight! Returning to the small screen are Aviva Drescher, Carole Radziwill, Ramona Singer, Sonja Morgan, and Heather Thomson, joined by the newest housewife Kristen Taekman, a model and businesswoman.

The series follows these six women as they manage their hectic social calendars, careers, children, and love lives in the Big Apple. Outside of relaxing in the Hamptons and surviving the occasional catfight, if there's one thing these women know, it's relationships. From married to widowed to divorced and dating with kids, CupidsPulse.com thought it'd be fun to explore their diverse relationships. While the ladies each have their own witty taglines that describe their personalities in the show's intro, we couldn't help but think they deserved ones for their love lives too. If these women had relationship taglines, here's what they'd be:

Aviva Drescher – You Can Find Love When You Least Expect It:

The way that this housewife met The One goes to show that you never know where you're going to find your soulmate. The couple had a chance meeting at Bed Bath & Beyond. Drescher, a single mother at the time, and now-husband Reid, a Wall Street investment banker, began talking as their young children played together in the aisles.

It was only a matter of time after that shopping trip that the two got married and began growing their family together. While the blonde beauty has an impressive education, including a Bachelors of Arts from Vassar College, a Masters degree in French from New York University, and a JD from The Benjamin N. Cardozo School of Law, she devotes her time to her husband and taking care of their four children.

Related Link: [How to Date When You're a Single Parent](#)

Carole Radziwill – Love Stories Can Be Epic, No Matter Their Length:

Before Radziwill took on the titles of best-selling author, award-winning journalist, and Princess, she was just a girl from Suffern, New York, pursuing her dreams of writing. Working with ABC News, she was assigned to all kinds of stories that kept her traveling and writing around the world. One day, she was sent to work on a story that Anthony Radziwill was producing. While Anthony was as passionate about news as Carole, there was something that made them different: He had a royal lineage going back four hundred years. Lucky for her, this real-life prince soon became her Prince Charming.

The couple fell in love quickly, passionate about their careers and each other. In 1994, the two were happily married, unaware they were living anything but a fairytale. Tragically, Anthony was diagnosed with cancer and passed away on August 10, 1999. Through her pain, the reality star began to write about the devastating battle of cancer and loss of her husband, eventually leading to her first book *What Remains: A*

Memoir of Fate, Friendship, and Love. The memoir spent over 20 weeks on *The New York Times* Bestseller List and was nominated for the “Books for a Better Life” award.

Radziwill split from her rocker boyfriend Russ Irwin who we met during Season 5, but she continues to date. We might even get a look at her latest love interest this season!

Ramona Singer – Leaving is Sometimes Easier Said Than Done: Singer, best known for her go-getter attitude and opinionated speech, is suffering from what is one of the most devastating issues in a relationship: infidelity. After being married to Mario for over two decades, she discovered that her husband was unfaithful. It was reported that he had been having an affair with a younger woman named Kasey Dexter for eight months. As if that’s not heartbreaking enough, the housewife had to witness the affair first-hand when she walked in on them in the Singer’s Hamptons home. The encounter led to Ramona calling 911 for a domestic dispute.

Although Singer has filed for divorce, it remains unclear if the couple will go through with it or not. Just weeks after separating, the couple was spotted on a date together at Bowlmor Lanes in New York City. Although the reality star has always preached the importance of being independent and able to provide for herself, completely moving on from a marriage of 25 years – despite her husband’s betrayal – might be tougher than she thinks.

Related Link: [Celebrity Couples That Are Better Off Single](#)

Sonja Morgan – When It Comes to Love, Age Is Nothing But a Number: Morgan has always been open about her love for men of all ages...and rarely are these men her own age. The housewife was married to John A. Morgan for ten years. Not only are many fans surprised to discover that he proposed after the first date but also that he was 33 years older than her.

The couple’s divorce was finalized in 2008, and since then,

Morgan hasn't given up on her search for true love. In the season 6 teaser, she says, "I'm going below 30 years old," in regards to some of the men she's been seeing. Fellow *RHONY* cast member Heather Thomson claims, "Sonja has as many men as she has interns...and some of them are the same age."

Related Link: [Dating with an Age Gap](#)

Heather Thomson – You Can Be the Wife AND the Boss: Thomson is married to Jonathen Schindler, and unlike many women, Thomson decided to keep her own name after she got married. While the happy couple have two children together, wife and mother are only part of this housewife's description: She's also the creator of "Yummie by Heather Thomson," the popular and innovative shapewear line. Plus, she's designed for and styled some of the biggest names in entertainment, including Jennifer Lopez, Beyoncé, Tina Knowles, and Sean "Diddy" Combs. She was the founding Design Director for his Sean John line and is credited as a major force behind multiple CFDA award nominations.

Although this season reveals that some women refer to Thomson's powerful presence as bossy, her husband shows that men do like women who take charge and are not intimidated by their success.

Kristin Taekman – Relationships Are a Balancing Act: Taekman is the newest member of the gang. She's been married to her husband Josh for a decade, and they have two beautiful children together. The couple met and fell in love in NYC, and Josh ended up proposing on Kristin's favorite holiday, Halloween, in Central Park. While she loves being a wife and mother, she's trying to balance her family life with her modeling career – a challenge that many married career women understand!

Can you relate to any of these women's love lives? Share with us what your relationship tagline would be and why!

To see more of these ladies and their relationships, tune into The Real Housewives of New York premiere tonight at 9/8c on Bravo!

‘Online Dating Rituals of the American Male’ Reality TV Star Marcus Pierce Says Being Yourself is Key to Finding a Relationship and Love



Interview by [Lori Bizzoco](#). Written by Louisa Gonzales and [Whitney Johnson](#).

Marcus Pierce is no stranger to the online dating world, having been active on sites like OkCupid since 2006. The celebrity trainer and Artist Muse creative director also isn't one to shy away from fun opportunities, so deciding to appear on the premiere episode of Bravo's new reality TV show *Online Dating Rituals of the American Male* was an easy choice to make.

Related Link: [‘A Million First Dates’ Offers New Insights About Online Dating](#)

Marcus Pierce Talks Reality TV and Online Dating

The Los Angeles resident feels like the docu-series came along at just “the right time in my life. I’m kind of at the point where I’ve run out of options. Plus, I’m so busy with work and everything else,” he explains in our [exclusive celebrity interview](#). “And I’m always up for new experiences – especially when it has to do with a relationship and love. I feel like you can find it anywhere if you’re open to it.” Along these lines, *Bachelorette* fans may recognize Pierce from the second season of the show, where he was one of 25 contestants vying for Meredith Phillips’s heart.

Despite his personal beliefs, the handsome trainer understands the doubt surrounding online dating. In fact, he hasn’t always been on board with the concept. When he first joined the online dating scene, it was more of a “joke” to him. And he wasn’t the only one with that mindset: “Back then, I think people automatically assumed that, if you were online dating, you were desperate.”

Of course, his opinions have changed since then. “At the time,

I was younger and wasn't working as much as I am now. I had a lot more free time to actually go out and meet women. So, here we are, eight years later," he says with a laugh. "Now that I'm busier, online dating just makes it easier for me to look for a relationship and love."

So what can viewers expect when they tune into *Online Dating Rituals of the American Male*? Pierce assures fans that he's always true to himself as he reveals "the good, the bad, and the ugly" of online dating. "I know who I am, and I know I have to be vulnerable, so I'm always just going to be Marcus," he shares. "I'm a pretty loving guy. I'm very personable. I'm a communicator. No matter what I get from a girl, I'm still going to be me."

Related Link: [Celebrity Blogger Perez Hilton Talks Online Dating](#)

Bravo Star Shares Online Dating Advice

The reality TV star also hopes that the show will allow people to learn from his experiences. He wants to help both men and women gain a better understanding of online dating, especially when it comes to developing their profiles."You need to put your best representation forward. You know everybody's got their weirdness and their issues, but you don't want to put that all out there!"

Continuing with this advice, Pierce encourages online daters to show off their best qualities in the beginning and not worry about how you think a potential match will perceive your profile. "Always put up your best pictures. Don't put anything that's unflattering about yourself; let somebody naturally find out those things about you when they take you on a date. You don't need to lay it all out on the table. Include the things that will interest people and make them

want to learn more about you.”

Just like in real life, online dating matches don't always work out. Still, he doesn't let himself get too affected by rejection – and he advises others to do the same. “Don't think about what the other person is trying to get from you. Just be yourself, be vulnerable, and be open to love. And that person who truly belongs with you, who truly wants you for who you are, will find you.”

Related Link: [How to Deal with Online Dating Rejection](#)

While he's dealt with heartbreak in the past, Pierce *may* be happily coupled up now. When asked if he was currently single, the reality TV star played coy. It looks like you'll have to tune into the show to find out about his current relationship status!

You can follow Pierce onTwitter @thefitartist. Be sure to tune into the premiere of Online Dating Rituals of the American Male on Bravo this Sunday, March 9th, at 10/9c!

Celebrity Video Interview: 'Millionaire Matchmaker' Star Patti Stanger on How a Relationship and Love Changed Her: "I'm Much More Relaxed"



Interview by [Lori Bizzoco](#). Video by Damian Kolodiy.

This past Saturday, CupidsPulse.com Executive Editor Lori Bizzoco and *Millionaire Matchmaker* reality TV star Patti Stanger caught up at Match.com's Singles in America 2014 event where Stanger moderated a panel discussion with four sex and dating experts, including Celebrity Blogger Perez Hilton, Leading Sex Expert Dr. Emily Morse, *Cosmopolitan's* Sex and Relationship Editor Anna Breslaw, and Chief Scientific Advisor for Match.com Dr. Helen Fisher. Prior to the event, we had the opportunity to sit down with the matchmaker, and in our celebrity video interview, we chat with her about online dating, her own personal love story, and her best dating advice for meeting The One.

Related Link: [Patti Stanger on Celebrity Relationships and Love in NYC](#)

Celebrity Video Interview with Patti Stanger

"I love Match.com! I'm the girl who dates online," the reality TV star candidly shares. "This is the way to meet singles. 18 or 80, it doesn't matter. We just need the tools and the ammunition to do it."

As for how finding love with fiancé David Krause has changed her? "I'm much more relaxed. I love nesting; I love staying home."

Watch our celebrity video interview above for more information.

Tune in for The Millionaire Matchmaker on Bravo on Thursdays at 9/8c, and check out Stanger's line of jewelry at Shop by Bravo!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

'Millionaire Matchmaker' Reality TV Star Marisa Saks Says Listening Is Key





Interview by Shannah Henderson.

Celebrity Video Interview with Marisa Saks

We love watching Marisa Saks on Bravo's hit reality TV show *Millionaire Matchmaker*, so we were excited to speak to the sassy matchmaker at OK! magazine's pre-Grammys party last weekend. In our celebrity video interview, she shares, "The best part about being on the show, I would have to say, is that we have our own little-big family."

Related Link: [Patti Stanger Has Three TIPS for Making Up After a Breakup](#)

Plus, the reality TV star shares her number one tip when it comes to a successful [relationship and love](#) life "Don't have loose lips. Listen, listen, listen!"

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

'Top Chef' Alum Richard Blais on Healthy Holiday Cooking with Benefiber



Interview by [Lori Bizzoco](#).

Viewers of *Top Chef* recognize Atlanta chef Richard Blais as the runner-up during the reality show's fourth season and the winner of season eight, *Top Chef: All-Stars*. What may surprise fans, though, is his new found passion for healthy cooking. It even surprised the chef himself: "I would never have envisioned that I'd be standing here today talking to you about being a dedicated chef to health and wellness." In our

interview, he discusses the importance of fiber and makes raw oatmeal risotto using Benefiber.

Related Link: [Wolfgang Puck of 'Top Chef: Seattle' Says Taste Is the Most Important Part of Cooking for Your Loved Ones](#)

While the reality star handles most of the cooking duties at home, he knows a thing or two about sharing space in the kitchen. “My kids do cook. We’re getting them involved,” Blais shares of his daughters, ages five and almost three. “I think it’s really important to build a healthy relationship with food with your kids, whether that’s going to the farmer’s market, going to the grocery store, or getting them at the stove with you.”

He adds, “We just made one of these recipes at home – blue corn meal pancakes – with Benefiber.”

For more information, check out Benefiber on www.facebook.com/Benefiber.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

‘RHONJ’ Star Jacqueline Laurita: “I Try My Best to Get Along With Everyone”





By Kerri Sheehan

You may know the sassy and fiercely protective Jacqueline Laurita from Bravo's hit reality show *The Real Housewives of New Jersey*, but that's not her only claim to fame.

Before we delve into this season's drama and last night's episode, let's focus on a few things you may *not* know about Laurita, starting with the fact that this 43-year-old mother of three has her own beauty website, AltruisticBeauty.com, with publicist Suzanne Summers. The two began working on the site together after first developing a friendship. "I told her about my idea, and we decided to turn our love affair for beauty into a business. Since I am a licensed cosmetologist with years of experience and Suzanne is a beauty publicist, we make a great pair. We bring our years of knowledge to the site and also handpicked a team of other beauty and health professionals to blog with us."

Inspiration for Laurita's company came from her days as a cosmetologist. "I had this vision for a beauty website a long time ago. I've spent several years educating people about

cosmetics, skincare and everything beauty. I have literally tried it all." *Real Housewives* viewers were an impetus as well. "Fans of my show would tweet me beauty questions constantly, so I created a platform to get all of their beauty questions answered. I get all sorts of questions from what plastic surgery procedures I recommend to how to make treatments from items in your refrigerator. I love sharing beauty secrets!" she exclaims.

Related Link: [RHONJ's Teresa Giudice Debunks Divorce Rumors](#)

Inner beauty is just as important as outer beauty, and one thing that shines most about Laurita is her dedication to raising awareness about autism. She has become a strong voice in the community since her youngest son, Nicholas, was diagnosed. On one episode, viewers saw Laurita encourage Nicholas to try out a hyperbaric oxygen chamber, which is thought to help children on the autism spectrum. Family is the most important thing to Laurita and she says that she stays on the show (despite the drama) because it gives her a platform to bring attention to the cause.

If you tuned into the *The Real Housewives of New Jersey* last night, you know that things didn't go as planned during Laurita's reunion with Teresa. "I try my best to get along with everyone," she says. "I really don't need the extra aggravation of fighting over nonsense when I'm fighting for my child's recovery at home. I really don't like fighting." At the same time, this Jersey mom is not afraid to hold her own when challenged. "If a certain situation presents itself to me, I just roll with it by responding organically, and I always have hope for a resolution in the future. This season you may see more "mysteries from last season reveal themselves," she says.

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Despite the fighting and feuding, the beauty

guru's relationship with her husband has remained as strong as ever. She says that their secret is acting as though they just met each other and adds, "We always make sure we schedule in regular date nights. We like to go out with other couples too. It's fun and entertaining." Their typical date night involves good food, good conversation and a glass of good wine.

You can catch Jacqueline and the other Real Housewives of New Jersey every Sunday at 8/7c on Bravo. To keep up with Laurita, follow her on Twitter @JacLaurita or facebook.com/jacquelinelaurita. Head over to AltruisticBeauty.com for some beauty tips and tricks.

Blair Late from Bravo's 'Newlyweds' Chats About Divorce and Gay Marriage





By Marisa Spano

Imagine inviting strangers into your home to observe your first year of marriage and allowing millions of people to watch the honeymoon stage of your love life. Newly-minted reality star Blair Late can tell you a thing or two about that experience – all good things. Late and his spouse Jeff Pedersen were all for having cameras follow them around as they transitioned into married life.

Of course, reality television was a familiar world for the couple: “I first met Jeff when I was working on a reality series for Melanie Brown from Spice Girls,” he explains. “A producer friend who hung out with us commented that we were a really odd couple.” A year later, they got engaged, and that same friend suggested that they audition for Bravo’s new documentary series, *Newlyweds: The First Year*. They soon got a call from the network, and after an extensive three-month background check, they agreed to be part of the show.

Related Link: [EXCLUSIVE: Jill Zarin Says, “Women Can Have It All, But Not All At The Same Time”](#)

So why did these lovers decide to showcase their new beginning? "It was done by a very prominent documentary team who had won Oscars and Emmys, so knowing that it was a style of show that hadn't been done before definitely influenced our decision," says Late. "Plus, we were the only gay couple on the series and the first gay couple to really be featured on a show about marriage. It's a big deal when you consider that gay marriage isn't completely legal yet."

That's not to say that the couple is hoping to be spokespeople for gay marriage. They just want to share their story, a story about "a guy from Texas who has been 'out' for quite a while, who has support from his family, who's in the entertainment business and who is fun, dramatic and just loves life. That same man falls in love with a man from California who's a bit older, who didn't get family acceptance, who isn't in the business of entertainment and who is more responsible." The couple seems to be sculpting a little chunk of history with their appearance on the show.

The amount of feedback and admiration they've received is incredible. In response to whether he thinks their inclusion on *Newlyweds* is impacting public opinion, Late says, "We have opened people's eyes to the fact that domestic partnerships and gay marriages have little if any equal rights to straight marriages. We're certainly educating people." He believes that they're empowering young gay people across the country. "I've had so many people say, 'Oh, I'm just like you, Blair, and I hope I can find a Jeff someday.'"

Some would argue that couples often suffer from a failed relationship when they are cast into the reality show spotlight. However, Late says that the show actually *helped* their marriage. "We were forced to discuss certain topics and to put things on the table because of the cameras."

Even though their personal thoughts and problems were viewed in public, it never made the duo feel uncomfortable. "I try

not to regret anything that happened or be embarrassed about it. Sure, people complained about us talking about our sex lives on television, but maybe it won't be such a weird thing for gay men to do in five years."

For Late, his view on relationships was affected by his parents' divorce. "It had a negative psychological impact and made me feel more needy and have a fear of abandonment. One thing that I've really focused on this year is figuring out what triggers me and what makes me a little more dramatic sometimes."

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"My parents' divorce made me realize that I only want to get married once," he adds.

It's easy to see that Late's love life is going well, and he appears to be having success in his career too. He's found fame as a songwriter, actor, television presenter and pop singer – he'll soon be performing his new single "Love Calling" in San Francisco. Additionally, he's working on his own cardigan line called Crest and Letters. And, of course, he'll be appearing on tonight's final episode of *Newlyweds* as well as on *Watch What Happens Live* with Andy Cohen after the finale airs.

We can't wait to see what he does next!

For more information about Late, visit his [Facebook](#) and [Twitter](#) page.

Tabatha Coffey Says That Staying True to Yourself Is Important In All Aspects of Life



By Kerri Sheehan

Australian hairstylist, salon owner and television personality Tabatha Coffey sure has a solid resume. She has been in the hair industry for over 30 years, and in 2007, she was voted the first ever Fan Favorite on the Bravo network's reality series *Shear Genius*. Since then, she received her own spin-off series, *Tabatha's Salon Takeover*, in which she helps failing salon owners turn their businesses around. After three successful seasons, Coffey has moved on to sprucing up a

variety of small businesses on her newest reality television endeavor, *Tabatha Takes Over*.

“I just had such an overwhelming, positive response from everyone writing to me and saying, ‘I really love what you do. I wish you could help me, but I’m not a hairdresser. I really need help with my business.’ It seemed like a natural progression to be able to go into other businesses and help them turn things around,” says the reality star sensation.

The current season of *Tabatha Takes Over* is the second of its kind, and Coffey hints that viewers will have quite a lot to look forward to. “We still have some salons that I’m going into, and for a lot of people, the salons are still the favorites. We have a lot of non-salons that we’re going into as well, and I know a lot of people enjoy that too. It’s a lot of fun. There’s a nice balance with both.” Coffey also alludes to the return of some of the show’s alumni. “We may check in with some past favorites,” she says.

After seeing her in action, it’s no surprise that the hairdresser loves filming the show and helping people turn their lives around. “I get so emotionally invested with every business that I go into that I take the journey with the owners and the employees.” Her favorite times on the show are when she is really able to help the business owner and employees turn over a new leaf. “I always enjoy any time that I see success, that I see people turn their business around. When we’re able to save a business, that’s my favorite because that’s ultimately what I hope for every time.”

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Of course, her life isn’t all work. Coffey has been in a committed relationship with her partner for more than a decade. She cites communication as the key to keeping her love a priority despite her hectic schedule. “It’s hard for

everyone to find a balance because I think we all get so busy and get so into our own things,” she explains. “So if I’m travelling, I make sure that I’m sending a text and seeing how everything’s going. It’s important to check in and not just be concerned with what’s going on with me.”

As someone who is open about being gay, the television personality shares some tips to anyone struggling to be honest and open about their feelings: “It’s easy to become wrought with the fear of having to tell the truth to your family and friends, but you have to really believe in yourself and be true to yourself. It’s your life, and you have to live it and be happy with who you are and be honest about who you are. You can’t live inauthentically.”

Coffey believes that staying true to yourself is vital in every facet of life, especially when it comes to your primping rituals. When asked about hairstyles for different events, she thinks the best rule to follow is to be you. For a first date, she says, “It’s great to glam it out a little bit and, you know, put a little bit more makeup on or dress your hair up a little bit, but you should also be true to who you are. If you’re going to go overboard and really glam it out and that’s just not you, then you’re really not letting your date see who you truly are.”

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For a more glamorous night, like a romantic dinner, she thinks that it’s okay to do something fancier with your locks. “I’m sure that the dress you’re going to wear is a little bit sexier, and your hair should follow suit.”

More likely than not, your spouse has a strong opinion about how they like your hair. “Let’s say your guy likes your hair when it’s curly, but that’s not your favorite thing. Maybe then, your romantic date night is the time to indulge your significant other. Make sure that you play into their opinion

a little more and do what they like.” Whether it’s wearing your hair up, down, slicked back or with some extra texture, show your partner what he wants to see.

As for a wedding day, Coffey urges readers to not stray from what they know works and says, “Never make a drastic change before your big day!” The weeks before a wedding are always heavily laden with emotions, so a bride may feel like she’s being spread thin. Therefore, a major change can lead to disaster. When you feel out of control, the one thing you *can* control is hair, so it’s never a good time to change your hair when you’re engulfed in emotion. “Stay true to yourself because a lot of brides go crazy and do something that they normally wouldn’t do with their hair. When they look at their pictures, they don’t even feel like themselves anymore.”

You can catch Tabatha Takes Over on Thursdays at 10/9c. If you can’t get enough of Coffey on Bravo, you can catch her speaking tour called Meeting with Tabatha, which will begin in Connecticut before it heads to Los Angeles and Arizona. It will give business owners tips for turning their business around and allow them to have an up-close-and-personal questions-and-answers session. You can also follow Coffey on Twitter and Facebook.

Lisa Hochstein of ‘The Real Housewives of Miami’ Says She Is the “Luckiest Girl in the

World”



By Michelle Danzig

She's witty, laid-back, and beautiful—and couldn't be a more perfect addition to this season of Bravo's reality show 'The Real Housewives of Miami.' Former playboy and fitness model, 29-year-old Lisa Hochstein absolutely loves being a cast member. In the beginning, it seemed easy to dislike her, as she is the wife of the "Boob God" Dr. Leonard "Lenny" Hochstein and self-proclaimed "best creation" of her husband.

Despite their first impression, everyone was pleasantly surprised to find that she is funny, genuine and the most real of the cast members. Even amidst the telltale drama of the series, Hochstein finds herself very composed. "I have been through so much and have overcome so many of my own personal struggles and bad situations. So I just roll with it," she

says lightheartedly. "It doesn't affect me because it is nothing compared to what I've seen in my past."

Hochstein, however, is not one to stand back when she is being disrespected. During our interview, she mentioned her lavish and infamous lingerie party to benefit Susan G. Komen for the Cure when two of the housewives got into a heated discussion that ultimately got physical. "When [the two women] almost destroyed my party for my charity and the music went off, that just set me off," she says "I was at my breaking point." Despite that particular incident, she still stands by her calm, cool and collected persona. "If you're going to get angry and lose it, it needs to be something worth it," she says. "There is no sense in getting premature gray hairs over this stuff."

Despite some choices that the viewers might find to be poor decisions, Hochstein doesn't have any regrets about her behavior on the show. In a recent episode, when a fight erupted at Thomas Kramer's dinner party, she was ridiculed for getting up on the table and dancing for the guests – on a stripper pole – in an attempt to lighten the mood. In the middle of the chaos, Hochstein managed to make everyone laugh. "I'm silly; I'm fun," she says. "I'm spur-of-the-moment, and if something comes to my mind, I'll do it."

Hochstein says that what people didn't see on television was that, after the incident, she invited the rest of the ladies at the party to join her on the table to dance. Sticking with her no regrets mantra, she says, "I don't think I did anything inappropriate, and my husband didn't mind."

That is exactly what she loves about her man. "He accepts everything about me," she explains. "I'm a little crazy; I'm a little out there. I like to have a good time, and I like to dance. I entertain him. There is never a dull moment with me. I think that's why he is so in love with me. I always have something outrageous to say, and I make him laugh."

Although the drama may affect the relationships of some of the other wives, Hochstein says that her marriage to Lenny has not changed at all. “We are the same couple we’ve always been. He’s proud of me and all of the things that I’m trying to accomplish.” The couple just celebrated their three-year anniversary back in October – “That’s a big accomplishment in Miami,” Hochstein jokes.

Related Link: [QuickieChick’s Video Dating Tips: Why Hating Your Body is Destroying Your Love Life](#)

Since being on the show, Hochstein finds that people tend to misunderstand her relationship with her husband. She believes the opening line of the show has caused this issue. “He didn’t create me; he fixed a bad boob job,” she says. “It was a joke that was taken out of context.” In truth, her relationship with her husband isn’t about plastic surgery at all.

In their free time, the happily-married pair love to walk their dogs on the beach, travel and ski. They also love to go out to dinner or a club, watch movies and just hang out in bed together. This housewife knows the importance of continuing to “date” your partner, even after you get married. “Having a date night at least once a week is so important to your relationship because you can get off track,” she says. “A date night will feel like you’re courting each other again.” She also recommends taking an annual vacation with your significant other. “We go to Europe every summer. I think the alone time is extremely important.”

Related Link: [Tips to Keep Things Exciting with a Date Night at Home](#)

Her best piece of relationship advice, though, is one that she learned from her mother. “Never go to bed angry,” she recommends. “I’m a firm believer in that.”

While Hochstein is working to promote herself and the show, her husband is constantly maintaining his growing practice.

Although it has been “crazy busy,” they are both loving it. It may be hard to find time for each other these days, but the reality star says that she and her husband are still madly in love with each other. “My husband is young, hot, sexy and smart,” she exclaims. “I am the luckiest girl in the world.”

Tune into Bravo on Thursdays at 9/8c for ‘The Real Housewives of Miami.’ Keep an eye out for a skin care line and fitness supplement line from Lisa Hochstein sometime next year. You can also follow her on Twitter at @LisaHochstein

Wolfgang Puck of ‘Top Chef: Seattle’ Says Taste Is the Most Important Part of Cooking for Your Loved Ones





By Whitney Baker

Fans of reality television will recognize world-renowned chef and restaurateur Wolfgang Puck. Not only was he responsible for the food served at the infamous wedding of Kim Kardashian and Kris Humphries (filmed for 'Keeping Up with the Kardashians'), but he has also appeared as a guest judge on previous seasons of 'Top Chef: Las Vegas' and 'Top Chef: New York.' And now, Puck is excited to join the tenth season of the cooking-competition series in Seattle as a permanent judge alongside Tom Colicchio, Gail Simmons, Hugh Acheson and longtime friend Emeril Lagasse with Padma Lakshmi returning as host.

This season of 'Top Chef: Seattle,' which premieres on Wednesday, November 7th at 10 p.m. EST on Bravo, focuses on the contestants going back to the basics, something that Puck considers incredibly important when cooking. "I really believe that cooking to learn the foundation is the most important part," he shares.

As for this season's 21 chef'testants, Puck says, "I saw that there were a lot of talented people who did great dishes, but

a lot of them also lacked fundamentals.”

Having a strong foundation of cooking skills can also come in handy when preparing a dish for your significant other. When cooking a meal for your partner for the first time, Puck recommends preparing something you feel confident cooking, “not something completely new where you are unsure of how many minutes you have to cook it or if the seasoning tastes good or if the combinations of spices and herbs are just right.” Additionally, it’s important to buy the best quality ingredients and to keep it simple.

Related Link: [Tips to Keep Things Exciting with a Date Night at Home](#)

Now that you’ve chosen the right ingredients and a simple recipe that you know how to cook, how do you know if what you’ve prepared is a hit or a miss? “I tell all of my young chefs – and everybody in the kitchen – that the most important thing for a chef is to taste,” Puck explains.

Another cooking lesson that ranks high in Puck’s opinion? Learning from your loved ones. After all, the chef began cooking professionally at age 14, and before that, he spent time in the kitchen with his mother, who was a chef in the Austrian town where Puck was born.

Growing up, Puck’s mother followed the farm-to-table ideology that is sweeping across America’s restaurants, and as the chef shares, it was totally logical at the time. “You know, we went outside into the garden, picked the vegetables and made a vegetable soup” – a statement that reiterates the high importance that Puck places on knowing basic skills in the kitchen!

Related Link: [Date Idea: Turn Up the Heat in the Kitchen](#)

Of course, Puck has come a long way since then, having changed the way Americans approach the art of cooking by combining

classic French and Asian techniques. Though he's sitting at the judges' table now, Puck can't help but look back and consider how a young Wolfgang would've done on 'Top Chef': "I think I would have done pretty well because I always had good instincts about food, and I was always very clear about using great ingredients."

Even so, the playing field was quite different when he first entered the scene. "At that time, you didn't have as many talented young chefs who worked really hard and were really good at it."

Considering the changing culinary landscape, none of this season's contestants reminded Puck of a younger version of himself; however, that's not to say that they didn't impress him. Offering a glimpse at the upcoming season, he shares, "There are a few contestants who actually had their own ways. You know, there are so many chefs who can execute great recipes, but there are very few who actually have their own ideas for those great recipes."

"When somebody is a 'Top Chef' winner, you almost expect them to have their own ways and their own ideas – and then execute them perfectly," he adds.

Be sure to tune in to this season of 'Top Chef: Seattle,' which premieres on Bravo on Wednesday, November 7th at 10 p.m. EST. For more information about Wolfgang Puck, you can visit his official site at www.WolfgangPuck.com.

Amy Laurent Tells Us How to

Navigate a New Relationship and Go From '8 Weeks to Everlasting'



By Whitney Baker

Matchmaker and reality star Amy Laurent didn't realize how much she needed her own help until she began filming Bravo's 'Miss Advised.' As viewers saw throughout the first season, she quickly learned how hard it was to be open to love and how scary it was to feel vulnerable. That was the catalyst she needed to write her book, which she began working on two-thirds through filming. *8 Weeks to Everlasting: A Step-by-Step Guide to Getting (and Keeping!) the Guy You Want* isn't about getting the ring or getting to the altar; it's about building

a strong foundation for a lasting relationship with your perfect person. "This book offers simple guidelines that every woman needs to follow when they first meet someone they like," Laurent explains. "It's about how to change your approach to dating so you don't lose yourself in it." No one knows the importance of these parameters better than the author. We had a chance to chat with her about what rules to follow, what lies men tell and what she's learned in her search for love.

How did you develop your dating philosophy?

I found that women kept asking the same questions when it came to men and the early stages of dating. I've been giving women solid advice on how to handle these situations, and they've come back to me and thanked me for everything I said. But here I am, getting back into dating myself, and I'm totally stinking at it. During the course of filming 'Miss Advised,' I realized that I needed my own coaching. Talk about a sense of urgency! It was like, "Oh my god, I need to take everything that I've been telling women to do and turn it into a handbook so I can find a guy for myself!"

No matter who we are, whether we're the expert or not, we really need rules that are clearly laid out, week-by-week, about how to date men. It's the first eight weeks that are the most torturous for women!

Related Link: ['Miss Advised' Star Amy Laurent Says, "I've Always Seen Katie Holmes With Someone Who Is More Mellow and Chill"](#)

In the introduction of your book, you tell women that they're in charge of their fate and they can have any kind of relationship they want. What is preventing women from finding their ideal relationship?

Accepting less than what we deserve. There are boundaries that teach a new guy in your life what is acceptable and if you are a relationship girl or a casual dater. Your actions towards

him define how he looks at you; you teach people how you want to be treated.

How many of us get excited about a guy and then start to cancel our plans with girlfriends because he suddenly calls and asks us out? That's the complete opposite of what you're supposed to do, but we've all been there. We're so emotionally invested in this guy that we've only been out with a handful of times that he has an affect on whether we have a good day or not. As women, we need to remember that we're in control. If someone isn't respecting you or treating you how you want to be treated, you get to choose to write that person off.

You banish women from making the first move, yet so many of our male readers tells us they *want* a woman to approach them first. What are your thoughts on that?

One of the biggest points in my book is that women should *never* initiate. You don't call or text a guy first; you don't suggest that you get together on a Friday night. You have to let the man take the male role. If you become aggressive, he's going to lose interest very quickly.

As a matchmaker, I work very closely with men, and they tell me things that I wish they would say to more women's faces. If a guy says he loves when a women takes the initiative and asks him out, he's lying to you. Any man will say that it's cool at first – it's less work when the woman comes to him. But he'll also tell you that he's never dated that girl for longer than two weeks. That's the truth.

Related Link: [Subtle Ways to Get a Second Date](#)

What love lessons did you learn from filming 'Miss Advised' and writing this book?

First, I gained a newfound respect for my clients. It had been so long since I put my heart out there, and I realized that my clients do it everyday. It's not easy!

I also learned that dating is about enjoying the process, weeding out the jerks, finding your perfect person and having fun along the way because you're in control. One of the keys is balance: you need to stay open enough but also hold the reins and pace yourself.

Lastly, if there were one piece of advice you could give women looking for love, what would it be?

One thing I said repetitively is that, if a guy genuinely cares about you and wants to get to know you, he is going to try to impress you – and you should let him. You really have to communicate what kind of relationship you want, and you have to stick to that.

And buy my book, of course!

You can buy '8 Weeks to Everlasting: A Step-By-Step Guide to Getting (and Keeping!) the Guy You Want' on Amazon. Be sure to keep up with Laurent on Facebook, Twitter and her personal site at www.AmyLaurent.com.

Season Finale of Miss Advised: Love and Loneliness





Monday, August 6th @ 10/9c – Miss Advised *SEASON FINALE*

In the season finale, Amy discusses how her prom-disaster date may be the last time she puts herself out there for love. While one love expert still struggles to find a match, another's future in love looks pretty solid. Emily's trip to Napa with David takes a sudden turn and morphs their relationship forever.

Watch: Julia breaks down after a bad date

Watch: Emily and David take their relationship to the new level

RHONY: Sonja Attacks LuAnn's

Beau



Monday, August 6th @ 9/8c – The Real Housewives New York

Over lunch, LuAnn confides in Sonja that she's trying to have a baby with Jacques. Sonja worries whether or not Jacques' intentions with LuAnn are pure, and drunkenly confronts him at the housewife holiday party. Her attack on Jacques seems to hit too close to home, leaving most of the housewives wondering if Sonja is really just taking her own issues out on him instead.

Watch: Sonja drunkenly lets loose on Jacques

Watch: LuAnn offends Carole with 'racist' slurr

'Miss Advised' Star Emily Morse Says, "I'm Not Choosing Monogamy; I'm Choosing to Date"



By Jessica Nappi

Radio show host, author and reality star – what can't Emily Morse do? If you haven't seen Emily navigate her dating life on the new hit show 'Miss Advised,' produced by Disney darling Ashley Tisdale, read her book, 'Hot Sex: Over 200 Things You Can Try Tonight!,' or listened to her radio show,

'Sex with Emily,' no doubt you soon will because this young lady is just getting warmed up. She's even been dubbed the real-life Carrie Bradshaw, although she openly admits that she has never watched an episode of 'Sex and The City.'

After seven years of hosting her radio show, Morse was approached to be a part of 'Miss Advised,' which follows three single dating experts (Amy Laurent, Julia Allison and Emily Morse) who must put their own advice to the test. While the other stars may have learned that it's hard to practice what they preach, Morse stuck to her guns. She says, "I definitely take my own relationship advice to heart. But, I've made mistakes in my relationships – I'm not perfect."

Morse has stayed true to herself by finally acknowledging that she's "not choosing monogamy right now; [she's] choosing to date." But she didn't just come to this revelation overnight. "I've evolved into this person by saying it publicly and being on national television. I think it made me realize that it's okay to be me. It's okay to live my life differently than other people live their lives."

Related: [Going from 'It's Complicated' to Monogamy: 5 Tips Every Woman Should Know](#)

After receiving hundreds of emails in support of her dating philosophy and unrushed desire to settle down, Morse noted that she felt so much more "validated and accepted." But being open and vulnerable hasn't always been easy for her. "The greatest lesson I've learned is to "be honest with yourself; stay true to yourself; and be self-aware," she says. "The more honest you are with yourself, the more you'll know what you like, and the easier dating will become."

Since monogamy is crossed off her list, Morse is free to date and have fun with no constraint. "I've never been a woman who plays by the stereotypical dating rules," she says. Since there are so many dating advice books, she says you just have

to “pick and choose what feels good to you because blanket rules for everyone just doesn’t make any sense.”

She may not be a fan of rules, but she is certainly a fan of helping others spice up their relationships. Emily notes that her favorite section of her book deals with partner massages. “By massaging your partner, you will feel reconnected again. I think it’s a really nice, sweet thing you can do to become attached to your partner again.”

As you may know by now, Morse doesn’t hold anything back. That’s why we get to see her dating life firsthand on ‘Miss Advised.’ Here is where we get to observe from afar as Emily goes on all types of dates. We even watch when she dates her newly-divorced fifth grade crush, David Rubin, and they drive to Napa Valley for a romantic night. Of the finale, which will be airing tonight, Morse promises that their relationship “takes an interesting turn. It’s surprising, and it’s a really fun episode, “ she says.

So what’s next for Morse? She aspires to be the Dr. Ruth of our generation – and she’s already well on her way. As she continues to grow her career, she will be getting her doctorate in human sexuality and coming out with a third iPhone App. She will also be hosting her radio show and keeping her fingers crossed for a second season of ‘Miss Advised.’

Be sure to catch Emily Morse tonight on the SEASON FINALE of ‘Miss Advised’ at 10/9c on Bravo. You can also check out her personal site at www.EmilyMorse.com and follow her on Twitter @SexWithEmily.

Miss Advised: Matchmaker Doesn't Believe 'The One' Exists



Monday, July 30th at 10/9c – Miss Advised

Amy screams on the first date, but it doesn't involve her "giving it up" in the sexual sense. A rock climbing date brings out her biggest fears, and it's tough to tell whether or not the climb during the date is literally or figuratively getting the best of her. Later on, Emily's friend David surprises her on-air, but his appearance leaves them both stunned by how unexpectedly similar their theories on love are...

Watch: Love expert takes the climb.

Watch: Emily doesn't believe in "the one."

Miss Advised: Yoga...An Aphrodisiac Gone Wrong



Monday, July 16th @ 10/9c – Miss Advised

Matchmaker Julia takes matters into her own hands and plans her dream date. Meanwhile, Amy goes casual on her third date with Lewis but is surprised when she realizes the tables have now turned. Emily tries to get in touch with her sexual side by doing acrobatic yoga on a blind date, but things just get too weird for her liking...

Watch: Is Emily a good kisser?

BONUS: The first episode is available FREE on iTunes!

RHONY: Prosthetic Leg Shocks Ramona



Monday, July 16th @ 9/8c – The Real Housewives of New York City

It's down to the ladies' last days in London, and the built-up tension between Carole, LuAnn and Heather turns into an all-out "royal war." Back in NYC, Aviva's concerns with Sonja's

lack of effort in her party planning continues to escalate, and Ramona steps in to “check” on Sonja’s progress. (Ramona sticking her head in Sonja’s business is sure to end smoothly, right?!)

Watch: Ramona’s second child…?

Watch: Ramona discovers how Aviva goes shoe shopping (sans leg).

Miss Advised: Love Expert Seeks Help From a Witch





Monday, July 9th at 10/9c – Miss Advised

While attempting to play hard to get, Amy breaks (another!) rule by desperately asking her date why he didn't text her. Julia visits a witch (yes, witch!) to help her break bad dating habits. Meanwhile, Emily uncovers some unexpected answers on open relationships...

Watch: Amy unloads on her date.

Watch: Julia hazes her date.

BONUS: The first episode is available for FREE on iTunes [here!](#)

RHONY: London at Last!



Monday, July 9th at 9/8c – The Real Housewives of New York City

It's London at last for (most of) the housewives! Carole, Sonja and LuAnn live it up in the London penthouse that Heather arranged, but they show their "gratitude" by claiming that Heather's "lost it" at her Yummie Tummie business dinner. Back in the Big Apple, Ramona and Aviva go retail therapy crazy trying to convince themselves that they're having the better time.

Watch: London at last!

Watch: Heather's lost her mind.

'Miss Advised' Star Amy Laurent Says, "I've Always Seen Katie Holmes With Somebody Who Is More Mellow and Chill"



By [Whitney Baker](#)

As a relationship expert and executive matchmaker for the past seven years, Amy Laurent has plenty of advice when it comes to navigating the dating world. And, now she's putting it out

there publicly starring on Bravo's new reality series 'Miss Advised,' a show that features three single relationship experts as they attempt to follow their own dating advice in the search for love.

Given Laurent's background, we thought she'd be the perfect source to comment on the most talked about divorce of the week (and most likely the year), the infamous TomKat split. By now, we've all read the tabloids or heard the news that Tom's obsession with Scientology was a huge factor in their divorce (source), but how important is religion to a marriage?

"For some people, religion is an absolute deal-breaker, and you have to respect that when choosing a potential partner," Laurent explains. "I think it's a waste of time to try to put two people together with different religious opinions."

Related: [Katie Holmes Files for Divorce from Tom Cruise](#)

Although Laurent advises against coupling up if you have religious differences, many people do marry outside of their religion and go on to have happy and healthy relationships.

However, most of them aren't A-list celebrities who live a very public life while one of them is strong-arming the other about the beliefs of the secretive practice of Scientology. In this case, Cruise's religious beliefs and intention to have Suri attend a Scientology "boot camp," according to *The Sun*, may have been more important than the views of his catholic-raised wife, Katie.

"I encourage my clients to be very open and to not have a laundry list," Laurent says. "Ultimately, if you're going to find the right match and not waste your own time or the other person's time, you have to be very honest about what's important to you."

With Katie now on the singles market, everyone is left guessing who she'll date next. It's definitely too early to

tell, but Laurent says that she's always seen Katie with someone who is "more mellow and chill."

"I see her being with someone who has more of a laid back approach to their relationship because I feel like that will really let Katie shine." As for Tom, "Definitely a Scientologist," Laurent says with a laugh. "She needs to be very type-A and a perfectionist – someone with the same level of intensity as he has."

Related: [Heidi Klum and Seal: Marriages Don't End Overnight](#)

Of course, neither Holmes nor Cruise should dive back into the dating world any time soon. For the time being, their primary focus should be on their six-year-old daughter, Suri. "Anyone going through a divorce with children needs to be very sensitive to figuring out how this new dynamic is going to work. No matter what happened, Katie and Tom still have to be a team for Suri's sake," Laurent explains.

When she's not setting up her clients or analyzing other people's relationships, Laurent has her own love life to sort out. As viewers will see on this season of 'Miss Advised,' she gives romance a shot for the first time in a long time. "I end up having a few great dates where I can finally relax and enjoy it without being totally type-A and trying to control everything. Maybe I should date Tom!," she chuckles.

"Obviously, there are things that I still struggle with throughout the show," Laurent adds. "But I will say that there is someone who I see a few times who is a really amazing guy. I'm kind of excited for my dating future – maybe there is hope for me." As fun as it may look, Laurent notes that this show provides a great opportunity for viewers to learn from her mistakes and improve their own love lives.

Related: [5 Ways Playing Hard to Get Can Damage Your Love Life](#)

Laurent is releasing her first book next month, '8 Weeks to

Everlasting: A Step-By-Step Guide to Getting (and Keeping!) the Guy You Want.' "It's very easy for me to coach my clients and give them the rules that work. But it's very hard for me to follow my own guidance, and that's where I got the inspiration to write this handbook," she explains. "It's a girl's dating bible that really breaks down, step-by-step, the first eight weeks after meeting someone new."

She adds, "I started writing this book in the middle of shooting 'Miss Advised' because I recognized that no matter who you are – whether you're a matchmaker, a teacher, whoever – everybody needs a support system. It's been helpful for me – I realized that my rules really work!"

Check out Laurent via her Web site, AmyLaurent.com Twitter or Facebook, and be sure to watch 'Miss Advised' on Mondays at 10/9c on Bravo. Also, keep your eyes open for her new book '8 Weeks to Everlasting: A Step-By-Step Guide to Getting (and Keeping!) the Guy You Want.'

Miss Advised: Relationship Guru Rekindles Fifth-Grade Flame





Monday, June 2nd @ 10/9c – Miss Advised

Amy reluctantly agrees to go on a blind date that was set up by a friend. Julia enlists a professional love coach to rid her of her bad dating habits and do some digging into her past. It's back to Michigan for Emily, where visiting her fifth-grade crush makes her wonder if moving home is the answer to finding true love. Get exclusive clips from this week's episode here!

Watch: Julia admits her worst fear is being called 'crazy.'

Watch: Emily's mom says the answer is to move back to Michigan.

BONUS: The first episode is available for FREE on iTunes!

RHONY: 47-Year-Old LuAnn Tries for a Baby



Monday, July 2nd @ 9/8c – The Real Housewives of New York City

Aviva and Heather meet up to discuss the London trip, and Heather stands by her decision to leave Ramona behind. LuAnn heads to an acupuncturist to see if having another child is possible. Aviva hires Sonja to throw a fifth anniversary party for her and her husband, which leaves Sonja excited but concerned since she'll be in London (sans Ramona!) during most of the planning. Check out the highlights for this week's episode below!

Watch: Carole thinks she's found the perfect man.

Watch: Why does Sonja need three interns?

'Miss Advised' Dishes Surprising Single-Gal Advice



Monday, June 25th @ 10/9c – Miss Advised

After her first date in Los Angeles was a bust, Julia looks to rebound with a former college basketball player. Amy continues to break her own rules by dating a younger man. Emily goes on an unconventional date – to a strip club – with one of her radio show guests, rapper Ray Luv.

Watch: Julia's date won't kiss on the lips.

Watch: Emily: "If I've gotta slap one more strippers ass, I'm gonna shoot myself!"