Celebrity Couple News: Bradley Cooper & Irina Shayk Spotted Holding Hands After Lady Gaga Rumors



By Mara Miller

In <u>celebrity news</u>, <u>celebrity couple</u> Bradley Cooper and Irina Shayk are still going strong amidst rumors of Cooper having a relationship with former *A Star is Born* costar, <u>Lady Gaga</u>. According to *UsMagazine.com*, Cooper and Shayk stepped out together hand in hand in public nearly two months after the rumors started spreading. In celebrity couple news, it seems Bradley and Irina are still a solid couple after Lady Gaga rumors surfaced. What are some ways to strengthen the foundation of your relationship?

Cupid's Advice:

Sometimes rumors will spread about your relationship, but there are ways to keep it strong so the gossip doesn't destroy you. Cupid has some tips:

1. Practice love every day: Don't just use holidays like Valentines Day to show your love and appreciation for your partner. Little gifts before work in the morning, a drive through the countryside or spending the night together watching movies is a good way to practice loving each other because you're spending time together.

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2. Communicate, communicate, communicate: As long as you are both honest with each other, problems like jealousy or mistrust will not arise. Keeping an open line of communication with your partner will stop problems before they begin.

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3. Practice self-care together: Meditate, work out, or do something else together that will help both of you focus on yourselves, but together. This will give you both quality bonding time together. It could even be as simple as going to

a masseuse for a couple's session!

What are some other ways you can strengthen your relationship with your partner? Let us know in the comments below!