

# 'Botched' Star Dr. Paul Nassif Launches New Anti-Aging Skincare Line



Interview by [Lori Bizzoco](#). Written by [Rebecca White](#)

For those of us who are feeling aged, don't get enough sleep or are constantly stressed, a good skincare product always helps us look and feel better. But, with so many beauty products on the market, how can a girl even choose. That's why we were thrilled to find out that our trusted TV doc, plastic surgeon and former *Real Housewives of Beverly Hills* [reality TV](#) star, Dr. Paul Nassif launched a new anti-aging collection, [Bio-Clock Dermaceuticals](#) earlier this year. This skincare line is no joke. It fills your pores with love.

During an exclusive celebrity interview with CupidsPulse.com, the star of E!'s reality TV show *Botched* spoke about his new collection and shared details surrounding how his amazing beauty products will cleanse and hydrate your skin just in time for your next [date night](#). You can even check out the famous doctor's summer beauty tips and learn how these products can cleanse, exfoliate, hydrate, and protect your skin in our product review below.

## Dr. Paul Nassif's Summer Beauty Tips

As a facial plastic surgeon, it comes as no surprise that Dr. Nassif looks at skin differently than a dermatologist would. Even when he's doing a facelift, the reality TV star says he can see the loss of elasticity, collagen, and hydration. That's why his goal was to have active ingredients in his new beauty products, such as ElastaDermC, a potent form of vitamin C, and retinol which will really make your skin glow. Dr. Nassif's skincare line features all of the essential ingredients for a proactive summer, such as the gentle cleanser, detox pads, hydro-screen hydrating serum, and night beauty serum. Like the doctor says, these products will "wipe away the signs of aging." The surgeon explains how to use these products effectively this summer with his beauty tips below.

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**1. Cleanse.** This is especially important during the summer because of the hot and humid weather which leads to sweat that takes longer to evaporate off your skin. The *Pure Hydration Gentle Cleanser* is gentle enough to remove eye makeup but tough enough to remove pore-clogging debris. Don't let that humid weather ruin your skin's glow.

**2. Exfoliate.** Make sure you exfoliate at the right times. Not only will it help you maintain a fresh fake tan, but gentle facial exfoliation will help create a better canvas for makeup application allowing your skin to wear less on those warm, summer evenings. The *Detox Pads* in Dr. Nassif's new anti-aging skincare line are shown to remove 108% more makeup and dirt than soap and water because of ingredients like retinol, glycolic acid, and salicylic acid (see image above). You will love how amazing your skin feels after a 30-second detox session with this age defying product. Remember to exfoliate the morning after a swim in the pool or ocean, not prior.

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**3. Hydrate.** Stay hydrated. You may have let up on this a little since winter left the premises, but don't give it up for good. A solid moisturizing routine can do many beneficial things for your complexion. Dry skin is unhappy, damage-prone skin, so apply a product to protect it from summertime drying agents like sunburns, salt, and chlorine. The new *Hydro-Screen Hydrating Serum* is a lightweight moisturizer that plumps as it hydrates. "Your skin drinks this product," the surgeon said in an exclusive celebrity interview with CupidsPulse.com. "This is one of the only products that hydrates your skin. Our goal is to increase hydration, luminosity, and help the appearance of discoloration."

**4. Protect.** Your skin is a barrier that protects you from environmental aggressors like pollution, bacteria, and moisture loss. Keeping your skin healthy helps that barrier continue to work properly. Protect your skin with products that contain antioxidants which will help repair damaged skin and prevent free radicals from doing undesirable work. The *Day Therapy Energizing Creme* and *Night Therapy Antioxidant Night Serum* will revitalize your skin, increase the effectiveness of your sunscreens, and boost your skin's defense against UV exposure. Dr. Nassif says these products work for your entire

face.

These beauty products are proven to reduce dry lines, wrinkles, age spots, sun spots, and discoloration. Many of Nassif's patients have noticed that their skin returned to its natural tone after using the product line. Don't believe us? The reality star and doctor uses his own products, and at 54 years old, he looks 10 years younger.

Whether you're getting ready for your next date night or just keeping up with the latest beauty tricks, Dr. Nassif's anti-aging beauty products have you covered. Be prepared to feel the difference of the active ingredients working to help you through the aging process.

*To learn more about or purchase Dr. Nassif's beauty products, visit the [HSN site](#).*

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## **Celebrity Interview: 'Botched' Star Dr. Paul Nassif Discusses Being Single, Skincare and Spin-Off Shows**





Interview by [Lori Bizzoco](#). Written by [Stephanie Sacco](#).

Dr. Paul Nassif is more than a doctor on reality TV. He's a renowned facial plastic surgeon and skincare specialist. Though people may remember him from *The Real Housewives of Beverly Hills*, he's even more recognizable for his *E!* reality series, *Botched* which he co-hosts with former RHOC star, Dr. Terry Dubrow. The success of *Botched* has even led to a few upcoming spin-off shows, *Botched By Nature* and *Botched Post-Op*. Last week, Nassif spoke to us in an exclusive [celebrity interview](#) about the upcoming spin-off shows, his new anti-aging skincare line and his very single relationship status.

## Reality TV Star Dr. Paul Nassif Talks 'Botched' Success

Back when Nassif first developed the concept for *Botched* and pitched the show, his co-host was doubtful, calling Nassif "crazy" for wanting to put plastic surgery on TV. "Now look at us," the former *RHOBH* star says. *Botched* is in its third season and the show has led to multiple spin-off series. One



of the many reasons for the show's success is that all the cases are legitimate, and Nassif and Dubrow are passionate about their clients. The doctors really enjoy helping their patients through their issues. Nassif says the role of a plastic surgeon is "part doctor and part therapist." Although extreme cases are common in this line of work, the reality TV star shares that the worst is yet to come. "For me personally, once you see the episodes of *Botched By Nature*, those are going to be the most riveting and the hardest cases we've had to do," he admits.

**Related Link:** [Celebrity Interview: E!'s 'Famously Single' Dating Coach Laurel House Says "Every episode has drama"](#)

One of the differences between *Botched By Nature* and *Botched* is the client's reason behind getting plastic surgery. "Some people got struck by lightning, went through severe accidents, and had deformities," the plastic surgeon says about the spin-off series. This brings the doctors even closer to the clients. "You really get into the heart of it by going into these people's homes," he shares. "You see their families and loved ones, and you're allowed to discuss these incredible human interest stories about what they've had to go through their entire life." That added personal layer is something the fans haven't seen before. Due to the extreme cases that they're dealing with, *Botched By Nature* has the surgeons on the road, traveling all over the country. But it's not all serious business. The two friends have some adventures along the way. Nassif explains, "We'll be going to different parts of the country and doing something fun in each city." Being on the road has its perks and these two won't disappoint. "You're going to see more of a reality between Dubrow and I because we're traveling. So you get to see a little bit more of that bromance," Nassif says.

# Reality TV Star on Dating & His New Skincare Line

Though he's always been successful in the operating room, Nassif hasn't been as successful with romance. He admits that he isn't dating anybody right now and that he's found that dating takes a lot of time and energy. "I cleared my slate so I could come home, work out earlier, and get more sleep. Dating is fun, but it's very taxing," shares the father of three. He's already been a part of a [celebrity couple](#) for many years, and he isn't interested in having it again at the moment. While his career flourishes, he's putting his love life on hold and is focusing on his new skincare line. The NassifMD Bio-Rhythmic and Bio-Clock Dermaceuticals skincare lines are out already, and Nassif uses the collection. When asked how the products differ from others on the market, he explains that he has an understanding of the face and body, and is qualified to know what works. "As a plastic surgeon, I look at skin differently than a dermatologist," he says.

**Related Link:** [Celebrity Interview: Brandi Glanville Is More Than a Housewife on 'Famously Single'](#)

As a facial reconstruction specialist in Beverly Hills, Nassif also knows that there are many different motivations for getting plastic surgery. The idea that women get work done for their man sometimes happens, but when it comes up in his office, Nassif is strongly against it. "If there's a wrong reason, I simply won't do the surgery," he shares. Typically, his clients are aware of the problem and want to fix it for their own health. "When it comes to facelifts, eyes, and noses, my patients are pretty spot on about wanting to do it for themselves." The reality TV star has also had some work done himself, such as some reconstruction surgery on his nose here and there. But, the most recent celebrity news is that the doctor hinted he may potentially get Botox on television. He says, "You gotta watch the show. Watch *Botched By Nature* to

see something different regarding me.”

Botched By Nature *premieres on August 3rd at 9/8c.*

*You can follow Dr. Paul Nassif on [Twitter](#) and watch Botched on Tuesdays at 9:00 on E!*