

Celebrity Baby News: Jade Roper & Tanner Tolbert Reveal Baby Boy's Name



By [Bonnie Griffin](#)

In the latest [celebrity baby news](#), [Bachelor in Paradise's](#) Jade Roper and Tanner Tolbert share their baby boy's name two days after his emergency home birth. On August 1, Roper revealed her baby's name on Instagram saying, "Say hello to Brooks Easton Tolbert!" According to [UsMagazine.com](#), this [celebrity couple](#) welcomed their baby boy into the world on July 29th at their home.

In celebrity baby news, Jade & Tanner finally revealed their newborn son's name. What are some ways to compromise with your partner on baby names?

Cupid's Advice:

When you're expecting a child one of the hardest decisions to make can sometimes be coming up with a name you and your partner agree on. It's an important decision, and one you cannot change once it's been made. It can often mean compromises on both sides to come to an agreement. Cupid has some advice on ways to compromise with your partner on baby names:

1. Create a list: You and your partner can begin by each creating a list of baby names that you like. Compare your list and pick out any names you both put down. From there, you can work through the names each of you like to make your decision.

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2. Family names: Family names can often be a sticking point when one of you has a name you are set on passing down to your child. If one of you has a family name you really want to use consider using it as a middle name as a compromise. This way the name gets incorporated without being the name used for your child every day.

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3. Find a common theme: If you are having trouble narrowing down a name, start with coming up with a theme you both agree

on. Maybe you both know you want a unique name, or you can agree you want your baby to have a traditional name. It isn't the final name but it is a good starting point that can help you get there and come up with a name you can both agree on.

What are some ways you would compromise with your partner when choosing your baby's name? Let us know your thoughts in the comments below.

Parenting Tips: The Benefit of Kind Words





By [Bonnie Griffin](#)

Trying to be a good parent is a full-time job and then some. As a parent, you're always growing, learning, making mistakes and correcting them, and trying to find the best ways to raise your children to be good people. A big part of that includes setting a good example for your child. They see you as a role model so being a kind person yourself is important for their development as they grow. This [parenting advice](#) on using kind words with your children will help you raise your children to be good, kind people.

Try raising your children with a kind word in these parenting tips!

Your children look up to you. They learn a lot about their language skills and behaviors by mimicking you. If you use harsh language or they see you being unkind to others that could influence their behavior. That's why it is important to set a good example that starts with using kind words with your

children. Cupid has some [parenting tips](#) on how using kind words around your children can benefit them and their development as people:

1. Sets a good example: Your children love you unconditionally and they look up to you. Often times, especially when they are young, they want to be just like mommy or daddy. It's important you set a good example by being a good role model. You want your child to be kind, then be kind yourself and they will follow suit.

Related Link: [Parenting Trend: The Science Behind Baby Fever](#)

2. Teaches them to be positive: Babies and young children are "sculpted" by experiences. Kind words help you give your child positive experiences. This will help them grow into a happy child full of laughter and love. They will then pass their positive experiences onto others, spreading the kindness you've taught them. Teaching your child kindness and giving them these positive experiences also gives them happy memories; memories they will carry with them throughout their lives.

Related Link: [Parenting Advice: Tips to Leave in the Past](#)

3. Offers them encouragement: As a parent you want your child to grow and accomplish great things. Teaching them kindness through your words and actions is one of the first milestones to encouraging them to grow and learn and become successful people as they grow older. Kindness shows them you believe in them and gives them the encouragement to keep pushing forward because they know they have you in their corner to help them succeed.

Kindness goes a long way with your children. It teaches them to be positive and kind to others and helps them succeed. Let us know your thoughts about the benefits of using kind words with your children below.

Restaurant Review: Indulge in French Cuisine at Marliave in Boston



By [Bonnie Griffin](#)

In this [restaurant review](#), Marliave in Boston has been serving great French cuisine since it was opened by Henry Marliave in 1885. The walls are lined with pictures from the restaurant's history, and the building maintains its old French feel. Marliave offers exquisite French cuisine with a touch of old-world charm.

Restaurant Review: Marliave offers delicious French Cuisine!



Marliave Shrimp Scampi. Photo: Instagram/@marliave

If you're looking for a great French cuisine meal just off the beaten path in Boston, MA, then Marliave is a great place to start. Marliave has been serving up amazing French cuisine since 1885. From its delicious raw bar to the tasty beef wellington, you cannot go wrong with the plentiful menu options for lunch and dinner.



Marliave Roasted Cauliflower. Photo: Instagram/@marliave

This [popular restaurant](#) has a great wine and beer menu, perfect for [date night](#) or a night out with your friends. They also host private parties for your special events in their beautiful, historically-preserved building. Need a pick me up? Try out their recently added espresso bar, and get your day started with a delicious Cafe Au Lait.



Marliave Cortado. Photo: Instagram/@marliave

Marliave is great for breakfast, lunch, and dinner. They can host parties whenever you have a special occasion to celebrate and are guaranteed to satisfy your taste-buds with their extensive menu and fine French cuisine. You can find more about Marliave and make reservations online at <https://www.marliave.com/>, or through social media on [Facebook](#) and [Twitter](#).

New Celebrity Couple? 'Bachelorette' Hannah Brown

Gushes Over Tyler Cameron After Finale



By [Bonnie Griffin](#)

In the latest [celebrity news](#), [Bachelorette](#) Hannah Brown gushed over Tyler Cameron on *Jimmy Kimmel Live*. According to *UsMagazine.com*, Brown said, “he is pretty great” referring to Cameron. After a devastating break up with Jed Wyatt, it looks like Brown might be ready to give her ex, Cameron, another shot at a relationship.

With one break-up comes a new

beginning for this soon-to-be celebrity couple. What are some ways to know whether to give your ex a second chance?

Cupid's Advice:

For these [reality tv](#) stars, it is starting to look like they are going to be giving their romance a second chance. Sometimes time and space gives us a new perspective and makes us realize what we lost. Cupid has some advice to help you know when to give your ex a second chance:

1. You can see yourself with them as a part of your future:

When you think about your ex do you picture the two of you together? Can you imagine what your life would be like as a couple in the future? These are signs you might want to give your ex a second chance. If you can honestly see them as your partner for life it is worth giving the relationship another shot.

Related Link: [New Celebrity Couple Shawn Mendes & Camila Cabello Kiss in Miami](#)

2. You're happier with them: When you spend time with your ex are you happier than you are with anyone else? And being with them makes you happier than being single. Then give them a second chance. A little time apart to realize what you loved about them may be all you needed to make your relationship a lasting love.

Related Link: [Celebrity News: Leonardo DiCaprio Gets Serious With Camila Morrone](#)

3. They made an effort to change: Consider why you broke up in the first place. Maybe they had a fear of commitment or they

liked to party too much. If you see that they've made a solid effort and have changed those bad habits then a second chance at a relationship might be worth a shot.

What are some things that might make you consider giving your ex a second chance? Let us know your thoughts in the comments below.

Celebrity News : 'Bachelorette' Hannah Brown Speaks Out About Jed After Finale





By [Bonnie Griffin](#)

In the latest [celebrity news](#), [Bachelorette](#) Hannah Brown ended her engagement to Jed Wyatt. Five weeks after their engagement, Brown was heartbroken to find out that her relationship with Wyatt began with lies when she discovered he had a girlfriend when he first entered the show. According to *People.com*, Brown said finding out Wyatt hadn't been honest was "heartbreaking" and that by being dishonest "he hurt [her] worse than anybody else did."

In celebrity news, Hannah wasn't willing to settle once she found out Jed had been dishonest with her. What are some ways to know your partner is lying to you?

Cupid's Advice:

For these [reality tv](#) stars, happy ever after is no longer in their future. Wyatt's dishonesty broke Brown's heart and left her unable to forgive him for the hurt he caused her. It is never good when you find out that someone you love has lied to you. Cupid has some advice to help you know when your partner is lying to you:

1. They say they never lie: Anyone who tells you that they never lie is lying to you. It is common for everyone to tell little white lies from time to time. Sometimes these kind of lies are okay because they are meant to protect someone's feelings or something of that nature. Getting caught in a small lie like that wouldn't have any real consequences. We all tell these kinds of lies, so an honest partner would have no reason to insist they never lie at all.

Related Link: [Celebrity News: 'Bachelorette' Hannah Brown Releases Intimate Details in Front of Peter's Mom!](#)

2. Lack of eye contact: One of the tell-tale signs of lying that is upheld as true by science is when someone refuses to make eye contact. If your partner is normally someone who makes eye contact with you when you're talking, and now they are avoiding that eye contact it is a good indicator they aren't being honest about something.

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3. They accuse you of lying: One of the oldest tricks in the books is to try to get the focus off them by pointing their finger at you. Your partner might accuse you of lying or cheating out of the blue. This blame game is often a way to try to justify their own dishonest actions.

What are some things you look for if you think your partner is being dishonest? Let us know your thoughts in the comments below.

Restaurant Review: Take In Soft Jazz & Creole Eats at Arnaud's



By [Bonnie Griffin](#)

In this [restaurant review](#), Arnaud's in New Orleans serves classic Creole Cuisine in the heart of the French Quarter. Arnaud's has been serving people since 1918. With an award-winning bar, great food, and dinner with Jazz music, you can't

go wrong if you're looking for a great meal or romantic date night dinner for two.

Restaurant Review: Arnaud's offers a supreme New Orleans dining experience!



Arnaud's signature dish, Shrimp Arnaud. Photo: Yelp.com

Looking for a romantic dinner date that is bound to impress. Arnaud's offers two main dining areas that are sure to meet your needs. Looking for beautiful elegance, then book your reservation in the main dining room. How about a little music to liven up the night? Reserve dinner in the Jazz Bistro room and enjoy your classic Creole dish with a little pizzazz with some live Dixieland Jazz.



Arnaud's Filet Mignon. Photo: Instagram/@arnaudsnola

This [popular restaurant](#) has a delicious Creole menu that is sure to keep you wanting to come back for more. They offer wonderful signature dishes like Shrimp Arnaud, Smoked Pompano, and Filet Mignon au Poivre. Everything is elegant from the rooms and decore, to the staff's attire and the guest dress code which recommends jackets for gentlemen in the Main Dining Room. You won't catch anyone wearing shorts and flip flops in this restaurant.



Arnaud's Fine Dining. Photo: Instagram/@arnaudsnola

Arnaud's is great for a sophisticated taste of the French Corner located only steps away from Bourbon Street. Want an elegant night out? Reserve dinner in the Main Dining Room. Or, if you're looking to add a little spice to [date night](#), you can enjoy live Jazz music in the Jazz Bistro, all while eating some of the best Creole Cuisine that New Orleans has to offer. You can find more about Arnaud's and make reservations online at <https://www.arnaudsrestaurant.com/>, or through social media on [Facebook](#) and [Twitter](#).

Parenting Advice: Tips to Get

Your Child Talking



By [Bonnie Griffin](#)

Kids are full of questions. We can sometimes find ourselves tired of giving them answers, especially when they ask the same question more than once. However tiresome the endless questions may be, it's actually good that they are asking questions and they should be encouraged to ask even more. According to *Parents.com* "When you answer your child's questions, you help keep your child's mind open, says author and parenting expert Michele Borba, Ed.D." This [parenting advice](#) will help you get your kids talking and help them use their imaginations and satisfy their need to learn.

Parenting Advice: Ask your kids questions to keep them talking.

Teaching your child to talk doesn't have to be all work. It can be fun for both of you. The main important part is to just get your kids talking so they can mimic your words and patterns and continue to learn and grow. Cupid has some [parenting tips](#) when it comes to some ways to get your kids talking more:

1. Ask them open-ended questions: You want to get their minds and imagination working and open-ended questions are a great way to do that. Instead of asking them yes or no questions, ask them questions that require a more elaborate answer. Ask them questions that will make them think and talk more. You can ask them what they like to daydream about, or what makes them happy. If they give a short answer prompt them to elaborate.

Related Link: [Parenting Tips: Taking Care of Yourself Helps You Take Care of Your Kids](#)

2. Parent-Kid Activities: Life is busy and sometimes we feel like we don't have enough time in the day to do everything we need. It's important that we make time to be with our kids because they learn much of their words and behaviors from us. If we just sit around on our smartphones that is what they will mimic. Set aside time every night to do an activity with your child. Working together on a puzzle, or playing an easy game of go-fish is a good way to break into conversation with your child and get them talking.

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3. Listen and participate: When your child starts asking you a hundred questions, don't blow them off. It only takes a few minutes to engage them when they want to ask questions, and

showing them you are interested in what they have to say will only prompt them to talk even more and ask more questions which are a good thing. It not only helps them learn to talk and open their imaginations but sets the precedent that you are there to listen and help them learn and that is equally important in their development.

Encouraging questions and asking questions of your own are great ways to get your children talking. Let us know your thoughts about getting your young children to talk in the comments below.

Restaurant Review: Enjoy Haute Creole Cuisine at Commander's Palace





By [Bonnie Griffin](#)

In this [restaurant review](#), Commander's Palace in New Orleans has been voted one of the best restaurants in the South by *Southern Living*. Commander's Palace is known for award-winning food and a lively atmosphere full of history, giving visitors an enjoyable glimpse into New Orleans history while enjoying Haute Creole cuisine.

Restaurant Review: Commander's Palace is the go-to for Haute Creole cuisine!



Outside view of Commanders Palace in New Orleans. Photo: Facebook/@Andrew Schuld

It is no wonder that Commander's Palace has won seven James Beard Foundation Awards. The restaurant has had numerous renowned chefs working there, preparing delicious cuisine from Emeril Lagasse, to Tory McPhail.



Commander's Palace Turtle Soup. Photo: Yelp.com

Thanks to the owner's pride in the restaurant and these famous chefs, Commander's Palace is a world-class restaurant you'll be dying to try if you make a trip to New Orleans.



Commanders Palace Pecan Crusted Gulf Fish. Photo: Yelp.com

If you're looking for a great place to eat on [date night](#) and wanting to dress up for your partner, look no further than Commander's Palace. This [popular restaurant](#) has a strictly enforced dress code, and the restaurant is all about fine dining with elegant white tablecloths and crystal chandeliers. It will be sure to impress your date. You can enjoy one of the chef's innovative meals like pecan-crusted gulf fish, turtle soup, or gumbo du jour. Top it all off with a glass of wine from their award-winning wine list.



Commanders Palace Wine. Photo: Instagram/@commanderspalace

Commander's Palace is great for date night, or dinner anytime. Although many patrons are from out of town the atmosphere is elegant and welcoming with an air of sophistication. You can enjoy award-winning food and wine while receiving top-notch service. You can find them on their website at

<https://www.commanderspalace.com/>, or through social media on [Facebook](#) and [Twitter](#).

Celebrity News: Leonardo DiCaprio Gets Serious With Camila Morrone



By [Bonnie Griffin](#)

In [celebrity news](#), Oscar-winning actor, [Leonardo DiCaprio](#), and girlfriend Camila Morrone are getting serious. The [celebrity couple](#) spends a lot of time together both at DiCaprio's home

and traveling together. According to *People.com*, the couple were first spotted together in January 2018 and have since been spotted together regularly around the world, and Morrone has met both of DiCaprio's parents.

In celebrity news, rumors are flying that Leo may be ready to settle down. What are some ways to know your relationship is getting serious?

Cupid's Advice:

We don't always expect a relationship to become serious when it first begins. Sometimes your relationship grows into something more mature and long-lasting than you expected in the beginning. Cupid has some advice ways to know your relationship is getting serious:

1. You spend a lot of time together: When you begin spending a majority of your free time with your partner it's a good sign things are getting serious. You think about them often, and when you're not together you may find yourself missing them or wanting to see them. You make each other happy and truly enjoy each other's company.

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2. You've met each other's family: You will know that your relationship is getting serious when you and your partner meet each other's family. Even just knowing that you want to introduce your partner to your parents and/or family is a sign things are growing between you and becoming serious. Introducing them to your family means you've accepted them as

an important part of your life and you want your family to know them as someone you care about.

Related Link: [Celebrity Couple News: Duchess Meghan Comments On Her Relationship with Prince Harry to Pharrell](#)

3. You want to be a part of their success: You know things are growing serious when your partner's successes become something you want to celebrate like you would your own. You are genuinely happy for them, even in their small, everyday successes, and you only want the best for them in their future.

What are some ways you know your relationship is getting serious? Let us know your thoughts in the comments below.

Celebrity Engagement: Bindi Irwin Is Engaged to Long-Time Boyfriend Chandler Powell





By [Bonnie Griffin](#)

In the latest [celebrity news](#), Bindi Irwin and her long-time boyfriend, Chandler Powell, of six years are engaged. The [celebrity couple](#) got engaged on Irwin's birthday, July 24th, according to an Instagram post by Irwin. The couple did not rush into this engagement, dating for six years beforehand. According to *UsMagazine.com*, Irwin previously said that she and Powell were "enjoying their lives together." Now that the time has come where the couple has taken that next step, it seems that Irwin is excited to marry the love of her life.

This celebrity engagement has been a long time coming! How do you know when you're ready for marriage?

Cupid's Advice:

This celebrity couple took their time falling in love and enjoying their lives together before deciding to get engaged.

There are no rules that say that you have to get engaged or married at a certain point in a relationship. Maybe you just want to enjoy your lives together without the pressure of what society thinks you should do like Irwin and Powell, or maybe you just want to take your time before making a lifetime commitment. Cupid has some advice to help you know when you're ready for marriage:

1. You know yourself: Before you tie yourself to another person for life it's important to be confident in the person you are. According to *MyDomaine.com*, therapist Kimberly Hershenson, LMSW, says, "A successful marriage is more likely if both partners feel secure independently and are able to work as a team moving forward." One way to help you learn yourself is to experience independence. That may mean being single a while, living on your own, or being financially independent.

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2. You include your partner in future plans: When you think about your future do you automatically envision your partner there with you? If so then you might be ready for marriage. It doesn't mean that you want or need your partner/spouse present at every social event in your life. It does, however, mean you consider them when you're thinking about or planning the important, meaningful events in your future.

Related Link: [Celebrity Wedding: Karlie Kloss & Joshua Kusher Celebrate Marriage with Star-Studded Party](#)

3. You are okay with the fact it won't just be about you anymore: As an adult, you might be set in your ways. Maybe you like the house organized a certain way, want to eat dinner at a specific time every night, or have big dreams. When you find a partner and you know you're ready to get married you will understand that you must learn to put their wants and needs

ahead of your own at times. You may have to compromise on things you've gotten used to on your own, but you are okay with that because you want a life with your partner.

What are some signs you think of when thinking of being ready for marriage? Let us know your thoughts in the comments below.

Parenting Advice: Plan To Fail and Be Okay With It



By [Bonnie Griffin](#)

If there is one thing about parenting is certain, it's that nobody is perfect; not us and not even our children as much as we love them. We're all human and being human means we will make mistakes, but we need to slow down and realize it's okay to fail. Children are growing and learning. They might not meet your expectations on the first try. Admit it—you have experienced moments like this in your own life you learned from. See this as an opportunity for growth instead of failure. Instead of stressing out about mistakes you or your child might make, follow these [parenting tips](#) keep small failures from turning into something big, and help your child grow into a contributing, responsible person.

We all learn from mistakes. Here are some parenting tips on how to handle your child's.

Sometimes you're going to zig when you later realize you should have zagged. Sometimes your children are going to forget or choose not to do their homework or drop a dish when helping clean the kitchen. It is all a way to learn and grow that will make you a great parent, and your children grow into a responsible adult. Cupid has [parenting advice](#) and [parenting tips](#) on accepting those failures with ways to help your children learn from them so they can grow into intelligent, good people:

1. Learn from mistakes: Just like you learn from mistakes at work and throughout life, you will learn from mistakes as a parent. You may learn a better schedule, etc. Like you, your children can also learn from mistakes. Instead of stepping in to help them smooth out every mistake they might make, let them make them.

Related Link: [Parenting Tips: Taking Care of Yourself Helps](#)

[You Take Care of Your Kids](#)

2. Rules of homework: Getting our children to do their homework isn't always easy. In fact, it can be really hard, and mistakes might get made. Remember, it is up to you to help set them up for success but don't do their homework for them. Provide them with a quiet, phone-free environment, and give them the tools they need. If they wait until the last night to do their science project even though they had the tools necessary to complete it, don't jump in and do it for them. They will learn to prepare and use their time more wisely the next time.

Related Link: [Parenting Advice: How to Decide What TV Shows & Movies to Allow Your Kids to Watch](#)

3. Teach them kindness: Kids can be mean. It's something we hear often, but it's something that makes it all that more important that. Teach them what kindness is through action, and show them it should be a part of everyday life. Volunteer at a soup kitchen, donate toys and clothes to shelters and let them be a part of it all.

What are some ways you deal with your children when they don't initially meet expectations? Let us know in the comments below.

Parenting Tips: Lifestyle Changes for Better Behavior



By [Bonnie Griffin](#)

We all love our children and would do anything for them, but that doesn't mean getting them to behave in the best way is always an easy task. As a parent, you want the best for your child and part of this includes teaching them appropriate behaviors so they grow into productive and good people. Luckily, if your children have behavioral issues, we have some [parenting tips](#) to help you develop better your children's behavior.

Here are parenting tips to help improve your child's behavior.

Raising your children is a full-time gig, and the most important job you will ever have. Sometimes it seems like the

hardest job in the world it's because you love your children and are dedicated to them. Parenting is a 24/7 job which doesn't end after the workday. Your children won't always behave the way you want or expect. Cupid has [parenting advice](#) on lifestyle choices to help with nurturing your children so they behave better:

1. Routines: Children thrive on routines. Make sure you have a strictly set routine for important parts of the day like mornings, breakfast, school, after school, dinner, and bedtime. That doesn't mean you have to dictate to your kids exactly what the routine has to be comprised of, it means you can work together to make a routine; allow them to give input and come up with a routine together.

Related Link: [Parenting Advice: Tips to Leave in the Past](#)

2. Daily one-on-one time: The one thing that will have the best effect on your children's behavior is spending quality time with them individually. They have an emotional need to feel connected with you as their parent and need positive attention or they will seek out your attention other ways. This often means they will act out negatively because they see negative attention as better than no attention.

Related Link: [Parenting Advice: Cooking Fun with Your Kids](#)

3. Sleep is important: When you're tired you feel sluggish and cranky. So do your children. Children and teenagers need more sleep to keep up with all the energy their growing bodies require.

4. Find opportunities to say yes: Children have lots of questions, they want to go everywhere and see everything which means saying no a lot. To counter the negative tone that can be set every time they hear the word no, find ways to say yes. Make a compromise and help them notice you are trying to help them find their way in life and with their friends. The more positive reactions they get from you the more positive their

behavior will be in return.

5. Look for the source: When children misbehave it's usually because some underlying issue is bothering them. Take a look at the big picture and try to address the real issue causing the poor behavior.

What are some ways you redirect misbehavior in your children? Let us know in the comments below.

Parenting Trend: The Science Behind Baby Fever



By [Bonnie Griffin](#)

Whenever you see a cute new baby cooing you might feel a profound sense of “baby fever,” or a desire to have a baby of your own. Baby fever is often passed off as a fleeting thought, and people don’t often think of this thought as an emotion, but science shows that it is as real as any other emotion you may experience. Baby fever may feel stronger under different circumstances, like when you see a happy baby, or a bit more faint when you are around a crying baby or unhappy child.

Parenting Trend: Baby fever is an emotion as real as any other.

Every time you see a baby, or you get on social media and all your friends are posting pictures of their children, you feel a sudden need to have a baby of your own. A desire to hold a tiny life in your arms and nurture and love them. This is a natural part of life and real emotion that most people experience throughout their lives. The number one factor is often simply being exposed to babies being cute. Let’s take a look at this [parenting trend](#) and check out some of the reasons why people get baby fever:

1. Peer pressure: Peer pressure plays a role in people’s emotions causing feelings of baby fever. When we reach adulthood and many of our friends and family members are having babies, they often begin to hint, or outright say that it is time for us to do the same. Family members may often add to this feeling of pressure to have children, like parents insisting it is time for you to make them a grandparent with plenty of [parenting advice](#).

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2. Society: Society has certain “norms” we all feel pressured

to meet from time to time. Once you reach a certain age or you get married it is as if you feel this invisible weight on your shoulders saying you should take certain next steps, and one of those steps is having a baby. Your subconscious can play into this need to meet societal norms with feelings of baby fever.

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3. Biological clock: Women have a finite time to have children before it becomes difficult. Our bodies have a biological clock that reminds us when we're ready for kids. Baby fever is sometimes our body's way of saying it is time for us to have our own babies before the opportunity passes us by. It can also be a combination between our biological clock reminding us that it is time to pass on our genes, and cultural influences telling us we need to have children.

Let us know some of the things that make you feel baby fever in the comments below.

Celebrity Parents: Struggling with Postpartum and Recovery Tips





By [Bonnie Griffin](#)

When you have a baby it's the happiest time of your life... until it's not. Many mothers struggle with a sense of extreme sadness and depression after giving birth. It may feel like you're all alone, and like you need to hide your feelings and pretend to be happy even if that's not what you're feeling but it's not. [Celebrity parents](#) like [Katy Perry](#) and Serena Williams are speaking out about their battle with postpartum depression. It's nothing to be ashamed of because it is very real for many new mothers.

Parents, you're not alone. Even celebrity parents struggle with postpartum.

According to *People.com*, celebrity parents like Katy Perry, Serena Williams, and Alyssa Milano are helping to shed some light on the reality of postpartum depression. Williams opened up saying, "Sometimes I still think I have to deal with it, ...

I think people need to talk about it more because it's almost like the fourth trimester, it's part of the pregnancy." These celebrities are helping shed light on the fact that postpartum is not something to be ashamed of; it is a natural part of giving birth and the first step to beginning to feel better is to accept it is natural and you don't need to hide. Here are some recovery [parenting tips](#) for dealing with postpartum depression:

1. Respond to your child's needs: Build a bond with your baby. That may seem like a lot when you're feeling like you're stuck in sadness and darkness, but take it one step at a time. You build a bond by meeting your baby's needs. When they cry, pick them up, have skin-to-skin contact, sing to them, anything as long as you're interacting with them in a positive manner. As your bond grows between you and your baby it will help you both to feel more secure and help you feel better, too.

Related Link: [Parenting Trend: Baby Led Weaning](#)

2. Take care of yourself: It can be easy to get lost of taking care of your baby instead of taking care of yourself after giving birth. This can be further exasperated if you're suffering from postpartum depression. Take your vitamins, and make sure you are sleeping when the baby sleeps. Ask your friends and family for help so you can get some time to yourself to pamper yourself and make sure you're getting enough sleep. Get outside and get some sunshine because it can positively impact your mood.

Related Link: [Parenting Tips: Apply Research to the Practice of Parenting](#)

3. Use your support network: Loneliness can make your postpartum feel worse, and leave you feeling lost in the dark. Reach out to your friends and family for support when you're lonely. Visit them or invite them out to lunch. They can offer social and emotional support that will help boost your self-

esteem and lift your mood.

4. Therapy: If self-help and lifestyle changes are not enough to pull you out of your depression you can seek therapy. A doctor may also prescribe medication or counseling and psychotherapy to help you talk about your concerns and set manageable goals to help you take steps towards feeling more positive.

Postpartum affects many new mothers. What are some tips you have for lifting your spirits when you feel depressed? Let us know in the comments below.

Beauty Trend: Make Your Eyes Pop





By [Bonnie Griffin](#)

In recent [beauty trends](#), we've seen the smoky eyes, deep eyeliner, rainbow eyes, and now the big trend is fierce smoky wings. In makeup trends, it's all about making your beautiful eyes pop. If you want to take your eyeliner to the next level, there is no better makeup look than the smoky wing this year, or keep it simple and elegant for work or a simple date night at the movies.

Beauty Trend: Make your eyes pop with smoky wings and other ways to highlight.

If you want to make your makeup stand out, start with the eyes. They say eyes are the windows to your soul. Cupid has some [beauty tips](#) that will highlight the beauty of your eyes:

1. Fierce smoky wings: Similar to a smoky eye, smoky winged liner will make your eyes pop and look good no matter your

natural eye color. It is great for a night out on the town, and this dark, graphite eyeshadow and liner look is bound to catch the attention of your partner for date night.

Related Link: [Beauty Trend: Shades of Gray](#)

2. Matching makeup: If you want to get the makeup look of the stars, match your eyeshadow to your outfit. Wearing a purple dress out on date night? Match it with purple eyeshadow and for an extra pop, top your eye shadow off with some matching purple glitter. You'll steal the show with your fashion and beauty sense.

Related Link: [Hair Beauty Trend: Crystals, Chains, and Studs](#)

3. Straight, strong eyeliner: Not ready for a full-on smoky eye or wing? Keep your eyeliner strong with a straight line. This look is best with a light-toned eyeshadow. Then, take your eyeliner straight out from the edge of your eye to add a simple, but elegant effect to your eye makeup. This look is perfect for the day, or a simple date night picnic at the beach.

What are some of your favorite eye makeup trends? Share in the comments below.

Celebrity Engagement: Sarah Hyland and Wells Adams Are Engaged!



By [Bonnie Griffin](#)

In the latest [celebrity couple news](#), *Modern Family*'s Sarah Hyland and *The Bachelorette*'s, Wells Adams announced they are engaged on Instagram. According to *UsMagazine.com*, Adams shared a video of his romantic beach proposal. Hyland also shared their engagement on the social platform, sharing photos of the [celebrity couple](#) and her new diamond ring.

Wells Adams and Sarah Hyland are celebrating their celebrity engagement on a beach. What are some romantic locations for a

proposal?

Cupid's Advice:

This celebrity couple shared their romantic beach proposal with fans on Instagram. There are many places you can propose that add to the romance of asking someone to spend their life with you. Cupid has some advice on romantic proposal locations:

1. The beach: Who doesn't love a beautiful beach proposal. Try aiming for evening or dusk, when the sun is creating a beautiful glow in the sky, helping to set the mood. Bring a blanket and bottle of wine to add to the romance before bending to one knee.

Related Link: [Celebrity Couple Katharine McPhee & David Foster Honeymoon in Italy After London Wedding](#)

2. In the mountains: What's more romantic than the views of the mountains? Take your love out for a beautiful picnic on the mountainside to pop the question. You can even try using the ring as a napkin holder to add a little something extra to the surprise.

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3. Wherever you first met: Propose at the place where you first met or had your first date. No matter the location, the significance of you remembering where you shared that first connection will make it memorable, and your partner is going to love the romantic gesture.

What are some places you find romantic for a proposal? Let us know in the comments below.

Celebrity Couple News: Duchess Meghan Comments On Her Relationship with Prince Harry to Pharrell



By [Bonnie Griffin](#)

In the latest [celebrity couple news](#), Duchess [Meghan Markle](#) opened up to singer, Pharrell, about the difficulties of having her relationship always in the spotlight. According to *UsMagazine.com*, Meghan said “They don’t make it easy,” seemingly referring to the constant public scrutiny her and

Prince Harry's relationship is always under. Every relationship has its own complicated parts, and this [celebrity couple](#) clearly states that having all of your personal life on display for the world to talk about isn't easy.

In celebrity couple news, Duchess Meghan was honest about having a relationship in the spotlight. What are some ways to handle scrutiny of your relationship?

Cupid's Advice:

Whether your relationship is constantly in the public eye like the Duchess and Prince, or you find your family and friends nitpicking your every move, it's no fun being scrutinized by others. Cupid has some advice on how to handle the scrutiny of your relationship:

1. Ignore it: The number one thing to do is just ignore what others have to say about your relationship. If they are not a part of your relationship, then their scrutiny does not have to hold any bearing on how you and your partner feel for each other.

Related Link: [Celebrity Marriage: Find Out More About Miley Cyrus' Marriage to Liam Hemsworth](#)

2. Openly communicate with your partner: What is most important is that you and your partner are openly communicating with one another. If others are trying to drag your relationship down, or are saying hurtful things, then it is important that the two of you are open with each other and share your feelings about the situation. You don't want to take out your frustration with others on your partner.

Related Link: [Celebrity News: Tori Spelling Says It's 'Hard to Be Monogamous' Years After Dean McDermott's Affair](#)

3. Stand up for each other: It's important that you and your partner stand up for each other. It is a sign you love and respect each other that you stand together in the face of scrutiny and don't allow others to disrespect your partner.

What are some ways you might stand up to scrutiny against your relationship? Let us know your thoughts in the comments below.

Celebrity News: Tyler C.'s Fantasy Suite Speech Made Him a 'Bachelorette' Fan Favorite





By [Bonnie Griffin](#)

In the latest [reality tv celebrity news](#), the hearts of [The Bachelorette's](#) viewers have been taken by Tyler C. On the most recent episode, Hannah Brown revealed to Tyler that despite their intense physical chemistry, she wanted to put sex on hold while they built a stronger emotional bond. Tyler's response, according to [EOnline.com](#), was what stole fans' hearts, saying, "I would never press you or pressure you at all." Tyler clearly knows how to show a lady respect.

In celebrity news, Tyler C. stole the hearts of Bachelor Nation. What are some ways to know your partner respects you?

Cupid's Advice:

The interaction between these reality tv stars shows us that chivalry is not dead, and respect is something everyone should

expect from their partner. Cupid has some advice on ways to know your partner respects you:

1. They really listen to you: One great sign of respect is having a partner who listens to you. They don't just hear what you say but are actively engaged in listening when you talk and they carefully respond after taking time to think things through.

Related Link: [Celebrity News: 'Bachelor' Alum Colton Underwood Reacts to Hannah Brown's Sex Confession](#)

2. They are proud of you: When your partner respects you they are happy to be seen with you and proud of who you are as a person. They may want to take you to hang out with friends and family, and they will love sharing things about you with the people they care about because they are proud of you and proud to be with you.

Related Link: [Celebrity News: 'Bachelorette' Hannah Brown Admits to Intimate Relations in a Windmill](#)

3. They take you seriously: From time to time, you may offer your partner advice. A partner who respects you won't be afraid to ask for your advice, and they will carefully consider what you have to say and objectively take that advice and put it to good use. They will be thankful to have a partner who cares enough to offer advice that could lead them in a beneficial direction.

What are some ways you show your partner you respect them? Let us know your thoughts in the comments below.

Celebrity News : 'Bachelorette' Hannah Brown's Sexy Windmill Scene Revealed



By [Bonnie Griffin](#)

In the latest [celebrity news](#), [Bachelorette](#) Hannah Brown's awaited sexy windmill scene aired. Fans were surprised to learn that the guy who'd landed in the windmill with Brown was Peter Weber and not Jed Wyatt. The unique location of the windmill scene made it clear who Brown had been referring to with her earlier statements, and according to [UsMagazine.com](#), Brown confirmed she slept with Weber twice as he bragged the next morning, "We are one now."

In celebrity news, the now-infamous windmill scene on the most recent episode of *The Bachelorette* didn't feature who everyone expected. What are some ways to spice up your love life?

Cupid's Advice:

For these [reality tv](#) stars, a windmill added some spice to their romantic tryst. Whether it is location or just trying something new, everyone likes to spice things up in the bedroom from time to time. Cupid has some advice to keep the spice in your love life:

1. Change the scene: Every romantic encounter doesn't have to happen in the bedroom. Try moving things to the living room in front of the fireplace when it is cold out. Or you could just set the scene for romance with candles and romantic music.

Related Link: [Celebrity Vacation: Joe Jonas & Sophie Turner Take Romantic Vacay After Second Wedding](#)

2. Try some oils: Life gets hectic and we end up exhausted and stressed out. Try adding a massage to your routine with your partner. A few candles and an essential oil massage is sure to relax you both and help get you in the mood.

Related Link: [Celebrity Marriage: Find Out More About Miley Cyrus' Marriage to Liam Hemsworth](#)

3. Do something random: Surprises are fun, especially in the bedroom. Get your partner flowers for no reason, surprise them in the bedroom in a special outfit, or offer to cook them dinner to give them a break. Even something as simple as a

nice, unexpected gesture can be just what you and your partner need to spice things up.

What are some ways you like to spice up your love life? Let us know your thoughts in the comments below.

Travel Tips: 5 Easy Ways to Book Your Vacation Stress-Free



By [Bonnie Griffin](#)

In recent [travel trends](#), the days of having hotels as your only option for a vacation away from home are over. Thanks to websites like *Airbnb.com*, you can really find a “home away from home” and often at a lower cost than those charged by drab hotels. Next time you’re looking for a place to stay and relax for vacation, check out these [travel tips](#) for booking your stress-free vacation rental.

Find your home away from home and relax on your next vacation with these travel tips!

These days most of us have heard of Airbnb, but did you know there are more options available to you for your next vacation rental? If you are searching for something more comfortable and luxurious than the same old drab hotel room, there are a lot of options available to you. Cupid has some travel tips for finding your next vacation rental:

1. Tripping.com: *Tripping.com* offers a wide variety of accommodations with over eight million properties to choose from for your next [vacation destination](#). Thanks to the many companies they are teamed up with, such as *Booking.com*, this site is perfect for those who want to browse by price range, rating, locations, and amenities.

Related Link: [Product Review: Harlow’s Harvest](#)

2. Hometogo.com: If you are trying to find a lot of options or searching for places to stay around the world, then *Hometogo.com* is a great place to find your next rental home for vacation. They have the largest search engine for vacation rentals and offer rentals in more than 200 countries. They are teamed with more than three hundred providers like

Booking.com and *Expedia.com* and are very popular with travelers thanks to their easy, user-friendly interface.

Related Link: [Food Trend: 5 Ways Pickles Are Better Than Bread on Sandwiches](#)

3. Flipkey.com: *Flipkey.com* is one of *Airbnb's* biggest competitors. They have domestic and international offerings and every property listing shares every detail you could imagine like the number of rooms and bathrooms, and the amenities provided. You can easily browse through the available listings that meet your specific needs after you set the parameters for an effortless search.

Related Link: [Love & Libations: Celebrity Pink Sips For The Summer](#)

4. VRBO: *Vacation Rental By Owner, VRBO*, offers worldwide accommodations. Like *Airbnb*, it offers vacations rentals made available by people around the world willing to rent out their space. Profiles share every detail you need about the property including pictures and previous renters' reviews. They have been one of the leading vacation rental market spaces since 1995.

5. Luxury Retreats: If you are looking for the epitome of extravagance then *Luxury Retreats* is the site you want to use to book your next vacation rental. They offer over four thousand luxury properties globally including beachfront villas, city homes, and larger lavish homes. You can even get your own concierge service; talk about a stress-free vacation.

What are some of your go-to vacation rental sites? Let us know in the comments below.

Celebrity Marriage: Find Out More About Miley Cyrus' Marriage to Liam Hemsworth



By [Bonnie Griffin](#)

In [celebrity news](#), [Miley Cyrus](#) opens up to *Elle* magazine about her marriage to Liam Hemsworth. After nearly a decade of dating, the [celebrity couple](#) was married last December. According to *UsMagazine.com*, Cyrus told *Elle* that her “relationship is unique.” Cyrus prefers the use of the term “partners” when she describes her marriage to Hemsworth instead of the common “husband” and “wife” references because their marriage is new and complex, and far from the norm.

This celebrity marriage is anything, but typical just like Miley. What are some ways remain unique inside your own marriage?

Cupid's Advice:

Miley Cyrus admits to still loving to dress and be sexual even as a married woman, although she does not care about the attention of other men at all. Being married does not mean that you have to lose what makes you your own person. Cupid has some tips for remaining your unique self after marriage:

1. Recognize your own emotions: You need to learn to establish a sense of self to feel whole, something that is key in a romantic relationship. Sometimes it can get easy to get caught up in your partner's emotions and they can muddy your own. Some good ways to do this include daily meditation or taking time to calmly breathe for a few minutes every day and just focus on yourself.

Related Link: [Celebrity Wedding: Get All The Details On Jax Taylor & Brittany Cartwright's Upcoming Nuptials](#)

2. Take time to yourself: Being in a relationship doesn't mean all your time has to be spent together. You had a life before your partner and friends and hobbies. Take time out every month or couple of weeks to go out on your own with your friends and enjoy life.

Related Link: [Celebrity Wedding: Karlie Kloss & Joshua Kushner Celebrate Marriage with Star-Studded Party](#)

3. Be independent, not co-dependent: A relationship won't be truly fulfilling if you put all of the weight of your happiness on your partner's shoulders. When you are

comfortable being independent in your relationship then you are happy when you're with your partner, but you're also able to be happy on your own.

What are some ways you stay true to your unique identity in a relationship? Let us know your thoughts in the comments below.

Celebrity News: 'Bachelor' Alum Colton Underwood Reacts to Hannah Brown's Sex Confession





By [Bonnie Griffin](#)

In [celebrity news](#), [Bachelor](#) alum Colton Underwood reacted positively to Hannah Brown's admission to having sex in a windmill on the current season of *The Bachelorette*. According to *UsMagazine.com*, Underwood says the differences between the seasons of *The Bachelor* and [The Bachelorette](#) are "what's so cool about the Bachelor franchise, [because] everybody has their own twists to things." In Underwood's season, he was scrutinized for being a virgin, the complete opposite of the scrutiny that Brown has seen over her admission to having sex with a contestant. These celebs show us that everyone makes different choices and has different tastes when it comes to sex, but it is nice to see these two owning their choices.

In celebrity news, former *Bachelor* Colton reacted to current *Bachelorette* Hannah's sex

confession. How do you make sure you and your partner are on the same page with intimacy?

Cupid's Advice:

Everyone has different sexual appetites. Sometimes those differences can happen between two partners in a relationship, but that doesn't mean you can't work things out. Cupid has some advice to help you make sure you're on the same page as your partner in the bedroom:

1. Talk about it: The number one way for you and your partner to ensure you're on the same page about intimacy is to have an open discussion. Tell them what you like and listen when they tell you the same. If you're both open to talking it through, the act can be much more pleasurable for both of you in the end.

Related Link: [Celebrity News: Justin Bieber Is 'Not in a Rush' to Have Kids with Hailey Baldwin](#)

2. Be open to trying new things: Just because you've never tried something doesn't mean you won't like it. Be open-minded when your partner makes suggestions and you might find a new favorite way to be intimate with the person you love.

Related Link: [Celebrity News: Rachel Lindsay Says She's Surprised 'Bachelorette' Hannah Brown was 'So Bold' About Sex](#)

3. Learn to compromise: Be understanding. Sometimes one of you may be uncomfortable with something new in the bedroom. That's okay. Be willing to compromise, but know that it is okay to take things off the table if they make you uncomfortable.

What are some things you do to make sure you are on the same page as your partner? Let us know your thoughts in the

comments below.

Fashion Trend: BET Awards Red Carpet Fashion Was ALL About The Puffed Sleeves



By [Bonnie Griffin](#)

As it does every year, the BET Awards red carpet stood out among fashionistas with some of the year's most memorable [fashion trends](#). The stars stood out with their adventurous fashion choices. The big theme of the event this

year was ruffled or puffed sleeves, and the stars looked fabulous. Stars were turning heads, like up-and-coming superstar Lizzo wore a woodgrain outfit with a beret and big, puffy, ruffled sleeves. While other stars like Fantasia went sleeveless, but her dress still stood out with embellished front bows that were as large-as-life as the star herself. If you are looking for some [fashion tips](#) that will help you stand out in a crowd, then stay tuned.

These fashion trends look hot on all body types!

When choosing an outfit for a night out or [date night](#), then you might be looking to turn heads. We've got some [fashion advice](#) to help you catch his attention and look glamorous:

1. Puffed sleeve dress: Oversized sleeves make a beautiful statement. Try a simple dress with flattering puffed sleeves. The larger sleeves will add a glamorous touch of style to your outfit, perfect for a date night out on the town.

Related Link: [Fashion Trend: African Prints](#)

2. Subtly puffed sleeves: Maybe you aren't ready for the overly dramatic sleeves, but you still want to add a little extra style to your wardrobe. Try a long-sleeve dress that has a more subtle puff sleeve. Not in a dress mood? A long sleeve top with subtle puffed sleeves will pair nicely with a skirt or a pair of fitted jeans. You can add some vibrant accessories to dress it up.

Related Link: [Fashion Trend: Print Mashups](#)

3. Puffed sleeve belted jacket: Looking for something that can go from work to date night, then try a belted blazer with puffed sleeves. Pair it with slacks for work, or a pair of black biker shorts for an evening, date night look and you'll

have a surprisingly stunning look that will turn eyes everywhere you go.

Let us know how you like the puffed sleeve fashion trend in the comments below.

Fashion Trend: Show Off Your Curves this Summer



By [Bonnie Griffin](#)

Are you tired of fashion hiding your curves? Flaunting your curves this summer [fashion trends](#) is all about accentuating

your body. Whether you're rocking jeans, a dress, or bathing suit, it's time to highlight your curves with these [fashion tips](#) to show the world your true beauty.

These fashion trends will take you from cover-up to showing off your sexy curves!

No rules say curves need to be hidden. There is true beauty in the curves of a woman's body and fashion trends are catching up to this fact. If you are a curvy woman searching for some [fashion advice](#) to accentuate your body and show off every beautiful part, here are some fashion trends that you might want to give a try:

1. Curvy, relaxed fit jeans: Try relaxed fit if you want to wear jeans that will highlight your curves and not make you feel stuffed into uncomfortable denim. They are made to show off your curves. Try pairing them with a tie-dye tunic for a sexy, comfortable style.

Related Link: [Fashion Trend: Beige Is Making a Comeback](#)

2. Maxi dress: A maxi dress will flow with your body and your curves. You can find maxi dresses in a plethora of colors and patterns so you're never without options. This beautiful dress will keep you looking fresh and gorgeous while feeling cool and comfortable for this hot summer.

Related Link: [Fashion Trend: Bamboo Handbags](#)

3. Jumpsuits: Let's be honest, jumpsuits were made for a curvy body. They are cinched at the waist and accentuate all the right curves from top to bottom. Want to add even more style to your jumpsuit? Grab a striped jumpsuit to elongate your body and highlight your beautiful curves.

4. Swimsuits: Instead of the big skirts and swim shorts of the past, this year's swimsuits are figure flattering and designed to show off your curves instead of hiding them. Try bold prints, the off-the-shoulder one-piece, or the sexy wrap waist one-piece. You will feel stylish and attractive in any of these options.

5. Bold prints: This summer fashion is all about the bold prints. Try out a snakeskin wrap dress. Not only will you look highly fashionable, but this dress will highlight every beautiful curve on your body making you the center of attention.

What are some of your favorite curvy fashion trends this summer? Let us know in the comments below.