

Dating Advice: How to Keep Humor In Your Relationship



By Dr. Jane Greer

During these difficult times, because of the pandemic and everything that has come with it, it is important for people to make room for laughter. There is no question that it is challenging to find the funny among all the hardship. It can be a struggle to balance the bad with the good. But it is a long-held belief that humor is an important elixir that helps to soothe the pain and even heal. Professor of Surgery Henri de Mondeville famously said in the 1300s that laughter, compiled with the treatments he recommended, would help toward recovery. That eventually translated into the saying we all know today: laughter is the best medicine. Norman Cousins is

known for having cured himself of a terrible disease by chuckling through all the Marx Brothers' movies. Recently even Blake Shelton and Gwen Stefani poked fun at the way they found each other during a Super Bowl commercial for T-Mobile.

So how can you find a way to incorporate humor into your relationship and your daily life to take the sting out of all the stressors you are experiencing?

Believe it or not, the first thing to do is to give yourself permission to laugh despite what is going on in the country and the world. Some people think they have to be serious because of all the suffering taking place, and may even feel guilty for being lighthearted. But the shows we find the funniest and the comedians we embrace are the ones in which they illustrate how to laugh at ourselves and each other. They have learned through their own hardships and demonstrate to the rest of us the value of humor, even if it is self-deprecating, to cope with the negatives – our own and those in our relationships. We look to them for comic relief, and can actually model our behavior after them to use poking at ourselves and our loved ones as a way to ease tension and release anger. And while you wouldn't expect doctors and nurses in a hospital setting to be making jokes, it is something that goes on regularly to manage the intensity of working with ill and dying patients. In fact, someone I know who was going through his own illness with a brain tumor wrote a book called, "You Have To Keep Your Sense Of Tumor," which helped him survive for many years. Nurturing your sense of humor can actually become your emotional health insurance.

The next thing to do is take inventory of all the things that

are irritating you in your life and prioritize them so you can gain some perspective. If you look at each one specifically, it gives you the opportunity to focus on what is aggravating you the most and needs to be addressed first. This way, instead of being equally upset about all of them, you can determine what is going on that demands your immediate attention in order to manage it more effectively. Once you have honed in on what it is, look for any way to make it amusing or silly so that when it continues to happen it loses some of its steam.

If you are in a relationship, however, your private jokes can give you mileage if you use them as morse code to short circuit an impending argument. Rather than blaming or criticizing your partner, if you can find a gentler way to tease them about the problem at hand it can increase your chances of their being willing to compromise. Laughter is also a great release for anxiety, and a place it can be really helpful is in the bedroom. That is where people can feel pressure to please their partner, and also themselves. Embracing humor is a great way to relax and dissipate some of that expectation so you are able to enjoy yourselves.

It is clear that Blake and Gwen have a lot of playfulness between them. That is one of the things that is so appealing about watching them interact, and it appears to have contributed to their strong foundation. You can do the same and increase your personal happiness by learning to laugh off what you can, and by following the adage angels fly because they take themselves lightly.

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on [HealthyLife](#).

Celebrity Wedding: Find Out More About Blake Shelton's Proposal to Gwen Stefani



By Nicole Maher

In the latest [celebrity news](#), Blake Shelton and Gwen Stefani have taken the next step in their relationship by getting engaged. According to [UsMagazine.com](#), Shelton proposed to Stefani after asking her father for permission and selecting a

custom engagement ring. The [celebrity couple](#) began dating in November 2015 after working together on *The Voice*, and moved in together in October 2019. Shelton and Stefani now look forward to planning their [celebrity wedding](#).

In celebrity wedding news, Blake and Gwen are officially engaged after Blake asked her father's permission. What are some must-dos before an engagement?

Cupid's Advice:

Whether you are a fan of more traditional engagements or are looking for a modern approach, there are a few steps to take before popping the question. If you are looking for some must-dos before an engagement, Cupid has some advice for you:

1. Rehearse your speech: Whether you're looking to keep things short-and-sweet, or want a more detailed speech, it's a must to rehearse what you're going to say before the big day. Engagements are exciting and emotional, and may cause you to freeze up in the moment. By having an idea of the points you want to get across beforehand, you will make sure your partner knows just how much thought you put into asking the question.

Related Link: [Celebrity News: Blake Shelton & Gwen Stefani Toast to CMT Music Awards 2020 Win](#)

2. Select the perfect location: Selecting the perfect location to pop the question is also a must-do before an engagement. Consider some of your partner's favorite places and decide which would be the best spot to begin this next step together. It is also important to consider if you and your partner would rather have a public or private engagement when planning out

the location.

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3. Ask for permission: Just as Blake Shelton did, it is important to ask for permission when proposing to your partner. By asking your partner's parents, siblings, or close friends if they approve of your engagement, it'll show the respect you have for your partner's existing family. It will also allow them to get excited and potentially help you with the rest of the planning process!

What are some other must-dos before an engagement? Start a conversation in the comments below!

Celebrity News: Blake Shelton & Gwen Stefani Toast to CMT Music Awards 2020 Win





By Nicole Maher

In the latest [celebrity news](#), Blake Shelton and Gwen Stefani celebrated their recent win at the CMT Music Awards 2020 for their duet “Nobody But You.” According to *UsMagazine.com*, Shelton and Stefani toasted to their win while watching the award ceremony from their living room. The [celebrity couple](#) has been together since 2015, and have released a total of four duets together. Both singers took to their social media accounts to thank their fans and each other for all the support.

In celebrity news, Blake and Gwen are the definition of a power couple! What are some ways to celebrate your accomplishments with your partner?

Cupid’s Advice:

One of the best parts of being in a relationship is getting to celebrate your accomplishments with the person you love. Whether it is something that you have accomplished together or individually, it is the perfect opportunity to provide some congratulations. If you are looking for some ways to celebrate your accomplishments with your partner, Cupid has some advice for you:

1. Plan a date: The perfect way to celebrate an accomplishment within your relationship is to plan a date. Whether it is a dinner at your favorite restaurant or a weekend getaway, planning a date is a great way to show your partner how proud you are of them, and gives you an opportunity to celebrate together.

Related Link: [Celebrity Couple News: Gwen Stefani & Blake Shelton's Love Takes Center Stage at 2020 ACM Awards](#)

2. Buy them a gift: Gifts are another thoughtful way of celebrating an accomplishment within your relationship. If it was your partner that achieved their goal, then buy them something you know they've been wanting for a while. If it is something that you've accomplished together, then you can both contribute and buy something for the two of you to share.

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3. Tell them you're proud: Sometimes the best way to celebrate an accomplishment and make your partner feel important is to simply tell them how proud you are. Words of affirmation can go a long way in making your partner feel special and strengthening your relationship, and are not something that should be overlooked just because they are free!

What are some other ways to celebrate an accomplishment with your partner? Start a conversation in the comments below!

Celebrity Couple News: Gwen Stefani & Blake Shelton's Love Takes Center Stage at 2020 ACM Awards



By Carly Silva

In the [latest celebrity news](#), Gwen Stefani and Blake Shelton sang a rendition of their new single "Happy Anywhere" on the ACM stage on Wednesday night. According to *EOnline*, the famous [celebrity couple](#), who have been dating since 2015, were in their element singing on stage together.

In celebrity couple news, Gwen Stefani and Blake Shelton showed their love for each other and music at the ACM Awards. What are some ways to share your partner's passions?

Cupid's Advice:

Your partner is there to support you in many things, but it's especially important to have a significant other who supports and shares in your passions. Cupid has some ways to do so:

1. Listen to them talk about their passions: One way to share your partner's passions, even if you have different interests, is to listen to them express their passions. This will allow them to feel like you are involved in this part of their life, even if it isn't something you are also passionate about.

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2. Offer up support: If your partner is passionate about something that you've never tried or learned about before, it's important to be open-minded. Maybe go out on a limb and try doing something they love, and who knows, maybe you will love it, too.

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3. Try doing something they love: Supporting your partner through their passions and interests is a great way to be able to share passions with them. Even if you don't have the same interests, you can still support them every step of the way.

What are some ways to share your partner's passions? Start a conversation in the comments down below!

Celebrity Couple Blake Shelton & Gwen Stefani Drop New Song 'Happy Anywhere'



By Diana Iscenko

In the latest [celebrity news](#), [Blake Shelton](#) and [Gwen Stefani](#) released their new quarantine-inspired song, "Happy Anywhere." The pair sings in the chorus: "I'm running wide open / I was

born with my feet in motion / But since I met you, I swear / I could be happy anywhere.” This is the [celebrity couple’s](#) second musical collaboration, previously releasing the country ballad “Nobody But You” in December 2019.

In celebrity couple news, Blake and Gwen collaborated on a new song. What are some ways to share your passions with the one you love?

Cupid’s Advice:

We may not all work in the same industry as our partner, but that doesn’t mean you can’t share your hobbies with them! If you’re looking for a way to get your partner more involved with your interests, Cupid has some advice for you.

1. Swap interests: When asking your partner to try something you’re interested in, offer to try one of their hobbies, too. Committing to trying something they like will motivate them if they’re initially hesitant to try something you like.

Related Link: [Celebrity Wedding News: Gwen Stefani & Blake Shelton Want to Get Married Post-Pandemic](#)

2. Make it a date: Make a night of doing the activity you’re passionate about. It’ll be more fun to enjoy this experience together, instead of you teaching your partner about it for the night. Try to get on equal footing and have fun with your partner.

Related Link: [Celebrity News: Gwen Stefani Had No Idea Who Blake Shelton Was Before ‘The Voice’](#)

3. Give them a way out: Make it easier for your partner to say yes to trying something new. Instead of planning an intense day-long activity, do something with a built-in out so you’re

partner feels comfortable quitting if they aren't enjoying it. Start small and work up to more intensive days.

How do you introduce your partner to your interests? Start a conversation in the comments below!

Celebrity Wedding News: Gwen Stefani & Blake Shelton Want to Get Married Post-Pandemic



By Diana Iscenko

In the latest [celebrity news](#), [Gwen Stefani](#) and [Blake Shelton](#) are waiting until after the COVID-19 pandemic ends to tie the knot. The [celebrity couple](#) has been secretive about their wedding plans, leaving fans in the dark about their engagement. A source close to the couple told *UsMagazine.com* that Stefani had begun the process to annul her previous marriage in the Catholic church in March of last year. However, the current global crisis has “changed Gwen’s feelings about getting the annulment and getting married.” Now Stefani and Shelton’s [celebrity wedding](#) will take place after social distancing restrictions are lifted. “She didn’t wait this long to get married with family watching on Zoom,” the source reveals.

In celebrity wedding news, Gwen and Blake want to take the next step in their relationship and tie the knot, but they want to wait until after the pandemic. What are some ways to have a special wedding celebration during the pandemic?

Cupid’s Advice:

Quarantine has put a halt to a lot of weddings. Whether you pushed back your ceremony or decided to get married without the reception (for now), you’ll still want to do something special. Whether you want to celebrate your actual marriage or your would-have-been wedding date, Cupid has some advice for you:

- 1. Virtual reception:** While a Zoom-sponsored wedding reception may not have been your first choice, being able to talk to

your closest friends is worth it. Get dressed up and make speeches with your wedding party and others close to you!

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2. Socially-distant car parade: One way to celebrate your special day is to have your close friends and family who live locally drive by your house. Despite the distance, your loved ones will be able to celebrate your wedding in person from inside their cars.

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3. Stay-at-home celebration: At the end of the day, your wedding is about you and your partner. Take this chance to have a romantic stay-at-home date with your new spouse. You could dress you and make a fancy dinner or you could get comfy and reminiscence on your relationship.

What are you doing to celebrate the special moments in your life during quarantine? Start a conversation in the comments below!

Celebrity News: Gwen Stefani Had No Idea Who Blake Shelton Was Before 'The Voice'





By Ahjané Forbes

In [celebrity news](#), “Hollaback Girl” singer, Gwen Stefani, did not know her country superstar boyfriend Blake Shelton existed prior to *The Voice*. The [celebrity couple](#) met when they had just divorced their celebrity exes. The two have a love dovey relationship on the show and plan to keep it that way for this season. According to *UsMagazine.com*, the songwriter said, “I mean, he’s just so magical. Blake is literally a unicorn. Like, anywhere he goes, people are just attracted to him.”

In celebrity news, Blake Shelton’s name isn’t famous to everyone’s ears, apparently. What are some ways to approach your crush?

Cupid’s Advice:

It’s not all that bad to not know who your crush was until you met them. That said, approaching your crush can be the hardest

thing to do. Cupid has some advice on how to approach your crush:

1. Watch how they interact with others: What is their personality like? Are they reserved or outspoken? Do you see any key indicators on them like a football team logo or a name tag from a job? Use what you can find to strike up a conversation to break the ice.

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2. Show them you're interested: Walking passed your crush well-dressed and making eye contact is not just for the movies. It actually works. Eye contact and being groomed is a very attractive tactic that can draw your crush to you. Reel them in with a playful stare as you walk passed, keep looking at them, and then turn away. This will get there attention and who knows they might just make a move on you!

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3. Talk to them: It's okay to just have a normal conversation with them to see what they are all about. Try not to bring up that you like them at first. See if they mention that they are with someone, and then take that approach. Their personality will tell you a lot about if you want to pursue them further. Take baby steps before rushing for the goal!

When you had a crush how did you get their attention? Share your experiences in the the comments below!

Celebrity Wedding: Blake Shelton Was 'Not Given a Heads-Up' About Ex Miranda Lambert's Wedding



By [Lauren Burczyk](#)

In [celebrity news](#), [Blake Shelton](#) wasn't told in advance about his [celebrity ex](#) Miranda Lambert's secret [celebrity wedding](#) to Brendan McLoughlin. According to *UsMagazine.com*, a source said, "Blake found out about the wedding at the same time everyone else did." The country superstar, 35, who divorced Shelton, 42, in July 2015, revealed on Saturday, February 16th that she had tied the knot with the New York City Police Department officer, 27. This was the first time she had

publicly mentioned her new husband, who she began dating after her split with Evan Felker in August 2018.

This celebrity wedding was a complete surprise to Miranda's Lambert's ex Blake Shelton. What are some ways to be considerate toward your ex about a new relationship?

Cupid's Advice:

It's extremely difficult to deal with your ex moving on and finding someone new. Here are some ways to be considerate toward your ex about a new relationship:

1. Unfriend your ex: The first step to acknowledging your ex's new relationship and trying to be okay with it, is deleting from your social media accounts. It's hard to be considerate when you still have feelings for your ex and they're posting photos with their new partner.

Related Link: [Blake Shelton Reveals He Hit 'Rock Bottom' After Split from Miranda Lambert](#)

2. Concentrate on yourself: To allow yourself to be considerate toward your ex and his new relationship, you have to be mindful of yourself. Try to focus on how you're feeling and what you can do to stay positive.

Related Link: [Celebrity News: Miranda Lambert Throws Shade at Celebrity Ex Blake Shelton With Key Lyric Change](#)

3. Write a list: Try to remember the reasons why you weren't compatible and write them down. Practicing this exercise will

make you aware of why it's a good thing that your ex has moved on.

Can you think of some more ways to be considerate toward your ex in a new relationship? Comment below.

Celebrity Divorce: Blake Shelton Reveals He Hit 'Rock Bottom' After Split from Miranda Lambert



By Rhodesia Williams

In [celebrity news](#), [Blake Shelton](#) admits to hitting rock bottom after his [celebrity divorce](#) from Miranda Lambert. According to *UsMagazine.com*, the [celebrity couple](#) were married for four years before their [celebrity break up](#). Before Shelton and [Gwen Stefani](#) tried [celebrity dating](#), the two often checked on each other through texts and emails. Stefani was also going through a rough patch with her then husband, Gavin Rossdale. From simple texts and emails to thoughts of a possible [celebrity marriage](#), the [celebrity couple](#) are three years into their relationship. The couple made it through one of the hardest times of their lives together and are still going strong.

This celebrity divorce hit Blake Shelton hard. What are some steps you can take to recover after a tough break-up?

Cupid's Advice:

Break ups are one of the hardest things you go through in life. Through the pain, you have to find the light even if it takes some time. Cupid has some advice on how to recover after a tough break up:

1. Cry: Never ever be ashamed to cry! Man or woman, everybody has a heart and can have it broken. The best self therapy is to just let it all out. Whether it happens when you are in front of people or when you are alone, you will feel so much better. Holding back the tears won't help you because you aren't expressing how you feel. Building up emotions isn't healthy and can cause issues later.

Related Link: [Relationship Advice: Working Through Your Heartbreak](#)

2. Talk: Talking is another therapeutic way to help recover from a tough break up. Speak about what happened. It will only help ease the pain away. Say you accidentally spilled your coffee. Initially, in anger you say, "Darn! I spilled my coffee." As the day goes on, you soon lose the anger and when you explain what happened, the anger is no longer there. Speaking on what happened and repeating things somehow helps put your mind and in this case, your heart at ease.

Related Link: [Relationship Advice: I'm scared to Get Back Out There and Date!](#)

3. Go out: While we're not saying head out to the clubs or immediately sign up for speed dating, taking baby steps and enjoying yourself will help with recovery. Start small, like a movie date with friends or even by yourself. Surrounding yourself with loved ones always helps, but sometimes you just need to be alone. Dating yourself for a while is a great way to heal your broken heart. Sometimes simply taking yourself for ice cream can help.

How do you recover from a tough break up? Share below.

Celebrity News: How Blake Shelton's Divorce Led Him to True Love





By Rhodesia Williams

In [celebrity news](#), Blake Shelton found love after his [celebrity divorce](#). According to *EOnline.com*, Shelton went through a [celebrity break up](#) with wife, Miranda Lambert. While going through his divorce, fellow *The Voice* castmate, Gwen Stefani, approached him to let him know that she was also going through a tough time. Not too long after that, Stefani officially broke up with her husband of 13 years. At first, the [celebrity couple](#) say they didn't think anything of their support chats, however, that quickly changed. Before the couple realized it, they were dating. Although it was tough in the beginning, the new [celebrity couple](#) were able to get past the challenges and enjoy each other.

In celebrity news, Blake Shelton moved on from devastation to true love. What are some ways to know

you've found true love?

Cupid's Advice:

Falling in love is one of the most exciting yet nerve wracking things after a heartbreak. Besides coming down with constant cases of "the butterflies", Cupid has some advice on knowing if you've found true love:

1. You're glowing: Are the people around you noticing you with a particular glow? Glowing is good; sometimes we can't help it but people can tell when you are genuinely happy. From your attitude, the way you are beginning to carrying yourself, and that constant smile, you can't help it. While it seems embarrassing when people bring it up, own your glow!

Related Link: [Date Idea: Take a Trip Down Memory Lane](#)

2. Your missing piece: Do you feel like you've found the missing piece to your puzzle? Do you feel like your days are getting easier with your partner in your life? This is surely a sign that you have found love. When everything starts to make sense and naturally flow together, there is no other feeling like it. It's like a sigh of relief or a breath of fresh air. It seems like life has gotten easier and you're not hating it.

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3. For the better: Of course you're happy that you have found someone but is this person for the better? How does this person add to your life? While it is exciting to be in love, remember, the person you fall in love with needs to add to your life in some way. Maybe you can't go a day without speaking to them or you can't sleep without saying goodnight. Needing your love's presence is natural and a true sign of falling in love.

What are some ways you can tell that you have found true love?
Share below

Celebrity Couple News: Gwen Stefani & Blake Shelton Attend Wedding Together



By Rhodesia Williams

In [celebrity news](#), [celebrity couple Gwen Stefani](#) and [Blake Shelton](#) attended a wedding together this past weekend. According to *UsMagazine.com*, although Shelton, 41, was already

a part of the wedding, Stefani was nowhere near left out. She posted a video of the bridal party dancing to her song, "Hollaback Girl," on her Instagram. When on the *Ellen* show, Stefani, 48, said she always thinks about marrying Shelton. This celebrity relationship has been going strong since 2015. I guess we all want to know when this celebrity dating will turn into a wedding? Stay tuned!

This celebrity couple is just like us – attending weddings and dancing together. What are some ways attending a wedding can bring you closer as a couple?

Cupid's Advice:

Date nights are great, but attending special events like weddings helps you figure out just where your relationship is going. Cupid has some advice on how attending weddings can bring you closer as a couple:

1. Presentation: Weddings aren't like attending the annual 4th of July family BBQ. This event is family and friends seeing the two of you dressed to impress. People will see you as a real couple; your parents or even Nana may even ask, "So, when are you two tying the knot." When you get all dressed up, it just gives others another view of you and your partner. Embrace it! While it can be embarrassing at the moment, they just want the two of you to have your own special day like this one... until they get the bill that is.

Related Link: [Celebrity News: Blake Shelton Allegedly Throws Shade at Ex Miranda Lambert Via Twitter](#)

2. The talk: There you are, sitting at the table watching the

bride and groom dance their first dance. Right there in that moment you will think, “that will be us one day.” Eventually, you and your partner will have “the talk.” Weddings help you to see yourselves as the ones getting married, even though it is not your wedding. Talking about marriage is important because ultimately, that is why you date someone; to grow and build a future. While you shouldn’t force the issue, a light discussion to see where your partner’s head is at when it comes to marriage is a good idea.

Related Link: [Celebrity News: Blake Shelton Says It’s ‘So Fun’ Having Gwen Stefani’s Kids Around](#)

3. Fun: While it is natural to consider your own wedding, this is the time to still have fun. While you might take mental notes and may secretly be planning your own wedding in your head, remember to actually enjoy the wedding. When its time to dance, have fun. You and your significant other are dressed up and looking good. Dance the night away. Take pictures, participate in the dance contests, and you know there is always that one drunk person(s). There is plenty of time to plan your day, today isn’t the day. Have fun!

What are some ways you think a wedding could help bring a couple closer together? Comment below.

Celebrity Break-Ups: Evan & Staci Felker Were Trying to Have a Baby Before He Met

Miranda Lambert



By [Carly Horowitz](#)

In [latest celebrity news](#), Evan Felker went on tour with Miranda Lambert and never returned home to his wife, Staci Felker. According to [UsMagazine.com](#), Evan did not come home and did not answer Staci's calls. Then, she found out that Evan had filed for a [celebrity divorce](#) on February 16 from the local newspaper. Yet, we now have information that a source recently revealed the two were trying to have a baby right before he left to go on tour. Evan started dating Lambert in February while he was still married to his wife and while she was still dating [Blake Shelton](#). This relationship formed between Lambert and Evan effected many people!

This [celebrity break-up](#) is anything but a clean break. What are some ways to make sure your split lacks drama?

Cupid's Advice:

Clearly this situation at hand is very sticky. No one would want to be involved in something like that. Here are some tips on how to make sure your break-up isn't as crazy as this:

1. Be open and honest: If you are having feelings of doubt, tell your partner before it gets to a bad point. Hopefully your partner will understand and you two will be able to work from there. Before you break-up, make sure you say everything you have to say so that you two can go on with the rest of your lives drama-free.

Related Link: [Celebrity News: Blake Shelton Allegedly Throws Shade at Ex Miranda Lambert Via Twitter](#)

2. Remember that you are in control: If information keeps popping up after you and your partner break-up, remember that it is up to you if you wish to have it affect you or not. You can put energy into the drama or you can decide that you are better than that.

Related Link: [Celebrity Break-Up: Did Miranda Lambert and Anderson East Split?](#)

3. Try not to get other people involved: The more people that you let in on your business, the more potential there is for drama to occur. Deal with the situation with your partner and go from there.

What are some other tips on how to eliminate break-up drama?

Comment below!

Celebrity News: Blake Shelton Allegedly Throws Shade at Ex Miranda Lambert Via Twitter



By [Jessica Gomez](#)

In [celebrity news](#), Blake Shelton is feeling a way about his [celebrity break-up](#). According to [EOnline.com](#), Shelton went on a small rant on Twitter, one that looks to be aimed at his celebrity ex Miranda Lambert. The tweet read as follows: “Been

taking the high road for a long time.. I almost gave up. But I can finally see something on the horizon up there!! Wait!! Could it be?! Yep!! It's karma!!" Miranda has not yet responded to or spoke in respect to the tweet publicly. The former [celebrity couple](#) broke up earlier this month. Rumors circulated that it was due to Lambert cheating on Shelton with Anderson East. Ouch!

In celebrity news, Blake Shelton seemingly dissed his ex Miranda Lambert. What are some ways to fully move on from a bitter split?

Cupid's Advice:

Fortunately, there are many ways to cope and move on from a bitter break-up. Cupid has some love advice on specific things to do to help you move forward:

1. Travel: Go somewhere new. Breathe in that different, fresh air. Experience a new culture and atmosphere, away from where all the negativity in your life dwells. Traveling is good for the mind and soul. It is a wonderful experience. Go alone or go with friends. You're sure to have a good time when you plan properly.

Related Link: [Celebrity Break-Up: John Cena Sends Messages About the 'Worst Day Ever' Post-Split from Nikki Bella](#)

2. Find a hobby you love and stick to it: What better thing to get your mind off negative than to find something you love and do it often. It's also productive, and depending on what it is, can help you in different ways. Shape your life differently by doing things that benefit you. Don't be afraid to experiment.

Related Link: [Why Sam 'Sammi Sweetheart' Giancola Avoided 'Jersey Shore: Family Vacation'](#)

3. Care for yourself: Eat well, exercise, stay on top of hygiene, and make sure to relax mentally and physically. Self care and self love are very important. If you feel like you don't have either, take strides into changing that, and you will see the positive change in your life unfold right before you.

What ways have you moved on from a bad split? Share below!

Celebrity News: Blake Shelton Says It's 'So Fun' Having Gwen Stefani's Kids Around





By [Carly Horowitz](#)

In recent [celebrity news](#), [Blake Shelton](#) is loving the time he gets to spend with the three sons of his girlfriend, [Gwen Stefani](#). According to [UsMagazine.com](#), Shelton says “At this point in my life, I kind of had put [having kids] as like, ‘Well, that wasn’t meant to be.’ Then all of a sudden it happens – one way or another – and it’s like, ‘Wow, I really missed out on a lot.’” Stefani shares her three children with her [celebrity ex](#), Gavin Rossdale. It seems as if Shelton wouldn’t be opposed to having [celebrity kids](#) of his own with Stefani. But, a source shared with *Us Weekly* that, “Their feeling is if it happens naturally, great. But they’ve decided to not focus on it for the time being.” Nevertheless, Shelton is thoroughly enjoying having Kingston, Zuma, and Apollo Rossdale as a part of his life.

In celebrity news, Blake Shelton is relishing having his girlfriend’s

kids around. How do you know if your partner will be good with kids?

Cupid's Advice:

It is usually pretty clear that if your partner loves you and is just a caring and kind person in general, then they will be good with kids. But, here are some specific aspects that can really make it clear that your partner will be the perfect parent:

1. They take care of you when you're sick: Remember last year when you were in bed with the flu? Did your partner make you soup and hot tea while they rubbed your back? If they did, then that is absolutely wonderful and that shows that if you two care for children together, they will be just as caring to them.

Related Link: [Celebrity News: Gwen Stefani & Blake Shelton Go Fishing With Her Sons](#)

2. They are playful: It is always a good sign if your partner knows how to be fun and entertain children. It is even better if they exhibit the perfect amount of playfulness and seriousness throughout your relationship so you know that they have the ability to do the same with children.

Related Link: [Celebrity Couple News: Gwen Stefani Gushes Over 'Love' Blake Shelton](#)

3. They have had a dog: Children are just like dogs right? No, not quite. But if your partner has tasted the responsibility of watching after another living being, then that can attribute to them knowing how to handle the responsibility of having a kid. Overall, if your partner loves you and they

truly want to care for children with you, they will be an amazing parent.

What are some other signs that your partner will be good with kids? Comment below!

Celebrity News: Miranda Lambert Throws Shade at Celebrity Ex Blake Shelton With Key Lyric Change



By [Carly Horowitz](#)

[Celebrity news](#) reveals that Miranda Lambert still has some things to say in regards to her [celebrity ex Blake Shelton](#). According to [UsMagazine.com](#), during the opening night of her Livin' Like Hippies tour, Lambert deliberately changed the lyrics in her song "Little Red Wagon" from "I live in Oklahoma" to "I got the hell out of Oklahoma". We can infer that she did this because Oklahoma was where Lambert lived with her celebrity ex Shelton. Lambert is now in a [celebrity relationship](#) with musician Anderson East. Luckily, they seem to be happy with each other.

In this celebrity news, Miranda Lambert is moving on, even in her lyrics. What are some steps you can take to move on from your ex?

Cupid's Advice:

Moving on from your ex can be tough, especially because they used to be such a big part of your life. For some people, it's hard to get over that quickly. If you are one of those people, Cupid has some tips that can help you to move on from your ex:

1. Cut off contact: First and foremost, make sure that you have cut off all contact from your ex. Delete their number so you don't have the urge to text them. Don't spend time longingly stalking their Instagram page. It makes it so much harder to get over your ex if you're still in contact with them, because the whole point of trying to get over them means you are trying to get them out of your mind.

Related Link: [Celebrity Break-Up: Jack Antonoff Has Moved On After Split from Lena Dunham](#)

2. Make peace: Accept what happened. Truly accept it. Even if the relationship ended badly, try to be happy about the good experiences that you got from it. Be thankful that you had this time with this person. Then, accept that this chapter of your life is over and there are more amazing pages to turn in your book that will surprise you with further happiness and love.

Related Link: [Celebrity Break-Up: 'Bachelor in Paradise' Star Amanda Stanton Opens Up About Her Split from Robby Hayes](#)

3. Love yourself more: The perfect time to better yourself is when you are going through a break-up. Realize that you are amazing and begin to enjoy the time that you get to spend with yourself. Self-forgiveness is also very important to embrace during the time of a break-up. Relationships help us to uncover aspects of ourselves that we may not have shown before. Take time to examine some great personal achievements from this time. Maybe you got past your trust issues, or maybe you fell in love for the first time. Praise yourself for the accomplishments you made and don't forget to love yourself more than you ever loved your ex.

Have more tips on how to move on from an ex? Comment below!

Celebrity Baby-to-Be? Gwen Stefani & Blake Shelton Are 'Focused on Getting Pregnant'



By [Karley Kemble](#)

One of music's favorite [celebrity couples](#) is reportedly trying to grow their family! [Gwen Stefani](#) and [Blake Shelton](#) are eager to have a child together and are "hyper-focused on getting pregnant," an insider close to the duo revealed to [UsMagazine.com](#). Though Shelton has really hit it off with Stefani's three boys from her previous marriage to Gavin Rossdale, it has always been a dream for him to have kids of his own. If all goes according to plan, there should be another [celebrity baby](#) born by the end of 2018. Hopefully we'll be hearing good news from the couple soon!

There may be another celebrity baby on its way soon! What are some

things to consider before deciding to have a child?

Cupid's Advice:

Having children is a very serious responsibility, and it's clear that this celebrity couple is ready to tackle parenthood together. Cupid has some advice if you're still in questioning:

1. Assess your financial situation: There is a huge amount of time and financial responsibilities that come along with having a child. Thinking about them beforehand and having a realistic financial plan is crucial. You're committing to this kiddo for life, after all.

Related Link: [Celebrity Couple News: Gwen Stefani Gushes Over 'Love' Blake Shelton](#)

2. Evaluate your relationship: A child will shake up your relationship in the best way possible. It'll definitely change the norm of what you're used to, but if you have a strong relationship with you partner then it'll be a lot easier. Caring for another little human together should entirely excite you!

Related Link: [Celebrity News: Gwen Stefani & Blake Shelton Go Fishing With Her Sons](#)

3. Examine your inner readiness: The most important factor is knowing yourself. If you do not feel ready for parenthood, then you don't need to rush. Just make sure you aren't waiting for the 'right moment' – you could end up waiting forever!

What did you consider before having a child? Let us know!

Celebrity Exes: Miranda Lambert Didn't Want A Breakup Album About Blake Shelton



By [Marissa Donovan](#)

The last thing Miranda Lambert wanted to do was make her new album all about her split from [Blake Shelton](#). Although the former [celebrity couple](#) was married for four years, the country singer wanted to channel her softer side compared to the confident and bold persona she has in the music world. According to an interview with [Billboard.com](#), Lambert does share that her side of the break up is on the record, but it

showcases more vulnerability than just her break-up from Shelton.

This [celebrity break-up](#) has inspired the country singer to show a different side of herself. How can music help you after a breakup?

Cupid's Advice:

Music can be used to help the sting of a bad break-up. Here are some ways this creative outlet can help you after a breakup:

1. Try songwriting: Like any famous musician, let out your heartache by writing songs about what you're feeling. Not only will it help you express yourself, but you can also learn a new skill as well!

Related Link: [Celebrity News: Miranda Lambert's Boyfriend Anderson East 'Couldn't Be More Proud' After ACM's Wins](#)

2. Listen to your favorite songs: Go listen to your favorite records or play your Ipod for your favorite music. Try listening to your favorite sad songs first and then work your way to some happy music. This will gradually help you transition through a bad breakup.

Related Link: [Celebrity News: Gwen Stefani & Blake Shelton Joke About Her 'Makeout Playlist' on 'The Voice'](#)

3. Search for new music: The positive aspect of a breakup is that it allows you to have a fresh start. Finding new music from artist you've never heard before can help you move in a new mindset of who you want to be now that you're single!

Will you be listening to her new album in November? Let us

know in the comments!

Celebrity News: Gwen Stefani & Blake Shelton Go Fishing With Her Sons



By [Marissa Donovan](#)

[Gwen Stefani](#) and [Blake Shelton](#) spent quality time with the No Doubt singer's three sons. According to [UsMagazine.com](#), *The Voice* judges posted their family fishing trip on Snapchat. [Celebrity children](#) Kingston, Zuma, and Apollo were having a

fun day with their mother and Shelton. This [celebrity couple](#) enjoyed many sunset views and the excitement of one of the boys catching a fish. Looks like a fun summer day for this bunch!

This [celebrity news](#) has us convinced Gwen & Blake could go the distance! What are some ways to introduce your kids to your new partner?

Cupid's Advice:

Summer has many great opportunities to allow you to introduce your kids to your new partner. Here are a few fun filled ways that your new partner and kids can meet:

1. Take a trip to a water park: Let your children and new partner have a blast at a water park together! They can bond over slippery slides and splashing around in the cool water.

Related Link: [Celebrity News: Blake Shelton Spends Christmas Eve With Girlfriend Gwen Stefani & Her Kids](#)

2. Have a family picnic at the beach: Bring a cooler and sunscreen for a relaxing picnic at the beach. Your new partner can help you make sandwiches and extra snacks for a family meal that will hopefully bring you all together.

Related Link: [How Gwen Stefani & Blake Shelton 'Rescued Each Other' Post-Celebrity Divorces](#)

3. Watch a movie on the lawn: Get creative and use technology to your advantage this summer. Use a white bed sheet, laptop, and computer projector to create an outdoor movie screening for everyone to enjoy. Let your new partner and children pick

a movie that they both enjoy!

What other summer fun activities can allow your new partner and kids to bond over ? Let us know in the comments!

Celebrity News: Miranda Lambert's Boyfriend Anderson East 'Couldn't Be More Proud' After ACM's Wins



By [Delaney Gilbride](#)

In [celebrity news](#), Anderson East continues to be in awe of Miranda Lambert! According to [UsMagazine.com](#), East couldn't contain his excitement over the "Queen of County's" record-breaking eighth consecutive Female Vocalist of the Year Award win at the American Country Music Award's on April 2. East took to Instagram to congratulate Lambert's win writing, "Couldn't be more proud of this little lady and the amazing art she brings with her." The [celebrity couple](#) has been dating for over a year after Lambert's split from [Blake Shelton](#) back in 2015. Lambert also took home Album of the Year for *The Weight of These Wings*, which was inspired by her [celebrity break-up](#) from Shelton.

This duo clearly celebrates one another's accomplishments. What are some ways to show you're proud of your partner?

Cupid's Advice:

Watching your loved one succeed is the absolute best! What are some of the best ways to show your significant other how proud you are of them? Cupid's here to help you out with some [relationship advice](#):

1. Say it out loud: It seems simple but your loved one will appreciate it. You may assume your partner knows that you're proud of all that they do, but sometimes that isn't the case. Let them know how proud you are – say it again and again and again!

Related Link: [Celebrity News: Gwen Stefani & Blake Shelton Joke About Her 'Makeout Playlist' on 'The Voice'](#)

2. Cheer them on: Nothing says "I'm proud of you" more than being supportive of your loved ones actions. Be their

cheerleader! Attend the important things, pick them up when they're down, and most importantly, cheer them on when they need it the most!

Related Link: [Celebrity Wedding: Justin Theroux Says He and Jennifer Aniston Wanted Their Wedding to Be 'Peaceful'](#)

3. Show them: Ever heard the phrase "actions speak louder than words"? Show your significant other how proud you are of them by doing something about it. Whether you make a candlelit dinner at home or take them to their favorite place, show your loved one how proud you are of them by doing something for them.

Are you proud of your partners accomplishments? Comment below with how you show it!

Celebrity News: Gwen Stefani & Blake Shelton Joke About Her 'Makeout Playlist' on 'The Voice'





By [Mallory McDonald](#)

[Gwen Stefani](#) and [Blake Shelton](#) joke about aspects of their [celebrity relationship](#) in recent [celebrity news](#)! [UsMagazine.com](#) reported that the two were joking about Gwen's 'makeout playlist' on *The Voice*. "The conversation began after Hunter Plake, a contestant on the No Doubt singer's team, sang Foreigner's 1984 power ballad "I Want to Know What Love Is" in his Knockout Round performance." Gwen responded by saying, "You took a song that's actually on my makeout playlist." She received comments from all of her fellow judges including her boyfriend Blake who said, "I told you I knew that song."

This celebrity news has us chuckling. What are some ways to set the mood when you're looking for a romantic evening with your

partner?

Cupid's Advice:

Making your partner feel special often is important for a relationship to last long-term. Use these [dating tips](#) when planning a romantic evening for your partner:

1. Light candles: Candles while they may seem “basic” or “average” actually really provide the perfect lighting for an intimate [date night](#) that isn't as harsh as the bright overhead lights. They also let your partner know immediately the mood you are creating.

Related Link: [Celebrity Couple News: Gwen Stefani Gushes Over 'Love' Blake Shelton](#)

2. Drinks matter: A romantic evening calls for a more expensive drink selection for your partner. Take the time to find out their favorite wine or cocktail and go above and beyond to make sure every little aspect of the dinner caters to your partner's desires.

Related Link: [Celebrity News: Miranda Lambert Stuns at CMA's with Boyfriend Anderson East](#)

3. No electronics: If you are having a romantic date night with your partner, make sure both of you know there are no electronics during the date. No tv in the background, no internet and definitely nothing to do with your phones!

What did you do for your significant other to set the mood for a romantic evening? Comment below!

Celebrity Couple News: Gwen Stefani Gushes Over 'Love' Blake Shelton



By [Delaney Gilbride](#)

In [latest celebrity news](#), it looks like [celebrity couple](#) Gwen Stefani and Blake Shelton are still loving each other like teenagers! [Gwen Stefani](#), 47, couldn't contain herself when talking about her country-singer boyfriend and fellow coach on *The Voice*, [Blake Shelton](#), 40, during a [celebrity interview](#) on *Late Night With Seth Meyers* Tuesday, February 21st. According to [UsMagazine.com](#), when Meyers asked about Stefani's romance with the country star, she gushed: "It's so unbelievable. I love Blake. He's the most incredible guy. Everybody loves Blake and that's the thing, there's no way

around it. He's just a sparkly, happy, amazing person." The couple had met before working on *The Voice* in 2014 and have been dating since November 2015. Stefani is returning for the 12th season of the hit show and claims that she is determined to beat her beau this time, declaring: "He's in trouble this season!"

This celebrity couple is still very much in love. What are some out-of-the-box ways to show your partner your love?

Cupid's Advice:

If you're still head over heels for your longtime love like Gwen and Blake, you might want to shake things up a bit. Cupid's here to help you show your love in new ways with the latest [relationship advice](#):

1. Revisit your first date: There's nothing like going back to where it all began. Whether it was a restaurant, an art museum, or a simple walk in the park, revisiting the place you went for your first date is a great way to express your love for your partner! When the memories come flooding in, so will a newfound appreciation for your relationship.

Related Link: [Celebrity Couple Blake Shelton & Gwen Stefani Pack on PDA During Concert](#)

2. Write a love letter: The difference between a quick "I love you" text and a written letter expressing how much you appreciate your boo is staggering. It's been proven time and time again that people express the most gratitude when receiving something physically written than something typed. So, if you're truly looking for new ways to express your love, a written love letter is perfect!

Related Link: [Celebrity News: Blake Shelton Spends Christmas Eve With Girlfriend Gwen Stefani & Her Kids](#)

3. Unplug: One of the best ways to express your love for someone involves putting your phone away, shutting your laptop, and enjoying personal one on one time with them. Nothing says “I love you” more than truly listening and engaging in conversations with somebody you care about. If you want to show your love, you gotta be in the moment!

Are you in a long term relationship? Comment below with some fresh ways to express your love for one another!

Celebrity News: Blake Shelton Spends Christmas Eve With Girlfriend Gwen Stefani & Her Kids





By [Cortney Moore](#)

In exciting holiday-related [celebrity news](#), country singer [Blake Shelton](#) spent Christmas Eve with his girlfriend [Gwen Stefani](#) and her three children, Kingston, Zuma and Apollo Rossdale got. This is a serious move for the celebrity couple who has been together for over a year now. According to [EOnline.com](#), the platinum blonde songstress and her sons were treated to a private show by Shelton! Based on Stefani's *Snapchat* stories, the 40-year-old country heartthrob played guitar while accompanied by an accordion and a backing guitar. And it appears that Shelton's music was a hit since it got all three kids to dance around the living room! The festivities didn't end there, however. According to *E!*, the couple also enjoyed a family meal together alongside Stefani's father and siblings. This will surely be a Christmas Eve to remember for the [celebrity couple](#)!

In celebrity news, it looks like things are getting serious for this

famous couple! What are some ways to know whether it's the right time to bring your partner home for the holidays?

Cupid's Advice:

It's that time of year again! The holidays are in full force, and with that comes holiday outings. Your family will most likely expect to see you this year, but you also want to spend time with the person you love. An easy solution to this predicament is to invite your partner to your home, however, keep in mind that this should be done with care. Let Cupid help you figure out if it's the right time bring your loved one home for the holidays:

1. Consider the timing: Before you invite your loved one to your house for the holidays, you need to think of how long you've been together. Will your family appreciate this new addition to their gathering? Also make sure you've given your partner enough notice so they can figure out their plans, you could be pulling them away from their family's festivities.

Related Link: [Celebrity Couple Blake Shelton & Gwen Stefani Pack on PDA During Concert](#)

2. Let your family know: Surprises are nice and all, but most people don't enjoy having surprise visitors at their doorstep. Be considerate and let your family know you want to invite your loved one well before the holidays. Especially if you're not the head of the household. You want everyone to feel as comfortable as possible.

Related Link: [How Gwen Stefani & Blake Shelton 'Rescued Each Other' Post-Celebrity Divorces](#)

3. Introduce your siblings first: If your new beau hasn't met your parents yet, or anybody else important to your life-introducing them to a mutual party can be very helpful . Siblings are a great option since you can often get them to align themselves with you before the big meeting with your parents. This is a nice way to ensure a smooth holiday gathering.

Have you ever invited your partner to your family's holiday events? What was it like? Share your stories below!

Celebrity News: Miranda Lambert Stuns at CMA's with Boyfriend Anderson East





By [Mallory McDonald](#)

In recent [celebrity news](#), Miranda Lambert's [celebrity relationship](#) with Anderson East is heating up, and the two couldn't be more stunning! This year at the CMA's, Lambert killed the red carpet with East looking dashing next to her. [UsMagazine.com](#) reported that post [celebrity break-up](#) with her ex [Blake Shelton](#), she was really struggling, and like most artists she used her music to get through it. But now, Lambert is looking happier than ever with East, and they are becoming one of Hollywood's favorite couples! East and Lambert starting dating last winter and have been keeping their relationship low-key. However, the two killed the CMA's with coordinating outfits. " East was in a white dress shirt, black tie and black suit, and Lambert in a low-cut, black-and-sheer Georges Hobeika gown that showed off her tanned and toned figure, along with Monika Chiang heels, a Lee Savage clutch and jewelry by Hearts on Fire, Borgioni, Butani and Doves."

This celebrity news has us happy that Miranda Lambert moved on from Blake Shelton. What are some ways to know you're ready to move on after a split?

Cupid's Advice

Splitting up with someone who has been in your life for a long time is a difficult decision to make. Cupid is here to help you decide about the right time:

1. Silence: Sometimes it can be easy to say a relationship is over when there is a lot of fighting and screaming going on. While fighting isn't necessarily a good thing, when a relationship becomes silent and there is no longer any communication, this can be the clearest indicator it is over.

Related Link: [Celebrity Couple Miranda Lambert & Anderson East Talk Marriage and Kids](#)

2. Constant contest: When the relationship is getting to its end, it can be easy to see that you both don't agree on anything. If you can never come to an understanding or meet half way on issues, the relationship may need to end.

Related Link: [Relationship Advice: Prepare For The Unexpected Love Like Blake Shelton & Gwen Stefani](#)

3. Depressed: If you are not happy in your relationship anymore and it is leaving you both feeling drained and depressed, staying in the relationship is only making it worse for both of you.

When did you know you were ready to move on post-split? Comment below!

Celebrity Couple Miranda Lambert & Anderson East Talk Marriage and Kids



By [Mallory McDonald](#)

Sparks are flying between [celebrity couple](#) Miranda Lambert and Anderson East. The two have even been discussing a [celebrity wedding](#) and possibly [celebrity kids](#) in the future! According to [EOnline.com](#), a source recently revealed, “She wants to get married again and have children soon. That has been an open conversation between her and Anderson. He wants the same.” After her rocky divorce from country star [Blake Shelton](#),

Lambert is finally feeling settled and happy again. The same source shared, "Miranda is very happy with Anderson. They have gotten very close. Her friends think this is the guy for her." Lambert's relationship with Shelton was nothing short of troubled, and we learned, "She is completely over Blake and wishes him only the best. It was a time in her life that was special, but she's happy that relationship took her to where she is now."

This celebrity couple is moving on to the next level in their relationship. How do you know when to broach the topics of marriage and kids with your partner?

Cupid's Advice:

Deciding to take that next step in a relationship can be exciting and terrifying all at the same time. Cupid is here to help decide when to bring marriage and kids up to your partner:

1. Strong & steady: If you have been in a long term relationship with someone and the relationship is only getting stronger as it goes, this can be a clear indicator that you are ready for more commitment.

Related Link: [New Celebrity Couple Miranda Lambert & Anderson East Spend the Weekend Making Music](#)

2. Subtle hints: When you are finding yourself or your partner slowly dropping hints pertaining to marriage or kids, take control and don't be afraid to have the conversation. It can be hard choosing to discuss such life changing things, but you don't want to miss the opportunity.

Related Link: [Celebrity Couple Blake Shelton & Gwen Stefani Show Their Love at Billboard Music Awards](#)

3. Easy going: As the relationship progresses, if it feels like it is getting easier as time goes on because you understand the person and have good communication, make that next step!

How did you bring up the subject of marriage and kids in your relationship? Comment below!