

Celebrity News: 'BiP' Star Caelynn Responds to Blake Releasing Their Texts



By Ashley Johnson

In a celebrity interview with *UsMagazine.com*, *Bachelor in Paradise* star Caelynn Miller-Keyes opened up about the scandalous text messages between her and Blake Horstmann. She says she thought that she and the reality TV star were on the same page and explains how mortified she feels.

In celebrity news, the *Bachelor*

drama is heating up! What are some ways to make sure you're on the same page with a potential partner before getting involved?

Cupid's Advice:

Not all couples are perfect (not even [Hollywood relationships](#)). Sometimes people are on the same page, and other times they are on completely different books. Since budding relationships can be confusing sometimes, Cupid has some [relationship advice](#) on how to make sure you're on the same page with a potential partner before getting involved:

1. Communicate: In every and any relationship communication is necessary. By having frequent and honest conversations with each other, you and your partner can learn more about each other and each other's feelings, thoughts, intentions, and so much more.

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2. Share goals: In your honest conversations with your partner you should also be sharing your goals with them. Their goals do not have to be the same exact as your own, but they do have to be similar. For example, you both may have completely different career goals, but it is important that your romantic goals are the same, in that they want the same thing as you out of the relationship.

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3. Prioritize: Relationships can be a big commitment and it can be tricky trying to prioritize them at times with busy

schedules, and lives in general. Sometimes people are ready to make that serious commitment, and sometimes they are not. Check in with your partner to understand all their priorities and see how much of a commitment they can, or are willing, to make to you and the relationship.

Can you think of any other ways to make sure you're on the same page with a potential partner before getting involved? Let us know in the comments below!

Celebrity News: 'BiP' Star Blake Horstmann Releases Texts with Caelynn Miller-Keyes After Intimate Night





By Ashley Johnson

Bachelor in Paradise star Blake Horstmann has proven that he is not afraid to share the most intimate details of his romantic life with the world. According to *UsMagazine.com*, just a few days ago, the reality TV star revealed scandalous text messages sent from Caelynn Miller-Keyes on his Instagram story and has gotten backlash ever since.

In celebrity news, things are being clarified after the drama with Blake and Caelynn was shown on the first episode of *Bachelor in Paradise*. What are some reasons to keep your intimate life private?

Cupid's Advice:

Not everyone has the luxury of keeping their relationships

private (especially [celebrity couples](#)), but if you do have the choice, Cupid has some [relationship advice](#) on reasons to keep your intimate life private, unlike Blake Horstmann and Caelynn Miller-Keyes:

1. Too many opinions: Everyone is going to have an opinion about your relationship whether you like it or not. A lot of those opinions will be unsolicited and can be detrimental to your relationship if you dwell on them. However many opinions people may share on the Internet or social media, no one will ever know the facts of the relationship simply because they are not in it, only you and your partner are.

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2. Social pressure: Social media allows you to share the version of yourself you want to share with the public, and never all versions of yourself. This being said, your followers and subscribers only see one version of your relationship with your partner, which can put pressure on you to only show the best parts of your relationship rather than the worst. Having to live up to a certain standard for your relationship can be exhausting and strain your relationship if you start doing more things to *look* happy in your relationship and less things to *be* happy in your relationship. It's more important to be present in your relationship rather than get lost in your relationship's social media presence.

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3. Safety: By making your relationship public, you could be letting in the wrong people. [Hollywood relationships](#) are often subject to aggressive paparazzi and stalkers. While you may not necessarily be swarmed by paparazzi everyday, you are still subject to others having too many intimate details about your relationship. This includes jealous exes, or other people

who may not wish the best for you and your partner. When the wrong people know the whereabouts of you and your partner at all times, it only gives them the opportunity to troll you, making you feel the opposite of secure in your relationship, and at times unsafe.

Can you think of any other reasons to keep your intimate life private? Let us know in the comments below!

Celebrity News: 'Bachelorette' Star Blake Horstmann Talks Moving On After Becca Kuftrin Split





By [Mara Miller](#)

In the latest [celebrity news](#), *Bachelorette* alum Blake Horstmann has had a hard time moving on from Becca Kurfin since she broke his heart when she sent him home. According to *UsMagazine.com*, the most recent season finale of *The Bachelor* brought back memories for Blake after Colton Underwood ended his relationships with Hannah and Tayshia. Horstmann has now moved on, and even considers Garrett Yrigoyen a close friend despite his engagement to Kufrin

In celebrity news, Blake Horstmann didn't have an easy time moving on after his split from Becca Kufrin. What are some ways to cope with a broken heart?

Cupid's Advice:

Heartbreak isn't easy, but here are a few ways you can cope with heartbreak:

1. Spend time with friends: Your friends—the close ones—are your number one support network after a heartbreak. Go see a movie, get ice cream, lobster and steak—whatever strikes your fancy with your besties. It's a way to take your mind off the heartbreak and to try to gather a sense of normalcy.

Related Link: [Celebrity News: 'Bachelor' Colton Underwood Calls Cassie Rudolph His 'Future Fiancee' After Whirlwind Reconciliation](#)

2. Stay in the present: Don't focus on the past. What happened happened, and there is no way for you to change it. All you can do is live in the present and focus on yourself. If you let yourself continuously dwell in the past you will never be able to move on.

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3. Practice self-love: Make sure you're eating right and getting enough sleep. It can be easy to neglect taking care of yourself while you're going through heartbreak. You need to learn to love yourself again. It's not easy, but if you're patient with yourself, you can get through it.

What are some other ways to deal with heartbreak? Let us know in the comments below!