

Beauty Tips: The Ins and Outs of Hair Removal



Let's be honest; not all of us are blessed with perfectly smooth skin. Some of us may have rough-looking skin due to acne scarring, while others may have hyper-pigmentation and dark spots. There are also those of us who may have unwanted hair on certain areas of our body. These things, especially follicular growth, can be treated. But, there are so many ways to get rid of unwanted hair that it can be confusing to choose which one to opt for when deciding to get rid of excess hair growth.

There are currently three very popular hair removal methods. Read on to see the pros and cons for each method and see which beauty tip might work best for you.

Laser Hair Removal

This method works by using a laser to inhibit hair growth. Hairs that get targeted by the laser fall out in a span of a few weeks.

[Laser hair removal](#) might be the best choice of weapon in fighting unwanted hair since it doesn't take long for the results to be permanent. It's also great for people who have sensitive skin, since it does not result in razor burn or a raw feeling after waxing or shaving.

The only down sides of this method are that the procedures can be pricier than traditional hair removal methods, and treatment usually requires multiple visits in order to get the desired results. Some skin tones and hair colors do not lend themselves well to laser hair removal, since lasers target the melanin in the hair.

Professional Waxing

Professional waxing basically involves hot wax being applied to the desired area and pulling it away from your skin, bringing unwanted hair follicles along for the ride. There are many different kinds of waxes and the methods differ ever so slightly, but the process remains the same—hair removal via wax.

Waxing can be your go-to method, especially if you are pressed for time and are looking for a cheaper, but still effective

option. Using this method also helps you avoid the nicks and cuts that usually accompany shaving. And, since the hairs get pulled out, root and all, they take a longer time to grow back, usually between two to six weeks.

While waxing can be effective, there are also some drawbacks to this method. For one, it can be painful, although it becomes more tolerable over time. Waxing can also result in ingrown hairs.

Shaving

Shaving is probably the simplest way to remove unwanted hair. Simply take a razor and some shaving cream and go to town with it! This method is most effective on underarms and legs.

Shaving is also very inexpensive and can be done by anyone with good motor skills. There are also certain shaving creams that make the process a lot easier and help moisturize the skin.

But, because razors only deal with the part of the follicle that is on the skin's surface, you can expect that the hair will grow back. If you opt to shave your bikini area, expect some slight discomfort due to the blunt hairs that are growing back. You might also experience razor burn, cuts and nicks, and ingrown hairs after multiple bouts of shaving.

What are some other methods to get rid of unwanted hair? Share your comments below.