

# Celebrity Baby News: 'Bachelor in Paradise' Contestant Krystal Nielson Is Pregnant with First Child



By Nicole Maher

In the latest [celebrity news](#), former *Bachelor in Paradise* contestant Krystal Nielson revealed that she is expecting her first child with boyfriend Miles Bowles. According to *UsMagazine.com*, Nielson revealed the couple is expecting a [celebrity baby](#) in a video posted to YouTube. Nielson and Miles made their relationship official this past October following Nielson's split from her husband Chris Randone. Nielson and Randone had been married for roughly eight months before their deciding to separate.

**In celebrity baby news, *BIP* star Krystal Nielson is pregnant with her boyfriend of eight months. What are some ways to prepare a newer relationship for a baby?**

## **Cupid's Advice:**

Having a child can be a large adjustment for any relationship, especially one that is relatively new. If you are looking for some ways to prepare a newer relationship for a baby, Cupid has some advice for you:

**1. Balance responsibility:** There is a lot of planning and preparation that comes with expecting a child. Be sure that these responsibilities are balanced between you and your partner. While one of you may be responsible for getting the nursery ready, the other may take on the task of baby-proofing the kitchen. Balancing these types of responsibilities is a great way to get both of you involved and excited about the child you are having.

**Related Link:** [Celebrity News: New 'Bachelorette' Tayshia Adams Defends Contestants After Taking Over for Clare Crawley](#)

**2. Discuss expectations:** Having a child can drastically change the dynamic of a relationship, so discussing future expectations is a must. Topics such as child care plans, living situations, and the future of your relationship are important to have early on to avoid conflict later. If you and your partner have different expectations, find ways to work through them and compromise for the benefit of your future child.

**Related Link:** [Celebrity News: DeAnna Pappas Hints At Clare Crawley's Relationship Status with Dale Moss](#)


**3. Continue relationship growth:** Even though you may be focused on preparing for your child, it is still important to prioritize the growth of your relationship. Continue to go on dates and spend time together that does not revolve around child-preparation activities. This will show your partner that you view them as equally important to your future child and get them excited about becoming a family!

**What are some other ways to prepare a newer relationship for a baby? Start a conversation in the comments below!**

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# Celebrity News: 'Bachelor' Nation's Dean Unglert & Caelynn Miller Keyes Reveal Why They Wear Commitment Rings



 By Alycia Williams

In latest [celebrity news](#), [reality TV star](#) Dean Unglert and Caelynn Miller Keyes revealed why they wear commitment rings. According to *UsMagazine.com*, Unglert and Miller Keys feel like they don't have to be married to be committed to one another. "Here's the thing, in my opinion, I don't need to title of husband to show the world that I'm committed to one person, and so the fact that I'm wearing the ring is showing just that," Unglert said.

**In celebrity news, these two lovebirds wear commitment rings to show their love for one another. What are some other ways to show your commitment to your partner?**

## **Cupid's Advice:**

When you're in a relationship, it's important to show you're commitment to one another in order to move further into the relationship. If you're are looking for ways to show your partner that you are committed, Cupid has some advice for you:

**1. Move in together:** Nothing says “I’m committed” more than asking your partner to move in with you. It shows that you want to be around your partner as much as possible. It’s such a big step in any relationship.

**Related Link:** [Celebrity Couple News: Ariel Winter Reveals She’s Living with Boyfriend Levi Meaden](#)

**2. Bring them around your family more often:** You never want to bring someone around your family that your not serious about. Consistently bringing your partner around your family shows your partner and your family that interested in a long term relationship.

**Related Link:** [Celebrity Couple News: Nick Jonas Pays Tribute to Priyanka Chopra on 1st Wedding Anniversary](#)

**3. Make a grand romantic gesture:** Sometimes you have to make things really obvious that your committed, and that causes for something big. Whether it’s a getaway vacation, a surprise birthday party, or a marriage proposal (if you’re ready), it’s sure to tell your partner you’re committed.

What are some more ways to show your commitment to your partner? Start a conversation in the comments below!

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## Celebrity News: Clare Crawley Is Announced as Season 16 ‘Bachelorette’



By [Hope Ankney](#)

In the latest [celebrity news](#), a [Bachelor](#) alumnae was announced as the new Season 16 [Bachelorette](#)! According to [UsMagazine.com](#), Clare Crawley is officially continuing her journey to find love. The 38-year-old [reality star](#) revealed herself on *Good Morning America*, stating she had only found out two days prior. She told Lara Spencer, “[It was] So unexpected. I cannot believe it. I mean, six years later. What is happening?” Crawley makes history being the oldest *Bachelorette* to lead the show. Rachel Lindsay was previously the oldest with her season when she was 32. Crawley made her first appearance in 2014 on Juan Pablo’s season and is famously known for telling him off when he didn’t propose to her. She went on to join the franchise three more times with [Bachelor in Paradise](#) and *The Winter Games*, where none of her relationships kept a spark.

## **In celebrity news, there’s a new *Bachelorette* in town! What are some unique ways to go about finding love?**

### **Cupid’s Advice:**

Finding love in this modern dating scene can seem almost impossible. With the many dating apps, the insensitivity that’s come with technology and social media, and knowing that traditional ways of finding love are sometimes too unrealistic to play out, it can look pretty bleak out there for all the single folk. But, there are still some unique ways to find love that doesn’t rely on apps or constant worrying over social media. You might not get the opportunity to land yourself on a reality show to find love, but Cupid has some [love advice](#) on original ideas on finding love yourself:

**1. Ask your friends for set-ups:** I know that blind dates can seem terrifying and over-dramatized in film and media, but

bringing back this model of finding others can actually work to your advantage. In fact, most young people do find love interests based on their friends. So, if you want to shoot your shot and trust a friend, ask them to help set you up with someone they know. Don't give them any pressure! Just tell them that you're open to anyone new, so they aren't stressed to find you the perfect date.

**Related Link:** [Celebrity Wedding: 'Bachelorette' JoJo Fletcher & Jordan Rodgers Get Engaged ... Again](#)

**2. Live your life for you:** When you begin to start getting to know all the facets of who you are, and you live for yourself and no one else, you'll go down a healthy life path. Doing what is right for you means you will be around jobs, places, and near people who further align with your life plan. You'll have a much better chance of meeting a soulmate because they will also have a similar life path.

**Related Link:** [New Celebrity Couple: 'Bachelor' Kaitlyn Bristowe & Jason Tartick Announce Relationship](#)

**3. Use Uber as often as possible:** Not technically a social media, this ridesharing service can actually connect you with others you might never meet elsewhere. When you choose the option to UberPool, you are meeting new people that you could have a connection with. It's like a sort of speed dating that can end the moment you arrive at your location.

**What are some unique ways you've found love? Let us know in the comments below!**

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# Celebrity Break-Up: 'Bachelor in Paradise' Couple Demi Burnett & Kristian Haggerty Split



By [Ahjané Forbes](#)

In [celebrity news](#), *Bachelor In Paradise's* Demi Burnett announced her [celebrity break-up](#) from Kristian Haggerty this Halloween. The [celebrity exes](#) haven't posted a photo together since September 19th on their social media pages. According to *UsMagazine.com*, Burnett came out on the reality TV show and revealed that she had been dating Haggerty back home. The [reality TV star](#) wrote on Instagram, "... We will forever be proud of the impact our love story has made and we hope it has helped others feel more accepted and confident within themselves. We hope it reminded others they aren't alone and don't need to be ashamed of who they are."

**In celebrity break-up news, another 'BiP' couple has called it quits. What are some ways to announce your split to family and friends?**

## Cupid's Advice:

Announcing a break-up can be hard. There's never a right time or place to tell someone that you are done with your relationship. This is not something you can get perfectly right. Cupid has some advice on how to tell your family and

friends that you are no longer dating your partner:

**1. Break the news when you're ready:** Just because you guys broke up two days ago does not mean that you have to tell the world that you guys are no longer together. Give yourself some time to come to terms with it and then tell your family and friends.

**Related Link:** [Celebrity News: Jenna Dewan Opens Up About Love, Divorce and Healing in New Book](#)

**2. Tell them in person in an intimate setting:** Talking to someone face-to-face can show you the emotions that they feel by the reaction that they give you. It's easier to open up about pressing topics and issues when you're in front of someone. Try rehearsing what you're going to say before you say it. Talking to someone about your break-up can also bring you comfort if you are sad. This will help release some of the pain that she might be feeling at this time.

**Related Link:** [Celebrity Divorce: Adele Files for Divorce from Simon Konecki](#)

**3. Ask for some space:** You'll need some time to process all of this. Having people tell you what you should and shouldn't do is not going to make the situation better. Tell them the truth about how you feel, but ask for your privacy at this time. When you're ready to have an in depth conversation about with the situation, let them know.

**What are some ways you told your family and friends that you are now single? Let us know your experiences in the comments below!**

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# Celebrity News: BiP's Demi Burnett Responds to Kristian Haggerty Split Rumors



By [Meghan Khameraj](#)

In [celebrity news](#), *Bachelor in Paradise* star Demi Burnett responded to rumors that she and her fiancée, Kristian Haggerty, have broken up. Burnett revealed to [UsMagazine.com](#), “I mean in the most respectful way – it’s nobody’s business how our relationship works. We both have so much going on right now.” Burnett did emphasize that the [famous couple](#) is happy, but taking their time with the wedding planning. This [celebrity relationship](#) has caught the attention of many, especially after the dual proposal featured on *Bachelor in Paradise*.

**In celebrity news, this couple is still engaged and going strong. What are some ways to keep outside parties from affecting your relationship?**

## Cupid's Advice:

Demi Burnett and Kristian Haggerty finally broke their silence on breakup rumors. Though the celebrity couple is still happily engaged, Brunett revealed that they like to keep their relationship private. Cupid has some [relationship advice](#) to help you keep outside parties out of your relationship:

**1. Keep it private:** The easiest way to keep outside parties out of your relationship is by keeping your relationship on the down-low. This will help you avoid any rumors as people won't have any information to base rumors on. They will also have less content to judge or ask questions about.

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**2. Answer necessary questions:** Sometimes it's difficult to keep a meaningful relationship hidden from those who you love and care about. If your family and friends are inquiring about your relationship or seem to get involved too often, try to soothe their curiosity by answering their questions. However, if you feel as though a question is too invasive, you should not feel as though you must answer it.

**Related Link:** [Celebrity Baby News: Lauren Conrad Welcomes Baby No 2 with Husband William Tell](#)

**3. Tell them to stop:** If you've tried several methods to get people off of your back about your relationship and they persist, you should be brutally honest and tell them to stop. Sometimes people only understand when they are blatantly told something. Try not to be rude when you tell them, but be sure to be stern in what you're saying.

**What are you willing to give up for your partner? Let us know in the comments below!**

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# Celebrity Wedding: 'Bachelor

# in Paradise' Stars Demi Burnett & Kristian Haggerty Are Engaged



By Meghan Khameraj

In [celebrity news](#), *Bachelor in Paradise* [celebrity couple](#), Demi Burnett and Kristian Haggerty are engaged. The couple proposed to each other during the September 10th episode of *Bachelor in Paradise*. It hasn't always been smooth sailing for the couple. The [celebrity relationship](#) faced criticism when Burnett was accused of pre-planning Haggerty's arrival on the show. Burnett then denied the claim. The celebrity couple has also faced some trusts issues when both felt as though the other was interested in or flirting with other people. However, they've since worked through those issues and are looking forward to celebrating their new engagement.

## **This celebrity wedding comes after Demi Burnett came out on national television. What are some benefits to being yourself when going into a relationship?**

### **Cupid's Advice:**

Demi Burnett and Kristian Haggerty are happily engaged! Though there was backlash in regards to Burnett's sexuality, she was still able to find love in spite of that. Being yourself leads to an open and honest relationship, but that isn't all! Cupid

has some tips on the benefits of being yourself when going into a relationship:

**1. You'll feel closer to your partner:** If you're open and honest about who you are off the bat then you can avoid any awkward conversations in the future with your partner and you'll be able to act like your natural self around them.

**Related Link:** [Celebrity News: Former 'Bachelor' Contestant Kirpa Sudick Squashes Cam Ayala Dating Rumors](#)

**2. You'll be happier:** Hiding things seldom makes us happy. Once your partner knows about the things you may be tempted to hide, then you won't have to stress about them finding out. You can focus on building other aspects of your relationship knowing that the foundation was built on solid ground.

**Related Link:** [Celebrity News: Hayden Panettiere Spotted Holding Hands with Boyfriend Brian's Brother After Drama](#)

**3. You'll know it is true love:** What's the point of being in love if you have to act like someone you're not? You can't be in true love if you're continuously hiding who you are from the person you love. You will be able to rest easily knowing that your significant other loves you in spite of the things you may feel like you need to hide.

**Do you think it's important to be yourself in a new relationship? Let us know in the comments below!**

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**Celebrity News: Former**

# 'Bachelor' Contestant Kirpa Sudick Squashes Cam Ayala Dating Rumors



By [Hope Ankney](#)

In [celebrity news](#), former [Bachelor](#) contestant, Kirpa Sudick, is dismissing rumors of dating [Bachelor in Paradise](#) alum Cam Ayala. *Bachelor Nation* began speculating a potential spark between the two when Sudick took to Instagram to upload a post in dedication to Ayala's birthday. Ayala had commented underneath the post saying, "ILYSM" alongside a heart emoji and an angel emoji. According to *UsMagazine.com*, the reality star squashed the rumors by stating, "We are just friends and not dating! I've just been very lucky to have met so many great people through *The Bachelor!*"

**In celebrity news, Kirpa Sudick is not dating Cam Ayala after all. What are some ways to tastefully let people know you are not dating someone?**

## **Cupid's Advice:**

Just like celebrities, sometimes we can post something on our social media that tend to look different than how we intended. But unlike them, we can't go to a news source and dismiss these relationship rumors. Instead, we have to think up ways to tastefully let others know we're not dating someone without

looking too defensive. If you're in this predicament, and you don't know how to go about squashing dating rumors, don't worry! Cupid has you covered with our [love advice](#) on how to nicely let others know you're not dating this person:

**1. Be playful:** Sometimes, having fun with the situation can be a good way to let others know it doesn't bother you before you let them know you guys aren't dating. If both you and the other person are game, it can be funny to be playful and pretend like you are dating. Be over-dramatic with the idea, posting mushy comments, creating your own 'ship' name, taking ridiculous photos together, etc. By doing this before coming clean that you both aren't dating, it can let people know that none of it bothered you, and it wasn't a big deal!

**Related Link:** [Celebrity News: 'The Bachelor' Star Tia Booth Has a New Boyfriend](#)

**2. Be kind:** This might seem like an obvious answer, but there are ways you can dismiss dating rumors that are much harsher than you meant them to be. Try and be as kind as possible when letting others know you aren't dating someone. Saying something rude or condescending can make you look bad when someone was just curious about the situation. So, try and be as polite and friendly as you can when letting others know so you don't look like a ticking timebomb anytime something false is said about you!

**Related Link:** [Celebrity News: 'BiP' Star Caelynn Responds to Blake Releasing Their Texts](#)

**3. Be direct:** Perhaps, the best way to be tasteful is to just be honest about it. Being direct doesn't have to be harsh, and it can stop speculation quickly. Simply explain away the idea that you and the person are dating and then say nothing else on the matter. By facing the situation head-on and refusing to talk about it further, it can be an easy and effective way of stopping the rumors from circulating.

Do you have any tips for tastefully letting others know you aren't dating someone? Sound off in the comments!

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## Celebrity News: Cassie Randolph Defends 'Bachelor' Colton Underwood After He's Deemed a Bad Kisser on 'BiP'



By [Katie Sotack](#)

Reality TV show [Bachelor in Paradise](#) brings all the drama. This Monday, Colton Underwood came under attack for his less than par kissing abilities. Cassie Randolph hopped to her man's defense with a tweeted gif of the two locking lips and the caption, "Kiss me dammit you good kisser you". According to [EOnline.com](#), Derek Peth posed the question to the *BiP* girls about their worst kissing experiences. Sydney Lotuaco, Caitlin Clemmens, and Tayshia Adams all agreed Underwood's skills could use some work.

In [celebrity news](#), Cassie Randolph is standing by her man's kissing skills. What are some ways to learn how to kiss better?

Cupid's Advice:

The date's going really well, and you can see a future with this one. They're attractive, smart, and hilarious, but then the end of the night comes. They lean in for you, and you find that they kiss with all tongue and teeth. Fear not! All that first date potential isn't wasted on your ideal partner's worst kiss. Here are some ways to improve:

**1. Take cues:** Your partner will kiss how they want to be kissed. Note the subtle movements of their lips and tongue and whether they apply a lot of pressure or a delicate touch. Take cues from their style, body language, and sounds on whether or not you could up your game.

**Related Link:** [Celebrity News: 'BiP' Star Caelynn Responds to Blake Releasing Their Texts](#)

**2. Use bodies:** A great kiss should inspire your whole body, not just your mouth. Use your physical being to your advantage by working in hands. Grip their waist, tangled their hair, cup their face, etc. There's a million and one ways to set your partner's nerve endings on fire, the lips are only one aspect.

**Related Link:** [Celebrity Break-Up: 'Bachelorette' Alum Jordan Kimball is Using Dating App After Split from 'BIP' Love Jenna Cooper](#)

**3. Avoid repetition:** It may be tempting to stay in on place when your nervous for a kiss, but make sure to spice it up. Move your head and hands to create an unexpected experience for your partner. Great kisses are all about surprises.

**What's your go to kiss move? Share in the comments below!**

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# Celebrity News: 'BiP' Star Caelynn Responds to Blake Releasing Their Texts



 By Ashley Johnson

In a celebrity interview with *UsMagazine.com*, *Bachelor in Paradise* star Caelynn Miller-Keyes opened up about the scandalous text messages between her and Blake Horstmann. She says she thought that she and the reality TV star were on the same page and explains how mortified she feels.

**In celebrity news, the *Bachelor* drama is heating up! What are some ways to make sure you're on the same page with a potential partner before getting involved?**

## **Cupid's Advice:**

Not all couples are perfect (not even [Hollywood relationships](#)). Sometimes people are on the same page, and other times they are on completely different books. Since budding relationships can be confusing sometimes, Cupid has some [relationship advice](#) on how to make sure you're on the same page with a potential partner before getting involved:

**1. Communicate:** In every and any relationship communication is necessary. By having frequent and honest conversations with each other, you and your partner can learn more about each other and each other's feelings, thoughts, intentions, and so

much more.

**Related Link:** [Celebrity News: Brooks Laich Says He's Proud of Wife Julianne Hough For Saying She's 'Not Straight'](#)

**2. Share goals:** In your honest conversations with your partner you should also be sharing your goals with them. Their goals do not have to be the same exact as your own, but they do have to be similar. For example, you both may have completely different career goals, but it is important that your romantic goals are the same, in that they want the same thing as you out of the relationship.

**Related Link:** [Celebrity News: Shia Labeouf & FKA Twig's Relationship Is On Hold](#)

**3. Prioritize:** Relationships can be a big commitment and it can be tricky trying to prioritize them at times with busy schedules, and lives in general. Sometimes people are ready to make that serious commitment, and sometimes they are not. Check in with your partner to understand all their priorities and see how much of a commitment they can, or are willing, to make to you and the relationship.

**Can you think of any other ways to make sure you're on the same page with a potential partner before getting involved? Let us know in the comments below!**

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# **Celebrity Baby News: Jade Roper & Tanner Tolbert Reveal**

# Baby Boy's Name

By [Bonnie Griffin](#)

In the latest [celebrity baby news](#), *Bachelor in Paradise's* Jade Roper and Tanner Tolbert share their baby boy's name two days after his emergency home birth. On August 1, Roper revealed her baby's name on Instagram saying, "Say hello to Brooks Easton Tolbert!" According to *UsMagazine.com*, this [celebrity couple](#) welcomed their baby boy into the world on July 29th at their home.

**In celebrity baby news, Jade & Tanner finally revealed their newborn son's name. What are some ways to compromise with your partner on baby names?**

## **Cupid's Advice:**

When your expecting a child one of the hardest decisions to make can sometimes be coming up with a name you and your partner agree on. It's an important decision, and one you cannot change once it's been made. It can often mean compromises on both sides to come to an agreement. Cupid has some advice on ways to compromise with your partner on baby names:

**1. Create a list:** You and your partner can begin by each creating a list of baby names that you like. Compare your list and pick out any names you both put down. From there, you can work through the names each of you like to make your decision.

**Related Link:** [Celebrity Parents: Former 'Bachelor' Arie Luyendyk Jr. Calls Wife Lauren the 'Hottest Momma'](#)

**2. Family names:** Family names can often be a sticking point when one of you has a name you are set on passing down to your child. If one of you has a family name you really want to use consider using it as a middle name as a compromise. This way the name gets incorporated without being the name used for your child every day.

**Related Link:** [Royal Celebrity Parents: Meghan Markle & Prince Harry Are 'Enjoying Each Day' with Baby Archie](#)

**3. Find a common theme:** If you are having trouble narrowing down a name, start with coming up with a theme you both agree on. Maybe you both know you want a unique name, or you can agree you want your baby to have a traditional name. It isn't the final name but it is a good starting point that can help you get there and come up with a name you can both agree on.


**What are some ways you would compromise with your partner when choosing your baby's name? Let us know your thoughts in the comments below.**

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**Celebrity Wedding: 'Bachelor in Paradise' Couple Raven Gates & Adam Gottschalk Are**

# Engaged



 By Bonnie Griffin

In the latest [celebrity wedding news](#), *Bachelor in Paradise* couple Raven Gates and Adam Gottschalk are engaged. According to *UsMagazine.com*, the [celebrity couple](#) announced their engagement June 2nd when Gates shared photos of the proposal on her Instagram. The romantic proposal took place in Dallas, where Gates can be seen wiping away a tear when Gottschalk gets down on one knee on top of a high rise building.

**There's another *Bachelor* celebrity wedding on the horizon! What are some ways to announce your engagement to family and friends?**

## **Cupid's Advice:**

Engagements happen in an infinite number of ways, from the classic proposal where someone gets down on one knee to the ever-extravagant sign written in the sky. We all have our own ways to announce our engagements to friends and family. Cupid has some ideas for announcing your engagement:

**1. Photoshoot:** Want to really show your friends and family how much you love each other? Capture some photos of the two of you together and be sure to show off your new bling. People love photos, and your love is bound to be written all over your faces right after the proposal and it will shine through in a few photographs.

**Related Link:** [Celebrity News: 'Jersey Shore' Star Sammi](#)

[‘Sweetheart’ Celebrates Engagement to Christian Biscardi](#)

**2. Surprise ring reveal:** Have a family get-together coming up? If not, throw a quick BBQ and invite everyone who you want to know about your engagement. Show up wearing your new bling, and wait for the first person to notice your shiny new ring.

**Related Link:** [Celebrity Wedding: Celebrity Guests Party at ‘DWTS’ Pros Val Chmerkovskiy & Jenna Johnson’s Wedding](#)

**3. Use your pets:** Posting an adorable picture of your pet on Instagram with a sign that their humans are getting married will surely catch all the attention. You will be bombarded with congratulations, and compliments about your dog’s adorable-ness before you know it.

What are some ways you might share news of your engagement with your loved ones? Let us know your thoughts in the comments below.

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## Celebrity News: ‘Bachelorette’ Villain Chad Johnson Accuses GF Caitlin Clemmens of Cheating



 By [Mara Miller](#)

In the latest [celebrity news](#), Chad Johnson claimed Caitlin Clemmens hooked up with someone else right in front of him, according to *UsMagazine.com*. Chad opened about his [celebrity](#)

[relationship](#) with Clemmens on March 6th for his appearance on *The Tomorrow Show With Keven Undergaro*. Also according to Johnson, the two had been seeing each other for a steady two months until the end of February. After seeing Clemmens cheat, Johnson left.

## **In celebrity news, Chad Johnson is publicly accusing his girlfriend of cheating in front of him. What are some ways to handle things when you find out your partner is cheating?**

### **Cupid's Advice:**

It can feel like a shot to the gut when you find out your partner has been cheating, especially if you thought you were both somewhere early in the relationship but your partner didn't have the same understanding. Cupid has some advice on how to handle things when you find out your partner has been cheating:

**1. Don't publicly blast them:** If there is any chance of saving your relationship, publicly announcing your partner's behavior is a sure way to destroy any chance you may have at fixing it. Slip-ups happen. Don't immediately turn them into the bad guy. Plus, it makes you look bad in the process.

**Related Link:** [Celebrity News: Kate Beckinsale's Ex Matt Rife Tells Pete Davidson to 'Run'](#)

**2. Try to understand why it happened:** Give your partner a chance to explain. Were they caught up in the moment at a party with friends? Did they not understand the grounds of the relationship? Don't let them off the hook too easily, but also don't immediately write them off.

**Related Link:** [Celebrity News: Travis Scott Shouts Out to 'Wifey' Kylie Jenner Amid Cheating Allegations](#)

**3. Evaluate your options:** Are they sorry? Was the cheating enough to make you want to end the relationship, or could you see yourself giving them a second chance? It's okay to take a step back to emotionally distance yourself from the situation until you're ready to make a decision.

**What are some ways you would deal with your partner cheating? Let us know in the comments below!**

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## **Celebrity Couple: 'BIP' Star Taylor Nolan Praises New Boyfriend**



By [Mara Miller](#)

In the latest [celebrity couple](#) news, *Bachelor In Paradise* alum Taylor Nolan praised new boyfriend Frazer Nagy. Nolan became excited about making her relationship with Nagy Instagram official. She told *UsMagazine.com.com*, "My whole world is very different from his, so that was something I was unsure of, how that would work out. But he's incredibly supportive and doesn't make it weird at all and understands [the *Bachelor Nation* publicity] is just a part of my life." While the couple doesn't watch *The Bachelor* during [celebrity date nights](#), but they have had some awesome hangouts with Nolan's former costar Vanessa Grimaldi and her new beau Josh Wolfe. It's great to



see that Nolan has a supportive boyfriend!

## ***Bachelor In Paradise's* Taylor Nolan has moved on, and the grass is greener. What are some ways to be emotionally supportive of your partner?**

### **Cupid's Advice:**

It's so sweet that Taylor Nolan has a new beau who supports her. Here are a few ways you can support your partner:

**1. Be supportive:** Stress can make us want to give up a lot. It helps to have someone who is a constant cheerleader to help you get through the tough times. So whether your partner is still in college working on a masters program or in an internship that might open doors for their dream job, make sure they know you'll be supportive the whole time, even when they are super stressed out.

**Related Link:** [Celebrity Couple: Kylie Jenner Travis Scott Pack on PDA at Grammys](#)

**2. Be quiet and listen:** We can't all have a fairy tale romance, so just listening to your partner when they need to vent can be super helpful. You want to let them know that they can talk to you openly about anything and that they'll have your full attention. This will not only make your relationship stronger, but will teach you both to communicate with each other effectively.

**Related Link:** [Celebrity Couple: Sarah Hyland & Wells Adams Get Cozy on Super Bowl Date Night](#)

**3. Remind them you love them:** Reminding your partner that you

love them lets them know that you're ready to listen. It can help lift their spirits if they've been having a bad day. So hug them, give them a smooch, and ask how you can help.

**Being supportive of your partner can help make you both a stronger couple. What are some ways you're supportive of your partner? Share in the comments below!**

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## **Celebrity News: 'Bachelor in Paradise' Alum Jordan Kimball Denies Falsifying Jenna Cooper Cheating Texts**



 By [Courtney Shapiro](#)

In [celebrity news](#), *Bachelor In Paradise* alum, Jordan Kimball, speaks out regarding cheating texts between himself and ex fiancée, Jenna Cooper. The [celebrity couple](#) was engaged on the season finale of the reality TV show, which aired on September 11, yet Kimball confirmed the split the next day due to incriminating texts posted on Reality Steve's blog. *UsMagazine.com* shared parts of an interview with Kimball on *Entertainment Tonight* where he shares, "I absolutely, 100 percent did not fabricate those text messages." Kimball is trying to move on from his relationship with Cooper and does not want to prolong the issue any further.

# In celebrity news, *BIP* drama is still happening off-set. What are some ways to know if your partner is trustworthy?

## Cupid's Advice:

How can you tell if your partner is trustworthy? Cupid has some advice:

**1. They are open with you:** If your partner is comfortable enough to share things about themselves, then you shouldn't have to worry. They are able to open up about anything, and let their guard down with you, so it's clear you are important to them.

**Related Link:** [Celebrity News: Gisele Bundchen Opens Up About When She Learned Tom Brady Was Expecting With His Ex](#)

**2. Your partner is consistent:** When your partner is able to tell you things that he has also told other people, and the details match up, it can help prove that he's telling you the truth. If your partner can't keep up with the things they are telling you, it may be difficult to fully trust them.

**Related Link:** [Celebrity Break-Up: 'Bachelor in Paradise' Star Jordan Kimball Confirms Split from Jenna Cooper Amid Cheating Reports](#)


**3. Assess how you feel around that person:** Your body will start to decide if you're comfortable around certain people. If you feel anxious or nervous when you're with your partner, then maybe it's a sign that you don't fully trust them. Take the signs your body gives you, and really look inward to see how you feel about your partner.

How are you able to tell your partner is trustworthy? Tell us below!

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# Celebrity News: 'Bachelor' Nation Alums Ashley Iaconetti & Jared Haibon Respond to Kevin Wendt's Cheating Claims



 By Jessica DeRubbo

In recent [celebrity news](#), [Bachelor](#) Nation alums and [celebrity couple](#) Ashley Iaconetti and fiancé Jared Haibon spoke out as a response to fellow alum Kevin Wendt's cheating claims. According to *UsMagazine.com*, Iaconetti and Wendt dated briefly after meeting on *Bachelor Winter Games*. After the show, Haibon realized his love for Iaconetti and so Iaconetti broke up with Wendt. "I was just a little confused by [his claims]," Iaconetti said. "I definitely told him directly that Jared and I were together before it was a public thing. He made it sound like he was clueless to it." Iaconetti and Haibon, who met on reality TV show *Bachelor in Paradise*, wish Wendt only the best despite his claims.

**In celebrity news, drama is never**

# far from the *Bachelor* mansion. What are some ways to keep false claims from affecting your current relationship?

## Cupid's Advice:

It's never easy to deal with rumors that affect your relationship, especially when they aren't true. Cupid has some tips:

**1. Always be open and honest:** Regardless of whether the truth makes you look bad, always be open and honest about the things you've done in your past with your current significant other. There's nothing worse than a rumor coming out that paints you in a bad light when it ends up being true. Getting out ahead of the drama is always the best plan.

**Related Link:** [Celebrity Couple News: 'Bachelor' Alums Ashley Iaconetti & Jared Haibon Are Dating – Finally!](#)

**2. Stand as a united front:** Remember that you're with your partner for a reason, so you should both fully trust each other. Stand as a united front against any claims that are false, and don't waiver.

**Related Link:** [Celebrity Wedding: 'Bachelor' Nation's Ashely Iaconetti & Jared Haibon Are Engaged](#)

**3. Get to the bottom of it:** The best way to keep a false claim from affecting your relationship is to get the bottom of it and let the truth be heard. If you know the rumor came from a friend, confront that friend and make him/her tell your partner the truth. This option is a little more drama-ridden, but it'll squash the issue forever.

What are some other ways to handle false claims when it comes to your partner? Share your advice below.

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# Celebrity News: 'Bachelor in Paradise' Couple Adam & Raven May Be Headed Toward Engagement



By Rhodesia Williams

In [celebrity news](#), it looks like Adam Gottschalk and Raven Gates may take their [celebrity dating](#) right into engagement. According to *UsMagazine.com*, the [celebrity couple](#) met on Season 4 of *Bachelor in Paradise* and have been going strong ever since. Although the couple are now in a long distance [celebrity relationship](#), Gates believes “communication is key.” She also said, “I told Adam we can’t go more than two weeks without seeing each other because I just think that’s too long of a time.” Besides the communication, Gottschalk’s family had their doubts, but after getting to know Gates, it seems like the family has given their blessing.

**In this celebrity news, there may be another engagement soon! What are some ways to know you’re ready**

# for marriage?

## Cupid's Advice:

After dating your partner for a while, you start to hear those wedding bells. How do you know when you are ready for the big "I do?" Cupid has some advice:

**1. Communication:** Communication is very important. However, Cupid isn't referring to the selective hearing we all fall victim to. Good communication is one of the biggest foundations of a relationship. Expressing yourself and having healthy conversations or arguments is important. Like the relationship as a whole, communication is a two-way street, and if you feel like your communication is one way, then work on it. Better to work out the kinks now than later.

**Related Link:** [Dating Advice: 4 Signs Your Partner Is the Right One for You](#)

**2. Happiness:** If you aren't happy, don't get married. Too many times you see people getting married for every reason under the sun except for truly being happy together. Why spend the rest of your life unhappy? Marry someone who continuously makes you laugh and smile, someone whose company you enjoy; whether you are hiding out at home with junk food and Netflix or having a little too much fun at Dave & Busters. Your happiness, as well as your partner's, matters.

**Related Link:** [Dating Advice Video: Signs of an Unhealthy Relationship](#)

**3. Commitment:** Well, without this you have nothing. Are you guys ready to commit yourselves to each other for the rest of your lives? Cheating and other inappropriate activities are not right and something nobody has to put up with. If there are issues within this aspect of the relationship, you aren't ready. That's not to say things can't get better, but this is

definitely something to work on. There is no rush when it comes to marriage.

**What are some ways you know that you are ready for marriage? Share below.**

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## **Celebrity Couple News: 'Bachelor' Alums Ashley Iaconetti & Jared Haibon Are Dating – Finally!**



 By [Haley Lerner](#)

In [celebrity dating news](#), *Bachelor in Paradise* stars Ashley Iaconetti and Jared Haibon are dating after three years of friendship. According to *UsMagazine.com*, the couple has been secretly dating since March. Iaconetti first fell for Haibon on *BIP* in 2015, but the feelings were not reciprocated, causing Iaconetti a lot of heartbreak and tears. But, on a January trip to St. Lucia with fellow *BIP* alums Jade Roper and Tanner Tolbert, Haibon realized he had feelings for his long-time friend. At the time, Iaconetti was in a relationship with Kevin Wendt who she met on *Bachelor Winter Games*. Haibon admitted on Iaconetti's show *The Story of Us* that seeing Iaconetti with Wendt was "a big kick in the ass." So, on the St. Lucia trip, Haibon confessed his feelings and kissed her at the airport, but Iaconetti decided she wanted to keep dating Wendt. Luckily, Iaconetti soon realized her heart was with her long-time crush, so she ended things with her



boyfriend and got together with Haibon. On Instagram, Haibon captioned a photo of the new [celebrity couple](#), “I came here tonight because when you realize you want to spend the rest of your life with somebody, you want the rest of your life to start as soon as possible.” Ianconetti posted a pic of her and Haibon in a field of flowers captioned “I love my boyfriend.”

**In celebrity couple news, *Bachelor* fans are flipping out about this couple coming together after being friends for three years! What are some ways to let a long-time friend know you have feelings for them?**

#### **Cupid's Advice:**

Ashley and Jared went from friends to lovers. Cupid has some tips on how to get there:

**1. Get a friend involved:** Before deciding to try to take your relationship with the friend you have feelings for to the next level, consult a friend the both of you have in common. A mutual friend can tell you if the person you're crushing on reciprocates the feelings and whether or not you should go for it.

**Related Link: [Celebrity Break-Up: 'Bachelor Winter Games' Winners Ashley Iaconetti & Kevin Wendt Split](#)**

**2. Be prepared for the outcome:** To protect yourself from getting too hurt, it's important you recognize the risk in telling your friend you have feelings for them. Your affection could be shared, which would be great! But, you should be

ready for potential disappointment if they are not. You also should remember that whatever the outcome is of revealing your love, your relationship with your friend is bound to change because of it.

**Related Link:** [‘Bachelor in Paradise’: Ashley I. Is Ready to Give Up Virginity to Win Jared](#)

**3. Talk to them:** If you want to confess your feelings, you really just have to have a frank conversation with the object of your affections. Set a time and sit down and talk to your long-time friend about how you feel. If you’re honest and understanding, your friend will be too. Who knows, it could lead to something special!

Have any more tips on how to take your friendship to the next level? Comment them below!

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## Celebrity Couple News: ‘Bachelorette’ Alum Dean Unglert Is ‘Incredibly Happy’ Since Dating Lesley Murphy



 By [Jessica Gomez](#)

In [celebrity news](#), handsome [Bachelor in Paradise](#) alum Dean Unglert is doing well in the love department! According to [UsMagazine.com](#), Unglert claims that he’s “incredibly happy” and in a good place in life right now, best since he left the show. And he’s thinking long-term! Unglert spoke about his new

romance with Lesley Murphy, a fellow contestant on *The Bachelor Winter Games* on Tuesday. They've been active on social media, liking each other's photos – cute! The [celebrity couple](#) also took a trip to the Sundance Film Festival in Park City, Utah, on January 19 and were seen holding hands.

## **This *Bachelor* Nation celebrity couple seems to be happy so far! What are some ways to know you've met your match?**

### **Cupid's Advice:**

Being with someone new is exciting, especially when you think they're a great match! Cupid has some tips on how to suspect you've met yours:

**1. You have tons in common:** It's obviously okay to have some differences, but when you have all that stuff you want to have in common, it's great. You just vibe really well. Being interested in a lot of things builds a connection. The things you should look out for to have in common are values, morals, ambitions, and sense of humor!

**Related Link:** [Shailene Woodley Makes Relationship with Rugby Player Ben Volavola Instagram Official](#)

**2. You feel safe and comfortable with them:** This is something great to feel with someone! You feel comfortable being yourself with them, silences aren't awkward, and you're just at ease around them. You don't feel like you're walking on eggshells around them. This is what you need to build a secure home together in the long run, so this shows that there possibly is a future with that person, which brings us to #3...

**Related Link:** [Lady Gaga & Fiance Christian Carino Share Kiss](#)

## [Backstage at Grammys 2018](#)

**3. You see a future with them:** Sometimes we date Mr or Ms. Right Now for the moment, but sometimes that “now” part disappears. When you see a future with a person, that says something. Yeah, sometimes we can make a mistake and think someone is the one when they’re not – It happens. However, you have to be able to see them fit into your future really well if they are your perfect match. If the thought of them in your future excites you and makes you feel like bright days are ahead for the both of you together, then that’s a really good sign!

**What are ways you realized your partner was your perfect match? Comment below!**

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# ‘Bachelor in Paradise’ Stars Carly Waddell & Evan Bass Celebrate Celebrity Baby Shower



 By [Carly Horowitz](#)

In [latest celebrity news](#), *Bachelor in Paradise* stars Carly Waddell and Evan Bass celebrated the upcoming birth of their [celebrity baby](#) Isabella Evelyn Bass on the weekend of January 13, according to [EOnline.com](#). According to many social media posts, it looks like this [celebrity couple](#) had a blast celebrating with their friends and family. [The Bachelor](#)

stars Julia Kinney, Kaitlyn Bristowe, and Jade Tolbert were in attendance. Celebrity couple Carly and Evan are getting right into starting their family since they were wed this summer in June 2017. Best wishes to these *Bachelor in Paradise* stars with their celebrity baby.

## There's a new [celebrity baby](#) ready to enter the world! What are some unique ways to personalize your baby shower?

### Cupid's Advice:

Planning a baby shower is a very joyous time. In order to make the day more memorable, unique ways to personalize your baby shower would be beneficial:

**1. Plan a unique theme:** Everyone has different interests. Dig deep to figure out what theme would best suite the mother-to-be. Be creative! Is she into music?- Rock-and-roll theme. Has she always been a lover of the sea?- Anchors aweigh theme.

**Related Link:** [Celebrity Baby Shower: Former 'Bachelorette' Ali Fedotowsky Wears Floral Dress to Baby Shower](#)

**2. Personalized baby shower favors:** Practical favors that guests will actually use are the best. You want your guests to use your baby shower favor in the future and be reminded of the joyful unique gathering that occurred that day. The favors can relate to your theme as well. Think- wine glasses with personalized writing on them, printed mason jars, glass coasters, etc.

**Related Link:** [Famous Couple Nick Lachey and Vanessa Minnillo Celebrate Second Celebrity Baby Shower](#)


**3. Games!:** Adults need to get into the spirit of a young child while celebrating the upcoming birth of a newborn. What better way to do so than channeling their inner kid and playing some fun party games! There are many popular baby shower games that are already established and you can look into them to see which games seem as if they will best fit the mother-to-be. If you are creative enough to make up a new unique baby shower game, do so! Get those creative child-like juices flowing.

**Have input on how you made your baby shower special and unique? Comment below!**

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## **Celebrity Baby News: 'Bachelor in Paradise' Couple Carly Waddell & Evan Bass Reveal Name of Baby-to-Be**



 By [Jessica Gomez](#)

[Celebrity couple](#) Carly Waddell and Evan Bass, [Bachelor in Paradise](#) alums, revealed the name of their first child-to-be, via Instagram Sunday, according to [UsMagazine.com](#). The [celebrity baby](#)'s name will be Isabella! "Evan and I are SO EXCITED to reveal our little angels name on the sweetest new born blanket from @shophighway3!" Waddell said on Instagram under an adorable photo of her and Bass standing next to the baby's crib. "Her full name will be Isabella (Bella for short)"

Evelyn Bass, and we love her so much already! Can't believe in about one month we will be wrapping her up in this soft, cuddly little number!" she continued.

## **This celebrity baby news is great to hear! What are some ways to compromise with your partner on baby names?**

### **Cupid's Advice:**

Choosing your baby's name is exciting, but can also be a bit tedious considering you and your partner should be in agreement with the name chosen. Cupid has some advice on how to get on the same page when it comes to the name of your tiny loved one:

**1. Try using a compromising tool online:** [Babynamester.com](http://Babynamester.com) has this tool, along with many suggested baby names for you and your partner to check out. The way it works is you enter the sex of the baby, then you and your partner each type in what your top baby names are. Next, you choose which one you each like best from your partner's list. And lastly, the site generates a long list of combined baby name preferences. Try it and see if it may work for you!

**Related Link:** [Khloe Kardashian Plans to Give Birth in Cleveland](#)

**2. The Middle Name:** One of you can choose the first name and the other one can choose the middle name. Many couples compromise in this manner. Although, choosing the first name is most likely ideal for both parties, the middle name is the one that gives the name uniqueness considering that not everyone has a a middle name, and on top of that, a middle name is a nice differentiating addition to a first name.

**Related Link:** [Fall Out Boy's Pete Wentz Expecting Baby Girl with Meagan Camper](#)

**3. Combine the names:** This isn't always possible, but it sometimes is. You can create a beautiful, unique name! For example in the hit *Twilight Saga: Breaking Dawn*, Bella (played by [Kristen Stewart](#)) combined the names she and her husband Edward (played by [Robert Pattinson](#)) liked: Renee (Bella's mom's name) and Esme (Edward's mom's name), resulting in the name Renesmee.

**What are some ways you and your partner or a couple you know compromised during the baby naming process? Share below!**

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## **Celebrity News: Inside 'Bachelor in Paradise' Stars Raven Gates & Adam Gottschalk's Relationship**



 By [Ashleigh Underwood](#)

While she may not have gotten the fairy tale ending during her run on [The Bachelor](#), Raven Gates has surely found love this time around. According to [E! Online](#), Gates and boyfriend Adam Gottschalk met on this season of [Bachelor in Paradise](#) and have not let their spark fade away since. Ever since the season ended, the [celebrity couple](#) have posted several photos together on Instagram documenting their amazing time together. In one caption, Gates wrote of Gottschalk, saying, "my ride or



die.”

**In celebrity news, this *Bachelor* Nation couple is still going strong. What are some ways to continue building the strong foundation of your relationship?**

### **Cupid's Advice:**

Keeping a relationship strong and healthy, takes a lot of work. There need to be a solid foundation built if there is any hope of continuing on. Here a few ways to strengthen your romantic foundation:

**1. Communicate:** The only way to build a relationship with someone is to talk with them. Get to know who they are, what they like and don't like, who their family is, and tell them all the same things about yourself. In order to have a strong relationship with someone, you have to know them and be able to accept them as they are.

**Related Link:** [Celebrity News: 'Bachelor in Paradise' Star Danielle Lombard Says Dean Uglert Was 'Encouraged to Cut Ties](#)

**2. Explore:** Once you know more about your partner, go out with them and see for yourself who they are. If they enjoy sports, go to a game with them and really see them in their element. Not only is it important to do things together that you enjoy, but it lets you see more of their personality in action.

**Related Link:** [Celebrity News: Spoiler Alert! 'Bachelor in Paradise' Stars Derek Peth & Taylor Nolan Are Engaged](#)

**3. Work:** One of the simplest things you can do in a relationship to help it grow, is to work for it. Make an effort to show them you care and that you want it to work. Doing the little things, like cooking dinner one night or surprising them with a gift you know they'd love, just continues to build on that romantic foundation that you two have.

**How do you build up your relationship? Comment below!**

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## **Celebrity News: 'Bachelor in Paradise' Star Danielle Lombard Says Dean Unglert Was 'Encouraged' to Cut Ties**



 By [Melissa Lee](#)

Is there ever a time where there *isn't* a ton of drama in Bachelor Nation? [Bachelor in Paradise](#) star Danielle Lombard recently disclosed some juicy [celebrity news](#). In a recent interview, she says that Dean Unglert, who simultaneously dated Lombard and Kristina Shulman during the show, was encouraged to cut ties with Lombard in the finale of the show. Unglert, who originally found interest in Schulman, flip flopped between the two girls this season. According to [UsMagazine.com](#), Lombard says that Unglert is infamous for constantly changing his mind, and relationships are no exception. She further disclosed that the producers of the show make it seem like there's always a greater opportunity to

meet someone new and connect with somebody else. Sounds fishy!

## **This celebrity news continues the 'Bachelor in Paradise' drama from the most recent season. What are some ways to know if you're respected by your S.O. in a relationship?**

### **Cupid's Advice:**

Dean is definitely looking sketchy after the nation watched him mess around with both Danielle and Kristina. This kind of situation is totally unfair – in order to prevent getting disrespected by your significant other, check out Cupid's advice:

**1. Communicate often:** If you're speculating that your partner is being dishonest, the best way to figure that out is through communication. If they aren't communicating with you very often, or they don't seem super serious about your relationship, it may be a cause for concern. Sit your significant other down and talk everything out – after all, it's better to be safe than sorry.

**Related Link:** [Reality TV Update: Andi Dorfman Is 'Excited' to See Arie Luyendyk Jr. as New Star of 'The Bachelor'](#)

**2. Talk to your friends:** Though sometimes it's better to avoid the opinions others have on your relationship, this may be a time where you should lean on their advice. If your friends or loved ones have been around you and your partner, ask them how they feel about them. Do they think they're disrespectful? Or do they think you two go well together? Take their thoughts

into consideration.

**Related Link:** [Reality TV Star Dean Unglert Talks About 'Bachelor in Paradise' Love Triangle](#)

**3. Listen to your gut:** At the end of the day, your instincts will never guide you in the wrong direction. If you truly feel that something's off, don't torture yourself by being in a toxic relationship. When it comes down to it, the relationship may not be meant to be, and that's completely okay.

**What are some of your tips for figuring out if you're being disrespected in your relationship? Share your thoughts below.**

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## Reality TV Star Dean Unglert Talks About 'Bachelor in Paradise' Love Triangle



By [Ashleigh Underwood](#)

Finding love isn't easy, even for [Bachelor in Paradise](#) contestants. As reported by [People.com](#), during this season's competition, reality TV star Dean Unglert found himself in the middle of a love triangle. He initially pursued a relationship with Kristina Schulman and then showed interest in Danielle Lombard, ultimately leading them both on. Schulman eventually took herself out of the game, allowing Unglert to continue his [celebrity relationship](#) with Lombard. While filming Monday's finale episode, the [reality TV](#) star admitted that he hurt both

women throughout the show. “Watching it all play back, it makes me realize that I need to change a lot of things about myself before I can actually pursue a relationship,” he shared. “It sucks to come to that realization that what you’ve been doing is just not right. To see how deeply upset Danielle and Kristina both were, it hurt.”

## **Dean Unglert realized that he needed to change after viewers saw him involved in a reality TV love triangle. What are some ways to make sure you’re ready for a relationship?**

### **Cupid’s Advice:**

As Unglert learned, starting a relationship can be stressful. If you are unsure whether or not you’re ready to begin something new, answer the three questions below:

**1. Are you comfortable with yourself?** A big part of dating is joining together two lives: your’s and your partner’s. Before you commit to a relationship, make sure you’re happy with who you are and the life you’re living. As they say, you must love yourself first.

**Related Link:** [Celebrity News: ‘Bachelorette’ Castoff Dean Unglert Still Isn’t Speaking to Father After Emotional Reunion](#)

**2. Are you a good communicator?** In order to make a relationship work, you have to communicate. When an issue arises, the two of you need to be able to work it out in a healthy way. Make sure you are ready to talk openly and honestly with your partner.

**Related Link:** [Celebrity Break-up: ‘Bachelor in Paradise’ Star Amanda Stanton Opens Up About Her Split From Robby Hayes](#)

**3. Have you moved on from your past?** If you hope to move forward in a relationship, you need to let go of the past. You cannot be focused on your previous dating experiences and how they ended up. All you can do is learn from your past and concentrate on the present.

**Cupid wants to know:** How did you know that you were ready for a new relationship?

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## Celebrity Break-Up: ‘Bachelor in Paradise’ Star Amanda Stanton Opens Up About Her Split from Robby Hayes



 By [Melissa Lee](#)

Looks like there's trouble in paradise! [Bachelor in Paradise](#) star Amanda Stanton recently spilled details about her celebrity break-up from Robby Hayes. [EOnline.com](#) reported that, following their brief reality TV romance, the former [celebrity couple](#) attempted to make their relationship work in the real world. Hayes asked Stanton to be his girlfriend but continued to go out with his friends and go MIA for multiple days at a time. Stanton has taken a mature position following their [celebrity break-up](#), saying that she doesn't blame him for anything and wishes him the best.

# Amanda Stanton is staying positive after her latest celebrity break-up. How can you keep a good attitude following a split?

## Cupid's Advice:

Break-ups can be super tough, so props to this reality TV star for staying positive and moving on! If you find yourself struggling to keep a good attitude after a split, check out Cupid's advice below:

**1. Be nice:** Although you may want to talk badly about your ex, it's better to be nice and keep a positive mindset. Wish them the best and move forward instead of focusing on the past and starting drama. The cliché "fake it 'til you make it" is true: If you think only good things about your ex and your former relationship, you'll eventually begin to believe them!

**Related Link:** [Celebrity News: Spoiler Alert! 'Bachelor in Paradise' Stars Derek Peth & Taylor Nolan Are Engaged](#)

**2. Focus on yourself:** Instead of wondering what your ex is doing or being sad about the break-up, use it as ammunition to better yourself. You have the power to make any situation better, and if you do things to positively impact your own life, you won't be as concerned with the split. Start a new workout routine, focus on your career, or make an effort to spend more time with your friends.

**Related Link:** [Celebrity News: Peter Kraus Speaks Out About Arie Luyendyk Jr. Becoming 'The Bachelor'](#)

**3. Unfollow your ex:** Unfollowing your former lover on social media can be extremely cleansing. If you're less concerned with who they're with or what they're doing, it'll be easier

for you to stay positive. Out of sight, out of mind, right?

**What are some of your tips for staying positive after a break-up? Share your thoughts below.**