

Ashton Kutcher Chats with Demi's Daughter Rumer at Pre-Golden Globes Party

Actor Ashton Kutcher and ex wife actress Demi Moore found themselves at the same Pre-Golden Globes party, and Kutcher didn't hesitate to catch up with Moore's daughter, Rumer Willis. As the *Two and a Half Men* actor made his rounds to chat, [People](#) reported that he and Willis were all laughs and smiles until she went back to join her mother.

Is it OK to keep in touch with your ex's children?

Cupid's Advice:

It can be difficult to "dump" the rest of your ex's family after a breakup, especially when it comes to kids. Cupid has some tips:

1. Healing time: If you're the one who's broken up with your partner, it might be a good idea to step aside and give them their space by avoiding their kids as well.

2. Be a friend: If you want to continue the relationship that you've built with your ex's kids, it would be best for both sides if you and your ex were friends. Whatever you do, don't vent to the kids about your past relationship and current feelings about your ex.

3. Be respectful: Your ex may want you out of their lives and their children's lives completely. If this is the case, then you need to be respectful of their decision. Losing that connection is a risk you took once you broke up.

Do you think it's OK to allow your ex and your children to interact? Share your comments below.

Ashton Kutcher and Demi Moore Have Pre-Golden Globes Run-In

It looks as though Ashton Kutcher and Demi Moore may be having a case of the exes. Besides having continuous awkward run-ins with each other at different locations in Hollywood, it appears the two haven't been seeing much of each other since announcing their decision to split-up this past November, amid rumors that Kutcher was unfaithful. Although going through a divorce, the former couple was cordial with one another as they crossed paths at the CAA Foundation pre-Golden Globes bash this past Friday. Sources told [UsMagazine.com](https://www.usmagazine.com) that the exes kept their distance most of the evening and briefly said "Hi" to each other.

What are some ways to avoid awkward run-ins with an ex?

Cupid's Advice:

Depending on the breakup, bumping into your ex can be a bit awkward. Here are some positive ways to react when you encounter a previous mate:

1. Be kind: Even if your ex hurt or cheated on you, try to be kind when you run into them. You don't necessarily have to jump up and give them a big hug as though you're trying to be their best friend for the next few seconds, but you don't want to come off as bitter either. Keep it simple with a smile and "hello."

2. Keep it simple: Prolonging the conversation may bring up old feelings which can cause even more awkwardness. So, depending on whether or not you and your ex want that old

thing back, keep the conversation to a platonic minimum.

3. Be confident: Show your ex that you're doing just fine without him or her. Don't boast or brag about how great a new partner is or how your life has been extremely over-the-top-magnificent without them. Wear your confidence on your sleeve and give a friendly and quick update on the new accomplishments in your life since the split.

How did you avoid running into you ex? Share your stories below.

Ashton Kutcher Moves On from Demi Moore In Italy With New Woman

It looks like Ashton Kutcher may already be moving on. The *Two-and-a-Half Men* actor, 33, was recently spotted in Italy with writer-director Lorene Scafaria and business partner Matt Mazzant for the holidays, reports [People](#). Kutcher posted a photo of the trio on twitter with the caption, "Roman holiday with homies." Kutcher's ex-wife Demi Moore, 49, is vacationing in the Caribbean with daughter Rumer Willis.

What are some single-friendly getaways post-breakup?

Cupid's Advice:

Many people wish for a change in scenery after a tough breakup. Here are a few single-friendly getaways:

1. The family: Visiting your family is one of the most

helpful ways to recover after a breakup. For some fun outside of the dating scene, try going shopping with your parents or taking your nieces to an amusement park.

2. Spa destinations: Traveling to the nearest spa/resort is a great way to relax after a breakup. Though often pricey, sharing a room at a resort with some close friends can help make the expense more manageable and the experience more memorable.

3. International locations: Take some time post-breakup to visit exotic locales that you've always wanted to see. You'll be too busy trying to decipher the language to worry about your dating woes. Bring a friend to make the trip more exciting.

Have you ever taken a post-breakup trip? Feel free to share details in a comment below.

Bruce Willis Supports Demi Moore Post-Split With Ashton Kutcher

Bruce Willis will always be there for Demi Moore. The *Die Hard* actor, 56, is taking the time to comfort his ex-wife in light of her split from Ashton Kutcher, reports NowMagazine.com. "He's explained to [pregnant wife Emma Hemming] that he needs to divide his time until Demi is a bit stronger," said a source. "He knows Emma's feeling a bit neglected but he wants to make sure Demi gets herself together."

What are some ways to react if you feel neglected by your partner?

Cupid's Advice:

It's often difficult to ask for more attention without sounding needy. Here are a few ways to react if you feel neglected:

1. Give attention: If you feel neglected, try giving your partner more attention. Chances are, the somewhat tense atmosphere between the two of you is mutual. Be the first one to mend the bridge.

2. Work through it: It's very possible that your mate may just be busy. They may be having family issues or a hard time at work. Tough out the rough phase, and everything will eventually go back to normal.

3. Tell your partner: If no other action will work, confront your partner. Politely explain your feelings and tentatively ask for a change.

Have you ever felt neglected? Feel free to leave a comment below.

Why Men Look at Other Women

By Marcelina Hardy

How many people look at Demi Moore and think, "Wow, she is so hot!" ... and yet Ashton Kutcher couldn't stop turning his head, body and well, everything else towards other women.

So what is it? Why do men look at other women when they have

the lady of their dreams standing right beside them? Don't worry ladies. It's much less heart wrenching than you think, but yes, they still need to quit it.

Related: [5 Reasons Why Men Cheat](#)

Creating Perfection When There Is None

No one is perfect, not even Demi Moore. Guys have this wish fulfillment that they can create the perfect woman by piecing them together. What they do is look at the huge boobs on one girl and then places it on the tight butt of another. Then they take the perfect, long, tight legs of another girl and join it with the flat tummy of another. In their minds, pieced together, is the perfect woman. They daydream about this with all of their pieces put together.

Something is always missing though, and it never seems quite right. This is why: It's the one thing that makes them love you for who you are, no matter what you look like – your heart and soul.

See, the images they collect of other woman are just that, images. It's like taking puzzle pieces, putting them together and seeing a complete image, but they can't do anything with it. They can't have fun with that, and they aren't in love with that. They aren't attached to the image, and they just don't have any sense of belonging and care for it.

Related: [How To Gracefully Deal With Rumors In A Relationship](#)

Sure, it's exciting for them to see the "perfect woman" because it's something they created. However, the thrill is gone once they create it and realize it's not real.

Stopping the Wandering Eyes

Does that give men the right to continue to gawk over other women? No, it's disrespectful to you and to other women. The

next time your man turns his head, don't make a big production about it. Wait until you're not emotionally charged about it and then calmly say:

I noticed that you looked over at that woman earlier today. I just want to let you know that it upsets me. It would make me happy if you wouldn't do that.

Do not say anything more. He will most likely feel defensive about it, but also surprised that you aren't starting trouble over it. Watch his behavior change right before your eyes. Soon, he'll be staring at you and no other women will matter.

Are you having a difficult time communicating with your partner? Communication is essential in a healthy relationship. If you need help in your relationship, Marcelina Hardy, MSEd can help. She is a relationship coach with 10 years of experience helping people improve their relationships and move on from relationship trauma. Visit her website, Relationship Repair for help.

Rumor: Are Ashton Kutcher and Lea Michele Dating?

Co-stars Lea Michele and Ashton Kutcher were very friendly and hands on at a red carpet premiere of their new holiday film, *New Year's Eve*. According to [Hollyscoop](#), the two had nothing, but admiration for each other. Although, Michele may have been a little more star-struck than newly divorced Kutcher, as the *Glee* actress said her co-star was out of her league. Will Michele and Kutcher will be kissing at the stroke of midnight

on New Year's Eve?

What are some ways to attract the attention of someone "out of your league"?

Cupid's Advice:

Sometimes we may feel that someone is out of our league because of money, status, age or education. The truth is, you can make anyone fall in love with the real you. If these steps don't work, then you may be dating someone who doesn't appreciate the genuine you:

- 1. Smarts:** There is nothing sexier and equalizing than a person's brains. Show off your smarts, but don't be cocky.
- 2. Conversate:** A person who has a lot to say can win over anyone. Just be sure that you know what you're talking about! Communication is key to any relationship.
- 3. Be yourself:** Since we don't have gene altering machines like Steve Urkel, be yourself. Lies will just lead to a break-up even before your relationship starts.

Have you ever changed to get the attention of someone you liked? Share your thoughts below.

Demi Moore and Ashton Kutcher Have Awkward Run-In

Recent exes Ashton Kutcher and Demi Moore bumped into each other while dining separately at a West Hollywood private members club, according to UsMagazine.com. The couple split

after Kutcher's fling with Sara Leal became public. During the awkward run-in, according to sources, Moore was with a man (platonically) and Kutcher was with a group of friends. When Moore spotted Kutcher across the dining room, she approached him. From a distance, sources say the ex-couple's encounter was awkward and uncomfortable for both parties. After a friendly hug and some small talk, the necessary mingling was over.

How do you react when you run into an ex after a bitter breakup?

Cupid's Advice:

After a breakup, it tends to be impossible not to have a casual run-in with your ex, seeing as you both love that Tai place around the corner and stop at the same Starbucks on your morning commute. Here are a few tips to keep things short and friendly:

1. Be polite: Although you may want to throw your coffee in his face, refrain from making a scene. Your ex is expecting you to be bitter, upset and uncomfortable. Make small talk and take interest in their life, but not too much. Keep it short and sweet.

2. Be confident: No matter how happy or unhappy you may be without your ex, there is no need to show off. Bragging excessively about your new partner is just childish. It's okay to be better off without the one who broke your heart, but showing that off makes you look like a sore loser.

3. Smile: The last thing your ex wants to see is that you are happier without them. No matter how the relationship ended, seeing your significant other happy without you is a slap in face. Be sincere and wish them the best of luck, while showing off a big smile.

Have you had a bad encounter with an ex? Share your experiences below.

Celebrities + Love + New York City = New Year's Eve

Remember the celebrity-filled movie *Valentine's Day* and the classic film *Pretty Woman*? Well, just in time for the holiday season, stars are lending their talent again for another film full of love on a very special holiday. This movie tells the various stories of multiple couples and singles on New Year's Eve in New York City. Jessica Biel plays a woman with a baby on the way, Lea Michele and Ashton Kutcher get stuck in an elevator together, Josh Duhamel is on a journey to find a woman he met a year ago, and Michelle Pfeiffer needs to fulfill all her New Year's Day resolutions. The star studded cast will have you yearning for that magical New Year's kiss that happens at the stroke of midnight. Happy New Year!

What are some ways to spend New Year's Eve with your partner?

Cupid's Advice:

You don't have to travel to the city that never sleeps to have a romantic New Year's Eve. Here are some fun ways to spend the holiday:

1. Inside: Watching the ball drop in your warm living room with egg nog and confetti is a great way to ring in the new year and the perfect place to share a steamy New Year's Eve kiss.

2. Outside: If you live in New York City or want to travel,

how about being in Times Square when the ball drops? Yes, you might freeze your toes off, but that gives you even more reasons to snuggle up with that special someone.

3. A New Place: A fun way to spend New Year's Eve is in a place you have never been before. Start the new year off fresh by trying a new restaurant, movie theater, lounge, park or city.

Where do you and your partner plan on spending New Year's Eve? Share your comments below.

Demi Moore Tweets Cryptic Messages

It looks like the drama hasn't ended now that a divorce is imminent. Despite a calm public statement, Demi Moore has been sending out seemingly cryptic tweets, under her handle which still reads '@mrskutcher'. According to [Hollyscoop](#), her ex Ashton Kutcher has been sending "passive aggressive jabs" at Moore in retaliation perhaps. Even though they've split, the ex duo have still been going to counseling. They have even been seen leaving a Kabbalah house together, despite arriving separately. According to sources, Demi Moore has been on a "positive swing" despite the negative backlash that can often result from a divorce.

Cupid's Advice:

Going through a breakup or divorce can be really difficult, and you may want to complain to anyone who will listen.

That's probably not the best idea. Cupid has some ways to grieve privately:

1. Surround yourself with family and friends: This is an important time to remember that though one relationship is ending, you still have many healthy relationships in your life remaining. Ask your friends and family for support and let them know how they can support you through this difficult time.

2. Take time: It's crucial to take some time to yourself to heal. Don't make any important life decisions right after a breakup. Instead, take the time to pamper yourself and keep up with a healthy lifestyle.

3. Remember it's okay to feel: Recognize that your feelings are normal. Whether you're sad, frustrated, annoyed or confused, those are all normal feelings that you're allowed to experience. These feelings will lessen over time as you begin to move on.

How have you dealt with a previous break up? Share your experience below.

Ashton Kutcher Describes What He Doesn't Like in a Woman

When it comes to a newly single Ashton Kutcher, what you see is what you get. Though the reasons for Kutcher's split from Demi Moore have yet to be seen, the *Two and a Half Men* star, 33, discussed what he wanted in a woman in an interview before his sex scandal. He said that he "could never be with a woman who felt like she needed to change me." According to [People](#),

Kutcher may have cheated on his wife of six years, but this doesn't mean he's against the idea of compromise. He believes in "working on the relationship" and that the goal of it all is "to be in a relationship."

What do you do if your partner holds some qualities that you don't like?

Cupid's Advice:

Everyone has flaws, and you're never going to find someone about whom you like absolutely everything. Here are some tips:

1. Think about why you want them to change: If you don't like something about your partner, make sure that the qualities you dislike aren't a major problem. If you're an impatient person, for example, you may be less likely to accept a partner who is perpetually late.

2. Have patience: It's important to note how necessary patience is in a relationship. Nobody can change overnight, and it can be very difficult to break a habit. Support your partner when they try to change something about themselves.

3. Compromise: Is there something about yourself that bothers your partner? You can suggest that you and your partner both try to change some negative aspects of yourselves that may be affecting the relationship. If you change together, you're more likely to grow together.

What are some qualities you don't like in a partner? Share your thoughts below.

Cougar Dating Love Lessons Even Demi Moore Can Use

By Lucia

It looks like there's trouble in Cougar Paradise for Demi Moore these days. Her husband of six years, Ashton Kutcher, has recently been accused of infidelity. Though many people assume a split is inevitable, Demi was recently spotted on the red carpet still wearing her wedding ring.

A "cub" that strays can be devastating for Cougars (or for any woman for that matter). While dating a younger man can lead to an extremely fulfilling relationship, there are sticky areas that partners of the same age may not face. This relationship comes with its own set of guidelines, and the good news is that the challenges are usually due to the older women's own self-sabotage and not the younger man's motives. Yes, that's a positive thing since most of this can be avoided with a little insight and guidance.

Below are a few love lessons that any Cougar (including Demi) can learn from in order to have a healthy relationship, no matter what the age difference:

Don't Be a "Know-it-all": Just because you're older, that doesn't mean you know everything. If you're controlling and don't give your partner room to express himself or allow him to feel like a man, you'll immediately become less attractive in his eyes. He's with you because you're smart, confident and he feels amazing being around you. If you make him feel emasculated, you will become his mother instead of his lover.

"Sugar Mama" Trap: You may make more money than your lover, but that doesn't mean you always have to pay. He's still a man, and men instinctually want to provide. It makes them

feel good. Don't make the finances your sole responsibility. If you do, you're setting yourself up to be used.

Underestimating Your Cub: Being younger doesn't mean that your partner isn't knowledgeable about things that happened years ago or that he can't appreciate your past experiences. Nowadays, people of all ages are savvy – sexually and otherwise. So stay away from any reminders that make your partner feel like he has a lot to learn or isn't up to your level of sophistication, such as “When I was your age” or “You're too young to remember.” He knows there's an age difference; there's no need to keep reminding him.

Younger Women are NOT Your Competition: He's with you *because* of your age, not *despite* it. You have many things to offer that women his age don't, such as knowledge, wisdom, life experience and most all, no drama. Acting like you're in your twenties to attract or keep a younger man is a turn off. He expects you to be more mature and sophisticated. If he wanted to be with someone who was born in the same year he was, he would be.

Ignore the Scornful Stares: Even though others may have issues with you dating someone much younger, it doesn't mean you aren't in love. It means your man finds you attractive and interesting – and that's certainly nothing of which to be ashamed. After all, a big majority of men date younger women. It's time we got rid of the double standard!

Lucia is an internationally known dating/relationship expert and TV personality specializing in Cougar relationships. She hosts “The Art of Love” on L.A. Talk Radio, is the author of “Lucia's Lessons of Love”, a keynote speaker and a syndicated columnist. She hosted “The Art of Love” TV show for 3 years in Los Angeles. Lucia has also been featured on over 100 radio

and TV shows including “Dr. Phil”, “The CBS Early Show”, “60 Minutes Australia”, “The Tyra Banks Show”, “E! Entertainment”, “Good Day L.A.”, “Playboy Radio”, “Cosmo Radio” and “Fox Sports Radio”.

Demi Moore Hits the Red Carpet Alone, But With Wedding Ring

So far, both Demi Moore and Ashton Kutcher have kept quiet about their supposed marital woes, despite being constantly hounded by the tabloids. Although reports have recently surfaced that Kutcher cheated on Moore on their sixth wedding anniversary, the actress was still spotted on the red carpet with her wedding ring firmly in place. [E! Online](#) reports that Moore was not hurting for male companionship though, as she was surrounded by men at the NYC premiere of her latest film, *Margin Call*. Although men including Simon Baker, Paul Bettany, Penn Badgley and Zachary Quinto shared the red carpet with Moore, the actress did choose to attend the premiere without a very obvious date.

What are some ways to keep your marital woes from prying eyes?

Cupid's Advice:

Every marriage has its issues, but it's how you handle them that counts. Cupid has some ways to keep your problems from curious outsiders:

- 1. Discuss in private:** Although you may have the urge to talk to you partner about an issue you're having immediately, do

all that you can to keep it inside until the timing is right to discuss it ... which is when you're not in public.

2. Don't spill to friends: When you're angry with your mate, it can be tempting to run to your friends to complain. This will only serve to make things worse. Make sure to confront your significant other before confiding in your pals.

3. Interact in public minimally: If the problems in your marriage are big, it's probably best to stay out of the public eye together. The temptation to fight despite the fact that you're in front of people can sometimes be too great when your issues are major. Practice some independence from each other during this time.

What are other ways to keep your problems from your peers? Share your thoughts below.

Demi Moore Proves There's Hope After Divorce

By Amy Osmond Cook, Ph.D.

It's unclear as to whether Demi Moore is going to file for divorce from Ashton Kutcher after he allegedly cheated on their sixth wedding anniversary. At least, that's what the *Vancouver Sun* and other media outlets are reporting. Though both parties have declined to confirm the split, it's certainly apparent that this is a difficult time for both of them.

It's no surprise that many marriages crumble when there is a serious betrayal. For most Americans, marriage remains the

highest expression of commitment that they can imagine. Most also believe it's unacceptable to cheat, lie, or keep secrets in a marriage—and that number has continued to fall over the past 40 years, according to Stephanie Coontz, the author of the article *The Origins of Modern Divorce*.

While the difficulty of this situation cannot be overstated, Demi has navigated this terrain before with grace and poise.

If she handles a divorce from Ashton like she did her divorce from Bruce Willis, we can expect the couple to stay friends and find happiness amidst the devastation. So, what can we learn from this actress?

1. Keep it classy. Demi has yet to talk about her situation with Ashton in a public way. Until a final decision is made, she's probably going to keep quiet about it. She and Bruce were models of restraint during their divorce and continued to build each other up even as they separated.

2. Remember that love conquers all. Somehow, Demi and Bruce continued to love each other while no longer remaining "in love" with each other. Bruce told *Vanity Fair Magazine* in 2007: "It's hard to understand, but we go on holidays together. We still raise our kids together—we still have that bond. . . . I love Demi, and I know she loves me." We can expect Demi to go through a grieving process, but then come out on top—choosing love and forgiveness over bitterness and acrimony.

3. Put the kids first. In 2007, Demi stated: "I'm the product of divorced parents, and my brother and I were the pawns in my parents' game. I never wanted that for my kids." She explained, saying: "You know, I didn't get married and have children so I could get a divorce, get remarried, and get along with my ex-husband. But since that is what happened, I am grateful it turned out this way." Ashton has been a father figure to Demi's children for years, so Demi will most likely

continue to support that relationship.

Divorce is certainly difficult. Many of us know that from personal experience. But if anyone can handle a public divorce in a classy way and continue to find the good in her relationships, it's Demi Moore.

Amy Osmond Cook, Ph.D. is a faculty associate at Arizona State University, where she teaches Communication and English classes. She is the publisher of Sourced Media Books and co-author of Hope After Divorce and Full Bloom: Cultivating Success. Amy and her husband, Jeff, have five children and look forward to welcoming baby #6 in April 2012. For more information about Amy, please visit amyosmondcook.com.

Ashton Kutcher and Demi Moore Camp with Kabbalah Instructor

In the midst of a cheating scandal, do what the Romans do and ... camp with your Kabbalah instructor? Despite being the hot topic in the tabloids for the past couple weeks, Ashton Kutcher and Demi Moore were spotted on a camping trip with their religious mentor at Cachuma Lake, near Santa Barbara, Calif., according to [People](#). Kutcher's friend, Eric Buterbaugh, also accompanied the group. Apparently the duo needed some time away to reflect.

When you're stressed as a couple, how do you briefly get away?

Cupid's Advice:

Stress can really put a strain on a relationship. Here are some ways to relieve your stress as a couple:

1. Go on a date out of town: Taking a night off in a town you've never visited before can be a great way to relax and let loose. You're not likely to run into anyone you know, and there's a certain excitement involved in exploring a new location.

2. Couples massage: You may not have time to dedicate to getting out of town, but there are spas and/or massage therapists almost everywhere. Make an appointment for a couples massage and let your worries slip away.

3. Let go of responsibility and go out: Sometimes we get so used to our routines that we forget to spice it up every once in a while. Forget about laundry, dishes and paperwork for a night. Get a babysitter if you need one, and hit the town with your partner. Bring it back to the good old days when you didn't have "real life" to worry about as much.

How do you relieve stress as a couple? Share your thoughts below.

Ashton Kutcher and Demi Moore Are Spotted at Religious Services

After recently being slammed with rumors of turmoil in their marriage, Ashton Kutcher and Demi Moore were seen together attending religious services at the Kabbalah Centre. According to [People](#), the two sat on separate sides of the aisle as is customary in Kabbalah. After the service, Kutcher greeted Moore with a hug and the couple walked out with their arms wrapped around each other's waists.

What do you do if you hold different religious beliefs than your partner?

Cupid's Advice:

The laws of church and state don't just apply to the government; they can also often times apply to relationships. Find a happy medium by agreeing to disagree:

1. Focus on what you have in common: Chances are you have something in common with your partner, even if it's just your love for one another. Keep your focus on what you can agree on.

2. Learn more about your partner's faith: Take this opportunity to learn more about your partner's beliefs and why they are important to him or her. Chances are that they will want to learn more about yours in return. You may find more commonalities than differences.

3. Don't bring it up: Make it clear to your family and friends that when your partner is around, religion isn't to be a topic of discussion.

What do you do if you and your partner shares different political beliefs? Share your ideas below.

Ashton Kutcher and Demi Moore Are Silent Following Cheating

Allegations

First, Ashton Kutcher was accused of cheating on his wife, Demi Moore, and now there are even more rumors flying around. After spending their anniversary apart, [RadarOnline](#) reports that the two Twitter lovers no longer follow each other on the social networking platform. To make the gossip even juicier, Moore and Kutcher have reportedly been living separately for the last two months. Moore and Kutcher are both keeping silent about the allegations and talks of divorce.

How do you deal with the public backlash when you're having conflict in your relationship?

Cupid's Advice:

When you and your partner are having problems, it can seem like meddling family and friends are worse than the paparazzi. Here are some ways to go about combating the public:

- 1. Keep silent:** If all you can think to say is mean-spirited, it's probably best to keep quiet. It's your business, and no one else needs to know what's going on in your relationship.
- 2. Don't pick a fight:** If your better half is going around telling their side of the story, don't address them. Instead, find the people he's been speaking to and tell them your side personally.
- 3. Take the advice:** Sometimes people want to know about your problems just to give you advice. Entertain them, but make your own decisions.

Do you and your partner have your own paparazzi? Share your experiences below.

Ashton Kutcher's Alleged Mistress Hires a Lawyer

A 23-year-old woman, who is accusing Ashton Kutcher of cheating on wife Demi Moore with her last Friday, has hired a top Hollywood attorney. according to [RadarOnline](#). "She is due to meet with an attorney tonight (Tuesday). She is freaking out," one of her friends said. As a result of the alleged cheating, *Star* magazine is preparing to hit the newsstands Wednesday September 28 with a sensational report about the couple's marriage being "officially over." "Ashton and Demi have separated and the marriage is over," a source close to the couple told *Star*. "The relationship ended because of Ashton's serial cheating. It's a painful time for Demi."

What are some signs to look for when you think your mate may be cheating?

Cupid's Advice:

You have a good feeling that your partner is cheating, but how do you know for sure? Here are some common signals:

1. Work habits change: If your significant other is suddenly working late or at odd hours, you may want to look into the real reason behind it. It very well may be career-related, but it's best to make sure.

2. Privacy: If your significant other demands more privacy, there may be a reason. If he begins password-protecting his computer, hiding his credit card bills or isn't comfortable allowing you to use his phone, you should make sure to ask why.

3. Behavior changes: If your lover is spending less time with you, and more time on the phone or they can't account for where they've been, question them. If you're immediately accused of being too suspicious, and your questions are never answered, then something is definitely wrong.

Share with our readers if you know other signs that mean your partner is cheating.

Is Ashton Kutcher Cheating on Demi Moore?

The rumors are flying that *Two and a Half Men's* latest newcomer Ashton Kutcher has been cheating on his wife of six years, actress Demi Moore. Although the tabloid news has yet to be confirmed, some recent Twitter behavior from each half of the duo is causing some speculation, according to [People](#). The day before their wedding anniversary, Moore chose to share a quote from Greek philosopher Epictetus, which reads, "When we are offended at any man's fault, turn to yourself & study your own failings. Then you will forget your anger." While the actress chose someone else's words to voice her emotions, Kutcher took the opposite approach and decided not to post anything at all on his wedding anniversary. This may actually speak volumes, because the actor is known to be very active in showing his love for his wife via social media.

How do you gracefully deal with infidelity rumors in a relationship?

Cupid's Advice:

1. Regroup: Before acting at all, take a deep breath. You can potentially make things worse than they already are if you react badly to something that ends up not even being true. Let the news sink in before you even speak to your significant other about it.

2. Get the facts: Don't go public with your emotions until you're sure you've gathered all sides to the story. Avoid taking the rumors you hear as fact and simply confront your partner about it, and then hear him or her out before acting.

3. Find support: Social media is probably something you want to stay away from after you've begun dealing with cheating allegations. Instead, find someone you trust to confide in, like a family member or a friend. They may be able to point you in the right direction.

How did you deal when you heard rumors your partner was cheating? Share your thoughts below.

Sexting: Good, Bad or the New Lipstick on Your Collar?

By Emily Macintosh of My Life On Match

If you've read my blog, you know that I popped my sexting cherry this year. I found sexting to be flirty, scandalous and fun, but I also found it to be a bit dangerous. If I took a picture of myself and sent it, would he show it to his friends? Could it end up on the Internet? What if I go missing on a hike and that's the last picture they have of me to show on the 6 o' clock news? In this new age of technology, is sexting just another step in the dating world

or is it the new way to cheat (and think you're not going to get caught)?

Several celebrities have jumped on the sexting and technology train this year, too. Couples like Ashton Kutcher and Demi Moore and Lamar Odom and Khole Kardashian have been publicly showing their love for each other over Twitter. But, sexting is different. It's meant for the two people who are involved and not the rest of the world. Unfortunately, because cell phone records are not as private as we sometimes would like to believe, some celebrities have gotten into some serious scandals in less than 30 seconds, 10 words and the press of the "send" button.

In the last few months, several of those couples have broken up due to sexting scandals. *X Factor* judge Cheryl Cole separated from her husband, footballer Ashley Cole, after rumors surfaced about his sexting with a topless model. Tony Parker and Eva Longoria also split after Parker was caught having a "sexting affair" with one of his basketball teammate's wives. Brett Favre also found himself in the middle of a media storm when he sent revealing photos of himself to a *Sports Illustrated* columnist!

And, no, this isn't just an athlete thing. Let's not forget Michelle "Bombshell" McGee, who shared her sexts with *InTouch* Magazine as proof of her affair with Jesse James.

Sexting can be fun and may spice up a relationship when it gets bland, but remember, technology is our "big brother." In one click (fwd, RT, send), your sexts could be in the wrong hands.

Which Celebrity Couples Will Show Up at Super Bowl XLV?

By Tanni Deb

Get ready to rumble! On Feb. 6, the Pittsburgh Steelers and Green Bay Packers will face off in Arlington, Texas to battle it out for the Super Bowl XLV title. But don't think sports junkies will be the only ones in the stands – the football extravaganza is an event many stars attend. Which celebrity couples will make it to Cowboys Stadium on Sunday?

Five-time Grammy winner Christina Aguilera will perform the National Anthem. Since the singer's recent divorce from her husband of five years, Jordan Bratman, she has been dating *Burlesque* set assistant, Matthew D. Rutler. We can count on the couple to arrive together, since their relationship is said to be getting "serious."

Another serious couple sure to attend the Super Bowl is Fergie and her husband, Josh Duhamel. Her Grammy Award-winning group, the Black Eyed Peas, will take the stage during the Half-time show. According to USMagazine.com, the couple renewed their wedding vows earlier this month. But will Duhamel be in the stands or in the fields during his wife's performance?

Other performers include *Glee*'s Lea Michele, singing "America the Beautiful," while Keith Urban and Maroon 5 will perform during the pre-game show. Will Nicole Kidman make an appearance with daughter Faith Margaret? After all, Keith has been by her side during this year's awards season!

Other celebrity couples in the stands may include Demi Moore and Ashton Kutcher. Although Kutcher is a die-hard Chicago Bears fan, Moore has been seen rooting for the Packers at

their games. Faith Hill and Tim McGraw, who is friends with former quarterback Brett Favre, are also fans of the team. And Justin Timberlake, the former 'N Sync band member who brought sexy back, loves the Packers. We're all curious to see who'll be by his side if he shows up – Jessica Biel or Olivia Munn?

Let's not forget about the Pittsburgh Steelers fans who we can count on to be there for their team: Bret Michaels, Rush Limbaugh, Jeff Goldblum, Snoop Dogg and Adam Sandler – who played a former quarterback for the Steelers in the 2005 movie, "The Longest Yard."

While the big game is obviously the main attraction, celebrities will also indulge during the many Super Bowl parties happening over the weekend. In addition to performing, the Black Eyed Peas will team up with *Sports Illustrated* to host a Super Bowl Bash. "It will be the kick-off to an amazing weekend in Dallas and we can't wait to get it started," said Fergie. While guests are sure to include some *SI* models, like Genevieve Morton and Julie Henderson, Fergie's own supermodel bod will keep Josh Duhamel in check.

Pamela Anderson will also be in town, throwing a pre-Super Bowl Party on Feb. 4, called SuperBash 2011. Past guests included Kim Kardashian, John Travolta and Carmen Electra.

And Diddy, the master of being the master of ceremonies, will host multiple parties during game weekend. Event tickets range from \$500-\$25,000 (yes, that's correct; \$25,000!). Last year, rumors flew that Diddy was dating Nicki Minaj. Current reports say that the rapper is single, but it'd be nice to see someone at his side during his parties.

Too bad we have to wait to see who ends up at the game! Don't forget to tune into FOX on **Sunday, Feb. 6 at 6:30 PM ET** to watch Super Bowl XLV.

No Strings Attached featuring Natalie Portman and Ashton Kutcher

Emma (Natalie Portman) and Adam (Ashton Kutcher) have been close friends for as long as they can remember. One morning they make the mistake of a lifetime; they sleep together. In an effort to keep their friendship intact, Emma proposes something that Adam would be a fool to refuse – a relationship with no strings attached. They can do whatever they want with whomever they want with no consequences whatsoever. It sounds great, right? Only one small problem: what happens if one of them actually falls in love? Filled with a cast who are hard not to love, *No Strings Attached* brings humor to one of life's most often debated questions. Can a friendship survive a relationship?

Should you date your best friend?

Cupid's Advice:

It can be really tough to decide whether to take a friendship to the next level, because there's a lot that can be lost.

Cupid has a few tips on how to decide:

1. Attraction levels: In order to actually date someone, you need to be physically attracted to him or her. Although this is one of the shallower things to base the decision on, there's no point in risking your friendship unless you're sure there's more than a platonic spark there.

2. Matching morals and values: It's easier to be friends with differing values than it is to be partners where that's the case. If you plan on taking the next step with a close friend, make sure you talk about those basic things you never really thought about discussing before.

3. Future goals: Don't risk the friendship for a relationship if you don't both plan on being serious about the outcome. It's simply not worth it to put yourselves out there for a casual fling. Make sure you're on the same page about that.

Release Date: January 21, 2011

Forbes: What Do Powerful Celebrity Women Really Want From a Relationship?

By Krissy Dolor

Forbes may be a money magazine, but that doesn't mean that they don't love celebrities, too! Last week, the magazine reported on a recent study conducted by the University of Abertay Dundee in Scotland, which found that as women earn money and financial independence, their attraction to good-looking, older men increases. In addition, these women hold a man's looks to a higher standard. The university has dubbed this "The George Clooney effect."

Previous studies have found that women care more about whether or not a man can provide for them, while men were more attracted to lookers. This new study showed that when a

woman's income increases, her taste in men change.

"We'd assumed that as women earn more, their partner preferences would actually become more like those of men, with a tendency towards preferring younger, more attractive partners rather than those who can provide and care for children," said lead researcher Dr. Fhionna Moore, a psychology lecturer at the University of Abertay Dundee. "However, the preferred age difference did not change as we'd expected – more financially independent women actually preferred even older men. We think this suggests greater financial independence gives women more confidence in partner choices, and attracts them to powerful, attractive older men."

Forbes analyzed 12 celebrity couples, posing this question: What is each woman in the celebrity couple attracted to? They say that Angelina Jolie, as one of the highest-earning women in Hollywood (\$20 million), wants a hot, older man. Hubby Brad Pitt is 12 years older than the starlet. Think Demi Moore's marriage to Ashton Kutcher is part of the cougar effect? Think again. She told *Harper's Bazaar* she does not like the term – and Kutcher's Twitter presence seems to garner enough fame on its own. We can even look at Ellen DeGeneres, who earned \$55 million last year, and is married to Portia De Rossi – a woman 15 years her junior.

In addition to the UK study, lead researcher at dating site [eHarmony](#), Gian Gonzaga, said in the *Forbes* article that high-earning women are attracted to successful men who have established careers – and typically, these men are older. "In the data I've seen, women always want higher earning men," said Gonzaga. He also said, "the Cougar thing is likely a myth."

Well, there you have it: money only begets more money. If only there were a slew of George Clooney and Brad Pitt look-alikes up for grabs...

Ashton Kutcher Explains Twitter Flirting with Wife, Demi Moore

Ashton Kutcher is blazing the trail for a whole new way of romance in 2011, [Us Weekly](#) reports. Kutcher dishes on his tactics behind those flirty tweets about his wife of five years, Demi Moore. “In some ways, it’s no different than sending flowers to the office: You are declaring your love for everyone to see. Who doesn’t like to be publicly adored?”

But Kutcher also knows when to make the moves in person, too. “There’s no text that can replace a loving touch when someone we love is hurting.”

What are ways to show your partner you love him?

Cupid’s Advice:

Ashton Kutcher may get it just right when it comes to maintaining a perfect mixture of digital shout-outs and personal love notes. Take his lead the next time you want to stand out:

1. Actions speak: That old saying that “actions speak louder than words” rings true. If words aren’t your weapon of choice, a small gesture like doing the dishes before your partner gets home from work will show that you care.

2. Give some R&R: The days are getting shorter, and the nights are getting colder. Block out some time in the evening to cuddle on the couch with a cup of hot chocolate and your favorite holiday movie. Go above and beyond by providing popcorn and a shoulder massage.

3. Make homemade gifts: Anyone can go out to the store and buy something, but by taking the time to crochet a scarf or putting together a gift basket of your love's favorite homemade desserts, it really shows you care.

Ashton Kutcher and Demi Moore to Renew Vows?

Faithful Twitterer Ashton Kutcher has once again revealed his predicament in 140 characters or less, reports [E! Online](#). Kutcher, 32, told Twitter followers that he and wife Demi Moore, 47, are traveling to Israel to “[Share] Love & Light while in Israel.” The couple are, “Asking 4 the energy 2 forge bonds with our similarities & find compromise in our differences.” Kutcher and Moore have recently been facing rumors of Kutcher's infidelity. The couple has been taking to Twitter to sort out rumors, posting pictures of themselves in bed together, and thank everyone for their anniversary wishes. They are expected to renew their vows while in Israel, effectively squashing all rumors.

Why is it good to renew your vows?

Cupid's Advice:

There are lots of reasons to renew your vows – and you don't need to be a celeb to do it! Here are some incentives if you and your mate want to relive your vows:

1. Children: Your children weren't around the last time you got married. Making fresh commitments will allow for your entire family to take part.

2. Relationship troubles: If you and your partner have been having problems in your relationship, renewing your vows may be the answer. Reassurance will make your partnership stronger.

3. More fun: Since you got married, you and your partner have earned more money and met more people. Think of vow renewal as a romantic excuse to throw an even bigger ceremony. Invite more people, buy an even more expensive dress and even hire a band to replace the deejay this time around!