

# Celebrity News: Arie Luyendyk Jr. Says 'Bachelor' Concept 'Barely Works' for Finding Love



By Diana Iscenko

In the latest [celebrity news](#), *Bachelor* Arie Luyendyk Jr. says the [reality TV](#) show's concept "barely works" when it comes to finding love off-camera. On a recent episode of the *Couple Things With Shawn and Andrew* podcast, Luyendyk Jr. reveals how he feels the show is unrealistic: "It's not natural to have two people that you [have], at the end, and then have to break up with one person and get engaged to another person an hour later." *The Bachelor* alum isn't completely writing off the

show as he married his runner-up, Lauren Burnham. Despite not giving his wife the final rose, Lyendyke Jr. and Burnham tied the knot at their [celebrity wedding](#) in January 2019. Burnham also told the podcast, “it’s so hard to [build trust] in such a short amount of time.”

## **In celebrity news, Arie Luyendyk came out saying that The Bachelor is ‘unnatural’ when it comes to finding love. What are some unique ways to go about finding love?**

### **Cupid’s Advice:**

Most couples meet a partner through mutual friends or dating apps. We can’t all sign up for *The Bachelor*, but there’s always other ways to meet a new partner. If you’ve given up on blind dates and Tinder conversations, Cupid has some advice for you:

**1. Throw a singles party:** Crowded singles events can be uncomfortable and overwhelming. Instead, throw a party and ask all your invitees to bring one single friend. Do something you enjoy—like a karaoke night or a cocktail party—to take the pressure off finding a potential partner.

**Related Link:** [Celebrity Parents: Former ‘Bachelor’ Arie Luyendyk Jr. Calls Wife Lauren the ‘Hottest Momma’](#)

**2. Dress outside your comfort zone:** You may be passing by people every day that might want to talk to you. There’s no better excuse for them to speak up when you dress in a way that stands out in a crowd. Dye your hair a fun color or dress in a unique style. Whatever you’re comfortable with that draws attention!

**Related Link:** [Celebrity Wedding: 'Bachelor' Arie Luyendyk Jr. Proposes to Lauren Burnham After Breaking Off Engagement to Becca](#)

**3. Slide into someone's DMs (nicely!):** Take advantage of people you're already connected with on social media. Keep your eyes peeled for posts that show what the person cares about. Try starting a conversation based on something you know you have in common. Don't send them a generic "hey" if you want to get an actual conversation going.

**How do you put yourself out there for a new relationship? Start a conversation in the comments below!**

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## **Expert Dating Advice: How to Handle Heartbreak**





By [Megan Weks](#)

Arie Luyendyk Jr.'s point of view on negative commentary regarding his experience on [The Bachelor](#) holds a life lesson we may all be able to benefit from, especially related to finding The One. With regard to facing a backlash from viewers, the [reality TV](#) star tells *E! News*, "It's all about the ending, and finding that person for yourself. That's the important part." The takeaway, then, is that, even though he had to endure hardship, he knew it was all part of the journey to finding his soulmate. This thought process can offer us an intelligent and healthy way to approach heartbreak.

## Dating Advice for Dealing with a Broken Heart

**Related Link:** [Checklist for Dating from Different Decades: Get Love Advice from 'The Bachelor'](#)

It seems as though Luyendyk will be seriously breaking some hearts this season, especially since he destroyed the "I love

you” rule by saying that powerful phrase to two women. Still, the expert dating advice here is that you must take a risk to get the big reward in life.

In Luyendyk’s case, he risked facing all sorts of negative commentary by living the public lifestyle that is on reality TV. Going on *The Bachelor* was, for him, the ultimate matchmaking experience. He had twenty-nine handpicked women there, all pre-screened to match his criteria. It’s a big risk, but if we look at the results, there are a lot of successful love stories created through this process. Choosing the right woman certainly was a tough choice for him, though...

The women were less fortunate, as only one out of those twenty-nine would end up not feeling disappointed. A couple of them would be severely heartbroken. And one of them might feel badly embarrassed (spoiler alert!). When we face these devastating moments in our lives, how can we handle them? What can we do to keep our sanity?

The key is to look at heartbreak as a beginning and not an ending. The more we fight the flow of life, the more pain we will endure. Look for the opportunity in everything. If you were not someone’s choice, there is a better choice out there for you.

A couple of months ago, a woman approached me for help with news of a devastating break-up. Upon working together, she decided that it could be an opportunity for her to go out and get everything she had been dreaming of in a relationship. She wasted no time in her decision to adopt the Manfunnel Method of dating: She quickly put herself back out there and reported back in exactly one month’s time that she had met an incredible man. They are now planning their summer trip together with her family. She knew what she wanted and took the action to make it happen.

**Related Link:** [Expert Dating Advice: How I Used a Manfunnel to](#)

## [Meet My Dream Husband](#)

If you're not looking to date right away, that's okay too. What can you do to take even better care of yourself? Perhaps you commit to your yoga mat, get into that infrared sauna, and spend extra time in the steam room. Fill your body with the highest-quality foods. Take time to sort through what might have gone wrong on your end. If you sit still, reflect, and grow from your experiences, you will eventually attract higher-quality people into your world because of your heightened level of awareness.

Your break-up is an opportunity. It happened for a reason. Soon, you will find out the reason. You may end up being delighted and thankful. So for now, just allow everything to unfold as it is meant to.

*For more information about dating expert Megan Weks, visit her website at [www.meganweks.com](http://www.meganweks.com). For more relationship advice articles from Megan, click [here](#).*

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# Checklist for Dating from Different Decades: Get Love Advice from 'The Bachelor' Star Arie Luyendyk, Jr.







By [Megan Weks](#)

There is a bit of a buzz going on about the age gap between some of the contestants and the leading man on season 22 of *The Bachelor*. Is it really a big deal? After all, significant age differences are often common in [celebrity relationships](#). A notable one is Mary-Kate Olsen and French businessman Olivier Sarkozy, who is seventeen years older than the fashion designer. Celebrity couple Hugh Jackman and Deborra-lee Furness also seem to be handling the test of time: She is thirteen years his senior, and they have been married for nearly two decades.

## Love Advice from *Bachelor* Star Arie Luyendyk Jr.

What should we look out for if we are dating someone from a different decade? Since Arie Luyendyk Jr. seems well-prepared to qualify the candidates on *The Bachelor*, we might be able to get some great [love advice](#) from his experiences. He has self-proclaimed “baby fever” and is therefore seeking a match who is ready to tie the knot and start a family.

**Related Link:** [Celebrity News: 'Bachelor' Star Arie Luyendyk Jr. Justifies First Impression Rose Pick](#)

A good relationship starts with good intentions – which means, if both people know what they want out of life and have similar values, there is a much better chance for success, regardless of a difference in age. Luyendyk knows what he wants, which will make it easier for him to see if the intentions of the women he meets match his own. When people do not have clarity on what they want out of life, they can easily veer away from one another on the path to self-discovery.

Regarding his decision-making process with regard to age, according to *The Hollywood Reporter*, Luyendyk said, “I only really addressed that if I felt it was an issue – if there was some immaturity or if I questioned whether they were really ready for marriage. It’s more about readiness and about being able to take that next step.”

Realize that, if you choose a mate from a different decade, there will be things you don’t have in common. My husband, who is ten years older than me, has different musical interests and grew up knowing different movies and shows. However, since I had an older sibling and am a person who likes all the arts, we find similarities among our tastes. This difference could become frustrating, however, for those who cannot connect through the arts because inevitably, you’ll be spending time listening to music and watching movies and shows together. Therefore, it’s ideal to be able to find some common ground in media that you can enjoy together.

**Related Link:** [Expert Love Advice: How I Used a Manfunnel to Meet My Dream Husband](#)

Another thing to look out for: Either you or your partner will be aging at what seems like a faster rate. Your partner may be reaching the next stage of life – middle age or elderly –



before you. This difference might start to be more noticeable for you if you're the younger half. You'll want to be sure you have enough of a soul connection that this situation won't matter to you.

Overall, if your goals, values, and soul connection are intact, then age truly is just a number.

*For more information about dating expert Megan Weks, visit her website at [www.meganweks.com](http://www.meganweks.com). For more relationship advice articles from Megan, click [here](#).*

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## **Celebrity News: 'Bachelor' Arie Luyendyk Jr. Justifies First Impression Rose Pick**





By Rachel Sparks

This [celebrity news](#) is stirring up some fire! Bachelor Arie Luyendyk Jr. chose who to give his first rose to, and according to [EOnline.com](#), his choice made a lot of people mad. Single mom from Maine Chelsea threw insults around, upsetting the other women and the viewers, but to Arie, she was taking the initiative he wanted to see. Arie is confident that viewers will change their mind about Chelsea; he hasn't yet!

**This celebrity news has us in Arie's corner. What are some ways to know if someone appreciates you with no ulterior motive?**

**Cupid's Advice:**

We all dream of being on the 'Bachelor' and being handed that rose, but like Arie, there are many times we can doubt the true intentions of someone. A lot of people will try and use

someone in Arie's situation for their own personal gain, so how can you remain secure in others' advances? Read Cupid's [dating advice](#):

**1. They seek you out often:** Arie was driven by Chelsea's relentless pursuit of him. It's confidence-boosting when someone keeps coming after you. How do you know they're doing it for the right reasons? Pay attention to when and how they seek you out. If they're gaining a lot of attention for it, the situation is less about you and more about them.

**Related Link:** [Celebrity News: Peter Kraus Speaks Out About Arie Luyendyk Jr. Becoming 'The Bachelor'](#)

**2. They ask the right questions:** Dating is prying in the beginning, but what kind of information someone is digging for makes a big difference. Asking someone about their interests and aspirations is a genuine connection-forming question, rather than asking about money or how luxurious their home is.

**Related Link:** [Celebrity News: Arie Luynedyk Jr. Hands Out First Impression Rose on Season Premier of 'The Bachelor'](#)

**3. They listen:** Listening is one of the most crucial parts to building a strong foundation of communication, and as any [relationship advice](#) will say, communication is key. If they listen to you and genuinely respond, you know you've found someone who's main interest is you.

**How do you know when someone is being genuine with you? Share your dating tips below!**

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# Reality TV Update: Andi Dorfman Is 'Excited' to See Arie Luyendyk Jr. as New Star of 'The Bachelor'



by [Ashleigh Underwood](#)

The [latest celebrity news](#) reveals that Arie Luyendyk Jr. is the newest star of [The Bachelor](#), and former [Bachelorette Andi Dorfman](#) is happy to share her excitement. In a recent [celebrity interview](#) with [UsMagazine.com](#), Dorfman says, "I think it's cool, it's kind of interesting. It's going back a little old school." And she's completely right: With the network bringing back an old contestant, there is bound to be some riveting plot twists and interesting people returning

to this longtime reality TV show.

## **This former *Bachelorette* is just as excited as we are for the upcoming season of *The Bachelor*! What are some ways to support your friends as they look for love?**

### **Cupid's Advice:**

Being a good friend means being there through thick and thin. Whatever they are going through, you are by their side, holding their hand. When it comes to their search for true love, here are a few ways to show your support:

**1. Know how to listen:** The most important thing you can do to help a friend is to simply listen. When your pals are upset or struggling with something, odds are, they just need to get it out of their system. Allowing them to talk through it can help their situation more than anything else.

**Related Link:** [Celebrity News: Peter Kraus Speaks Out About Arie Luyendyk Jr. Becoming 'The Bachelor'](#)

**2. Empathize with them:** While you may not be experiencing the exact same thing, you can probably relate. Share your stories with your friend and let them know they're not alone. This way, they'll feel more comfortable and hopefully feel better faster. When you share your experiences with them, it may also help them to come to another solution they may not have thought of before.

**Related Link:** [Celebrity Break-Up Nick Viall Says He Still Loves Vanessa Grimaldi Post-Split](#)

**3. Be their wingman:** There is nothing more empowering than

having your friends talk you up. If they are struggling to find love, help set them up with someone! No one knows your friend and what they want more than you. You can pair them up with the perfect partner and help them jump start a new relationship.

**How do you support your friends as they look for love? Comment below!**

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## **Celebrities Share Dating Tips at 8th Annual All-Star Celebrity Kickoff Party**







Interviews by Shannah Henderson; Editorial by Sarah Ribeiro

Earlier this week, on Monday, July 15, 2013, the Playboy Mansion hosted some of Hollywood's hottest celebrities at Beartrap Entertainment's 8<sup>th</sup> Annual All-Star Celebrity Kickoff Party. The annual event supports the Artists and Athletes Alliance, a not-for-profit organization that helps artists and athletes navigate the political process in Washington, D.C. This glamorous night helped kickoff summer sports awards season the way only a party at the Playboy Mansion could – and CupidsPulse.com was there to celebrate.

Celebrity guests included musicians Chris Brown, Snoop Lion and Sean Kingston; actor Jamie Foxx; former *Bachelor* and *Bachelorette* stars, Bob Guiney and Arie Luyendyk, Jr; and ESPY-nominees for Best Breakthrough Athlete Yasiel Puig of the Los Angeles Dodgers and Colin Kaepernick of the San Francisco 49ers, who was the winner of the award.

We spoke to some of these famous faces about dating and relationships – check out their responses below!

## **What is the number one thing you don't do on a date?**

"Don't ever talk about your ex! I break that rule a lot though, because I talk about my ex a lot." – **Bob Guiney, *The Bachelor* Season 4**

"Don't talk about ex-girlfriends or religion, and don't eat with your hands." – **Arie Luyendyk Jr., professional race car driver and *The Bachelorette* Season 8**

## **What is your best piece of dating advice?**

"My best advice is to just keep your partner happy!" – **Bryan Braman, Houston Texans linebacker**

"That's an interesting question. My best advice is to be true to yourself. That's the most important thing to remember. Everyone wants to be fake and put on this façade, and after six months, he or she is a whole new person. The best thing is to just be true to yourself." – **Bret Lockett, New York Jets safety**

"My best advice is to stay loyal and stay off of social networking sites. Those sites are the best way to get in trouble these days. " – **David Gilreath, Pittsburgh Steelers wide receiver**

"You have to do something special. Don't think that it's all about money. It's about thinking outside of the box, getting weird and making it happen. You know what I got my girlfriend for Valentine's Day? A saxophone player! He came to our house and played her favorite songs in our living room. It was awkward but awesome" – **Stephen Kramer Glickman, comedian**

"My best dating advice is don't do it. No, I'm kidding! [laughs] I am a divorced guy, and I would say just be really, really painfully honest. If there is any dating advice that works for me, that tip actually works. I always say, 'Listen, here is what I am capable of. I hope I outshine what I think I

am capable of, but this is probably what I've got in the tank at this point.' It actually kind of helps! If you are honest upfront, there are no misconceptions, and it all really works itself out." – **Bob Guiney, *The Bachelor* Season 4**

"Very cliché, but I would just say relax and be yourself. I think that, most of the time when we go on dates, we're either nervous; we're not ourselves; or we're closed off. It is important to just be open and be yourself." – **Arie Luyendyk Jr., professional race car driver and *The Bachelorette* Season 8**

"Always make her pay on the first date because it's crucial to be different. Everyone is probably going to always pay for her, but if you make her pay, she will say to herself, 'Oh, you're different.' Then you're already starting off on the right foot. If you make her pay, she is going to already know you're different, and you get a free meal. [laughs]" – **Jimmy Butler, Chicago Bulls player**

"My best advice is to be patient!" – **Omar Miller, *CSI: Miami* actor**

"Just be cool, be confident, and believe that in the next two hours, the battle is won." – **Bai Ling, actress**

"If you're a guy, treat the lady with the utmost respect. I have two sisters, so I know how important that is. It's a lot more important than you think. Chivalry is not dead." – **Chris Ogbonnaya, Cleveland Browns running back**

"If you have no trust, you have no relationship. That's what it's all about." – **Andre Branch, Jacksonville Jaguars defensive end**

"Just be yourself and don't try to be someone else. You don't have to try to do all the extra hard work." – **Rapper Tae Snap, rapper**

**“Keep an open mind.”- Mehcad Brooks, *Necessary Roughness* actor**

**“I guess be yourself and be genuine. Also, make sure you don’t smell bad.” – Jarron Gilbert, *Buffalo Bills* defensive end**

**What piece of celebrity dating advice is your favorite? Tell us in the comments below!**

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**Reality TV: ‘The Bachelorette’ Star Arie Luyendyk, Jr. Says, “When You Stop Looking, You’ll Find What You’re Looking For”**





By [Whitney Baker Johnson](#)

Most women know Arie Luyendyk, Jr. from appearing on Season 8 of *The Bachelorette* with Emily Maynard, but this eligible Dutchman made headlines far before ABC's popular reality competition show.

Growing up the son of a two-time Indianapolis 500 winner and Indy speed record holder, Luyendyk initially made a name for himself in the car racing world. "I grew up at the track, so being a driver felt natural to me," he says of his career choice.

Being a driver wasn't enough, though. "Honestly, I needed a break from racing after Dan Wheldon's tragic death, so when *The Bachelorette* producers called, I thought why not! I've always been a very open and optimistic person. I went into the show with that mentality and met an amazing person."

Although he didn't win Maynard's heart, the handsome runner-up formed lifelong friendships with two of the men he strongly competed against: Sean Lowe from *The Bachelor* Season 17 and

Jef Holm, Maynard's final choice. "Sean and I still chat every now and then, and I'm really happy for him and Catherine. Jef and I have a blast hanging out – we kick it quite a bit." He adds, "You definitely grow close to the other guys. I think it's because being on the show is so crazy and hard to explain."

**Related Link:** ['Bachelor' Sean Lowe Fires Back at Rumors Pointing to Troubled Relationship](#)

When it comes to dating, he confesses that he definitely learned some important love lessons from being on the show. First, "love potions don't work!," he jokes, referring to his last date with Maynard in Curacao.

On a more serious note, his relationship advice to others would be "when you stop looking, you'll find what you're looking for." It seems like he's strongly committed to this motto because, simultaneous to our interview with him, he took to Twitter to share the same quote with his fans.

Could these words of wisdom be a result of his short-lived relationships with Courtney Robertson, *The Bachelor* Season 16 winner, and Selma Alameri, one of Lowe's eligible bachelorettes?

"Dating is more difficult now because there are some big expectations." Still, he believes that he'll find "the one" someday. "I think falling in love is rare and the way that you are with someone special is unique. Hopefully, I can meet someone who loves me and not the idea of who they think I might be."

When it comes to the right woman, he says he wants someone who is "witty, amazing and has a good sense of humor." And whenever she comes along, he'll be ready. "When the time is right, I'll know it, but you can't plan a wedding if you don't even have a girlfriend."



**Related Link:** [Desiree Hartsock Is the New 'Bachelorette!'](#)

So would he ever sign on to be *The Bachelor*? "I think I would if it didn't conflict with racing and if I wasn't dating anyone."

For now, though, ladies, when it comes to dating, this man is taking to slow. It seems like he's back to focusing on his career.

Earlier this month, Luyendyk returned to his racing roots, finishing fourth at the season-opening race in Phoenix. This coming Sunday, he'll be driving at The Long Beach Grand Prix in Robby Gordon's Stadium SUPER Truck Series and IndyCar's 2-Seater. "I'm super excited for the weekend. This race is the only one we have on pavement, so I feel like I have the advantage going in," he shares. "I hope the fans enjoy the race and come out to our stand-alone event at the LA Coliseum on Saturday, April 27th."

Plus, he's working towards a new show of his own, so we should be seeing the good-looking driver on the screen again soon. Cross your fingers!

*For more information about Luyendyk, you can follow him on [Facebook](#) and [Twitter](#).*

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## Jef Holm Unwinds with Golf Post-Split from Emily Maynard





By Nicole Weintraub

The day after it was publicly known that Jef Holm and fiancée Emily Maynard were calling it quits, Holm was seen out golfing, according to [People](#). “Just what I needed,” Holm announced via his Twitter account on Tuesday – a day after announcing his split from fiancée *Bachelorette* Maynard. His golfing buddy ironically was Arie Luyendyk who was the runner-up on the *Bachelorette*. In response to calling off his engagement with Maynard, he commented that the two remain “great friends” and he hopes to continue his friendship with her. The duo “tried our hardest to make it work”, but it looks like the two will remain friends for now.

**What are some ways to keep yourself busy after a breakup?**

### **Cupid’s Pulse**

The first few days after a breakup are the hardest from coping with the loss of a valued relationship to dealing with the sudden amount of free time. Here are some ways to busy yourself:

**1. Catch up with old friends:** When we are in a relationship we tend to replace the time that we would spend with friends with time spent with a partner. Go out for a drink with a few friends or take an old pal to lunch to catch up. Reunite with an old classmate or friend that you lost in touch with.

**2. Cross that item off your bucket list:** Never had time to take those dance classes? How about that movie you've been dying to see? Go see it and cross it off your to do list! While you have the time, do all of the things you had wanted to do but never got around to do yet.

**3. Avoid the computer:** Whatever you do avoid the computer including Facebook. Nothing good can come out of seeing your ex and his current whereabouts. Plus, you don't need to log your daily activities on the computer for your ex and his friends to see.

**How do you keep yourself busy after a breakup? Share your ideas with us.**

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**'Bachelor' Winner Courtney Robertson Makes Out with 'Bachelorette' Runner-Up Arie Luyendyk Jr.**





By Nicole Weintraub

Rumor has it that Courtney Robertson shared a smooch with Arie Luyendyk just after ending her engagement to Ben Flajnik a week ago, according to [People](#). Robertson ended her engagement to *Bachelor* star Flajnik who confirmed it on Friday, though no details have been shared regarding the split. Regardless, the *Bachelor* winner locked lips with *Bachelorette* runner-up Luyendyk. It seems that Robertson is keeping it within the same franchise. Her former fiancé seemed bewildered regarding the turn of events. Robertson and Luyendyk went out for a dinner date that ended off with a goodnight kiss at the same restaurant that Robertson went to with her former fiancé during her home visit on the television show.

**How long after a broken engagement should you wait before kissing someone else?**

**Cupid's Advice:**

It's difficult trying to recover from a broken engagement, but some recover more quickly than others. So what is the

appropriate amount of time before moving on to someone new? Cupid has some advice:

**1. There is no exact timeline:** There is no masterful equation of when the appropriate amount of time is to kiss someone other than your former fiancé/fiancée. Though, there is a courtesy time period. Kissing anyone within two-three weeks is immediate grounds for violation and disrespectful.

**2. Respect your former beau:** You may be ready to live up your newly singlehood, but your partner may still be reeling from the broken engagement. If you are going out and meeting new people, try not to boast about it to mutual friends, to your former beau directly or on the Internet.

**3. Check yourself:** Rebounds are not good for anyone – especially you. Make sure that if you do meet a new person that you are interested in them for the right reasons. Move on when you are ready, not when you are lonely.

**How long did you wait to move on from a broken engagement? How long would you wait? Let us know!**