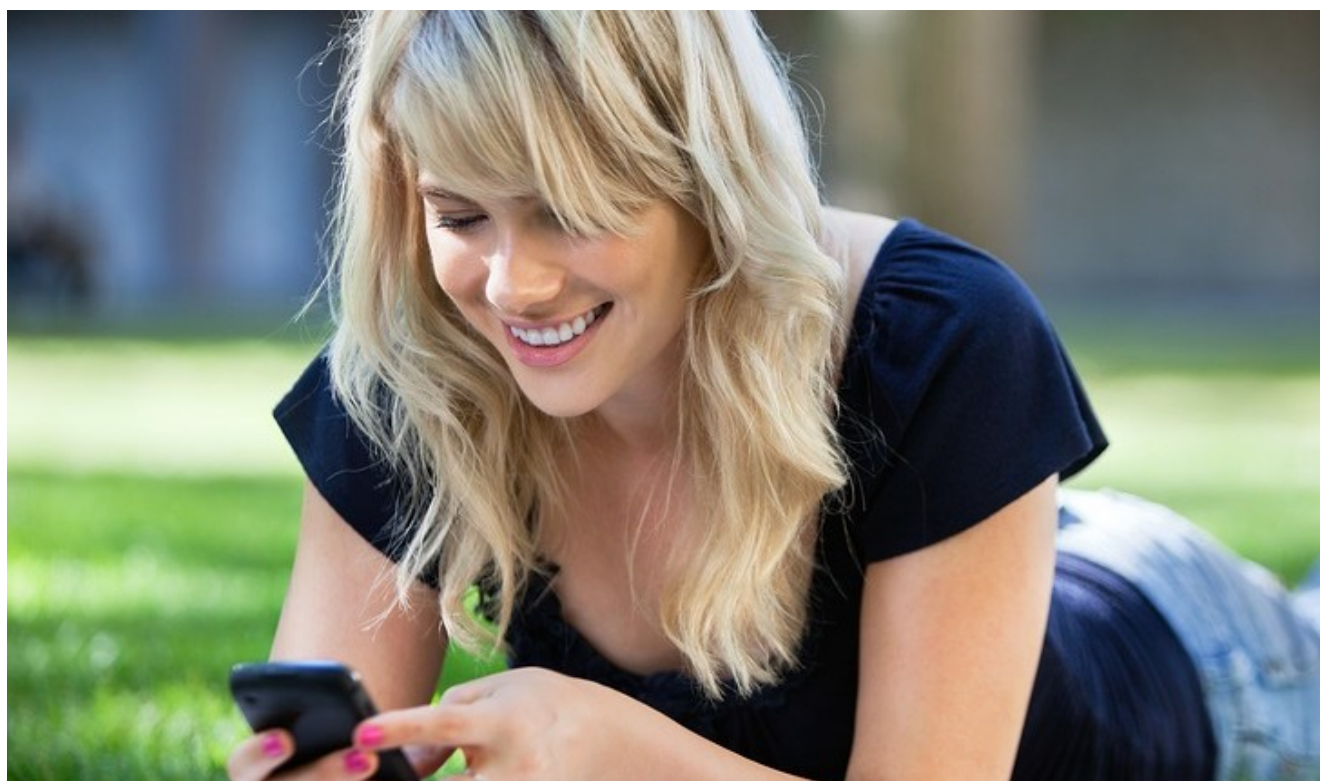


Do's and Don'ts of Flirt texting and Sexting



By Olivia Baniuszewicz and Debra Goldstein

We were eating dinner the other night with our best guy friend, and the topic turned to sexting. Not too soon after, he handed us his cell phone to show us close to a hundred naked photos of different girls. Can you believe he actually created a folder on his phone to archive them because there were so many? Sigh. Anyways, all of these girls sent him photos for one reason and one reason alone ...because he asked. He didn't think twice about showing them to us nor is he shy about sharing them with his boys.

Ladies, we don't particularly want to see your privates on our friend's phone, in the news (yes, you Andrew Weiner, Blake

Lively, Vanessa Hudgens...) or anywhere else for that matter. We thought a nice refresher on some do's and don'ts of sexting may be just what we all need to keep our privates, well, private.

What is Flirtexting?

Flirtexting is what you do in the beginning stages of a relationship to build a connection.

What is Sexting?

Sexting is sending suggestive flirtexts that are bold and blunt and used to spice up an existing relationship.

Do's:

- Sexts should be used by mature adults in a committed relationship to avoid risky backlash
- Stay classy by sending simple sexts telling him what you want to do when you see him later, or what you plan on wearing
- Use the casual and safe environment of text to forgo shyness by sexting to reveal your fantasies
- Spark fire in a long distance relationship with an exciting bedtime sext
- Send a flirtext to spice up an existing relationship during work
- Less is more, send sexy photos of new lingerie or a picture of your legs to get him aroused

Don'ts:

- Never include your face in a naked photo text.
- Avoid your kids seeing these photos by deleting them immediately from your phone after sending them.
- Don't reveal everything in a text message exchange, leave him wanting more.
- Stay away from racy photos unless you're in a serious relationship to avoid unwanted leaks and criticism.

You Should Know:

- Guys have said that they will often test girls by sending them a sext to see how they will respond.
- Nothing is going to happen if you refuse to take it all off for a sext, except for maybe gaining more respect from the person asking you for it.
- Unlike phone sex, you don't need to be anywhere private to send a sexy text.

Flirtexting: How to Text Your Way into his Heart *is a dating guide that spells out the rules, the guidelines and the do's and don'ts of the dating phenomenon of flirting over text message. "We date, therefore we text," was Debra Goldstein and Olivia Baniuszewicz's motto and inspiration for writing Flirtexting. Once guys stopped calling and started courting them over text, they decided to equip themselves, their friends, and the greater cell carrying public, with the tools to cleverly respond to get what they want. www.flirtexting.com*

Cupid Exclusive: The Double Life of Alfred Buber





By **Vincent D. Scebbi**

Every man has a virtual life that he lives in his imagination. Much of it surrounds fantasies about women. However, most keep their deep dark desires in check. [*The Double Life of Alfred Buber*](#) by David Schmahmann tells the story of a man who acts out his repressed urges. It is the story of a successful lawyer who feels deeply dissatisfied with his life. In an effort to find consolation, he secretly ventures to the brothels and bars of Southeast Asia while telling people he is in Paris or London. "Of course it doesn't end happily," said Schmahmann. The double-life can't end happily. But, some people do get away with it." To write the story, Schmahmann admits he didn't need to go far into his mind to get into the head of his character. Like Buber and many men, Schmahmann lives in a world of "what if" scenarios.

This scandalous novel was ironically released around the same time as the "sexting" controversy involving U.S. Representative, Anthony Weiner. Other notable scandals that have appeared in recent history include athletic figures such as Brett Farve and Rex Ryan, along with politicians such as

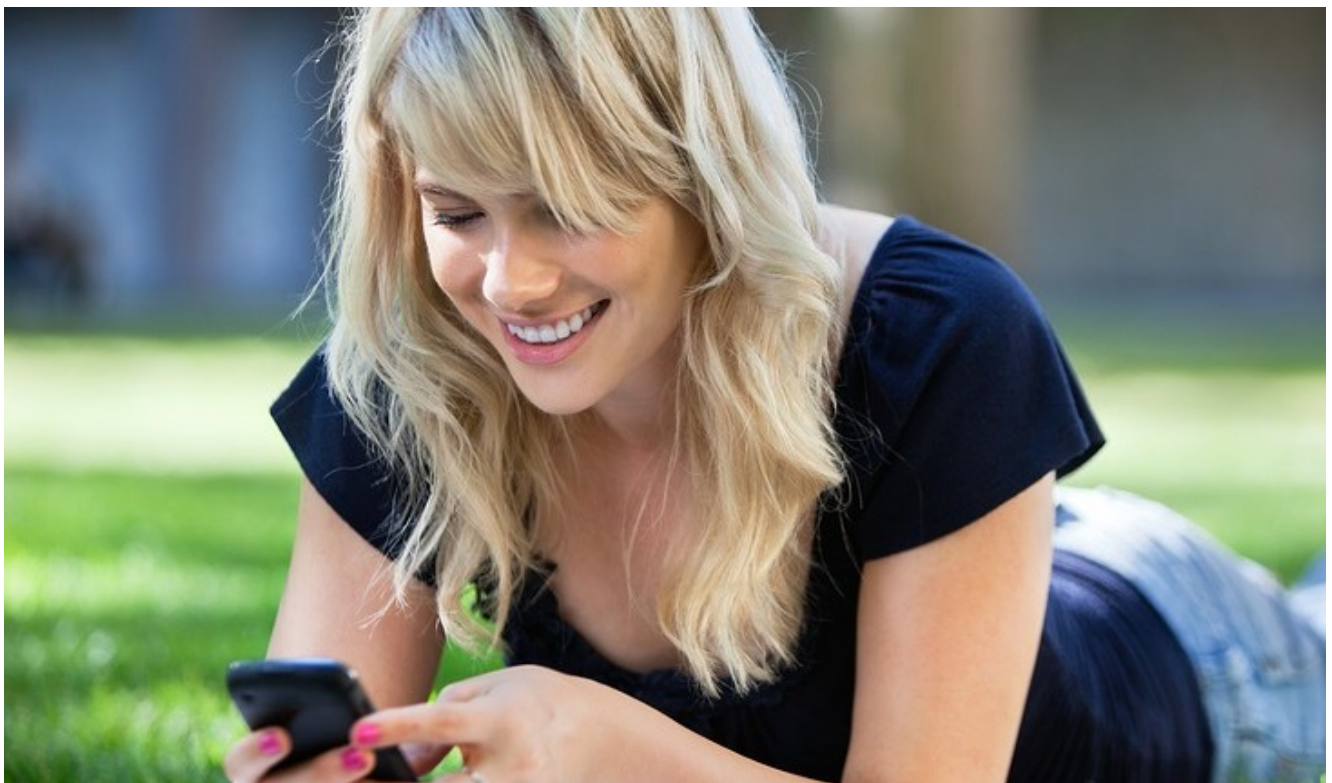
former California Governor, Arnold Schwarzenegger, and John Edwards. Schmahmann has been asked many times if there is a correlation between powerful figures and sex scandals and he believes there is. It's been something that has been with us forever. "Jimmy Carter lusted after women and then you see characters like Al Gore who admitted to hanging out with hookers," Schmahmann said. "I think men, by and large, are a boiling mess of unacquired desires when it comes to women." Politicians' desire for power and sense of feeling "bulletproof" carries over into their sex lives."

Though the Monica Lewinski scandal is cited as wrecking Clinton's political credibility, his marriage to current Secretary of State, Hillary Clinton, remains intact. Schmahmann's character isn't married, however, he believes there is no definite reason why a woman chooses to stay or leave her partner. "Clinton's wife stuck with him. Jefferson's wife stuck with him even though he was raising a second family with her half-sister. Weiner's wife stuck with him on the other hand, Schwarzenegger's wife has left," stated Schmahmann. The author suspects these urges that can cause a double life stem from youth and perhaps a solution can be found there. "These impulses are a residue of adolescence, I think, even if you look at popular culture references such as *American Pie*, boys spend their teenage years attempting to understand and get access to girls, and I think to some extent, healthier adolescences make healthier adults, but that's too much to ask," Schmahmann said. Schmahmann does offer some advice for anyone struggling in a double life, quoting the Dali Lama, "don't confuse pleasure with happiness. Happiness is a much more stable, long-term goal."

David Schmahmann was born in Durban, South Africa. He is a graduate of Dartmouth College and Cornell Law School, and has studied in India and Israel and worked in Burma. His first novel, *Empire Settings*, received the John Gardner Book Award, and his publications include a short story in The Yale

Review and articles on legal issues. He practices law in Boston, and lives in Weston, Massachusetts with his wife and two daughters. You can order his book online at Amazon or BarnesandNoble.com.

Olivia Wilde Calls Her Dog Her Only Boyfriend



Man's best friend, woman's cuddle buddy. Actress Olivia Wilde recently settled all of her dating speculation with one tweet made Friday, according to [People](#). "Ok I know I'm not supposed to tweet sexy photos (damn you [Anthony] Wiener! [sic]). But here is my and my (only!) boyfriend in bed." Despite

internet rumors that the *House M.D.* actress is dating Bradley Cooper and was dating Justin Timberlake in April, Wilde's only cuddle-buddy is her canine companion. "He is my only boyfriend," she said while laughing at the Chrysalis Butterfly Ball in Los Angeles. "He's the only one that I need."

What are the benefits of being single after a breakup?

Cupid's Advice:

1. Live for you: Focus on your career, get all of your priorities straight and catch up with old friends. Whatever you do, just make sure you make these decisions for yourself and not for other people.

2. Freedom: Remember being able to flirt without feeling guilty in your relationship? Well, now you can begin to enjoy that again. Don't be afraid to turn the flirt up when you see someone cute.

3. Learn from the past: There's a theory that every event is a learning experience. Take the time to learn from your past and find out what needs to change when you're ready for another relationship.

What are some benefits to being single? Share your thoughts below.