# Annette Bening Stars in 'The Face of Love'





By April Littleton

Directed by Arie Posin, *The Face of Love* is about Nikki (played by Annette Bening) who still can't seem to get over the death of her husband. While still mourning the loss of her late spouse, she falls for an art teacher who happens to look exactly like her deceased partner. As Nikki grows increasingly delusional, her new lover Tom (played by Ed Harris) starts on a journey to figure out the mystery behind her loss.

#### Should you see it:

Even though this movie falls under the romance genre, *The Face* of *Love* is sure to be filled with unexpected laughs considering the fact that Robin Williams, Amy Brenneman and Jess Weixler are just a few of the A-lists who will be included in this film.

Who to take:

The Face of Love would be great to see with a group of your closest friends. If your boyfriend/girlfriend doesn't mind a sappy movie here and there, think about taking them along as well.

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What are some ways to get over the death of a partner?

#### Cupid's Advice:

Losing someone you love is tough. It's natural to feel as though you'll never be able to share your heart with another person again, but eventually you'll have to move on and start to live your life. Nobody will ever take the place of the love you lost, but maybe you can make room for something completely different than what you had. Cupid is here to help:

1. Take you time: There's no pressure when it comes to how long it takes for you to grief and get over your tragic loss. Don't rush the process just because you think that's what your late honey would want. He/she would want you to heal on your own time. Dating should be the last thing on your mind while you get yourself back together. If you're looking for a bit of company, spend more time with your family friends.

2. Distract yourself: Instead of letting yourself wallow in sadness, take up some new hobbies to help distract yourself from the pain. Start hiking, take a painting class, join a support group or show some interest in things that you used to before the tragedy happened. Anything you can do to take your mind off of what happened will help you in the long run.

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**3. Remember the good times:** When you find yourself thinking about your late loved one, reminisce on all of the good times instead of the bad. Focusing on the positive of your

relationship rather than the negative will help you with any feelings of guilt or resentment. It'll take some time, but you will get through this.

How did you get over the death of a partner? Share your experience below.

## 'Girl Most Likely' Shows the Ups and Downs of the Healing Process





By April Littleton

Kristen Wiig plays Imogen, a failed New York playwright who has lost her self-confidence after a horrible breakup. After a fake suicide attempt performed on stage to try the win back the affections of her former flame, Imogen is forced to live with her estranged mother, Zelda (Annette Bening). Desperate to get back to the glitz and glam she once knew so well, Imogen realizes she must come to terms with her family, including her brother (Christopher Fitzgerald), her mother's new boyfriend (Matt Damon) and a random stranger who just happens to have taken over her room (Darren Criss).

#### Should you see it:

Fans of the comedy genre will find plenty of laughs in this film. Lead performances by Kristen Wigg, Matt Damon and Annette Bening will not go unnoticed by the audience either. Once fellow Gleekers realize Darren Criss (who plays Blaine Anderson on *Glee*) has a predominant role in this film, they will fall in love with the star all over again.

#### Who to take:

This film falls into the PG-13 category for sexual content and language, so it's safe to say that the movie may not be entirely kid-friendly. *Girl Most Likely* would be best to see with a group of friends, some older family members or a potential love interest. If you already have a significant other, drag them to the movies on your special date night together.

### **Related:** <u>'Between Us' Tests the Boundaries of Old</u> <u>Relationships</u>

#### How do you regain your confidence after a bad breakup?

#### Cupid's Advice:

Enduring a bad breakup can put a big damper on your selfconfidence. Dealing with the pain of rejection and heartache can have a negative impact on the way you see yourself. If you let these feelings fester for too long, you'll never get back to your fabulous self. It's time to move on from the guilt you feel over your breakup and get your life back. Cupid has some advice: 1. Stop blaming yourself: After the end of a relationship, it's perfectly natural for you to blame yourself for what happened, especially if you were the one who was dumped. However, you need to realize the entire breakup doesn't just fall on you. Your ex has a part in what happened as well. It takes two people to make a relationship work. The relationship didn't fail because of one person. Beating yourself up over something you have no control over will only make you feel worse about yourself.

2. Get a makeover: You've probably let yourself go a little bit while grieving over your former boo. Now it's time to show them what they've been missing! Clean yourself up, buy a whole new wardrobe and put on a brave, new smile. A smile is the most attractive attribute on a person's body, so give it your best shot. Once you get all dolled up, all eyes will be on you in a positive light and you'll feel like a million bucks.

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3. Remind yourself of the good: Every time you start to feel down, keep in mind all of the positive traits you possess. Are you good at making people laugh? Do you friends say you're the best cook in town? Can people come to you for non-judgemental advice? Remind yourself of all of the great things about you and if it's hard for you to see yourself in such a positive light, your friends and loved ones will be more than happy to help.

How did you regain your confidence after a breakup? Share your experience below.

## 'The Kids Are All Right,' Starring Annette Bening, Julianne Moore & Mark Ruffalo





If you like to watch movies with unusual plots on love, then *The Kids Are All Right* should pique your interest. In the favorite at the Sundance Film Festival last January, sperm donor Nick (Mark Ruffalo) aids Jules and Nic (Julianne Moore and Annette Bening, respectively) in having two children via artificial insemination. When the children are teenagers, they become interested in learning about their birth father, and decide to bring him into their family mix, turning everyone's world upside down. Jules – who is dedicated to her life partner – even ends up falling in love with man who helped create her children. This movie is a comedic look at a not-so-ordinary home, and shows how you can find love in unexpected places.

Cupid's Advice:

This film has unusual plot twists that raise the flag of 'what if,' while including the growing trend of same sex parents. Here are three ways to help maintain a strong family connection when conflict arises in any family situation:

**1. Maintain a line of communication:** You often hear this when struggling with conflict in the home. Talking through disagreements and problems will go further in resolving them than simply ignoring the issues.

2. Open the door for suggestions: When you are up front with your partner and your kids with issues that could cause stress within the family dynamic, you can work together instead of against each other to come to a resolution that works for all.

**3. Think of what the future holds:** Whatever is causing turmoil now will eventually fade into the past. Working through it is the hardest part, but perseverance is the key to success in any arrangement.

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