Celebrity Baby News: Anne Hathaway Is Expecting Baby No. 2 with Adam Shulman





By <u>Mara Miller</u>

These two are expecting baby number two! In the latest celebrity baby news, Anne Hathaway took to Instagram on July 24th to announce the imminent arrival of her second child with celebrity husband Adam Shulman, according to UsMagazine.com. The celebrity couple's eldest child, Jonathan, is three years old. Hathaway posted a black and white photo of herself, captioned, "It's not for a movie.....#2 All kidding aside, for everyone going through infertility and conception hell, please know it was not a straight line to either of my pregnancies.

This celebrity baby news has us over the moon! What are some ways to celebrate when you find out you're pregnant?

Cupid's Advice:

A new baby in the family is always an exciting time for everyone! Cupid has some advice on ways to celebrate when you find out you're pregnant:

1. A fun social media post with the pets: Are you also a pet parent? Dress up your pooch or kitty for your pregnancy announcement on Facebook and Instagram. The adorableness factor with your fur baby is sure to add to excitement over the new addition to your family.

Related Link: Royal Celebrity Parents: Meghan Markle & Prince Harry Are 'Enjoying Each Day' with Baby Archie

2. Take lots of pictures: Document your pregnancy by taking loads of photos. You can do it week by week or month by month, whatever you want, and watch your baby bump grow! You can also share this on social media so your friends and family can celebrate with you.

Related Link: <u>Celebrity Baby News: 'Bachelor' Alums Arie</u> <u>Luyendyk Jr. & Lauren Burnham Soak Up Sun on Bermuda Babymoon</u>

3. Take a babymoon: A babymoon is your one last hurrah (or vacation) before you have a new little one who depends on you if this is your first child. Similar to a honeymoon, you and your partner can take a babymoon before you have the baby.

What are some other ways to celebrate when you find out you're

Celebrity Diet: Does Going Vegan Hurt Your Health?





By Katie Sotack

Reducing meat intake is becoming hugely popular in <u>celebrity</u> <u>diets</u>. According to *Foodnavigator-usa.com* companies like Beyond Meat are skyrocketing in sales because their branding has increased food options for vegan and vegetarian diets. This, coupled with people's growing concern over climate change, has added to the desire to reduce meat intake.

However, celebrities like actress <u>Anne Hathaway</u> and food blogger Virpi Mikkonen on a vegan and vegetarian diet have expressed their concerns with a completely raw, plant-based diet. Mikkonen experienced early menopause. Hathaway lacks energy. Check out our <u>fitness advice</u> and <u>food advice</u> on how to remain healthy on a vegan or vegetarian diet!

Here's some food advice on how to follow this celebrity diet trend but also stay healthy at the same time!

Adding raw, plant-based foods to meals have been all the rage for dieting tip articles, but to maintain a strictly vegan or vegetarian diet requires a lot of knowledge on how nutrition affects the body. Here are the facts to consider when switching up your diet:

- 1. Up your protein intake: If you're cutting out animal products, you could be cutting out the majority of your protein source. At the start of a plant-based diet, it's important to find other protein sources in nuts and lentils. Tofu is fine but be careful not to overeat soy-based products, which contain isoflavones, and can have ill effects on the body.
- 2. There are different types of vegetarian diets: Be sure to research different kinds of diets before you make any major changes for yourself. Some eliminate foods high in fat, like avocados, and others encourage minimal cooking. Find which diet works for you.

Related Link: <u>Popular Restaurants: NYC Vegan Restaurants That</u>
Will Satisfy Both Vegans and Non-Vegans

3. Consult a nutritionist: Not everyone can afford it, but if

your insurance will cover it, contact a nutritionist. Whenever you drastically alter your diet it's best to speak with a professional to make sure all your bases are cover. If you can't afford a nutritionist or doctor's visit, make sure to do your research by checking out books on the diet you're seeking to emulate.

Related Link: Fitness Advice: How to Get Your Best Booty

- **4. Mix and match:** Lacto-Ovo vegetarians, for example, eat only eggs and dairy produce. Pescatarians include fish. Beegans are vegans who eat honey only. There's no need to follow a by-the-book diet. If you want to enjoy a vegan lifestyle, but need to incorporate seafood to increase your energy go ahead!
- **5. Listen to your body:** Above all be aware of your body. Listen to your natural instincts, if you're hungry, tired, and off-kilter in any way, adapt your diet to fit you and your needs. Everybody is different and there are no one-size-fits-all for a diet.

Have you reduced your meat intake or gone vegan? What are your tips and tricks? Share your comment below!

Fashion Trend: Print Mashups





By <u>Mara Miller</u>

It's no secret that animal, floral, and geometric patterns have been popular for ages. In <u>celebrity fashion</u>, Anne Hathaway embraced mixing up patterns for a unique look with this <u>fashion trend</u>. You no longer need to give in to the pressure to match prints with solids. Embrace these <u>fashion tips</u> for some wildly fun ideas!

Print mashups are a fun new fashion trend for 2019. Here's how you can incorporate it into your everyday style!

Even if you just want to dip your toes into print mashups to test out this fashion trend or you want to go all out, we've gathered some tips on how to make mixing patterns work for you:

1. Start small: Starting small with a shoe that has two

different patterns might be the way to go. This way you don't need to worry about spending too much on new crazy prints only to feel like you look ridiculous.

Related Link: Beauty Trend: Pearl Accents

2. Find a solid piece: Polka dots, chains, and alphabet lettering. With a new fashion trend comes new releases in department stores. Search for a dress or top with mixed patterns that strikes your fancy and can act as a statement piece on a night out on the town.

Related Link: Fashion Trend: Bamboo Handbags

- 3. Accessorize: If you don't feel comfortable dousing yourself in contradicting patterns, think about finding a purse or clutch to match with a patterned shirt or leggings. That way you will get the look of multiple patterns, but you won't have to commit to it if you aren't feeling too sassy that day.
- **4. Play with size:** Try throwing on an oversized cardigan or shawl with color blocks over a pinstripe or polka dot dress when you get more comfortable with this fashion trend. Mixing and matching will give you a unique look when you want to stand out in a crowd!
- **5. Pair two types of the same print:** If you don't like the idea of mixing animal prints or stripes with florals, think about mixing different colored clothing with the same print on the fabric. This will come off as more professional if you decide to wear it to work, but you'll be able to have fun at the same time!

Is there anything else you think we should know about mixing up prints? Let us know in the comments below!

Celebrity News: Anne Hathaway Shares Past Insecurities





By Lauren Burczyk

In <u>celebrity news</u>, <u>Anne Hathaway</u> opens up about her past insecurities, but claims she's an entirely different person now. Hathaway, 36, who has starred in movies for nearly 20 years, admits that her time in the spotlight hasn't always been glamorous. According to *People.com*, during a <u>celebrity interview</u> excerpted from the latest installment from *The Jess Cagle Interview*, Hathaway said "I did everything wrong for so long," and added that even though her career was flourishing, she suffered from "feelings of inadequacy, insecurity, and

This celebrity news shows celebrities have the same insecurities we do. Like Anne Hathaway, what are some ways we can conquer these demons?

Cupid's Advice:

Whether we like to believe it or not, celebrities can face some of the same feelings of insecurity as we do. We have some advice on ways to conquer these all-too-common feelings:

1. Try not to always blame yourself: If you're having a severe case of the Monday's and can't seem to accomplish anything at work, think of other reasons that may be affecting your productivity. Instead of blaming it on your inadequacies, decide if it could've been a poor night's rest causing this or a busy weekend that drained your energy levels.

Related Link: <u>Celebrity Couple: Emily Blunt & John Krasinski</u> Were Warned About Working Together

2. Accurately identify your insecurities: To overcome your insecurities, it's important to correctly identify what brings on your low self-esteem. Ask yourself a question such as, "What worries or fears are making me feel insecure?"

Related Link: Celebrity Couple: Emma Stone & Dave McCarry Giggle Together at SAG Awards

3. Reflect on your achievements: Taking the time to look back on everything you've accomplished can help to build your confidence levels. Considering the challenges you were faced with and how you've successfully overcome them is an important

step to letting go of your insecurities.

Can you think of any other ways to overcome insecurities? Comment below.

Age Is Just a Number in New Movie 'The Intern'





By <u>Jessica DeRubbo</u>

In the new movie, *The Intern*, Ben Wittaker (Robert De Niro) has discovered that retirement isn't all it's cracked up to be. In fact, he's so sick of it that he responds to an

advertisement seeking senior interns at a Brooklyn startup. He finds himself in the middle of mass chaos created by the company's CEO, Jules Ostin (Anne Hathaway), whose online clothing business took off and left her in charge of 250 employees. To top it off, Ostin has a demanding relationship and love life involving her husband Matt and daughter Paige. Ben is able to help her navigate some of life's most important challenges.

Cupid has the details on this humorous relationship movie!

Should you see it:

With a duo like Robert De Niro and Anne Hathaway, how could you not? Plus, approaching life's most important challenges (family life with a job and retirement) with a humorous twist, *The Intern* will make you laugh while you learn something along the way.

Who to take:

This type of movie works great for date night, but it works even better for grown kids to go see with their mom or dad. You'll all be able to relate!

Cupid's Advice:

In *The Intern*, Anne Hathaway's character has to navigate how to manage the growth of her company while also balancing her home life with her husband and daughter. It can be tough to find that sweet spot between career and home life, and Cupid is here to help with some relationship advice:

1. Put together a long-term plan: Especially when you own your own company, you can call the shots. If you want to be successful, there's no doubt you'll have to put in some

serious time at the beginning of your career to make it happen. Talk to your partner and let him or her know that you may be putting in some long hours the first few years of your new venture. Hopefully you can compromise with some give and take and make it work with your family life.

Related Link: Owen Wilson, Jennifer Aniston, and more Star in New Relationship Movie, 'She's Funny That Way'

2. Set your priorities: It's important to make a list of your priorities, and then reassess them however often as is necessary. Remind yourself what's most important to you, and if you feel yourself diverging, make some changes. It's easy to make changes along the way than it is to get set into a routine and change things down the road.

Related Link: Meryl Streep Stars in New Relationship Movie, 'Ricki and the Flash'

3. Put in calendar time blocks: A good way to make sure you don't end up with back-to-back meetings well into the evening is to utilize an important calendar feature: time blocks. For example, you could give yourself a meeting from 6PM on every evening to ensure you'll be headed home to your family before dark.

What are some other ways to balance your work and family lives? Share your thoughts below.

Celebrity Photo Gallery: Romantic Getaways





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Adam Shulman and Anne Hathaway

This famous couple enjoyed a nice summer getaway in sunny Spain! The pair spent time on a yacht, soaking up the sun and playing in the water together. Photo: LRR/FAMEFLYNET PICTURES

Top 5 Secret Celeb Matchmakers





By <u>Courtney Omernick</u>

Sometimes, even the most famous of celebrities need a bit of help finding "the one" with whom they want to spend the rest of their life.

Cupid has five celebs who have played matchmaker to the most A-list of celebrity couples.

1. Robert Downey Jr.: Downey introduced mutual friends <u>Jennifer Aniston</u> and Justin Theroux to one another back in 2007. The famous celebrity couple celebrated their celebrity wedding this past week.

Related Link: <u>Anna Kendrick Speaks Out About Celebrity</u>
Marriage

2. Ellie Goulding: Goudling is proud to announce that she is the reason behind the celebrity relationship between Calvin Harris and <u>Taylor Swift</u>. Goulding jokingly commented that she

set the two up because, "They're both really tall."

Related Link: 5 Celebrity Marriages That Are Rock Solid

- 3. Anne Hathaway: Back in 2008, Hathaway decided to introduce the now married celebrity couple, John Krasinski and Emily Blunt. At the time, Krasinski said that he "wasn't really looking for a relationship," but when he saw Blunt, he knew he was going to fall in love with her.
- **4. Ed Sheeran:** Who would've guessed that Sheeran and Courteney Cox were good friends? Such good friends, in fact, that he set her up with her now fiancé, Johnny McDaid.
- **5. Jimmy Kimmel:** Back in 2008 at a Comedy Central show, Kimmel decided to introduce <u>Kanye West</u> to <u>Kim Kardashian</u>. The pair didn't get together until 2012, but Kardashian noted that when they met, "There was definitely a spark."

Who are some other celeb matchmakers? Share in the comments below!

Celebrity Photos: Famous Couples and Their Exotic Honeymoons





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Mike Fisher and Carrie Underwood

The Nashville Predators hockey player and country singer got

married in Georgia in July 2010, and then they hopped on a plane to celebrate their honeymoon in Tahiti. The celebrity couple spent their time soaking up the sun on this beautiful island in French Polynesia. Photo: Flynet Pictures

Anne Hathaway and Adam Shulman Adopt Adorable Puppy





By Laura Seaman

Anne Hathaway and her husband are welcoming a new addition to their little family. The couple adopted a mixed breed rescue puppy and named him Kenobi after the Star Wars character. The new puppy is the second pet owned by the pair, joining Hathaway's chocolate lab Esmeralda. The actress and her husband were married in 2012 and have been living in Brooklyn, according to <u>UsMagazine.com</u>.

How can pets bring you closer as a couple?

Cupid's Advice:

Getting a pet is a huge decision to make as a couple. It's a living, breathing creature that needs your dedication and teamwork to be happy. It needs love, attention, and basic caretaking. It's not a child, but after a while you might come to love it like one. Here are some ways a pet can make you fall in love and make your love for your partner even stronger:

1. A pet is a shared interest. At this point it should be clear that you both want a pet, and that's one things on a long list of traits you most likely share. However, this interest is more than a hobby. It's the desire to take care of an animal, and that's a very strong common trait to have. Not only does it mean you love animals, but it means you're willing to be responsible.

Related: Dating with Dogs: Pet Responsibilities

2. Your teamwork will be stronger. As long as you both put in the work, this pet will bring you closer as a team. Maybe you haven't worked on many projects together, but this pet is a project that you're responsible for. As it grows and becomes a part of the family, you and your partner can see just how great your work together can be.

Related: <u>Dating with Dogs: What to Discuss Before Getting a</u>
Pet

3. It's a step in commitment. A pet is usually one of the first steps in creating a family. It's sort of a pre-child

test. After all, if you can't take care of a dog, how can you take care of a person? This pet adds a sense of permanence to the relationship as well. The pet is something you both own and can call 'yours' not just 'his' or 'hers'.

Have you and your partner owned a pet? How did it bring you closer together? Let us know in the comments!

Top 5 Hot Hair Tips You Should Be Taking from Celebrities





By Dixie Somers

Many celebrities are known for having great hair. It's no surprise that people want to recreate their styles for themselves ... and their partners. Here are five hot celebrity hair tips that can easily get you that fresh look for your next hot date:

Blunt Bangs

Have you just gone through a rough break up and you're looking to spice up your look? Go with the blunt bangs. Celebrities like Jessica Biel and Olivia Wilde often wear blunt bangs. It's a simple style to have done at a hair salon (or at home with the right experience). To get this look, hair will be combed forward, in front of the face. Then it will be cut straight across to the desired length. An easy way to maintain it is to simply use a flat iron on low heat, or use a round brush and blow dryer.

French Braids

Going on a hike or a fishing trip with your man? It's time to try out the French braids. Rihanna and Anne Hathaway have been spotted many times with this look. It takes only minutes to achieve. Simply choose the desired location of the braid(s) and separate dry hair from that area into three equal sections. Then braid those sections and tie the end. Straight hair is easier to braid and looks neater, so a flat iron can be used for curly or frizzy hair.

Related: <u>Date Idea - Road Trip Your Way to Romance</u>

Soft Wave Curls

Going out for a night on the town with your girls? Hit the club like a celebrity with the soft wave curls. Beyonce and Megan Fox frequently dawn soft wave curls. It's one of the most versatile hairstyles that look great on almost everyone.

This look is simple to achieve, all that is needed is hairspray and a curling iron. The first step is to separate dry hair into small sections. The next step is to grab each section, one at a time (holding the hair at the ends), and lightly spray each section. Last, with a medium sized curling iron on low heat, wrap each section around the barrel for about ten seconds.

Related: Beyonce NYC Sleek Styles

Sleek and Straight

If you've got a fancy dinner date with your boyfriend, the sleek and straight is a classy look you can't go wrong with. Mila Kunis and Jennifer Aniston love this look and it only takes two products to get the same results. All that is required is a flat iron and a protective heat spray. First, lightly apply the spray (it will protect hair from excessive heat damage and also add shine). Then, flat iron dry hair by grabbing one small piece at a time. Using a flat iron that is one to two inches is recommended.

Slicked Back

Want to go for something a little different, but still classy? Show your boyfriend you've got the guts to do something new with your hair. The slicked back look is fresh and sexy, so it will turn heads. Jennifer Lawrence and Hayden Panettiere regularly wear this style casually and on the red carpet. It can be worn in two ways. One way is the wet look. To get this style, simply apply hair gel and comb hair in a backward direction. Another way is the soft look. It's the same procedure, just replace the hair gel with hairspray. It may seem simple, but it's in style right now.

Celebrity Hair & Makeup Artist Predicts Anne Hathaway Will Steal The Red Carpet at The Oscars





By Whitney Baker and Nicole Cavanagh

Celebrity hair and makeup artist Julia Papworth finds her inspiration just about everywhere: from fashion magazines or local newspapers to sites like Pinterest and Vine, she's always looking for new looks to try. "It's important to find an image you love and then take it and make it your own," she said. By making a few small changes, you can create a unique style that will represent your particular personality and specific style.

Although Papworth focuses on hair and makeup, she often collaborates with stylists to ensure that, together, they're creating "a full package." Fashion and jewelry must align with hair and makeup to invent a character, whether it's for a red carpet, a work meeting or even a first date.

Speaking of red carpets, for the 2013 Academy Awards, Papworth hopes to see a lot of old school Hollywood glamour. To her, there is nothing better than a woman just being pretty. "No gimmicks or crazy blue eye shadow and insane hair. I just love beautiful looks and classy dresses. That's what the Oscars are all about!"

Related Link: Marc Friedland Explains Why the Winner's Envelope is Now an Iconic Part of the Oscars

Two great examples of this style from the 2012 Oscars are Emma Stone and Penelope Cruz. Stone took a risk by wearing red, a color that redheads often avoid. Her polished updo paired perfectly with the dramatic neck of the Giambattista Valli gown, making for a very sophisticated look on the young starlet. Cruz, on the other hand, opted for a romantic and flowing periwinkle dress by Armani Prive, which was both "stunning and super vintage."



So who will steal the show this year? Anne Hathaway, according to Papworth. "She has been on point all year long and has been more adventurous with her pixie cut," the stylist shared. Many women with short hair think they can't be stylish or feminine, but Hathaway is a prime example of how to do it right. She keeps her look fresh and varied, mainly by "playing with color." Changing your lip color or even your nail color will give your style a bit more edge when you have a short and simple haircut.

Papworth is also excited to see what Jennifer Lawrence, Quvenzhané Wallis and Jessica Chastain will be wearing. For Lawrence, she hopes to see a pretty, polished updo. As for Wallis, she always likes to see how the younger stars manage to look beautiful while still being age-appropriate. Chastain should wear a color that complements her luscious red locks, such as emerald green or deep plum.

Related Link: Get the Latest Fashion Style from 'Hunger Games'
Star Jennifer Lawrence

This classic style holds true for men and even couples too. Papworth is a big fan of the clean, classy look that Justin Timberlake has been rocking lately. In terms of couples, "it's nice to have a picture where you look like you go together." You and your man — famous or not — should complement one another and support each other's style. In addition to predicting the looks for this Sunday's big show, Papworth is also a go-to source for everyday style, something that comes in handy if you're getting ready for a first date.

Take a look at her three tips below and keep them in mind as you're primping and hoping to impress that new guy.

1. Be comfortable. "If your uncomfortable in anything you're wearing or how you look, all your going to do is think about that. If you're wearing uncomfortable shoes, you're not going to be able to hear a word your date is saying because you're

just going to think about how your toes hurt."

- 2. Keep it simple. Simplicity is always best when it comes to date. You may be "super wound up and excited and want to make a big splash when meeting someone for the first time, but honestly, people want to see you and hear you and what you have to say." Something simple, classy and chic is the best way to translate your personality to fashion and beauty.
- 3. Don't experiment. A first date isn't the time to try anything new. You always want to put your best face forward, so stick to something that works rather than something that might work. Don't test run a new hair color or makeup product. Of course, experimenting isn't always a bad thing. It's easy to get stuck in a style rut and do the same thing with your hair and makeup; Papworth has even fallen victim to this mistake.

Stepping out of your comfort zone may be challenging, but you have to give yourself some "tough love" and just do it. It's also helpful to turn to those around you for their opinions. "Confide in your girlfriends. They'll give you that extra push." You should chat with your stylist too: he or she can help you find something new that you can recreate at home.

As Papworth says, "It's about finding that perfect marriage."

You can catch Papworth's work on 'Legit,' an FX comedy on Thursdays at 10:30 p.m. EST.

Anne Hathaway Says She Met A

Lot of 'Bad Ones' Before Her Husband





By Meghan Fitzgerald

Even the beautiful and talented Anne Hathaway has gone through 'bad ones.' The actress who recently won an award for *Les Miserables*, talked about her engagement ring with hubby Adam Shulman. *People* states that Hathaway had to go through some 'bad ones' to find the love of her life, Shulman. According to *ICYDK*, she insists on being matchmaker now so she can spread the love to everyone.

What are some qualities that qualify your current fling as a 'bad one'?

Cupid's Advice:

It is hard to determine whether or not your current fling is the right one or not. In life, unfortunately, you must go through a lot of 'bad ones' to discover who you are meant to be with. Although this may not be easy to deal with, once you find 'the one,' it is all worth it. Cupid has some advice:

- 1. Treats you and your friends disrespectfully: A big aspect of a relationship or current fling is if your partner treats you right. It is also essential for your significant other to treat your friends right. Who wants to be with someone who treats you like garbage? You need to find another person who treats you like you walk on water, someone who looks forward to hanging out with your friends. You know your current partner is a 'bad one' if they are nothing but disrespectful to you.
- 2. Uses you for what you want: Who wants to be in a relationship where the other person uses you? The answer to that is absolutely no one. It is challenging to know if your current fling will end with an empty wallet or a new guest in your home. However, if your partner consistently crashes at your place because he doesn't have a home, ditch him. If your partner uses you for food, leave him. They are a 'bad one' if they use you.
- **3. Cheats on you:** Unfortunately, if your partner cheats on you...it's over. Pack up your stuff and leave immediately, it is as simple as that.

Is your current fling a 'bad one'? Explain below!

Anne Hathaway Ties the Knot with Adam Shulman





By Nicole Weintraub

Anne Hathaway is now Mrs. Adam Shulman as the couple tied the knot on Saturday evening, according to <u>People</u>. Hathaway and Shulman have been together for the past four years and celebrated their nuptials at the Ventana Inn and Spa. The couple was engaged since last November and could not be happier. "He's all the things you want a partner to be. I so find joy in his presence," gushed the <u>Princess Diaries</u> star. The two work so well together because they enjoy living private, low-key lives. The two prefer a modest, normal lifestyle.

What are some ways to personalize your wedding?

Cupid's Advice:

Getting married? It can be overwhelming with all of the different aspects that need to be planned. Here are some ways on how to make sure your wedding is personalized:

- 1. You make the decisions: Sometimes it's difficult to remember that it's your big day; not your mother's, your sister's or your mother-in-law's. Instead of trying to make everyone else happy, at the end of the day it's all about you and your fiancé.
- 2. Share your story: It's your wedding, your relationship and your story. Don't be afraid to include some details celebrating your relationship with your partner that not everyone may understand. As long as you and your groom appreciate the detail, that's all that matters.
- **3. Stay on track:** It's easy to get caught up in all of the different choices and latest trends. Try to stay on the track of what you originally had in mind rather than being swayed by the latest wedding trends and what your family wants included.

How did you personalize your wedding? Share your tips with us in the comments below!

Anne Hathaway's Convict Ex Raffael Follieri Speaks Out





Relationships end for countless reasons. Unfortunately for Anne Hathaway, her four-year relationship with Raffaello Follieri was over once he was arrested in 2008. It couldn't have been easy for the actor to find out her Italian suitor was being placed behind bars for wire fraud, conspiracy and money laundering, especially when the two "were talking about marriage," Follieri told <u>People</u>. Their situation left their romance without much of a chance. However, aside from the unfortunate circumstances, they were still in love, making it difficult for each of them to let go of each other.

What are some ways to get over an ex you're still in love with?

Cupid's Advice:

Breakups would be so much easier if we could simultaneously relinquish both our feelings and our significant other, but that's not usually realistic. It takes a long time to get over an ex, especially when you really loved them, but these tips could help ease the process:

- 1. Be honest with yourself: Oftentimes, both men and women try to put on a front for the world and say, "I'm fine," which isn't always true. Take the time you need to heal and don't feel like you have to instantly be over your ex. It's rarely that easy, but no one expects it to be.
- 2. Start something new: Always wanted to take some kickboxing classes? Here's your chance. Put effort into a new hobby or interest not only to distract you, but in an effort to love something new. It's a healthy way to keep busy and make yourself happy.
- 3. Remove the reminders: You don't have to erase this person from your memory completely—after all, you did at one point love them. However, it's important to take down the pictures of you two together and ditch the keepsakes that are keeping you emotionally connected to your ex.

What has helped you get over an ex that you still loved? Share your experiences below.

Anne Hathaway's Engagement Party Revealed





Though her wedding is not until October 2013, Anne Hathaway and her fiancee celebrated their engagement in February. According to <u>UsMagazine.com</u>, it was quite an interesting affair. "It was held in a New York City bookstore, Hathaway opted for unexpected details, like serving vegan fare and tucking her favorite flowers, ranunculus and anemones, inside bird-shaped vases." Their wedding is expected to be just as quirky. Hathaway dated her soon-to-be husband, Adam Shulman, for three years before he proposed.

What are some ways to celebrate your engagement?

Cupid's Advice:

Sometimes it can be difficult to plan a celebration in honor of your engagement. Cupid has some tips:

- 1. Vacation: Take a mini-vacation with your new fiancee. Consider it a time to have a little <u>celebration</u> of your own before sharing it with the world.
- 2. Theme party: Do you or your partner have a favorite show or movie? Make it into a themed engagement party. Have your

guests dress up if you want to really have fun before you get married.

3. Classic: A classic engagement party can be enjoyable, too. Have a cute brunch with your closest friends and family or a cocktail party to invite a few more people. Share your love story with those you love.

What are some ways to celebrate an engagement? Share your thoughts below.

St. Patrick's Day: 10 of the Most Desirable Irish Celebrities





By Matthew Dougherty

St. Patrick's Day is right around the corner! With so many celebrities from Ireland or with Irish descent, now is the perfect time to decide who would be the best match for you. With a little Irish luck, anything can happen. Here are our picks for the best Irish actors and actresses to hit the bars with on Saturday — after a romantic dinner, of course:

Top 5 Irish Actors To Romance

- **5. Cillian Murphy:** Cillian Murphy was born in Douglas, a suburb of Cork, Ireland. The actor has appeared in many films, but perhaps he was most desirable in the opening moments of *Red Eye*, where he played the perfect potential boyfriend to Rachel McAdams' character. That is, until he turned out to be a homicidal lunatic. Murphy has a laid-back, cool persona and would likely make a charming date.
- **4. Jonathan Rhys Meyers:** This television actor, who was born in Dublin, Ireland, has a reputation for partying and would be a great person to hit the clubs with on St. Patty's Day. His

piercing blue eyes also make him almost impossible to resist.

Related: 10 Ways to Meet Someone on St. Patrick's Day

- 3. Pierce Brosnan: Okay, so he's married, but our list wouldn't be complete without James Bond. Plus, there's hope for a movie romance: with every new film comes another Bond girl. Brosnan was born and grew up in Ireland and is practically ageless, both qualities that help him play the super suave and sexy spy.
- 2. Mark Wahlberg: Marky Mark was born in the most Irish town in America: Boston, Massachusetts. Boston is the best place in the U.S. to celebrate St. Patrick's Day. If you are lucky, maybe Wahlberg will take you to some of his favorite pubs in the city.
- 1. Colin Farrell: No actor flaunts his Irish heritage as much as Colin Farrell. Born in Dublin, Ireland, Farrell is known for being one of Hollywood's bad boys. But that does not take away from the fact that he would be a great date. Plus, he does has a soft side. Farrell has said that what inspired him to become an actor was watching E.T., which brought him to tears. Need we say more?

Top 5 Irish Actresses To Romance

5. Jennifer Connelly: Jennifer Connelly is of Irish descent, thanks to her father. You can very easily see it in her face. Do you know what you cannot see in her face? Her age. Jennifer Connelly is 41 years old and does not look a day over 30. She is a beauty queen and easily one of the sexiest women on the planet.

Related: Why Amazing, Confident Women Remain Single

4. Olivia Wilde: This rising star has citizenship in Ireland. Coming off of some major television and movie roles, Wilde is becoming one of the hottest names in Hollywood. If

she is anything like some of the characters she plays, she is kind-hearted and absolutely loveable but with a bit of an attitude as well.

- 3. Rooney Mara: She may have played a Swedish hacker in last winter's *The Girl With the Dragon Tattoo*, but Mara comes from an extremely Irish family. Her great uncle was, at one time, the United States Ambassador to Ireland. Mara is very shy and modest in interviews. This makes her one of the cutest and most humble people in the business. Oh, and she is absolutely gorgeous.
- **2. Zooey Deschanel:** Who can resist Zooey Deschanel? *The New Girl* and (500) Days of Summer star has a glowing personality but manages to be more down to Earth than a lot of other actresses. She would be an entertaining date because she knows how to laugh at herself and how to make you laugh, too. A combination of her bubbly personality and beautiful, big blue eyes will make her very difficult to ignore.
- 1. Anne Hathaway: Hathaway is of mostly Irish ancestry, which is pretty obvious when you look at her. Based on interviews and what many in the inner circle of Hollywood have said, Anne is one of the sweetest, nicest people in the business. Last summer, she starred in the romantic film One Day, leaving many of her fans wanting to spend more than just one day with her. This summer, however, she will take on a much darker role as the new Catwoman in the next Batman movie, The Dark Knight Rises. Hathaway is great as any character, but who can pass up dating Catwoman?

Do you like our picks? Any other Irish celebrities you would rather date? Sound off below!

4 Wedding Styles of the Rich and Famous





By Lauren Martina, ASID and Katherine Shell Benson

When it comes to upcoming trends, we can guarantee that the hottest engaged celebrity couples will be showcasing the latest and greatest. In fact, we had so much fun pairing the most talked about celebrity brides-to-be with the wedding styles that everyone is talking about! Here's our forecast for what we think we will see in 2012!

Anne Hathaway: When we think of Anne Hathaway, we think of vintage elegance. Between her classic fashion style and the grace she exudes each time she walks out of her door, we believe that a *Vintage Elegance* wedding is what fits her best. Although her wedding will be in NYC, this very popular

style can be scaled up and used in any setting from penthouse rooftops to grand hotel ballrooms.

Jessica Simpson: Very Southern and hand done outdoor weddings are huge right now and are not going away any time soon. One of the things we love about Jessica Simpson is that she is authentic, and this is the type of wedding we can see her having this time around ... very intimate, Southern and hands on.

Britney Spears: Although this is not her first rodeo, we believe she has found the one this time! With two adorable boys, and the reputation of sometimes going against the grain (which isn't so bad sometimes when an electric razor isn't involved), we can't imagine Ms. Spears in a traditional white dress. This is why we are pairing her in a colored Vera Wang dress, which is one of 2012's hottest trends.

Jessica Biel: Luxe Weddings are all the rage right now, and if you go to any Canadian wedding source (Canada is always a step ahead when it comes to wedding trends), you will see what we mean. Who better to have one than Jessica Biel? We envision her wedding very luxe with champagne and gold trims, acanthus leaves and lots of layered texture. We can see her and Justin Timberlake with this fabulous Luxe cake from The Cake Opera Co. Love this!

For more of the hottest trends and wedding day ideas, come see us on our blog at www.bellabaxterevents.com/blog.

'One Day' featuring Jim

Sturgess and Anne Hathaway





Dexter and Emma (Jim Sturgess and Anne Hathaway) are two college-friends who sleep together on the night of their college graduation, and then they go their own ways while still remaining friends. Dexter goes into the entertainment business and Emma becomes a teacher. The film shows the two of them each year on the anniversary of their college graduation to see where the two are in their lives. Sometimes they're apart, and other times, they're together. An original idea for a romantic movie, "One Day" captures the power friendship has in a person's life.

Is it possible to remain just friends after it crosses the

line once?

Cupid's Advice:

Yes it is possible, but it at times be difficult to keep it a platonic friendship. Cupid has a few suggestions:

- 1. Boundaries: It's important that you and your friend keep your distance and don't have your friendship turn into something more if you're not ready.
- 2. Talk to your lover: Your partner shouldn't feel threatened by a friendship, you just have to reassure them you are just friends.
- **3. Mutuality:** You and your friend need to stay on the same page on the status of your friendship, meaning if feelings blossom, they need to know so you two can act accordingly.

Release Date: Aug. 19

Love and Other Drugs Movie Trailer with Jake Gyllenhaal & Anne Hathaway





Based on the novel "Hard Sell: The Evolution of a Viagra Salesman" by Cupid's guest author this week, Jamie Reidy, Love and Other Drugs brings former Brokeback Mountain co-stars Jake Gyllenhaal and Anne Hathaway back together again on the big screen. When Jamie (Gyllenhaal), a charming pharmaceutical drug rep meets Maggie (Hathaway), a seductive free-spirit, the two can't seem to shake each other. Soon they find themselves bitten by the love bug ... a bite so deep that no prescription can cure it.

How can you handle dating someone who is emotionally unattached?

Cupid's Advice:

Being in a relationship with none of the emotional attachments that comes along with it may seem like a good idea, but it definitely poses some challenges. Here's how to deal:

1. Have a game plan: If you decide to involve yourself in a

situation where it's all action and no talk, discuss the terms and conditions first. Meeting expectations is easier when you're both on the same page.

- 2. Take small steps: Chances are that your partner is emotionally unavailable for a reason. Try to be patient, and content with the small steps that they may be making towards a more emotionally stable relationship.
- **3. Know when to call it quits:** If one of you starts wanting more from the relationship than the other can handle, it could be time to say goodbye. If you don't want the same things, there may be no other solution.

Release date: November 24, 2010

Anne Hathaway Fakes Jealousy at Jake Gyllenhaal and Taylor Swift Couple Talk





Apparently For Love and Other Drugs star Anne Hathaway will not entertain talk of her co-star's love-life during interviews, according to <u>US Weekly</u>. During a press conference for the movie, questions arose about Jake Gyllenhaal and his connection to teen singing sensation Taylor Swift. Anne Hathaway took the pressure off of her co-star by saying, "You keep the conversation to me and only me or otherwise I'm going to get nasty! Thank you."

How can you avoid answering prying relationship questions?

Cupid's Advice:

Don't fold to the pressure of onlookers when your private life is abuzz, and you're not ready (or willing) to talk about it:

- 1. Laugh it off: If a topic or question comes up that you aren't comfortable answering, give a little laugh paired with a mysterious smile and a shrug. This will send the message that your lips are sealed on the matter.
- 2. Change the subject: Segway the question at hand onto another topic. Interjecting "speaking of..." or "that reminds

me..." takes the focus off of you and onto something new.

3. Be blunt: If all else fails, be blunt about it. "I'm sorry, but I'm not comfortable answering that," or "That's none of your business" will get to the point when politeness doesn't.

Anne Hathaway Talks Trust Troubles





When your ex-boyfriend pleads guilty to 14 counts of money laundering, conspiracy, and wire fraud, what's a girl to do? Years later, after a highly publicized fall out with ex-

boyfriend Raffaello Follieri, actress Anne Hathaway has found comedic relief when it comes to talking about past relationships. *People* reported that when Vogue sat down with the actress, and asked about potential deal-breakers, she wittily replied, "Uh...fraud?" While Hathaway can laugh, looking back, she can't deny it has left her with trust issues stemming from lies and deceit. Hathaway is set to star in romantic comedy *Love and Other Drugs*, which hits theaters November 24. She says, "Gosh, I hate talking about the breakup, because I don't want it to define me, but as is to be expected, there were a lot of lingering trust issues, and I think that making a film about trust that required a great deal of trust — well, it was challenging to get there."

How can you get over trust issues from a past relationship?

Cupid's Advice:

Some past relationships can leave you wondering, "How can I ever trust again?" Here are a few ways to put the past behind you, opening yourself up to new opportunities:

- 1. Start with you! After enduring a relationship that left you with trust issues, it's important to do some soul searching. Before you can even think about starting to trust others, you need to sit down and work through these problems, and learn to trust yourself!
- 2. Focus on the present: While things might not have ended well in the past, don't pass up new opportunities just to prevent yourself from getting hurt again! We've all been there; what's important is that you walk away having learned something. Try to get comfortable with the idea of giving people the benefit of the doubt again.
- 3. Talk it out: If you're thinking about starting a new relationship with someone, make sure you give your new beau a heads up on your issues with trust. Why? Because if you find yourself lashing out, he'll know where it's coming from.

Remember he's given you no reason *not* to trust him. Give him the chance to prove himself!