

'DWTS' Pro Anna Trebunskaya Welcomes a Baby Girl and Reveals Boyfriend



By Louisa Gonzales

The *Dancing With The Stars* alum, Anna Trebunskaya makes two big and exciting announcements in one blow. The TV star broke the news of the birth of her child and the name of her baby daddy, Nevin Millian. Millian is an actor who has shown up in shows such as *True Blood* and *Nip/Tuck*. According to UsMagazine.com, a rep confirmed in a statement that Trebunskaya and boyfriend Millan welcomed their first child at a home birth, daughter Amayla Millan, on Saturday, January 18th. The couple was reportedly also quoted saying they're "thrilled" and "couldn't be happier" about the birth of their baby girl!

What are some ways to keep your relationship under wraps at first?

Cupid's Advice:

When your relationship is new and fresh you might feel it is best to keep it under wraps, especially when it is important for you to keep your personal life private, until you know it's real and will last. It is important to feel secure in a relationship and not reveal anything until you both are ready. How can you keep your relationship under wraps in the beginning? Cupid has some advice:

1. Keep it to yourself: Don't discuss your personal business. When people bring up your personal life maintain short and cool responses. If people are persistent about it don't be afraid to say, "I don't discuss my personal relationships." If you are not ready to show you're a couple or talk about it then don't, no one needs to know about your private affairs.

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2. Keep physical contact to a minimum in public: If you want to keep your union under wraps, that means hiding all signs of a relationship when you are out in public or with your family and friends. What you do on your own time or in private is up to you, but if you're looking to keep the fact you are together a secret, and you are both constantly all up on each other your affair won't stay that way.

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3. Deny or Avoid the subject: You can deny the fact you two are an item if anyone asks or you can avoid the subject. If someone asks you about them you can say things about them, without revealing you are with them simply by avoiding the

subject of romance. Say things like, “Yes they’re great,” and “We are very close.” This lets you talk about your lover without actually stating the two of you are lovebirds.

What do you think is the best way to keep your relationship under wraps? Share your advice below.

‘DWTS’ Pro Anna Trebunskaya Is Pregnant



By Petra Halbur

Anna Trebunskaya has announced that she is expecting! “It wasn’t planned, but when it happened,” she told UsMagazine.com. “I thought, ‘This is perfect – I’m ready to be a mom.’” The Russian dancer is reportedly receiving plenty of

support. Although she has chosen not to name the baby's father, she describes him as "very supportive." Furthermore, her mother is "so excited she's going to be a grandmother," Trebunskaya says.

How do you support your partner through an unplanned pregnancy?

Cupid's Advice:

Surprise! You're going to be a father. No, you weren't expecting it but that is the situation that you now find yourself in. The mother of your child is undoubtedly going through an emotional roller coaster. Cupid is here with some advice for how you can support her.

1. Rise to the challenge: Whatever your plans used to be, the fact is that now you're going to be a father. Your partner is probably scared and it's going to be a great comfort to her to know that you're going to be there for her.

2. Don't jump into marriage: There is a difference between being there for your partner and marrying her. Just because you are obligated to be a part of your child's life, does not mean that it's necessarily a good idea to get married to the mother.

3. Get excited: Celebrate the fact that you're going to be a parent! With all the uncertainty that your partner is feeling, it will be very reassuring for her to see that you are excited to be a father.

How did you react to an unplanned pregnant? Tell us below.