

Dating Advice From Justin Kim of 'America's Next Top Model': "If Someone Is Already on Your Team, You Shouldn't Be Looking for Free Agents."



 By [Sarah Batcheller](#)

America's Next Top Model has a knack for introducing audiences to their next, most beloved reality stars. The reality TV competition is known for being lathered in glamour, sophistication, and fun. Not to mention, some serious eye candy. This summer brings in Cycle 22 of *Top Model*, and with it an up-and-coming heartthrob, Justin Kim. Loads of social media adoration surround Kim already, as admirers anxiously await his on-screen debut. A Northern Virginia native and George Mason University alumnus, Kim is taking the modeling world by storm. In this exclusive celebrity interview, Cupid talks to Kim about the road to stardom, the adventures along the way, and his best dating advice.

Cupid's Exclusive Celebrity Interview with 'ANTM' Up-and-Comer Justin Kim

Kim wasn't apt to put any of his dreams on hold while he was attending college. He explains welcoming a modeling career into his life, stating, "I went to [George Mason University],

and I commuted, so that allowed me to do my thing on the side. Going to Mason was a blessing in disguise, because at first I'd wanted to go away to college and get the "full experience." Then, my sophomore year [a friend of mine] asked if I wanted to be a secondary model for a shoot. I told him 'no' at first, but a week beforehand he contacted me again, so I did it. People saw the shots, they submitted me to a casting call, and I ended up getting signed. I got to do shoots in D.C. and network. So, it just happened."

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Believe it or not, perfecting his "smize" wasn't Kim's biggest battle. In fact, he claims that living with roommates was his first real, personal challenge. "These were essentially my first roommates in my entire life!" he exclaims. "It was a huge culture shock, and there were so many different personalities."

As far as the culture shock goes, Kim explains that his upbringing allowed him a healthy perspective. "I'm blessed...My parents raised me in Northern Virginia, and that is one of the most diverse locations in the entire country. Back at home, there are so many different cultures, ethnicities, and backgrounds," he reveals. "For some of the castmates I was with, that was new. For example, one person had never met an Asian-American person in their life."

The newness of the experience must have brought the cast members closer together, though, because Justin named Nyle DiMarco, Dustin McNeer, Stefano Churchill, and Mamé Adje as his closest pals while filming. Although, anyone who has participated in the aforementioned social media hype may be suspicious that Adje and Kim are more than "just friends." Maintaining full-blown mystery, Kim says of his castmate, who is also known as Miss Maryland 2015, "Mamé is an awesome friend."

One relationship that the budding fan-favorite does gush about, though, is that with Tyra Banks. Of the show's host, Kim raves, "Tyra can back up all the hype around her. The aura I felt while standing in front of her is just *real*. It was amazing...She's so genuine. Off-camera she would come and make sure we were doing okay."

Justin Kim Offers Dating Advice for Millennials

As for relationships and love in general, Kim discloses that things haven't changed much for him since beginning his road to stardom, but that he is mindful, and trying to make smart choices. "I try to keep everything the same, and not let anything change me," he says. "People do tell me to be careful of who to meet now because they might have the wrong intentions, and that's true, but at the end of the day you just have to go for who you like, and who you want to be with."

As a recent college graduate, Kim has some dating advice for other millennials who are looking for love. When it comes to figuring out when to settle down, this Top Model has a "first things first" attitude. He proclaims, "You should take your time – you don't want to jump into anything. Especially because nowadays everyone is so career-driven. For example, I'm all about stability. I want to be financially stable before I settle down. There's no point in rushing – we're still young. Experience life."

Related Link: [Adrienne Curry and Christopher Knight Split](#)

According to Kim, experience should have its limits too. He offers some insight on finding love, clarifying, "You could be playing the field, but if someone is already on your team, you shouldn't be looking for free agents! If you have someone who's special and who you don't want to lose, then don't mess

around.”

For more from Justin Kim, “like” him on Facebook, follow him on Twitter @Seoulful_J and www.instagram.com/seoulful_j/, and be on the lookout for his upcoming athletic line. Tune in to America’s Next Top Model on The CW.

Celebrity Interview: Model CariDee English Is “Off the Market Officially!”



Interview by [Whitney Johnson](#). Written by [Rebecca White](#).

You may recognize CariDee English as the season 7 winner of *America’s Next Top Model*, but she has come a long way in her career since 2006. In our [celebrity interview](#), the former reality TV star opens up about her current boyfriend, her struggle with Psoriasis and how it has affected her relationships and love life, and the upcoming music video that she stars in. Plus, she shares her best fashion and beauty tips for your next date night.

CariDee English Opens Up About Her Relationship and Love Life

Sorry, guys: This beautiful blonde is “off the market officially.” She’s been dating musician Ilan Rubin since they ran into each other at a Halloween party, but she admits that

she “stalked him on Instagram for a couple of years” first. Given their shared passion for music, particularly drumming, she says, “I love the way he worked. First and foremost, I was in love with the artist in him.”

For women trying to find the courage to make the first move, take a cue from English: After she realized Rubin was flirting with her, she took the reins. “I definitely approached him. I picked him up 100 percent,” she shares. The couple has been together ever since!

Related Link: [Bobbie Thomas on Date Night Fashion: “If You’re Looking to Have a Good Time, Don’t Be Uncomfortable!”](#)

Since both of them travel often for work, they have to take advantage of date nights when they can. The models says her perfect time with her man is when she doesn’t have to share him with anyone else. She elaborates, “With work, we’re constantly out with other people, so it’s just nice to get all of his attention.”

When it comes to her three must-haves in a partner, English knows exactly what she wants: He needs a job; he needs to share some of her passions and interests; and most importantly, he needs to be loyal. “I can’t stress it enough: You can have the hottest guy with the best job, but if he’s not loyal, you’re gonna feel like shit,” she says in our celebrity interview.

Former Reality TV Star Shares Dating Advice in Celebrity Interview

Many fans now know English from the often-played Stelara commercials. Given her role as spokesperson for the medicine, it’s no surprise that she’s very candid when discussing her Psoriasis, which she’s had since she was five years

old. "It really impacted my dating life. It's the biggest reason why I'm so cool and half the reason why it took so long to lose my virginity," she says with a laugh. "It's something that you can't cover up, and it's something that you can feel to the touch."

While not all of us struggle with something like Psoriasis, the North Dakota native recognizes that, "as women, we are always going to be uncomfortable about something." She encourages you to "embrace whatever it is that's less than perfect. The best way to find confidence is just to put time into yourself." Something as simple as taking a walk two times a week can help you feel more in tune with yourself. "That automatically makes you feel more comfortable when it comes time to reveal your body in front of a partner," she adds.

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English also believes that it's important to share your insecurities with your partner once you are comfortable with them, even though the fear of rejection is so high. "They're only going to love you more. I guarantee that," she shares.

Of course, as much as you work on inner confidence, you're outer appearance also affects how you ultimately feel. "Confidence comes from within, but it will show on the outside," the model says. "Whenever I'm not feeling all that sure of myself, I'll wear a bright lip or a powerful color like red and throw in a little extra time on my hair." Whatever you do, don't give into your self-doubt and decide not to go out. "Don't let your insecurity win. Beat it with a punch – a punch of color," she says.

If all else fails, English recommends wearing something black. "It'll make you feel slinky and smooth and slender. It kind of makes you feel like a bad ass," the star divulges. "A great leather jacket will go a long way to improve your mood too."

To add a little pizzazz to your dating life, try something new when it comes to your beauty routine. It can be as simple as putting on a new lipstick or as drastic as changing your hair color. Whatever you decide to do, English says, “Just commit to it. Go for it 100 percent and wear it with no apologies.”

Related Link: [Dating Advice: 5 Tips for Awesome Lips for Your First Kiss](#)

On a first date, though, you may want to keep your look simple. “The more you put on, the more upkeep you have to do,” she reminds us. “Make sure you bring everything needed for touch-ups!”

When she’s not modeling, English loves doing anything related to music. She’s currently working on a music video for the band Mini Mansions, which is Michael Shuman’s band, who is the bassist for Queens of the Stone Age. “I’m excited because I get to do my art, my modeling, but I get to do it in a live action way,” she says.

You can keep up with CariDee on Twitter @CariDeeEnglish and Instagram.

Janice Dickinson ‘Couldn’t Be Happier’ Over Engagement to Dr. Robert Gerner



 By Nic Baird

Former *America’s Next Top Model* judge Janice Dickinson is

engaged to Dr. Robert Gerner, UsMagazine.com reports. This is Dickinson's fourth marriage. Gerner, nicknamed 'Rocky', is a prominent psychopharmacology expert. The couple have only been dating for three months, but "it was love at first sight," Dickinson said. "I intend to make Rocky the happiest man in the world for the rest of his life."

What are some things to beware of when you think it's love at first sight?

Cupid's Advice:

Everyone wants to believe in love at first sight. The romantic concept is in every love story ever told, so why not in our lives as well? While having a good first impression of someone is definitely a good sign, it's not a fool-proof system:

1. Infatuation: Often mistaken for love at first sight, we can become suddenly infatuated with someone we find attractive, or who seems too cool to be true. Sometimes they aren't that cool. Sometimes you don't consider if they're compatible with you when you're so enthralled with their beauty.

2. Incompatible: After a brief chat it should become clear if your personalities don't click. However, wait for the second date before writing their name on your mirror. Explore how they feel about life, issues important to you, and relationships.

3. Unavailable: Make sure first of all that this person can offer you what you're looking for. Maybe they're avoiding relationships at all costs. It's possible they work too much to be able to give you much time. Understand how you would fit into their life.

Have you ever believed in love at first sight? Share your experiences below!

Adrienne Curry and Christopher Knight Split



It looks as if Father Brady is back on the market, ladies! Former *Brady Bunch* star Christopher Knight and former *America's Next Top Model* contestant Adrienne Curry have decided to call it quits, according to UsMagazine.com. "After starting a relationship with what seemed to be irreconcilable differences, the couple has reached a period where those differences are no longer appreciated," said Phil Viardo, the couples' manager. The pair met when they were housemates on the VH1 series *The Surreal Life* and then married in 2006. Earlier this month, Curry admitted that she wasn't satisfied with her home life and turned to Twitter for attention. Another Hollywood romance is now a part of history!

When you grow apart, what are some steps you can take to reconnect?

Cupid's Advice:

Like Adrienne Curry and Christopher Knights, differences can grow to be a bigger and bigger issue as your relationship lasts longer and longer. Cupid has some ideas on how to reconnect:

- 1. Be open:** The best thing you can do in a relationship is communicate. Stay open and accepting about your differences. If you start to feel annoyed by something your partner is doing, make sure to let him or her know instead of blowing up when it gets really bad.

2. Go back to the beginning: One of the best ways to reconnect in a relationship is to take a look at the happy times you've had in the past. Open up the photo albums, and make reservations at the place you had your first date. Thinking about good memories may remind you why you started dating your partner in the first place.

3. Carve out time: Make sure you're spending quality time together on a weekly basis. Lives get busy and it's easy to forget to schedule in time alone with your partner, but it's an important part of your relationship. Simply spending more time together is a good way to reconnect.

How did you reconnect with your partner in order to avoid divorce? Share your comments below.

Tyra Banks Takes Low-Key BF to Premiere



Tyra Banks, host of *America's Next Top Model*, isn't shy about a lot of things, but she usually keeps her long-term relationship with banker John Utendahl on the down-low. Apparently, though, his flair for finances couldn't keep the couple away from the premiere of *Wall Street: Money Never Sleeps* in New York recently, according to [E! Online](#). The couple was spotted on the red carpet, and though Banks still doesn't have an engagement ring on her finger, the couple seemed happier than ever. **How can you show your beau you support his interests?**

Cupid's Advice:

A happy and healthy relationship depends on both partners supporting each other, and there's no better way to do that than to scope out what makes your honey happy. Cupid offers some suggestions:

1. Ask questions: Though it may sound simple, asking your sweetie about his interests and giving him the time to talk about what makes him tick shows that you care. Plus, it could teach you a few new things about him!

2. Play the student: Every interest has some background to it, so whether your beau loves cooking or chemistry, asking for a demonstration or explanation could make your bond even stronger.

3. Surprise him: Go one step further and pick a random day to do something special. Purchase tickets to his favorite sporting event, or rent a movie you know he'd like to see. The element of surprise will show that you recognize what's important to him.