

'American Reunion' Is a Nostalgic Love-fest



The gang is back! After almost a decade of absence Jim, Kevin, Oz, Finch, and of course Stifler are finally heading back to the big screen. On the surface these films may not seem much like a romance, but the true heart of the series is in the relationships that help these characters grow. In 2003's *American Wedding*, Jim tied the knot with Michelle, proving that this series is all about romance. Now, in *American Reunion*, the entire cast of the 1999 original is back for their high school reunion. Old flames reunite and long term relationships are tested. But all in all, this film is going to be a lot of fun and a great slice of nostalgia for everyone who grew up with these classic characters.

Should You See It? If you loved the original three, you should be really excited for this reunion. But *American Pie*

isn't everyone's cup of tea.

Who To Take: While *American Reunion* would make a great date movie, perhaps the best way to see this is with a bunch of old friends from high school. This is a big nostalgia flick and could be worth a reunion of your own.

Afraid of a run-in with an old flame? Here are some tips on how to get through the situation with ease.

In *American Reunion*, the main characters of the original film are all forced to face their old high school flames. The trailer shows a lot of potentially awkward moments, which is pretty accurate to how these things can be handled. Here are some tips on making this situation as unpainful as possible.

1. Just be yourself: Don't try and go back to the person you were when you guys dated, you both have changed and the last thing you want to do is show them that you haven't grown. Plus, who knows, if the stars align and you both grew into completely different people, maybe you can find something in each other again.

2. Keep the conversation light: High school relationships almost never end well because you are young and naïve. So seeing this person will likely bring up some bad memories. So simply just don't bring those up and you will have a pleasant reunion. Talk about the good things in your life.

3. Remember that it has been years: A lot of time has passed since your relationship. If they did something bad to you that might not be something they would do anymore. The same goes for you. A lot of growing happens after high school. Forgive and forget and just be as nice as possible. You never know what might come of it.

Do you have any experiences reuniting with an old flame? Share them below!