

Celebrity News: 'Teen Mom OG' Star Amber Portwood Is 'Learning More' About BF Amid Cheating Post



By [Emily Green](#)

In the latest [celebrity news](#), 'Teen Mom OG' star Amber Portwood is learning more about her boyfriend Andrew Glennon after a fight between the two that lead to Portwood's arrest on July 5, according to *UsMagazine.com*. This [celebrity couple](#) has been together since 2017, and share a fourteen-month-old son. Since the fight, Portwood has posted cryptic messages on her Instagram which have now been deleted, one of which said,

“Cheating is a choice, not a mistake.”

In celebrity news, Amber Portwood is resorting to cryptic social media posts to voice cheating accusations. What are some things to avoid on social media to save your relationship?

Cupid's Advice:

Social media is a double-edged sword—many love to use it to share what's been going on in their lives, but it also opens a door for people to insert their opinions on everyone's lives. Here are some of Cupid's tips on what to avoid on social media to try and save your relationship:

1. Block words you don't want to see/hear: One nifty thing about social media is you can always filter out what words you don't want to hear. Blocking any words you know will make you upset, or put negative thoughts into your head, you can stay level-headed and think about your relationship and how you view it.

Related Link: [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

2. Stay out of your mentions: If your relationship is public, many people will try to comment their thoughts and opinions on your relationship, what your partner has done, what you have done, and so on. Don't pay attention to anyone that includes you in their messages because they don't know what your relationship is like. You are the only one who can really know how your relationship stands.

Related Link: [Celebrity News: Jana Kramer Reacts to Husband Mike Caussin Saying Cheating Would Be a Dealbreaker](#)

3. Just stay off social media: Delete your apps on your phone for a bit, give yourself some room to breathe. By not posting anything about your relationship yourself, you won't send out that invitation for others to feed into any drama. You can relax and work out any issues with your significant other without people who aren't involved trying to give their two cents.

What are some other things to avoid on social media to save your relationship? Let us know in the comments below!

'Teen Mom' Star Amber Portwood is Celebrating Celebrity Engagement to Boyfriend Matt Braier





By Meranda Yslas

After a rocky past couple of years, *Teen Mom* star Amber Portwood is happy to announce her [celebrity engagement](#) to her boyfriend, Matt Braier. Portwood shared the news with [UsMagazine.com](#), saying that her new relationship is nothing like her famous relationship, or rather infamous relationship, with past boyfriend, Gary Shirley. Prior to her recent celebrity engagement announcement, Portwood had her fair share of celebrity news circulating around her, including her arrest for possession of drugs and a charge for domestic violence. Luckily for this bride-to-be, that is all in the past and she is ready to start anew with her fiancé.

Portwood and Baier are happy to announce their celebrity engagement, and sources say

Portwood has changed a lot since the last time she was on TV. How do you know you're in a good place emotionally to get married?

Cupid's Advice:

Taking the next step in a relationship and love can be scary if you aren't sure you're ready. Jumping into a marriage too quickly and without confidence can lead to a nasty break-up. Here's Cupid advice on what to check for to see if you're ready to walk down the aisle:

1. You don't always put your needs first: You are now able to recognize that in order for this partnership to work, compromises need to be made. Relationships, especially marriages, are a constant give and take, and finding a balance between the two will help ensure no one's feelings are pushed aside.

Related Link: [Teen Mom 2 Star Jenelle Evans Gives Birth to Baby Boy](#)

2. Accepting the little things: A fight used to erupt when your partner left the toilet seat up or forgot to mention that there is no more orange juice, but now you let those silly things go. You are understanding that not everything needs to be an argument.

Related Link: [Lady Gaga Celebrates Celebrity Engagement to Taylor Kinney](#)

3. Trust issues have disappeared: If your partner goes out with some friends for a few drinks, you don't feel the need to constantly check up on them and see what they are doing. You trust them and don't need an alibi when they get home.

How did you know you were ready to tie the knot? Share your stories below!

Hollywood: Portrayals of Domestic Violence



By LaVonya Reeves

As a survivor of domestic violence, this is a subject close to my heart, and it leads me to asks questions like:

– What responsibility does Hollywood have for depicting healthy relationships?

– Do they accurately represent abusive relationships?

You've undoubtedly seen the headlines and read the stories, as there are cases upon cases of such violence. One relatively recent example has to do with the controversy surrounding Eminem and Rihanna's music video for "Love The Way you Lie," which depicts the emotional highs and lows, resentment and lies, and even physical altercations in one specific abusive relationship. In the video, actress Megan Fox and the former hobbit guy from *Lost* (Dominic Monaghan) show us an unhealthy relationships filled with sex, tender moments, fights, violence, and fire.

And let's not forget the highly publicized domestic violence incident between R&B singers Rihanna and Chris Brown. Rihanna (whose unhealthy relationship with Chris Brown was made public when he hit her) also sings the chorus and is shown throughout the video.

Abuse and domestic violence does not discriminate, as there are as many men who fall victim to domestic violence as women.

Look at MTV's Teen Mom reality star Amber Portwood who was arrested and charged with felony domestic battery and child neglect stemming from her behavior on the reality TV series.

Portwood, 20, while in a tumultuous relationship with her on-and-off fiancé, punched him in the face. Gary Shirley, 24, is the father of Portwood's daughter, Leah. He subsequently filed charges against her for assaulting Shirley in front of their child.

What is Dating and Domestic Violence?

Dating or domestic violence is not a disagreement; it represents a violation of trust.

Pre-battering violence:

Verbal abuse, hitting objects, throwing objects & making threats.

Beginning Levels:

Slapping, pinching, kicking, and pulling of hair.

Severe levels:

Choking, beating-with objects (sticks, ball bats, etc...), use of weapons, and sexual assault.

One in 3 women in battering relationships is sexually assaulted. While drinking and drug use do not cause battering, these elements can create a violent situation. When chemical dependency is involved, both the injuries and lethality of abuse may increase.

An estimated 1.3 million women/men are victims of physical assault by an intimate partner each year. Some studies say the numbers are even greater – up to 5.3 million – since most assaults go unreported.

If you or someone you know is a victim or have been a victim to domestic violence, please tell someone, because help is available.

Call 911**The National Domestic Violence Hotline**

<http://www.ndvh.org/>

(TTY) ANONYMOUS & CONFIDENTIAL HELP 24/7

1.800.799. SAFE

(7233) 1.800.787.3224

National Sexual Assault Hotline

RAINN RAPE ABUSE & INCEST NATIONAL NETWORK

<http://www.rainn.org/>

1.800. 656-HOPE

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'16 and Pregnant' Star Delivers Amber Portwood-Style Beating



Looks like we have another teen star domestic violence dispute on our hands. [E! Online](#) reported Tuesday that another young mom from the newest season of MTV's reality TV show gave her baby daddy an Amber-Portwood-esque bashing ... but it's her dad

who was taken away in handcuffs. Jennifer del Rio, who delivered twin boys last October, is seen screaming, "Say goodbye to your kids, Josh, because you will never see them again!" in the trailer for season 3 of *16 and Pregnant*. It's so much drama, and show doesn't premiere until April 19!

How do you handle an angry partner?

Cupid's Advice:

Everyone knows violence is never the answer – even more so when it involves teen parents. Here are some tips to help diffuse tension between you and your partner:

- 1. Step back:** If you see the situation escalating to dangerous levels, take a breather so each of you has room to settle down. Nothing good can come from a blow-out fight.
- 2. Seek a mediator:** If things are too heavy for the both of you to handle on your own, consider bringing in an outside party to help you each look at the situation objectively. Just be sure this person is someone who won't take sides, since that won't solve your problems, either.
- 3. Bring in the authorities:** MTV got reprimanded for not reporting the Portwood attack on boyfriend Gary Shirley, which was caught on camera. If you're ever in a situation where fists are thrown, call the police. There's no excuse for any type of physical attack.