Good For You and Good For The Planet Products





By Nicole Caico

Too many products on the market utilize harsh chemicals, which are not good for your health or for the environment. Luckily all-natural products are gaining popularity, because good for you and good for the plant should be the same thing.

Show your body, and the environment

some love with these all natural products.



Doubling as your soap and loofa, Pura Naturals brings you their line of <u>Soap Infused Active Sponges</u> in citrus zest, peppermint volcano, and unscented 3-packs (\$8.99). Each plantbased sponge is all natural, and biodegradable. The sponges also repel water which makes them mold-repellent and travel friendly.



There are plenty of body lotions out there, but not many like this one. Surya Brazil sells their <u>Amazonia Preciosa Leg & Foot Lotion</u> to give you a one of a kind, all-natural, hydrating experience (\$34). The lotion is vegan and cruelty-

free. With natural oils, aloe, shea butter, and more Surya Brazil promises "intense revitalizing action" from this lotion.



For a fungi-fighting clean, Art Naturals offers their Antifungal Soap with Tea Tree Oil for body and feet (\$18). This wash is kind to delicate skin while alleviating itchiness associated with common conditions, like athletes foot and psoriasis. Like other all-natural products, its ingredients are refreshingly easy to read.



Face masks are great for relaxation, and even better when they're reusable. The <u>TheraPearl Face Mask</u> (\$19.99) is an oversized round mask with openings for eyes, nose and mouth. With a fully adjustable Velcro strap, and the choice of heating or chilling it is extremely versatile. Heat it to open clogged sinuses, chill it to soothe tender skin, or make it a part of your facial routine.



You've never had a cleansing wipe so natural. Pre- or post-sweat, <u>EmerginC Scientific Organics Facial Cleansing Wipes</u> (\$19) 100% natural wipes are ideal for cleansing and removing makeup, packaged for use while at-home or on-the-go. The wipes are made from a sustainable, biodegradable, non-woven wood fiber, and are formulated with organic aloe vera, a proprietary fruit extract blend, witch hazel extract, lactofermented radish root and honeysuckle.



Can't skip a day without washing your hair? Now you can. Farmaesthetics Powdered Silk Dry Shampoo (\$30) all-natural herbal dry shampoo absorbs oil, lifts roots and freshens hair to extend time in-between washes. Made of just silk powder, cornstarch, lavender buds, and sea salt.

Stay natural this summer with these awesome products!