

Celebrity Break-Up: Alicia Silverstone & Husband Christopher Jarecki Split After 20 Years



By [Carly Horowitz](#)

Actress Alicia Silverstone and singer Christopher Jarecki have split after 20 years of [celebrity marriage](#), according to [EOnline.com](#). This [celebrity break-up](#) is being handled in a very mature manner. Silverstone and Jarecki plan to co-parent their 6-year-old son Bear Blue Jarecki. Silverstone's rep said that this former [celebrity couple](#) still has love and respect for each other. Best of luck to the two in the future!

This long-time pair are calling it quits with a celebrity break-up. What are some solid reasons to separate after a long-term relationship?

Cupid's Advice:

Even if you have been with someone for a long time, sometimes you realize that you may be better off as friends. It can take a lot of time to truly get to know someone. It is not a waste if you realize that the person you have been with for so long is actually not the one for you. Cherish the moments that you did get to share together and be thankful for that wonderful time. Here are some common reasons that a pair may separate after being together for a long time:

1. Not enough in common: It takes time, and living together, to really realize how well you and your partner fit together. Sometimes it even takes raising a child together to actually find out that your relationship isn't the best suited. At first, you may have just been so in love that you did not realize the gaps in your relationship.

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2. It's just not there anymore: As sad as it is to say, sometimes people can fall out of love. That's not a bad thing though. Life happens and maybe you go through experiences that change you and make you realize some stuff that you weren't able to see before. Accept this realization and look forward to being just companions with your ex-partner.

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3. Lack of experience being alone: If you have been with someone for a long time, you may come to fathom that you don't know your true self anymore. It is easy to lose yourself in another person if you were not completely aware of your true being before the relationship started. It's not selfish to take the time to really get in touch with yourself outside of your long-term relationship.

**What are some other reasons to end a long-term relationship?
Comment below!**