Roberto Martinez Says Ali Fedotowsky Is Not a Bridezilla





Bachelorette couple Ali Fedotowsky and Roberto Martinez can't wait to tie the knot. However, according to <u>People</u>, they have yet to announce their wedding date to the public. Lucky for the groom-to-be, the former reality star is no wedding diva. "She's not a bridezilla, thank god," Martinez said. "I'd be scared to death if she was, but no, she's awesome." It looks like the world of reality TV can count on one less bridezilla.

How do you know if your partner is a bridezilla?

Cupid's Advice:

Even the nicest of your friends can turn into a bridezilla when it comes to his or her big day. Here are the signs to look for to see if you have a bridezilla on your hands:

- 1. Most of the people attending the wedding are bridesmaids: A true bridezilla will start bulking up the troops ASAP. If you're in a wedding where there are 25+ bridesmaids, chances are you're dealing with a bridezilla.
- 2. The bride begins to speak like a drill sergeant: If the bride is starting to sound more like a general than a blushing bride, she is probably a little too wedding-obsessed.
- 3. The tears at the wedding aren't tears of joy: Many friendships have died as a result of wedding drama. Don't let your partner's need for a perfect wedding day go too far.

Have you ever had to confront a bridezilla? Tell us your story by commenting on this post or tweeting ccm cupidsPulse.

'The Bachelorette' Star Ali Fedotowsky and Roberto Martinez to Wed in 2011





When it comes to Ali Fedotowsky and Roberto Martinez's relationship, what *Bachelorette* host Chris Harrison loves the most, "is that they're living their lives." According to *People*, Fedotowsky recently began a gig as a correspondent for the local Fox station in San Diego. Her groom-to-be has opened a new office for his insurance business as well.

Friend and former *Bachelorette* bachelor Kiptyn Locke suggested, "It's important to be away for a while and get to know each other so then when you go do those things, it's all real." With things going so well, it doesn't seem that a 2011 wedding will surprise anyone.

What should you know about your partner before getting married?

Cupid's Advice:

While you might feel that you know everything there is to know about your partner, it doesn't hurt to ask a few additional questions. Cupid's got three topics to discuss before tying the knot:

- 1. Skeletons in the closet: Nicole Kidman had to deal with Keith Urban's addictions early on in their marriage. Having a past isn't something to be ashamed of, so ask your partner to be honest with you.
- 2. Finances: While commercials for freecreditscore.com might sing about extreme financial sorrows, they aren't kidding! No one enjoys talking about their financial situation, but rather than let this become an obstacle after you've walked down the aisle, get it over with now.
- **3. Home sweet home:** If you or your partner are currently living separately, discuss where you plan to live after getting married. Jobs, family and the economy can affect possible locations your partner will consider living.

'The Bachelorette' Couple Ali Fedotowsky and Roberto Martinez Make Holiday Plans





Engaged *Bachelorette* couple Ali Fedotowsky and Roberto Martinez aren't sure of their holiday schedule yet, because "scheduling is difficult," says Fedotowsky. One thing that is for sure, however, is that the blonde *Bachelorette* wants a yellow beach cruiser and Christian Louboutin shoes "really bad" for Christmas, according to *Us Weekly*. Unfortunately, there's one issue with her wish list. Martinez says, "I don't know what they look like!"

How do you resolve holiday scheduling conflicts with your partner?

Cupid's Advice:

Once you bring a partner into the picture, it can be tough to make everyone in your family happy over the holidays. Cupid has a few suggestions:

- 1. Prioritize: Take time to discuss what's important to both you and your partner. Make sure to at least satisfy number one on each of your lists.
- 2. Consider your family situation: If one side of your family

has 15 people getting together for the holidays and the other side only has five, go by the numbers. Go where your presence will be most appreciated.

3. Compromise: If you and your partner's families live close to one another, split up your time. Spend Christmas Eve with one family and Christmas Day with the other. If they live far apart, switch off by year instead.

Ali Fedotowsky and Roberto Martinez Slow It Down





After finding love on the reality TV hit, The Bachelorette,

Ali Fedotowsky and Roberto Martinez announced that they planned to elope. Though still head over heels for one another, the happy couple has decided not to tie the knot immediately. As Fedotowsky recently told *People*, "Nothing has changed — we're still just as happy as we were when we were finished [with the show]; we were so excited. We were like, 'Oh, we're going to get married right away.' But if you're rushing because you're in love, why rush? [Just] wait. You're going to get married anyway. We're both sort of enjoying life." The soon-to-be newlyweds have moved to San Diego together and are considering wedding venues on the west coast. Why is it important to take things slow?

Cupid's Advice:

Taking things slow or slowing things down doesn't mean you are any less in love. Couples who mutually decide to jog to the alter instead of running there are simply doing what they feel is best for them:

- 1. Only fools rush in: Just because you're in love doesn't mean you have to walk down the aisle tomorrow. Take the time to enjoy each other's company and plan your dream wedding. This moment should only happen once.
- 2. You know best when the time is right: Your gut feeling is almost always correct. If the only rationale you have for taking it slow is that making the next move doesn't feel right, trust yourself. There's probably a reason you're internally hesitating.
- **3. Love knows no schedule:** Don't let anyone tell you or your partner that it's time to get married or move in together. There are no deadlines when it comes to love.

Former 'Bachelor' Star Ali Fedotowsky and Vienna Girardi Meet Again





Bachelorette Ali Fedotowsky recently ran into an unexpected woman from her past: Vienna Girardi, former fellow contestant and fiancée of Jake Pavelka. On season six of *The Bachelor*, Ali and Vienna went head-to-head in a competition for Jake's heart. In the end, Vienna snagged Jake, only to have their very public breakup displayed on Ali's season of *The Bachelorette* a few months later. The reality stars came faceto-face again at the Kari Feinstein Style Lounge at Montage

Beverly Hills, where they kept the conversation short. An onlooker told <u>US Weekly</u>, "Ali made sure to keep her distance while hanging with girlfriends," but both said 'hi' briefly.

Should you be friends with your ex's ex?

Cupid's Advice:

For many, running into an ex's ex can resurrect old feelings of the past. If you chose to befriend this person, you may want to consider these simple points of advice first:

- 1. Be cautious: It's important to keep personal information to yourself until you get to know this person better. Trust is critical and you don't know if she's the type who will talk about you behind your back.
- 2. Learn more: If you've decided that she's trustworthy, you can use your new friendship as a way to better understand your own relationship with your ex. Learning about her relationship with him helps put your own in perspective.
- 3. Feelings for the ex: It's great to be friends with someone who can empathize with you, but if you still have feelings for him, it's important to be honest. You don't want to be surprised when you see the girl you thought was your friend back with the man you both agreed to leave behind forever.

Favored 'Bachelor' Turns Down

Gig





Chris Lambton, the most recent runner-up on *The Bachelorette*, has reportedly turned down ABC's offer to become the *The Bachelor*'s main man, according to *E! Online* and *Entertainment Weekly*. Fans of the show may be disappointed, as Lambton was the clear favorite among those being considered for the reality gig.

How do you know when you're ready for a new relationship?

Cupid's Advice:

When you come out of a serious relationship, it can be difficult to know when you're ready to give it your all in a new relationship. Cupid has some things to consider when making the decision to start dating again or stay single:

- 1. Fully recover: Breaking up is rarely easy, and brings with it emotional stress. It's important to allow yourself time to fully recover before putting yourself out there again.
- 2. Deal with the truth: Sometimes the truth behind why a relationship didn't work out is hard to take, so we continue to live in a false reality. Until you can confront the truth and deal with it, it's not time to move on.
- 3. Don't be afraid: Easier said than done, right? The main thing that keeps us from moving on is fear, but you can't get anywhere in life without taking risks. If you've dealt with your past breakups and are interested in meeting a new partner, it may be time to take the leap and see what happens!

'Bachelorette' Star Ali Fedotowsky Ignores Rumors





Former Bachelorette Ali Fedotowsky is glad to have fiancé Roberto Martinez by her side. *E! Online* reports that Fedotowsky "[doesn't] pay attention to" rumors pertaining to past partying and racy photographs. Swirling rumors have bothered the blonde bachelorette in the past, but with a new attitude (and a new support system), Fedotowsky finds it easy to keep her head held high. Fedotowsky reveals that her new fiancé is extremely supportive and "always says, 'Who cares, babe? It's just us. It's just about us. None of that stuff matters.'" Fedotowsky says she counts herself "lucky to have a man like that to give me balance and keep me focused on what's important."How can you help your partner deal with a stressful problem?

Cupid's Advice:

1. Be a good listener: If your partner is having a problem at work or with friends, chances are they're going to want to vent. It is important to sit quietly and listen carefully to their worries. When they are done venting and you fully understand their insecurities about the problem at hand, offer your input.

- 2. Don't be overbearing: When a loved one is stressed, it's natural to want to help as much as possible. You can give them advice and offer your point of view, but you have to be careful. This is their problem and their decision, and you have to respect their opinion, even if you don't agree with it.
- **3. Honesty:** When you must intervene in your partners decision-making process, you have to be supportive, polite, and honest. Gently remind them to consider all of their options before making a decision. Your honesty will help your partner resolve their problem effectively and without any resentment.

'The Bachelorette' & Her Fiancé Step Out in Style!





Bachelorette Ali Fedotowsky and fiancé Roberto Martinez were officially able to step out as a couple, <u>E! News</u> reported Tuesday. The two had to keep their romance under wraps after the show finished filming to keep the ending a secret before the finale aired Monday night on ABC. Cupid sends his congratulations to the happy couple!

What are ways to celebrate your engagement?

Cupid's Advice:

When Fedotowsky and Martinez were finally able to reveal the news, they did so in style. There are all kinds of ways to let friends and family know you're engaged. Let Cupid help:

- 1. Family style: For couple's who have tight-knit families, a simple dinner for both sides might be enough of a party to start things off. Have them over to one of your homes and make it a personal affair for everyone who matters most.
- 2. Night on the town: You could go the surprise route and invite all your friends for a night out. Don't mention the engagement, and see who notices the ring first. At that

point, drinks all around will be a no-brainer!

3. Party time: To keep everyone happy, throw a large celebration for everyone in your life — the more the merrier!

'Bachelorette' Ali Fedotowsky Engaged to Roberto Martinez!





This season's *Bachelorette* ended with an unconventional bang! Ali Fedotowsky chose to not have her second last date with Chris Lambdton, and instead, sent him home early on Monday's finale. It turns out that Roberto Martinez had already won Fedotowsky's heart, *E! Online* reported Monday, despite rumors

that she hadn't chosen anyone, as Ryan Seacrest predicted in his podcast earlier that day. Other unexpected surprises of this season included Frank Neuschaefer's early departure to return to his ex on the July 19 episode. Cupid wishes reality TV's newest couple luck!

How do you know if the one you love is Mr. or Mrs. Right?

Cupid's Advice:

Reality TV sometimes gets a bad rap for being predictable, or staged. However, this season's *Bachelorette* got to the heart of everyone's true feelings, whether it was Frank leaving the show early, or Ali already knowing who the right man for her was. Cupid wants to help, and has some ways to help *you* decide if you've found the perfect mate:

- 1. It's all about honesty: Infatuation can disguise itself as love by providing the surface feelings of the real deal. In order to be sure, dig into your heart and see how far down your lover is before making a lasting commitment.
- 2. Let's talk about love: In order to determine true love, don't just trust your gut. Talk it out together, and make sure you're both on the same page.
- **3. Step back:** If you need to know if your feelings are what they seem, take a solo trip away from your partner for a week or two, and avoid or limit contact as much as possible. If true feelings are there, your love will remain when you return.

Jessie Sulidis Dating Former 'Bachelorette' Contestant, Kirk DeWindt





It seems like a new reality TV relationship is in the works! Jessie Sulidis (from Bachelor spinoff The Bachelor Pad) is rumored to be dating recent Bachelorette reject, Kirk DeWindt, People reported last week. Last season on The Bachelor, both Ali Fedotowsky and Sulidis were contestants trying to win Jake Pavelka's heart, and became friends in the process. DeWindt was recently rejected by Fedotowsky on The Bachelorette after he brought her to meet his parents. He then met Sulidis while taping the Men Tell All special, and exchanged numbers, as well as a kiss, a source told People. "Everything is hush-hush right now because they don't know what will come of it.

But he is definitely over Ali!" the source added.

Is it ever OK to date a friend's ex?

Cupid's Advice:

The jury is still out on etiquette for dating a friend's ex. If you find yourself in this type of situation (on either end), follow Cupid's advice to help keep the peace:

- 1. Sparks may fly: If you're introduced to a friend's ex and you find an immediate connection with him or her, discuss your feelings with your friend before thinking of taking your attraction to the next level.
- 2. Be honest: Unfortunately, if an ex is attracted to a current friend of yours, you may feel compelled to accept the situation, instead of speaking up if it bothers you. Hurt feelings will likely result from your lack of honesty, so be truthful with yourself, your friend, and your ex.
- 3. Learn the difference: Determine whether or not your friend's initial intrigue is simply physical attraction, as opposed to a strong emotional connection that can't be fought. Understanding the difference may prevent confusion between the three of you later.

Ryan Seacrest & Jake Pavelka: Sexuality Rumors Laid to Rest





Two recent interviews have, for now, laid to rest the rumors about both Ryan Seacrest and Bachelor Jake Pavelka's sexuality. Seacrest's current flame, Dancing with the Stars' Julianne Hough, revealed to friends that she initially thought Seacrest was gay, TMZ reported last week. However, he won her over with his persistence, and the two have been linked together since in April. Bachelorette Ali Fedotowsky also spoke up about a past flame, telling George Lopez that despite rumors, Pavelka isn't gay, US Weekly reported.

What do you do if you're questioning your partner's sexuality? Cupid's Advice:

Both Hough and Fedotowsky took the right step in addressing the rumors about their respective partners' sexuality head on. Chances are, if you have doubts about your partner's sexuality, then others do, too. However, before making a public announcement, you should take these steps to make sure

you're positive:

- 1. Read the signs: Before making moves, watch your mate in a public setting. You can tell a lot about someone from what they say, but even more from how they act. Observe how your mate interacts with people of both sexes, and note the differences.
- 2. Look to the past: Ask about past partners and relationships. If they avoid the question, or refuse to assign a sex to their exes, they might be hiding something.
- **3. Just ask:** If you still have doubts and certainly *before* you talk to other people about it simply ask your mate outright. Approach the subject with tact and delicacy, but again, if you have serious doubts, you probably aren't the first to have them.

Frank Dumps 'Bachelorette' Ali Fedotowsky for Ex-Girlfriend





This week on ABC's *The Bachelorette*, Ali Fedotowsky found herself dumped by Frank Neuschaefer, one of the final three bachelors competing for her heart and hand in marriage, reported NJ.com. Prior to the show's trip to Tahiti, Neuschaefer stopped off in Chicago to visit Nicole, his exgirlfriend, one last time. The moment he saw her, old feelings rushed back, and he realized he was still in love with her. Neuschaefer told Ali what happened, saying, "The second I saw her, all the old feelings kinda came rushing back. Ali, I'm sorry."

What do you do if *you* think you still have feelings for an ex?"

Cupid's Advice:

Love can be complicated and unrelenting. If you find yourself between a current love and a former flame, read Cupid's ways on how to choose between the two:

1. Weigh your feelings: Being in love with two people causes a

lot of emotion that can cloud your instincts. Take a moment and write down your feelings for each, and then read through the list. Sometimes, the answer will be right in front of you.

- 2. Physical vs. emotional: Picture yourself with each of them separately, and figure out what draws you to them. You might find that while the physical attraction fades, the one you truly love will remain in your heart.
- 3. Talk to others that know you: If you still can't make up your mind about who you should be with, phone a friend and ask their opinion of your relationship with each. Do they see you as happy? Stressed? Bored? When you're with the one you truly love, you'll find positive attributes, such as contentment, happiness and bliss.

'The Bachelorette' Star Ali Fedotowsky Picks Her Man





Ali Fedotowsky began her stint on ABC's *The Bachelorette* with 20 eligible men vying for her love. Last week, *US Weekly* reported that she says she's confident she chose the right man as her future husband during the season finale. Fedotowsky narrowed down her contenders to three in last week's episode, and her final choice will be revealed during the ABC finale on August 2. Though the lucky guy has not been revealed, Fedotowsky told *US* that a 2011 wedding is in the works.

How do you know if you've chosen the right partner?

Cupid's Advice:

Most of us aren't lucky enough to have a slew of suitors at our door, but it's important that we weed out the good partners from the bad when potential lovers do come around.

1. Stranger danger: When you begin dating, you can't possibly know all of your partners' dirty little secrets, but remember that more times than not, the past has a way of presenting itself. Keep your ears and eyes open, and take the time to get to know someone before settling down.

- 2. Ask for directions: When choosing a long term partner, it's important that both people are heading in a similar direction, or are willing to compromise to make things work. For example, if you want a commitment and he or she doesn't, or you want to live in the suburbs and they won't move out of the city, these differences could be a relationship deal-breaker.
- **3. Love and trust:** The most important traits in a future mate is that they love you and treat you well. If you don't feel love, trust, or respect, then you should move on and wait for someone better.

Ali Fedotowsky: Stay-At-Home-Mom Not in Future Plans





(Spoiler alert!) Last week on ABC's *The Bachelorette*, a competitive reality dating game show, Ali Fedotowsky, had a one-on-one date with contestant Ty. She found out he ended his previous marriage because his ex-wife worked, and he was looking for a traditional stay-at-home mom. Traditional is something that Ali is certainly not. "I imagine a lot of the women cringed when they heard Ty make the comment about women being presidents of companies," Fedotowsky told Reality TV Calender last week. "Ha ha. Trust me, I cringed too." Ty ended up being eliminated last night — Ali was still concerned about his traditional values.

What should you do if you're dating a man who expects a "traditional" wife, and you are anything but?

Cupid's Advice:

While more women opt to work and pursue a career than be a stay-at-home mom, many men still expect a 1950's housewife. Here's Cupid's take on dealing with this outdated stereotype:

1. Talk before you walk: Make sure you're both clear with what

you are looking for from the other person. Also, consider that some men look at women working as a loss of power. In the book *Choices in Relationships: An Introduction to Marriage and the Family*, the author says many men who want a traditional wife think that a woman earning more money threatens their masculinity, and their status as head of the household.

- 2. Think of the kids: According to family therapist Gayle Peterson, studies show that children who have working mothers tend to have higher self-esteem, since working mothers feel happier with themselves, and those good feelings spread to family members. Also, some families might need that two person income to provide for the children.
- **3. Figure out work/life balance:** Talk with your partner to figure out the best way to balance work and house duties. Map out schedules and share responsibility.