

Keira Knightley Talks Balancing Love and Her Career



Focused on balancing her work life with her personal one, *Pirates of the Caribbean* star Keira Knightley was spotted smooching her new man, James Righton, in a park in East London. Righton is the keyboard player for the Klaxons. According to UsMagazine.com, the actress and the musician were introduced by a mutual friend, Alexa Chung. This is the first major relationship Knightley has had since breaking up with her boyfriend of five years, Rupert Friend. "It's hard to have a relationship when I'm working so much," she told Marie Claire. "But then you have to think, 'What is actually

important in life?’ Is career your only thing? That’s sad, because there’s going to come a day when you’re left lonely. It’s a difficult compromise. I think you’ve got to strive for balance. It’s the striving that counts.”

How do you maintain balance between work and a relationship?

Cupid’s Advice:

Keeping a balance between your career and your love life is one of the most difficult things to achieve. Though it may seem impossible at times, having a balanced life is possible by managing your time and keeping open lines of communication:

- 1. Mix business with pleasure:** If you’re having a drink with your co-workers after work, invite your partner to come along. This can help bring these two very different aspects of your life together in a casual setting.
- 2. Set time aside:** Time management is the key to solving many of life’s problems, and it can significantly help balance your love life with your career.
- 3. Be each other’s advocates:** Support your partner in his or her career and show understanding when he has to spend more time at work than you would like.

How do you balance having a great love life along with a great career? Tweet your tips to [@CupidsPulse](#) using the hashtag [#worklovebalance](#).