

Exclusive Interview: Khloé and Lamar's Malika Haqq Opens Up About Relationships, Love and Acting Aspirations



By Daniela

Agurcia and [Lori Bizzoco](#)

Thanks to the ever-present cameras of *Keeping Up with the Kardashians* and *Khloé & Lamar*, we have all gotten to know and love Malika Haqq, Khloé Kardashian Odom's BFF and former assistant. On the second season of *Khloé and Lamar*, currently airing on E!, we see her deal with the ups-and-downs of being a single woman and navigating the dating world. In an exclusive interview with CupidsPulse.com, the positive-spirited Malika opens up about her past relationships and what she learned from them as well as her acting aspirations.

As many fans know, Khloé and Malika have been friends since

they were teenagers and the two have remained tight despite the Kardashian clan's rising fame.

"We refer to one another as sisters from two different misses and misters." Malika jokes. "I get very emotional about a lot of things Khloe has gone through in the spotlight and I can go to her and discuss it. And if she has things she wants to discuss, she knows that she can come to me too."

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When asked about Khloe and Lamar's relationship, the one reason Malika says it works so well is because they talk. "I know that it sounds generic but so many people have issues in their relationship and they don't communicate about it. The thing about Khloe and Lamar is that they are honest and can turn to one another in just about every circumstance."

Khloe and Lamar's relationship isn't the only one fans got to witness this season. There was also a flirtatious display of on-camera chemistry between Malika and Khloé's younger brother, Rob Kardashian, although the two never became an "official" couple.

"Being friends as long as we are and growing up near each other, sometimes you tend to look at people a little bit different than how you once used to but ultimately our relationship never became of a serious nature because what was important to Robert and I was that we would always be friends and that we would always have a relationship," Malika said. "It was a moment in time and it hasn't changed our love for one another at all, in fact Robert is in a relationship now and he's very happy and I am happy for him."

When asked what lessons she could impart to other women who may be in a similar situation with a guy she said, "If you teeter on the line of not being in a committed relationship, then anything can happen. [Not making a full commitment] also might be a sign that some things just shouldn't happen."

Related Link: [How Decoding Your Love Map Can Heal a Broken Heart](#)

Malika gave us a glimpse of another relationship on this season's *Khloé & Lamar* as we watched her fall head-over-heels for Arizona Cardinals defensive back, Adrian Wilson. Once the couple got serious, she even moved to Arizona to be with him. "Most of our relationship was quite good," she shares.



Unfortunately, Wilson was in the midst of a divorce – one that began *before* Malika developed a relationship with him – and eventually, the pressure became too much to bear. "It kind of broke us up," says Malika.

Malika walked away from the relationship with another lesson learned. She explains, "Sometimes it's just best to not put yourself in the middle of something [like Wilson's divorce]. Go out with someone who is completely free and clear, and then make the decision to date them or not."

Even though she has no regrets about her faulty relationship with Wilson, Malika has no plans to get involved with another recently separated or divorced man. "I won't be running down that dark street again," she clarifies.

Thinking back on her relationship history, Malika shares one more love lesson with us. She cautions, "We can't ignore our [romance] [rules](#) because of [what our heart wants]" – a mistake that many girls find themselves making.

Related Link: [5 Ways to Stop Sabotaging Your Relationships](#)

Setting her love life aside, Malika shifts gears and talks about her recent focus: auditioning and producing projects for herself. Starring in the films *Sky High* and *ATL*, she also played the lead role in Omarion's music video for "Speedin'," posting a TwitPic with Omarion onset. She assures us that we'll be seeing more of her soon!

Sharing her positive outlook, Malika says that she always tries to go with the flow and live life with an open mind. "I'm just open to new experiences and doing things I haven't done."

Even though Malika is working on her own projects, you can still catch up with her and her love life on *Khloé & Lamar*, airing on Sundays at 10|9c on E!. You can also follow her on Twitter and Facebook.