

Celebrity Pregnancy: Tamera Mowry-Housley Is Expecting Second Child



By Maggie Manfredi

Baby, baby! According to Yahoo.com, former *Sister, Sister* star Tamara Mowry-Housley is expecting again! In case anyone doubts the celebrity pregnancy news, *The Real* talk show host posted an Instagram pic of her holding the pregnancy test and wrote, "We are thrilled to announce we are #ClearblueConfirmed! Can't wait to meet baby #2! Love Clearblue's pregnancy test with Smart Countdown. It helped me get through the wait to get my result by counting down with me. #spon" Mowry-Housely and husband Adam are already parents

to Aden, 2.

This celebrity pregnancy made recent headlines! What are some ways you can prepare for a second child?

Cupid's Advice:

Just because people like Mowry-Housley already have one child doesn't mean baby number two will be an identical experience. Cupid has some tips on how to prepare for your second go-around:

1. Hand-me-downs: In the case of celebrity babies, this may not be something to consider, but a second baby should mean less spending. Take advantage of your first baby's outgrown clothes, toys, and crib! If you are having the opposite gender, this may not be completely possible, but there are always some unisex items that can be transitioned to the second child.

Related Link: [Holly Montag and Husband Richie Wilson Are Expecting](#)

2. Reflect back: Are there certain foods that kicked your morning sickness into high gear? If you kept a journal last time, it may come in handy as you work through your food tolerances and recall your previous pregnancy experience. Still, remember that not all pregnancies are alike.

Related Link: [Kourtney Kardashian Says She Feels 'Blessed' After Birth of Third Child](#)

3. Sibling love: It will be exciting to involve your first born child in the process with you. Take a cue from celebrity

moms and babies like Jessica Simpson and her daughter Maxwell by helping to create a bond with your unborn child. It will help to bring the family together before the baby is born.

Moms, how did you prepare for baby number two? Share your tips below!

Tamara Mowry-Housley Welcomes a Baby Boy



By Jennifer Ross

At last! On November 12, 2012, [People](#) confirmed that the first

born child for Tamara Mowry-Housley and Adam Housley finally arrived, just two weeks after his due date. At 9 lbs., 5 oz. in weight and 21.5 inches long, Aden John Tanner Housley entered the world late in the evening, giving his parents a lesson on patience. "If I have yet to learn patience, my son is in the process of teaching me now. I have learned that I am not in control and that *he* will decide when he comes," the actress blogged. In the end, both proud parents "feel very blessed" to have baby Aden home.

How does having a baby bring you closer as a couple?

Cupid's Advice:

When you really think about it, having a baby can be serious and dirty business. There are the mood swings, lots of crying, dirty diapers, hunger pains at all hours and fatigue – from all family members. Yet, after all this, a new baby can also enrich your lives. Besides growing the family tree, here are a few benefits having a baby can bring to your relationship:

1. Communication: Because your newborn is incapable of saying exactly what he/she wants, you two as parents will have to communicate much more often. These are the times when hashing out the details are necessary, so say exactly what you mean. With consistent communication, eventually a routine will surface and a better knowledge of each other will be the reward.

2. Team work: With the endless chores surrounding a baby, forming unity in your family will be essential. You both are going to be forced to learn to rely on each other for help. Because of this, there is a lot of give-and-take. As team work is strengthened and your baby grows, soon you will see that it was all worth it.

3. New perspectives: As your baby grows, you and your partner will witness many first moments. This also gives you both the

opportunity to view each other in your own “firsts” as well. Whether she perfects her gentle rocking as she is nursing or he is wonderful at reading the sports section to the baby, you will begin to see your mate in a new light, allowing you to fall in love all over again.

Did you and your partner become closer after your baby was born? If so, how? Share your story below.

Tamara Mowry-Housley Spills How She Found Out She Was Pregnant





Finding out you're pregnant is one of the most exciting and overwhelming things a woman will ever experience. Tamara Mowry-Housley of *Sister Sister* and *Strong Medicine* knows this feeling all too well. The star tells [People](#) that she and her husband, Adam Housley, hadn't made a conscious decision to get pregnant, but decided to leave their fate up to God. Two months later, Mowry-Housley found out the couple would be starting a family! She snapped a picture of the pregnancy tests and sent them to Housley, stating, "HAPPY EARLY FATHER'S DAY!" After thirty minutes of no response, she called him and told him to check his texts. The star says that once he saw the pictures, he responded with, "C000L!!!"

What are some ways to announce your pregnancy to your partner?

Cupid's Advice:

Tamara Mowry-Housley got creative when telling her hubby they would be having a child. Here are some fun ways to let your man know you'll be starting a family:

1. Spell it out: Does your man have a favorite dessert, like

chocolate cake or a certain cookie? Make a special dinner, and then bring out the dessert with the words “I’m Pregnant!” or “9 Months ‘Til You’re A Dad!” written on it in frosting!

2. Decorate: Before your man gets home, decorate the place with pink and blue flowers, streamers and balloons. Surprise him with the great news when he walks in the door.

3. Photo evidence: Take a cue from Mowry-Housley and snap a picture of your sonogram or pregnancy test, and text it to your man. If you’d rather be there to see his reaction, print the pictures and put them in an envelope. Address the envelope to him with the return address saying something cute like, “Stork.” Leave it with the rest of his mail and wait to see his confusion turn to joy!

How did you let your man know you were expecting? Share your story below.

It’s On, Off, and On Again for Tamera Mowry





Sister, Sister actress Tamera Mowry and Fox News correspondent Adam Housley are giving it another shot. According to [E! News](#), Adam proposed to Tamera last week in Italy, and a source close to the couple says, “they were engaged a few years ago, but broke it off... They have been dating on and off for the past year and now he has put a ring on her finger once again.” This isn’t the first celebrity couple to announce a “re-engagement.” Just last month, Megan Fox and Brian Austin Green announced their plans to tie the knot after calling off a three year engagement last February. The two finally married in late June. We’ll now see if the second time’s a charm – or better yet, a diamond – for Mowry and Housley.

Is it wise to commit to someone for a second time after initially calling off an engagement?

Cupid’s Advice:

You may think the person is the love of your life, but deciding to take the plunge after initially calling off an engagement requires some thought. Cupid can help sort out

some of your concerns:

1. Don't rush into it: If the engagement was called off, there must be reasons behind the break up. Make sure you truly know what the concerns were the first time around so you can work them out before deciding on marriage once again.

2. Figure out the truth: Are you really in love and see yourself with this person for the rest of your life? It's better to be honest with yourself from the beginning so you don't end up committing to someone you aren't happy with.

3. Get your priorities straight: If you and your partner have seriously taken the time to work out your issues, and both understand why *now* is the right time to get married versus before, make sure you're on the same page when it comes to your future. Take a look at these ten important questions to ask before you get engaged.